



# TRUSTEES ANNUAL REPORT 2020

EAT UNITED



COMAMOS JUNTOS

# EAT UNITED

Also known as "Comamos Juntos"

---

## TRUSTEES ANNUAL REPORT AND ACCOUNTS

This report covers Eat United's activities in the UK and Nicaragua from 1st January 2020 to 31 December 2020.



---

Charity Registration Number: 1165017

---

[www.comamosjuntos.org](http://www.comamosjuntos.org) | [comamosjuntos@gmail.com](mailto:comamosjuntos@gmail.com)

# Index

## Trustees' Annual Report

<b>0.1 Introduction</b>	<b>2</b>
<b>1 Objectives and Activities</b>	<b>3</b>
1.1 Objects	
1.2 Vision, Mission, Values	
1.3 Word from the Chair	
1.4 Declaration of Trustee Duty	
1.5 Overview of Activities	
1.6 Risk Assessment and Mitigation	
1.7 Context	
<b>2 Achievements and Performance</b>	<b>10</b>
2.1 Food Rescue	
2.2 Community Food Banks	
2.3 Community Support Program	
2.4 Volunteer Programs	
2.5 Fundraising	
<b>3 Financial Review</b>	<b>26</b>
3.1 Review	
3.2 Reserves Policy	
3.3 Risk Management and Going Concern	
<b>4 Structure, Governance and Management</b>	<b>28</b>
4.1 Governing Document and Constitution	
4.2 Recruitment and Training of Trustees	
4.3 Induction and Training of Trustees	
<b>5 Reference and Administrative Details</b>	<b>29</b>
<b>6 Additional Information</b>	<b>29</b>
<b>7 Declarations</b>	<b>29</b>

## Annual Accounts

<b>A Statement of Financial Activities</b>	<b>30</b>
<b>B Balance Sheet</b>	<b>31</b>
<b>C Notes to the Accounts</b>	<b>32</b>
Note 1: Basis of Preparation	
Note 2: Analysis of Income	
Note 3: Analysis of receipts of government grants	
Note 4: Donated goods, facilities and services	
Note 5: Analysis of expenditure	
Note 6: Support Costs	
Note 7: Paid employees	
Note 8: Debtors and Prepayments	
Note 9: Creditors and Accruals	
Note 10: Cash at bank and in hand	
Note 11: Fair value of assets and liabilities	
Note 12: Events after the end of the reporting period	
Note 13: Charity funds	
Note 14: Transactions with trustees and related parties	



# 0.1 INTRODUCTION

Eat United, or 'Comamos Juntos' became a registered Charitable Incorporated Organisation with the Charities Commission of England and Wales on 4th January 2016. The name of the organisation in Spanish is "Comamos Juntos" (literally, "Let's Eat Together").

## WHAT ARE THE ORIGINS OF EAT UNITED?

Eat United began life as a grassroots community-based initiative operating in Managua, Nicaragua in 2013. It was driven by the idea that food waste and food insecurity shouldn't coexist. It began as the first and only initiative in Nicaragua that creates a solution to food waste and urban food insecurity in one go.

Eat United (the CIO) was formally established in the UK in 2016 to manage and formalise the activities of the Eat United Nicaragua project as a response to food security and food management. On the date of registration 4th January 2016, Eat United took on all the responsibilities and assets of Eat United Nicaragua.

Since its beginning, leadership of the charitable activities has come from the those on the ground in Nicaragua. This continued after registration, with the Board of Trustees providing guidance and input to the Management team in Nicaragua. In December 2017 the charity opened an official branch in Nicaragua. During 2018 the Nicaraguan branch continued the process of formalising operations with Nicaraguan institutions, and began official operations as an independent branch in May 2019.



# 1: OBJECTIVES AND ACTIVITIES

## 1.1 OBJECTS

The objects of Eat United are set out in the charity's constitution and are summarised as follows:

**1.** The relief and prevention of poverty in socially and economically disadvantaged communities through:

- Providing or facilitating provision of food on a sustainable basis
- Promoting the reduction of food waste and use of surplus food
- Instigating projects within communities that allow them to meet their own needs, in particular with relation to food supply

**2.** The advancement of education of the public about all aspects of the food cycle: food production, food management, healthy consumption, food wastage

## 1.2 (i) VISION

Our vision is a fair food system that guarantees access to ample nutritious food for all while keeping the planet healthy and harmonious.

## 1.2 (ii) MISSION

Our mission is to generate conditions for families to access and enjoy healthy and nutritious food, and minimize food waste, in low-income urban and semi-rural areas.

## 1.2 (iii) VALUES

COMMUNITY PARTICIPATION: facilitate inclusive practises of design, decision-making + execution

ADAPTABILITY: respect and respond to the differences of each place, people and changing circumstances

SELF-SUSTAINABILITY + RESILIENCE: purposefully encourage practices that can be continued independently.

### 1.3 WORD FROM THE TRUSTEES

2020 was an unprecedented year in many respects. The global COVID-19 pandemic presented great challenges for the families and communities involved in Eat United, as well as for the organization. The continued functioning of the organization throughout has been a testament to the resilience of volunteers and team members.

### 1.4 DECLARATION OF TRUSTEE DUTY

Every quarter the Trustees review the objectives, strategies and activities of the organisation to ensure that they continue to reflect the aims as set out in the constitution. In carrying out this review the Trustees have considered the Charity Commission's general guidance on public benefit.

### 1.5 OVERVIEW OF ACTIVITIES

During the reporting period the specific objectives were realised through the execution of the project **"Eat United Nicaragua"**.

The Eat United Nicaragua project comprises the following Social Action activities:

1. Food Rescue
2. Community Food Banks
3. Community Support Program
3. Volunteering programs

Additional activities were:

5. Fundraising

A description of each activity, and summary of the achievements and performance of each follow below.

### 1.6 RISK ASSESSMENT & MITIGATION

Key risks identified and steps taken to adapt or mitigate.

**Key Risk #1:** Economic impact of socio-political crisis combined with COVID-19 pandemic diminishes supply of surplus food in local markets, while increasing families' need.

**Steps taken:** [Adapt] Re-focused programs using community-led methods to ensure priorities and needs were met, without requiring large quantities of rescued food.

**Key Risk #2:** Operation of social activities spreads COVID-19 among volunteers or community members.

**Steps taken:** [Adapt] Apply the newly developed Covid-19 decision making tool for Covid-safe Social Action operation that takes into the priorities and preferences of all participants.

**Key Risk #3:** Unstable environment, decreased funding + increased administrative burden put pressure on existing programs and capacity.

**Steps taken:** [Mitigate] Maximized impact of existing resources by continuing community-led approach to program design & adaptation.

# 1.7(I) RESPONSE TO COVID-19

Between Jan-March 2020, Eat United team prepared its response to the pandemic in the following ways:

- **Participated in the preparatory meeting** held by the Nicaraguan Exterior Ministry on 18 Mar 2020 to prepare all foreign-registered NGOs for the arrival of the virus in the country; establishing protective and preventative measures all NGOs operating in the country should take and promote.
- **Established and adopted protective and preventative measures** for both office and external operations, in accordance with international and national guidelines. Shared training on these measures with the working team.
- Developed a **consensus-based decision-making tool**, to make decisions on a rolling basis as to whether the activities of the Social Action would continue to operate (in use from 23 March 2020).
- **Strengthened digital community support groups** to share information and mutual support via Whatsapp channels.
- **Released a statement** setting out Eat United's response to the pandemic on 27 March (via email and website), agreed through dialogue among the working team.



# TEAM TRAINING ON C-19 MEASURES





# STRENGTHEN DIGITAL COMMUNITY SUPPORT

Eat United used existing WhatsApp groups with community members and volunteers to:

- Share our experiences and photos of how we are preparing in our homes
- Solve doubts and bust myths
- Share and reinforce official sources of information
- Transmit calm, share well-being and mental health practices
- Strengthen these virtual spaces for mutual support and friendship



## COVID-19 response:

*Sharing tips, and busting myths in Whatsapp groups with community food bank members and volunteers.*

# C-19 DECISION-MAKING TOOL

How do we decide whether to run a Social Action activity?



1

## **Compliance with local laws and international recommendations:**

Is the activity we propose aligned with the laws of the country and the recommendations from national and international bodies that govern us? (WHO, PAHO, MINSA)

**If yes, then...**



2

## **Compliance with health and hygiene guidelines:**

Can we ensure that the activity is executed in compliance with the strict hygiene measures and prevention guidelines of local + international health organizations?

**If yes, then...**



3

## **Team Consensus:**

The proposal is discussed among the team of people in charge of coordinating and implementing the activity (in particular: the Community Leaders who provide the space to implement the food bank; and the Coordinators of the activity). Do we **all** agree that it should go ahead?

**If yes, then...**



4

## **Community Agreement:**

We talk to the people who use the space and participate in the service (volunteers and/or community members). Do they want the activity to go ahead? We reinforce that participation in the activity is completely voluntary.

**If yes, then...the activity can go ahead only if it passes all 4 stages.**

# 1.7(II) CONTEXT:

## Food, economic access and health in urban Nicaragua

### FOOD SECURITY AND POVERTY

#### In Nicaragua:

The average minimum wage is US\$ 182 per month (Mintrab, 2018) and the average cost of basic household goods for a family of 6 are US\$ 430 per month (INIDE, 2018).

That means that even 2 people working full time would not be able to cover the cost of basic household needs.

### CHRONIC HEALTH CONDITIONS

- Food that is high in sugar and low in nutritional value is cheap and easy to access in low-income urban neighbourhoods.
- The "double burden" of malnutrition (undernutrition + obesity) disproportionately affects poorer communities
- Chronic illnesses due to low dietary diversity and lack of micronutrients are on the rise (FAO, 2017).

### LISTENING TO COMMUNITY MEMBERS

Members of Eat United's programs, who are principally women in urban and semi-rural "barrios" of Managua, reported the following:

- All have an income below minimum wage
- 63% depend on unstable sources of income (such as washing clothes, street selling, etc)
- Each has between 2-5 people economically dependant on them: including children, elderly relatives or family members with disabilities.

Additional observations included:

- Women do not experience food security as separate from economic insecurity; the effect is compounded.
- Many are also affected by chronic health conditions; either personally or a family member under their care.
- Food banks improve access to healthy food, however they do not ensure resilience in the long term.
- Women are more motivated to find longer term solutions through increasing income streams rather than participating in food bank management.



## 2. ACTIVITIES AND ACHIEVEMENTS

# 2.1 FOOD RESCUE

## DESCRIPTION

Stop nutritious food from going to waste by rescuing and re-distributing surplus fresh produce.

## TARGET GEOGRAPHY

Focal points of fresh food commerce in urban environment.

## OBJECTIVES

- Reduce the amount of food waste; and in so doing reduce the negative impact of food waste on the environment
- Re-direct the nutritious food saved to local communities

## BENEFICIARIES

Reduction of food waste benefits the general public and planet.

The provision of food to local communities via Eat United's Food Banks benefits the users of the services.



# 2.1 FOOD RESCUE

## SCORECARD

AMOUNT OF FOOD COLLECTED:

**1,910 kgs**

# COLLABORATING VENDORS:

**32**

# COMMUNITIES DISTRIBUTED TO:

**1**

AVERAGE FREQUENCY OF COLLECTION:

**1x per week**

**COVID-19 impact:**

*The Food Rescue + Food Bank activity proposed for Fri 27 March did not pass the Decision-Making tool, and was therefore cancelled.*



## 2.2 COMMUNITY FOOD BANKS

### DESCRIPTION

Community Food Banks ensure low-income families have access to fruits, vegetables and highly nutritious food through a weekly food-sharing service, led by community members in partner centres. It promotes balanced family nutrition and shares and socialises information about healthy and safe food conservation and consumption.

### TARGET GEOGRAPHY

Villa Guadalupe, Villa Reconciliacion, Las Jaguitas: all urban and semi-rural sectors of Managua that present characteristics of food insecurity.

### OBJECTIVES

- Increase access to affordable, varied, nutritious fresh produce for low-income families
- Introduce and motivate consumption of varied, nutritious fresh produce
- Raise awareness about how to use and consume the produce provided by the food bank

### BENEFICIARIES

Community members with at least 2 of the following characteristics are invited to register as Members:

1. **[economic instability]** No formal employment, or stable source of income in the family unit
2. **[caregivers]** Is a primary caregiver for children (priority given for young children and large families)
3. **[old age]** Is over the age of 55
4. **[nutritional deficit]** presents conditions of ill health related to nutritional deficit



## 2.2 COMMUNITY FOOD BANKS

### SCORECARD

FREQUENCY OF FOOD BANK SERVICE:  
**WEEKLY**

# COMMUNITIES WORKED WITH:

**3** Villa Guadalupe, Las Jaguitas,  
Villa Reconciliacion

FOOD BANK USERS DONATE TO  
SUPPORT RUNNING COSTS.

AMOUNT OF FRESH PRODUCE SHARED:  
1,910 kgs

# PORTIONS\* OF FRUITS AND VEGGIES:  
**14,325 portions**

VALUES IN ACTION: **SELF-SUSTAINABILITY**

Food bank members increased participation and self-responsibility in managing their local food banks: collecting donations, preparing food packs and noting their attendance.

**COVID-19  
IMPACT**

*The Food Rescue + Food Bank activity proposed for Fri 27 March did not pass the Decision-Making tool, and was therefore cancelled.*

## 2.3 COMMUNITY SUPPORT PROGRAM

**TARGET GEOGRAPHY** Las Jaguitas, Managua

**DURATION** Feb – Mar 2020

### OBJECTIVES

- To develop the skills and competencies of adult women and men, specific to entrepreneurship and micro-business development
- To promote the economic independence and self-sustainability of Nicaraguan families



### Description:

The objectives of the Community Support Program was to engage a select group of Eat United's Food Banks members in collectively developing a **prototype micro social business** that could be subsequently put into practice, and to equip participants with the foundational skills and knowledge needed to create a food-related micro-business.

Participants were guided through **introductory entrepreneurship workshops**; including business creation, market research, marketing, and finance. At every stage, the content of the workshops was put into practice as the group collectively developed an actionable food-related business model.

**PARTICIPANTS** Women without sources of stable or formal income, who are primary care-givers, elderly and / or people with chronic illnesses.



# 2.3 COMMUNITY SUPPORT PROGRAM

## SCORECARD

# PARTICIPANTS:

4

### SESSIONS COMPLETED:

- **Community meeting:** First meeting with the focus group to find out participants' interests, needs and level of business knowledge.
- **Workshop:** Addressing the concept of business; ideas, formats and examples.
- **Workshop:** Intro to market research, marketing and advertising strategy.
- **Workshop:** Development of business plan & product prototype; creation of "Elevator Pitch"; intro to finance (how to make a budget).
- **Community meeting:** Feedback from users, evaluation of expectations vs. results and consensus on sustainability to follow up the project.



### VALUES IN ACTION: **COMMUNITY PARTICIPATION**

The Program was born from the insights shared by community members.

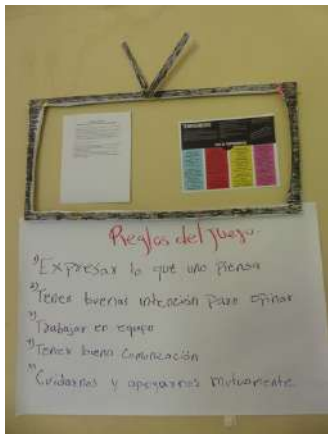
## 2.3 COMMUNITY SUPPORT PROGRAM Achievements & Performance



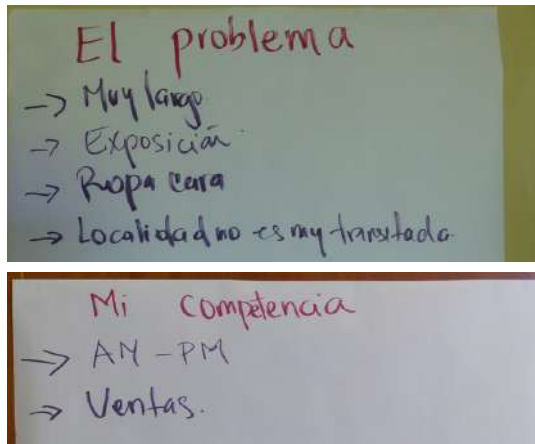
Session 1: Value Proposition



Session 4: Marketing & Technology



Ground Rules



Identifying Problem and Competencies



Sales pitch



Developing Budget and Financial model

## 2.4 VOLUNTEER PROGRAMS

### DID YOU KNOW...?

From its beginning, Eat United has been executed, managed and developed by young volunteers, and was created by women under 25 years old. We believe it's a prime example of the importance and impact of **empowering youth and women to drive social innovation.**





# 2.4 VOLUNTEER PROGRAMS

## Activity Outline

Volunteering is central to the work of the Eat United Nicaragua project. Volunteers are responsible for the delivery of the Food Rescue and Community Food Banks, as well as various support activities. Volunteers range from the community members who use the services, to local young people, to international contributors.

### CONTRIBUTIONS MADE BY VOLUNTEERS:

- Vendors - voluntarily donate surplus produce
- "Food Justice Activists" Volunteers "FJAs" - collect, sort and distribute food.
- Social Action Coordinators "CCs" - guide the Food Rescue, lead the FJA volunteer team, train volunteers, organise community and volunteer events, assist in delivery of Community Food Banks.
- Community Leaders - voluntarily lead implementation of Community Food Bank and coordinate community volunteers.
- Community Volunteers - voluntarily assist in the delivery of Community Food Bank.
- Volunteers and Interns on the internal team - contribute in areas of Marketing and Communication, Fundraising, Finance, Volunteer Admissions, Social Action Management and Funding.
- Trustees - oversee operations, activities and finances, ensure compliance and accountability.

The knowledge and skills that Volunteers acquire through their training and experience with Eat United are additional benefits to the public that Eat United provides, which are incidental to the objects of the charity.

**We recognise the contribution of volunteers as essential to the operation of Eat United Nicaragua. The value of any voluntary help received is not included in the accounts.**

# 2.4 VOLUNTEER PROGRAMS

## SCORECARD

### # FOOD JUSTICE ACTIVISTS

8

Winnie Narvaez  
Vanessa Prado  
Glenda Peralta

Heyling Padilla Lara  
Fernando Galo  
Livinston Almendarez  
Kenia Flores  
Greg Fernandez

### # SOCIAL ACTION COORDINATORS:

2

Virginia Sevilla  
Daniel Berrios

### # INTERNATIONAL VOLUNTEERS:

1

Regina Jorde

### # INTERNS & REMOTE

1

Juan Breinlinger



# EDUCATION PROGRAM

## 2.3 VOLUNTEER PROGRAMS Achievements & Performance

The Education Program for Social Action Coordinators continued during Q1 2020.

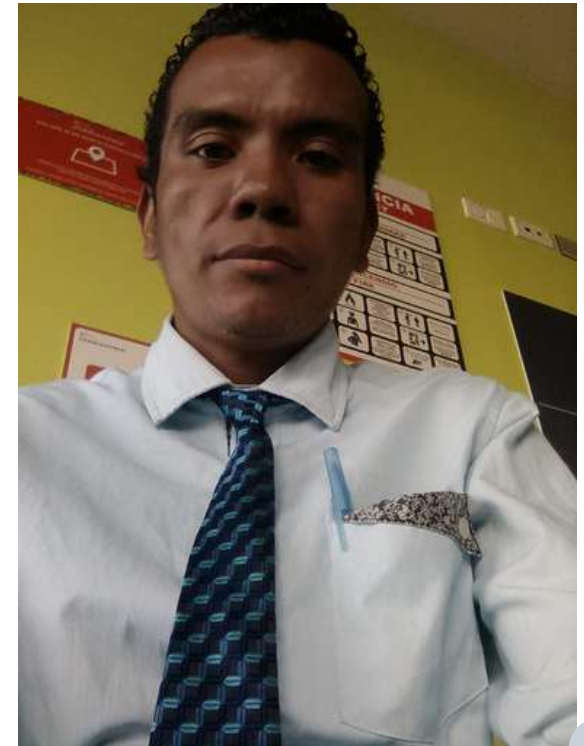
- Daniel Berrios began a course in Nursing
- Virginia Sevilla continued English studies.

### **Achievement:**

Through the Education Program, Daniel Berrios has improved his English skills to the point of qualifying in "Advanced" level, and using his skills to teach English classes.

*"I also want to inform you that I continue to teach English, in part thanks to CJ because that is where I have managed to improve a lot, and not only in English but in other areas such as: communication, interpersonal relationships, and it has helped me to have more confidence in myself, thanks to all the team. I have 9 students at the moment and well I am very busy but motivated and happy because I feel that my personal project is going very well."*

**Daniel Berrios**



## 2.3 VOLUNTEER PROGRAMS

### Achievements & Performance



#### COVID-19 IMPACT

*Following discussion of the risks posed by the C-19 pandemic, Regina decided to return to her home country early.*

*She left Nicaragua on 2 Apr 20, and continued her internship remotely.*

**Regina Jorde** joined the team as an intern in December 2019. She worked with Eat United for 20 weeks from 02 Dec – 24 April. The focus of her internship was on Marketing, Communication and Fundraising.

Key results of her internship contributed to:

- **“SDGs and sustainability”** social media campaign: co-designing of campaign concept, co-creation of content, programming posts on social networks
- **“Taste the Change”** fundraising products: coordinating content creation, compiling and creating content for recipes + newsletters in Eng and Span.
- Establishing Eat United on LinkedIn
- Establishing **Monitoring+Evaluation process** for Phase 2 of the PAC project



## 2.5 FUNDRAISING ACTIVITIES

# 2.5 FUNDRAISING

## Activity Outline

### FUNDRAISING INITIATIVES 2020:

#### Sign up now to:



**GET** Zero-waste recipes fresh from local women, straight to your inbox.



**GIVE** Build women's skills and ensure that families can access healthy food.



Each month one local woman becomes our **zero-waste star chef**.



She shares her favourite recipe, **straight from her cooking pot**.



The fresh flavours land in your inbox for you to **try at home**.

Taste the Change launched on 5 Jan 2020. It's an ongoing fundraising initiative centred on donation-based subscriptions, in which subscribers receive monthly recipe cards with recipes presented by the women participating in Eat United's Cooking Clubs.

Taste the Change  
**launched!**



# 2.5 FUNDRAISING

## Activity Outline

### **VOLUNTEER FUNDRAISING:**

International Volunteers created personal fundraising campaigns to raise funds for Eat United among their networks before joining as volunteers or interns.

### **DONATIONS FROM INDIVIDUAL SUPPORTERS:**

Individual supporters made voluntary contributions to Eat United.

### **MERCHANDISE SALES:**

Individual supporters purchased promotional Eat United products.



### 3. Financial Review

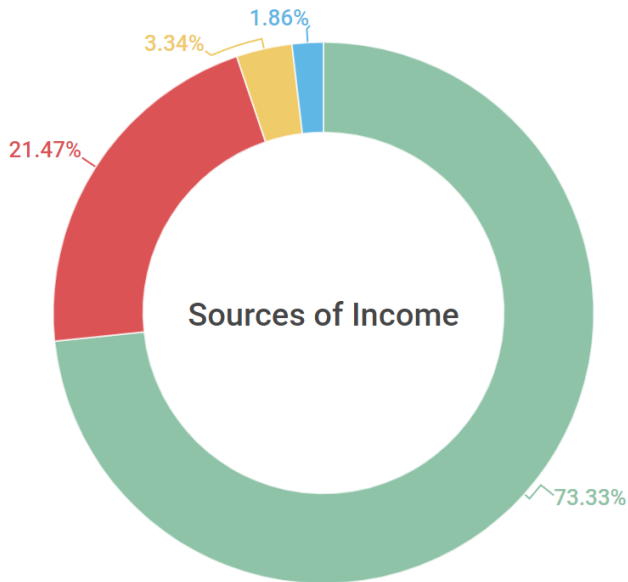
#### 3.1 Review

##### Income Sources: Fundraising

Unrestricted funding: **100%**

Unrestricted funding was self-generated; the main sources were fundraising, gift aid and individual donations.

**Figure 1: Breakdown of Income Sources**



<u>Income Source</u>	<u>Donations Raised (US\$)</u>
Crowdfunding Campaigns	U\$18,865
Gift Aid	U\$5,524
Donations from Individual Supporters	U\$858
Other	U\$479

##### Expenditure

**98%** of expenditure went towards the execution of charitable activities (Eat United Nicaragua), and **2%** towards the execution of fundraising activities.

**Figure 2: Breakdown of Expenditure on Charitable Activities**



<u>Expenditure on Charitable Activities</u>	<u>(US\$)</u>
<b>Direct Costs</b>	
Eat United Nicaragua – Direct Costs	U\$12,584
Eat United Nicaragua – Support Costs	U\$2,148
Fundraising	U\$308

Note: “**support costs**”, defined by the Charities Statement of Recommended Practice (FRS 102) as “costs incurred to facilitate an activity”, have been apportioned to Charitable Activities according to the proportion of time dedicated to their execution; see Financial Statement for a complete breakdown.





### 3.2 Reserves Policy:

The Trustees have reviewed the financial situation of the charity and decided that it is appropriate to hold reserves sufficient for three months of the project Eat United Nicaragua's activities, equivalent to £3,000.

The reserves are kept as unrestricted funds held in the charity's bank account. Should the charity need to use the reserves for any reason, a Trustee meeting will be called to review the financial position of the charity and make sure that steps are being taken to guarantee the continued financial stability.

### 3.3 Risk Management and Going Concern

The Trustees have assessed the major risks to which the charity is exposed and are satisfied that appropriate arrangements are in hand to manage the risks identified.

Funds are held mainly in GBP but spent primarily in USD; and therefore are subject to changes in the valuation of the Pound against the Dollar.

The financial situation is monitored quarterly by the trustees and budget approval is required prior to spending.



## 4. Structure, governance and management

### 4.1 Governing Document and Constitution

Eat United is constituted as a Charitable Incorporated Organisation (CIO) registered with the Charity Commission for England and Wales, charity number 1165017.

The governing document is the constitution.

Eat United became a registered Charitable Incorporated Organisation on 4th January 2016.

### 4.2 Recruitment and Appointment of Trustees

Existing trustees are responsible for the appointment of new trustees, but in doing so seek the views and recommendations of the management team. This approach ensures that new trustees will bring relevant experience and skills to help further the charity's purpose.

Potential trustees are invited to attend trustee meetings as observers. They are provided with more information about the aims and activities of the Charity, and if all agree are appointed as a new trustee in a subsequent trustees' meeting. This process allows due consideration of the person's skills, knowledge and experience and overall fit for the charity.

### 4.3 Induction and Training of Trustees

New trustees are provided with copy of Eat United's constitution and a copy of the latest Trustee's Annual Report and statement of accounts. They are also provided with publications from the Charity's Commission to ensure that trustees are aware of the scope of their responsibilities under the Charities Act.



## 5. Reference and Administrative Details

**Name of Charity:** Eat United

**Other names the Charity is known by:** Comamos Juntos

**Registered charity number:** 1165017

**Charity's principal address:** Manor Farm House,  
Cooks Lane,  
Walderton,  
Chichester,  
PO18 9EF,  
England

**Trustees who served during the year:** Katie Alesbury (chair, appointed 26/05/2020)  
Rebeca Morcuende Guzman  
Alina Gassen  
Florence Batten-Turner  
Alun Alesbury (retired 26/05/2020)


## 6. Additional Information

**Directors of Operations:** Katie Alesbury (retired March 2020)  
Camila Wilford (retired July 2020)  
Virginia Sevilla Garcia (appointed August 2020)

## 7. Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's Trustees:

Signature	Full Name	Position	Date
	Katie Alesbury	Chair of the Trustees	31.10.2021



## Eat United: Annual Accounts

<b>Name of Charity</b>	Eat United
<b>Other names the Charity is known by</b>	Comamos Juntos
<b>Charity Number</b>	1165017
<b>Reporting period</b>	1st January 2020 to 31 December 2020

### A. Statement of financial activities

Recommended categories by activity	Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		U\$	U\$	U\$	U\$	U\$
<b>Incoming resources</b>	2	F01	F02	F03	F04	F05
<b>Income and endowments from:</b>						
Donations and legacies		25,248	-	-	25,248	15,799
Charitable activities		-	-	-	-	1,917
Other trading activities		-	-	-	-	825
Other		479	-	-	479	88
<b>TOTAL</b>		25,726	-	-	25,726	18,629
<b>Resources expended</b>	5					
<b>Expenditure on:</b>						
Raising funds		308	-	-	308	1,462
Charitable activities		14,732	-	-	14,732	20,167
Other		-	-	-	-	-
<b>TOTAL</b>		15,040	-	-	15,040	21,629
<b>Net income/(expenditure) before investment gains/(losses)</b>		10,686	-	-	10,686	-3,000
<b>Net income/(expenditure)</b>		10,686	-	-	10,686	-3,000
<b>Other recognised gains/(losses):</b>						
Other gains/(losses): Foreign Exchange		-	-	-	-	440
<b>Net movement in funds</b>		10,686	-	-	10,686	-3,000
<b>Reconciliation of funds:</b>						
Total funds brought forward		8,356	-	-	8,356	11,356
<b>TOTAL FUNDS CARRIED FORWARD</b>		19,043	-	-	19,043	8,356






## B. Balance sheet

	Notes	Unrestricted funds U\$	Restricted income funds U\$	Endowment funds U\$	Total this year U\$	Total last year U\$
<b>Current assets</b>						
Debtors	8	1,813	-	-	1,813	4,957
Cash at bank and in hand	10	17,229	-	-	17,229	3,400
<b>Total current assets</b>		<b>19,043</b>	<b>-</b>	<b>-</b>	<b>19,043</b>	<b>8,356</b>
Creditors: amounts falling due within one year:	9	-	-	-	-	-
<b>Net current assets/(liabilities)</b>		<b>19,043</b>	<b>-</b>	<b>-</b>	<b>19,043</b>	<b>8,356</b>
<b>Total assets less current liabilities</b>		<b>19,043</b>	<b>-</b>	<b>-</b>	<b>19,043</b>	<b>8,356</b>
<b>TOTAL NET ASSETS OR LIABILITIES</b>		<b>19,043</b>	<b>-</b>	<b>-</b>	<b>19,043</b>	<b>8,356</b>
<b>Funds of the Charity</b>						
Restricted income funds	13	-	-	-	-	879
Unrestricted funds	13	19,043	-	-	19,043	7,477
Revaluation reserve		-	-	-	-	355
<b>TOTAL FUNDS</b>		<b>19,043</b>	<b>-</b>	<b>-</b>	<b>19,043</b>	<b>8,356</b>

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Katie Alesbury	31/10/2020



## C: Notes to the Accounts

### Note 1: Basis of Preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The accounts present a true and fair view and the accounting policies adopted are outlined in the policy notes which are set out immediately following the Note to which each policy relates. The accounting policies adopted are (unless indicated) standard accounting policies. Other standard accounting policies which have no application to the current financial activities of this charity have not been included.



## Note 2: Analysis of income

	Unrestricted funds	Restricted income funds	Endowment funds	Total funds U\$	Prior year U\$
<b>Analysis</b>					
<b>Donations and legacies:</b>					
Gift Aid	5,524	-	-	5,524	-
Donations through crowdfunding campaigns	18,865	-	-	18,865	13,403
Donations from individual supporters	858	-	-	858	2,396
<b>Total</b>	<b>25,248</b>	<b>-</b>	<b>-</b>	<b>25,248</b>	<b>15,799</b>
<b>Charitable activities:</b>					
Eat United Nicaragua: Community Support Program	-	-	-	-	1,334
Eat United Nicaragua: Community Food Banks (Voluntary Contributions)	-	-	-	-	582
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>1,917</b>
<b>Other trading activities:</b>					
Fundraising Events	-	-	-	-	48
Merchandise Sales	-	-	-	-	777
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>825</b>
<b>Other:</b>					
<b>Other</b>	479	-	-	479	88
<b>Total</b>	<b>479</b>	<b>-</b>	<b>-</b>	<b>479</b>	<b>88</b>
<b>TOTAL INCOME</b>	<b>25,726</b>	<b>-</b>	<b>-</b>	<b>25,726</b>	<b>18,629</b>

### INCOME: Accounting Policies

Income is recognised and included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

### **Offsetting**

There has been no offsetting of assets and liabilities, or income and expenses, in these accounts.

### **Grants and donations**

Income from donations is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably. Entitlement arises immediately on receipt of the donation.

### **Performance related grants**

In the case of performance related grants, income is only recognised to the extent that the charity has provided the specified goods or services, and is only included in the Statement of Financial Activities once the performance related conditions have been met.



### Note 3: Analysis of receipts of government grants

#### **Government Grants**

*The charity has not received government grants in the reporting period.*

### Note 4: Donated goods, facilities and services

#### **Donated goods**

*The value of rescued food received as a donated good and distributed to beneficiaries through the activities of the Eat United Nicaragua project has not been included in the accounts, because of the impracticalities of measuring fair value of the goods donated. The amount of food donated is reflected (in kilograms) in the Trustees' Annual Report. <sup>1</sup>*

*Other goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the Statement of Financial Activities as incoming resources when receivable.*

#### **Volunteer help**

*The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report. <sup>2</sup>*

---

<sup>1</sup> Non-standard accounting policy

<sup>2</sup> Non-standard accounting policy





## Note 5: Analysis of expenditure

	Unrestricted funds	Restricted income funds	Endowment funds	Total funds U\$	Prior year U\$
<b>Analysis</b>					
<b>Expenditure on raising funds:</b>					
Incurred seeking donations	308	-	-	308	1,351
Other trading activities	-	-	-	-	111
<b>Total expenditure on raising funds</b>	<b>308</b>	<b>-</b>	<b>-</b>	<b>308</b>	<b>1,462</b>
<b>Expenditure on charitable activities</b>					
Eat United Nicaragua	14,372	-	-	14,372	20,167
<b>Total expenditure on charitable activities</b>	<b>14,372</b>	<b>-</b>	<b>-</b>	<b>14,372</b>	<b>20,167</b>
<b>TOTAL EXPENDITURE</b>	<b>15,040</b>	<b>-</b>	<b>-</b>	<b>15,040</b>	<b>21,629</b>

## Other information: Analysis of expenditure on charitable activities

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Total prior year
	U\$	U\$	U\$	U\$	U\$
Eat United Nicaragua	12,583.74		2,147.85	14,731.59	20,166.84
<b>TOTAL</b>	<b>12,583.74</b>	<b>-</b>	<b>2,147.85</b>	<b>14,731.59</b>	<b>20,166.84</b>

Prior year expenditure on charitable activities can be analysed as follows:

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year
	U\$	U\$	U\$	U\$
Eat United Nicaragua	17,900.29	455.27	1,811.28	20,166.84
<b>TOTAL</b>	<b>17,900.29</b>	<b>455.27</b>	<b>1,811.28</b>	<b>20,166.84</b>



## **EXPENDITURE AND LIABILITIES: Accounting Policies**

### **Liability recognition**

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty (although in this case the charity does not have any such liabilities at the end of its first operational period).

### **Governance and support costs**

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions which do not vary according to the Activities of the charity. Support costs have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

### **Basic Financial Instruments**

If there is a nil amount for a particular balance sheet heading in the current reporting period, a corresponding amount for the reporting period must still be disclosed unless that amount is also nil. If the amount for both the current and previous reporting periods is nil, then the heading should be omitted from the balance sheet.

**Current assets and current liabilities** are measured at the cash value.

### **Creditors**

The charity has creditors which are measured at settlement amounts less any trade discounts

## **ASSETS**

### **Tangible fixed assets for use by charity**

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least U\$650. They are valued at cost.<sup>3</sup>

The charity has no tangible fixed assets valued at U\$650 or more for this reporting period.

### **Debtors**

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

---

<sup>3</sup> Non-standard Accounting Policy



## Note 6: Support Costs

	DIRECT ACTIVITIES			Basis of allocation
Support cost	Raising funds	Activity 1: Eat United Nicaragua	Grand total	
	U\$	U\$	U\$	
FX losses		1,130	1,130	
Staff time on other Support Activities		1,018	1,018	
Marketing	137		137	Direct allocation
Fees on Fundraising Platforms	171		171	
<b>Total</b>	308	2,148	2,456	

**Support costs have been apportioned on the following basis:**

*Support costs have been apportioned to an Activity when the support cost facilitated the execution of the Activity.*



## Note 7: Paid employees

### 7.1 Staff Costs

	<b>This year</b>	<b>Last year</b>
	<b>U\$</b>	<b>U\$</b>
<b>Salaries and wages</b>	1,488	8,791
<b>TOTAL STAFF COSTS</b>	1,488	8,791

Total amount paid to key management personnel (includes trustees and senior management) for their services to the charity was U\$1,488. This was paid to staff Katie Alesbury, in the UK and Camila Wilford, staff in Nicaragua. Note that the donations made to Comamos Juntos Nicaragua covered operational and staff costs in Nicaragua.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

### 7.2 Average head count in the year

	<b>This year</b>	<b>Last year</b>
	<b>Number*</b>	<b>Number</b>
<b>The parts of the charity in which the employees work:</b>		
Fundraising	0.00	0.23
Charitable Activities	0.5	1.55
Governance	0.5	0.11
Other	0.00	0.11
<b>TOTAL</b>	1.00	2.00

\*Staff number is apportioned across activities according to percentage of (paid) time that staff spent on the activity.

## Note 8: Debtors and prepayments

### 8.1 Analysis of debtors

	<b>This year</b>	<b>Last year</b>
	<b>U\$</b>	<b>U\$</b>
Trade debtors	-	-
Prepayments and accrued income	1,813	2,416
Other: Pledged Donations	-	2,540
<b>TOTAL</b>	1,813	4,957

## Note 9: Creditors and accruals

### 9.1 Analysis of creditors

	<b>Amounts falling due within one year</b>	
	<b>This year</b>	<b>Last year</b>
	<b>U\$</b>	<b>U\$</b>
Accruals	-	-
Other creditors	-	-
<b>TOTAL</b>	-	-



**Note 10: Cash at bank and in hand**

	<b>This year</b> <b>U\$</b>	<b>Last year</b> <b>U\$</b>
Cash at bank and on hand	17,229	3,400
<b>TOTAL</b>	17,229	3,400

**Note 11: Fair value of assets and liabilities****Details of liquidity risk exposure and management:**

The Trustees hold reserves sufficient for three months of the charity's activities; equivalent to U\$3,600. The reserves are kept as unrestricted funds held in the charity's bank account. Should the charity need to use the reserves for any reason, a Trustee meeting will be called to review the financial position of the charity and make sure that steps are being taken to guarantee the continued financial stability.

**Note 12: Events after the end of the reporting period**

No events of note after the end of the reporting period





## Note 13: Charity funds

### 13.1 Details of material funds held and movements during the CURRENT reporting period

\* Key:

*PE - permanent endowment funds;*

*EE - expendible endowment funds;*

*R - restricted income funds, including special trusts, of the charity; and*

*U - unrestricted funds*

Fund names	Type *	Purpose and Restrictions	Fund balances brought forward U\$	Income U\$	Expenditure U\$	Transfers U\$	Gains and losses U\$	Fund balances carried forward U\$
Eat United	UR	Advancing the purposes of the charity	8,356	25,726	-15,040	-	-	19,043
<b>TOTAL FUNDS</b>			8,356	25,726	-15,040	-	-	19,043

There have been no movements in funds, and no designated funds.

### 13.2 Details of material funds held and movements during the PREVIOUS reporting period

\* Key:

*PE - permanent endowment funds;*

*EE - expendible endowment funds;*

*R - restricted income funds, including special trusts, of the charity; and*

*U - unrestricted funds*

Fund names	Type *	Purpose and Restrictions	Fund balances brought forward U\$	Income U\$	Expenditure U\$	Transfers U\$	Gains and losses U\$	Fund balances carried forward U\$
Eat United	UR	Advancing the purposes of the charity	11,356	17,295	-21,174	-	-	7,477
Community Support Program	R	Execution of the Community Support Program	-	1,334	-455	-	-	879
<b>TOTAL FUNDS</b>			11,356	18,629	-21,629	-	-826	8,356



## Note 14: Transactions with trustees and related parties

### 14.1 Trustee remuneration, benefits and expenses

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

No trustee expenses have been incurred.

### 14.2 Transaction(s) with related parties

*These are transactions undertaken by the charity in which a related party has a material interest, including where funds have been held as agent for related parties.*

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			U\$	U\$	U\$	U\$
Katie Alesbury	Staff member during Jan-Feb 2020, subsequently Trustee	Salary	1,018			
Camila Wilford	Staff member in Nicaragua	Salary	470			
Katie Alesbury	Staff member during Jan-Feb 2020, subsequently Trustee	Advance for operations of Comamos Juntos Nicaragua in 2019	1,813	1,813		

#### **Terms and conditions of the above transactions (including any security and the nature of any payment (consideration) to be provided in settlement.)**

The advance is held for the operations of the charity in 2021 and will be closed in January 2021.

**Details of any guarantees given or received for any related party:** Not applicable.

