

REGISTERED CHARITY NUMBER: 1165049

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
INNER SOUTH WEST LONDON SAMARITANS

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INNER SOUTH WEST LONDON SAMARITANS

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FOR THE YEAR ENDED 31 MARCH 2023

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INNER SOUTH WEST LONDON SAMARITANS

ORGANISATIONAL INFORMATION
FOR THE YEAR ENDED 31 MARCH 2023

OFFICERS AND TRUSTEES

M Pizzey (elected 22 September 2022)	Branch Director
A Buckland (elected 22 September 2022)	Secretary
G Westmore FCA (re-elected 22 September 2022)	Treasurer
L C den Hartog (appointed 23 September 2021)	
S Kam Cheong (re-elected 22 September 2022)	
S Labatt (elected 22 September 2022)	
T Longden (appointed 13 December 2022)	
A Partridge (elected 22 September 2022)	
N Scotts (appointed 22 September 2022)	
A Sharif (elected 22 September 2022)	
M Church (elected 22 September 2022 – resigned 13 December 2022)	
A Lilley (retired 22 September 2022)	
P Clemett (retired 22 September 2022)	
C Black (retired 22 September 2022)	
P Kiernan (retired 22 September 2022)	
A Illsley (retired 22 September 2022)	
K Newman (retired 22 September 2022)	
S Ibeto (retired 22 September 2022)	

REGISTERED OFFICE:

14 Princeton Court,
53-55 Felsham Road,
Putney
London
SW15 1AZ

INDEPENDENT EXAMINER:

Jonathan Askew FCA
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Chartered Accountants
4th Floor Tuition House
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BANKERS:

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Kings Hill
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Kent
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INNER SOUTH WEST LONDON SAMARITANS

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

The Trustees present their report with the financial statements of the Branch for the year ended 31 March 2023. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

STRUCTURE AND GOVERNANCE

Inner South West London Samaritans ("the Charity") is a branch of the Samaritans and is constituted as a Charitable Incorporated Organisation (CIO), registered charity number 1165049 and is governed by its constitution dated 27 September 2016.

The trustees of the Charity are responsible for its general management. The trustees consult with all branch members as to who should be appointed as Branch Director for a period of three years. The Branch Director represents the branch at the twice yearly Samaritans Council of Management meeting and oversees all aspects of branch work in relation to the service it provides to callers.

The Trustees who served during the year are shown on page 1.

PRINCIPAL ACTIVITIES AND ACHIEVEMENTS

The objects of the Charity are:

1. To enable persons in South West London and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide;
2. To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
3. To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objects.

Samaritans offer emotional support to anyone in distress or despair, including those who may be thinking of ending their life. Support from our Inner South West London branch is currently given by around 170 volunteers who help our callers by giving each one a safe and confidential space to talk on the phone, by email or in person. We work with the other 200 Samaritan branches to ensure 24-hour availability of the service across the whole of the UK.

Our branch responded to over 25,000 contacts last year, an increase of 16% over the prior year. The majority of our contacts are still by telephone but we are seeing an increase in webchat and we are still dealing with emails, notwithstanding a national initiative to move emails to a central hub. We began to see the benefits of our major refurbishment in 2021 which expanded our operations room to double the number of work-stations from three to six. Having created appropriate working conditions for our volunteers, the next step is to increase our volunteer numbers which will help us to offer more help to callers, particularly during the unsocial hours when demand for our services is at a peak.

Outreach activities have now fully resumed and we maintained a virtual and face to face presence at various community and school events to raise awareness and provide emotional support.

INNER SOUTH WEST LONDON SAMARITANS

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

Fund-raising events resumed during the year after the pandemic and our income from these activities rose by 14% over the previous year. Our main fund-raising event continues to be the London Marathon, but supporters also raised funds for us with a variety of other activities, including Ride London, Swim Serpentine, the Royal Parks Half Marathon and the London to Brighton Walk. We are extremely grateful to all our supporters for their great efforts in raising money for us.

Donations remain a vital source of revenue for the branch. During the year we benefited from the receipt of a significant legacy and we continue to be particularly appreciative of those who donate regularly by standing order, as these donations represent our most predictable source of income.

The Trustees have complied with the duty set out in Section 4 of the Charities Act 2011 to have paid due regard to the public benefit guidance published by the Charity Commission in planning their activities.

FINANCIAL REVIEW AND RISK MANAGEMENT

A summary of the financial position and income and expenditure for the year are given on pages 5 to 10.

The Trustees have considered the principal risks to which the organisation is exposed and have developed strategies to mitigate the effects of these where possible.

RECRUITMENT AND APPOINTMENT OF TRUSTEES

Trustees are elected by the members at the Annual General Meeting and up to two Trustees may be appointed by the existing Trustees in order to fill identified gaps in expertise on the Charity's Board of Trustees, although such Trustees are required to retire and seek re-election at the next AGM.

FUNDRAISING ACTIVITIES

Fundraising activities are monitored by the Trustees and the Charity does not employ professional fundraisers or other commercial participators to raise funds. The Charity is not bound by any voluntary scheme or standard for fundraising but seeks to ensure this is carried out in an ethical manner and in accordance with Charity Commission guidance. In particular the Charity seeks to protect vulnerable people and other members of the public from the following; unreasonable intrusion on privacy, unreasonably persistent approaches or placing undue pressure on a person to give money or other property. No complaints about its fundraising activities were received in the year.

RESERVES POLICY

The Charity seeks to maintain a level of reserves sufficient to allow it to maintain the infrastructure necessary for it to carry on its operations, to provide a buffer against variations in cash flow and to allow for such contingencies as might reasonably be expected to arise. A separate capital reserve was set up to reflect the cost of the freehold property and other fixed assets.

PREMISES

The freehold property allows the Branch to operate without having to pay commercial rents as well as representing a possible source of income for the future.

INNER SOUTH WEST LONDON SAMARITANS

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES' RESPONSIBILITY STATEMENT

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the Trustees are required to:

- i. select suitable accounting policies and then apply them consistently;
- ii. observe the methods and principles in the Charity SORP;
- iii. make judgements and estimates that are reasonable and prudent;
- iv. state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- v. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES:

.....
M Pizzey – Branch Director

.....
Date

INNER SOUTH WEST LONDON SAMARITANS
STATEMENT OF FINANCIAL ACTIVITIES
INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023

	2023	2022	2022	2022
	£	Unrestricted	Restricted	Total
	£	£	£	£
INCOME				
Income from events	32,733	28,656	0	28,656
Income from donations and legacies	21,397	15,297	0	15,297
Gift Aid recovered on donations	2,377	2,544	0	2,544
Grants received for refurbishment	0	0	39,645	39,645
Training fees received	950	0	0	0
	57,457	46,497	39,645	86,142
Income from investments				
Interest received	547	455		455
Total incoming resources	58,004	46,952	39,645	86,597
EXPENDITURE				
Cost of generating funds				
Fundraising expenses	5,822	1,842	0	1,842
Charitable expenditure				
Volunteer expenses	22,634	17,536	0	17,536
Property costs	11,565	5,934	0	5,934
Light, heat and water	3,203	4,274	0	4,274
Telephone and IT costs	4,829	4,610	0	4,610
Cleaning	3,235	3,354	0	3,354
Office and kitchen supplies	4,018	3,081	0	3,081
Training	0	385	0	385
Health & Safety advice	0	540	0	540
Insurance	1,300	1,099	0	1,099
Bank charges	192	217	0	217
Sundry expenses	283	474	0	474
	51,259	41,504	0	41,504
Management and administration costs				
Independent examiner's fees	1,248	1,248	0	1,248
Branch contribution payable to General Office	501	3,394	0	3,394
	1,749	4,642	0	4,642
Total resources expended	58,830	47,988	0	47,988
Net income before depreciation and unrealised loss on investment	(826)	(1,036)	39,645	38,609
Depreciation	21,593	21,593	0	21,593
Unrealised loss/(profit) on investment	4,267	2,355	0	2,355
NET INCOME/(EXPENDITURE)	(26,686)	(24,984)	39,645	14,661
Transfer from restricted reserves to unrestricted reserves		39,645	(39,645)	
RECONCILIATION OF FUNDS				
Reserves brought forward at 1 April	557,822			543,161
Reserves carried forward at 31 March	531,136			557,822

INNER SOUTH WEST LONDON SAMARITANS

STATEMENT OF FINANCIAL POSITION
31 MARCH 2023

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	3	<u>476,404</u>	<u>497,997</u>
CURRENT ASSETS			
Cash at bank		36,602	42,998
Investments		23,400	27,667
		<u>60,002</u>	<u>70,665</u>
CREDITORS			
Amounts falling due within one year	4	<u>(5,270)</u>	<u>(10,840)</u>
NET CURRENT ASSETS		54,732	59,825
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>531,136</u>	<u>557,822</u>
		<u>531,136</u>	<u>557,822</u>
RESERVES			
UNRESTRICTED			
General reserves	5	54,732	59,825
Capital reserve	5	476,404	497,997
		<u>531,136</u>	<u>557,822</u>

Approved by the trustees on

and signed on their behalf by

.....
M Pizzey – Branch Director

INNER SOUTH WEST LONDON SAMARITANS

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donated services and facilities are included at the value to the charity where this can be quantified.

The value of services provided by volunteers has not been included in these accounts.

Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and this is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Management and administration costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiners fees and costs linked to the strategic management of the company.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life. Minor additions costing less than £1,000 are not capitalised.

Freehold land	- nil
Freehold property	- 1%
Improvements to property	- 20% on cost

Investments

Investments are initially recognised at their transaction value and subsequently measured at their market value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

INNER SOUTH WEST LONDON SAMARITANS

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31 MARCH 2023

2. NET INCOMING RESOURCES

These are stated after charging:

	2023	2022
	£	£
Independent examiner's fees (including VAT)	1,248	1,248

3. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Total £
COST			
At 1 April 2022	445,000	96,840	541,840
At 31 March 2023	445,000	96,840	541,840
DEPRECIATION:			
At 1 April 2022	24,475	19,368	43,843
Charge for the year	2,225	19,368	21,593
At 31 March 2023	26,700	38,736	65,436
NET BOOK VALUE:			
At 1 April 2022	420,525	77,492	497,997
At 31 March 2023	418,300	58,104	476,404

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Accrued expenses	3,183	2,669
Refurbishment costs	0	4,781
Net Branch Contribution due to Samaritans Central Charity	2,087	3,390
	5,270	10,840

The notes form part of these financial statements

INNER SOUTH WEST LONDON SAMARITANS

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31 MARCH 2023

5. RESERVES

	Unrestricted	Capital reserve	Total
	£	£	£
At 1 April 2022	59,825	497,997	557,822
Surplus/(deficit) for the year	(26,686)	0	(26,686)
Depreciation transfer	21,593	(21,593)	0
At 31 March 2023	54,732	476,404	531,136

The capital reserve is a designated reserve set up to reflect the funds tied up in fixed assets.

6. REMUNERATION AND EXPENSES

During the year, none of the Trustees were paid any remuneration or received any other benefits from an employment with the Charity or a related entity (2022: nil). No Trustees were paid any expenses during the year (2022: nil). There were no related party transactions with any Trustee during the year (2022: nil).

7. LINKED CHARITY

As part of a restructuring of the national Samaritans organisation, the assets, liabilities and activities of The Putney Samaritans ("the old Charity") were transferred on 1 April 2016 to a new Charitable Incorporated Organisation, Putney Samaritans, registered number 1165049 ("the new Charity") which was subsequently renamed as "The Inner South West London Samaritans". The old Charity became a dormant charity, called The Putney Samaritans, which is linked to the new charity and has a new registered number, 1165049-1.

The only activity of the old Charity is to collect donations made by standing orders which are regularly paid over to the new Charity. At 31 March 2023, the old Charity had assets of £200, represented by cash at bank.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF INNER SOUTH WEST LONDON SAMARITANS

I report to the charity trustees on my examination of the accounts of the Inner South West London Samaritans (the Charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Jonathan Askew FCA
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Hartley Fowler LLP
Chartered Accountants
4th Floor Tuition House
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Wimbledon
London
SW19 4EU

Dated