

HELP - The Mental Health Charity

Income and Expenditure Account for the year ended 31st December 2021

<u>2020</u>			<u>2021</u>
	<u>Income</u>		
42014	Sales		52177.57
3806	Donations & sundries		692.00
38566	Covid Grants		26907.00
<u>84386</u>	Total Receipts		<u>79776.57</u>
	<u>Less - Expenditure</u>		
22245	Rent & Rates	22731.98	
2216	Lighting & Heating	2095.30	
2025	Post, Printing, Stationery & Adverts	1425.97	
0	Telephone	330.73	
2129	Delivery Costs	0.00	
1222	Motor Expenses	4438.07	
1333	Insurance	2532.28	
0	Equipment Hire	995.00	
892	Professional Fees	1140.00	
9416	Repairs & Renewals	327.60	
604	Sundry Expenses	284.27	
105	Bank Charges	0.00	
6552	Donations	5409.79	
4405	Depreciation	3343.99	
<u>53144</u>			<u>45054.98</u>
<u><u>£31,242</u></u>	Excess of Income over Expenditure		<u><u>£34,721.59</u></u>

HELP - The Mental Health Charity

Balance Sheet as at the 31st December 2021

<u>2020</u>				<u>2021</u>
		<u>Fixed Assets</u>		
	8546	Motor Vehicles	8546.00	
		Less - Depreciation	<u>2136.00</u>	6410.00
		Fixture, Fittings & Equipment	4672.00	
		Additions	<u>159.99</u>	
	<u>4672</u>	Less - Depreciation	<u>4831.99</u>	
	13218		1207.99	<u>3624.00</u>
				10034.00
		<u>Current Assets</u>		
	100	Cash in Hand	100.00	
<u>54383</u>	54483	Cash at bank	<u>92289.06</u>	92389.06
	<u>67701</u>			
		<u>Total Assets</u>		<u>102423.06</u>
		<u>Less - Current Liabilities</u>		
	1235	Loans	1235.17	
<u>680</u>	1915	Sundry Creditors & Provisions	<u>680.00</u>	1915.17
	<u>£65,786</u>	<u>Net Assets</u>		<u>£100,507.89</u>
		<u>Accumulated Fund</u>		
	34544	Balance Brought Forward		65786.30
	31242	Add - Excess of Income over Expenditure		34721.59
	<u>£65,786</u>	<u>Balance 31/12/21 carried forward</u>		<u>£100,507.89</u>

To Glover & Co

We accept these accounts and confirm that we have submitted to you all the relevant records and information for there preparation.

Signed:



Mandy McDermott

Date:

20-9-22

Help The Mental Health Charity
Independent Examiners Report to the Trustees
For the Year Ended 31st December 2021

I report on the accounts of the charity for the year ended 31st December 2021 which are set out on pages 1 to 2.

Respective responsibilities of the Trustees and the Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts. You consider that the audit requirements of section 43(2) of the Charity's Act 1993 (the Act) do not apply. It is my responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to my attention.

Basis of Independent Examiners Report

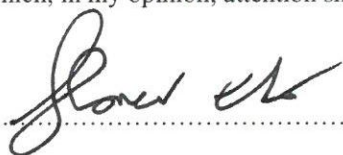
My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination including a review of the Accountancy records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in those accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiners Statement

In connection with our examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- (a) to keep accounting records in accordance with Section 41 of the Act, and
 - (b) to prepare accounts which accord with the accountancy records and to comply with the accountancy requirements of the Act have not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date 11/10/2022

Name

Glover & Co

Relevant Professional Body

Institute of Chartered Accountants of England and Wales

Address

48 Oswald Road, Scunthorpe, DN15 7PQ

HELP The Mental Health Charity

Charity Commission
Redgrave Court
Merton Road
Merseyside
L20 7HS

29th September 2022

Dear Sirs

Re Trustees Report – Year Ended 31st December 2021

With the easing of COVID donations rose from £45,820 in 2020 to £52,870 in 2021, however with the reduction in grant assistance from the local council total income dropped slightly, so the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness fell slightly from £6,552 in 2020 to £5,910 in 2021.

The charity also provided direct services to people (and their families) suffering from mental illness on a day-to-day basis at their charity shop. This assistance includes, personal counselling, along with donations of clothes, furniture and other goods.

The charity produced an excess of £34,722 for the year ended 31st December 2021, part of this surplus will be used in 2021 to continue and expand the direct services to people (and their families) suffering from mental illness and its effects.

We hope the charity can grow in 2022, so that we can provide even more help to those suffering due to mental illness.

Yours faithfully,



Mandy McDermott

Trustee

HELP Us To HELP Others

HELP

58 Mary Street, Scunthorpe, North Lincolnshire, DN15 6LB. Tel: 07706 239 713
Registered Charity No. 1165116