

## HELP THE MENTAL HEALTH CHARITY

Charity Commission  
Redgrave Court  
Merton Road  
Merseyside  
L20 7HS

Our Ref BC/BP

21<sup>st</sup> August 2023

Dear Sirs,

Re: Trustee's Report – Year ended 31<sup>st</sup> December 2022

Even with the financial crisis, donations rose from £52,178 in 2021 to £55,054 in 2022 however with the reduction in grant assistance the local council total income dropped slightly but the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness rose slightly from £5,410 in 2021 to £5,930 in 2022.

The charity also provided direct services to people ( and their families) suffering from mental illness on a day to day basis at their charity shop. The assistance includes, personal counseling, along with donations of clothes, furniture and other goods.

The charity produced an excess of £8,376 for the year ended 31<sup>st</sup> December 2022 part of this surplus will be used in 2023 to continue and expand the direct services to people ( and their families) suffering from mental illness and its effects.

We hope the charity can grow in 2023 so that we can provide even more help to those suffering due to mental illness.

Yours sincerely,



Mandy McDermott

Trustee

12-18 Dunstall Street  
Scunthorpe, DN15 6LD  
Registered Charity No. 1165116

**HELP - The Mental Health Charity**

**Income and Expenditure Account for the year ended 31st December 2022**

<b><u>2021</u></b>			<b><u>2022</u></b>
	<b><u>Income</u></b>		
52178	Sales		55054.92
692	Donations & sundries		1910.00
26907	COVID Grants		0.00
<u>79777</u>	<b>Total Receipts</b>		<u>56964.92</u>
	<b><u>Less - Expenditure</u></b>		
22732	Rent & Rates	21965.73	
2095	Lighting & Heating	798.36	
1426	Post, Printing, Stationery & Adverts	1651.14	
331	Telephone	352.60	
0	Wages	6229.00	
4438	Motor Expenses	5101.78	
2532	Insurance	1060.50	
995	Equipment Hire	500.83	
1140	Professional Fees	650.50	
328	Repairs & Renewals	1658.04	
284	Sundry Expenses	0.00	
5410	Donations	5930.00	
<u>3344</u>	Depreciation	<u>2689.99</u>	
45055			48588.47
<u><u>£34,722</u></u>	<b><u>Excess of Income over Expenditure</u></b>		<u><u>£8,376.45</u></u>

**HELP - The Mental Health Charity**

**Balance Sheet as at the 31st December 2022**

<u>2021</u>				<u>2022</u>
		<b><u>Fixed Assets</u></b>		
	6410	Motor Vehicles	6410.00	
		Less - Depreciation	<u>1602.00</u>	4808.00
		Fixtures, Fittings & Equipment	3624.00	
		Additions	<u>189.00</u>	
	3624	Less - Depreciation	<u>3813.00</u>	
			953.00	2860.00
		Computer Equipment	538.99	
		Less - Depreciation	<u>134.99</u>	404.00
	<u>10034</u>			
		<b><u>Current Assets</u></b>		<u>8072.00</u>
	100	Cash in Hand	100.00	
	<u>92289</u>	Cash at bank	<u>102547.51</u>	102647.51
	92389			
	<u>102423</u>			
		<b><u>Total Assets</u></b>		<u>110719.51</u>
		<b><u>Less - Current Liabilities</u></b>		
	1235	Loans	1235.17	
	<u>680</u>	Sundry Creditors & Provisions	<u>600.00</u>	1835.17
	1915			
	<u>£100,508</u>	<b><u>Net Assets</u></b>		<u>£108,884.34</u>
		<b><u>Accumulated Fund</u></b>		
	65786	Balance Brought Forward		100507.89
	34722	Add - Excess of Income over Expenditure		8376.45
	<u>£100,508</u>	<b><u>Balance 31/12/22 carried forward</u></b>		<u>£108,884.34</u>

**To Glover & Co**

we accept these accounts and confirm that we have submitted to you all relevant records and information for there preparation.

**Signed**



Mandy McDermott

**HELP- The Mental Health Charity**

**Independent Examiners Report to the Trustees  
For The Year Ended 31<sup>st</sup> December 2022**

I report on the accounts of the charity for the year ended 31<sup>st</sup> December 2022 which are set out on pages 1 to 2.

Respective responsibilities of the Trustees and the Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts. You consider that the audit requirements of section 43(2) of the Charity's Act 1993 (the Act) do not apply. It is your responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to my attention.

Basis of Independent Examiners Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination including a review of the Accountancy records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in those accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiners Statement

In connection with our examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - (a) to keep accounting records in accordance with Section 41 of the Act, and
  - (b) to prepare accounts which accord with the accountancy records and to comply with the accountancy requirements of the Act have not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed .....

Date *21<sup>st</sup>* *AUGUST 2023*

Name ..... Barrie Campbell

Relevant Professional Body ..... Institute of Chartered Accountants of England and Wales

Address ..... 48 Oswald Road, Scunthorpe, DN15 7PQ