



Trustees' Annual Report for the period

From		Period start date			To		Period end date		
		06	04	2023			05	04	2024

Section A Reference and administration details

Charity name	HEARTBEAT AFRICA
Other names charity is known by	
Registered charity number (if any)	1164789
Charity's principal address	33 LLYS MELYN, TREGYNON, NEWTOWN, POWYS Postcode SY16 3EE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ROGER SAUNDERS	CHAIRMAN		
2	JONATHAN REES	TREASURER		
3	MARGARET JONES	SECRETARY		
4	JOHN SMITH	TRUSTEE		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
PROJECT COORDINATOR	CHRISTOPHER SAUNDERS	33 LLYS MELYN, TREGYNON, NEWTOWN, POWYS, SY16 3EE

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	FOUNDATION MODEL GOVERNING DOCUMENT
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY EXISTING TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity has adopted the Charity Commission's 'Foundation' Model Constitution for its Governing Document. The Charity was initially established by a small number of individuals in the UK who had an existing partnership with a small Kenyan Charity caring for orphans and vulnerable children. After several years of partnership, the charity was renamed and the constitution was amended on 26th February 2019 to reflect the new broader scope of charitable support for East Africa.

The Trustees meet approximately 4 times per year and receive regular reports and feedback from the Project Coordinator who works closely with our partners on the ground.
Two of the trustees have undertaken a training course organised by PAVO outlining the responsibilities and legal requirements of being a charity trustee.
New trustees are provided with all relevant documentation, policies and induction training to enable them to fully understand their role as trustees.

A comprehensive risk assessment has been undertaken with procedures and recommendations outlined to manage any potential risks which include an assessment for working internationally. Heartbeat Africa also has financial monitoring controls in place to ensure the verification of the end use of funds and constantly applies the five due diligence core principles. Heartbeat Africa also recognises the importance of knowing our donors, beneficiaries, and partners to ensure financial and professional transparency and accountability is achieved.

Summary of the objects of the charity set out in its governing document

1. The prevention and relief of poverty for the public benefit in East Africa to individuals in need in such ways as the charity trustees think fit, including by:
 - Providing items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.
 - Providing or assisting in the provision of education, training and healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.
2. The advancement of education for the public benefit in East Africa for children and young people in such ways as the charity trustees think fit, including by:
 - Assisting the disadvantaged in society through educational support.
 - Providing educational support and practical activities which develop the skills, capacities and capabilities of children and young adults to enable them to participate in society as mature and responsible individuals.
 - Providing financial support for the building and/or equipping of education establishments.
3. The advancement of the Christian faith for the public benefit within East Africa for all interested individuals through evangelism, acts of compassion and community outreach projects and provision of Christian materials.
4. Preserve and protect health for the public benefit in East Africa for vulnerable people groups such as HIV positive individuals, malnourished children and the elderly through:
 - The provision of community health education and outreach projects.
 - Working in partnership with other like-minded bodies to provide health screening and medical camps.
 - Providing financial support for emergency medical care.
5. The relief of those in need in East Africa, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in such ways as the charity trustees think fit, including:
 - The provision of support for orphans, street children and other vulnerable individuals.
 - The provision of counselling and support for individuals such as widows and orphans who have been affected by issues such as bereavement, abuse, HIV/AIDS and other common

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

diseases. • The provision of housing, residential homes, services or facilities required to relieve the needs of elderly people. • The relief and assistance of refugees or victims of war or natural disaster, trouble, or catastrophe in particular by the supply of emergency aid and medical supplies to such persons.
• Provision of resources, food aid and other general support for those in need including orphans, vulnerable children, widows, elderly and the sick. • Providing primary, secondary and university education to orphans and disadvantaged children and young adults. • Provision of healthcare and medical support for individuals in need. • Supporting a feeding programme in Northern Kenya which currently has 31 centres feeding over 4,450 children each week with nutritious porridge and providing other basic necessities. The Trustees fully appreciate and have had regard to the need for all activities to be clearly for the public benefit and to act in line with the Charity Commission guidelines PB1, 2 and 3.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Trustees acknowledge and appreciate the contributions made by volunteers and supporters of the charity. Through their various activities and fundraising events they have greatly contributed their time and efforts to enable the charity to achieve our aims and objectives.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- Historically Heartbeat Africa has had a major focus on **providing education and holistic support for orphans and disadvantaged children** and since the charity's inception we have educated and supported over two hundred children at different levels from nursery school to college / university, with the goal of each supported child becoming an independent and mature adult who can contribute to society, and support the needs of their family and wider community with the aim of tackling and reducing the poverty cycle.
- Currently Heartbeat Africa provides limited educational support to children and young adults from Kenya and Rwanda and we have an existing commitment to 11 children in primary / secondary school and we are still supporting 2 students at college / university level. Ten of our supported students have already completed their tertiary education and have graduated with qualifications such as Degrees / Diplomas in Clinical Medicine, Social Work and Community Development, Tourism and Hospitality Management, ICT, Agri-business, Business Studies and Supply Chain Management. Our remaining students are currently studying Nursing and Agri-business.
- Heartbeat Africa continues to work in partnership with several individuals and local partners throughout East Africa. Through our partnership with '**Transform Communities Initiative**' we support a **porridge feeding programme** which currently feeds over 4,450 children each week across 31 centres within the Turkana region of Northern Kenya. Our support currently provides over 3,000 cups of nutritious porridge per month which is equivalent to approximately 1.9 tonnes of porridge flour.
- This year our Project Co-ordinator visited several of the feeding centres and witnessed firsthand how much of a lifeline this feeding programme is to the children of this region, who are so affected by extreme poverty and drought. The Northern desert in Kenya is a very hostile and arid region with temperatures of 35-42 degrees Celsius for most of the year. The children in this region often sleep hungry and most of them grow up without an education and become nomadic herdsman. In addition to providing nutritious porridge, the centres have also started providing basic education and have partnered with the local churches to share the love of Christ in both word and deed.
- For the upcoming financial year, we aim to increase our commitment and support for those most in need with a greater focus on expanding the feeding programme in Northern Kenya. We have the vision of substantially increasing both the number and frequency of children being provided with life saving food.
- We would also like to help provide basic education, clean water, sanitation and healthcare for the thousands of children currently attending the feeding programme. In order to achieve this we have written project proposals and have sought support from like-minded grant giving organisations.

- We plan to increase our support base through increasing our online presence and seeking additional regular giving via monthly standing orders, as this will enable us to budget and plan effectively for the next financial year.
- We are currently creating a new website to promote the work of Heartbeat Africa and to raise greater awareness and support.
- We truly value the contributions from our supporters and the generosity and sacrifice of all those who have partnered with us as we seek to continue transforming lives throughout East Africa.

Section E

Financial review

Brief statement of the charity's policy on reserves

Heartbeat Africa is able to operate with minimal administrative costs and all donations are either sent directly to East Africa or spent directly within the country. The only administrative costs relate to the provision of charity insurance and minimal sending fees (1% of our income) for money transfers.

A reserves policy is not currently in operation however we have managed to obtain sufficient regular funding through monthly standing orders which enables us to plan and budget for the ongoing monthly commitments such as food and education. When establishing a financial commitment with new partners we inform our partners that our support will be reviewed on an annual basis. Our other charitable activities are then dependent upon the availability of general funds.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The funding for Heartbeat Africa comes from a variety of sources including individuals, small businesses, grants, churches and fundraising events.

We also receive contributions via online giving and standing orders.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ROGER SAUNDERS	JONATHAN REES
Position (eg Secretary, Chair, etc)	CHAIRMAN	TREASURER
Date	10 th May 2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

HEARTBEAT AFRICA

1164789

Receipts and payments accounts

CC16a

For the period
from

06/04/2023

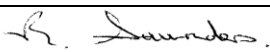
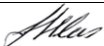
To

05/04/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General donations	1,263	-	-	1,263	-
Fundraising	146	-	-	146	-
Online giving	2,516	-	-	2,516	-
Standing orders	10,688	-	-	10,688	-
HMRC Gift Aid Claim	2,670	-	-	2,670	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	17,283	-	-	17,283	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	17,283	-	-	17,283	-
A3 Payments					
Education	4,890	-	-	4,890	-
Food aid	1,385	-	-	1,385	-
Humanitarian / medical	1,919	-	-	1,919	-
Advancement of the Christian faith	1,669	-	-	1,669	-
General support	6,223	-	-	6,223	-
Fees and charges	113	-	-	113	-
Insurance	359	-	-	359	-
	-	-	-	-	-
Sub total	16,558	-	-	16,558	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	16,558	-	-	16,558	-
Net of receipts/(payments)	725	-	-	725	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,281	-	-	4,281	-
Cash funds this year end	5,006	-	-	5,006	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Heartbeat Africa (NatWest Bank)	5,006	-	-
		-	-	-
		-	-	-
	Total cash funds	5,006	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		ROGER SAUNDERS	10/05/2024	
		JONATHAN REES	10/05/2024	