

ENGAGE TRUST UK

England & Wales · Charity number 1165129

Details

Other names ENGAGE TRUST

Status Registered

Legal form CIO

Registered 2016-01-11

Register [View on the Charity Commission register](#)

Contact

Address Corbierre
55 Finchfield Road
Wolverhampton
WV3 9LQ

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Website www.engagetrustuk.org

Activities

Objects: IN ACCORDANCE WITH CHRISTIAN VALUES TO ENGAGE WITH AND ACT AS A RESOURCE FOR YOUNG PEOPLE, PARTICULARLY THOSE WHO ARE POOR, DISADVANTAGED, MARGINALISED, OR AT RISK OF SOCIAL EXCLUSION; OR OTHERWISE IN CONDITIONS OF EMOTIONAL, MENTAL, OR SPIRITUAL NEED, HARDSHIP OR DISTRESS, BY PROVIDING GUIDANCE, ADVICE, SUPPORT, OPPORTUNITIES AND BY ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE AT RISK OF SOCIAL EXCLUSION, BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;B) PROMOTING EDUCATION;C) RELIEVING UNEMPLOYMENT;D) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.E) ADVANCING THE CHRISTIAN RELIGION.

Activities: We aim to serve people across a range of settings, taking an holistic and relational approach. We deliver a range of projects including detached youth work - including trips, visits and residentials, holiday provision, schools work and pastoral care, mentoring programmes, mental health schools programmes and

centre-based youth work.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Religious Activities, Economic/community Development/employment
- **Who:** Children/young People, The General Public/mankind

Geography

- Birmingham City
- Dudley
- Sandwell
- Staffordshire
- Walsall
- Wolverhampton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£47,057	£45,184	-	-
2024-09-30	£42,995	£53,294	-	-
2023-09-30	£47,243	£81,549	-	-
2022-09-30	£38,677	£46,519	-	-
2021-09-30	£51,110	£38,066	-	-
2020-09-30	£49,919	£17,214	-	-

Trustees

Name	Role	Appointed
LEONA GRANT		2016-01-11
Pastor Simon Woodward		2025-01-27
WILL DAVIES		2015-12-11

ENGAGE TRUST UK

England & Wales - Charity number 1165129

Accounts

ENGAGE TRUST UK

Charity number: 1165129

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30th. SEPTEMBER 2025

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10	Balance Sheet
11–14	Notes to the Financial Statements

The Trustees present their annual report and the financial statements of the charity for the period ended 30th. September 2025.

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered charity name:	Engage Trust UK
Charity registration number:	1165129
Principal office:	Corbierre 55 Finchfield Road Wolverhampton WV3 9LQ
Trustees:	Leona Grant William Davies Simon Woodward (appointed January 2025)
Director of operations	Matthew Foster
Independent Examiner:	Mervyn Thomas 128 Putnoe Lane, Bedford, MK41 8LS
Principal Bankers:	CAF Bank Ltd.

CHARITY STATUS

The charity is a Charitable-Incorporated Organisation (CIO) registered in January 2016.

AIMS AND PURPOSE

The objects of Engage Trust UK are:

In accordance with Christian values, to engage with, and act as a resource for young people and their families, and the wider community, who are poor, disadvantaged, marginalised, or at risk of social exclusion; or otherwise in conditions of emotional, mental, or spiritual need, hardship or distress, by providing guidance, support, varied opportunities and by organising activities as a means of:

- (a) advancing in life and helping young people and their families by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) promoting education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit with a view to improving the conditions of life of such persons;
- (e) advancing the Christian religion

REVIEW OF ACTIVITIES

The charity's objects underpin our operational activities. The trustees have paid due regard to the Charity Commission's guidance on public benefit when determining the activities of the charity. We have been a registered charity since January 2016.

Engage Trust UK aims to:

- Empower and release young people to fulfil their potential
- Inspire and equip those at risk of exclusion from school/society to make a positive change to their circumstances and attitude.
- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

The main focus of our work during 2024-25 has been the continued development of our mental health and wellbeing offer. This started as a bespoke 13-week mental health & well-being programme combining group work and 1-2-1 sessions designed around young people's personal social and emotional challenges.

'Worth It' is an original approach to supporting young people struggling with emotional health, mental well-being and the effects of multiple trauma. Our primary focus is regional/Black Country from our base in Wolverhampton.

Through our Worth-It programme, we aim to:

- engage young people living in deprived or disadvantaged communities who are struggling with mental health issues in a step-by-step programme to improve their health and well-being and prevent further harm
- to assist young people to become more emotionally self-aware and gain tools and strategies to enable to cope better with adverse experiences, helping them to make good decisions even in the difficult times
- to improve young people's educational attainment & prospects and capacity to engage positively with learning

ACHIEVEMENTS AND PERFORMANCE

Over the last year we worked with over 110 people across the Black Country around the topic of Mental Health and through our Worth-It programme.

Worth-It Schools Programme

Participants in the Worth-It programme over 2024-25 completed the Outcome Star tool at both the start and end of the programme. Everyone who completed the programme and evaluations all made progress in at least three areas. Everyone made progress in the areas of feelings & emotions, school and self-esteem. 100% making progress in three outcome areas.

When asked what they found the most helpful, young people said:

"It showed me I can forgive people."

"Taught me not to listen to online comments."

"The first week was a massive eye-opener for me as I had never done something like this before."

When asked what three things they would practice following the programme, young people said:

- Positive self-talk, asking for help
- Speaking positively to others, listening, making good choices
- Listening, asking for help, forgiveness
- Speaking positively to others, asking for help, making good choices, forgiveness

- Listening, choosing what thoughts to hold on to, choosing who and what I am influenced by

When specifically talking about the 1-1 aspect of the course, one young person said, *“Even one session changed my mindset.”*

Compassionate Conversations

As part of the Love Black Country Mental Health Forum, following on from the success of the Compassionate Conversations in 2024, we delivered a further series in 2025 across the 4 Boroughs of the Black Country. As these were one-off events, impact was measured through participant evaluations completed at the end of each session. Feedback was overwhelmingly positive, with every participant indicating they would attend a similar event in the future.

Our informal, relational approach helped people feel at ease quickly, creating a safe space for open conversation and shared experience. Participants consistently highlighted the value of this atmosphere and the quality of facilitation. Comments included:

- “Low key in a good way”
- “Very insightful and comforting”
- “It was helpful and informative”
- “The team worked well together”
- “Just saying it’s OK to have conversations like this is extremely worthwhile”
- “Very good night – gentle and compassionate delivery”

This feedback demonstrates both the immediate impact of the sessions and the strong appetite for further opportunities to engage with mental health and wellbeing support in a welcoming, accessible environment.

Rebuild Resilience

We have begun developing an adult version of the Worth It programme—Rebuild Resilience—which will expand our wellbeing offer and enable us to support adults more comprehensively in the year ahead.

We would like to acknowledge and thank our grant funders over this last year - IM Properties Fund and Positive Futures (both administered via the Heart of England Community Foundation), The National Lottery Community Fund, The Albert Hunt Trust, Benefact Trust, Garfield Weston, James Beattie Trust, The Grimmitt Trust and The Patrick Trust.

Thank you also to individual donors, and churches, whose contributions also make our work possible.

Plans for the Future

- Sustain and grow delivery of the Worth It programme, ensuring young people across both school and community settings continue to benefit from high-quality, impactful support.
- Expand the reach of the ‘Worth It’ licence and training offer, building new partnerships and strengthening our delivery network, so the programme can create meaningful change at greater scale.
- Broaden our health and wellbeing provision for adults, developing a more comprehensive offer that responds to community needs and supports long-term resilience.
- Undertake robust research and insight work to shape a bold, evidence-driven strategic direction for the next five years, ensuring our organisation is positioned for sustainable impact and growth.

Financial Summary	2025	2024
Income	47,057	42,996
Expenditure	45,184	53,294
Net Assets (Total funds)	12,174	10,301

Financial review

The most significant increase in income during 2025 came from grant funding, which rose by just over £9,000 compared with 2024. In March 2025, our Schools Worker moved on to a role elsewhere, providing a natural opportunity to review how we resource this area of our work. Rather than immediately recruiting to a permanent post, we opted to appoint a sessional worker. This approach allowed us to maintain delivery of the schools programme effectively while managing expenditure prudently during a period of transition.

Reserves policy

The charity holds unrestricted and restricted funds. Transfers are made from unrestricted to restricted funds to prevent restricted funds from going into deficit.

Our overall policy for unrestricted funds is to hold reserves at a minimum threshold necessary to operate the organisation (at least 3 months' expenditure) or higher when specific projects are being planned for subsequent years.

Engage Trust UK, is confident that we are operating adequately on an ongoing basis.

TRUSTEES' RESPONSIBILITIES

All Trustees give their time voluntarily and receive no remuneration or other benefits.

The Trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable laws and regulations.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain transactions and disclose with reasonable accuracy at any time the financial position of the trust and to enable them to ensure that the financial statements conform to the charities SORP. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Leona Grant

Signed:



Date: 02/04/2026

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENGAGE TRUST UK

on the accounts for the year to 30th September 2024 as set out on pages 8–14 in this document

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Independent examiner's statement

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- 1) to keep accounting records in accordance with section 130 of the Charities Act, and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Mervyn Thomas
128 Putnoe Lane
Bedford MK41 8LS

Dated: 02/04/2024

STATEMENT OF FINANCIAL ACTIVITIES

At 30th. September 2025	Notes	Unrestricted Fund £	Restricted Fund £	Total Funds 2025 £	Total Funds 2024 £
Incoming Resources	3				
Voluntary income		7,833	-	7,833	5,916
Generating Funds -Sales		734	-	734	7,643
Charitable activities		3,053	35,437	38,490	29,437
Total Incoming Resources		11,620	35,437	47,057	42,996
Resources Expended	4				
Raising funds		348	-	348	652
Charitable activities		10,449	34,387	44,836	52,642
Total Resources Expended		10,797	34,387	45,184	53,294
Net income/(expenditure)		823	1,050	1,873	(10,298)
Transfers between funds		-	-	-	-
Net movement in funds		823	1,050	1,873	(10,298)
Reconciliation of funds:					
Total funds brought forward		5,834	4,467	10,301	20,599
Total funds carried forward		6,657	5,517	12,174	10,301

(continued)

BALANCE SHEET

At 30th. September 2025

	Notes	Unrestricted Fund £	Restricted Fund £	Total Funds 2025 £	Total Funds 2024 £
Fixed assets	5	2,039	-	2,039	4,076
Current assets		-			
Cash at bank and in hand		17,769	5,517	23,285	6,375
Total current assets		17,769	5,517	23,285	6,375
Short Term Liabilities	6	(13,150)	-	(13,150)	(150)
Total assets less liabilities		6,658	5,517	12,174	10,301
Charity Funds	7				
Unrestricted funds		6,657		6,657	5,835
Restricted Funds			5,517	5,517	4,466
Total funds		6,657	5,517	12,174	10,301

Signed on behalf of the trustees:

Leona Grant

Signed:



Dated: 02/04/2026

The notes on pages 11 to 14 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Charity is a going concern. Income generation through members' donations is maintaining adequate reserves and restrictive funds are adequate.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

2. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2.2 Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. Transfers are made from unrestricted to restricted funds as necessary to prevent restricted funds from going into deficit. Transfers are made from unrestricted to designated funds in accordance with the charities strategy and reserves policy.

2.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income and it is more likely than not that it will receive the resources and the amount can be quantified with reasonable accuracy. Voluntary income is received by way of donations and gifts and is included in full in the SoFA when receivable. Grants are included in the SoFA when the general income recognition criteria above are met and in the case of performance-related grants income is recognized to the extent that the specified goods or services have been provided. Donated services and facilities are included at the value to the charity where this can be measured reliably. The value of services provided by volunteers has not been included in these accounts. Investment income is included when received.

2.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be recovered, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity (as a charitable company) and include the audit fees and costs linked to the charity's legal constitution.

2.6 Pension costs

Employees of the charity are entitled to join a defined contribution pension scheme. The charity contribution is limited to the contributions disclosed in note 3.

2.7 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.8 Creditors

Creditors (including accruals) are recognised when due at the balance sheet date. Deferred Income arises when income is received in advance of allowable use, and so income is deferred until the use period occurs.

3.1 ANALYSIS OF INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Voluntary Income				
Company Donations	-	-	-	
Charity Donations	3,019	-	3,019	1,257
Personal Donations	4,814	-	4,814	4,659
Total Voluntary Income	7,833	-	7,833	5,916
Activities for generating funds				
Sales	734	-	734	7,643
Events	-	-	-	
Total Activities for generating Funds	734	-	734	7,643
Charitable Activities				
Grants	3,020	35,437	38,457	29,410
Interest	33	-	33	26
Total Charitable Activities	3,053	35,437	38,490	29,436
Grand Total Incoming Resources	11,620	35,437	47,057	42,995

(Continued)

3.2 Comparative ANALYSIS OF INCOME 2024

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Voluntary Income				
Company Donations	-	-	-	3,216
Charity Donations	1,257	-	1,257	2,374
Personal Donations	4,659	-	4,659	6,042
Total Voluntary Income	5,916	-	5,916	11,632
Activities for generating funds				
Sales	7,643	-	7,643	6,040
Total Activities for generating Funds	7,643	-	7,643	6,040
Charitable Activities				
Grants	-	29,410	29,410	29,500
Interest	26	-	26	71
Total Charitable Activities	26	29,410	29,436	29,571
Grand Total Incoming Resources	13,585	29,410	42,995	47,243

4 ANALYSIS OF EXPENDITURE

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Expenditure on raising funds				
Publicity	10	-	10	
Website	338	-	338	573
Fundraiser	-	-	-	79
Total expenditure on raising funds	348	-	348	652
Expenditure on Charitable Activities				
Employee Salaries	35,287	-	35,287	46,295
Employer's National Insurance	-	-	-	
Pension Contributions	2,349	-	2,349	2,635
Contractors	148	162	310	
Training	1,466	-	1,466	120
Expenses	123	-	123	115
Administration and Office	2,379	10	2,388	3,173
Project resources	159	715	875	304
Depreciation	2,038	-	2,038	
Support Cost Allocation	(33,500)	33,500	-	
Total expenditure on Charitable Expenditure	10,449	34,387	44,836	52,642
TOTAL EXPENDITURES	10,797	34,387	45,184	53,294

4.1 Staff

The number of paid employees is 1 (Previous year 2)

4.2 Expense Disclosures

Trustees did not receive payment or expenses in the year.

5 TANGIBLE FIXED ASSETS	Equipment
	£
Cost for the year ending 30th. September 2025	
Brought Forward	6,527
Additions in the year at cost	-
Carried Forward	6,527
Depreciation	
Brought Forward	2,450
Depreciation for the year	2,038
Carried Forward	412
Net Book Value	
Net Book Value at September 2024	4,077
Net Book Value at September 2025	<u>2,039</u>

6 SHORT TERM LIABILITIES

	2025	2024
	£	£
Short Term Liabilities		
Accruals	350	150
Creditors	-	-
Deferred Grant Income	12,800	-
Total Short term Liabilities	13,150	150

The deferred income relates to grants received, which stipulates they are to be used in the following accounting period.

7. CHARITY FUNDS

Details of All Funds with movements during the CURRENT reporting period 2024-2025

<i>Sum of Amounts by Fund-Project</i>					
Fund	Opening Balance	Income	Expenditure	Transfers	Closing Balance
General	5,834	11,620	(10,797)	-	6,657
Total Unrestricted	5,834	11,620	(10,797)	-	6,657
Worth it schools project	4,467	35,437	(34,387) -		5,517
Total Restricted	4,467	35,437	(34,387)	-	5,517
TOTAL FUNDS	10,301	47,057	(45,184)	-	12,174

ENGAGE TRUST UK

England & Wales - Charity number 1165129

Accounts

ENGAGE TRUST UK

Charity number: 1165129

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- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

The main focus of our work during 2023-24 has been the development of our mental health and wellbeing offer. This started as a bespoke 13-week mental health & well-being programme combining group work and 1-2-1 sessions designed around young people's personal social and emotional challenges.

'Worth It' is an original approach to supporting young people struggling with emotional health, mental well-being and the effects of multiple trauma. Our primary focus is regional/Black Country from our base in Wolverhampton.

Through our Worth-It programme we aim to:

- engage young people living in deprived or disadvantaged communities who are struggling with mental health issues in a step-by-step programme to improve their health and well-being and prevent further harm
- to assist young people to become more emotionally self-aware and gain tools and strategies to enable to cope better with adverse experiences, helping them to make good decisions even in the difficult times
- to improve young people's educational attainment & prospects and capacity to engage positively with learning

Initially, we offer the programme at a reduced rate and schools then have confidence in our work and are willing to pay the full price, increasing our sustainability as a charity.

Over the last year we have developed Worth-It further, so that it can be delivered in different ways, and isn't reliant solely on our staff team to deliver it.

ACHIEVEMENTS AND PERFORMANCE

Over the last year we worked with over 120 people across the Black Country around the topic of Mental Health and through our Worth-It programme.

Worth-It Schools Programme

Participants in the Worth-It programme over 2023-24 completed the Outcome Star tool at both the start and end of the programme. 57% made progress in three outcome areas, 86% in two outcome areas and 100% in one outcome area. When asked which session they found the most helpful, young people said:

'Pressure - It made me realise why I was going through feeling how I was.'

'Family Life - Hearing about other people's stories was nice.'

'Forgiveness - I can forgive people who I don't really like.'

'Influence & Forgiveness - Because it impacted me that if you hold a grudge you are only hurting yourself more than the other person.'

School staff said:

'There has been a massive improvement in the students' attitude to learning and towards people. The behaviour of the students have improved and the goals we set for the individual students have been

hit.....The behaviour of the students has massively improved. The percentage of achievement points have increased and the amount of behaviour points they get has decreased. Some students have become noticeably less shy and willing to talk. Students also seem to be happier and have really enjoyed the sessions.'

Worth It 1-1 mentoring

Responding to requests from local third sector organisations, we have adapted the 13 week programme which includes both 1-1 support and group work, into a programme which can be solely used by those delivering 1-1 mentoring. This is available for purchase and use in a variety of settings.

Firm Foundations

This is a programme for primary school children aged 9-11 enabling us to start working with children at an earlier stage, giving them the tools and strategies they need to manage their emotions and make good decisions at such a point in their life that it equips them with firm foundations for the years ahead that face them. The 'Firm Foundations' Wellbeing Programme is designed around children's personal social emotional and health challenges, offering a structured safe environment to explore. Topics include feelings & emotions, healthy boundaries, community & connections, positive friendships, good influences and clear communication. In due course we hope to pilot this programme, allowing us to see firsthand how well the sessions are received, evaluate their impact, get direct feedback from children and staff and then if required, make the relevant changes to strengthen the programme before making it available more widely in future years.

Training for Adults

Working in partnership with two other leading charities, who are active in other boroughs of the Black Country, we created the Love Black Country Mental Health Forum and invited one or two other professionals in the health sector, to join with us with a view to start a conversation around Mental Health with leaders.. Leaders are just as susceptible to mental and emotional health challenges. In 2024 we ran a series of roadshows 'Compassionate Conversations'.. These provided attendees with

- A greater awareness of the signs and symptoms of anxiety
- The knowledge to safely and compassionately respond to those who are suffering with anxiety and other mental health conditions
- Tools to create a more inclusive and understanding environment within their communities for those who suffer anxiety/poor mental health.

Other activity to specifically note this year includes:

- Increased sales of our 'Worth-It' notebooks and journals.
- Our Director was invited to sit on a panel of experts at the West Midlands Mayor Mental Health Forum for youth event.
- We were commissioned by Wolverhampton City Council to deliver a consultation around green spaces in the Merry Hill area of the City. - The outcome of this will lead to communities being transformed from a health perspective..

We would like to acknowledge and thank our grant funders over this last year - The Dulverton Trust, IM Properties Fund and the Graham Griffiths Fund (all administered via the Heart of England Community Foundation), The National Lottery Community Fund, The Eveson Trust and Albert Hunt.

Thank you also to individual donors, and churches whose contributions also make our work possible.

Financial Summary	2024	2023
Income	42,995	47,243
Expenditure	53,294	54,905
Net Assets (Total funds)	10,301	20,599

Financial review

In a climate where small grassroots charities are struggling, to keep going as an organisation and raise funds that put us in a fairly consistent position over the last 3 years, is something we are extremely proud of. However, the slight drop in income this year, did mean that we needed to take the decision to move out of rented office space to reduce costs, and instead return to working from home.

Reserves policy

The charity holds unrestricted and restricted funds. Transfers are made from unrestricted to restricted funds in order to prevent restricted funds from going into deficit. Our overall policy for unrestricted funds is to hold reserves at a minimum threshold necessary to operate the organisation (not more than 3 months' expenditure) or higher when specific projects are being planned for subsequent years.

TRUSTEES' RESPONSIBILITIES

All Trustees give their time voluntarily and receive no remuneration or other benefits.

The Trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable laws and regulations.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain transactions and disclose with reasonable accuracy at any time the financial position of the trust and to enable them to ensure that the financial statements conform to the charities SORP. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Leona Grant

Signed:



Date: 26/03/2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENGAGE TRUST UK

on the accounts for the year to 30th September 2024 as set out on pages 8–14 in this document

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Independent examiner's statement

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- 1) to keep accounting records in accordance with section 130 of the Charities Act, and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Mervyn Thomas
128 Putnoe Lane
Bedford MK41 8LS

Dated: 26/03/2025

ENGAGE TRUST UK
 TRUSTEES REPORT and FINANCIAL STATEMENTS
 FOR THE PERIOD ENDED 30th SEPTEMBER 2024

Incoming Resources	3				
Voluntary income		5,916	-	5,916	11,632
Generating Funds -Sales		7,643	-	7,643	6,040
Charitable activities		26	29,410	29,436	29,571
Total Incoming Resources		13,586	29,410	42,995	47,243
Resources Expended	4				
Raising funds		652	-	652	7,366
Charitable activities		30,601	22,041	52,642	74,183
Total Resources Expended		31,253	22,041	53,294	81,549
Net income/(expenditure)		(17,667)	7,369	(10,298)	(34,306)
Transfers between funds		15,000	(15,000)		
Net movement in funds		(2,667)	(7,631)	(10,298)	(34,306)
Reconciliation of funds:					
Total funds brought forward		8,501	12,098	20,599	54,905
Total funds carried forward		5,834	4,467	10,301	20,599

(continued)

BALANCE SHEET

At 30th. September 2024	Notes	Unrestricted Fund £	Restricted Fund £	Total Funds 2024 £	Total Funds 2023 £
Fixed assets	5	4,076		4,076	4,958
Current assets		-		-	
Inventory	6	-		-	440
Debtors (less than 1 year))		-		-	
Cash at bank and in hand		1,908	4,467	6,375	16,201
Total current assets		1,908	4,467	6,375	16,641
Short Term Liabilities	7	(150)	-	(150)	(1,000)
Total assets less liabilities		5,834	4,467	10,301	20,599
Charity Funds	8				
Unrestricted funds		5,834		5,835	8,501
Restricted Funds			4,467	4,466	12,098
Endowment Fund				-	-
Total funds		5,834	4,467	10,301	20,599

Signed on behalf of the trustees:

Leona Grant

Signed:



Dated: 26/03/2025

The notes on pages 10 to 14 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Charity is a going concern. Income generation through members' donations is maintaining adequate reserves and restrictive funds are adequate.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

2. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2.2 Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. Transfers are made from unrestricted to restricted funds as necessary to prevent restricted funds from going into deficit. Transfers are made from unrestricted to designated funds in accordance with the charities strategy and reserves policy.

2.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income and it is more likely than not that it will receive the resources and the amount can be quantified with reasonable accuracy. Voluntary income is received by way of donations and gifts and is included in full in the SoFA when receivable. Grants are included in the SoFA when the general income recognition criteria above are met and in the case of performance-related grants income is recognized to the extent that the specified goods or services have been provided. Donated services and facilities are included at the value to the charity where this can be measured reliably. The value of services provided by volunteers has not been included in these accounts. Investment income is included when received.

2.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be recovered, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity (as a charitable company) and include the audit fees and costs linked to the charity's legal constitution.

2.6 Pension costs

Employees of the charity are entitled to join a defined contribution pension scheme. The charity contribution is limited to the contributions disclosed in note 3.

2.7 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.8 Creditors

Creditors (including accruals) are recognized when due at the balance sheet date.

3. ANALYSIS OF INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Voluntary Income				
Company Donations	-	-	-	3,216
Charity Donations	1,257	-	1,257	2,374
Personal Donations	4,659	-	4,659	6,042
Total Voluntary Income	5,916	-	5,916	11,632
Activities for generating funds		-		
Sales	7,643	-	7,643	6,040
Total Activities for generating Funds	7,643	-	7,643	6,040
Charitable Activities				
Grants	-	29,410	29,410	29,500
Interest	26	-	26	71
Total Charitable Activities	26	29,410	29,436	29,571
Grand Total Incoming Resources	13,585	29,410	42,995	47,243

4 ANALYSIS OF EXPENDITURE

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Expenditure on raising funds				
Publicity	-	-	-	1,895
Website	573	-	573	1,877
Fundraiser	79	-	79	3,594
Total expenditure on raising funds	652	-	652	7,366
Expenditure on Charitable Activities				
Employee Salaries	25,041	21,254	46,295	51,383
Employer's National Insurance	-	-	-	1,622
Pension Contributions	1,947	688	2,635	2,548
Training	120	-	120	3,801
Expenses	115	-	115	905
Administration and Office	3,163	10	3,173	12,559
Project resources	215	89	304	1,355
Support Cost Allocation	-	-	-	
Total expenditure on Charitable Expenditure	30,601	22,041	52,642	74,173
TOTAL EXPENDITURES	31,253	22,041	53,294	81,539

4.1 Staff

The number of paid employees is 2 (Previous year 3)

4.2 Expense Disclosures

Trustees did not receive payment or expenses in the year.

5 TANGIBLE FIXED ASSETS	IT Equipment	Equipment & Fittings	Total
	£	£	£
Cost for the year ending 30th. September 2024			
Brought Forward	2,673	3,854	6,527
Additions in the year at cost	-	-	-
Carried Forward	2,673	3,854	6,527
Depreciation Rate Applied			
Brought Forward	1,312	257	1,569
Depreciation for the year	193	688	881
Carried Forward	1,505	945	2,450
Net Book Value			
Net Book Value at September 2023	1,361	3,597	4,958
Net Book Value at September 2024	1,168	2,909	4,077

6 INVENTORY	2024	2023
	£	£
Stock of Notebooks for Sale	-	440

7 CREDITORS AND ACCRUALS

	2024	2023
	£	£
Short Term Creditors and accruals		
Accruals	-	-
Creditors	150	1,000
Total Short term Liabilities	150	1,000

8. CHARITY FUNDS

Details of All Funds with movements during the CURRENT reporting period 2023-2024

<i>Sum of Amounts by Fund-Project</i>					
Fund	Opening Balance	Income	Expenditure	Transfers	Closing Balance
General	8,501	13,585	(31,251)	15,000	5,835
Total Unrestricted	8,501	13,585	(31,251)	15,000	5,835
Worth it schools project	12,098	29,410	(22,042)	(15,000)	4,466
Total Restricted	12,098	29,410	(22,042)	(15,000)	4,466
TOTAL FUNDS	20,599	42,995	(53,293)	-	10,301

ENGAGE TRUST UK

England & Wales - Charity number 1165129

Accounts

ENGAGE TRUST UK

Charity number: 1165129

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30th. SEPTEMBER 2023

Contents

1–6	Trustees' Annual Report
7	Independent Examiner's Report
8	Statement of Financial Activities
9	Balance Sheet
10–14	Notes to the Financial Statements

The Trustees present their annual report and the financial statements of the charity for the period ended 30th. September 2023

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered charity name:	Engage Trust UK
Charity registration number:	1165129
Principal office:	Corbierre 55 Finchfield Road Wolverhampton WV3 9LQ
Trustees:	Anthony Henson Leona Grant William Davies
Director of operations	Matthew Foster
Independent Examiner:	Mervyn Thomas 128 Putnoe Lane Bedford, MK41 8LS
Principal Bankers:	CAF Bank Ltd.

CHARITY STATUS

The charity is a charitable incorporated organisation (CIO) registered in January 2016.

AIMS AND PURPOSE

The objects of Engage Trust UK are:

In accordance with Christian values, to engage with, and act as a resource for young people and their families, and the wider community, who are poor, disadvantaged, marginalised, or at risk of social exclusion; or otherwise in conditions of emotional, mental, or spiritual need, hardship or distress, by providing guidance, support, varied opportunities and by organising activities as a means of:

- (a) advancing in life and helping young people and their families by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) promoting education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit with a view to improving the conditions of life of such persons;
- (e) advancing the Christian religion

REVIEW OF ACTIVITIES

The charity's objects underpin our operational activities. The trustees have paid due regard to the Charity Commission's guidance on public benefit when determining the activities of the charity. We have been a registered charity since January 2016.

Engage Trust UK aims to:

- Empower and release young people to fulfil their potential
- Inspire and equip those at risk of exclusion from school/society to make a positive change to their circumstances and attitude.
- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

The main focus of our work during 2022-23 has been the roll-out of our 'Worth It' Programme. This is a bespoke 13-week mental health & well-being programme combining group work and 1-2-1 sessions designed around young people's personal social and emotional challenges.

'Worth It' is an original approach to supporting young people struggling with emotional health, mental well-being and the effects of multiple trauma. Our primary focus is regional/Black Country from our base in Wolverhampton.

Through our Worth-It programme we aim to:

- engage young people living in deprived or disadvantaged communities who are struggling with mental health issues in a step-by-step programme to improve their health and well-being and prevent further harm
- to assist young people to become more emotionally self-aware and gain tools and strategies to enable to cope better with adverse experiences, helping them to make good decisions even in the difficult times
- to improve young people's educational attainment & prospects and capacity to engage positively with learning

There is a fee for us to run the programme in schools. Initially, we offer the programme at a reduced rate and schools then have confidence in our work and are willing to pay the full price, increasing our sustainability as a charity.

ACHIEVEMENTS AND PERFORMANCE

- 60 young people were referred to us for the 'Worth-It' programme.
- We use Outcome Stars as one way of measuring our impact. Each participant completes a star at the start and again at the end of the programme. 92% of young people made an improvement in at least two outcome areas.
- When asked which week they found most helpful, some comments from young people were:
'Conflict - Understanding how I have to practise using my upstairs brain.'
'Forgiveness - I needed to hear what was said.'
'Power of thoughts of words – It made me think about what I was doing before and how it was affecting me.'
- When asked what their biggest takeaways were from the programme. Young people said:
'Forgiveness, and being a better person.'
'That even though the bad things seem easier to hold on to, in the long run always choose the good thing.'
'That the choices I make will not only affect me, but others as well.'
- Participants frequently found the 1-1 aspect of the programme useful:
'It helped me through the day and guided me.'
'It motivated me sometimes and made me genuinely happy.'
'It was nice to talk about things that upset me or things I really like.'

- ‘I had someone there for me when I needed them.’
- Participants frequently recommend the programme:
 - ‘It does help make you feel better about yourself.’
 - ‘I think it’s a great change in environment and the programme helps you learn a lot more about yourself.’
 - ‘I would recommend it as it helps you find your own path and to work as a team.’
 - ‘I would recommend ‘Worth-It’ because it could really help someone.’
 - ‘It is helpful to let your feelings out.’
 - ‘It can help people find better solutions to deal with issues in their life.’
 - ‘It was good and actually helpful.’

Other activity to specifically note this year includes:

- Two staff have gained a certificate in Therapeutic Mentoring from the Betsy De Thiery academy.
- Partnering with three other organisations, we worked to plan a Mental Health conference for Churches.
- We launched our ‘Worth-It’ notebooks and journals. .
- Attendance at the Big Church Festival to promote the charity and our ‘Worth It!’ programme
- We held our 7 year celebration, with the Mayor of Wolverhampton officially opening our office space, and from this we gained some publicity in the local newspaper.

We would like to acknowledge and thank our grant funders over this last year - The Harry Payne Fund, administered via the Heart of England Community Foundation, The Allen Lane Foundation, Garfield Weston Foundation, Edward & Dorothy Cadbury Trust, Edward Cadbury Charitable Trust, The Albert Hunt Trust and Benefact Trust.

Thank you also to Expocet Ltd for their donations as well as to individual donors, whose contributions also make our work possible.

FINANCIAL REVIEW

Income generation

The total income for the year was £47,243 (2022: £38,677) which was generated through voluntary donations, grants and educational sales.

Expenditures

Total expenditures were £81,549 (2022: £46,519).

Funds

Overall funds are £20,599 (2022: £54,905) of which restricted and designated funds are £12,098 (2022: £34,141).

Reserves policy

The charity holds unrestricted and restricted funds. Transfers are made from unrestricted to restricted funds in order to prevent restricted funds from going into deficit. Our overall policy for unrestricted funds is to hold reserves at a minimum threshold necessary to operate the organisation (not more than 3 months' expenditure) or higher when specific projects are being planned for subsequent years.

TRUSTEES' RESPONSIBILITIES

All Trustees give their time voluntarily and receive no remuneration or other benefits.

The Trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable laws and regulations.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain transactions and disclose with reasonable accuracy at any time the financial position of the trust and to enable them to ensure that the financial statements conform to the charities SORP. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Anthony Henson as Chair on behalf of the Trustees

Signed:

A handwritten signature in blue ink, appearing to be 'A. Henson', written over a faint horizontal line.

Date: 20/02/2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENGAGE TRUST UK

on the accounts for the year to 30th September 2022 as set out on pages 8–14 in this document

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Independent examiner's statement

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- 1) to keep accounting records in accordance with section 130 of the Charities Act, and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Mervyn Thomas
128 Putnoe Lane
Bedford MK41 8LS

Dated: 05/03/2024

Signed on behalf of the trustees:

STATEMENT OF FINANCIAL ACTIVITIES

At 30th. September 2023	Notes	Unrestricted Fund £	Restricted Fund £	Designated Fund £	Total Funds 2023 £	Total Funds 2022 £
Incoming Resources	3					
Voluntary income		8,444	3,188	-	11,632	28,865
Generating Funds -Sales		6,040	-	-	6,040	
Charitable activities - Grants		71	29,500	-	29,571	9,812
Total Incoming Resources		14,555	32,688	-	47,243	38,677
Resources Expended	4					
Raising funds		4,509	2,857	-	7,366	281
Charitable activities		28,211	45,972	-	74,183	46,238
Total Resources Expended		32,720	48,829	-	81,549	46,519
Net income/(expenditure)		(18,165)	(16,141)	-	(34,306)	(7,842)
Transfers between funds		5,902	98	(6,000)	-	
Net movement in funds		(12,263)	(16,043)	(6,000)	(34,306)	(7,842)
Reconciliation of funds:						
Total funds brought forward		20,764	28,141	6,000	54,905	62,747
Total funds carried forward		8,501	12,098	-	20,599	54,905

BALANCE SHEET

At 30th. September 2023	Notes	Unrestricted Fund £	Restricted Fund £	Designated Fund £	Total Funds 2023 £	Total Funds 2022 £
Fixed assets	5	4,958			4,958	3,904
Current assets						
Prepayments	6				-	3,307
Inventory	7				1,000	
Cash at bank and in hand		4,103	12,098	-	16,201	50,272
Total current assets		4,103	12,098	-	17,201	53,579
Short Term Liabilities	7	-			-	(2,578)
Total assets less liabilities		9,061	12,098	-	22,159	54,905
Charity Funds	8					
Unrestricted funds		8,501			8,501	20,764
Restricted Funds			12,098		12,098	28,141
Endowment Fund				-	-	6,000
Total funds		8,501	12,098	-	20,599	54,905

Anthony Henson as Chair on behalf of the trustees



Dated: 18/03/2024

The notes on pages 10 to 14 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Charity is a going concern. Income generation through members' donations is maintaining adequate reserves and restrictive funds are adequate.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

2. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2.2 Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. Transfers are made from unrestricted to restricted funds as necessary to prevent restricted funds from going into deficit. Transfers are made from unrestricted to designated funds in accordance with the charities strategy and reserves policy.

2.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income and it is more likely than not that it will receive the resources and the amount can be quantified with reasonable accuracy. Voluntary income is received by way of donations and gifts and is included in full in the SoFA when receivable. Grants are included in the SoFA when the general income recognition criteria above are met and in the case of performance-related grants income is recognized to the extent that the specified goods or services have been provided. Donated services and facilities are included at the value to the charity where this can be measured reliably. The value of services provided by volunteers has not been included in these accounts. Investment income is included when received.

2.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be recovered, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity (as a charitable company) and include the audit fees and costs linked to the charity's legal constitution.

2.6 Pension costs

Employees of the charity are entitled to join a defined contribution pension scheme. The charity contribution is limited to the contributions disclosed in note 3.

2.7 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.8 Creditors

Creditors (including accruals) are recognized when due at the balance sheet date.

3. ANALYSIS OF INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Voluntary Income				
Company Donations	3,216	-	3,216	5,674
Charity Donations	300	2,074	2,374	-
Personal Donations	4,928	1,114	6,042	5,525
Total Voluntary Income	8,444	3,188	11,632	11,199
Activities for generating funds		-		
Sales	6,040	-	6,040	9,812
Total Activities for generating Funds	6,040	-	6,040	9,812
Charitable Activities				
Grants	-	29,500	29,500	17,666
Interest	71	-	71	-
Total Charitable Activities	71	29,500	29,571	17,666
Grand Total Incoming Resources	14,555	32,688	47,243	38,677

4 ANALYSIS OF EXPENDITURE

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Expenditure on raising funds				
Publicity	1,895	-	1,895	3,092
Website	1,877	-	1,877	
Fundraiser	737	2,857	3,594	-
Total expenditure on raising funds	4,509	2,857	7,366	3,092
Expenditure on Charitable Activities				
Employee Salaries	51,393	-	51,393	32,020
Employer's National Insurance	1,622	-	1,622	2,980
Pension Contributions	2,548	-	2,548	2,015
Training	950	2,851	3,801	405
Expenses	219	686	905	154
Administration and Office	12,514	45	12,559	5,372
Project resources	(35)	1,390	1,355	481
Support Cost Allocation	(41,000)	41,000	-	
Total expenditure on Charitable Expenditure	28,211	45,972	74,183	43,427
TOTAL EXPENDITURES	32,720	48,829	81,549	46,519

4.1 Staff

The number of paid employees is 3 (Previous year 3)

4.2 Expense Disclosures

Trustees did not receive payment or expenses in the year.

5 Tangible fixed assets

	IT Equipment £	Equipment & Fittings £	Total £
Cost or valuation for the year ending 30th. September 2023			
Brought Forward	2,318	2,294	4,612
Disposals	-	-	-
Additions in the year at cost	355	1,560	1,915
Carried Forward	2,673	3,854	6,527
Depreciation Rate Applied			
Brought Forward	644	64	708
Depreciation for the year	668	193	861
Carried Forward	1,312	257	1,569
Net Book Value			
Net Book Value at March 2022	1,674	2,230	3,904
Net Book Value at March 2023	1,361	3,597	4,958

6 DEBTORS AND PREPAYMENTS

	2023 £	2022 £
Debtors less than 1 year		
Prepaid Office Rent	-	1,747
Prepaid Furniture Deposit	-	1,560
Debtors	-	-
Total Debtors and Prepayments	-	3,307

7 INVENTORY

	2023 £	2022 £
Stock of Notebooks for Sale	1,000	

8 CREDITORS AND ACCRUALS

	2023 £	2022 £
Short Term Creditors and accruals		
Accruals	-	-
Creditors	-	2,578
Total Short term Liabilities	-	2,578

9. FUNDS ANALYSIS

<i>Sum of Amounts by Fund-Project</i>					
Fund	Opening Balance	Income	Expenditure	Transfers	Closing Balance
General	20,764	14,554	(32,719)	5,902	8,501.00
Total Unrestricted	20,764	14,554	(32,719)	5,902	8,501
Worth it schools project	28,141	31,574	(47,617)	-	12,098
Ukraine	-	1,114	(1,212)	98	-
Total Restricted	28,141	32,688	(48,829)	98	12,098
Educational Development	6,000	-	-	(6,000)	-
Total Designated	6,000	-	-	(6,000)	-
TOTAL FUNDS	54,905	47,242	(81,548)	-	20,599

ENGAGE TRUST UK

England & Wales - Charity number 1165129

Accounts

ENGAGE TRUST UK

Charity number: 1165129

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30th. SEPTEMBER 2022

Contents

1–6	Trustees' Annual Report
7	Independent Examiner's Report
8	Statement of Financial Activities
9	Balance Sheet
10–14	Notes to the Financial Statements

The Trustees present their annual report and the financial statements of the charity for the period ended 30th. September 2022

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered charity name:	Engage Trust UK	
Charity registration number:	1165129	
Principal office:	Engage Trust UK Deansgate 62-70 Tettenhall Road Tettenhall Wolverhampton WV4 4TH	
Trustees:	Anthony Matt Brown Leona Grant William Davies	Henson
Director of operations	Matthew Foster	
Independent Examiner:	Mervyn Thomas 128 Putnoe Lane Bedford, MK41 8LS	
Principal Bankers:	CAF Bank Ltd.	

CHARITY STATUS

The charity is a charitable incorporated organisation (CIO) registered in January 2016.

AIMS AND PURPOSE

The objects of Engage Trust UK are:

In accordance with Christian values, to engage with, and act as a resource for young people and their families, and the wider community, who are poor, disadvantaged, marginalised, or at risk of social exclusion; or otherwise in conditions of emotional, mental, or spiritual need, hardship or distress, by providing guidance, support, varied opportunities and by organising activities as a means of:

- (a) advancing in life and helping young people and their families by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) promoting education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit with a view to improving the conditions of life of such persons;
- (e) advancing the Christian religion

REVIEW OF ACTIVITIES

The charity's objects underpin our operational activities. The trustees have paid due regard to the Charity Commission's guidance on public benefit when determining the activities of the charity. We have been a registered charity since January 2016.

Engage Trust UK aims to:

- Empower and release young people to fulfil their potential
- Inspire and equip those at risk of exclusion from school / society to make positive change to their circumstances and attitude.
- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

The main focus of our work during 2021-22 has been the development of our 'Worth It' Programme. This is a bespoke 13-week mental health & well-being programme combining group work and 1-2-1 sessions designed around young people's personal social and emotional challenges.

'Worth It' is an original approach to supporting young people struggling with emotional health, mental well-being and the effects of multiple trauma. Our primary focus is regional/Black Country from our base in Wolverhampton.

Through our Worth-It programme we aim to:

- engage young people living in deprived or disadvantaged communities who are struggling with mental health issues in a step-by-step programme to improve their health and well-being and prevent further harm
- to assist young people to become more emotionally self-aware and gain tools and strategies to enable to cope better with adverse experiences, helping them to make good decisions even in the difficult times
- to improve young people's educational attainment & prospects and capacity to engage positively with learning

Any charitable 'sales' are from schools paying for us to run our programme with their students. Initially, we offer the programme at a reduced rate and schools then have the confidence in our work and are willing to pay the full price, increasing our sustainability as a charity.

ACHIEVEMENTS AND PERFORMANCE

- 60 young people were referred to us, with 48 completing the 'Worth-It' programme.
- We use Outcome Stars as one way of measuring our impact. Each participant completes a star at the start and again at the end of the programme. 77% of young people made an improvement in at least three outcome areas.
- When asked which week they found most helpful, some comments from young people were:
"Influence - learning we are constantly influenced by the things around us."
"Perseverance and endurance - helped me to have more motivation."
"Forgiveness - thinking about what it could do for me."
- When asked what their biggest take-aways were from the programme. Young people said:
"Asking for help when I need it."
"You have to think positive to be positive about other things."
"Forgiveness. I'm currently not a forgiving person but I want to be."
- Participants frequently found the programme useful:
"They helped me understand things from another person's point of view."
"Because I always use my downstairs brain instead of my upstairs brain."
"I got to talk about things that I don't normally talk about, because I have no-one to talk to about it."
- Participants frequently recommend the programme:

“If you’re going through a tough time, there is always someone to talk to.”
“Not everyone has someone to talk to, the programme could help them.”
“If someone asked if they should do it I’d say try it because it can really help.”
“It is helpful to let your feelings out.”
“It really helped me, so hopefully it can help others.”
“It was useful, fun and safe. They would feel more confident and it will help them as a person”

- We continue to lead a network for youth leaders in the Wolverhampton area called ‘Relentless’. Through this we led activities at the one day festival for Black Country Churches ‘Together 2022’ held at Himley Park.
- Partnering with three other organisations, we have begun planning a Mental Health conference for churches in November 2023.
- In September 2022 we took on our second member of part-time staff, creating a staff team of three and increasing our capacity.
- We moved into an office space for the first time, enabling us to work more effectively as a team.

We would like to acknowledge and thank our grant funders over this last year - Birmingham & Black Country Communities Fund, administered via the Heart of England Community Foundation, The Wesleyan Foundation, administered via the Heart of England Community Foundation, The Coop Local Community Fund, and Set Me Free Trust.

Thank you also to Expocet Ltd for their donations as well as to individual donors, whose contributions also make our work possible.

FINANCIAL REVIEW

Income generation

The total income for the year was £38,677 (2021: £51,110) which was generated through voluntary donations, grants and educational sales.

Expenditures

Total expenditures were £46,519 (2021: £38,151).

Funds

Overall funds are £54,905 (2021: £62,747) of which restricted and designated funds are £34,141 (2021:£44,110).

Reserves policy

The charity holds unrestricted and restricted funds. Transfers are made from unrestricted to restricted funds in order to prevent restricted funds from going into deficit. Our overall policy for unrestricted funds is to hold reserves at a minimum threshold necessary to operate the organisation (not more than 3 months expenditure) or higher when specific projects are being planned for subsequent years.

TRUSTEES'

RESPONSIBILITIES

All Trustees give their time voluntarily and receive no remuneration or other benefits.

The Trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable laws and regulations.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain transactions and disclose with reasonable accuracy at any time the financial position of the trust and to enable them to ensure that the financial statements conform to the charities SORP. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Anthony Henson as Chair on behalf of the Trustees

Signed:

A handwritten signature in blue ink, appearing to be 'A. Henson', written over a light blue horizontal line.

Date: 20/02/2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENGAGE TRUST UK

on the accounts for the year to 30st September 2022 as set out on pages 8–14 in this document

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Independent examiner's statement

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- 1) to keep accounting records in accordance with section 130 of the Charities Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Mervyn Thomas
128 Putnoe Lane
Bedford MK41 8LS

Dated: 07/12/2022

STATEMENT of FINANCIAL ACTIVITIES

For the accounting period 1st October 2021 to 30th.September 2022

	Notes	Unrestrict ed Funds £	Restricted Fund £	Designated Fund £	Total Funds 2022 £	Total Funds 2021 £
Incoming Resources	3					
Voluntary income		11,199	17,666		28,865	47,886
Charitable activities		9,812	-		9,812	3,224
Total Incoming Resources		21,011	17,666		38,677	51,110
Resources Expended	4					
Raising funds		-	281		281	1,061
Charitable activities		12,884	33,354		46,238	37,090
Total Charitable Resources Expended		12,884	33,635		46,519	38,151
Net income/(expenditure)		8,127	(15,969)		(7,842)	12,959
Transfers between funds		(6,000)		6,000	-	-
Net movement in funds		2,127	(15,969)	6,000	(7,842)	12,959
Reconciliation of funds:						
Total funds brought forward		18,637	44,110		62,747	50,425
Total funds carried forward		20,764	28,141	6,000	54,905	62,747

BALANCE SHEET

At at 30th.September 2022	Notes	Unrestricted Funds £	Restricted Fund £	Designated Fund £	Total Funds 2022 £	Total Funds 2021 £
Fixed Assets		3,904	-	-	3,904	-
Current Assets						
Debtors and Prepayments	6	3,307	-	-	3,307	-
Cash at Bank		22,131	28,141	6,000	50,272	63,084
Total current assets		25,438	28,141	6,000	53,579	63,084
Short Term Liabilities		(2,578)	-	-	(2,578)	(337)
Total Current assets		22,860	28,141	6,000	51,001	62,747
Total Assets		26,764	28,141	6,000	54,905	62,747
Charity Funds:						
Unrestricted funds		20,764			20,764	19,359
Restricted Funds			28,141		28,141	44,110
Designated Funds				6,000	6,000	
Total funds	8	20,764	28,141	6,000	54,905	62,747

Signed on behalf of the trustees:

Anthony Henson as Chair on behalf of the trustees



The notes on pages 10 to 14 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Charity is a going concern. Income generation through members' donations is maintaining adequate reserves and restrictive funds are adequate.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

2. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2.2 Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. Transfers are made from unrestricted to restricted funds as necessary to prevent restricted funds from going into deficit. Transfers are made from unrestricted to designated funds in accordance with the charities strategy and reserves policy.

2.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income and it is more likely than not that it will receive the resources and the amount can be quantified with reasonable accuracy. Voluntary income is received by way of donations and gifts and is included in full in the SoFA when receivable. Grants are included in the SoFA when the general income recognition criteria above are met and in the case of performance-related grants income is recognized to the extent that the specified goods or services have been provided. Donated services and facilities are included at the value to the charity where this can be measured reliably. The value of services provided by volunteers has not been included in these accounts. Investment income is included when received.

2.4 Resources expended

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be recovered, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity (as a charitable company) and include the audit fees and costs linked to the charity's legal constitution.

2.6 Pension costs

Employees of the charity are entitled to join a defined contribution pension scheme. The charity contribution is limited to the contributions disclosed in note 3.

2.7 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.8 Creditors

Creditors (including accruals) are recognized when due at the balance sheet date.

3. ANALYSIS OF INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Voluntary Income				
Company Donations	5,674	-	5,674	5,657
charity Donations	-	-	-	1,500
Personal Donations	5,525	-	5,525	6,735
Grants	-	17,666	17,666	33,994
Total Voluntary Income	11,199	17,666	28,865	47,886
Charitable Activities				
Educational Sales	9,812	-	9,812	3,224
TOTAL INCOME	21,011	17,666	38,677	51,110

4 ANALYSIS OF EXPENDITURE

	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	2022	2021
	£	£	£	£
Expenditure on raising funds				
Website and Publicity	-	3,092	3,092	1,061
Total expenditure on raising funds	-	3,092	3,092	1,061
Expenditure on Charitable Activities				
Employee Salaries	9,606	22,414	32,020	29,684
Employer's National Insurance	894	2,086	2,980	2,591
Pension E/R	605	1,411	2,015	
IT and communications	489	1,142	1,631	3,619
Admin Costs	564	1,317	1,881	330
Legal and Insurance	533	1,245	1,778	407
Direct Project costs	144	337	481	372
Bank fees	25	57	82	87
Travel and expenses	46	108	154	-
Training	122	284	405	-
Total Charitable activities	13,028	30,399	43,427	37,090
TOTAL EXPENDITURE	13,028	33,491	46,519	38,151

4.1 Staff

The number of paid employees is 3 (Previous year 2)

4.2 Expense Disclosures

Trustees did not receive payment or expenses in the year.

5. TANGIBLE FIXED ASSETS

	Computers	Equipment & Fittings	Total
Cost	£	£	£
Brought Forward	-	-	-
Additions in the year at cost	2,318	2,294	4,612
Cumulative Cost	2,318	2,294	4,612
Depreciation			
Brought Forward	-	-	-
Depreciation in the year	644	64	708
Cumulative Depreciation	644	64	708
Net Book Value			
Net Book Value at Sept 2021	-	-	-
Net Book Value at Sept 2022	1,674	2,230	3,904

6 DEBTORS AND PREPAYMENTS

	2022	2021
	£	£
Prepaid Office Rent	1,747	-
Prepaid Furniture Deposit	1,560	-
		-
Total Debtors and Prepayments	3,307	

7 CREDITORS

	2022	2021
	£	£
Short term creditors	2,578	337

8. CHARITY FUNDS

Details of All Funds with movements during the reporting period 2021 - 2022

	Brought Forward	Income	Expenditure	Transfers	Carried Forward
Unrestricted General Fund	18,637	21,011	(12,884)	(6,000)	20,764
Restricted Funds					-
Schools "Worth It" Project	44,110	17,666	(33,635)	-	28,141
Total Restricted Funds	44,110	17,666	(33,635)	-	28,141

ENGAGE TRUST UK
TRUSTEES REPORT and FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30st SEPTEMBER 2022

Educational Development	-	-	6,000	6,000
Total Designated Funds	-	-	-	6,000
Total Funds	62,747	38,677	(46,519)	54,905

ENGAGE TRUST UK

England & Wales - Charity number 1165129

Accounts

Engage Trust UK
Charity Number: 1165129

**Trustees' Annual Report
and Financial Statements
for the Period
1 October 2020 to 30 September 2021**

Reference & Administration Details

Charity name:	Engage Trust UK
Other names charity is known by:	Engage
Charity number:	1165129
Charity's operating address	97 Canterbury Road, Penn, Wolverhampton, WV4 4EQ

Names of the Charity Trustees who manage the Charity

	Trustee Name	Office (if any)	Dates acted if not for the whole year	Retired
1:	Anthony Henson	Chair		
2:	Leona Grant			
3:	William Davies			
4:				

Names of Senior Staff with Delegated Responsibilities

	Name	Role
1:	Matthew Foster	Director

Structure, Governance & Management

Description of the Charity's Trusts

Type of Governing Document:	Constitution
How the Charity is Constituted:	Charitable Incorporated Organisation
Trustee Selection Methods:	Appointed by current trustees at a properly convened meeting

Additional Governance Issues

All Engage Trust UK staff and volunteers have Enhanced DBS checks and work within our Safeguarding Policy.

All trustees give their time voluntarily and receive no remuneration or other benefits.

Summary of the Objects of the Charity as set out in its Governing Document

The objects of Engage Trust UK are:

In accordance with Christian values, to engage with, and act as a resource for young people and their families, and the wider community, who are poor, disadvantaged, marginalised, or at risk of social exclusion; or otherwise in conditions of emotional, mental, or spiritual need, hardship or distress, by providing guidance, support, varied opportunities and by organising activities as a means of:

- (a) advancing in life and helping young people and their families by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) promoting education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit with a view to improving the conditions of life of such persons;
- (e) advancing the Christian religion.

Summary of the Main Activities Undertaken for the Public Benefit in Relation to the Charity's Objects

The charity's objects underpin our operational objectives. The trustees have paid due regard to the Charity Commission's guidance on public benefit when determining the activities of the charity. We have been a registered charity since January 2016.

We currently work in the Black Country, in areas of significant deprivation. This year our focus has been on the development and strengthening of our mental health and wellbeing programme for young people. Coming out of the pandemic, we have found our work in this area to be needed more than ever. Many of the young people we work with had already been experiencing low self-esteem, suicidal thoughts, self-harm, identity issues and negative self-talk, caused by acute childhood experiences. COVID has exacerbated these issues further and there has been an increase in reports to teaching staff, children's charities and the NHS from the young people in the schools that we work with. As school staff become aware of the issues and needs individuals are experiencing, they refer to us on the back of this information as a response to support them. Whichever school we find ourselves in, these issues are prevalent and teaching staff frequently tell us they don't have the time or the experience to support these young people in the way that they need. The Deputy Head at one school we work in said: "It is not an underestimation to say that for some of our pupils the work they have done with Engage Trust has transformed their lives. Pupils who may have been on the verge of exclusion are now thriving, have high aspirations and are looking forward to their futures with a new found sense of optimism."

Additional Details of Objectives & Activities

Volunteers make a great contribution to our work. We are very grateful for the time they have spent coming into schools and sharing their stories with our young people. Sharing their experiences is a vital part of our 'Worth It' programme and the young people find them inspiring and motivational. Without this valuable contribution of time, energy and expertise we would not have been able to achieve as much.

We put the following core values at the heart of what we do:

Grace, Hope, Faith, Love, Justice, Joy, Service and Peace.

We do our best to ensure these values are visible through the way we carry out our work and through the type of work that we deliver. We believe our ways of working allow us to demonstrate these values.

Relational

Relationship is essential to bringing about sustainable change. Serving young people across different settings, enables us to build deeper relationships and get the best out of young people, empowering and releasing them to fulfil their potential, providing positive environments for them to grow and services they wouldn't otherwise have.

Dedicated

We acknowledge that relationships take time to build and young people take time to change. True transformation requires true dedication from us and that is what we offer – long term commitment.

Partnerships

We recognise the strength that comes from partnerships. Partnerships provide us with insight, resources and volunteers. Partnerships lead to opening up further opportunities and strengthen sustainability. We look to collaborate with local councils, schools, police, churches, community groups and other agencies.

Hardest to reach

We intentionally choose to work with the hardest to reach young people in the most deprived areas.

Achievements & Performance

Statutory Declaration

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Summary of the Main Achievements of the Charity for the Year

Engage Trust UK aims to:

- Empower and release young people to fulfil their potential
- Inspire and equip those at risk of exclusion from school / society to make positive change to their circumstances and attitude.
- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

Our 'Worth It!' programme, covers a broad range of topics that each impact on our emotional wellbeing. We introduce these topics through group sessions each week, where the cohort of young people are able to explore these within their own context, whilst finding encouragement from other members of the group.

Each week builds on the previous as they apply what they have learned to their situations.

The group sessions are followed by one-to-ones for each member of the group throughout the day. This is where the young people really have a chance to talk about their specific situations / thoughts etc and we offer specific support tailor made for each young person.

Each young person we work with receives 2 hours a week contact time support and completes a booklet which they then take home with them and have to refer to.

We want all those who partake in our programme to develop:

- A new sense of identity and purpose for themselves and others
- Increased mental and emotional intelligence
- Improved self-esteem and a renewed sense of hope
- To be resourced and equipped, enabling them to grow through challenges.

Across all of the programmes we ran in 2020-21 on average 95% of young people saw improvement in the area of Feelings & Emotions, 71% improvement in Self-esteem, 57% progressed in the area Friends & Relationships, 62% saw an improvement in School. We know from speaking to the young

people that they value and enjoy the programme. 100% of participants would recommend the course. One described it as "Hope-giving, engaging, helpful, encouraging and safe". Others have said, "It takes you away from stress and you get to talk about your feelings and it will help you forever." "Others should do the programme as they might be going through the same things as us and it will help them a lot." "People can talk to someone about stuff that is on their mind instead of suffering on their own."

Financial Review

Brief Statement of the Charity's Policy on Reserves

The Trustees are working towards a policy whereby the unrestricted funds, not committed or invested in tangible assets ('the free reserves') held by the charity should be between 1 and 3 months of the resources expended. To date, expenditure has been conditional on anticipated and guaranteed income but we continue to work towards this reserves policy.

Details of Any Funds Materially in Deficit

Not applicable

Further Financial Review Details-

We would like to acknowledge and thank our grant funders over this last year, Co-op Local Community Fund, The Coronavirus Resilience Fund, administered through the Heart of England, Comic Relief COVID-19 Community Fund (England) administered by Groundwork, James Beattie Charitable Trust, Allchurches Trust and The National Lottery Community Fund.

We would also like to thank the following who have also donated funds: Grace Church Wolverhampton, St Philip's C of E (Wolverhampton) and Expocet Ltd.

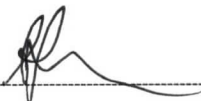
We would also like to acknowledge the individual donors, whose contribution also makes our work possible.

Declaration

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees

Signature(s):



Full Name(s): ANTHONY JOHN HENSON

Position(s): CHAIR

Date: 19/7/22



CHARITY COMMISSION
FOR ENGLAND AND WALES

ENGAGE TRUST UK

No (if any)
128129

Receipts and payments accounts

CC16a

For the period from	01/10/2020	To	30/09/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
GRANTS	-	33,994	-	33,994	27,751
BUSINESS	5,657	-	-	5,657	7,754
INDIVIDUALS	6,735	-	-	6,735	3,815
FUNDRAISING	-	-	-	-	9,975
CHURCHES	1,000	500	-	1,500	-
OTHER INCOME	2,924	300	-	3,224	624
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	16,316	34,794	-	51,110	49,919
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	16,316	34,794	-	51,110	49,919
A3 Payments					
PROJECT including salary costs	-	22,406	-	22,406	8,922
SALARY	10,156	-	-	10,156	6,752
TRAINING	-	-	-	-	-
TRAVEL	-	-	-	-	-
PUBLICITY	43	1,019	-	1,062	572
LEGAL & INSURANCE	407	-	-	407	386
ADMINISTRATION	417	-	-	417	582
IT & COMMUNICATION	2,093	1,525	-	3,618	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	13,116	24,950	-	38,066	17,214
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	13,116	24,950	-	38,066	17,214
Net of receipts/(payments)	3,200	9,844	-	13,044	32,705
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	16,159	34,266	-	50,425	17,720
Cash funds this year end	19,359	44,110	-	63,469	50,425

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		18,482	44,987	-
		-	-	-
		-	-	-
	Total cash funds	18,481	44,987	-


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	ANTHONY HENSON	17/7/22



Section A

Independent Examiner's Report

Report to the trustees/ members of

Engage Trust UK

On accounts for the year ended

30/09/2021

Charity no (if any)

1165129

Set out on pages

6 and 7

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2021.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

16/7/21

Name:

STEPHEN LEE

Relevant professional qualification(s) or body (if any):

AEMA

Address:

3 SURREY DRIVE, HANSMAN LONDON W39 6W

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Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

[Large empty rectangular box for disclosure details]