

**Berkshire Health & Well-Being Social Enterprises
(limited by guarantee)
Report of the Trustees and
Unaudited Financial Statements for the year ended
30 September 2021**

Company number 06988472
Registered Charity number 1164954



Berkshire Health & Well-Being Social Enterprises**Company number 06988472****Registered Charity number 1164954****Contents****Report of the Trustees and Unaudited Financial Statements
for the year ended 30 September 2021**

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Berkshire Health & Well-Being Social Enterprises

Company number 06988472

Registered Charity number 1164954

Report of the Trustees

for the year ended 30 September 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

Reference and Administrative Details

Registered Office

Berkshire Health & Well-Being Social Enterprises
Frank Hutchings Hall
Harts Hill Road
Thatcham, Berkshire
RG18 4QH

Trustees

Mr Norman Casson	Retired	
Mr John Holt	Retired	
Mr Stephen Jones	Company Director	
Mrs Irene Waters	Nurse and Health Services Consultant	
Mr Graham Spellman	Accountant	Joined 27th October 2020
Ms Angela Ashwell	HR Consultant	
Mr Tim Pritchard	Retired	Joined 10 th August 2021
Mr Phil Shore	Qualified Accountant CIMA	Joined 15 th September 2021

Company Secretary

Mr Norman Casson

Independent Examiner

Mr Anthony Weller

Structure, Governance and Management

Governing Document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Berkshire Health & Well-Being Social Enterprises

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Report of the Trustees

for the year ended 30 September 2021

Objectives and Activities

Objectives and aims

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

Financial review

Overall we are pleased with our financial situation, raising £89,522 in donations and grants. However, as in the previous year, the organisation was affected significantly by having to close the service for extended periods due to the Covid-19 pandemic. The service continues to operate a policy of social distancing, such that some equipment cannot be deployed and less clients are able to use the service at any one time. Many clients remain reluctant to venture out, so are missing our service in ways that adversely affect their mobility, all of which has an adverse effect on our income. We benefited from some Furlough income, government restriction grants and a rent break, and we retained and supported all our staff. The fund raising team raised several significant grants.

Greenham Common Trust and The Good Exchange	£32,641 *
Berkshire Nurses and Relief in Sickness Trust	£4,487
Berkshire Community Foundation	£4,000
Hedley Trust	£2,243
One Family Foundation	£2,243
Get Berkshire Active	£1,735
Sir Jules Thorn Charitable Trust	£1,000
Albert Hunt Charitable Trust	£1,000
Ammco Trust	£500

* Within the above, over the course of one weekend, we raised a total of just over £19k, most of which was collected through The Good Exchange platform with Greenham Trust double match funding the first £5k raised, with all proceeds allocated to evaluate the effect of power-assisted exercise on those affected by Long-covid. None of these funds were spent in this period.

Several significant anonymous donations also were received during the year.

Berkshire Health & Well-Being Social Enterprises**Company number 06988472****Registered Charity number 1164954****Report of the Trustees
for the year ended 30 September 2021****Achievements**

We continue to provide our service to individuals with a very broad mix of disability challenges and mobility issues. Following three enforced lock downs many of our clients reported deterioration in their mobility while we were closed. Accordingly we continue with a programme of monitoring how clients respond to a return to exercise following a prolonged period of inactivity and we will be publishing a report on this in due course. We continue to receive daily praise from our clients about how our service makes important differences.

The upgrades we made to our equipment last year have been well received with eight Shapemaster items of equipment upgraded within the past two years, funded by grants from several sources.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to search for land to develop our hydrotherapy pool project.

Reserves Policy

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £120,520 of which £50,000 has been set aside for equipment replacement and £55,129 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on 22nd June 2022 and signed on its behalf by:


Norman Casson, Trustee

Berkshire Health & Well-Being Social Enterprises
Company number 06988472
Registered Charity number 1164954
Independent Examiner's Report
for the year ended 30 September 2021

I report on the accounts for the year ended 30 September 2021 set out on pages four to six.

Respective responsibilities of the trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given by the Charity Commission; and
- to state whether particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Anthony Weller F.C.C.A.

23/6/2022

Date

David Jones & Co
The Centre
Reading Road
Eversley Centre
Hampshire RG27 0NB

Berkshire Health & Well-Being Social Enterprises
Company number 06988472
Registered Charity number 1164954
**Statement of Financial Activities
for the year ended 30 September 2021**

	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
			2021	2020
INCOMING RESOURCES				
Incoming resources from generated funds				
Voluntary income	89,513	-	89,513	121,454
Investment income	9	-	9	95
Total incoming resources	89,522	-	89,522	121,549
RESOURCES EXPENDED				
Charitable activities				
Charitable activities	86,363	-	86,363	101,763
Governance costs	-	-	-	4,000
Total resources expenses	86,363	-	86,363	105,763
NET INCOMING/(OUTGOING) RESOURCES	3,159	-	3,159	15,786
RECONCILIATION OF FUNDS				
Total funds from forward	117,361	-	117,361	101,575
Total funds carried forward	120,520	-	120,520	117,361

The attached notes form an integral part of these financial statements

Berkshire Health & Well-Being Social Enterprises
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Registered Charity number 1164954
Balance Sheet
as at 30 September 2021

			2021	2020
	Notes	Unrestricted Funds	Restricted Funds	Total Funds
		£	£	£
FIXED ASSETS		15,482	-	15,482
CURRENT ASSETS				16,341
Debtors		4,896	-	2,181
Cash		106,436	-	107,338
		111,332	-	109,519
LIABILITIES				
Creditors		2,135	-	2,192
Prepaid Appointments		4,159	-	6,307
		6,294	-	8,499
NET CURRENT ASSETS		105,038	-	101,020
TOTAL ASSETS LESS CURRENT LIABILITIES		120,520	-	117,361
NET ASSETS		120,520	-	117,361
FUNDS				
Unrestricted funds - designated to equipment		50,000	-	50,000
Unrestricted funds - free		15,390	-	13,237
Unrestricted funds - designated for Hydrotherapy pool		55,130	-	54,124
TOTAL FUNDS		120,520	-	117,361

For the year ending 30th September 2021, the charitable company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

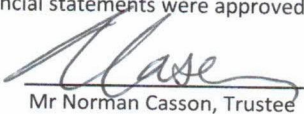
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30th September 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of The Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 22nd June 2022 and signed on its behalf by:


 Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements

Berkshire Health & Well-Being Social Enterprises
Company number 06988472
Registered Charity number 1164954
Notes to the Financial Statements
for the year ended 30 September 2021

1 Accounting Policies

Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 Investment Income

	2021	2020
Deposit account interest	£9	£95

3 Trustee's Remuneration and Benefits

During the year the total of trustees' remuneration amount to £nil (2020 £nil)

There were no trustees' expenses paid for the year ended 30 September 2021 nor for the year ended 30 September 2020.

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Notes to the Financial Statements
for the year ended 30 September 2021

4 Movement in funds	At 1 October 2020	Net movement in funds	At 30 September 2021
	£	£	£
Unrestricted funds - designated to equipment	50,000	0	50,000
Unrestricted fund - free	13,237	2,153	15,390
Restricted funds - Hydrotherapy Pool	54,124	1,006	55,130
	117,361	3,159	120,520

5 Staff costs

2020	2021
£55,828	£63,449

The average monthly number of employees during the year was as follows:

2020	2021
8	8

