

HELP THE MENTAL HEALTH CHARITY

Charity Commission  
Redgrave Court  
Merton Road  
Merseyside  
L20 7HS

30<sup>th</sup> May 2025

Dear Sirs

**Re Trustees Report – Year Ended 31<sup>st</sup> December 2024**

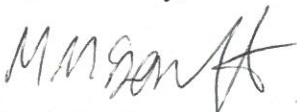
Sales and Donations rose from £53,714 in 2023 to £61,113 in 2024, the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness increased from £6,440 in 2023 to £6,894 in 2024.

The charity also provided direct services to people (and their families) suffering from mental illness on a day-to-day basis at their charity shop. This assistance includes, personal counselling, along with donations of clothes, furniture and other goods.

The charity produced an excess of £9,092 for the year ended 31<sup>st</sup> December 2024, part of this surplus will be used in 2024 to continue and expand the direct services to people (and their families) suffering from mental illness and its effects.

To hope the charity to grow in 2025, we are looking to open up a second shop, so that we can provide even more help to those suffering due to mental illness.

Yours faithfully,



Mandy McDermott

Trustee

12-18 Dunstall Street  
Scunthorpe, DN15 6LD  
Registered Charity No. 1165116

HELP - The Mental Health Charity

Income and Expenditure Account for the year ended 31st December 2024

<u>2023</u>		<u>2024</u>
	<u>Income</u>	
53714	Sales	58206.00
	Donations & sundries	2907.47
<u>53714</u>	<b>Total Receipts</b>	<u>61113.47</u>
	<u>Less - Expenditure</u>	
17607	Rent & Rates	21744.52
1099	Lighting & Heating	1145.31
1366	Post, Printing, Stationery & Adverts	2080.67
474	Telephone	315.93
4226	Motor Expenses	10397.26
2967	Insurance	1458.55
354	Equipment Hire	1080.00
332	Professional Fees	756.00
444	Repairs & Renewals	414.03
6440	Donations	6894.16
<u>2018</u>	Depreciation	<u>5734.99</u>
37327		52021.42
<u><u>£16,387</u></u>	<b><u>Excess of Income over Expenditure</u></b>	<u><u>£9,092.05</u></u>

# **HELP - The Mental Health Charity**

## **Balance Sheet as at the 31st December 2024**

<b><u>2023</u></b>				<b><u>2024</u></b>
		<b><u>Fixed Assets</u></b>		
		Motor Vehicles	3606.00	
		Additions	<u>16599.00</u>	
			20205.00	
3606		Less - Depreciation	<u>5051.00</u>	15154.00
		Fixtures, Fittings & Equipment	2145.00	
		Additions	<u>284.99</u>	
			2429.99	
2145		Less - Depreciation	607.99	1822.00
		Computer Equipment	303.00	
303		Less - Depreciation	<u>76.00</u>	227.00
<u>6054</u>				<u>17203.00</u>
		<b><u>Current Assets</u></b>		
100		Cash in Hand	100.00	
<u>120852</u>	120952	Cash at bank	<u>188795.27</u>	118895.27
	<u>127006</u>			
		<b><u>Total Assets</u></b>		<u>136098.27</u>
		<b><u>Less - Current Liabilities</u></b>		
1235		Loans	1235.17	
<u>500</u>	1735	Sundry Creditors & Provisions	<u>500.00</u>	1735.17
<u><u>£125,271</u></u>		<b><u>Net Assets</u></b>		<u><u>£134,363.10</u></u>
		<b><u>Accumulated Fund</u></b>		
108884		Balance Brought Forward		125271.05
16387		Add - Excess of Income over Expenditure		9092.05
<u><u>£125,271</u></u>		<b><u>Balance 31/12/24 carried forward</u></b>		<u><u>£134,363.10</u></u>

**To Glover & Co**

we accept these accounts and confirm that we have submitted to you all relevant records and information for there preperation.

Signed 

Mandy McDermott