

**Berkshire Health & Well-Being Social Enterprises  
(limited by guarantee)  
Report of the Trustees and  
Unaudited Financial Statements for the year ended  
30 September 2020**

Company number 06988472  
Registered Charity number 1164954



**Berkshire Health & Well-Being Social Enterprises**

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for the year ended 30 September 2020**

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**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2020**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2020. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

## **Reference and Administrative Details**

### **Registered Office**

Berkshire Health & Well-Being Social Enterprises  
Frank Hutchings Hall  
Harts Hill Road  
Thatcham, Berkshire  
RG18 4QH

### **Trustees**

Mr Norman Casson	Retired
Mr John Holt	Retired
Mr Stephen Jones	Company Director
Mrs Irene Waters	Nurse and Health Services Consultant
Ms Terri Costain	Accountant
Ms Angela Ashwell	HR Consultant

Resigned 1st June 2020

### **Company Secretary**

Mr Norman Casson

### **Independent Examiner**

Mr Graham Spellman

## **Structure, Governance and Management**

### **Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

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**Report of the Trustees**

**for the year ended 30 September 2020**

**Objectives and Activities**

**Objectives and aims**

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

**Financial review**

Overall we are pleased with our financial situation, raising £121,549 in donations and grants. However, the year was affected significantly by having to close the service for 18 weeks due to the Covid-19 pandemic. Upon reopening the service it was necessary to reorganise many operational matters, affecting costs and income significantly, with many clients not returning to take exercise with us due to their Covid health-vulnerabilities. We benefitted from Furlough and a rent break, and we retained and supported all our staff. We are most grateful for the significant support we received through the year from these major sources:

Anonymous donation	£30,000
Greenham Common Trust and The Good Exchange	£12,235
Newbury Bridge Club	£4,721
Rotary Club of Newbury	£3,400
Berkshire Community Foundation including The Pargiter Trust	£9,300
Englefield Charitable Trust	£2,000
Thatcham Town Council	£700
Aldermaston and Wasing Show	£225

Prior to the enforced lockdown, footfall to the service averaged about 260 clients per week. This figure fell to about 150 per week upon reopening. A financial restructuring study was in hand as the financial year end arrived.



**Berkshire Health & Well-Being Social Enterprises**  
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**Report of the Trustees**  
**for the year ended 30 September 2020**

### **Achievements**

We continue to provide our service to individuals with a very broad mix of disability challenges and mobility issues. Upon reopening our service after enforced lock down many of our clients reported deterioration in their mobility while we were closed. Accordingly we have commenced a programme of monitoring how clients respond to a return to exercise following a prolonged period of inactivity and will be publishing a report on this in due course. We continue to receive daily praise from our clients about how our service makes important differences.

During the year we upgraded some of our equipment. The grant from the Pargiter Trust specifically helped us to start some of this in this reporting year, ahead of expectations. Our clients have commented very favourably on the first round of this ground-breaking work, which will continue into the next financial year.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to search for land to develop our hydrotherapy pool project.

### **Reserves Policy**

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £117,361 of which £50,000 has been set aside for equipment replacement and £54,124 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on 11th March 2021 and signed on its behalf by:

  
**Norman Casson, Trustee**

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Independent Examiner's Report**  
**for the year ended 30 September 2020**

I report on the accounts for the year ended 30 September 2020 set out on pages four to seven.

**Respective responsibilities of the trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given the Charity Commission; and
- to state whether particular matters have come to my attention

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

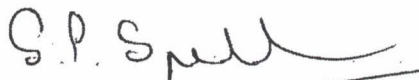
**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Graham Spellman

12TH MARCH 2021

Date

Accounts and Taxation Centre  
36 Queens Road  
Newbury, Berkshire  
RG14 7NE

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Statement of Financial Activities**  
**for the year ended 30 September 2020**

	Unrestricted funds £	Restricted funds £	Total funds £ 2020	Total funds £ 2019
<b>INCOMING RESOURCES</b>				
Incoming resources from generated funds				
Voluntary income	121,454	-	121,454	118,165
Investment income	95	-	95	128
<b>Total incoming resources</b>	<b>121,549</b>	<b>-</b>	<b>121,549</b>	<b>118,293</b>
<b>RESOURCES EXPENDED</b>				
Charitable activities				
Charitable activities	101,763		101,763	119,507
Governance costs	4,000		4,000	6,000
<b>Total resources expenses</b>	<b>105,763</b>	<b>-</b>	<b>105,763</b>	<b>125,507</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>	<b>15,786</b>	<b>-</b>	<b>15,786</b>	<b>(7,214)</b>
<b>RECONCILIATION OF FUNDS</b>				
Total funds from forward	101,575	-	101,575	108,789
<b>Total funds carried forward</b>	<b>117,361</b>	<b>-</b>	<b>117,361</b>	<b>101,575</b>

The attached notes form an integral part of these financial statements



**Berkshire Health & Well-Being Social Enterprises**  
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**Registered Charity number 1164954**  
**Balance Sheet**  
**as at 30 September 2020**

			2020	2019
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £
<b>FIXED ASSETS</b>		<b>16,341</b>	<b>-</b>	<b>16,341</b>
<b>CURRENT ASSETS</b>				<b>32,010</b>
Debtors		2,181	-	2,090
Cash		107,338	-	71,878
		<b>109,519</b>	<b>-</b>	<b>73,968</b>
<b>LIABILITIES</b>				
Creditors		2,192	-	2,064
Prepaid Appointments		6,307	-	2,339
		<b>8,499</b>	<b>-</b>	<b>4,403</b>
<b>NET CURRENT ASSETS</b>		<b>101,020</b>	<b>-</b>	<b>69,565</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>117,361</b>	<b>-</b>	<b>101,575</b>
<b>NET ASSETS</b>		<b>117,361</b>	<b>-</b>	<b>101,575</b>
<b>FUNDS</b>				
Unrestricted funds - designated to equipment		50,000	-	50,000
Unrestricted funds - free		13,237	-	35,046
Unrestricted funds - designated for Hydrotherapy pool		54,124	-	16,529
<b>TOTAL FUNDS</b>		<b>117,361</b>	<b>-</b>	<b>101,575</b>

Nov-20


The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject the small companies regime.

The financial statements were approved by the Board of Trustees on 11th March 2021 and signed its behalf by:

  
 Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2020**

**1 Accounting Policies**

Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Investment Income**

	<b>2020</b>	<b>2019</b>
Deposit account interest	£95	£128

**3 Trustee's Remuneration and Benefits**

During the year the total of trustees' remuneration amount to £nil (2019 £nil)

There were no trustees' expenses paid for the year ended 30 September 2020 nor for the year ended 30 September 2019.

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**Notes to the Financial Statements**  
**for the year ended 30 September 2020**

**4 Movement in funds**

	At 1 October 2019 £	Net movement in funds £	At 30 September 2019 £
Unrestricted funds - designated to equipment	50,000	0	50,000
Unrestricted fund - free	35,046	(21,809)	13,237
Restricted funds - Hydrotherapy Pool	16,529	37,595	54,124
	<b>101,575</b>	<b>15,786</b>	<b>117,361</b>

**5 Staff costs**

2020	2019
£55,828	£65,925

The average monthly number of employees during the year was as follows:

2020	2019
8	7