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REGISTERED CHARITY NUMBER: 1165049

**REPORT OF THE TRUSTEES AND**  
**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
**FOR**  
**INNER SOUTH WEST LONDON SAMARITANS**

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**INNER SOUTH WEST LONDON SAMARITANS**

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**FOR THE YEAR ENDED 31 MARCH 2024**

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**INNER SOUTH WEST LONDON SAMARITANS**

**ORGANISATIONAL INFORMATION**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**OFFICERS AND TRUSTEES**

M Pizzey	Branch Director
A Buckland	Secretary
R Binny FCA (elected 21 September 2023)	Treasurer
G Westmore FCA (retired 21 September 2023)	Treasurer
L C den Hartog	
T Longden	
N Scotts	
A Sharif	
P Murray (elected 21 September 2023)	
D McGuinness (elected 21 September 2023)	
H Lisle (elected 21 September 2023)	
S Peart (elected 21 September 2023)	
S Kam Cheong (retired 21 September 2023)	
S Labatt (retired 21 September 2023)	
A Partridge (retired 21 September 2023)	

**REGISTERED OFFICE:**

14 Princeton Court,  
53-55 Felsham Road,  
Putney  
London  
SW15 1AZ

**INDEPENDENT EXAMINER:**

Jonathan Askew FCA  
Hartley Fowler LLP  
Chartered Accountants  
4<sup>th</sup> Floor Tuition House  
27/37 St George's Road  
Wimbledon  
London  
SW19 4EU

**BANKERS:**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

## **INNER SOUTH WEST LONDON SAMARITANS**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2024**

The Trustees present their report with the financial statements of the Branch for the year ended 31 March 2024. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **STRUCTURE AND GOVERNANCE**

Inner South West London Samaritans ("the Charity") is a branch of the Samaritans and is constituted as a Charitable Incorporated Organisation (CIO), registered charity number 1165049 and is governed by its constitution dated 27 September 2016.

The trustees of the Charity are responsible for its general management. The trustees consult with all branch members as to who should be appointed as Branch Director for a period of three years. The Branch Director represents the branch at the twice yearly Samaritans Council of Management meeting and oversees all aspects of branch work in relation to the service it provides to callers.

The Trustees who served during the year are shown on page 1.

#### **PRINCIPAL ACTIVITIES AND ACHIEVEMENTS**

The objects of the Charity are:

1. To enable persons in South West London and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide;
2. To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
3. To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objects.

Samaritans offer emotional support to anyone in distress or despair, including those who may be thinking of ending their life. Support from our Inner South West London branch is currently given by around 190 volunteers who help our callers by giving each one a safe and confidential space to talk on the phone, by email or in person. We work with the other 200 Samaritan branches to ensure 24-hour availability of the service across the whole of the UK.

Our branch responded to over 24,000 contacts last year, in line with the prior year. The majority of our contacts are still by telephone but we are seeing an increase in webchat and we are still dealing with emails, notwithstanding a national initiative to move emails to a central hub. We continue to focus on increasing our volunteer numbers which will help us to offer more help to callers, particularly during the unsocial hours when demand for our services is at a peak.

Outreach activities continued during the year where we have both virtual and face to face presence at various community and school events to raise awareness and provide emotional support.

## **INNER SOUTH WEST LONDON SAMARITANS**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2024**

Fund-raising events continued during the year and our income from these activities rose by 58% over the previous year. Our most significant fund-raising events during the year were the London Marathon, London to Brighton Walk, Swim Serpentine, and the Walk Around the World Wilde 7. We are extremely grateful to all our supporters for their great efforts in raising money for us.

Donations remain a vital source of revenue for the branch. During the year we benefited from the receipt of significant legacies, and we continue to be particularly appreciative of those who donate regularly by standing order, as these donations represent our most predictable source of income.

Additionally this year we received two significant grants from The National Lottery and the Foyle Foundation which will help us continue our vital work supporting callers.

The Trustees have complied with the duty set out in Section 4 of the Charities Act 2011 to have paid due regard to the public benefit guidance published by the Charity Commission in planning their activities.

#### **FINANCIAL REVIEW AND RISK MANAGEMENT**

A summary of the financial position and income and expenditure for the year are given on pages 5 to 10.

The Trustees have considered the principal risks to which the organisation is exposed and have developed strategies to mitigate the effects of these where possible.

#### **RECRUITMENT AND APPOINTMENT OF TRUSTEES**

Trustees are elected by the members at the Annual General Meeting and up to two Trustees may be appointed by the existing Trustees in order to fill identified gaps in expertise on the Charity's Board of Trustees, although such Trustees are required to retire and seek re-election at the next AGM.

#### **FUNDRAISING ACTIVITIES**

Fundraising activities are monitored by the Trustees and the Charity does not employ professional fundraisers or other commercial participators to raise funds. The Charity is not bound by any voluntary scheme or standard for fundraising but seeks to ensure this is carried out in an ethical manner and in accordance with Charity Commission guidance. In particular the Charity seeks to protect vulnerable people and other members of the public from the following; unreasonable intrusion on privacy, unreasonably persistent approaches or placing undue pressure on a person to give money or other property. No complaints about its fundraising activities were received in the year.

#### **RESERVES POLICY**

The Charity seeks to maintain a level of reserves sufficient to allow it to maintain the infrastructure necessary for it to carry on its operations, to provide a buffer against variations in cash flow and to allow for such contingencies as might reasonably be expected to arise. A separate capital reserve was set up to reflect the cost of the freehold property and other fixed assets.

#### **PREMISES**

The freehold property allows the Branch to operate without having to pay commercial rents as well as representing a possible source of income for the future.

**INNER SOUTH WEST LONDON SAMARITANS**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**TRUSTEES' RESPONSIBILITY STATEMENT**

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the Trustees are required to:

- i. select suitable accounting policies and then apply them consistently;
- ii. observe the methods and principles in the Charity SORP;
- iii. make judgements and estimates that are reasonable and prudent;
- iv. state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- v. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**ON BEHALF OF THE TRUSTEES:**

.....  
M Pizzey – Branch Director

.....  
Date

**INNER SOUTH WEST LONDON SAMARITANS**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	2024	2023
	£	£
<b>INCOME</b>		
Income from events	51,607	32,733
Income from donations and legacies	31,253	21,397
Gift Aid recovered on donations	2,404	2,377
Grants received	17,500	0
Training fees received	0	950
	102,764	57,457
<b>Income from investments</b>		
Interest received	1,003	547
<b>Total incoming resources</b>	103,767	58,004
<b>EXPENDITURE</b>		
<b>Cost of generating funds</b>		
Fundraising expenses	5,613	5,822
<b>Charitable expenditure</b>		
Volunteer expenses	18,242	22,634
Property costs	6,795	11,565
Light, heat and water	4,493	3,203
Telephone and IT costs	5,415	4,829
Cleaning	4,103	3,235
Office and kitchen supplies	3,592	4,018
Insurance	1,391	1,300
Bank charges	180	192
Sundry expenses	428	283
	44,639	51,259
<b>Management and administration costs</b>		
Independent examiner's fees	1,320	1,248
Branch contribution payable to General Office	3,226	501
	4,546	1,749
<b>Total resources expended</b>	54,798	58,830
<b>Net income before depreciation and unrealised profit on investment</b>	48,969	(826)
Depreciation	21,593	21,593
Unrealised (profit)/loss on investment	(257)	4,267
<b>NET INCOME/(EXPENDITURE)</b>	27,633	(26,686)
<b>RECONCILIATION OF FUNDS</b>		
Reserves brought forward at 1 April	531,136	557,822
<b>Reserves carried forward at 31 March</b>	558,769	531,136



**INNER SOUTH WEST LONDON SAMARITANS**

**STATEMENT OF FINANCIAL POSITION**  
**31 MARCH 2024**

	Notes	2024 £	2023 £
<b>FIXED ASSETS</b>			
Tangible assets	4	454,811	476,404
<b>CURRENT ASSETS</b>			
Cash at bank		86,308	36,602
Investments		23,659	23,400
		109,967	60,002
<b>CREDITORS</b>			
Amounts falling due within one year	5	(6,009)	(5,270)
<b>NET CURRENT ASSETS</b>		103,958	54,732
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		558,769	531,136
		558,769	531,136
<b>RESERVES</b>			
<b>RESTRICTED</b>	6	6,667	-
<b>UNRESTRICTED</b>			
General reserves	6	97,291	54,732
Capital reserve	6	454,811	476,404
		558,769	531,136

Approved by the trustees on .....

and signed on their behalf by

.....  
M Pizzey – Branch Director

## **INNER SOUTH WEST LONDON SAMARITANS**

### **NOTES TO THE FINANCIAL STATEMENTS** **FOR THE YEAR ENDED 31 MARCH 2024**

#### **1. ACCOUNTING POLICIES**

##### **Accounting convention**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

##### **Incoming resources**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

##### **Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and this is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Management and administration costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiners fees and costs linked to the strategic management of the company.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life. Minor additions costing less than £1,000 are not capitalised.

Freehold land	- nil
Freehold property	- 1%
Improvements to property	- 20% on cost

##### **Investments**

Investments are initially recognised at their transaction value and subsequently measured at their market value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

**INNER SOUTH WEST LONDON SAMARITANS**  
**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**2. GRANTS RECEIVABLE**

Grants received from institutions in the year were as follows

Foyle Foundation	£7,500
National Lottery	£10,000

Both grants were awarded to allow for an increase in volunteer hours on overnight shifts.

**3. NET INCOMING RESOURCES**

These are stated after charging:

	2024	2023
	£	£
Independent examiner's fees (including VAT)	1,320	1,248

**4. TANGIBLE FIXED ASSETS**

	Freehold property £	Improvements to property £	Total £
<b>COST</b>			
At 1 April 2023	445,000	96,840	541,840
At 31 March 2024	445,000	96,840	541,840
<b>DEPRECIATION:</b>			
At 1 April 2023	26,700	38,736	65,436
Charge for the year	2,225	19,368	21,593
At 31 March 2024	28,925	58,104	87,029
<b>NET BOOK VALUE:</b>			
At 1 April 2023	418,300	58,104	476,404
At 31 March 2024	416,075	38,736	454,811

**5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Accrued expenses	2,783	3,183
Net Branch Contribution due to Samaritans Central Charity	3,226	2,087
	6,009	5,270

The notes form part of these financial statements

**INNER SOUTH WEST LONDON SAMARITANS**  
**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**6. RESERVES**

	Restricted	Unrestricted	Capital reserve	Total
	£	£	£	£
At 1 April 2023	-	54,732	476,404	531,136
Surplus/(deficit) for the year	6,667	18,855	-	27,633
Depreciation transfer	-	21,593	(21,593)	-
At 31 March 2024	6,667	95,180	454,811	558,769

The restricted reserve is in relation to the restricted grant income received in the year. Costs incurred in satisfaction of the purpose of the grant are allocated against the reserve as incurred.

The capital reserve is a designated reserve set up to reflect the funds tied up in fixed assets.

**7. REMUNERATION AND EXPENSES**

During the year, none of the Trustees were paid any remuneration or received any other benefits from an employment with the Charity or a related entity (2023: nil). No Trustees were paid any expenses during the year (2023: nil). There were no related party transactions with any Trustee during the year (2023: nil).

**8. LINKED CHARITY**

As part of a restructuring of the national Samaritans organisation, the assets, liabilities and activities of The Putney Samaritans ("the old Charity") were transferred on 1 April 2016 to a new Charitable Incorporated Organisation, Putney Samaritans, registered number 1165049 ("the new Charity") which was subsequently renamed as "The Inner South West London Samaritans". The old Charity became a dormant charity, called The Putney Samaritans, which is linked to the new charity and has a new registered number, 1165049-1.

The only activity of the old Charity is to collect donations made by standing orders which are regularly paid over to the new Charity. At 31 March 2024, the old Charity had assets of £207, represented by cash at bank.

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF INNER SOUTH WEST LONDON SAMARITANS

I report to the charity trustees on my examination of the accounts of the Inner South West London Samaritans (the Charity) for the year ended 31 March 2024.

### Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act;  
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

  
Jonathan Askew FCA  
ICAEW  
Hartley Fowler LLP  
Chartered Accountants  
4th Floor Tuition House  
27/37 St George's Road  
Wimbledon  
London  
SW19 4EU

Dated

9/9/24