

TIME TO SAY NO

England & Wales · Charity number 1165022

Details

Other names TTSN

Status Registered

Legal form CIO

Registered 2016-01-04

Register [View on the Charity Commission register](#)

Contact

Address 11 North End Grove
Portsmouth
PO2 8NF

Phone 07476211988

Email hello@ttsn.co.uk

Website www.ttsn.co.uk

Activities

Objects: 1. TO RELIEVE THE NEEDS AND PROMOTE THE HEALTH OF PEOPLE WHO SUFFER FROM MENTAL HEALTH PROBLEMS THROUGH THE PROVISION OF COUNSELLING, ADVICE, AND PROGRAMMES OF SPORTS, DRAMA, MUSIC AND ARTS AND CRAFTS. 2. TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO MENTAL HEALTH.

Activities: Time To Say No is focused on raising awareness about mental health but also providing services to help people deal with their mental health in a nonclinical setting this may be through sports, arts & crafts, drama and other activities such as coffee mornings. We are based in the Portsmouth, Hampshire area.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Hampshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	-	-	-	-
2024-04-01	-	-	-	-
2023-04-01	-	-	-	-
2022-04-01	-	-	-	-
2021-04-01	-	-	-	-
2019-04-01	£493	£0	-	-
2018-04-01	£493	£0	-	-
2017-04-01	£1,185	£679	-	-

Trustees

Name	Role	Appointed
SHELLEY LEWIS RMA	Chair	2015-03-12
DIANE Gedge RMA		2015-03-12
Harry Knight		2018-01-17