

HELP - The Mental Health Charity

Income and Expenditure Account for the year ended 31st December 2020

<u>2019</u>		<u>2020</u>
	<u>Income</u>	
48176	Sales	42014.10
150	Donations & sundries	3806.15
0	Covid Grants	38566.40
<u>48326</u>	Total Receipts	<u>84386.65</u>
	<u>Less - Expenditure</u>	
19533	Rent & Rates	22245.49
1458	Lighting & Heating	2215.65
304	Post, Printing, Stationery & Adverts	2024.86
0	Delivery Costs	2129.55
0	Motor Expenses	1222.13
556	Insurance	1333.43
216	Professional Fees	892.00
1402	Repairs & Renewals	9415.87
10	Sundry Expenses	603.70
0	Bank Charges	105.00
5122	Donations	6551.82
279	Depreciation	4404.77
<u>28880</u>		<u>53144.27</u>
<u><u>£19,446</u></u>	<u>Excess of Income over Expenditure</u>	<u><u>£31,242.38</u></u>

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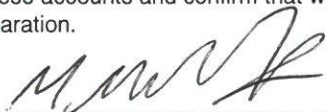
Balance Sheet as at the 31st December 2020

<u>2019</u>				<u>2020</u>
		<u>Fixed Assets</u>		
	0	Motor Vehicles - Cost	11394.00	
		Less - Depreciation	<u>2848.00</u>	8546.00
	0	Fixtures, Fittings & Equipment - Cost	6228.77	
		Less - Depreciation	<u>1556.77</u>	4672.00
	<u>0</u>			<u>13218.00</u>
		<u>Current Assets</u>		
100		Cash in Hand	100.00	
<u>35159</u>	35259	Cash at bank	<u>54383.47</u>	54483.47
	<u>35259</u>	<u>Total Assets</u>		<u>67701.47</u>
		<u>Less - Current Liabilities</u>		
35		Loans	1235.17	
<u>680</u>	715	Sundry Creditors & Provisions	<u>680.00</u>	1915.17
	<u><u>£34,544</u></u>	<u>Net Assets</u>		<u><u>£65,786.30</u></u>
		<u>Accumulated Fund</u>		
9051		Balance Brought Forward		34543.92
6047		Add - Excess of Income over Expenditure		31242.38
	<u><u>£15,098</u></u>	<u>Balance 31/12/20 carried forward</u>		<u><u>£65,786.30</u></u>

To Glover & CO

We accept these accounts and confirm that we have submitted to you all relevant records and information for their preparation.

Signed



Mandy McDermott

03/06/2021

Help - The Mental Health Charity

Independent Examiners Report to the Trustees
For the Year Ended 31st December 2020

We report on the accounts of the charity for the year ended 31st December 2020 which are set out on pages 1 to 2.

Respective responsibilities of the Trustees and the Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts. You consider that the audit requirements of section 43(2) of the Charity's Act 1993 (the Act) do not apply. It is our responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiners Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination including a review of the Accountancy records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in those accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently we do not express an audit opinion on the view given by the accounts.

Independent Examiners Statement

In connection with our examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that in any material respect the requirements:
 - (a) to keep accounting records in accordance with Section 41 of the Act, and
 - (b) to prepare accounts which accord with the accountancy records and to comply with the accountancy
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed 

Date 03/06/2021

Name Glover & Co

Relevant Professional Body Institute of Chartered Accountants of England and Wales

Address 48 Oswald Road, Scunthorpe, DN15 7PQ

HELP The Mental Health Charity

Charity Commission
Redgrave Court
Merton Road
Merseyside
L20 7HS

28th September 2021

Dear Sirs,

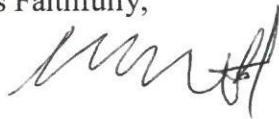
Re: Trustees Report – Year ended 31st December 2020

Due to COVID we were not quite able to match last years income from donations, but with the grant assistance from the local council we managed to increase the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness from £5,122 in 2019 to £6,552 in 2020.

The charity also provided direct services to people (and their families) suffering from mental illness on a day to day basis at their charity shops. This assistance included, personal counseling, advice, donations of clothes, furniture and other goods.

The charity produced an excess of £31,242 for the year ended 31st December 2020. part of this surplus will be used in 2021 to continue the direct services to people (and their families) suffering from mental illness. It is hoped the charity can grow in 2021 to provide even more help to those suffering from mental illness.

Yours Faithfully,



Mandy McDermott

Trustee

HELP Us To HELP Others