

The background is a solid orange color. In the center, the words "Safety Net" are written in a white, sans-serif font. The word "Safety" is on the top line and "Net" is on the bottom line. A white line starts from the right side of the letter 't' in "Net", loops around the top and left, and ends as a horizontal line under the letter 't' in "Net", forming a net-like shape. Surrounding this central text are several line-art illustrations in a darker shade of orange. At the top left, a person is sitting on the ground with their back to the viewer, holding a small child. At the top right, a person is sitting on the ground, facing forward, holding a small cup. On the left side, a person is standing, facing forward, with their arms slightly away from their body. On the right side, a person is standing, facing forward, with their arms outstretched to the sides. At the bottom center, a person is standing, facing away from the viewer, holding the hand of a small child who is also facing away from the viewer. The entire design is framed by a series of overlapping, semi-transparent orange circles.

# Safety Net

Annual Report  
2024-25

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# Chair's introduction to the annual report

It is with great pride that I present our annual report for 2024 - 2025. This has been a year of both significant achievement and profound challenge. In a time when the need for trauma-informed support has never been greater, Safety Net has continued to be an invaluable lifeline for people across Cumbria.

We supported 18% more survivors of sexual and domestic abuse than last year. Despite this rising demand and the increasing pressures on services nationally, our outcomes remain strong. 80% of adults and 83% of children and young people showed significant improvements in wellbeing and trauma symptoms reduced for 80% of adults and 87% of children and young people. These results speak not only to the professionalism and expertise of our team, but also to the courage and resilience of the individuals and families who turn to us in times of crisis.

The case studies throughout this report illustrate the very real impact of our work. Each one reflects the depth of trauma-informed care delivered by our staff and volunteers. Care that acknowledges pain and builds safety as our service users move towards recovery. Behind every figure and statistic are human stories of survival, hope and the possibility of change.

This year, we were proud to achieve both The Survivors Trust Service Standards Award and One Small Thing's Silver Quality Mark, a recognition of the quality, compassion, and integrity that underpin everything we do. At the same time, we successfully secured over 70% of our funding for 2025-26 in advance, thanks to the commitment of our funders and partners, giving us the stability to plan ahead with confidence.

We also recognise the challenges. Delivering this work can be demanding, both emotionally and practically. The needs of those affected by trauma are complex and often long-term. Yet, time and again, our staff, trustees and volunteers show remarkable dedication, strength and compassion. Their ability to hold hope for others, often when hope feels distant, is what makes Safety Net so extraordinary.

Looking ahead, we remain committed to breaking down barriers so that no one is left behind. We will continue to expand our training programme, strengthen our financial resilience, and extend our reach to those who may find it hardest to access support, including older adults and those in rural communities.


As I reflect on this year, I am reminded of the words of Helen Keller: *"Although the world is full of suffering, it is also full of the overcoming of it."*

That belief is at the very heart of our work at Safety Net: understanding trauma, supporting people to live with and move beyond it and creating space for recovery and renewed hope.

To everyone who has been part of this journey, our team, our funders, our partners, and above all, the survivors who place their trust in us, thank you. Together, we continue to prove that even in the most demanding times, compassion and connection can transform lives.



**Eleanor Hancock,  
Chair, Safety Net**



***"I would recommend Safety Net to anyone struggling like I do as the support you receive is fantastic and everything is explained in simple terms. This makes the whole experience an easy thing to enter into and a good listener is the best thing you can ever have."***

**– adult service user**





# Introduction

Safety Net is a charity supporting the recovery of those affected by rape, exploitation, sexual and domestic abuse across Cumbria.

We offer advice, support, counselling and therapy to adults, children and young people, who have been affected by abuse and trauma. Our approach is holistic, inclusive, LGBTQ+ friendly and trauma informed.

We work in partnership with other professionals and community groups, with the aim of improving wellbeing and quality of life.

In this annual report you can learn about our work in 2024-25, and find out how our charity is governed and how our finances are managed.

Safety Net is governed by a Board of Trustees and their details are listed on page **24**. A description of the charity's organisation is given on page **25**. Our bankers, investment advisors and auditors are listed on page **24**. The annual report has been prepared by the Board of Trustees and covers the period of April 2024 to March 2025.

\*To protect the identities of our service users, names have been changed in all testimonials and case studies included in this annual report.

# Our vision, mission & values

## Our vision:

**Communities free from abuse.**

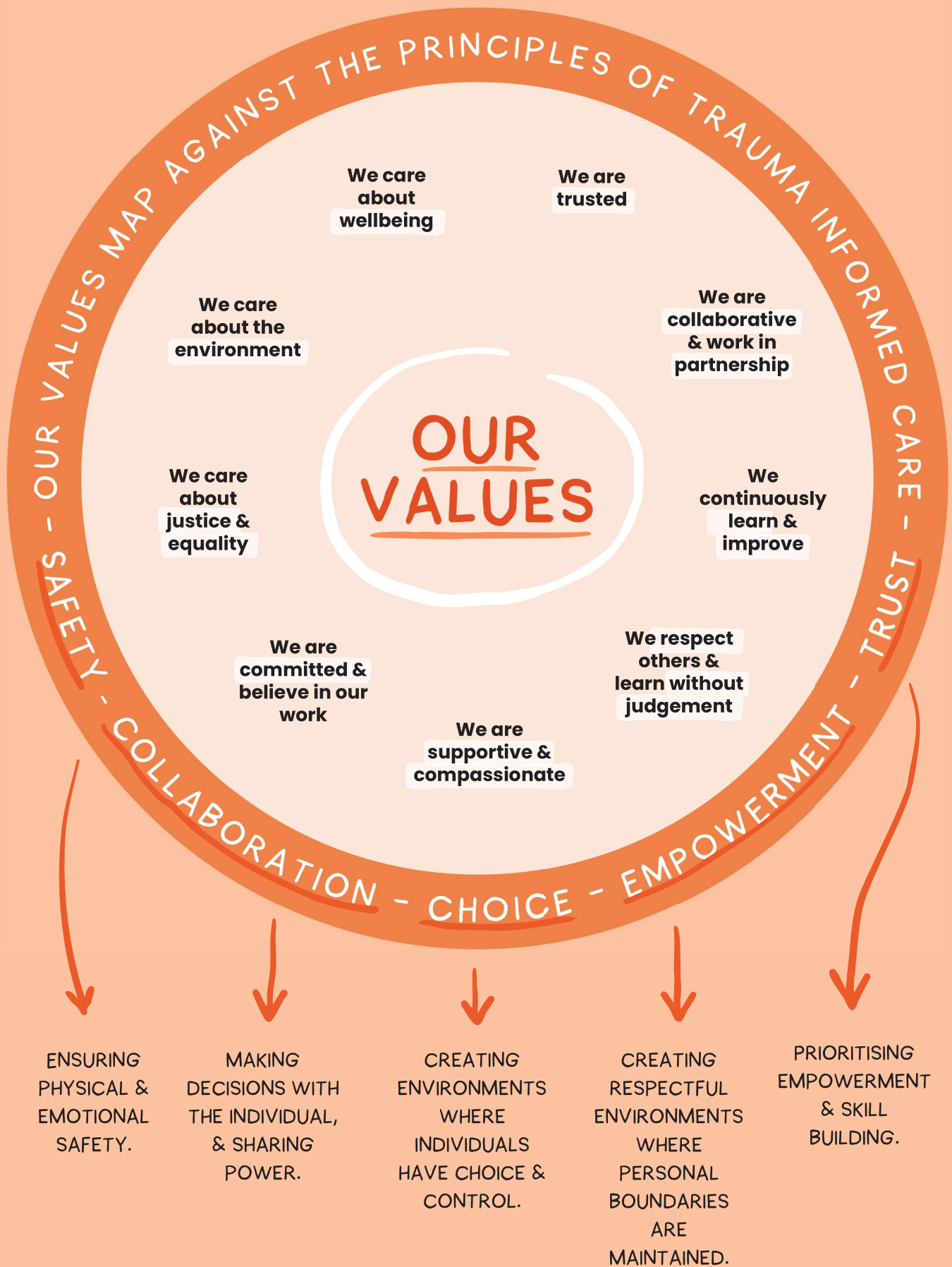
## Our mission:

**Safety Net supports those affected by rape, exploitation, domestic and sexual abuse across Cumbria.**

**We offer advice, support, therapy and a safe space to help people recover from the trauma of abuse.**

***"Everyone I have spoken to or had contact with has been really nice, kind, caring and welcoming. Safety Net was definitely my safe place."***

**– adult service user**



# How we work

**We offer a 4-tiered approach, based on a risk and needs-led assessment that combines therapy with wrap-around support.**

## Tier 1:

### **Information and advice:**

Advice and support to individuals, professionals and family members. Includes signposting to other agencies and services, pre-trial and court procedures advice.

## Tier 2:

### **Emotional and practical support through our Trauma Informed Practitioners:**

Help with safety, stabilisation and wellbeing. Includes mindfulness, relaxation, sleep and self-care techniques, plus education on the impact of trauma (up to 12 sessions).

## Tier 3:

### **Trauma-focused counselling or therapy:**

Helps service users process and cope with the impacts of trauma. Includes pre-trial therapy.

## Tier 4:

### **Reintegration into the community:**

Art therapy groups, a men's group, peer mentoring, befriending and volunteering.

**We also deliver prevention and education work, through a whole schools approach.** This includes 1:1 support work with children and young people in schools, through our new programme Your Space. The aim is for young people to develop resilience, self-esteem and confidence to tackle situations that are impacting on their wellbeing. These include:

- Relationships with peers / romantic partners, that are unhealthy or abusive
- Family relationships where domestic abuse is prevalent
- Child sexual abuse
- Child sexual exploitation, sexual assault or rape
- Gender identity issues
- Sexuality and sexual health
- Online safety
- Self-harming
- Anxiety / low mood

Sessions are led by our Trauma Informed Practitioners and supported by the therapy team. Within each session, we provide advice, explore healthy relationship skills, and look at safety and coping strategies. We use a range of techniques including mindfulness, creative therapy and multi-sensory resources to support emotional regulation.

Your Space includes peer group sessions, led by our team, that support the Relationships and Sex Education agenda. Topics include:

- Consent
- Sexuality and sexual health
- Online safety
- Sending nude photos
- Pornography
- Healthy relationships
- Toxic masculinity

We also provide training and information to other professionals and parents. This supports safeguarding, Early Help Assessments, and multi-agency meetings.



***“My experience at Safety Net was life-changing and that was all down to my therapist.”***

**– adult service user**



# Our key achievements in 2024 – 2025

This year marked a period of significant progress for Safety Net. We supported 18% more survivors of sexual and domestic abuse across Cumbria, compared to the previous year.

We delivered one-to-one trauma-informed therapy and support to 1,220 people, including:

- 756 adults
- 464 children and young people

We achieved The Survivors Trust Service Standards Award and One Small Thing's Silver Quality Mark. We also opened a new West Cumbria office, providing clients with another dedicated safe space. We secured over 70% of our 2025–26 funding early, thanks to the support of trusts, foundations, and statutory partners.

The voices of those we support remained central to our work. We improved our feedback process to ensure lived experience directly informs service development. This led to the launch of our flexible Trauma-Informed Parenting Support Programme and the further development of peer support initiatives, including a vital group for male survivors of childhood sexual abuse.

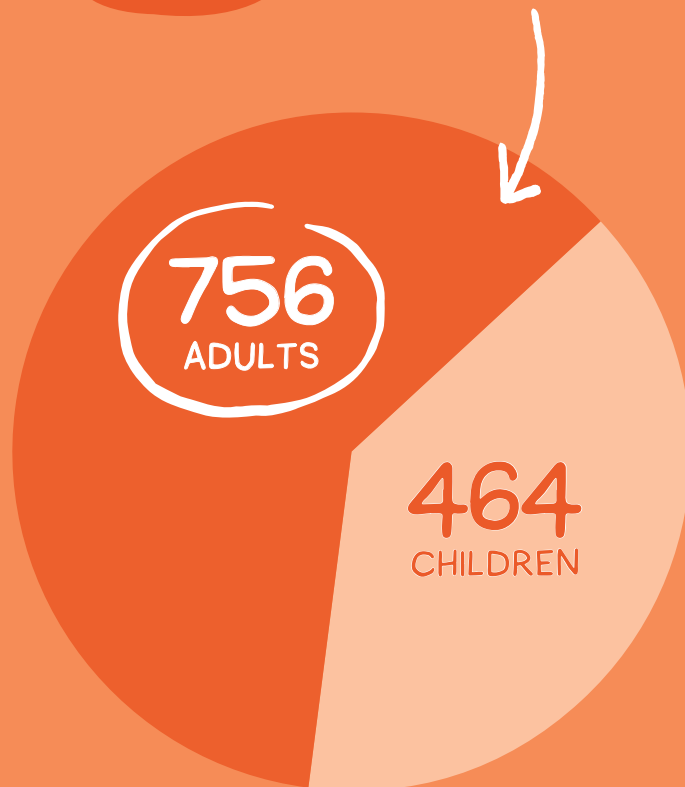
We also invested in our team through training in pre-trial support and trauma-informed practice. We supported professional accreditations and provided learning placements for student social workers and therapists.



Our McKenzie Friend support played a vital role in helping survivors navigate the family court system – a process that can be confusing, overwhelming, and often re-traumatising. McKenzie Friends offer emotional support, help with paperwork, and quietly provide advice during hearings. While they cannot speak on the survivor's behalf without special permission from the judge, their presence alone can make a big difference. They make sure survivors of abuse are not alone when facing one of the most difficult parts of their journey.

In 2024–2025, we provided 65 hours of McKenzie Friend support to 23 clients, helping them understand their legal options, access special measures, and feel safer and more empowered throughout the process.

IN 2024-2025  
WE SUPPORTED  
**1,220** PEOPLE -



**194**

TEACHERS & OTHER  
PROFESSIONALS  
ATTENDED WORKSHOPS  
/ TRAINING

**1,666**

CHILDREN & YOUNG  
PEOPLE HAVE  
ATTENDED PEER  
GROUP SESSIONS

**22,676**

INTERACTIONS AND SUPPORT  
ACROSS ALL SERVICES



**40%**

INCREASE ON  
THE YEAR BEFORE

**259**

CLIENTS ACCESSED OUR  
INFORMATION & ADVICE SERVICE



**33%**

INCREASE ON  
THE YEAR BEFORE



## Katy – adult therapy case study

Katy, age 39, was referred to Safety Net by Victim Support after experiencing sexual and physical assault by an adult family member. At the time of referral, she was struggling with intense trauma symptoms, including flashbacks, nightmares, and insomnia. Both Katy and Victim Support felt she needed trauma-informed support to help her process the trauma and begin her recovery.

We began by exploring her post-traumatic symptoms and offering psychoeducation about how the brain responds to trauma. Using Carolyn Spring's Survivors Guide, we looked at common triggers and introduced strategies to manage anxiety and distress. Katy learned grounding techniques such as the 5-4-3-2-1 method, which uses the senses to calm the body and mind. We explored breathing exercises and how to regulate the nervous system, helping Katy recognise and shift out of the fight, flight, or freeze response.

We also focused on small, achievable goals. These supported her understanding of the window of tolerance and how to increase it. As part of the work, we explored the disconnect between mind and body that often follows trauma. Katy began journaling as a way to slow down her racing thoughts and create a sense of self-awareness.

Katy engaged with the work wholeheartedly. She reported noticeable improvements in sleep, fewer flashbacks, and a reduction in other trauma symptoms. Her session scores reflected this progress, showing clear evidence of the changes she was experiencing. In her final session, Katy shared that the most significant shift had been visible on her fitness watch, which had tracked a steady improvement in her sleep over the 12 weeks. For her, this was a meaningful sign of recovery.

After 12 sessions, we agreed on a planned closure. Internal referrals were made to the Creative Hub group to help Katy stay connected and avoid isolation, as well as to our in-house counselling service. Katy now feels in a stable place to begin working through not just the recent trauma, but also difficult experiences from childhood. Her journey shows how knowledge, tools, and the right support can help survivors reclaim a sense of safety and control.





## Mark – children and young people's therapy case study

Mark was referred to Safety Net by his GP after his mum raised concerns about his escalating behaviour at home. She believed his outbursts were linked to early experiences of witnessing domestic abuse by his father towards her, between the ages of 0 and 3. At the time of referral, Mark was struggling with anger, hitting out at his mum and sister, screaming, slamming doors, and throwing objects. He also expressed sadness and anxiety, particularly around bedtime. His mum was unsure how best to support him and asked for parenting sessions alongside help for Mark.

Following the assessment, we recommended Filial Therapy – a play-based approach that strengthens attachment between children and their caregivers. Over 24 sessions, the family engaged in play observations (with Mark, his mum and his sister), parent-only sessions, and play sessions between Mark and his mum. From the beginning, Mark's mum showed a natural ability to follow his lead and join his imaginative play. Together, we built on these strengths while developing new skills, such as recognising and reflecting Mark's emotions and setting healthy boundaries.

As therapy progressed, Mark began to express himself more openly. His ability to manage frustration and problem-solve independently improved. At the start, he often deferred to his mum when upset; by the end, he was finding his own solutions. A key shift came as his mum learned to give him space to feel and process his emotions, rather than stepping in too quickly to resolve tension. This was a big change for both of them, especially as his behaviour in the past had escalated to violence and threats (e.g. to hurt himself or to tell others his mum had done something to him).

By the end of therapy, Mark said he felt happier at home and at school. His play also appeared less focused on destruction and more centred on rules. His mum said that she felt Mark's behaviour had really improved and that she was hoping to refer her daughter to the service for further support.

# Our outcomes – how we achieved our goals in 2024 – 2025

## Goal 1:

### Effective governance and long-term sustainability

We strengthened our trauma-informed governance and long-term sustainability this year. We continue to be an organisational member of the BACP. We were a pilot organisation for The Survivors Trust service standards inspection and were recognised for our high-quality survivor-centred support. We also gained our Silver Quality Mark from One Small Thing, which is a national benchmark for our trauma-informed support.

We welcomed Eleanor Hancock as our new Chair, bringing over 30 years of trustee experience and a strong background in domestic abuse awareness. We also exceeded our goal of having 25% of trustees with lived experience, bringing vital insight to our leadership team.

Our multi-year business plan and funding strategy helped us secure over 70% of our 2025–26 income early, including support from Global's Make Some Noise, the Charles Hayward Foundation, and the Edward Gostling Legacy Fund. We continue to be commissioned by the Ministry of Justice and the North East and Cumbria Integrated

Care Board. Safety Net carefully manages risk through regular trustee meetings, financial checks, a solid reserve policy, and robust business continuity planning. These steps help us stay resilient, trusted, and well-equipped to support our community, now and in the future.

## Goal 2:

### To challenge inequality and injustice, and campaign to influence strategy and policy

Safety Net continues to challenge inequality, influence policy, and promote trauma-informed practice across Cumbria and beyond. In 2024–25, we worked with The Survivors Trust on national consultations and took an active role in local networks, including the Sexual Violence Strategic Group, Domestic Abuse Networks and Children and Young People's Reference Groups.

We partnered with organisations such as The Birchall Trust, Age UK, and Victim Support to raise awareness and deliver trauma-informed training. As co-leads of Trauma Informed Cumbria and partners to The Bridgeway (Cumbria's Sexual Assault Referral Centre), we championed system-wide change. Survivor voices remain central to our work, informing our strategy, training, and advocacy

through the Client Reference Group and service user feedback.

Over the past year, we've taken part in national and local social media campaigns. These efforts reflect our ongoing commitment to tackling inequality and promoting justice.

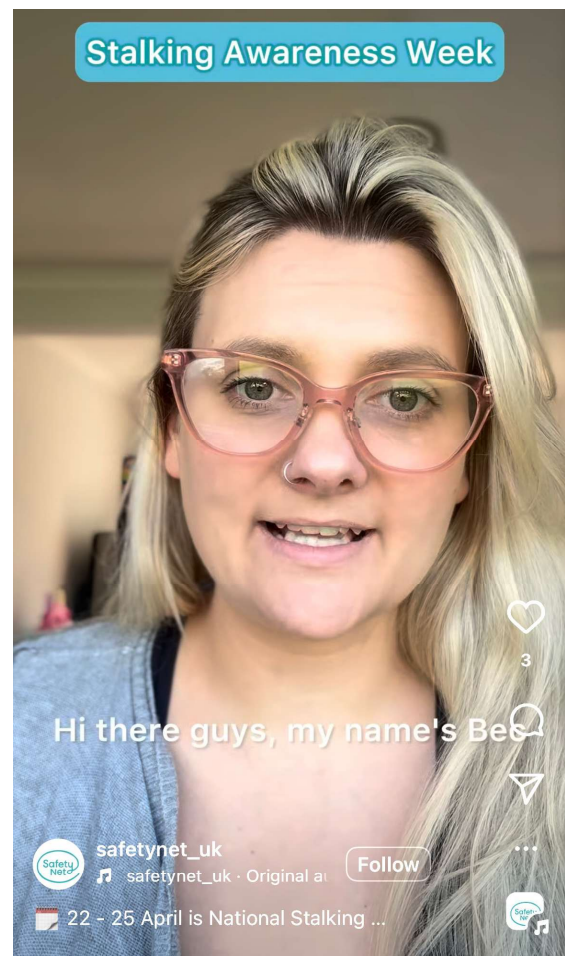
Key campaigns included:

- **Sexual Abuse and Sexual Violence Awareness Week:**  
We joined this national campaign to raise awareness and help break the silence around these issues.
- **16 Days of Activism Against Gender-Based Violence:**  
This global campaign focused on violence against women and girls. Over the 16 days, we shared educational content to show the many forms abuse can take.
- **International Women's Day:**  
We celebrated the women who inspire us with personal contributions from staff across Safety Net.

Throughout the year, we also worked hard to challenge myths around domestic and sexual abuse and to promote Safety Net's services through effective communications, resulting in the following followers and visitors to our channels:

- **Website** ([www.safetynetuk.org](http://www.safetynetuk.org)):  
17,000 visits last year – up 14% from the year before. 13,000 of these were unique visitors, a 10% increase.
- **Facebook:** 1,338 followers – up 12% from 1,200 the year before.

- **Instagram:** 374 followers – a 17% increase from 321 the year before.
- **TikTok:** We launched the channel last year and grew from 15 to 61 followers. Our videos aim to inform and engage a younger Gen Z audience.



## Goal 3:

### To work collaboratively to deliver trauma-informed, needs-led and accessible services:

#### Tier 1: Information and advice

In 2024–25, we greatly enhanced our Tier 1 support by introducing a new structured assessment and screening for all referrals. This allowed us to manage rising complexity, assess risk earlier (and more holistically), and provide timely, trauma-informed support before allocation to a practitioner or therapist. We also refined our eligibility criteria and improved referral tools for professionals, including an online readiness questionnaire and updated guidance.

As a result, Tier 1 activity rose significantly, with 10,053 activities recorded – 87% relating to new or returning clients. Of the 1,015 clients with accepted referrals, 87% received substantial Tier 1 support, averaging 8.6 contacts each. Our work with professionals continues to be a central part of Tier 1. In fact, over half of our Tier 1 activities involved external agency input, highlighting our valuable multi-agency partnerships.

We also improved our data quality and were able to identify clear and well-evidenced trends. Key presenting issues were domestic abuse (41%), child sexual abuse (24%), and sexual abuse (52%). This

underscores the overlap between different types of abuse and the need for trauma-informed, tailored responses.

#### Tier 2 and Tier 3: Support and therapy

We supported 603 individuals at Tier 2 and 3 – a 5% increase from last year. This modest growth reflects a more intentional trauma-informed model that places greater emphasis on readiness for recovery. However, it's also important to consider that the intensity and complexity of needs within these tiers have greatly increased. Our staff have prioritised individuals with higher levels of need and trauma, impacting the total volume of individuals that can be supported within these tiers.

To meet the complexity of families coming into our service, we launched a rolling online trauma-informed family support programme. 98% of children and young people in our service present with moderate to high trauma symptoms, so we reviewed our framework to include more parental support. This includes caregiver sessions on trauma, connection, emotional regulation, and monthly listening groups, giving families flexible tools to support recovery.

#### Tier 4: Reintegration back into the community

Our 21 volunteers provided 264 hours of support, with 111 befriending sessions and 15 peer-led coffee and craft groups held across the year. These included creative activities like needle felting, clay modelling,


and card making, supporting connection and wellbeing.

Our men's peer support group for survivors of childhood sexual abuse continued to meet a critical gap. Across 13 sessions and 39 hours in total, co-facilitated by a therapist and a staff member, participants shared lived experiences and coping strategies. They created space for social interactions and helped reduce feelings of isolation and shame.

We recognise that participation in a group can build up strong emotions or triggers for those with complex trauma. The risk was carefully managed through robust safeguarding processes, clear group agreements co-created with participants, and access to one-to-one support when needed.

Six additional peer development sessions gave participants the chance to shape the future of the male peer support survivors' group. Together, they began creating a peer-led support toolkit – a leaflet for staff to use when speaking with potential new members. They also reviewed the member agreement and group protocols to reflect what they'd learned so far and to clearly outline what the group offers and how it works. This group also helped embed the survivor voice across the organisation by inviting staff to attend sessions and learn directly from participants.

Our co-production approach means those affected by trauma are not just recipients of our services but active partners in shaping them.



***“Safety Net has helped in showing me better coping strategies with PTSD and anxiety. In all my sessions I have felt like I was listened to, and my past trauma was taking very seriously.”***

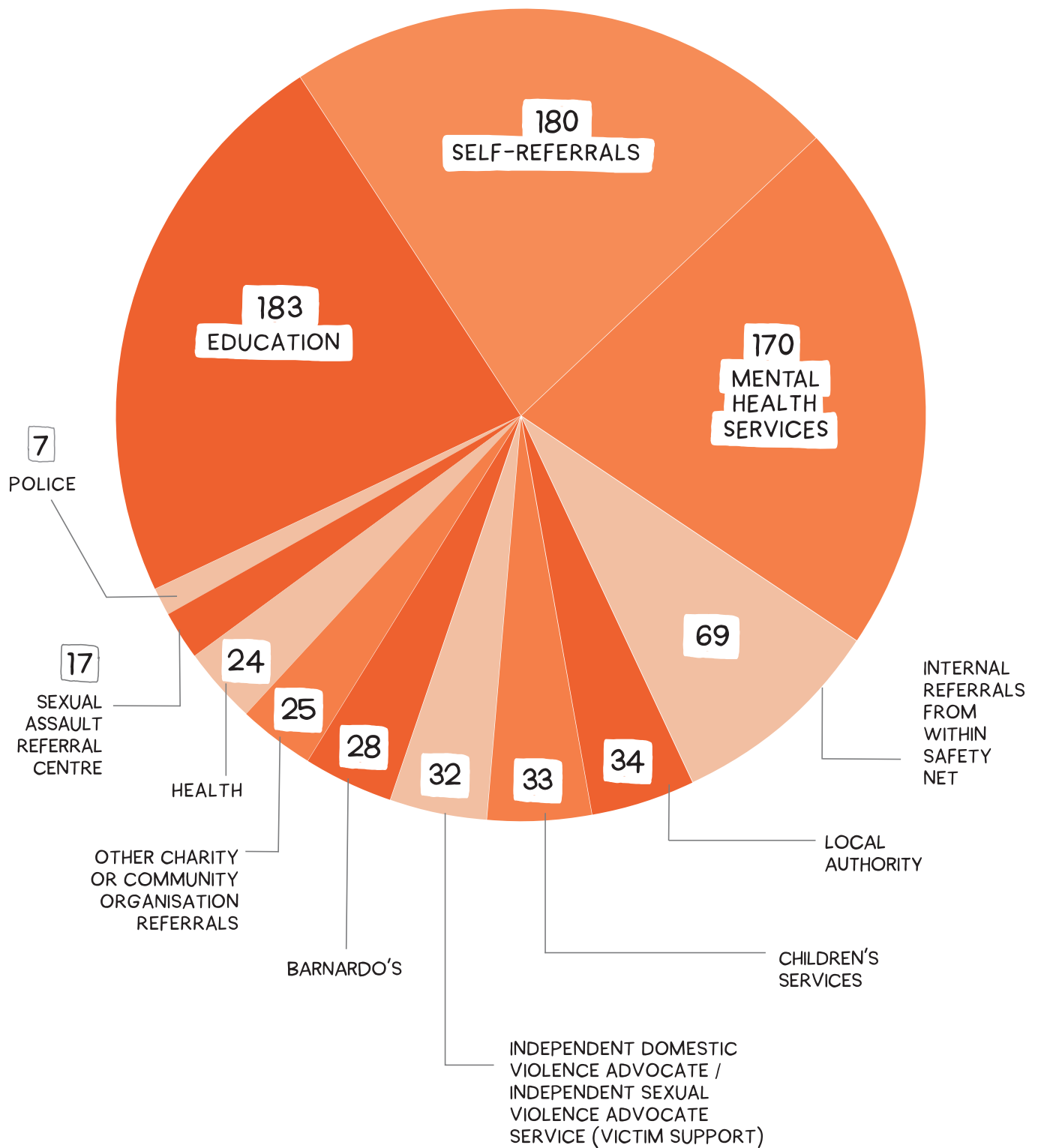
**- adult service user**





# REFERRALS

## 2024-25



## Goal 4:

### To develop and embed our prevention and early intervention work with young people

In 2024–25, we expanded our prevention work to reach more young people, parents, and teachers. We delivered a whole-school approach in eight schools across Cumbria.

- **1,666 students** took part in workshops on emotional regulation, healthy relationships, toxic masculinity, online safety, and the impact of pornography. These were co-delivered with Ben Oliver from Worth Educating.
- **154 students** were referred for one-to-one support with our trauma-informed practitioners.
- **194 teachers** received RSHE training, with ongoing advice and resources offered throughout the year.
- **Parents** attended sessions on self-harm, online safety, pornography, and emotional regulation.
- **Young people** helped shape the programme through regular feedback and co-production sessions.

The Netflix TV show *Adolescence* sparked national concern about the growing dangers young people face today, particularly the role of the manosphere and the online radicalisation of boys towards violent misogyny. It highlighted

the urgent need for early, trauma-informed education. Our work responds directly to these risks – promoting respect, equality, emotional literacy, and digital safety.



***“Before the session, I was bad in school now I feel like I’m not bad in school. I was helped to understand how not to get involved in bad situations.”***

**- children and young persons service user**

# ADULT SERVICES OUTCOMES

The progress shown in our adult service outcomes highlights both the strength of survivors and the impact of our trauma-informed, needs-led support. We track this using validated outcome measures, helping us understand each person's recovery journey.



However, these positive steps must be seen in context. Many clients face complex trauma, systemic inequalities, and the ongoing impact of the cost-of-living crisis. The limitations of readily available mental health support also create substantial barriers. These pressures can affect the pace of recovery, sometimes leading to plateaus or dips in progress.



Despite this, our focus remains clear: to offer consistent, trauma-informed expert care while advocating for systems that better meet the needs of survivors where they are at.

## IMPROVED WELLBEING / SYMPTOMS OF TRAUMA

**80%**

OF ADULT SERVICE USERS EXPERIENCED IMPROVED HEALTH AND WELLBEING.

**80%**

OF ADULT SERVICE USERS EXPERIENCED REDUCED SYMPTOMS OF TRAUMA.

## REDUCED RISK & RISK TAKING BEHAVIOURS

**75%**

OF ADULT SERVICE USERS FELT THEIR PERSONAL SAFETY HAD IMPROVED.

**78%**

OF ADULT SERVICE USERS HAD GREATER AWARENESS AROUND ONLINE SAFETY.

## IMPROVED EMOTIONAL RESILIENCE

**85%**

OF ADULT SERVICE USERS FELT THEY HAD BETTER COPING AND SELF CARE STRATEGIES.

**81%**

OF ADULT SERVICE USERS FELT MORE ABLE TO MAINTAIN RELATIONSHIPS WITH FAMILY AND FRIENDS.

**85%**

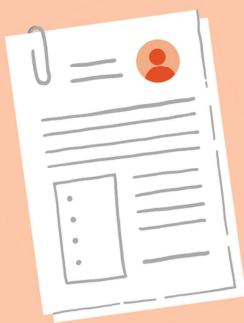
OF ADULT SERVICE USERS HAD IMPROVED ABILITY TO INTERACT SOCIALLY WITH OTHER PEOPLE.

**79%**

OF ADULT SERVICE USERS HAD BETTER ENGAGEMENT IN PRIVATE LEISURE ACTIVITIES & HOBBIES.



# INCREASED ABILITY TO COPE WITH PRACTICAL TASKS:

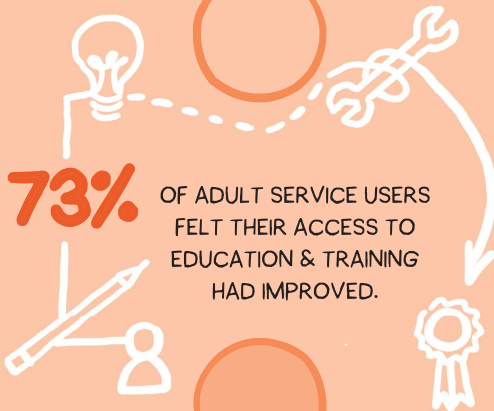


77%

OF ADULT SERVICE USERS  
FELT MORE ABLE TO SEEK AND  
MAINTAIN EMPLOYMENT.

77%

OF ADULT SERVICE USERS  
FELT MORE ABLE TO MANAGE  
POLICE, CRIMINAL JUSTICE  
AND COURT PROCEEDINGS.



73%

OF ADULT SERVICE USERS  
FELT THEIR ACCESS TO  
EDUCATION & TRAINING  
HAD IMPROVED.



74%

OF ADULT SERVICE  
USERS REPORTED A  
POSITIVE IMPACT ON  
THEIR MANAGEMENT  
OF HOUSING,  
FINANCE & BENEFITS.

87%

OF ADULT SERVICE USERS FELT  
BETTER ABLE TO PARENT &  
LOOK AFTER CHILDREN.



78%

OF ADULT  
SERVICE  
USERS FELT  
BETTER ABLE  
TO MANAGE  
HOUSEHOLD  
TASKS



## Goal 5:

### **To embed a culture of continuous improvement and service development informed by service user experiences:**

In 2024–25, we strengthened our trauma-informed approach across all areas of the organisation. We achieved the Silver Quality Mark from One Small Thing, recognising our commitment to safe, supportive, and trauma-aware services.

We improved how we gather and use client feedback, ensuring their voices shape our services. Staff received training in pre-trial support, safeguarding, confidentiality, and trauma-informed practice. Our staff away day focused on embedding trauma-informed principles and the five pillars through engaging in a 5 Rhythms dance day.

We supported team development through professional accreditations and specialist training. A trauma-informed practitioner became a qualified psychotherapist, and a therapist gained BACP accreditation. Staff also completed training in child counselling, adolescent trauma, and parent-child therapy.

We supported future professionals by hosting a student social worker and three therapy student placements. We also expanded our student placement offer, helping to build a skilled, trauma-informed workforce.

## Goal 6:

### **To be recognised as a centre of excellence for trauma-informed work in Cumbria**

In 2024–25, Safety Net strengthened its role as a centre of excellence for trauma-informed practice in Cumbria. We supported over 200 professionals through four key events, reaching those in health, education, social work, housing, mental health, the voluntary sector, and local councils.

Our Trauma-Informed Strategic Leadership Event brought senior decision-makers together to explore how empathy, safety, and shared responsibility can transform organisations. Dr Sophie Mulvana, Consultant Clinical Psychologist, led reflections on the emotional demands of leadership and modelled trauma-informed values. Leaders were encouraged to begin their trauma-informed self-assessment journey. They were also encouraged to view this cultural change not as a one-off intervention but as an ongoing commitment to well-being, justice, and system-wide learning.

We also ran three Trauma Awareness Training sessions to provide a strong foundation in trauma awareness. These covered trauma's impact on the brain, recognising trauma responses, applying safe, practical tools, and managing vicarious trauma. Participants reported they left feeling better equipped to support others and themselves with compassion and confidence.

# CHILDREN & YOUNG PEOPLE OUTCOMES

The children and young people that we supported last year had improved primary trauma and wellbeing outcomes. This shows the difference we are making to their lives:

## IMPROVEMENT IN WELLBEING / SYMPTOMS OF TRAUMA

83%

OF CHILDREN & YOUNG PEOPLE SHOWED **BETTER HEALTH AND WELLBEING SCORES.**

87%

OF CHILDREN & YOUNG PEOPLE REPORTED **IMPROVEMENT IN SYMPTOMS OF TRAUMA.**

## REDUCTION IN RISK & RISK-TAKING BEHAVIOURS

78%

OF CHILDREN & YOUNG PEOPLE REPORTED AN IMPROVEMENT OR NO CHANGE IN THEIR PERSONAL SAFETY.

82%

OF CHILDREN & YOUNG PEOPLE HAD IMPROVED AWARENESS OR NO CHANGE, AROUND ONLINE SAFETY.

## IMPROVED EMOTIONAL RESILIENCE

86%

OF CHILDREN & YOUNG PEOPLE REPORTED IMPROVEMENTS IN HOW THEY WERE COPING AND THEIR SELF CARE.

75%

OF CHILDREN & YOUNG PEOPLE REPORTED IMPROVEMENT WITHIN THEIR FAMILY LIFE AND CLOSE RELATIONSHIPS AROUND THEM.

76%

OF CHILDREN & YOUNG PEOPLE REPORTED AN IMPROVEMENT IN THEIR ABILITY TO SOCIALISE WITH THEIR FRIENDS.

80%

OF CHILDREN & YOUNG PEOPLE INDICATED AN IMPROVEMENT IN THEIR SCHOOL LIFE.

# Safety Net UK

**A Charitable Incorporated Organisation: details of the charity, its Trustees and advisors. The information below relates to the period ended 31 March.**

## **Trustees:**

Biographies of our Trustees can be found on our website.

E Hancock, Chair  
Appointed 07/08/2024

J King, Chair  
Resigned 17/03/2025

A Kevern  
Resigned 19/01/2025

K M Dixon

M Hattrick

M Aurelia

C Todhunter  
Appointed 16/04/2025

R Reinbeck  
Resigned 13/12/2024

C Travers

## **Heads of Service:**

Jo Birch  
Head of Operations

Julia Carver  
Head of Strategy and Development

Fionuala Wareing  
Head of Clinical Practice

## **Registered Charity Number:**

1164998

## **Registered Company Number:**

CE005945

## **Registered Office:**

1 Fisher Street, Carlisle, Cumbria,  
CA3 8RR

## **Auditor:**

Dodd & Co Audit Limited, Fifteen  
Rose Hill, Montgomery Way, Rosehill  
Estate, Carlisle, Cumbria, CA1 2RW

## **Banking:**

Cumberland Building Society, 38  
Fisher Street, Carlisle, Cumbria, CA3  
8RQ

## **Solicitors:**

Burnetts, Victoria House, Wavell  
Drive, Carlisle, Cumbria, CA1 2ST

## **Constitution:**

The charity existed as Safety Net Advice and Support Centre for thirteen years but changed status from an unincorporated association to become a Charitable Incorporated Organisation on 16 January 2017. This new entity, Safety Net (UK), has a legal identity and the ability to conduct business in its own name. The Trustees and senior management team regularly review the charity's governance, and its policies and procedures, on a rolling programme.

The following information was correct as at 31 March 2025.

## **Method of appointment or election of Trustees:**

Safety Net has a balanced board of five Trustees who have a range of relevant skills and experience. One member of the Trustee board is an ex service user and we intend to increase representation from those with lived experience over time. The strategic management and oversight of the charity is the responsibility of the Trustees, who are elected or co-opted by the Trustee Board. Recent appointments have addressed skills gaps, particularly in the areas of marketing, business development and planning. Furthermore, the Trustees have identified diversification of the demographics of the Board as an area for further development.

## **Policies adopted for the induction and training of Trustees:**

Safety Net's staff and Trustee induction policies are regularly reviewed and uploaded to our Breathe HR system. We have staff/Trustee policies that are updated on a rolling basis. The charity has an annual strategy day and biannual staff/Trustee training sessions.

## **Pay policy for staff:**

Safety Net is currently reviewing payscales to align with the NHS.

## **Organisational structure and decision-making:**

The strategic management and oversight of the charity is the responsibility of the Trustees. Senior leadership is provided by the Head of Operations, Head of Strategy and Development and Head of Clinical Practice, who attend Trustees Board Meetings. Each Trustee has responsibility for a defined area of Safety Net's activity and is available to senior management for consultation and advice.

## **Delivering public benefit:**

Safety Net's objectives and activities fully reflect the purposes of the charity. There is an inherent public benefit in raising public awareness of the extent of rape, sexual assault and all forms of abuse against children and adults of all genders, so they feel able to talk about their experiences, seek help and access appropriate support. The Trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and comply with this guidance.

# Risk management

**The following have been identified by Safety Net Trustees as the key risks**

Risk:	Managed by:
Financial stability	<p>We have a clear overall service vision which helps shape our fundraising strategy and we proactively seek a balanced mix of funding sources. We continue to strive to diversify our income, aiming to grow traded and voluntary funding to 5-10% within three years and 20-25% in the long term. To mitigate the impact of reductions in public sector funding and reduced community donations due to the cost-of-living crisis, we are building new partnerships, organising a range of events and seeking sponsorships and corporate donations.</p> <p>We maintain tight budget controls to manage inflation, deliver all contracts effectively and provide high-quality reports for funders, evidencing our cost-effectiveness and social value. Governance is strengthened through independent accountants, a newly established finance committee and a clear reserves policy that is reviewed annually. A full financial audit was undertaken in August 2025.</p>
Operational challenges	<p>We prioritise staff and volunteer wellbeing to ensure organisational resilience. This includes providing trauma-informed clinical supervision and case management to reduce vicarious trauma and prevent burnout, monitoring workloads, and offering competitive salaries and flexible working arrangements.</p> <p>We invest in staff development through ongoing training and clear pathways for progression. To ensure service quality, we are undertaking an ongoing review of our allocations process and our wider service offer to ensure client-centred support is available, even for those on waiting lists. Our strong links with the University of Cumbria, Victim Support, Child and Adolescent Mental Health Services (CAMHS), and other providers support smooth referrals and joint working. We also utilise a dedicated pool of experienced freelance workers to support us during peaks in demand.</p>



Risk:	Managed by:
<p><b>Competition from other providers</b></p>	<p>Our position is uniquely comprehensive, as our work spans all genders and age groups, covering the full spectrum of domestic and sexual abuse. We operate a flexible delivery model, using remote services to meet evolving community needs.</p> <p>To secure our position, we monitor national and local policy pressures and maintain active membership of strategic boards to influence policy and represent our beneficiaries. We are also developing strong links with the mayor's office and local councillors to enhance our advocacy work.</p>
<p><b>Compliance and regulation</b></p>	<p>We conduct regular internal and external audits and risk assessments to ensure we remain compliant with legal requirements and sector best practice. A rolling review of all policies and procedures is in place. We have appointed a Safeguarding Lead and undertaken a comprehensive review of all safeguarding policies.</p> <p>All staff are required to complete safeguarding training appropriate to their roles, with ongoing training in Domestic Violence and Multi-Agency Risk Assessment Conference (MARAC) also provided. For transparency and accountability, we have an updated complaints procedure published on our website and have established clear processes for Trustee Declarations of Interest.</p>
<p><b>Service demand</b></p>	<p>We acknowledge that economic hardship and social issues have heightened demand, straining our resources. We shape our services around data and community needs, managing referrals through a clear triage and case management process. We have developed clear pathways and eligibility criteria for all service users requiring our specialist sexual and domestic abuse services.</p> <p>Our trauma-informed tiered model supports all genders and ages, and we continue to expand our school-based services with a flexible, whole-school approach. A key organisational risk is our current premises. We are actively seeking a larger location to relocate and future-proof Safety Net with the full support of our Board.</p>

Risk:	Managed by:
Organisational Resilience	<p>We are considered a centre of excellence with a strong reputation, supported by a healthy staff retention rate of over 90%. Our quality is demonstrated by working within the British Association for Counselling and Psychotherapy (BACP) ethical frameworks and achieving The Survivors Trust and One Small Thing's Silver Trauma-Informed Quality Assurance Mark.</p> <p>Our Board combines professional expertise in areas like finance, PR and safeguarding with valuable lived experience. We have implemented a new trustee structure with subcommittees and clearly defined roles (Chair, Deputy, Treasurer) to strengthen governance. We are also developing long-term strategic plans and a crisis communication strategy to safeguard our reputation.</p>
Cybersecurity and digital transformation	<p>We use social media platforms like TikTok to raise awareness and promote our mission, supported by a new website and rebranding to improve accessibility and engagement.</p> <p>To protect our systems, we continue to fund IT upgrades and invest in robust cybersecurity measures, including firewalls, encryption, and secure data storage. We provide regular training for all staff and volunteers on cybersecurity best practices and data protection to ensure they can use new tools effectively and safely.</p>
Environmental preparedness	<p>We remain aware of environmental risks and have developed and regularly updated our business disruption plans to address risks, such as flooding. We ensure our services are considered within broader emergency response frameworks through local resilience planning and maintain adequate insurance coverage for our property, operations and liabilities.</p>



# Our key challenges in 2024–25

Challenge:	Explanation
Responding to unprecedented and increasingly complex demand	<p>The scale and severity of need in our community is growing, placing immense pressure on our services and staff.</p> <p>This year, we supported 18% more survivors of sexual and domestic abuse compared to last year, the highest number of people in our charity's history.</p> <p>The complexity of cases has intensified. A staggering 82% of adults and 98% of children and young people present with moderate to high trauma symptoms when they are referred to us.</p> <p>This complexity, compounded by the cost-of-living crisis, requires longer and more intensive support, which in turn increases wait times for those in need of help.</p> <p>Our initial contact and assessment services are under immense pressure, with Tier 1 advice and support activity rising significantly to 10,053 recorded activities.</p>
Navigating a volatile funding landscape and rising costs	<p>Ensuring our services are sustainable in the current economic climate is a persistent and significant challenge.</p> <p>We operate in a highly competitive funding environment where reliance on short-term contracts makes long-term strategic planning difficult.</p> <p>While our fundraising has been successful, rising operational costs place additional pressure on our resources, stretching every grant and donation further.</p> <p>Despite these pressures, our robust funding strategy has been critical in meeting this challenge. We successfully secured over 70% of our income for the coming year in advance, providing crucial stability for our services.</p>

Challenge:	Explanation
<p><b>Ensuring workforce capacity and wellbeing</b></p>	<p>Meeting the complex needs of our clients requires a highly skilled and resilient workforce, and the recruitment and retention of specialist staff remains a key challenge.</p> <p>There is a persistent shortage of qualified, trauma-informed therapists, particularly in a rural county like Cumbria.</p> <p>Our dedicated team consistently works at full capacity to manage the high volume of cases, making staff wellbeing a critical priority to prevent stress and burnout.</p> <p>To address this, we have invested heavily in our team's professional development, supporting accreditations and advanced training in trauma treatment to build and retain specialist skills within the organisation.</p>
<p><b>Adapting and developing for future needs</b></p>	<p>To remain effective, we must continually evolve our services and infrastructure to meet the changing needs of our community.</p> <p>A primary infrastructure challenge is that our main Carlisle office has been outgrown. We are now progressing plans to relocate to a new, more sustainable headquarters that meets our future needs.</p> <p>We face the ongoing challenge of removing barriers to access, especially for older adults and people in rural communities who may struggle to get the support they need. We are developing targeted outreach workshops and information sessions to address this.</p>

# Our goals for the future

**In 2025–2026, we intend to achieve the following goals:**

## Goal 1:

### **Effective governance and long-term sustainability**

- Recruit a dedicated Fundraising Manager to lead our fundraising strategy, grow corporate partnerships, and increase fundraising and traded income by 5–10% in two years, and 20–25% long term.
- Appoint a dedicated trainer to expand our income-generating training programmes, contributing to increased financial sustainability.
- Progress plans to relocate to a greener, more sustainable Carlisle HQ in partnership with a local charity.
- Implement an upgraded case management system and a new funding database to improve operational efficiency and data management for fundraising.
- Transition to a CEO-led structure and implement a revised internal structure to support our continued growth and strategic objectives.
- Strengthen our Board of Trustees through a skills audit, targeted recruitment, and regular training and development opportunities.

- Finalise our climate action plan, implement energy-efficient office practices, and promote environmental awareness among staff and service users.

## Goal 2:

### **To challenge inequality and justice, and campaign to influence strategy and policy – both locally and nationally:**

- Deliver regular training to police, social workers, and healthcare staff to improve responses to sexual and domestic abuse.
- Advocate for legislative change and engage in national policy discussions to better protect survivors of abuse and challenge systemic inequalities. We will also lend our full support to key national campaigns working towards these goals.
- Use our social media channels to participate in national dialogues and amplify critical policy messages affecting our local communities. Build a strong presence on TikTok and Instagram to engage Gen Z in social justice conversations and expand our reach within this demographic.
- Partner with local organisations and businesses to run public awareness campaigns and community initiatives that inspire action.

### Goal 3:

#### **To work collaboratively to deliver trauma-informed, needs-led and accessible services.**

- Expand Tier 4 group support beyond Carlisle to reach under-served survivors in West Cumbria and Penrith.
- Work with rural community groups (GPs, churches, schools, libraries) to deliver accessible information sessions and survivor-informed talks. Deliver needs-led outreach workshops for rural communities, including farming families, older adults, and those with limited digital access, to increase service accessibility. Ensure all community engagement in rural areas is trauma-informed and accessible, meeting the specific needs of survivors in isolated communities.
- Continue to embed trauma-informed principles across all services, with regular reviews to maintain best practice. Involve survivors in service design and delivery to ensure they are truly needs-led and increase volunteering opportunities.
- Launch a 12-week Recovery Toolkit Group to support women with practical tools for healing and emotional well-being.
- Improve accessibility by addressing physical, cultural, financial, and digital barriers through outreach, partnerships, and technology.

### Goal 4:

#### **To develop and expand our prevention and early intervention work with young people:**

- Secure sustainable funding to expand prevention work across more schools in Cumbria through proactively identifying and applying for grants from trusts, foundations, and government bodies.
- Develop a modular menu of workshops on healthy relationships, consent, online safety, and recognising abuse. Available for schools to purchase based on their needs.
- Attract funding and design a specialist support service model for children and families affected by Harmful Sexual Behaviour (HSB).
- Collaborate with The Birchall Trust to co-design and deliver HSB training for frontline professionals.
- Attract funding and conduct a needs assessment to inform a specialist service for Child to Parent Abuse (CAPVA).



## Goal 5:

### **To embed a culture of continuous improvement and service development informed by service user experiences:**

- Review and enhance current feedback systems to improve how we collect, analyse, and apply data to service development.
- Regularly evaluate and refine feedback processes with input from staff, volunteers, and participation data to ensure they remain effective and fit for purpose.
- Offer consultation and mentorship to help other organisations embed trauma-informed practices.
- Secure funding to develop and deliver specialist training, including support on vicarious trauma for professionals.

## Goal 6:

### **To be recognised as a centre of excellence for trauma informed work in Cumbria.**

- Strengthen our leadership in Trauma Informed Cumbria by actively engaging with the strategic steering group and building on our partnership with The Birchall Trust.
- Work towards One Small Thing's Gold Accreditation by deepening trauma-informed practice and embedding user voice in strategic decisions.
- Develop and launch an online training platform to deliver courses on domestic abuse, sexual abuse, and trauma-informed approaches, with targeted

marketing across Cumbria and beyond.

***“Totally invaluable. The experience has brought, and continues to bring clarity to my thoughts and subsequent actions in self healing. It has allowed me to comprehend my past and move on from the damage caused.”***

**– adult service user**

# Investment policy and financial review

Safety Net holds all funding in two accounts with the Cumberland Building Society and relies on a mixture of grants, donations, contracts and local fundraising for income.

It is our intention to maintain a level of reserves to cover 3 months of direct service delivery costs, currently around £843k (24-25) per annum, in case of delay or loss of funding. This would allow the charity to continue service delivery in the short term.  
(£210,000)

On top of covering the direct delivery costs in the short term, we aim to hold 20% of permanent staff costs around £600,000 (24-25) to cover any redundancy and closure costs in the event of winding up.  
(£120,000)

A small buffer to cover unexpected costs in relation to the rental property, such as building maintenance, should also be held.  
(£25,000)

Target: £355,000  
Our free reserves excluding permanent endowment: £266,917



***“Safety Net has helped in showing me better coping strategies with PTSD and anxiety. In all my sessions I have felt like I was listened to, and my past trauma was taking very seriously.”***

**– adult service user**



# Annual financial report and statements

**Safety Net (UK)**

Registration number: 1164998

**Annual Report and Financial  
Statements**

**31 March 2025**



## **Safety Net (UK)**

### **Trustees' Responsibilities in relation to the Financial Statements**

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 as amended by the Charities Act 2022, the Charity (Accounts and Reports) Regulations and the provisions of the trust deed. They are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



## **Independent Auditors' Report to the Trustees of Safety Net (UK)**

### **Opinion**

We have audited the financial statements of Safety Net (UK) for the year ended 31 March 2025, set out on pages 7 to 22 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 (FRS 102) The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2025 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to smaller entities; and
- have been prepared in accordance with the requirements of the Charities Act 2011 as amended by the Charities Act 2022.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditors report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Other matters**

The prior period financial statements are unaudited.

## **Independent Auditors' Report to the Trustees of Safety Net (UK)**

..... continued

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees Annual Report.

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Financial Statements is inconsistent in any material respect with the Trustees' Report; or
- sufficient accounting records have not been kept; or
- the Financial Statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material, if individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further decision of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorresponsibilities](http://www.frc.org.uk/auditorresponsibilities). This description forms part of our auditors report.

### **Responsibilities of trustees**

As explained more fully in the Trustees' Responsibilities Statement set out on page 3, the trustees are responsible for the preparation of the Financial Statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of Financial Statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

### **Our responsibilities for the audit of the financial statements**

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations we considered the following:

- results of our enquiries of management about their own identification and assessment of the risks of irregularities;
- any matters we identified having obtained and reviewed the charity's documentation of their policies and procedures relating to:
  - identifying, evaluating and complying with laws and regulations and whether they are aware of any instances of non-compliance;
  - detecting and responding to risks of fraud and whether they have any knowledge of any actual, suspected or alleged fraud;
  - the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations;
- the matters discussed among the audit team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

## **Independent Auditors' Report to the Trustees of Safety Net (UK)**

..... *continued*

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud to be in relation to management override which, in common with all audits under ISAs (UK), we are required to perform specific procedures to respond to this risk.

We also obtained an understanding of the legal and regulatory framework that the company operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included the Charities Act 2011 as amended by the Charities Act 2022.

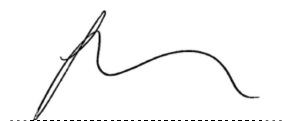
As a result of performing the above, in response to the risks identified, we did not identify any key audit matters related to the potential risk of fraud or non-compliance with laws and regulations. In addition to the above, our procedures to respond to risks identified the following:

- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- enquiring of management concerning actual and potential litigation claims;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reading minutes of meetings of those charged with governance; and
- in addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the rationale of any significant transactions that are unusual or outside the normal course of the charity's work.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

### **Use of our report**

This report is made solely to the trustees of Safety Net (UK), as a body. Our audit work has been undertaken so that we might state to the trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Safety Net (UK) and its trustees, for our audit work, for this report, or for the opinions we have formed.



.....  
Dodd & Co Audit Limited  
Chartered Accountants & Registered Auditors

29 October 2025

FIFTEEN Rosehill  
Montgomery Way  
Rosehill Estate  
CARLISLE  
CA1 2RW

Dodd & Co Audit Limited is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

**Safety Net (UK)**  
**Statement of Financial Activities for the Year Ended 31 March 2025**

		Unrestricted Funds	Restricted Funds	Endowment Funds	Total Funds 2025	Total Funds 2024
	Note	£	£	£	£	£
<b>Income and endowments from:</b>						
Donations and legacies	2	35,290	5,000	225,000	265,290	64,791
Other trading activities	3	4,997	-	-	4,997	7,604
Investments	4	15,231	-	-	15,231	9,078
Charitable activities	5	78,517	691,547	-	770,064	875,123
Total income and endowments		134,035	696,547	225,000	1,055,582	956,596
<b>Expenditure on:</b>						
Raising funds		34,280	-	-	34,280	24,567
Charitable activities		193,177	755,019	-	948,196	878,664
Total expenditure		227,457	755,019	-	982,476	903,231
Net incoming resources before transfers		(93,422)	(58,472)	225,000	73,106	53,365
<b>Transfers</b>						
Transfers between funds		52,313	(52,313)	-	-	-
Net movements in funds		(41,109)	(110,785)	225,000	73,106	53,365
<b>Reconciliation of funds</b>						
Total funds brought forward		321,678	133,077	-	454,755	401,390
Total funds carried forward		280,569	22,292	225,000	527,861	454,755

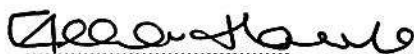
The notes on pages 10 to 22 form an integral part of these financial statements.

**Safety Net (UK)**  
**Balance Sheet as at 31 March 2025**

		2025		2024	
	Note	£	£	£	£
<b>Fixed assets</b>					
Intangible assets	12		11,955		-
Tangible assets	13		<u>1,697</u>		<u>2,264</u>
			13,652		2,264
<b>Current assets</b>					
Debtors	14	20,919		56,576	
Cash at bank and in hand		<u>674,415</u>		<u>512,358</u>	
		695,334		568,934	
<b>Creditors: Amounts falling due within one year</b>	15	<u>(181,125)</u>		<u>(116,443)</u>	
<b>Net current assets</b>			<u>514,209</u>		<u>452,491</u>
<b>Net assets</b>			<u>527,861</u>		<u>454,755</u>
<b>The funds of the charity:</b>					
Endowment funds			225,000		-
Restricted funds			22,292		133,077
Unrestricted funds					
Unrestricted income funds			<u>280,569</u>		<u>321,678</u>
<b>Total charity funds</b>			<u>527,861</u>		<u>454,755</u>

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Approved by the Board on 29 October 2025 and signed on its behalf by:



E Hancock  
Trustee



C Todhunter  
Trustee

The notes on pages 10 to 22 form an integral part of these financial statements.

**Safety Net (UK)**  
**Cash Flow Statement for the Year Ended 31 March 2025**

	2025 £	2024 £
<b>Net cash provided by (used by) operating activities</b>		
Net income for the period	73,106	53,365
Depreciation charges	699	755
Decrease in debtors	35,657	8,139
Increase in creditors	64,682	65,186
	<u>174,144</u>	<u>127,445</u>
<b>Net cash provided by (used in) investing activities</b>		
Purchase of property, plant and equipment	(12,087)	-
	<u>(12,087)</u>	<u>-</u>
<b>Increase in cash</b>	<u><u>162,057</u></u>	<u><u>127,445</u></u>

The notes on pages 10 to 22 form an integral part of these financial statements.

## **Safety Net (UK)**

### **Notes to the Financial Statements for the Year Ended 31 March 2025**

#### **1 Accounting policies**

##### **Statement of compliance**

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 as amended by the Charities Act 2022.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

##### **Basis of preparation**

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Going concern**

These financial statements have been prepared on a going concern basis.

##### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 19.

## **Safety Net (UK)**

### **Notes to the Financial Statements for the Year Ended 31 March 2025**

..... continued

#### **Income and endowments**

Donations and legacies income including donations and grants that provide core funding or are of a general nature is recognised where there is entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Income from Government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Income derived from events is recognised as earned (that is, as the related goods or services are provided).

Investment income is recognised on a receivable basis.

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. Grant income included in this category provides funding to support programme activities and is recognised where there is entitlement, probability of receipt and the amount can be measured with sufficient reliability.

#### **Expenditure**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Raising funds are the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Fixed assets**

Individual fixed assets costing £1000 or more are initially recorded at cost.

#### **Amortisation**

Amortisation is provided on intangible fixed assets so as to write off the cost, less any estimated residual value, over their expected useful economic life as follows:

Website	5 years straight line basis
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#### **Depreciation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Fixtures, fittings and equipment	25% reducing balance
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## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### Cash and Cash Equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

#### Pensions

The charity operates a defined contribution pension scheme. Contributions are charged in the statement of financial activities as they become payable in accordance with the rules of the scheme.

### 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Donations and legacies</b>					
Appeals and donations	8,365	-	-	8,365	9,791
Edward Gostling Foundation	-	-	225,000	225,000	-
	<u>8,365</u>	<u>-</u>	<u>225,000</u>	<u>233,365</u>	<u>9,791</u>
<b>Grants</b>					
Lloyds Bank Foundation	-	-	-	-	25,000
Small grants under £5,000	26,925	5,000	-	31,925	-
Garfield Weston	-	-	-	-	30,000
	<u>26,925</u>	<u>5,000</u>	<u>-</u>	<u>31,925</u>	<u>55,000</u>
	<u>35,290</u>	<u>5,000</u>	<u>225,000</u>	<u>265,290</u>	<u>64,791</u>

Of the donations and legacies income in 2024 £34,971 related to unrestricted funds and £30,000 related to restricted funds.

### 3 Other trading activities

	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Raising funds</b>					
Fundraising	<u>4,997</u>	<u>-</u>	<u>-</u>	<u>4,997</u>	<u>7,604</u>

All of the other trading income in 2024 related to unrestricted funds.

## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 4 Investments

	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds 2025 £	Total Funds 2024 £
Interest on cash deposits	15,231	-	-	15,231	9,078

All of the investment income in 2024 related to unrestricted funds.

#### 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Charitable activities</b>					
BBC Children in Need	-	8,523	-	8,523	33,879
Ministry of Justice	-	212,294	-	212,294	229,218
Francis C Scott	-	24,200	-	24,200	23,400
Henry Smith Charity	-	75,000	-	75,000	80,000
Copeland Community Fund	-	48,719	-	48,719	26,415
CCF/ Sellafield Family Wellbeing	-	33,100	-	33,100	49,130
Cumbria County Council/ COMF/ MHCLG	32,334	12,550	-	44,884	35,298
PCC Cumbria	-	35,520	-	35,520	157,594
Edward Gostling Foundation	-	-	-	-	25,000
Small grants under £5,000	-	-	-	-	12,500
National Lottery Award for All	-	20,000	-	20,000	10,000
National Lottery Community Fund	-	53,041	-	53,041	48,346
Cumbria Community Foundation	-	10,000	-	10,000	10,000
Together We (Cumbria)	2,393	-	-	2,393	1,813
Masonic Charitable Foundation	-	20,000	-	20,000	20,000
NHS England	-	118,600	-	118,600	99,500
The Birchall Trust	8,100	-	-	8,100	-
Charles Hayward Foundation	-	20,000	-	20,000	-
Leathersellers	20,000	-	-	20,000	-
Other income	15,690	-	-	15,690	13,030
	<u>78,517</u>	<u>691,547</u>	<u>-</u>	<u>770,064</u>	<u>875,123</u>

Of the income from charitable activities in 2024 £25,530 related to unrestricted funds and £849,593 related to restricted funds.

## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 6 Expenditure

	Raising funds	Charitable activities	Total 2025	Total 2024
	£	£	£	£
<b>Direct costs</b>				
Fundraising costs	34,280	-	34,280	24,567
Tools and materials	-	1,794	1,794	2,076
Wages and salaries	-	543,139	543,139	500,323
Staff NIC (Employers)	-	42,314	42,314	39,179
Staff pensions	-	15,622	15,622	14,623
Birchalls subcontractor for Cumbria PCC	-	78,769	78,769	71,884
External operational resource	-	77,198	77,198	92,341
Staff training	-	7,484	7,484	16,404
Volunteer expenses	-	(384)	(384)	629
Conference costs	-	6,487	6,487	-
Room hire	-	14,504	14,504	7,848
Travel and subsistence	-	18,938	18,938	18,700
Recruitment expenses	-	3,189	3,189	1,914
	<u>34,280</u>	<u>809,054</u>	<u>843,334</u>	<u>790,488</u>
<b>Support costs</b>				
Rent and services	-	22,998	22,998	19,216
Insurance	-	7,900	7,900	6,029
Repairs and maintenance	-	8,269	8,269	3,856
Telephone and fax	-	8,347	8,347	7,278
Office equipment, licences and computer costs	-	10,972	10,972	23,207
Printing, postage and stationery	-	810	810	1,394
Sundry expenses	-	7,417	7,417	6,758
Communications and marketing	-	39,201	39,201	20,987
Accountancy fees	-	3,840	3,840	3,250
The audit of the charity's annual accounts	-	12,000	12,000	-
Independent examiner's fee	-	-	-	750
Legal and professional fees	-	16,877	16,877	19,221
Bank charges	-	(188)	(188)	42
Amortisation of website costs	-	132	132	-
Depreciation of office equipment	-	567	567	755
	<u>-</u>	<u>139,142</u>	<u>139,142</u>	<u>112,743</u>
	<u>34,280</u>	<u>948,196</u>	<u>982,476</u>	<u>903,231</u>

Of the expenditure in 2024 £22,053 related to unrestricted funds and £881,178 related to restricted funds.

## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 7 Governance costs

	2025	2024
	£	£
Accountancy fees	3,840	3,250
Auditors remuneration	12,000	-
Independent examiner's fee	-	750
Legal and professional fees	16,877	19,221
	<u>32,717</u>	<u>23,221</u>

#### 8 Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £nil).

During the year ended 31 March 2025, 1 Trustee (2024 - 2) was reimbursed £33 (2024 - £255) for expenses incurred.

#### 9 Net incoming resources

Net incoming resources is stated after charging:

	2025		2024
	£	£	£
Hire of other assets - operating leases		22,998	19,216
The audit of the charity's annual accounts	12,000		-
		<u>12,000</u>	<u>-</u>
Depreciation of owned assets		567	755
Amortisation		<u>132</u>	<u>-</u>

## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 10 Employees' remuneration

The monthly average number of persons (including senior management) employed by the charity during the year was as follows:

	2025 No.	2024 No.
Charitable activities	21	21

The aggregate payroll costs of these persons were as follows:

	2025 £	2024 £
Wages and salaries	543,139	500,323
Social security	42,314	39,179
Other pension costs	15,622	14,623
	<u>601,075</u>	<u>554,125</u>

No employee received emoluments of more than £60,000 during the year.

During the period key management remuneration (including trustees) amounted to £139,443 (2024 - £137,674). Safety Net UK has a flat leadership structure consisting of a team of three Heads of Service. Two of these posts are operational and include client based work. One is non operational at a cost of £45,626 (2024 - £44,520). An ex-gratia payment of £6,354 was made to a former employee during the year, following a settlement facilitated by the Advisory, Conciliation and Arbitration Service (ACAS). This has been included within staff costs.

## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 11 Taxation

The registered charity is exempt from taxation on income and gains.

#### 12 Intangible fixed assets

	Website £
<b>Cost</b>	
Additions	12,087
<b>Amortisation</b>	
Charge for the year	132
<b>Net book value</b>	
As at 31 March 2025	11,955

#### 13 Tangible fixed assets

	Fixtures, fittings and equipment £
<b>Cost</b>	
As at 1 April 2024 and 31 March 2025	18,227
<b>Depreciation</b>	
As at 1 April 2024	15,963
Charge for the year	567
As at 31 March 2025	16,530
<b>Net book value</b>	
As at 31 March 2025	1,697
As at 31 March 2024	2,264

#### 14 Debtors

	2025 £	2024 £
Other debtors	100	-
Prepayments and accrued income	20,819	56,576
	20,919	56,576

## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 15 Creditors: Amounts falling due within one year

	2025 £	2024 £
Trade creditors	9,479	10,568
Taxation and social security	4,530	9,274
Accruals and deferred income	167,116	96,601
	<u>181,125</u>	<u>116,443</u>

Creditors amounts falling due within one year includes deferred income:

	2025 £	2024 £
As at 1 April 2024	129,600	-
Amount released to incoming resources	(81,600)	-
Amount deferred in the year	83,000	81,600
As at 31 March 2025	<u>131,000</u>	<u>81,600</u>

#### 16 Operating lease commitments

As at 31 March 2025 the charity had total future minimum lease payments under non-cancellable operating leases as follows:

	Land and Buildings		Other	
	2025 £	2024 £	2025 £	2024 £
Within one year	13,000	-	1,379	-
Within two and five years	24,375	-	345	-
	<u>37,375</u>	<u>-</u>	<u>1,724</u>	<u>-</u>

#### 17 Pension scheme

##### Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the period represents contributions payable by the charity to the scheme and amounted to £15,622 (2024 - £14,623).

There were no outstanding or prepaid contributions at either the beginning or end of the financial year.

#### 18 Related parties

##### Controlling entity

The charity is controlled by the trustees.



## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 19 Analysis of funds

	At 1 April 2024	Incoming resources	Resources expended	Transfers	At 31 March 2025
	£	£	£	£	£
<b>General Funds</b>					
Unrestricted income fund	321,678	134,035	(227,457)	52,313	280,569
<b>Restricted Funds</b>					
Children in Need	4,266	8,523	(12,789)	-	-
Ministry of Justice Rape Support	-	212,294	(212,294)	-	-
Office of the Police, Fire and Crime Commissioner	-	35,520	(35,520)	-	-
Copeland Community Fund	6,634	48,719	(43,144)	-	12,209
Safety Net Fund	52,313	-	-	(52,313)	-
The Henry Smith Charity	-	75,000	(75,000)	-	-
CCF/ Sellafield Family Wellbeing	-	33,100	(33,100)	-	-
Cumbria County Council/COMF/DLUHC	-	12,550	(12,550)	-	-
Francis C Scott Charitable Trust	-	24,200	(14,117)	-	10,083
Edward Gostling Foundation	3,785	-	(3,785)	-	-
National Lottery Community Fund	-	53,041	(53,041)	-	-
Masonic Charitable Foundation	-	20,000	(20,000)	-	-
NHS - Contract	-	95,000	(95,000)	-	-
NHS - Asylum Funding	66,079	23,600	(89,679)	-	-
Charles Hayward Foundation	-	20,000	(20,000)	-	-
National Lottery - Awards for all	-	20,000	(20,000)	-	-
Cumbria Community Foundation	-	10,000	(10,000)	-	-
Hadfield Trust	-	5,000	(5,000)	-	-
	<u>133,077</u>	<u>696,547</u>	<u>(755,019)</u>	<u>(52,313)</u>	<u>22,292</u>
<b>Permanent Endowment</b>					
The Edward Gostling Fund	-	225,000	-	-	225,000
	<u>454,755</u>	<u>1,055,582</u>	<u>(982,476)</u>	<u>-</u>	<u>527,861</u>

## **Safety Net (UK)**

### **Notes to the Financial Statements for the Year Ended 31 March 2025**

..... *continued*

Children in Need - Three year funding (2021-24) This project will deliver specialist support for children and young people who have experienced sexual and/or domestic abuse, violence and exploitation, leading to feeling better, improved relationships and ability to cope.

MOJ (Rape Support Fund) — Contribution towards the provision of support for female and male victims of rape and sexual abuse including child sexual abuse.

Office of the Police, Fire and Crime Commissioner — Funding to provide a counselling service for victims of rape and serious sexual assault in Cumbria.

Safety Net Fund — This is an internal restricted fund and is an accumulation of the small balances of old restricted funds. As agreed, when possible, with funders for repurposing towards our charitable activities.

Henry Smith Charity - Improving Lives - £35,000 received of a 3 year grant of £210,000 that supports the recovery of both adults and children affected by rape, sexual and domestic abuse and/or exploitation across Cumbria.

Henry Smith Charity - £40,000 received for three years (£120,000 in total) towards three years' salary and on costs of a freelance Duty and Assessment Practitioner supporting adults and children affected by rape, sexual and domestic abuse and/or exploitation, and negatively impacted by the COVID-19 pandemic, in Cumbria.

Cumbria Community Foundation / Sellafield (Family Wellbeing) - Funding towards the cost of employing a specialist children and young people's practitioner (CYPP) to work with whole families who have experienced abuse including sexual violence, children sexual abuse, exploitation, rape, on-line abuse and domestic violence in West Cumbria.

Cumberland Council – Award of contract and allocation of funds to enable the Authority to meet its Statutory Duty in respect of Domestic Abuse Supported Accommodation- DASA/ housing related therapeutic support for Cumberland Council area.

Francis C Scott Charitable Trust - To support the costs of early intervention / prevention work Tier 1&2 - a grant of £72,600 over 3 years.

National Lottery (Community Fund) — Partnership project with The Birchall Trust and Safety Net UK for the provision of a collaborative county-wide trauma informed services for people affected by sexual abuse, rape and sexualised violence.

Masonic Charitable Foundation – £60,000 over 3 years towards the employment of a Children and Young People's Practitioner, providing specialist recovery support to those who have experienced sexual or domestic abuse.

NHS North East & North Cumbria Integrated Care Board (the ICB) - The Recipient provides therapeutic support services for victims of sexual assault within North Cumbria.

NHS North East & North Cumbria Integrated Care Board (the ICB) - The Recipient will be working with women and children residing in Cumbria who are seeking Asylum who have been subject to abuse, sexual abuse rape and or exploitation, either in their home country or on their journey to the UK.

Charles Hayward Foundation - Funds towards tier 3 support by a CYP therapist in West Cumbria.

National Lottery (AFA) – Funds to cover volunteers and tier 4 services.

Cumbria Community Foundation - Cost of a CYP therapist in West Cumbria.

Hadfield Trust - support for our Trauma Informed Practitioners Project, enabling us to continue delivering our tier one and tier two services.

## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### Prior period

	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
<b>General Funds</b>					
Unrestricted income fund	207,770	77,003	(22,053)	58,958	321,678
<b>Restricted Funds</b>					
Children in Need	4,520	33,879	(34,133)	-	4,266
Garfield Weston Foundation	3,908	30,000	(33,908)	-	-
Big Lottery Fund	-	10,000	(10,000)	-	-
Ministry of Justice Rape Support	-	229,218	(230,321)	1,103	-
Cumbria Police and Crime Commissioner	72,222	157,594	(168,971)	(60,845)	-
Copeland Community Fund	19,603	26,415	(39,384)	-	6,634
Safety Net Fund	52,313	-	-	-	52,313
The Henry Smith Charity	30,788	80,000	(110,788)	-	-
CCF/ Sellafield Family Wellbeing	-	59,130	(59,130)	-	-
Cumbria County Council/COMF/DLUHC	336	35,298	(35,634)	-	-
Francis C Scott Charitable Trust	3,977	23,400	(27,786)	409	-
Edward Gosling Foundation	5,953	25,000	(27,168)	-	3,785
National Lottery Community Fund	-	48,346	(48,721)	375	-
Together We (Cumbria)	-	1,813	(1,813)	-	-
Masonic Charitable Foundation	-	20,000	(20,000)	-	-
NHS - Asylum Funding	-	99,500	(33,421)	-	66,079
	<u>193,620</u>	<u>879,593</u>	<u>(881,178)</u>	<u>(58,958)</u>	<u>133,077</u>
	<u>401,390</u>	<u>956,596</u>	<u>(903,231)</u>	<u>-</u>	<u>454,755</u>

## 20 Transfers

The transfer of £52,313 relates to funds held left over from previous projects, as a number of years have now passed since completion of the projects, the trustees have agreed that the funds can be transferred to unrestricted funds.

## Safety Net (UK)

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 21 Net assets by fund

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Intangible assets	11,955	-	11,955	-
Tangible assets	796	901	1,697	2,264
Current assets	542,943	152,391	695,334	568,934
Creditors: Amounts falling due within one year	(50,125)	(131,000)	(181,125)	(116,443)
Net assets	<u>505,569</u>	<u>22,292</u>	<u>527,861</u>	<u>454,755</u>

#### Prior period

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Tangible assets	1,062	1,202	2,264	3,019
Current assets	355,459	213,475	568,934	449,628
Creditors: Amounts falling due within one year	(34,843)	(81,600)	(116,443)	(51,257)
Net assets	<u>321,678</u>	<u>133,077</u>	<u>454,755</u>	<u>401,390</u>

# Thanks

Thank you to our staff, funders, partners and volunteers for the support we have received in 2024-2025. We could not have run Safety Net without your help.

The  
Henry Smith  
Charity



We would also like to say a very big thank you to our service users. To recover from the trauma of abuse takes huge bravery. Thank you for trusting us and for working so hard to transform your lives.

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