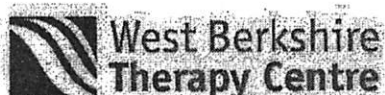


**Berkshire Health & Well-Being Social Enterprises  
(limited by guarantee)  
Report of the Trustees and  
Unaudited Financial Statements for the year ended  
30 September 2023**

**Company number 06988472  
Registered Charity number 1164954**

**Berkshire Health & Well-Being Social Enterprises****Company number 06988472****Registered Charity number 1164954****Contents****Report of the Trustees and Unaudited Financial Statements  
for the year ended 30 September 2023**

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## **Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

**Registered Charity number 1164954**

### **Report of the Trustees for the year ended 30 September 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

#### **Reference and Administrative Details**

##### **Registered Office**

Berkshire Health & Well-Being Social Enterprises  
Frank Hutchings Hall  
Harts Hill Road  
Thatcham, Berkshire  
RG18 4QH

##### **Trustees**

Mr Norman Casson	Retired
Mr John Holt	Retired
Mr Stephen Jones	Company Director
Mrs Irene Waters	Nurse and Health Services Consultant
Mr Graham Spellman	Accountant
Gill Brunsdon	Retired
Mr Tim Pritchard	Retired
Mr Phil Shore	Retired

##### **Company Secretary**

Mr Norman Casson

##### **Independent Examiner**

Mr Antony Weller

#### **Structure, Governance and Management**

##### **Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

**Registered Charity number 1164954**

**Report of the Trustees  
for the year ended 30 September 2023**

**Objectives and Activities**

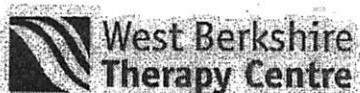
**Objectives and aims**

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

**Financial review**

We remain pleased with our financial situation, raising £113,474 in donations and grants, allowing us to make a small surplus and to add to our hydrotherapy fund. Our capacity remained under-used throughout the year, with use of the service increasing steadily towards pre-covid levels, as concerns among our clients about covid continued to decline. A significant equipment replacement programme commenced in response to its age and increasing unreliability.

Voluntary contributions from clients	£50,701
Greenham Common Trust and The Good Exchange	£15,022
Berkshire Community Foundation including The Pargitter Trust	£10,000
Parkinson's UK Newbury & District	£7,799
Forrester Family Trust	£5,000
Anonymous donations over £1,000	£4,800
Gift Aid	£4,691
Tesco Charitable Fund	£4,250
Weinstock Fund	£3,000
Albert Hunt Trust	£2,000
MS Society, Newbury & District	£2,561
Springwood Church	£1,000
Thatcham Town Council	£1,000
Get Berkshire Active	£900
Grace Trust	£750



**Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

**Registered Charity number 1164954**

**Report of the Trustees  
for the year ended 30 September 2023**

**Achievements**

We continued to provide our service to individuals with a very broad mix of disability challenges and mobility issues.

We continue to receive daily praise from our clients about the important difference it makes to their mobility, well-being and independence.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to search for land to develop our hydrotherapy pool project.

We continue to be very prudent with expenditure. Our fund raising costs are nil and our highest paid employee earnings are relatively low. Up to 25 volunteers give their time and energies freely.

**Reserves Policy**

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £158,826 of which £50,000 has been set aside for equipment replacement and £105,349 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on  
and signed on its behalf by:

31<sup>st</sup> May

2024

A handwritten signature in black ink, appearing to read "Norman Casson".

**Norman Casson, Trustee**

**Berkshire Health & Well-Being Social Enterprises  
Company number 06988472  
Registered Charity number 1164954  
Independent Examiner's Report  
for the year ended 30 September 2023**

I report on the accounts for the year ended 30 September 2023 set out on pages four to six.

**Respective responsibilities of the trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given the Charity Commission; and
- to state whether particular matters have come to my attention

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Antony Weller F.C.C.A.

Date

11/6/2024.

David Jones & Co  
The Centre  
Reading Road  
Eversley Centre  
Hampshire RG27 0NB

**Berkshire Health & Well-Being Social Enterprises**
**Company number 06988472**
**Registered Charity number 1164954**
**Statement of Financial Activities  
for the year ended 30 September 2023**

	Unrestricted funds £	Restricted funds £	Total funds 2023	Total funds 2022
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income	115051		115051	145181
Investment income	952		952	55
<b>Total incoming resources</b>	<b>116003</b>		<b>116003</b>	<b>145236</b>
<b>RESOURCES EXPENDED</b>				
<b>Charitable activities</b>				
Charitable activities	112922		112922	110011
<b>Governance costs</b>				
<b>Total resources expenses</b>	<b>112922</b>		<b>112922</b>	<b>110011</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>	<b>3081</b>		<b>3081</b>	<b>35225</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds from forward</b>	155745		155745	120520
<b>Total funds carried forward</b>	<b>158826</b>	<b>-</b>	<b>158826</b>	<b>155745</b>

The attached notes form an integral part of these financial statements



**Berkshire Health & Well-Being Social Enterprises**

Company number 06988472

Registered Charity number 1164954

**Balance Sheet**

as at 30 September 2023

			2023	2022
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds
<b>FIXED ASSETS</b>		26066		10770
<b>CURRENT ASSETS</b>				
Debtors		2813		2430
Cash		132357		147566
		135170	-	135170
<b>LIABILITIES</b>				
Creditors		2410		2341
Prepaid Appointments			-	2680
		2410	-	5021
<b>NET CURRENT ASSETS</b>		132760	-	144975
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		158826	-	155745
<b>NET ASSETS</b>		158826	-	155745
<b>FUNDS</b>				
Unrestricted funds - designated to equipment		50000		50000
Unrestricted funds - free		3477		5578
Unrestricted funds - designated for Hydrotherapy pool		105349		100167
<b>TOTAL FUNDS</b>		158826	-	155,745

Dated 31/05/2024

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2023.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject the small companies regime.

The financial statements were approved by the Board of Trustees on 31st May 2024 and signed its behalf by:

Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements





**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2023**

**1 Accounting Policies**

Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Investment Income**

	<b>2023</b>	<b>2022</b>
Deposit account interest	£952	£55

**3 Trustee's Remuneration and Benefits**

During the year the total of trustees' remuneration amount to £nil (2022 £nil)

There were no trustees' expenses paid for the year ended 30 September 2022 nor for the year ended 30 September 2023.



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2023**

<b>4 Movement in funds</b>	<b>At 1 October 2022</b>	<b>Net movement in funds</b>	<b>At 30 September 2023</b>
	£	£	£
Unrestricted funds - designated to equipment	50000		50000
Unrestricted fund - free	5578	(2101)	3477
Unrestricted funds - Hydrotherapy Pool	100167	5,182	105349
	<b>155,745</b>	<b>3,081</b>	<b>158,826</b>

**5 Staff costs**

<b>2023</b>	<b>2022</b>
£78,188	£70,119

The average monthly number of employees during the year was as follows:

<b>2023</b>	<b>2022</b>
7	7