

ENGAGE TRUST UK

Charity number: 1165129

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30th. SEPTEMBER 2022

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The Trustees present their annual report and the financial statements of the charity for the period ended 30th. September 2022

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered charity name:	Engage Trust UK	
Charity registration number:	1165129	
Principal office:	Engage Trust UK Deansgate 62-70 Tettenhall Road Tettenhall Wolverhampton WV4 4TH	
Trustees:	Anthony Matt Brown Leona Grant William Davies	Henson
Director of operations	Matthew Foster	
Independent Examiner:	Mervyn Thomas 128 Putnoe Lane Bedford, MK41 8LS	
Principal Bankers:	CAF Bank Ltd.	

CHARITY STATUS

The charity is a charitable incorporated organisation (CIO) registered in January 2016.

AIMS AND PURPOSE

The objects of Engage Trust UK are:

In accordance with Christian values, to engage with, and act as a resource for young people and their families, and the wider community, who are poor, disadvantaged, marginalised, or at risk of social exclusion; or otherwise in conditions of emotional, mental, or spiritual need, hardship or distress, by providing guidance, support, varied opportunities and by organising activities as a means of:

- (a) advancing in life and helping young people and their families by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) promoting education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit with a view to improving the conditions of life of such persons;
- (e) advancing the Christian religion

REVIEW OF ACTIVITIES

The charity's objects underpin our operational activities. The trustees have paid due regard to the Charity Commission's guidance on public benefit when determining the activities of the charity. We have been a registered charity since January 2016.

Engage Trust UK aims to:

- Empower and release young people to fulfil their potential
- Inspire and equip those at risk of exclusion from school / society to make positive change to their circumstances and attitude.
- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

The main focus of our work during 2021-22 has been the development of our 'Worth It' Programme. This is a bespoke 13-week mental health & well-being programme combining group work and 1-2-1 sessions designed around young people's personal social and emotional challenges.

'Worth It' is an original approach to supporting young people struggling with emotional health, mental well-being and the effects of multiple trauma. Our primary focus is regional/Black Country from our base in Wolverhampton.

Through our Worth-It programme we aim to:

- engage young people living in deprived or disadvantaged communities who are struggling with mental health issues in a step-by-step programme to improve their health and well-being and prevent further harm
- to assist young people to become more emotionally self-aware and gain tools and strategies to enable to cope better with adverse experiences, helping them to make good decisions even in the difficult times
- to improve young people's educational attainment & prospects and capacity to engage positively with learning

Any charitable 'sales' are from schools paying for us to run our programme with their students. Initially, we offer the programme at a reduced rate and schools then have the confidence in our work and are willing to pay the full price, increasing our sustainability as a charity.

ACHIEVEMENTS AND PERFORMANCE

- 60 young people were referred to us, with 48 completing the 'Worth-It' programme.
- We use Outcome Stars as one way of measuring our impact. Each participant completes a star at the start and again at the end of the programme. 77% of young people made an improvement in at least three outcome areas.
- When asked which week they found most helpful, some comments from young people were:
"Influence - learning we are constantly influenced by the things around us."
"Perseverance and endurance - helped me to have more motivation."
"Forgiveness - thinking about what it could do for me."
- When asked what their biggest take-aways were from the programme. Young people said:
"Asking for help when I need it."
"You have to think positive to be positive about other things."
"Forgiveness. I'm currently not a forgiving person but I want to be."
- Participants frequently found the programme useful:
"They helped me understand things from another person's point of view."
"Because I always use my downstairs brain instead of my upstairs brain."
"I got to talk about things that I don't normally talk about, because I have no-one to talk to about it."
- Participants frequently recommend the programme:

"If you're going through a tough time, there is always someone to talk to."
"Not everyone has someone to talk to, the programme could help them."
"If someone asked if they should do it I'd say try it because it can really help."
"It is helpful to let your feelings out."
"It really helped me, so hopefully it can help others."
"It was useful, fun and safe. They would feel more confident and it will help them as a person"

- We continue to lead a network for youth leaders in the Wolverhampton area called 'Relentless'. Through this we led activities at the one day festival for Black Country Churches 'Together 2022' held at Himley Park.
- Partnering with three other organisations, we have begun planning a Mental Health conference for churches in November 2023.
- In September 2022 we took on our second member of part-time staff, creating a staff team of three and increasing our capacity.
- We moved into an office space for the first time, enabling us to work more effectively as a team.

We would like to acknowledge and thank our grant funders over this last year - Birmingham & Black Country Communities Fund, administered via the Heart of England Community Foundation, The Wesleyan Foundation, administered via the Heart of England Community Foundation, The Coop Local Community Fund, and Set Me Free Trust.

Thank you also to Expocet Ltd for their donations as well as to individual donors, whose contributions also make our work possible.

FINANCIAL REVIEW

Income generation

The total income for the year was £38,677 (2021: £51,110) which was generated through voluntary donations, grants and educational sales.

Expenditures

Total expenditures were £46,519 (2021: £38,151).

Funds

Overall funds are £54,905 (2021: £62,747) of which restricted and designated funds are £34,141 (2021:£44,110).

Reserves policy

The charity holds unrestricted and restricted funds. Transfers are made from unrestricted to restricted funds in order to prevent restricted funds from going into deficit. Our overall policy for unrestricted funds is to hold reserves at a minimum threshold necessary to operate the organisation (not more than 3 months expenditure) or higher when specific projects are being planned for subsequent years.

TRUSTEES'

RESPONSIBILITIES

All Trustees give their time voluntarily and receive no remuneration or other benefits.

The Trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable laws and regulations.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain transactions and disclose with reasonable accuracy at any time the financial position of the trust and to enable them to ensure that the financial statements conform to the charities SORP. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Anthony Henson as Chair on behalf of the Trustees

Signed:

A handwritten signature in blue ink, appearing to be 'A. Henson', written over a light blue horizontal line.

Date: 20/02/2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENGAGE TRUST UK

on the accounts for the year to 30st September 2022 as set out on pages 8–14 in this document

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Independent examiner's statement

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- 1) to keep accounting records in accordance with section 130 of the Charities Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Mervyn Thomas
128 Putnoe Lane
Bedford MK41 8LS

Dated: 07/12/2022

STATEMENT of FINANCIAL ACTIVITIES

For the accounting period 1st October 2021 to 30th.September 2022

	Notes	Unrestrict ed Funds £	Restricted Fund £	Designated Fund £	Total Funds 2022 £	Total Funds 2021 £
Incoming Resources	3					
Voluntary income		11,199	17,666		28,865	47,886
Charitable activities		9,812	-		9,812	3,224
Total Incoming Resources		21,011	17,666		38,677	51,110
Resources Expended	4					
Raising funds		-	281		281	1,061
Charitable activities		12,884	33,354		46,238	37,090
Total Charitable Resources Expended		12,884	33,635		46,519	38,151
Net income/(expenditure)		8,127	(15,969)		(7,842)	12,959
Transfers between funds		(6,000)		6,000	-	-
Net movement in funds		2,127	(15,969)	6,000	(7,842)	12,959
Reconciliation of funds:						
Total funds brought forward		18,637	44,110		62,747	50,425
Total funds carried forward		20,764	28,141	6,000	54,905	62,747

BALANCE SHEET

At at 30th.September 2022	Notes	Unrestricted Funds £	Restricted Fund £	Designated Fund £	Total Funds 2022 £	Total Funds 2021 £
Fixed Assets		3,904	-	-	3,904	-
Current Assets						
Debtors and Prepayments	6	3,307	-	-	3,307	-
Cash at Bank		22,131	28,141	6,000	50,272	63,084
Total current assets		25,438	28,141	6,000	53,579	63,084
Short Term Liabilities		(2,578)	-	-	(2,578)	(337)
Total Current assets		22,860	28,141	6,000	51,001	62,747
Total Assets		26,764	28,141	6,000	54,905	62,747
Charity Funds:						
Unrestricted funds		20,764			20,764	19,359
Restricted Funds			28,141		28,141	44,110
Designated Funds				6,000	6,000	
Total funds	8	20,764	28,141	6,000	54,905	62,747

Signed on behalf of the trustees:

Anthony Henson as Chair on behalf of the trustees



The notes on pages 10 to 14 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Charity is a going concern. Income generation through members' donations is maintaining adequate reserves and restrictive funds are adequate.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

2. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2.2 Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. Transfers are made from unrestricted to restricted funds as necessary to prevent restricted funds from going into deficit. Transfers are made from unrestricted to designated funds in accordance with the charities strategy and reserves policy.

2.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income and it is more likely than not that it will receive the resources and the amount can be quantified with reasonable accuracy. Voluntary income is received by way of donations and gifts and is included in full in the SoFA when receivable. Grants are included in the SoFA when the general income recognition criteria above are met and in the case of performance-related grants income is recognized to the extent that the specified goods or services have been provided. Donated services and facilities are included at the value to the charity where this can be measured reliably. The value of services provided by volunteers has not been included in these accounts. Investment income is included when received.

2.4 Resources expended

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be recovered, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity (as a charitable company) and include the audit fees and costs linked to the charity's legal constitution.

2.6 Pension costs

Employees of the charity are entitled to join a defined contribution pension scheme. The charity contribution is limited to the contributions disclosed in note 3.

2.7 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.8 Creditors

Creditors (including accruals) are recognized when due at the balance sheet date.

3. ANALYSIS OF INCOME

	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	2022	2021
Voluntary Income	£	£	£	£
Company Donations	5,674	-	5,674	5,657
charity Donations	-	-	-	1,500
Personal Donations	5,525	-	5,525	6,735
Grants	-	17,666	17,666	33,994
Total Voluntary Income	11,199	17,666	28,865	47,886
Charitable Activities				
Educational Sales	9,812	-	9,812	3,224
TOTAL INCOME	21,011	17,666	38,677	51,110

4 ANALYSIS OF EXPENDITURE

	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	2022	2021
	£	£	£	£
Expenditure on raising funds	-	3,092	3,092	1,061
Total expenditure on raising funds	-	3,092	3,092	1,061
Expenditure on Charitable Activities				
Employee Salaries	9,606	22,414	32,020	29,684
Employer's National Insurance	894	2,086	2,980	2,591
Pension E/R	605	1,411	2,015	
IT and communications	489	1,142	1,631	3,619
Admin Costs	564	1,317	1,881	330
Legal and Insurance	533	1,245	1,778	407
Direct Project costs	144	337	481	372
Bank fees	25	57	82	87
Travel and expenses	46	108	154	-
Training	122	284	405	-
Total Charitable activities	13,028	30,399	43,427	37,090
TOTAL EXPENDITURE	13,028	33,491	46,519	38,151

4.1 Staff

The number of paid employees is 3 (Previous year 2)

4.2 Expense Disclosures

Trustees did not receive payment or expenses in the year.

5. TANGIBLE FIXED ASSETS

	Computers	Equipment & Fittings	Total
Cost	£	£	£
Brought Forward	-	-	-
Additions in the year at cost	2,318	2,294	4,612
Cumulative Cost	2,318	2,294	4,612
Depreciation			
Brought Forward	-	-	-
Depreciation in the year	644	64	708
Cumulative Depreciation	644	64	708
Net Book Value			
Net Book Value at Sept 2021	-	-	-
Net Book Value at Sept 2022	1,674	2,230	3,904

6 DEBTORS AND PREPAYMENTS

	2022	2021
	£	£
Prepaid Office Rent	1,747	-
Prepaid Furniture Deposit	1,560	-
		-
Total Debtors and Prepayments	3,307	

7 CREDITORS

	2022	2021
	£	£
Short term creditors	2,578	337

8. CHARITY FUNDS

Details of All Funds with movements during the reporting period 2021 - 2022

	Brought Forward	Income	Expenditure	Transfers	Carried Forward
Unrestricted General Fund	18,637	21,011	(12,884)	(6,000)	20,764
Restricted Funds					-
Schools "Worth It" Project	44,110	17,666	(33,635)	-	28,141
Total Restricted Funds	44,110	17,666	(33,635)	-	28,141

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Educational Development	-	-	-	6,000	6,000
Total Designated Funds	-	-	-	6,000	6,000
Total Funds	62,747	38,677	(46,519)	-	54,905