

Financial Statements For The Year Ended 31 December 2023

for

HELP THE MENTAL HEALTH CHARITY

*Glover
& co*

CHARTERED ACCOUNTANTS

HELP - The Mental Health Charity

Income and Expenditure Account for the year ended 31st December 2023

<u>2022</u>		<u>2023</u>
	<u>Income</u>	
55055	Sales	53714.00
1910	Donations & sundries	0.00
<u>56965</u>	Total Receipts	<u>53714.00</u>
	<u>Less - Expenditure</u>	
21966	Rent & Rates	17606.68
798	Lighting & Heating	1099.25
1651	Post, Printing, Stationery & Adverts	1366.32
353	Telephone	473.74
6229	Wages	0.00
5102	Motor Expenses	4226.51
1060	Insurance	2966.91
501	Equipment Hire	354.00
651	Professional Fees	332.00
1658	Repairs & Renewals	444.03
5930	Donations	6439.85
<u>2690</u>	Depreciation	<u>2018.00</u>
48589		37327.29
<u>£8,376</u>	Excess of Income over Expenditure	<u>£16,386.71</u>

HELP - The Mental Health Charity

Balance Sheet as at the 31st December 2023

<u>2022</u>			<u>2023</u>
		<u>Fixed Assets</u>	
	4808	Motor Vehicles	4808.00
		Less - Depreciation	<u>1202.00</u>
			3606.00
		Fixtures, Fittings & Equipment	2860.00
	2860	Less - Depreciation	715.00
		Computer Equipment	404.00
	<u>404</u>	Less - Depreciation	<u>101.00</u>
	8072		<u>6054.00</u>
		<u>Current Assets</u>	
	100	Cash in Hand	100.00
	<u>102547</u>	Cash at bank	<u>120852.22</u>
	102647		120952.22
	<u>110719</u>	<u>Total Assets</u>	<u>127006.22</u>
		<u>Less - Current Liabilities</u>	
	1235	Loans	1235.17
	<u>600</u>	Sundry Creditors & Provisions	<u>500.00</u>
	1835		1735.17
	<u>£108,884</u>	<u>Net Assets</u>	<u>£125,271.05</u>
		<u>Accumulated Fund</u>	
	100508	Balance Brought Forward	108884.34
	8376	Add - Excess of Income over Expenditure	16386.71
	<u>£108,884</u>	<u>Balance 31/12/23 carried forward</u>	<u>£125,271.05</u>

HELP- The Mental Health Charity

**Independent Examiners Report to the Trustees
For The Year Ended 31st December 2023**

I report on the accounts of the charity for the year ended 31st December 2023 which are set out on pages 1 to 2.

Respective responsibilities of the Trustees and the Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts. You consider that the audit requirements of section 43(2) of the Charity's Act 1993 (the Act) do not apply. It is my responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to my attention.

Basis of Independent Examiners Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination including a review of the Accountancy records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in those accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiners Statement

In connection with our examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - (a) to keep accounting records in accordance with Section 41 of the Act, and
 - (b) to prepare accounts which accord with the accountancy records and to comply with the accountancy requirements of the Act have not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date 29/08/2024

Name

Barrie Campbell

Relevant Professional Body

Institute of Chartered Accountants of England and Wales

Address

48 Oswald Road, Scunthorpe, DN15 7PQ

HELP THE MENTAL HEALTH CHARITY

Charity Commission
Redgrave Court
Merton Road
Merseyside
L20 7HS

2nd September 2024

Dear Sirs

Re Trustees Report – Year Ended 31st December 2023

With the easing of COVID donations fell from £55,055 in 2022 to £53,714 in 2023, the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness imcreased from £5,930 in 2022 to £6440 in 2023.

The charity also provided direct services to people (and their families) suffering from mental illness on a day-to-day basis at their charity shop. This assistance includes, personal counselling, along with donations of clothes, furniture and other goods.

The charity produced an excess of £16,386 for the year ended 31st December 2023, part of this surplus will be used in 2024 to continue and expand the direct services to people (and their families) suffering from mental illness and its effects.

We hope the charity can grow in 2024, so that we can provide even more help to those suffering due to mental illness.

Yours faithfully,



Mandy McDermott

Trustee

12-18 Dunstall Street
Scunthorpe, DN15 6LD
Registered Charity No. 1165116