

# HELP THE MENTAL HEALTH CHARITY

England & Wales · Charity number 1165116

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2016-01-11

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 12-18 Dunstall Street  
Scunthorpe  
DN15 6LF

**Phone** 07415115306

**Email** [mandyjanemcdermott@gmail.com](mailto:mandyjanemcdermott@gmail.com)

**Website** <https://helpmentalhealthcharity.co.uk/>

## Activities

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**Objects:** TO PROMOTE THE PRESERVATION OF MENTAL HEALTH IN THE UK. TO PROVIDE ADVICE, SUPPORT AND DONATIONS TO CARERS AND FAMILIES WHO HAVE FAMILY MEMBERS SUFFERING FROM A MENTAL DISORDER, OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS. TO PROVIDE DONATIONS TO ORGANISATIONS WHO ARE WORKING IN THE MENTAL HEALTH SECTOR.

**Activities:** We operate a charity shop at 12-18 Dunstall Street, Scunthorpe, where we sell donated items to the general public. As well as operating as a retail shop, the premises are used to support service users, who use the shop as a drop in centre, we provide drinks, advice and support. We make donations to help people and organisations who suffer with or work in mental health.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities

## Geography

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- Doncaster
- East Riding Of Yorkshire
- Lincolnshire
- North East Lincolnshire
- North Lincolnshire

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31	£61,113	£52,021	-	-
2023-12-31	£53,714	£37,327	-	-
2022-12-31	£56,965	£48,588	-	-
2021-12-31	£79,777	£45,055	-	-
2020-12-31	£84,387	£53,144	-	-

## Trustees

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Name	Role	Appointed
MANDY JANE MCDERMOTT	Chair	2016-01-11
MICHAEL TYMA		2016-01-11

**HELP THE MENTAL HEALTH CHARITY**

England & Wales - Charity number 1165116

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# Accounts

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HELP THE MENTAL HEALTH CHARITY

Charity Commission  
Redgrave Court  
Merton Road  
Merseyside  
L20 7HS

30<sup>th</sup> May 2025

Dear Sirs

**Re Trustees Report – Year Ended 31<sup>st</sup> December 2024**

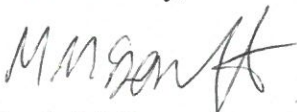
Sales and Donations rose from £53,714 in 2023 to £61,113 in 2024, the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness increased from £6,440 in 2023 to £6,894 in 2024.

The charity also provided direct services to people (and their families) suffering from mental illness on a day-to-day basis at their charity shop. This assistance includes, personal counselling, along with donations of clothes, furniture and other goods.

The charity produced an excess of £9,092 for the year ended 31<sup>st</sup> December 2024, part of this surplus will be used in 2024 to continue and expand the direct services to people (and their families) suffering from mental illness and its effects.

To hope the charity to grow in 2025, we are looking to open up a second shop, so that we can provide even more help to those suffering due to mental illness.

Yours faithfully,



Mandy McDermott

Trustee

12-18 Dunstall Street  
Scunthorpe, DN15 6LD  
Registered Charity No. 1165116

**HELP - The Mental Health Charity**

**Income and Expenditure Account for the year ended 31st December 2024**

<b><u>2023</u></b>		<b><u>2024</u></b>
	<b><u>Income</u></b>	
53714	Sales	58206.00
	Donations & sundries	2907.47
53714	<b>Total Receipts</b>	61113.47
	<b><u>Less - Expenditure</u></b>	
17607	Rent & Rates	21744.52
1099	Lighting & Heating	1145.31
1366	Post, Printing, Stationery & Adverts	2080.67
474	Telephone	315.93
4226	Motor Expenses	10397.26
2967	Insurance	1458.55
354	Equipment Hire	1080.00
332	Professional Fees	756.00
444	Repairs & Renewals	414.03
6440	Donations	6894.16
2018	Depreciation	5734.99
37327		52021.42
£16,387	<b><u>Excess of Income over Expenditure</u></b>	£9,092.05

**HELP - The Mental Health Charity**

**Balance Sheet as at the 31st December 2024**

<u>2023</u>			<u>2024</u>	
		<b><u>Fixed Assets</u></b>		
		Motor Vehicles	3606.00	
		Additions	<u>16599.00</u>	
			20205.00	
	3606	Less - Depreciation	<u>5051.00</u>	15154.00
		Fixtures, Fittings & Equipment	2145.00	
		Additions	<u>284.99</u>	
			2429.99	
	2145	Less - Depreciation	607.99	1822.00
		Computer Equipment	303.00	
	303	Less - Depreciation	<u>76.00</u>	227.00
	<u>6054</u>			<u>17203.00</u>
		<b><u>Current Assets</u></b>		
	100	Cash in Hand	100.00	
	<u>120852</u>	Cash at bank	<u>188795.27</u>	118895.27
	<u>127006</u>			
		<b><u>Total Assets</u></b>		<u>136098.27</u>
		<b><u>Less - Current Liabilities</u></b>		
	1235	Loans	1235.17	
	<u>500</u>	Sundry Creditors & Provisions	<u>500.00</u>	1735.17
		<b><u>Net Assets</u></b>		<u><u>£134,363.10</u></u>
		<b><u>Accumulated Fund</u></b>		
	108884	Balance Brought Forward		125271.05
	16387	Add - Excess of Income over Expenditure		9092.05
	<u>£125,271</u>	<b><u>Balance 31/12/24 carried forward</u></b>		<u><u>£134,363.10</u></u>

**To Glover & Co**

we accept these accounts and confirm that we have submitted to you all relevant records and information for there preperation.

Signed 

Mandy McDermott

**HELP THE MENTAL HEALTH CHARITY**

England & Wales - Charity number 1165116

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# Accounts

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Financial Statements For The Year Ended 31 December 2023

for

HELP THE MENTAL HEALTH CHARITY

*Claver  
& co*

CHARTERED ACCOUNTANTS

HELP - The Mental Health Charity

Income and Expenditure Account for the year ended 31st December 2023

<u>2022</u>		<u>2023</u>
	<b><u>Income</u></b>	
55055	Sales	53714.00
1910	Donations & sundries	0.00
<hr/>		<hr/>
56965	<b>Total Receipts</b>	53714.00
	<b><u>Less - Expenditure</u></b>	
21966	Rent & Rates	17606.68
798	Lighting & Heating	1099.25
1651	Post, Printing, Stationery & Adverts	1366.32
353	Telephone	473.74
6229	Wages	0.00
5102	Motor Expenses	4226.51
1060	Insurance	2966.91
501	Equipment Hire	354.00
651	Professional Fees	332.00
1658	Repairs & Renewals	444.03
5930	Donations	6439.85
<hr/>	Depreciation	<hr/>
2690		2018.00
48589		37327.29
<hr/>		<hr/>
<u>£8,376</u>	<b><u>Excess of Income over Expenditure</u></b>	<u>£16,386.71</u>

**HELP - The Mental Health Charity**

**Balance Sheet as at the 31st December 2023**

<u>2022</u>			<u>2023</u>
		<b><u>Fixed Assets</u></b>	
	4808	Motor Vehicles	4808.00
		Less - Depreciation	<u>1202.00</u>
			3606.00
		Fixtures, Fittings & Equipment	2860.00
			<u>                    </u>
	2860	Less - Depreciation	715.00
			2145.00
		Computer Equipment	404.00
	404	Less - Depreciation	<u>101.00</u>
			303.00
	8072		<u>                    </u>
		<b><u>Current Assets</u></b>	6054.00
	100	Cash in Hand	100.00
<u>102547</u>	102647	Cash at bank	<u>120852.22</u>
			120952.22
	<u>110719</u>	<b><u>Total Assets</u></b>	<u>                    </u>
			127006.22
		<b><u>Less - Current Liabilities</u></b>	
	1235	Loans	1235.17
<u>600</u>	1835	Sundry Creditors & Provisions	<u>500.00</u>
			1735.17
	<u>£108,884</u>	<b><u>Net Assets</u></b>	<u>                    </u>
			£125,271.05
		<b><u>Accumulated Fund</u></b>	
	100508	Balance Brought Forward	108884.34
	8376	Add - Excess of Income over Expenditure	16386.71
	<u>£108,884</u>	<b><u>Balance 31/12/23 carried forward</u></b>	<u>                    </u>
			£125,271.05

**HELP- The Mental Health Charity**

**Independent Examiners Report to the Trustees  
For The Year Ended 31<sup>st</sup> December 2023**

I report on the accounts of the charity for the year ended 31<sup>st</sup> December 2023 which are set out on pages 1 to 2.

Respective responsibilities of the Trustees and the Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts. You consider that the audit requirements of section 43(2) of the Charity's Act 1993 (the Act) do not apply. It is my responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to my attention.

Basis of Independent Examiners Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination including a review of the Accountancy records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in those accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiners Statement

In connection with our examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - (a) to keep accounting records in accordance with Section 41 of the Act, and
  - (b) to prepare accounts which accord with the accountancy records and to comply with the accountancy requirements of the Act have not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed .....



Date 29/08/2024 .....

Name Barrie Campbell

Relevant Professional Body Institute of Chartered Accountants of England and Wales

Address 48 Oswald Road, Scunthorpe, DN15 7PQ

HELP THE MENTAL HEALTH CHARITY

Charity Commission  
Redgrave Court  
Merton Road  
Merseyside  
L20 7HS

2<sup>nd</sup> September 2024

Dear Sirs

**Re Trustees Report – Year Ended 31<sup>st</sup> December 2023**

With the easing of COVID donations fell from £55,055 in 2022 to £53,714 in 2023, the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness increased from £5,930 in 2022 to £6440 in 2023.

The charity also provided direct services to people (and their families) suffering from mental illness on a day-to-day basis at their charity shop. This assistance includes, personal counselling, along with donations of clothes, furniture and other goods.

The charity produced an excess of £16,386 for the year ended 31<sup>st</sup> December 2023, part of this surplus will be used in 2024 to continue and expand the direct services to people (and their families) suffering from mental illness and its effects.

We hope the charity can grow in 2024, so that we can provide even more help to those suffering due to mental illness.

Yours faithfully,



Mandy McDermott

Trustee

12-18 Dunstall Street  
Scunthorpe, DN15 6LD  
Registered Charity No. 1165116

**HELP THE MENTAL HEALTH CHARITY**

England & Wales - Charity number 1165116

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# Accounts

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HELP THE MENTAL HEALTH CHARITY

Charity Commission  
Redgrave Court  
Merton Road  
Merseyside  
L20 7HS

Our Ref BC/BP

21<sup>st</sup> August 2023

Dear Sirs,

Re: Trustee's Report – Year ended 31<sup>st</sup> December 2022

Even with the financial crisis, donations rose from £52,178 in 2021 to £55,054 in 2022 however with the reduction in grant assistance the local council total income dropped slightly but the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness rose slightly from £5,410 in 2021 to £5930 in 2022.

The charity also provided direct services to people ( and their families) suffering from mental illness on a day to day basis at their charity shop. The assistance includes, personal counseling, along with donations of clothes, furniture and other goods.

The charity produced an excess of £8,376 for the year ended 31<sup>st</sup> December 2022 part of this surplus will be used in 2023 to continue and expand the direct services to people ( and their families) suffering from mental illness and its effects.

We hope the charity can grow in 2023 so that we can provide even more help to those suffering due to mental illness.

Yours sincerely,



Mandy McDermott

Trustee

12-18 Dunstall Street  
Scunthorpe, DN15 6LD  
Registered Charity No. 1165116

**HELP - The Mental Health Charity**

**Income and Expenditure Account for the year ended 31st December 2022**

<u>2021</u>		<u>2022</u>
	<b><u>Income</u></b>	
52178	Sales	55054.92
692	Donations & sundries	1910.00
26907	COVID Grants	0.00
<hr/>		<hr/>
79777	<b>Total Receipts</b>	56964.92
	<b><u>Less - Expenditure</u></b>	
22732	Rent & Rates	21965.73
2095	Lighting & Heating	798.36
1426	Post, Printing, Stationery & Adverts	1651.14
331	Telephone	352.60
0	Wages	6229.00
4438	Motor Expenses	5101.78
2532	Insurance	1060.50
995	Equipment Hire	500.83
1140	Professional Fees	650.50
328	Repairs & Renewals	1658.04
284	Sundry Expenses	0.00
5410	Donations	5930.00
3344	Depreciation	2689.99
<hr/>		<hr/>
45055		48588.47
<hr/>		<hr/>
<u>£34,722</u>	<b><u>Excess of Income over Expenditure</u></b>	<u>£8,376.45</u>

**HELP - The Mental Health Charity**

**Balance Sheet as at the 31st December 2022**

<u>2021</u>				<u>2022</u>
		<b>Fixed Assets</b>		
	6410	Motor Vehicles	6410.00	
		Less - Depreciation	<u>1602.00</u>	4808.00
		Fixtures, Fittings & Equipment	3624.00	
		Additions	<u>189.00</u>	
	3624	Less - Depreciation	3813.00	
			<u>953.00</u>	2860.00
		Computer Equipment	538.99	
		Less - Depreciation	<u>134.99</u>	404.00
	<u>10034</u>			
		<b>Current Assets</b>		<u>8072.00</u>
	100	Cash in Hand	100.00	
	<u>92289</u>	Cash at bank	<u>102547.51</u>	102647.51
	92389			
	<u>102423</u>			
		<b>Total Assets</b>		<u>110719.51</u>
		<b>Less - Current Liabilities</b>		
	1235	Loans	1235.17	
	<u>680</u>	Sundry Creditors & Provisions	<u>600.00</u>	1835.17
	1915			
	<u>£100,508</u>	<b>Net Assets</b>		<u>£108,884.34</u>
		<b>Accumulated Fund</b>		
	65786	Balance Brought Forward		100507.89
	34722	Add - Excess of Income over Expenditure		8376.45
	<u>£100,508</u>	<b>Balance 31/12/22 carried forward</b>		<u>£108,884.34</u>

**To Glover & Co**

we accept these accounts and confirm that we have submitted to you all relevant records and information for their preparation.

Signed



Mandy McDermott

**HELP- The Mental Health Charity**

**Independent Examiners Report to the Trustees  
For The Year Ended 31<sup>st</sup> December 2022**

I report on the accounts of the charity for the year ended 31<sup>st</sup> December 2022 which are set out on pages 1 to 2.

Respective responsibilities of the Trustees and the Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts. You consider that the audit requirements of section 43(2) of the Charity's Act 1993 (the Act) do not apply. It is my responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to my attention.

Basis of Independent Examiners Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination including a review of the Accountancy records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in those accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiners Statement

In connection with our examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- (a) to keep accounting records in accordance with Section 41 of the Act, and
  - (b) to prepare accounts which accord with the accountancy records and to comply with the accountancy requirements of the Act have not been met , or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed .....



Date <sup>21<sup>st</sup></sup> AUGUST 2023

Name Barrie Campbell

Relevant Professional Body Institute of Chartered Accountants of England and Wales

Address 48 Oswald Road, Scunthorpe, DN15 7PQ

**HELP THE MENTAL HEALTH CHARITY**

England & Wales - Charity number 1165116

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# Accounts

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**HELP - The Mental Health Charity**

**Income and Expenditure Account for the year ended 31st December 2021**

<b><u>2020</u></b>		<b><u>2021</u></b>
	<b><u>Income</u></b>	
42014	Sales	52177.57
3806	Donations & sundries	692.00
38566	Covid Grants	26907.00
84386	<b>Total Receipts</b>	79776.57
	<b><u>Less - Expenditure</u></b>	
22245	Rent & Rates	22731.98
2216	Lighting & Heating	2095.30
2025	Post, Printing, Stationery & Adverts	1425.97
0	Telephone	330.73
2129	Delivery Costs	0.00
1222	Motor Expenses	4438.07
1333	Insurance	2532.28
0	Equipment Hire	995.00
892	Professional Fees	1140.00
9416	Repairs & Renewals	327.60
604	Sundry Expenses	284.27
105	Bank Charges	0.00
6552	Donations	5409.79
4405	Depreciation	3343.99
53144		45054.98
<u>£31,242</u>	<b><u>Excess of Income over Expenditure</u></b>	<u>£34,721.59</u>

**HELP - The Mental Health Charity**

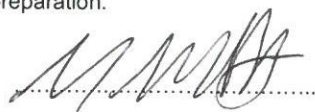
**Balance Sheet as at the 31st December 2021**

<u>2020</u>			<u>2021</u>
		<b><u>Fixed Assets</u></b>	
8546		Motor Vehicles	8546.00
		Less - Depreciation	<u>2136.00</u>
			6410.00
		Fixture, Fittings & Equipment	4672.00
		Additions	<u>159.99</u>
			4831.99
<u>4672</u>		Less - Depreciation	<u>1207.99</u>
13218			3624.00
			<u>10034.00</u>
		<b><u>Current Assets</u></b>	
100		Cash in Hand	100.00
<u>54383</u>	54483	Cash at bank	<u>92289.06</u>
			92389.06
	<u>67701</u>	<b><u>Total Assets</u></b>	<u>102423.06</u>
		<b><u>Less - Current Liabilities</u></b>	
1235		Loans	1235.17
<u>680</u>	1915	Sundry Creditors & Provisions	<u>680.00</u>
			1915.17
	<u>£65,786</u>	<b><u>Net Assets</u></b>	<u>£100,507.89</u>
		<b><u>Accumulated Fund</u></b>	
34544		Balance Brought Forward	65786.30
31242		Add - Excess of Income over Expenditure	34721.59
<u>£65,786</u>		<b><u>Balance 31/12/21 carried forward</u></b>	<u>£100,507.89</u>

To Glover & Co

We accept these accounts and confirm that we have submitted to you all the relevant records and information for there preparation.

Signed:



Mandy McDermott

Date:

20-9-22

**Help The Mental Health Charity**

**Independent Examiners Report to the Trustees  
For the Year Ended 31<sup>st</sup> December 2021**

I report on the accounts of the charity for the year ended 31<sup>st</sup> December 2021 which are set out on pages 1 to 2.

Respective responsibilities of the Trustees and the Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts. You consider that the audit requirements of section 43(2) of the Charity's Act 1993 (the Act) do not apply. It is my responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to my attention.

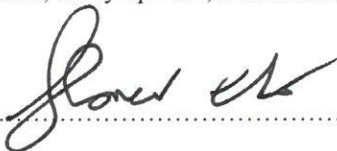
Basis of Independent Examiners Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination including a review of the Accountancy records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in those accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiners Statement

In connection with our examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- (a) to keep accounting records in accordance with Section 41 of the Act, and
  - (b) to prepare accounts which accord with the accountancy records and to comply with the accountancy requirements of the Act have not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed  .....

Date 11/10/2022 .....

Name Glover & Co

Relevant Professional Body Institute of Chartered Accountants of England and Wales

Address 48 Oswald Road, Scunthorpe, DN15 7PQ

Charity Commission  
Redgrave Court  
Merton Road  
Merseyside  
L20 7HS

29<sup>th</sup> September 2022

Dear Sirs

## Re Trustees Report – Year Ended 31<sup>st</sup> December 2021

With the easing of COVID donations rose from £45,820 in 2020 to £52,870 in 2021, however with the reduction in grant assistance from the local council total income dropped slightly, so the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness fell slightly from £6,552 in 2020 to £5,910 in 2021.

The charity also provided direct services to people (and their families) suffering from mental illness on a day-to-day basis at their charity shop. This assistance includes, personal counselling, along with donations of clothes, furniture and other goods.

The charity produced an excess of £34,722 for the year ended 31<sup>st</sup> December 2021, part of this surplus will be used in 2021 to continue and expand the direct services to people (and their families) suffering from mental illness and its effects.

We hope the charity can grow in 2022, so that we can provide even more help to those suffering due to mental illness.

Yours faithfully,



Mandy McDermott

Trustee

## HELP Us To HELP Others

**HELP THE MENTAL HEALTH CHARITY**

England & Wales - Charity number 1165116

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# Accounts

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HELP - The Mental Health Charity

Income and Expenditure Account for the year ended 31st December 2020

<u>2019</u>		<u>2020</u>
	<b><u>Income</u></b>	
48176	Sales	42014.10
150	Donations & sundries	3806.15
0	Covid Grants	38566.40
<u>48326</u>	<b>Total Receipts</b>	<u>84386.65</u>
	<b><u>Less - Expenditure</u></b>	
19533	Rent & Rates	22245.49
1458	Lighting & Heating	2215.65
304	Post, Printing, Stationery & Adverts	2024.86
0	Delivery Costs	2129.55
0	Motor Expenses	1222.13
556	Insurance	1333.43
216	Professional Fees	892.00
1402	Repairs & Renewals	9415.87
10	Sundry Expenses	603.70
0	Bank Charges	105.00
5122	Donations	6551.82
279	Depreciation	4404.77
<u>28880</u>		<u>53144.27</u>
<u><u>£19,446</u></u>	<b><u>Excess of Income over Expenditure</u></b>	<u><u>£31,242.38</u></u>

**HELP - The Mental Health Charity**

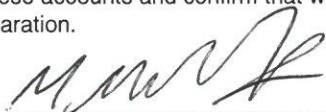
**Balance Sheet as at the 31st December 2020**

<u>2019</u>			<u>2020</u>
		<b><u>Fixed Assets</u></b>	
	0	Motor Vehicles - Cost	11394.00
		Less - Depreciation	<u>2848.00</u>
			8546.00
	0	Fixtures, Fittings & Equipment - Cost	6228.77
		Less - Depreciation	<u>1556.77</u>
			4672.00
	<u>0</u>		<u>13218.00</u>
		<b><u>Current Assets</u></b>	
	100	Cash in Hand	100.00
	<u>35159</u>	Cash at bank	<u>54383.47</u>
			54483.47
	<u>35259</u>	<b><u>Total Assets</u></b>	<u>67701.47</u>
		<b><u>Less - Current Liabilities</u></b>	
	35	Loans	1235.17
	<u>680</u>	Sundry Creditors & Provisions	<u>680.00</u>
			1915.17
	<u>£34,544</u>	<b><u>Net Assets</u></b>	<u>£65,786.30</u>
		<b><u>Accumulated Fund</u></b>	
	9051	Balance Brought Forward	34543.92
	6047	Add - Excess of Income over Expenditure	31242.38
	<u>£15,098</u>	<b><u>Balance 31/12/20 carried forward</u></b>	<u>£65,786.30</u>

**To Glover & CO**

We accept these accounts and confirm that we have submitted to you all relevant records and information for their preparation.

Signed .....



03/06/2021

Mandy McDermott

**Help - The Mental Health Charity**

**Independent Examiners Report to the Trustees**  
**For the Year Ended 31st December 2020**

We report on the accounts of the charity for the year ended 31st December 2020 which are set out on pages 1 to 2.

Respective responsibilities of the Trustees and the Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts. You consider that the audit requirements of section 43(2) of the Charity's Act 1993 (the Act) do not apply. It is our responsibility to state on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiners Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination including a review of the Accountancy records kept by the charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in those accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently we do not express an audit opinion on the view given by the accounts.

Independent Examiners Statement

In connection with our examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that in any material respect the requirements:
  - (a) to keep accounting records in accordance with Section 41 of the Act, and
  - (b) to prepare accounts which accord with the accountancy records and to comply with the accountancy
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed  .....

Date 03/06/2021 .....

Name Glover & Co

Relevant Professional Body Institute of Chartered Accountants of England and Wales

Address 48 Oswald Road, Scunthorpe, DN15 7PQ

Charity Commission  
Redgrave Court  
Merton Road  
Merseyside  
L20 7HS

28<sup>th</sup> September 2021

Dear Sirs,

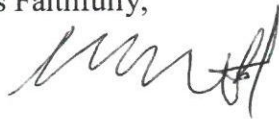
**Re: Trustees Report – Year ended 31<sup>st</sup> December 2020**

Due to COVID we were not quite able to match last years income from donations, but with the grant assistance from the local council we managed to increase the donations to other charities who provide services in the field of mental health and direct donations to people affected or suffering from mental illness from £5,122 in 2019 to £6,552 in 2020.

The charity also provided direct services to people (and their families) suffering from mental illness on a day to day basis at their charity shops. This assistance included, personal counseling, advice, donations of clothes, furniture and other goods.

The charity produced an excess of £31,242 for the year ended 31<sup>st</sup> December 2020. part of this surplus will be used in 2021 to continue the direct services to people (and their families) suffering from mental illness. It is hoped the charity can grow in 2021 to provide even more help to those suffering from mental illness.

Yours Faithfully,



Mandy McDermott

Trustee

**HELP Us To HELP Others**