

**Berkshire Health & Well-Being Social Enterprises  
(limited by guarantee)  
Report of the Trustees and  
Unaudited Financial Statements for the year ended  
30 September 2022**

**Company number 06988472  
Registered Charity number 1164954**

**Berkshire Health & Well-Being Social Enterprises**  
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for the year ended 30 September 2022**

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**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

## **Reference and Administrative Details**

### **Registered Office**

Berkshire Health & Well-Being Social Enterprises  
Frank Hutchings Hall  
Harts Hill Road  
Thatcham, Berkshire  
RG18 4QH

### **Trustees**

Mr Norman Casson	Retired	
Mr John Holt	Retired	
Mr Stephen Jones	Company Director	
Mrs Irene Waters	Nurse and Health Services Consultant	
Mr Graham Spellman	Accountant	
Ms Angela Ashwell	HR Consultant	
Mr Tim Pritchard	Retired	Retired 16 <sup>th</sup> January 2022
Mr Phil Shore	Qualified Accountant CIMA	

### **Company Secretary**

Mr Norman Casson

### **Independent Examiner**

Mr Antony Weller

## **Structure, Governance and Management**

### **Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

**Registered Charity number 1164954**

**Report of the Trustees**

**for the year ended 30 September 2022**

**Objectives and Activities**

**Objectives and aims**

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

**Financial review**

Overall we are pleased with our financial situation, raising £145,181 in donations and grants, allowing us to make a small surplus and to add to our hydrotherapy fund. Our capacity remained under-used throughout the year, with many clients continuing to stay at home to avoid covid. On a more positive note, towards the end of the financial year use of the service began to increase as clients became more aware of the negative effects on their health of not using

Legacies	
Greenham Common Trust and The Good Exchange	£25,000
Anonymous donations over £1,000	£24,417
Edward Gostling Foundation	£15,000
Parkinson's UK Newbury & District	£10,000
Berkshire Community Foundation	£7,000
Childwick Trust	£5,000
Get Berkshire Active	£5,000
February Foundation	£3,250
MS Society, Newbury & District	£3,000
Sovereign Housing	£2,820
Sir Jules Thorn Trust	£2,500
Gerald Palmer Eling Trust	£2,000
Barratt Foundation	£2,000
Thatcham Town Council	£1,000
	£1,000

The majority of income was from voluntary contributions and donations from clients using the service.



**Berkshire Health & Well-Being Social Enterprises****Company number 06988472****Registered Charity number 1164954****Report of the Trustees  
for the year ended 30 September 2022****Achievements**


We continued to provide our service to individuals with a very broad mix of disability challenges and mobility issues. Many of our clients continue to express their concerns about covid and have not returned to use our service, which has operated at about 60% capacity for much of the financial year. We are starting to see clients affected by long-covid, noting that many are too fatigued to take up their appointments. We continue to receive daily praise from our clients about the important difference it makes to their mobility, well-being and independence.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to search for land to develop our hydrotherapy pool project.

**Reserves Policy**

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £155,745 of which £50,000 has been set aside for equipment replacement and £100,167 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on 15th June 2023 and signed on its behalf by

  
**Norman Casson, Trustee**

Berkshire Health & Well-Being Social Enterprises  
Company number 06988472  
Registered Charity number 1164954  
Independent Examiner's Report  
for the year ended 30 September 2022

I report on the accounts for the year ended 30 September 2022 set out on pages five to eight.

**Respective responsibilities of the trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given by the Charity Commission; and
- to state whether particular matters have come to my attention

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and

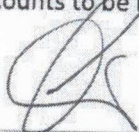
**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Antony Weller F.C.C.A.

Date

14/6/2023

David Jones & Co  
The Centre  
Reading Road  
Eversley Centre  
Hampshire RG27 0NB



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Statement of Financial Activities**  
**for the year ended 30 September 2022**

	Unrestricted funds £	Restricted funds £	Total funds 2022	Total funds £ 2021
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income	145181	-	145181	89519
Investment income	55	-	55	9
<b>Total incoming resources</b>	<b>145236</b>	<b>-</b>	<b>145236</b>	<b>89528</b>
<b>RESOURCES EXPENDED</b>				
Charitable activities				
Charitable activities	110011		110011	86363
Governance costs				-
<b>Total resources expenses</b>	<b>110011</b>	<b>-</b>	<b>110011</b>	<b>86363</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>	<b>35225</b>	<b>-</b>	<b>35225</b>	<b>3,159</b>
<b>RECONCILIATION OF FUNDS</b>				
Total funds from forward	120520	-	120520	117361
<b>Total funds carried forward</b>	<b>155745</b>	<b>-</b>	<b>155745</b>	<b>120520</b>

The attached notes form an integral part of these financial statements

**Balance Sheet**
**as at 30 September 2022**

			2022	2021
	No	Unrestricted	Restricted	Total
	tes	Funds	Funds	Funds
		£	£	£
<b>FIXED ASSETS</b>		<b>10770</b>	<b>-</b>	<b>10770</b>
<b>CURRENT ASSETS</b>				
Debtors		2430	-	2430
Cash		147566	-	147566
			-	<b>111332</b>
<b>LIABILITIES</b>				
Creditors		2341		2341
Prepaid Appointments		2680	-	2680
		<b>5021</b>	<b>-</b>	<b>5021</b>
<b>NET CURRENT ASSETS</b>		<b>144975</b>	<b>-</b>	<b>144975</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>155745</b>	<b>-</b>	<b>155745</b>
<b>NET ASSETS</b>		<b>155745</b>	<b>-</b>	<b>155745</b>
<b>FUNDS</b>				
Unrestricted funds - designated to equipment		50000	-	50000
Unrestricted funds - free		5578		5578
Unrestricted funds - designated for Hydrotherapy pool		100167	-	100167
<b>TOTAL FUNDS</b>		<b>155,745</b>	<b>-</b>	<b>155745</b>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2022.

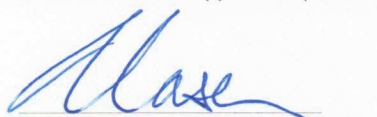
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 15th June 2023 and signed its behalf by:



Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2022**

**1 Accounting Policies**

Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Investment Income**

	<b>2022</b>	<b>2021</b>
Deposit account interest	£55	£9

**3 Trustee's Remuneration and Benefits**

During the year the total of trustees' remuneration amount to £nil (2021 £nil)

There were no trustees' expenses paid for the year ended 30 September 2021 nor for the year ended 30 September 2022.

**Berkshire Health & Well-Being Social Enterprises**  
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**Notes to the Financial Statements**  
**for the year ended 30 September 2022**

NOTE THIS SHEET NOT REFORMATTED TO ENSURE FORMULAE FOR CALCULATIONS ARE RETAINED FOR THIS YEAR'S DATA

	<b>At 1 October 2021</b>	<b>Net movement in funds</b>	<b>At 30 September 2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>4 Movement in funds</b>			
Unrestricted funds - designated to equipment	50000		50000
Unrestricted fund - free	15390	(9812)	5578
Restricted funds - Hydrotherapy Pool	55130	45,037	100167
	<b>120,520</b>	<b>35,225</b>	<b>155,745</b>

**5 Staff costs**

<b>2021</b>	<b>2022</b>
£63,449	£70,119

The average monthly number of employees during the year was as follows:

<b>2021</b>	<b>2022</b>
8	7