

Registered Charity Number: 1165038



The PDA Society

Annual Report and Unaudited Financial Statements

For the year ended 31 March 2022

The PDA Society
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Legal and administrative information For the year ended 31 March 2022

Trustees

Sally Russell OBE	Chair	
Debra West	Treasurer	Resigned 31 August 2021
Victoria Threlfall	Secretary, Vice-Chair, Comms and Fundraising Lead	
Paula Webb	Enquiry Line, Events and Safeguarding Lead	
Hilary Harvey	HR, Admin, Training and Forum Lead	
Jill Davis	Education Lead	
James Hulse	Fundraising Lead	Appointed 14 January 2022
Sacha Wheatley	Inclusion Lead	Appointed 19 October 2022
Craig McCormack	Treasurer	Appointed 19 October 2022

Key management

Helen Evans	Chief Executive	Appointed 19 July 2021
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Principal Address

PO Box 6080
Sheffield
S12 9EW

Bankers

HSBC
5 Wimbledon Hill Road
Wimbledon
London
Sw19 7NF

Independent Examiner

Susan Cochrane, FCA
Employee of:
VAS Community Accountancy
The Circle
33 Rockingham Lane
Sheffield
S1 4FW

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Trustees' annual report For the year ended 31 March 2022

Structure, governance and management

The Charity is a Charitable Incorporated Organisation, number 1165038 and is operated under the rules of its constitution, the documents of which are dated 5 January 2016. The charity previously operated as an unregistered group. The assets and liabilities of this organisation were transferred to the CIO on 1 April 2016.

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the constitution. Day to day project activity is managed and carried out by trustees, self-employed contractors and volunteers.

Objectives and activities

To promote the relief of persons with Pathological Demand Avoidance (PDA) an Autistic Spectrum Disorder, and their families and carers in particular but not exclusively by:

- a.) Providing information, advice and support to those persons with PDA, their families and carers *including those awaiting diagnosis; and*
- b.) advancing the education of the general public, in particular those responsible for the care, treatment and diagnosis of PDA by raising awareness in all matters relating to PDA.

Activities during the financial year

Five-Year Strategy

In January 2022, the PDA Society launched its first published strategy. The strategy was shaped through conversations with PDA people and their supporters, including feedback from our 5th Anniversary Survey (2021) and Being Misunderstood Survey (2018). We also reached out to a range of sectors for their input including health, social care, education, voluntary and community. Throughout these conversations we heard the same themes. PDA people are struggling to have their needs identified by professionals, who recommend more 'typical' approaches for supporting autistic people that do not help or make things worse. We also heard the transformational difference made when a PDA profile was identified, and personalised approaches that took this profile into consideration were applied.

In defining our new strategy, we were mindful of the growing demand for our existing services. In 2021/22, we saw the number of people contacting our Enquiry Line double. Training courses for parents and carers were regularly sold out with waiting lists. Each month 48,000 people visited our website to access our resources. Our team was routinely asked for specialist support that went beyond the practical advice and emotional support offered. As an outcome we defined six strategic objectives, which we hoped would tackle these challenges being faced by the PDA community. We also defined a five-year work plan, budget, people plan and fundraising strategy. The six objectives that we defined were:

1. Research - Promote high quality multi-disciplinary research to extend understanding of PDA and the approaches needed, informing policy and practice, with improved outcomes for PDA individuals.
2. Information/training for professionals - Embed awareness and understanding of PDA with health, social care, education and other professionals, focusing on personalised approaches and improved outcomes not terminology.

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For the year ended 31 March 2022

Five-Year Strategy (continued)

3. training needed to help themselves and, should they wish, to self-advocate impactfully as experts by their own experience.
4. Support - Provide specialist support delivered by the PDA community and for the PDA community that is unavailable elsewhere and meets the needs of PDA individuals, transforming their quality of life.
5. Inclusivity - Be inclusive of all PDA individuals and the people who support them, working closely with the PDA community and other organisations to ensure PDA Society services are accessible and accountable.
6. Sustainability and compliance - Be a resilient organisation adapting to a rapidly changing external context, with a diverse income portfolio, high professional standards and culture of monitoring, evaluation and learning.

To support the design and delivery of this strategy the PDA Society appointed its first Chief Executive Officer (CEO) who is Autistic, a parent of a PDA child and has previously been CEO of three other charities. We also reviewed the skills and experience of Trustees and appointed a Trustee with a background in income generation who identifies as PDA and is a parent to a PDA young person. We are excited to have launched our first published five-year strategy and look forward to reporting in 2022/23 on the progress made against our ambitious goals.

Enquiry Line

The PDA Society Enquiry Line provides information, advice and support to approximately 130 new enquiries each month, (from parents, individuals with a PDA Profile and professionals in education, health & social care).

The support is delivered via email, telephone and online (if needed). We have continued to have an increase in enquiries each month, doubling our numbers from the same period last year. Enquiries continue to increase in complexity, length of time taken to reply and the number of repeat enquiries needed for each person. The enquiry line co-ordinator held three enquiry line meetings (on Zoom due to covid) with the contractors to further their training.

In April 2021 we had 6 Contractors and 1 volunteer delivering the service. This volunteer became a Contractor in January 2022. We had 0 contractors leave the service. One previous volunteer returned as a contractor in February 2022. As of 05/04/22, we have a team of 8 Contractors (1 contractor for over 18's service and 7 contractors for under 18's). We began recruitment for additional Enquiry Line contractors in February 2022 which resulted in one new contractor from April 2022.

In January 2022 we sent a feedback survey to all enquiry line users from the previous 12 months. We identified that a minority of email replies were not being received (some had gone into the spam folder). We took steps to rectify this and contacted service users to encourage them to re-submit their enquiries. Many did and were appreciative of our efforts to contact them.

An example of the difference made by the enquiry line to the lives of PDA people and their supporters are given in the following quotes, taken from the Enquiry Line Feedback Survey

"We have found your advisors to be extremely helpful, empathetic and knowledgeable. Would highly recommend."

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Enquiry Line (continued)

"The lady I spent time with on the phone was deeply compassionate, understanding, knowledgeable and supportive."

"The person I spoke to took plenty of time to hear, understand and discuss my concerns and had very helpful advice from a position of real understanding. Invaluable. "

"The answer I received to a very specific question regarding my son was so thorough, detailed, clear and relevant, and the lady who wrote it clearly cared deeply about giving the correct information and was very knowledgeable. As a result, it was incredibly helpful."

"The support I received was phenomenal."

"Unique service. Centred truly around the needs of the person with PDA. Incredibly informative and supportive. Invaluable."

Training

Over these 12 months the PDA Society has:

- Further developed our online training to facilitate all types of courses being delivered via zoom or teams both via public events run by ourselves and sessions delivered to third parties.
- Diversified our training offering to include monthly Q&A sessions on specific topics with invited guest speakers, more bespoke training sessions, education consultations and adult care courses.
- Improved and updated the content of our courses to include our new practice guidance, updated terminology, approaches and resources.
- Grown our public online course offering and delivered a total of 38 public courses to both parents, carers and professionals from health, education and social care.
- Facilitated a further 82 PDA courses all of which were organised and funded by other charities, organisations and local authorities. Attended 4 speaking events.
- Recruited and trained 10 potential new training facilitators in September 2021 and March 2022, of whom 2 have signed contracts with a further 5 currently going through the joining process. 3 have deferred their decision.
- Took the decision to resume offering in-person training from April 2022 whilst continue to follow any COVID-19 restrictions.

At the end of our training courses delegates are invited to complete a feedback questionnaire to help us understand what difference the training has made. In this reporting period the average scores out of 10 (with 1 being the lowest and 10 being the highest score) from the responses given were as follows:

- 9/10 I have a better understanding of what PDA is
- 9/10 I have a better understanding of helpful approaches for PDA
- 10/10 The session leaders were knowledgeable
- 9/10 I would recommend this course to others

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Trustees' annual report For the year ended 31 March 2022

Training (continued)

Feedback given also included the following positive comments:

Parent/Carer:

"Incredibly informative and engaging by people who 'know.'"

"Very informative & hosts had invaluable knowledge of PDA"

Education:

"Very interesting, informative and enlightening - could relate back to a number of students"

"The presenters were both knowledgeable and friendly and sharing their own experiences with us was both useful and real."

Adult care:

"Neurodivergent approach which felt very accepting and non-judgemental"

"I really enjoyed this course. The real-life experiences shared by both trainers were really informative and they were both honest in their answers even on difficult subjects. It was a good opportunity to engage with other professionals supporting PDAers."

Website

The website had an average of 48,032 visitors a month and 1,894,353 total views this year (an average of 157,862 views per month). Compared to last year, this is an increase of 17,593 average visitors a month, 593,692 total views this year and 49,474 average views per month. The website content was updated to reflect the latest thinking and terminology, and with helpful signposting links, throughout the year when relevant. With the publication of multiple new resources and surveys.

In preparation for PDA Day 2022, we announced our plans for a PDA research consultation survey, launched our Stepping up for PDA fundraising campaign and updated our PDA Day pack. We continued to add third party links to our existing Coronavirus support pages as and when relevant. These included useful links about coming out of lockdown. We continued to expand and update the third-party resources, books, blogs, support groups, events, training and research listed on the website, including international translations of our resources in Spanish, Russian, Hungarian, Polish and Finnish.

Online Discussion Forum

The PDA Society discussion forum received 93 new requests to join our private forums (not the public pages) compared with 40 in the previous accounting period although we also identified a registration issue that was rectified within this reporting period. The forum is monitored daily by 4 volunteers (plus Forum Lead) for safeguarding concerns.

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Support Groups

A new project commenced in October 2021 to contact all in-person support groups listed on the website for England and Wales (Facebook groups and those outside England and Wales to follow) to check their authenticity, seek views on whether support from the charity would be helpful and/or if they'd be interested in joining a regular meeting to share information and offer support to group leaders themselves (first meeting scheduled June 2022). Disappointingly only 8 groups initially replied, but we believe many have closed due to the pandemic. We are contacting groups directly as well as encouraging responses via our social media platforms. Any groups who do not respond by a stated date will be removed from the website and all new groups seeking to be listed will be asked to complete a registration form first. Currently we have 26 groups (in-person & online) with completed forms.

Shop

Updated PDA Alert and Awareness Cards went on sale in our online shop along with digital versions of both. New 2021 Christmas card designs went on sale and we launched a new range of eco-friendly clothing and tote bags.

Social Media

We have worked hard to have an active social media presence and to share PDA related information, resources and research opportunities to followers and the wider public via Facebook, twitter, Instagram, LinkedIn and YouTube.

Our social media following grew to 65,390 (an increase of 13,423)

- Facebook followers grew to 46,947 (an increase of 7,645)
- Twitter followers grew to 7,936 (an increase of 1,414)
- Instagram followers grew to 6,625 (an increase of 2,550)
- LinkedIn follower grew to 830 (an increase of 482)
- YouTube subscribers grew to 3,052 (an increase of 1,332) and our videos received 204,994 views this year taking our total views to 303,593

The PDA Society's social media posts gained good engagement with a high number of 'likes' and 'shares'.

In addition to our day-to-day activity on social media, we also participated in the following social media events, sharing PDA-specific information relating to the topics:

- #AutismAwarenessWeek / #AutismAcceptanceWeek (April 2021)
- #SmallCharityWeek (June 2021)
- #AutisticPrideDay (June 2021)
- #BackToSchool campaign - sharing information about PDA to help education professionals prepare for an inclusive return to school (Aug 2021)
- #EatingDisorderAwarenessWeek (Feb 2022)
- #SocialWorkWeek (March 2022)
- #NeurodiversityCelebrationWeek (March 2022)
- #AutismAcceptanceWeek (March 2022)

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PDA Day (15th May 2021)

The theme for PDA Day 2021 was 'Professionals', with a focus on sharing information about best practice for professionals from all sectors. We launched a survey to gather examples of best practice and thoughts on what professionals need to know about PDA and created a new one-page letter about PDA that's easy to share with professionals, two videos about best practice (the PDA community's voice and the professional voice) and a new page with many examples of best practice. All resources were published on our website (in a PDA Day Newsletter) and shared on social media and circulated via email.

We also shared details of our National Diversity Award nomination and how to vote for which we subsequently short-listed as a finalist, Dr Gloria Dura-Vila's panda art competition, details of the latest local position statement about PDA, and activities and posts by people all over the world marking the day.

Angela Crawley MP tabled an [Early Day Motion](#) for PDA Day and Tom Arthur MSP submitted a [Scottish Parliament motion](#) for PDA Day as well – we encouraged people to ask their MPs and MSPs to sign and support these motions.

PDA Development Group

The PDA Development Group was originally established around the time of the first National Autistic Society PDA conference held in January 2011, in conjunction with the Elizabeth Newson Centre. When the pandemic hit in early 2020, face to face meetings had to stop giving an opportunity to pause and reflect on the group's future. As an outcome the PDA Development Group is no longer meeting.

Autism and Complex Needs Special Interest Group

Towards the end of 2021/22 the PDA Society joined a newly formed Autism and Complex Needs Special Interest Group. This is an informal group bringing together professionals with an interest in autism and complex needs, including PDA. The aim of this group is to improve standards of care and support and outcomes for autistic people with complex needs.

Media articles and interviews

The PDA Society assisted with and consulted on various articles and interviews about PDA including:

- [PDA: Our journey so far | My Family Our Needs](#)
- [BBC Radio 4 - Woman's Hour, Stella Creasy, Libby Scott and her mum Kym on Autism, Sexual Harassment](#)
- Trustee Vikki Threlfall spoke to [Parent Suportal](#) about PDA and the PDA Society's plans moving forward on 20th May 2021
- Article about the appointment of CEO, Helen Evans: [Oxfam whistleblower to become first chief executive of autism charity | Third Sector](#) (July 2021)
- CEO Helen Evans writes about her experiences as an openly autistic CEO [What is it like to be an openly autistic charity CEO? – ACEVO](#) (Aug 2021)
- CEO Helen Evans talks to Amy Richards about the PDA profile, social justice and being an openly autistic CEO in this episode of the [Squarepeg podcast](#) (Nov 2021)
- Trustee Jilly Davis wrote [What is PDA? – Understanding pathological demand avoidance](#) for TeachWire (for education professionals) (Nov 2021)

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Media articles and interviews (continued)

- CEO Helen Evans: The visible autistic Leader leading the way for others to live authentic lives - Dimensions (dimensions-uk.org) (Dec 2021)
- CEO Helen Evans was interviewed for this Coverage of PDA on BBC Look North (March 2022)

Supporting research projects

The PDA Society has circulated details of PDA related research to its members via the website, newsletters and social media.

Attendance at events

- PDA Summit (online) (23rd -25th April 2021)
- Wythall Unlocked Family Fun Day on 22nd May 2021 with information stand
- South Yorkshire Autism Fayre on 12th September 2021
- SENDhelp Online Conference on 16th October 2021
- Neurodiversity Celebration Week panel on Let's talk about seldom discussed neurological differences (March 2022)

Other activities

- We supported the Let Us Learn Too open letter (Sept 2021)
- We supported an open letter calling for the Secretary of State for Education to rewrite attendance guidance (Feb 2022)
- We were nominated for a 2021 National Diversity Award and were shortlisted as a finalist for the Community Organisation Award (Disability).
- We entered the 2021 Charity Film Awards with our short film What is PDA? and won the People's Choice Award in our turnover category.
- CEO Helen Evans was awarded a 2021 Learning Disability and Autism Leaders List winner.

Thank you to our supporters

The PDA Society would like to thank all the people who have supported us by making one off or regular donations, organising fundraising events, helping us to develop literature and information for the website, and helping with the design of graphics and illustrations. We are truly grateful to you all.

Volunteers

The number of active volunteers (excluding trustees) was 18 for this period.

Self-employed contractors

The number of paid training facilitators (training facilitators are self-employed) was 19 at 31 March 2022. Please note that some of the paid training facilitators also carry out voluntary work with the PDA Society. The PDA Society now has 6 self-employed contractors for the enquiry line service.

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Employees

In this reporting period a review was under-taken of the status of self-employed contractors, with advice taken from a suitably qualified Human Resources expert. As an outcome in the next reporting period, it will be recorded that 4 self-employed contractors have transitioned to employee contracts effective 6 April 2022. These are the Chief Executive Officer and 3 administrative staff; Training Administrator, Resources and Engagement Officer and Communications & HR, Systems & General Administrator.

Future Plans

As detailed at the start of this report, in January 2022 the PDA Society published a new Five-Year Strategy. This strategy has provided a road-map for the PDA Society's future plans. These include:

- Supporting 25% more people year-on-year through our Enquiry Line services
- Launching an Enquiry Line Plus service, offering enhanced support for people most in need
- Piloting a counselling service, with an experienced volunteer undertaking counselling training
- Supporting between 5% to 10% more people year-on-year through our training services
- Launching on-demand learning, including modules for PDA adults and young people
- Seeking CPD accreditation for our training services and continue to invest in extended content
- Defining the top 10 unanswered PDA research questions with the PDA community
- Hosting an annual research conference, bringing researchers together with the PDA community
- Appointing a Trustee Lead for Inclusion and to define and deliver a new inclusion plan
- Growing income so we have the funds needed to deliver our planned growth in services
- Investing in our systems, introducing a new CRM and HR database, to facilitate growth
- Updating our policies and procedures in readiness to apply for the Trusted Charity Mark

To deliver these planned activities (over next 5 years), the PDA Society will be aiming to grow its income in the coming years. Historically, the PDA Society has not pro-actively applied for grants from trusts and foundations. Going forward the PDA Society will be applying for a combination of large multi-year grants and small to medium sized grants. It will also be investing in PDA Society organised community fundraising events, with two successful fundraisers held in May 2022 with a 1.5 million steps campaign and Gaming Marathon delivered in partnership with Spectrum Gaming raising a combined total of over £10k. In addition, the PDA Society will be seeking to grow existing income from training, one-off giving, regular giving, Facebook fundraisers and online shopping. In 2023/23 we will also be seeking to secure Corporate Sponsorship starting with our biennial PDA Society Conference.

Our ability to deliver our Five-Year Strategy will be contingent on whether or not we can grow our income as planned. If we are unable to achieve this then it is our plan to sustain existing core services, until such time as we are able to secure sufficient income to grow our services. In 2021/22 demand for our Enquiry Line doubled without publicity and our training courses are regularly sold-out meaning the drive to grow our services particularly pressing to tackle unmet need.

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Trustees' annual report For the year ended 31 March 2022

Reserves Policy

Historically, the Trustees have aimed to maintain free reserves in unrestricted funds at a level which equates to approximately twelve months of unrestricted charitable expenditure. With the launch of the charity's first published Five-Year Strategy in January 2022 and its plans for growth this position was reviewed and a decision taken to maintain free reserves in unrestricted funds at a level which equates to approximately eight months of unrestricted charitable expenditure.

Currently eight months of unrestricted charitable expenditure approximates to £106.2k based on the charity's budgeted expenditure for 2022/23. The Trustees consider that this level will provide sufficient funds to deliver core services and ensure the office and governance costs are covered.

The balance held as unrestricted funds on 31 March 2022 was £101,952 (2021: £84,064). The balance held as designated funds on 31 March 2022 was £39,115. These funds were designated to support the year one implementation of our new strategic plan, published at the start of 2021/22. The Reserves Policy is reviewed annually by the Trustees.

The Trustees declare that they have approved the above report on 16 November '22 and are signed on their behalf by:



Name (printed) S. C. RUSSELL

Position CHAIR

Independent Examiner's Report to the trustees of The PDA Society ("the Charity")

I report to the trustees on my examination of the accounts of the Charity for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: S Cochrane

Susan Cochrane FCA

Employee of:

VAS Community Accountancy

The Circle

33, Rockingham Lane

Sheffield

S1 4FW

Date: 05/12/2022

The PDA Society

Receipts & payments account

For the year ended 31 March 2022

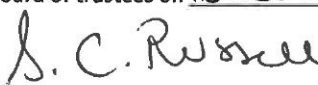

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Receipts							
Charitable activities		82,678	-	82,678	22,158	-	22,158
Donations	2	54,172	-	54,172	59,666	-	59,666
Grants	3	24,160	-	24,160	-	-	-
Reimbursement of conference costs		-	-	-	12,232	-	12,232
Sale of merchandise		11,063	-	11,063	1,515	-	1,515
Other income		-	-	-	95	-	95
Total receipts		172,073	-	172,073	95,666	-	95,666
Payments							
General administrative expenses		3,649	-	3,649	1,462	-	1,462
Other professional expenses		67,590	-	67,590	23,831	-	23,831
Other expenses		782	-	782	125	-	125
Training facilitator		22,970	-	22,970	10,470	-	10,470
Enquiry line costs		9,230	-	9,230	-	-	-
Travel & accommodation		106	-	106	-	-	-
Postage, printing & stationery		2,106	-	2,106	705	-	705
Other conference costs		-	-	-	12,154	-	12,154
Advertising/Promotional		-	-	-	152	-	152
Merchandise		4,195	-	4,195	1,242	-	1,242
Website		256	-	256	299	-	299
Insurance		608	-	608	533	-	533
Independent Examination fee		600	-	600	540	-	540
Paypal fees		191	-	191	114	-	114
Eventbrite fees- courses		2,787	-	2,787	746	-	746
Total payments		115,070	-	115,070	52,373	-	52,373
Net receipts/(payments) for the year		57,003	-	57,003	43,293	-	43,293
Total cash funds brought forward		84,064	-	84,064	40,771	-	40,771
Total cash funds carried forward		141,067	-	141,067	84,064	-	84,064

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**Statement of assets and liabilities
As at 31 March 2022**

	2022 £	2021 £
Cash assets		
Bank balance	132,060	83,880
Paypal Balance	9,007	184
	141,067	84,064
Fixed assets		
Projectors	580	580
Other fixed assets	1,048	1,048
	1,628	1,628
Other assets		
Merchandise	2,493	1,760
Booklets	550	808
Charitable activities - income due	2,760	6,250
	5,803	8,818
Liabilities		
Accountancy & Independent examination fee	804	600
Other creditors	9,808	3,713
	10,612	4,313

Approved by the board of trustees on 16 Nov '22 and signed on their behalf by;

<p> Print name: <u>S.C. RUSSEU</u> Position: <u>CHAIR</u></p>	<p> Print name: <u>HILARY HARVEY</u> Position: <u>TRUSTEE</u></p>
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Notes to the accounts

For the year ended 31 March 2022

1 Receipts & payments account

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

Funds

General funds are donations and other income received or generated for the objects of the organisation without further specified purpose and are available for general funds without restriction.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

2 Donations

	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Donations	54,172	-	54,172	59,666	-	59,666
	54,172	-	54,172	59,666	-	59,666

3 Grants

	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Ursula Ströher Stiftung	5,049	-	5,049	-	-	-
Aluminium Stockholders Association	19,111	-	19,111	-	-	-
	24,160	-	24,160	-	-	-

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Notes to the accounts

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4 Trustees remuneration, benefits and expenses

Two trustee received the following expenses during the financial year (2021: One trustee), not including those payments listed under the related party transactions.

	Total 2022	Total 2021
	£	£
Travel and Accommodation	109	-
Training & resources	-	109
	109	109

The following trustees were paid during the financial year for services provided to the organisation as follows:

Name	Services Provided	Total 2022	Total 2021
		£	£
<i>Jilly Davies</i>	Workshop Facilitation	1,550	1,000
		1,550	1,000

Trustees donated £4,120 (2021: £120) before gift aid without conditions.

The spouse of V Threlfall, a trustee, is a member of Aluminium Stockholders Asociation who made a grant to the charity as detailed in note 3.

The son of S Russell, a trustee, was paid £300 to provide training services to the charity.

No other payments other than those shown in this note were paid to trustees.

5 Designated funds

	Balance at 01-Apr-21	Income	Expenditure	Transfers	Balance at 31-Mar-22
Strategic growth fund	-	-	(30,531)	69,646	39,115
	-	-	(30,531)	69,646	39,115

During the year funds were designated for strategic planning and organisational growth (principally CEO consultancy costs)