

ACTIVE THERAPY FOUNDATION

England & Wales · Charity number 1165068

Details

Status Registered

Legal form Charitable company

Company number [09381572](#)

Registered 2016-01-06

Register [View on the Charity Commission register](#)

Contact

Address 31 Stone Mason Crescent
Ormskirk
L39 2BN

Phone 07773409924

Email dave@activetf.co.uk

Website www.activetherapyfoundation.co.uk

Activities

Objects: TO PROMOTE AND PROTECT THE GOOD HEALTH OF PERSONS SUFFERING FROM MENTAL AND / OR PHYSICAL DISABILITIES OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH DISABILITIES, BY THE PROVISION OF PHYSICAL THERAPY PROGRAMMES AND FACILITIES FOR RECREATION.

Activities: The ?Active Therapy Foundation? was formed to promote social inclusion, provide an innovative and dedicated coaching therapy programme and to make "Active therapy" available to all by promoting the skills of the members of the disabled community in such a way that they are better able to identify, and help meet their needs and to participate more fully in society.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£23,314	£26,597	-	-
2024-01-31	£59,625	£39,098	-	-
2023-01-31	£59,625	£39,098	-	-
2022-01-31	£16,012	£13,587	-	-
2021-01-31	£8,025	£8,589	-	-

Trustees

Name	Role	Appointed
MARC ROBERT HOWENS	Chair	2015-01-09
ANDREW GEORGE HARPER		2015-01-09
Beverley Anne Illidge		2022-07-10
CATHERINE SANDRA BRIOCHE		2015-01-09
DAVID THOMAS ROZZELL		2015-01-09
Dawn Tracy Rozzell-Howens		2025-11-01
HARRY SANDY BRIOCHE		2015-01-09
JILLIAN LOFTHOUSE		2015-01-09
Keith James White		2022-07-10
Ruth Brindle		2022-07-10

ACTIVE THERAPY FOUNDATION

England & Wales - Charity number 1165068

Accounts

Registered number: 09381572

Charity number: 1165068

Active Therapy Foundation

UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31/01/2023

Prepared By:

GT Accountants Limited
Unit 7, The Court House
72 Moorland Road, Burslem
Stoke on Trent
Staffs
ST6 1DY

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/01/2023**

TRUSTEES

David Rozzell
Catherine Brioche
Harry Brioche
Andrew Harper
Marc Howens
Jillian Lofthouse
Ruth Brindle
Keith White
Beverley Illidge

REGISTERED OFFICE

31 Stone Mason Crescent
Oakwood Park
Ormskirk
Lancashire
L39 2NB

COMPANY NUMBER

09381572

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ACCOUNTANTS

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**ACCOUNTS
FOR THE YEAR ENDED 31/01/2023**

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FOR THE YEAR ENDED 31/01/2023

TRUSTEES' REPORT

The trustees present their report and accounts for the year ended 31/01/2023

PRINCIPAL ACTIVITIES

The principal activity of the charity in the year under review was provision of physical therapy programmes to assist with integration into society for people with disabilities .

STRUCTURE GOVERNANCE AND MANAGEMENT

The charity is constituted as a company limited by guarantee and is governed by the Articles of Association of the company. The company has two Life trustees and up to nine elected trustees, one third of whom must retire annually at a Trustees Meeting called for that purpose. Eligible retiring trustees may be reappointed.

The report was prepared in accordance with the special provisions within Part 15 of the Companies Act 2006.

This report was approved by the Board of Trustees on 23/10/2023

David Rozzell
Trustee

**ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE UNAUDITED ACCOUNTS
OF ACTIVE THERAPY FOUNDATION , FOR THE YEAR ENDED 31/01/2023**

In order to assist you to fulfill your duties under the Companies Act 2006, we have prepared for your approval the accounts of Active Therapy Foundation for the year ended 31/01/2023 as set out on pages 5 to 10 from the company's accounting records and from information and explanations you have given us.

As a practising member of the Association of Chartered Certified Accountants , we are subject to its ethical and other professional requirements which are detailed on their website.

This report is made solely to the Board of Directors of Active Therapy Foundation , as a body, in accordance with the terms of our engagement letter dated 08/02/2019 . Our work has been undertaken solely to prepare for your approval the accounts of Active Therapy Foundation and state those matters that we have agreed to state to the Board of Directors of Active Therapy Foundation , as a body, in this report, in accordance with the requirements of the Association of Chartered Certified Accountants as detailed on their website. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Active Therapy Foundation and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Active Therapy Foundation has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profitability of Active Therapy Foundation . You consider that Active Therapy Foundation is exempt from the statutory audit requirement for the year .

We have not been instructed to carry out an audit or a review of the accounts of Active Therapy Foundation . For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

GT Accountants Limited
Unit 7, The Court House
72 Moorland Road, Burslem
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23/10/2023

Active Therapy Foundation

**Statement of Financial Activities
for the year ended 31/01/2023**

	Unrestricted funds	Restricted funds	2023 Total	2022 Total
	£	£	£	£
Income				
Income from generated funds				
Donations and legacies	-	7,000	7,000	-
Income from Investments	42	-	42	1
Income from charitable activities	20,144	32,439	52,583	16,011
Total Income and endowments	20,186	39,439	59,625	16,012
Expenses				
Costs of generating funds				
Expenditure on Raised funds	216	-	216	216
Expenditure on Charitable activities	16,412	22,470	38,882	13,371
Total Expenses	16,628	22,470	39,098	13,587
Net gains on investments				
Net Income	3,558	16,969	20,527	2,425
Gains/(losses) on revaluation of fixed assets				
Net movement in funds:				
Net income for the year	3,558	16,969	20,527	2,425
Total funds brought forward	2,050	-	2,050	(375)
Net funds carried forward	5,608	16,969	22,577	2,050

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

Active Therapy Foundation

BALANCE SHEET AT 31/01/2023

	Notes	2023 £	2022 £
CURRENT ASSETS			
Cash at bank and in hand		<u>23,477</u>	<u>3,370</u>
		23,477	3,370
CREDITORS: Amounts falling due within one year	3	<u>900</u>	<u>1,320</u>
NET CURRENT ASSETS		<u>22,577</u>	<u>2,050</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>22,577</u>	<u>2,050</u>
CAPITAL AND RESERVES			
Unrestricted funds	5		
General fund		-	(1,233)
Designated funds		5,608	(216)
Restricted funds	6	<u>16,969</u>	<u>3,499</u>
		<u>22,577</u>	<u>2,050</u>

For the year ending 31/01/2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board of trustees on 23/10/2023 and signed on their behalf by

David Rozzell
Trustee

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31/01/2023**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

1b. Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

1c. Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1d. Allocation And Apportionment Of Costs

All costs relate to the single activity of the charitable company and are recognised accordingly.

1e. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

1f. Turnover

Turnover represents the value of goods and services supplied by the company, net of value added tax and trade discounts.

2. EMPLOYEES

	2023	2022
	No.	No.
Average number of employees	-	1

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Other creditors	900	1,320
	<u>900</u>	<u>1,320</u>

4. LIMITED BY GUARANTEE

The company is limited by guarantee and does not have a share capital. Each member gives a guarantee to contribute a sum not exceeding £1, to the company should it be wound up. At 31/01/2023 there were 6 members.

5. UNRESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
	2,050	20,186	(16,628)	-	5,608
	<u>2,050</u>	<u>20,186</u>	<u>(16,628)</u>	<u>-</u>	<u>5,608</u>

6. RESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
Spartac fund	-	39,439	(22,470)	-	16,969
	<u>-</u>	<u>39,439</u>	<u>(22,470)</u>	<u>-</u>	<u>16,969</u>

Active Therapy Foundation

**Incoming Resources
for the year ended 31/01/2023**

	2023	2022
	£	£
Incoming resources		
Incoming resources from generated funds	<u>7,000</u>	<u>-</u>
Investment income		
Interest received	<u>42</u>	<u>1</u>
	42	1
	<u>42</u>	<u>1</u>
Charitable Activity		
Donations	4,477	5,527
Active therapy fees	15,667	10,484
Gymstrada fees	<u>32,439</u>	<u>-</u>
	52,583	16,011
	<u>52,583</u>	<u>16,011</u>
	<u>59,625</u>	<u>16,012</u>

Active Therapy Foundation

**Expenses
for the year ended 31/01/2023**

	2023	2022
	£	£
Expenses		
Costs of generating funds		
Fundraising Trading Costs		
Just giving fees	216	216
	<u>216</u>	<u>216</u>
	<u>216</u>	<u>216</u>
Charitable Activities		
Social Inclusion		
Active therapy fees	15,125	11,650
Gymstrada and Spatac activity costs	16,823	-
Travelling costs	5,647	-
Subscriptions	100	1,001
Sundry expenses	287	-
	<u>37,982</u>	<u>12,651</u>
	<u>37,982</u>	<u>12,651</u>
Governance Costs		
Accountancy	900	720
	<u>900</u>	<u>720</u>
	<u>39,098</u>	<u>13,587</u>
	<u>39,098</u>	<u>13,587</u>

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England & Wales - Charity number 1165068

Accounts

Registered number: 09381572

Charity number: 1165068

Active Therapy Foundation

UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31/01/2023

Prepared By:

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FOR THE YEAR ENDED 31/01/2023**

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This report was approved by the Board of Trustees on 23/10/2023

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It is your duty to ensure that Active Therapy Foundation has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profitability of Active Therapy Foundation . You consider that Active Therapy Foundation is exempt from the statutory audit requirement for the year .

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23/10/2023

Active Therapy Foundation

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for the year ended 31/01/2023**

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NET CURRENT ASSETS		<u>22,577</u>	<u>2,050</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>22,577</u>	<u>2,050</u>
CAPITAL AND RESERVES			
Unrestricted funds	5		
General fund		-	(1,233)
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Restricted funds	6	<u>16,969</u>	<u>3,499</u>
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David Rozzell
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**NOTES TO THE ACCOUNTS
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1f. Turnover

Turnover represents the value of goods and services supplied by the company, net of value added tax and trade discounts.

2. EMPLOYEES

	2023	2022
	No.	No.
Average number of employees	-	1

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
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	<u>900</u>	<u>1,320</u>

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	<u>2,050</u>	<u>20,186</u>	<u>(16,628)</u>	<u>-</u>	<u>5,608</u>

6. RESTRICTED FUNDS

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	<u>-</u>	<u>39,439</u>	<u>(22,470)</u>	<u>-</u>	<u>16,969</u>

Active Therapy Foundation

**Incoming Resources
for the year ended 31/01/2023**

	2023	2022
	£	£
Incoming resources		
Incoming resources from generated funds	<u>7,000</u>	<u>-</u>
Investment income		
Interest received	<u>42</u>	<u>1</u>
	42	1
	<u>42</u>	<u>1</u>
Charitable Activity		
Donations	4,477	5,527
Active therapy fees	15,667	10,484
Gymstrada fees	<u>32,439</u>	<u>-</u>
	52,583	16,011
	<u>52,583</u>	<u>16,011</u>
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Active Therapy Foundation

**Expenses
for the year ended 31/01/2023**

	2023	2022
	£	£
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