

# BERKSHIRE HEALTH & WELL-BEING SOCIAL ENTERPRISES

England & Wales · Charity number 1164954

## Details

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**Other names** WEST BERKSHIRE THERAPY CENTRE

**Status** Registered

**Legal form** Charitable company

**Company number** [06988472](#)

**Registered** 2015-12-21

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** The Frank Hutchings Community Centre  
Bradley-Moore Square  
Harts Hill Road  
Thatcham  
Berkshire  
RG18 4QH

**Phone** 01635202715

**Email** [info@westberkshiretherapycentre.org.uk](mailto:info@westberkshiretherapycentre.org.uk)

**Website** [www.westberkshiretherapycentre.org.uk](http://www.westberkshiretherapycentre.org.uk)

## Activities

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**Objects:** THE OBJECTS ARE THE PRESERVATION AND PROTECTION OF THE PHYSICAL AND MENTAL HEALTH OF PEOPLE WHO HAVE A DISABILITY OR WHO ARE SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OR ARE IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS BY ESTABLISHING, DEVELOPING AND OPERATING FACILITIES TO ASSIST IN THEIR TREATMENT, CARE AND REHABILITATION, INCLUDING, BUT NOT LIMITED TO, THE PROVISION OF APPROPRIATE EXERCISE EQUIPMENT.

**Activities:** The objectives are the preservation and protection of the physical and mental health of people who have a disability or are in need of rehabilitation as a result of illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including but not limited to the provision of appropriate exercise equipment.

## Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

## Geography

- West Berkshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£177,544	£146,162	-	-
2023-09-30	£116,003	£112,922	-	-
2022-09-30	£145,236	£110,011	-	-
2021-09-30	£89,528	£86,363	-	-
2020-09-30	£121,549	£105,763	-	-

## Trustees

Name	Role	Appointed
<b>NORMAN CASSON LLB</b>	Chair	2014-04-01
Graham Patrick Spellman		2020-10-27
IRENE MARGARET WATERS		2014-04-01
JOHN MALCOLM HOLT		2017-10-15
Janet Susan Lister		2025-04-25
Philip Russell Shore		2021-09-15
STEPHEN ROBERT JONES		2014-04-01

**BERKSHIRE HEALTH & WELL-BEING SOCIAL ENTERPRISES**

England & Wales - Charity number 1164954

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# Accounts

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**Berkshire Health & Well-Being Social Enterprises  
(limited by guarantee)  
Report of the Trustees and  
Unaudited Financial Statements for the year ended**

**30 September 2024**

**Company number 06988472**

**Registered Charity number 1164954**



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
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**for the year ended 30 September 2024**

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**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

### **Reference and Administrative Details**

#### **Registered Office**

Berkshire Health & Well-Being Social Enterprises  
Frank Hutchings Hall  
Harts Hill Road  
Thatcham, Berkshire  
RG18 4QH

#### **Trustees**

Mr Norman Casson	Retired
Mr John Holt	Retired
Mr Stephen Jones	Company Director
Mrs Irene Waters	Nurse and Health Services Consultant
Mr Graham Spellman	Accountant
Gill Brunson	Retired
Mr Tim Pritchard	Retired
Mr Phil Shore	Retired

#### **Company Secretary**

Mr Norman Casson

#### **Independent Examiner**

Mr Antony Weller

### **Structure, Governance and Management**

#### **Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

#### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2024**

**Objectives and Activities**

**Objectives and aims**

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

**Financial review**

We remain pleased with our financial situation, raising £175,445 in donations and grants, allowing us to make a small surplus and to add to our hydrotherapy fund. Use of the service increased strongly through the year. A significant equipment replacement programme continued, helping to maintain capacity and to provide a reliable service, with clients continuing to report excellent health and well-being benefits. There have been very positive indications during negotiations for suitable land to develop a premises suitable to provide hydrotherapy.

Voluntary contributions from clients	£75,532
Greenham Trust and The Good Exchange	£37,966
West Berkshire Council Community Infrastructure Levy Fund	£18,886
Parkinson's UK Newbury & District	£12,000
Anonymous Donations	£10,820
Gift Aid	£6,627
Gerald Palmer Eling Trust	£5,000
February Foundation	£5,000
Berkshire Community Foundation	£4,000
MS Society, Newbury & District	£2,350
The Colefax Trust	£2,000
Tesco Charitable Fund	£1,750
The Grace Trust	£1,000
The Helen Robinson Trust	£1,000

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2024**

#### **Achievements**

We continued to provide our service to individuals with a very broad mix of disability challenges and mobility issues.

We continue to receive daily praise from our clients about the important difference it makes to their mobility, well-being and independence.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to negotiate for land to develop our hydrotherapy pool project.

We continue to be very prudent with expenditure. Our fund raising costs are nil and our highest paid employee earnings are relatively low. Up to 25 volunteers give their time and energies freely.

#### **Reserves Policy**

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £190,208 of which £50,000 has been set aside for equipment replacement and £109,933 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on 3rd June 2025  
and signed on its behalf by:

**Norman Casson, Trustee**

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Independent Examiner's Report**  
**for the year ended 30 September 2024**

I report on the accounts for the year ended 30 September 2024 set out on pages four to six.

**Respective responsibilities of the trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given by the Charity Commission; and
- to state whether particular matters have come to my attention

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
Antony Weller F.C.C.A.

12/6/2025  
Date

David Jones & Co  
The Centre  
Reading Road  
Eversley Centre  
Hampshire RG27 0NB

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Statement of Financial Activities**  
**for the year ended 30 September 2024**

	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	2024	2023
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income	175445		175445	115051
Investment income	2099		2099	952
<b>Total incoming resources</b>	<b>177544</b>		<b>177544</b>	<b>116003</b>
<b>RESOURCES EXPENDED</b>				
<b>Charitable activities</b>				
Charitable activities	146162		146162	112922
<b>Governance costs</b>				
<b>Total resources expenses</b>	<b>146162</b>		<b>146162</b>	<b>112922</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>	<b>31382</b>		<b>31382</b>	<b>3081</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds brought forward</b>	<b>158826</b>		<b>158826</b>	<b>155745</b>
<b>Total funds carried forward</b>	<b>190208</b>	-	<b>190208</b>	<b>158826</b>

The attached notes form an integral part of these financial statements



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Balance Sheet**  
**as at 30 September 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	2024 Total Funds	2023 Total Funds
<b>FIXED ASSETS</b>		<b>42182</b>		<b>42182</b>	<b>26066</b>
<b>CURRENT ASSETS</b>					
Debtors		1564		1564	2813
Cash		151022		151022	132357
		<b>152586</b>	-	<b>152586</b>	<b>135170</b>
<b>LIABILITIES</b>					
Creditors		4560		4560	2410
Prepaid Appointments			-		
		<b>4560</b>	-	<b>4560</b>	<b>2410</b>
<b>NET CURRENT ASSETS</b>		<b>148026</b>	-	<b>148026</b>	<b>132760</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>190208</b>	-	<b>190208</b>	<b>158826</b>
<b>NET ASSETS</b>		<b>190208</b>	-	<b>190208</b>	<b>158826</b>
<b>FUNDS</b>					
Unrestricted funds - designated to equipment		50000		50000	50000
Unrestricted funds - free		30275		30275	5578
Unrestricted funds - designated for Hydrotherapy pool		109933		109933	100167
<b>TOTAL FUNDS</b>		<b>190208</b>	-	<b>190208</b>	<b>155,745</b>

**Dated 03/06/2025**

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2024.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 3rd June 2025 and signed on its behalf by:

Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2024**

## 1 Accounting Policies

### Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

### Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

### Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## 2 Investment Income

	<b>2024</b>	<b>2023</b>
Deposit account interest	£2,099	£952

## 3 Trustee's Remuneration and Benefits

During the year the total of trustees' remuneration amount to £nil (2023 £nil)

There were no trustees' expenses paid for the year ended 30 September 2024 nor for the year ended 30 September 2023.

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2024**

<b>4 Movement in funds</b>	<b>At 1 October 2023</b>	<b>Net movement in funds</b>	<b>At 30 September 2024</b>
	£	£	£
Unrestricted funds - designated to equipment	50000		50000
Unrestricted fund - free	3477	26,798	30275
Unrestricted funds - Hydrotherapy Pool	105349	4,584	109933
	<b>158,826</b>	<b>31,382</b>	<b>190,208</b>

<b>5 Staff costs</b>	<b>2024</b>	<b>2023</b>
	£91,481	£78,188

The average monthly number of employees during the year was as follows:

<b>2024</b>	<b>2023</b>
7	7

**BERKSHIRE HEALTH & WELL-BEING SOCIAL ENTERPRISES**

England & Wales - Charity number 1164954

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# Accounts

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**Berkshire Health & Well-Being Social Enterprises  
(limited by guarantee)  
Report of the Trustees and  
Unaudited Financial Statements for the year ended  
30 September 2023**

**Company number 06988472  
Registered Charity number 1164954**

**Berkshire Health & Well-Being Social Enterprises**

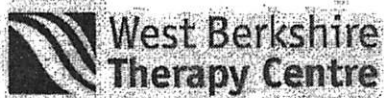
**Company number 06988472**

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**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2023**

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**Trustees**

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Mr John Holt	Retired
Mr Stephen Jones	Company Director
Mrs Irene Waters	Nurse and Health Services Consultant
Mr Graham Spellman	Accountant
Gill Brunsdon	Retired
Mr Tim Pritchard	Retired
Mr Phil Shore	Retired

**Company Secretary**

Mr Norman Casson

**Independent Examiner**

Mr Antony Weller

**Structure, Governance and Management**

**Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

**Registered Charity number 1164954**

**Report of the Trustees**

**for the year ended 30 September 2023**

**Objectives and Activities**

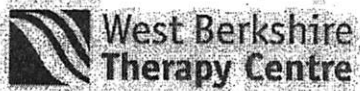
**Objectives and aims**

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

**Financial review**

We remain pleased with our financial situation, raising £113,474 in donations and grants, allowing us to make a small surplus and to add to our hydrotherapy fund. Our capacity remained under-used throughout the year, with use of the service increasing steadily towards pre-covid levels, as concerns among our clients about covid continued to decline. A significant equipment replacement programme commenced in response to its age and increasing unreliability.

Voluntary contributions from clients	£50,701
Greenham Common Trust and The Good Exchange	£15,022
Berkshire Community Foundation including The Pargitter Trust	£10,000
Parkinson's UK Newbury & District	£7,799
Forrester Family Trust	£5,000
Anonymous donations over £1,000	£4,800
Gift Aid	£4,691
Tesco Charitable Fund	£4,250
Weinstock Fund	£3,000
Albert Hunt Trust	£2,000
MS Society, Newbury & District	£2,561
Springwood Church	£1,000
Thatcham Town Council	£1,000
Get Berkshire Active	£900
Grace Trust	£750



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2023**

**Achievements**

We continued to provide our service to individuals with a very broad mix of disability challenges and mobility issues.

We continue to receive daily praise from our clients about the important difference it makes to their mobility, well-being and independence.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to search for land to develop our hydrotherapy pool project.

We continue to be very prudent with expenditure. Our fund raising costs are nil and our highest paid employee earnings are relatively low. Up to 25 volunteers give their time and energies freely.

**Reserves Policy**

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £158,826 of which £50,000 has been set aside for equipment replacement and £105,349 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on  
and signed on its behalf by:

31<sup>st</sup> May

2024

A handwritten signature in black ink that reads "Norman Casson".

**Norman Casson, Trustee**

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Independent Examiner's Report**  
**for the year ended 30 September 2023**

I report on the accounts for the year ended 30 September 2023 set out on pages four to six.

**Respective responsibilities of the trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given the Charity Commission; and
- to state whether particular matters have come to my attention

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Antony Weller F.C.C.A.

Date

11/6/2024.

David Jones & Co  
The Centre  
Reading Road  
Eversley Centre  
Hampshire RG27 0NB

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Statement of Financial Activities**  
**for the year ended 30 September 2023**

	Unrestricted funds £	Restricted funds £	Total funds 2023	Total funds 2022
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income	115051		115051	145181
Investment income	952		952	55
<b>Total incoming resources</b>	<b>116003</b>		<b>116003</b>	<b>145236</b>
<b>RESOURCES EXPENDED</b>				
<b>Charitable activities</b>				
Charitable activities	112922		112922	110011
<b>Governance costs</b>				
<b>Total resources expenses</b>	<b>112922</b>		<b>112922</b>	<b>110011</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>	<b>3081</b>		<b>3081</b>	<b>35225</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds from forward</b>	<b>155745</b>		<b>155745</b>	<b>120520</b>
<b>Total funds carried forward</b>	<b>158826</b>	<b>-</b>	<b>158826</b>	<b>155745</b>

The attached notes form an integral part of these financial statements

**Berkshire Health & Well-Being Social Enterprises**

Company number 06988472

Registered Charity number 1164954

**Balance Sheet**

as at 30 September 2023

			2023	2022
Notes	Unrestricted Funds £	Restricted Funds £	Total Funds	Total Funds
<b>FIXED ASSETS</b>	26066		26066	10770
<b>CURRENT ASSETS</b>				
Debtors	2813		2813	2430
Cash	132357		132357	147566
	135170	-	135170	
<b>LIABILITIES</b>				
Creditors	2410		2410	2341
Prepaid Appointments		-		2680
	2410	-	2410	5021
<b>NET CURRENT ASSETS</b>	<u>132760</u>	-	<u>132760</u>	<u>144975</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	158826	-	158826	155745
<b>NET ASSETS</b>	<u>158826</u>	-	<u>158826</u>	<u>155745</u>
<b>FUNDS</b>				
Unrestricted funds - designated to equipment	50000		50000	50000
Unrestricted funds - free	3477		3477	5578
Unrestricted funds - designated for Hydrotherapy pool	105349		105349	100167
<b>TOTAL FUNDS</b>	<u>158826</u>	-	<u>158826</u>	<u>155,745</u>

Dated 31/05/2024

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2023.

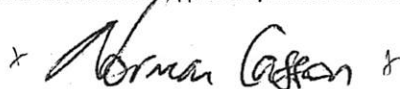
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject the small companies regime.

The financial statements were approved by the Board of Trustees on 31st May 2024 and signed its behalf by:

x  s

Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2023**

## **1 Accounting Policies**

### Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

### Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

### Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## **2 Investment Income**

	<b>2023</b>	<b>2022</b>
Deposit account interest	£952	£55

## **3 Trustee's Remuneration and Benefits**

During the year the total of trustees' remuneration amount to £nil (2022 £nil)

There were no trustees' expenses paid for the year ended 30 September 2022 nor for the year ended 30 September 2023.



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2023**

<b>4</b>	<b>Movement in funds</b>	<b>At 1 October 2022</b>	<b>Net movement in funds</b>	<b>At 30 September 2023</b>
		<b>£</b>	<b>£</b>	<b>£</b>
	Unrestricted funds - designated to equipment	50000		50000
	Unrestricted fund - free	5578	(2101)	3477
	Unrestricted funds - Hydrotherapy Pool	100167	5,182	105349
		<b>155,745</b>	<b>3,081</b>	<b>158,826</b>

**5** **Staff costs**

<b>2023</b>	<b>2022</b>
<b>£78,188</b>	<b>£70,119</b>

The average monthly number of employees during the year was as follows:

<b>2023</b>	<b>2022</b>
<b>7</b>	<b>7</b>

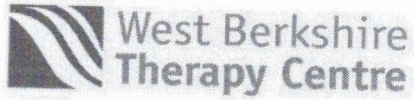
**BERKSHIRE HEALTH & WELL-BEING SOCIAL ENTERPRISES**

England & Wales - Charity number 1164954

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# Accounts

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**Berkshire Health & Well-Being Social Enterprises  
(limited by guarantee)  
Report of the Trustees and  
Unaudited Financial Statements for the year ended  
30 September 2022**

**Company number 06988472  
Registered Charity number 1164954**

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
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**for the year ended 30 September 2022**

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**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

### **Reference and Administrative Details**

#### **Registered Office**

Berkshire Health & Well-Being Social Enterprises  
Frank Hutchings Hall  
Harts Hill Road  
Thatcham, Berkshire  
RG18 4QH

#### **Trustees**

Mr Norman Casson	Retired	
Mr John Holt	Retired	
Mr Stephen Jones	Company Director	
Mrs Irene Waters	Nurse and Health Services Consultant	
Mr Graham Spellman	Accountant	
Ms Angela Ashwell	HR Consultant	Retired 16 <sup>th</sup> January 2022
Mr Tim Pritchard	Retired	
Mr Phil Shore	Qualified Accountant CIMA	

#### **Company Secretary**

Mr Norman Casson

#### **Independent Examiner**

Mr Antony Weller

### **Structure, Governance and Management**

#### **Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

#### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

**Registered Charity number 1164954**

**Report of the Trustees**

**for the year ended 30 September 2022**

**Objectives and Activities**

**Objectives and aims**

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

**Financial review**

Overall we are pleased with our financial situation, raising £145,181 in donations and grants, allowing us to make a small surplus and to add to our hydrotherapy fund. Our capacity remained under-used throughout the year, with many clients continuing to stay at home to avoid covid. On a more positive note, towards the end of the financial year use of the service began to increase as clients became more aware of the negative effects on their health of not using

Legacies	£25,000
Greenham Common Trust and The Good Exchange	£24,417
Anonymous donations over £1,000	£15,000
Edward Gostling Foundation	£10,000
Parkinson's UK Newbury & District	£7,000
Berkshire Community Foundation	£5,000
Childwick Trust	£5,000
Get Berkshire Active	£3,250
February Foundation	£3,000
MS Society, Newbury & District	£2,820
Sovereign Housing	£2,500
Sir Jules Thorn Trust	£2,000
Gerald Palmer Eling Trust	£2,000
Barratt Foundation	£1,000
Thatcham Town Council	£1,000

The majority of income was from voluntary contributions and donations from clients using the service.

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2022**

### **Achievements**


We continued to provide our service to individuals with a very broad mix of disability challenges and mobility issues. Many of our clients continue to express their concerns about covid and have not returned to use our service, which has operated at about 60% capacity for much of the financial year. We are starting to see clients affected by long-covid, noting that many are too fatigued to take up their appointments. We continue to receive daily praise from our clients about the important difference it makes to their mobility, well-being and independence.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to search for land to develop our hydrotherapy pool project.

### **Reserves Policy**

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £155,745 of which £50,000 has been set aside for equipment replacement and £100,167 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on 15<sup>th</sup> June 2023 and signed on its behalf by

  
Norman Casson, Trustee

Berkshire Health & Well-Being Social Enterprises  
Company number 06988472  
Registered Charity number 1164954  
Independent Examiner's Report  
for the year ended 30 September 2022

I report on the accounts for the year ended 30 September 2022 set out on pages five to eight .

### Respective responsibilities of the trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given by the Charity Commission; and
- to state whether particular matters have come to my attention

### Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
\_\_\_\_\_  
Antony Weller F.C.C.A.

Date

14/6/2023

David Jones & Co  
The Centre  
Reading Road  
Eversley Centre  
Hampshire RG27 0NB

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Statement of Financial Activities**  
**for the year ended 30 September 2022**

	Unrestricted funds £	Restricted funds £	Total funds 2022	Total funds £ 2021
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income	145181	-	145181	89519
Investment income	55	-	55	9
<b>Total incoming resources</b>	<b>145236</b>	<b>-</b>	<b>145236</b>	<b>89528</b>
<b>RESOURCES EXPENDED</b>				
<b>Charitable activities</b>				
Charitable activities	110011		110011	86363
<b>Governance costs</b>				-
<b>Total resources expenses</b>	<b>110011</b>	<b>-</b>	<b>110011</b>	<b>86363</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>	<b>35225</b>	<b>-</b>	<b>35225</b>	<b>3,159</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds from forward</b>	120520	-	120520	117361
<b>Total funds carried forward</b>	<b>155745</b>	<b>-</b>	<b>155745</b>	<b>120520</b>

The attached notes form an integral part of these financial statements

**Balance Sheet**
**as at 30 September 2022**

			2022	2021
	No	Unrestricted	Restricted	Total
	tes	Funds	Funds	Funds
		£	£	£
<b>FIXED ASSETS</b>		<b>10770</b>	-	<b>10770</b>
<b>CURRENT ASSETS</b>				
Debtors		2430	-	2430
Cash		147566	-	147566
			-	<b>111332</b>
<b>LIABILITIES</b>				
Creditors		2341		2341
Prepaid Appointments		2680	-	2680
		<b>5021</b>	-	<b>5021</b>
<b>NET CURRENT ASSETS</b>		<b>144975</b>	-	<b>144975</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>155745</b>	-	<b>155745</b>
<b>NET ASSETS</b>		<b>155745</b>	-	<b>155745</b>
<b>FUNDS</b>				
Unrestricted funds - designated to equipment		50000	-	50000
Unrestricted funds - free		5578		5578
Unrestricted funds - designated for Hydrotherapy pool		100167	-	100167
<b>TOTAL FUNDS</b>		<b>155,745</b>	-	<b>155745</b>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2022.

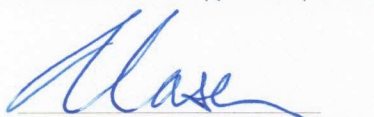
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on *15th June 2023* and signed its behalf by:



Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2022**

**1 Accounting Policies**

Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Investment Income**

Deposit account interest	<b>2022</b>	<b>2021</b>
	£55	£9

**3 Trustee's Remuneration and Benefits**

During the year the total of trustees' remuneration amount to £nil (2021 £nil)

There were no trustees' expenses paid for the year ended 30 September 2021 nor for the year ended 30 September 2022.

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2022**

NOTE THIS SHEET NOT REFORMATTED TO ENSURE FORMULAE FOR CALCULATIONS ARE RETAINED FOR THIS YEAR'S DATA

<b>4 Movement in funds</b>	<b>At 1 October 2021</b>	<b>Net movement in funds</b>	<b>At 30 September 2022</b>
	£	£	£
Unrestricted funds - designated to equipment	50000		50000
Unrestricted fund - free	15390	(9812)	5578
Restricted funds - Hydrotherapy Pool	55130	45,037	100167
	<b>120,520</b>	<b>35,225</b>	<b>155,745</b>

**5 Staff costs**

<b>2021</b>	<b>2022</b>
£63,449	£70,119

The average monthly number of employees during the year was as follows:

<b>2021</b>	<b>2022</b>
8	7

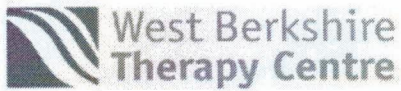
**BERKSHIRE HEALTH & WELL-BEING SOCIAL ENTERPRISES**

England & Wales - Charity number 1164954

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# Accounts

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**Berkshire Health & Well-Being Social Enterprises  
(limited by guarantee)  
Report of the Trustees and  
Unaudited Financial Statements for the year ended  
30 September 2021**

**Company number 06988472  
Registered Charity number 1164954**





**Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

**Registered Charity number 1164954**

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for the year ended 30 September 2021**

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**Berkshire Health & Well-Being Social Enterprises**

Company number 06988472

Registered Charity number 1164954

Report of the Trustees

for the year ended 30 September 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

**Reference and Administrative Details****Registered Office**

Berkshire Health & Well-Being Social Enterprises  
Frank Hutchings Hall  
Harts Hill Road  
Thatcham, Berkshire  
RG18 4QH

**Trustees**

Mr Norman Casson	Retired	
Mr John Holt	Retired	
Mr Stephen Jones	Company Director	
Mrs Irene Waters	Nurse and Health Services Consultant	
Mr Graham Spellman	Accountant	Joined 27th October 2020
Ms Angela Ashwell	HR Consultant	
Mr Tim Pritchard	Retired	Joined 10 <sup>th</sup> August 2021
Mr Phil Shore	Qualified Accountant CIMA	Joined 15 <sup>th</sup> September 2021

**Company Secretary**

Mr Norman Casson

**Independent Examiner**

Mr Anthony Weller

**Structure, Governance and Management****Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2021**

**Objectives and Activities**

**Objectives and aims**

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

**Financial review**

Overall we are pleased with our financial situation, raising £89,522 in donations and grants. However, as in the previous year, the organisation was affected significantly by having to close the service for extended periods due to the Covid-19 pandemic. The service continues to operate a policy of social distancing, such that some equipment cannot be deployed and less clients are able to use the service at any one time. Many clients remain reluctant to venture out, so are missing our service in ways that adversely affect their mobility, all of which has an adverse effect on our income. We benefited from some Furlough income, government restriction grants and a rent break, and we retained and supported all our staff. The fund raising team raised several significant grants.

Greenham Common Trust and The Good Exchange	£32,641 *
Berkshire Nurses and Relief in Sickness Trust	£4,487
Berkshire Community Foundation	£4,000
Hedley Trust	£2,243
One Family Foundation	£2,243
Get Berkshire Active	£1,735
Sir Jules Thorn Charitable Trust	£1,000
Albert Hunt Charitable Trust	£1,000
Ammco Trust	£500

\* Within the above, over the course of one weekend, we raised a total of just over £19k, most of which was collected through The Good Exchange platform with Greenham Trust double match funding the first £5k raised, with all proceeds allocated to evaluate the effect of power-assisted exercise on those affected by Long-covid. None of these funds were spent in this period.

Several significant anonymous donations also were received during the year.

**Berkshire Health & Well-Being Social Enterprises**

**Company number 06988472**

**Registered Charity number 1164954**

**Report of the Trustees**

**for the year ended 30 September 2021**

**Achievements**

We continue to provide our service to individuals with a very broad mix of disability challenges and mobility issues. Following three enforced lock downs many of our clients reported deterioration in their mobility while we were closed. Accordingly we continue with a programme of monitoring how clients respond to a return to exercise following a prolonged period of inactivity and we will be publishing a report on this in due course. We continue to receive daily praise from our clients about how our service makes important differences.

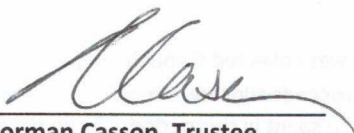
The upgrades we made to our equipment last year have been well received with eight Shapemaster items of equipment upgraded within the past two years, funded by grants from several sources.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to search for land to develop our hydrotherapy pool project.

**Reserves Policy**

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £120,520 of which £50,000 has been set aside for equipment replacement and £55,129 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on 22nd June 2022 and signed on its behalf by:



**Norman Casson, Trustee**

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Independent Examiner's Report**  
**for the year ended 30 September 2021**

I report on the accounts for the year ended 30 September 2021 set out on pages four to six.

**Respective responsibilities of the trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given by the Charity Commission; and
- to state whether particular matters have come to my attention

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Anthony Weller F.C.C.A.

23/6/2022  
Date

David Jones & Co  
The Centre  
Reading Road  
Eversley Centre  
Hampshire RG27 0NB

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Statement of Financial Activities**  
**for the year ended 30 September 2021**

	Unrestricted funds £	Restricted funds £	Total funds £ 2021	Total funds £ 2020
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income	89,513	-	89,513	121,454
Investment income	9	-	9	95
<b>Total incoming resources</b>	<b>89,522</b>	<b>-</b>	<b>89,522</b>	<b>121,549</b>
<b>RESOURCES EXPENDED</b>				
<b>Charitable activities</b>				
Charitable activities	86,363		86,363	101,763
<b>Governance costs</b>	<b>-</b>		<b>-</b>	<b>4,000</b>
<b>Total resources expenses</b>	<b>86,363</b>	<b>-</b>	<b>86,363</b>	<b>105,763</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>	<b>3,159</b>	<b>-</b>	<b>3,159</b>	<b>15,786</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds from forward</b>	<b>117,361</b>	<b>-</b>	<b>117,361</b>	<b>101,575</b>
<b>Total funds carried forward</b>	<b>120,520</b>	<b>-</b>	<b>120,520</b>	<b>117,361</b>

The attached notes form an integral part of these financial statements

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Balance Sheet**  
**as at 30 September 2021**

Notes	2021		2020	
	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
<b>FIXED ASSETS</b>	<b>15,482</b>	<b>-</b>	<b>15,482</b>	<b>16,341</b>
<b>CURRENT ASSETS</b>				
Debtors	4,896	-	4,896	2,181
Cash	106,436	-	106,436	107,338
	<b>111,332</b>	<b>-</b>	<b>111,332</b>	<b>109,519</b>
<b>LIABILITIES</b>				
Creditors	2,135	-	2,135	2,192
Prepaid Appointments	4,159	-	4,159	6,307
	<b>6,294</b>	<b>-</b>	<b>6,294</b>	<b>8,499</b>
<b>NET CURRENT ASSETS</b>	<b>105,038</b>	<b>-</b>	<b>105,038</b>	<b>101,020</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>120,520</b>	<b>-</b>	<b>120,520</b>	<b>117,361</b>
<b>NET ASSETS</b>	<b>120,520</b>	<b>-</b>	<b>120,520</b>	<b>117,361</b>
<b>FUNDS</b>				
Unrestricted funds - designated to equipment	50,000	-	50,000	50,000
Unrestricted funds - free	15,390	-	15,390	13,237
Unrestricted funds - designated for Hydrotherapy pool	55,130	-	55,130	54,124
<b>TOTAL FUNDS</b>	<b>120,520</b>	<b>-</b>	<b>120,520</b>	<b>117,361</b>

For the year ending 30th September 2021, the charitable company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

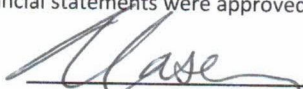
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30th September 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of The Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 22nd June 2022 and signed on its behalf by:

  
 Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2021**

**1 Accounting Policies**

Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Investment Income**

	<b>2021</b>	<b>2020</b>
Deposit account interest	£9	£95

**3 Trustee's Remuneration and Benefits**

During the year the total of trustees' remuneration amount to £nil (2020 £nil)

There were no trustees' expenses paid for the year ended 30 September 2021 nor for the year ended 30 September 2020.



Berkshire Health & Well-Being Social Enterprises  
 Company number 06988472  
 Registered Charity number 1164954  
 Notes to the Financial Statements  
 for the year ended 30 September 2021

4 Movement in funds	At 1 October 2020 £	Net movement in funds £	At 30 September 2021 £
Unrestricted funds - designated to equipment	50,000	0	50,000
Unrestricted fund - free	13,237	2,153	15,390
Restricted funds - Hydrotherapy Pool	54,124	1,006	55,130
	<b>117,361</b>	<b>3,159</b>	<b>120,520</b>

5 Staff costs

2020	2021
£55,828	£63,449

The average monthly number of employees during the year was as follows:

2020	2021
8	8



**BERKSHIRE HEALTH & WELL-BEING SOCIAL ENTERPRISES**

England & Wales - Charity number 1164954

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# Accounts

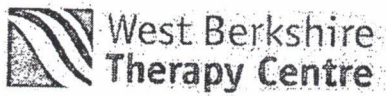
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**Berkshire Health & Well-Being Social Enterprises  
(limited by guarantee)  
Report of the Trustees and  
Unaudited Financial Statements for the year ended  
30 September 2020**

**Company number 06988472  
Registered Charity number 1164954**





**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Contents**  
**Report of the Trustees and Unaudited Financial Statements**  
**for the year ended 30 September 2020**

Report of the Trustees	1 - 3
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Balance Sheet	6
Notes to the Financial Statements	7 - 8

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2020**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2020. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

### **Reference and Administrative Details**

#### **Registered Office**

Berkshire Health & Well-Being Social Enterprises  
Frank Hutchings Hall  
Harts Hill Road  
Thatcham, Berkshire  
RG18 4QH

#### **Trustees**

Mr Norman Casson	Retired	
Mr John Holt	Retired	
Mr Stephen Jones	Company Director	
Mrs Irene Waters	Nurse and Health Services Consultant	
Ms Terri Costain	Accountant	
Ms Angela Ashwell	HR Consultant	Resigned 1st June 2020

#### **Company Secretary**

Mr Norman Casson

#### **Independent Examiner**

Mr Graham Spellman

### **Structure, Governance and Management**

#### **Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purposes of charity law. All trustees give their time voluntarily and received no benefits from the charity.

#### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**Berkshire Health & Well-Being Social Enterprises**

Company number 06988472

Registered Charity number 1164954

Report of the Trustees

for the year ended 30 September 2020

**Objectives and Activities.****Objectives and aims**

The objectives are the preservation and protection of the physical and mental health of people who have a disability or who are suffering from mental or physical illness or are in need of rehabilitation as a result of such illness by establishing, developing and operating facilities to assist in their treatment, care and rehabilitation including, but not limited to, the provision of appropriate exercise equipment.

**Financial review**

Overall we are pleased with our financial situation, raising £121,549 in donations and grants. However, the year was affected significantly by having to close the service for 18 weeks due to the Covid-19 pandemic. Upon reopening the service it was necessary to reorganise many operational matters, affecting costs and income significantly, with many clients not returning to take exercise with us due to their Covid health-vulnerabilities. We benefitted from Furlough and a rent break, and we retained and supported all our staff. We are most grateful for the significant support we received through the year from these major sources:

Anonymous donation	£30,000
Greenham Common Trust and The Good Exchange	£12,235
Newbury Bridge Club	£4,721
Rotary Club of Newbury	£3,400
Berkshire Community Foundation including The Pargiter Trust	£9,300
Englefield Charitable Trust	£2,000
Thatcham Town Council	£700
Aldermaston and Wasing Show	£225

Prior to the enforced lockdown, footfall to the service averaged about 260 clients per week. This figure fell to about 150 per week upon reopening. A financial restructuring study was in hand as the financial year end arrived.

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Report of the Trustees**  
**for the year ended 30 September 2020**

**Achievements**

We continue to provide our service to individuals with a very broad mix of disability challenges and mobility issues. Upon reopening our service after enforced lock down many of our clients reported deterioration in their mobility while we were closed. Accordingly we have commenced a programme of monitoring how clients respond to a return to exercise following a prolonged period of inactivity and will be publishing a report on this in due course. We continue to receive daily praise from our clients about how our service makes important differences.

During the year we upgraded some of our equipment. The grant from the Pargiter Trust specifically helped us to start some of this in this reporting year, ahead of expectations. Our clients have commented very favourably on the first round of this ground-breaking work, which will continue into the next financial year.

We continue to enjoy close working relationships with other local voluntary groups and with professional staff in our local health and social care sector. We continue to search for land to develop our hydrotherapy pool project.

**Reserves Policy**

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to be able to operate in the short term. The trustees have determined that this amount should be approximately six months of running costs. In addition funds will be set up within the unrestricted reserves to allow for equipment replacement and our Hydrotherapy Pool Project. The total unrestricted reserves at the year end date were £117,361 of which £50,000 has been set aside for equipment replacement and £54,124 for the Hydrotherapy Pool Project. The trustees consider the state of the reserves to be satisfactory for achieving its objectives.

Approved by order of the board of trustees on 11th March 2021 and signed on its behalf by:



Norman Casson, Trustee

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Independent Examiner's Report**  
**for the year ended 30 September 2020**

I report on the accounts for the year ended 30 September 2020 set out on pages four to seven.

**Respective responsibilities of the trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Direction given the Charity Commission; and
- to state whether particular matters have come to my attention

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charities Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

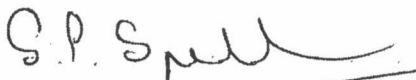
**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met: or

- 2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Graham Spellman

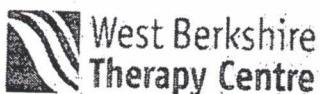
12TH MARCH 2021

Date

Berkshire Health & Well-Being Social Enterprises  
 Company number 06988472  
 Registered Charity number 1164954  
 Statement of Financial Activities  
 for the year ended 30 September 2020

	Unrestricted funds £	Restricted funds £	Total funds £ 2020	Total funds £ 2019
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income	121,454	-	121,454	118,165
Investment income	95	-	95	128
<b>Total incoming resources</b>	<b>121,549</b>	<b>-</b>	<b>121,549</b>	<b>118,293</b>
<b>RESOURCES EXPENDED</b>				
<b>Charitable activities</b>				
Charitable activities	101,763	-	101,763	119,507
Governance costs	4,000	-	4,000	6,000
<b>Total resources expenses</b>	<b>105,763</b>	<b>-</b>	<b>105,763</b>	<b>125,507</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>				
	<b>15,786</b>	<b>-</b>	<b>15,786</b>	<b>(7,214)</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds from forward</b>	<b>101,575</b>	<b>-</b>	<b>101,575</b>	<b>108,789</b>
<b>Total funds carried forward</b>	<b>117,361</b>	<b>-</b>	<b>117,361</b>	<b>101,575</b>

The attached notes form an integral part of these financial statements



**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Balance Sheet**  
**as at 30 September 2020**

	Notes	Unrestricted Funds £	Restricted Funds £	2020 Total Funds £	2019 Total Funds £
<b>FIXED ASSETS</b>		<b>16,341</b>	-	<b>16,341</b>	<b>32,010</b>
<b>CURRENT ASSETS</b>					
Debtors		2,181	-	2,181	2,090
Cash		107,338	-	107,338	71,878
		<b>109,519</b>	-	<b>109,519</b>	<b>73,968</b>
<b>LIABILITIES</b>					
Creditors		2,192	-	2,192	2,064
Prepaid Appointments		6,307	-	6,307	2,339
		<b>8,499</b>	-	<b>8,499</b>	<b>4,403</b>
<b>NET CURRENT ASSETS</b>		<b>101,020</b>	-	<b>101,020</b>	<b>69,565</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>117,361</b>	-	<b>117,361</b>	<b>101,575</b>
<b>NET ASSETS</b>		<b>117,361</b>	-	<b>117,361</b>	<b>101,575</b>
<b>FUNDS</b>					
Unrestricted funds - designated to equipment		50,000	-	50,000	50,000
Unrestricted funds - free		13,237	-	13,237	35,046
Unrestricted funds - designated for Hydrotherapy pool		54,124	-	54,124	16,529
<b>TOTAL FUNDS</b>		<b>117,361</b>	-	<b>117,361</b>	<b>101,575</b>

Nov-20


The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- 1 ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- 2 preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject the small companies regime.

The financial statements were approved by the Board of Trustees on 11th March 2021 and signed its behalf by:

  
 Mr Norman Casson, Trustee

The attached notes form an integral part of these financial statements

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2020**

**1 Accounting Policies**

Basis of preparing the Financial Statements

The Financial Statements have been prepared under the going concern basis.

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular heading they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Investment Income**

	<b>2020</b>	<b>2019</b>
Deposit account interest	£95	£128

**3 Trustee's Remuneration and Benefits**

During the year the total of trustees' remuneration amount to £nil (2019 £nil)

There were no trustees' expenses paid for the year ended 30 September 2020 nor for the year ended 30 September 2019.

**Berkshire Health & Well-Being Social Enterprises**  
**Company number 06988472**  
**Registered Charity number 1164954**  
**Notes to the Financial Statements**  
**for the year ended 30 September 2020**

4 Movement in funds	At 1 October 2019 £	Net movement in funds £	At 30 September 2019 £
Unrestricted funds - designated to equipment	50,000	0	50,000
Unrestricted fund - free	35,046	(21,809)	13,237
Restricted funds - Hydrotherapy Pool	16,529	37,595	54,124
	<b>101,575</b>	<b>15,786</b>	<b>117,361</b>

**5 Staff costs**

2020	2019
£55,828	£65,925

The average monthly number of employees during the year was as follows:

2020	2019
8	7