

Trustees Annual Report for the Camberley Alzheimer's Café UK CIO 1164771 for the duration of 1 August 2024 – 31 July, 2025

[Abbreviations: CAC = Camberley Alzheimer Café; AC = Alzheimer Café]

Reference and administrative details

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Trustees who served during this reporting period are Maureen Hume, David Reed, Jonathan Moutia, Robert Burge, Edward Sant, Maureen Lomas, Julian Holloway.

What is an Alzheimer Café? Definition and purpose

CAC is a monthly, post-diagnostic, education and support intervention for people with dementia, their family and friends. They, and anyone else interested in dementia, can attend, free of charge, without prior registration. CAC is planned and hosted by trustees, a steering committee, dementia-related professionals, and volunteers.

Based on the model of the charity Alzheimer Cafe UK (CIO), the CAC provides dementia-related education, support, information, and opportunities to socialise for people with dementia, their family carers, and anyone else interested in dementia. CAC gatherings are held in a safe, café-like setting.

The aims of the CAC aims are to:

- help prevent social isolation of people with dementia and their family/ friend carers
- make dementia 'openly discussable', through education and by including and acknowledging people with dementia
- reduce stigma about dementia by making it easier to talk about dementia – about having it, and being a carer

The CAC is an economical 'education and support intervention'. The venue, refreshments, education, insurance, and equipment require financing. The trustees, advisors, steering committee, and volunteers are not paid.

Structure, governance, and management

The charity's governing document is its Constitution, and is managed by a minimum of three trustees. Recruitment and appointment of new trustees is through resolution passed at the trustees' AGM meeting. Trustees have regard for matching the candidates' skills, knowledge, and experience to the current CAC needs.

Objectives of the CAC Constitution

To promote any charitable purpose for the benefit of people with dementia, including the advancement of education about dementia care, the promotion of emotional health and wellbeing related to dementia care and the relief of isolation and distress. Services are made available to those with dementia, their carers and professionals, local authority and voluntary bodies involved in dementia care in Camberley and the surrounding area.

Trustees manage the Camberley AC by:

- planning the annual programme of the Camberley AC, and promoting it locally
- hosting monthly CAC gatherings
- monitoring post, email, and phone - for requests for information about the CAC
- commissioning and offering dementia-related education.
- speaking about dementia to the press, radio, TV, and to schools, organisations and charities

Education for volunteers at the Camberley AC

Volunteers attend courses when there are sufficient people to offer them. These include:

- Adult Safeguarding
- Health and Safety
- Food and Hygiene (when necessary)
- Emergency First Aid
- 1-day course about dementia and the AC

The Camberley AC - Activities and achievements in 2024-2025

CAC has hosted monthly gatherings for people with dementia, their families and carers, volunteers, professionals, and other persons with an interest. The Dementia-related talks and presentations are provided in a safe environment, with opportunities for guests/attendees to socialise, make contacts, learn, and ask questions of trustees and attending professionals. The presentations follow a set of themes, which broadly follow the dementia process. (Details provided in the Book, *The Alzheimer Café; why it works*, by GMM Jones, 2010).

CAC has been popular with its attendees and guests, typically hosting between forty to sixty people each month. Signposting to the CAC is by local GPs, dementia services, and AC guests; others have started attending after finding information on the ACUK website.

Volunteer numbers remained stable at between 15 – 20.

During this period CAC saw the departure of Trustees Maureen Hume and David Reed and the appointment of Edward Sant, Maureen Lomas, and Julian Holloway as Trustees in October 2024, and Jonathan Moutia and Robert Burge as Trustees in March 2025.

Financial review

Cash reserves are held for expenditures related to meeting the CAC objectives. At the end of the relevant accounting period (for this fiscal year 1 August 2024 to 31 July 2025) the charity held £24,378.71 in cash reserves, £22,379.21 of un-restricted funds and £1,999.50 of restricted funds. All funds received in this reporting interval were as follows.

Incoming Resources	August 2024 to July 2025	
	Un-restricted	Restricted
Donations	1,640.50	-
Course Fees	-	-
Grants	-	-
Bank Interest	54.89	-
	1,695.39	-

CAC Financial Summary	Current Year	Prior Year
	01Aug24- 31Jul25	01Aug23- 31Jul24
Assets starting at year	28,987.38	14,987.26
Income	1,695.39	25,654.29
Total Expenditure	6,304.06	11,654.17
Bank and Cash Balance at year end	24,378.71	28,987.38

As seen above, from the current funds held, CAC is in a good financial position to continue all aspects of its functioning for the coming years.

Trustees' plans for the near to medium future

Plans include maintaining the items described above and:

- To continue publicizing the CAC locally and to promote dementia education – especially for family carers
- To ensure continuity of help – by having sufficient trustees, steering committee members, and volunteers
- Move from a manual accounting system onto a web-based accounting software package, Freeagent.
- To evaluate and update CAC practice regarding any new Charity Guidelines

Ongoing evaluation is part of the CAC's accountability; evaluations are used to maintain the quality of the café gatherings, and for planning and teaching purposes. CAC is evaluated in several ways, by:

- direct verbal and non-verbal feedback to organisers, volunteers, and from guests attending an AC
- written responses in the 'Comments Book'
- a monthly 'AC Summary Evaluation Form' recorded by AC organisers. This includes records of attendance, topics, speakers, equipment glitches, and surprises. [Summary notes help complete the Quality Control Criteria form.]
- word-of-mouth accounts in the media, i.e. AC guests expressing themselves in articles, verbal interviews for the radio, TV, and at talks and public events
- the annual self-evaluation using the prescribed European AC Quality Control Criteria (33 items, published on the ACUK website), completed by the trustees.

Acknowledgements

The trustees would like to extend thanks to the volunteers for their contribution to the continuing success of the Camberley Alzheimer Café. We also wish to express our appreciation to our donors.



Jonathan Moutia (Trustee) 20/05/2026

On behalf of the CAMBERLEY ALZHEIMER CAFE CIO Trustees,

Camberley Alzheimer Café CIO
Registered Charity Number 1164771
Accounts for the Year Ended 31st July 2025

Camberley Alzheimer Café CIO
Accounts for the Year Ended 31st July 2025

Statement of Financial Activities

1st August 2024 to 31st July 2025

Incoming resources

	Un-Restricted	Restricted	Total	<i>Prior Year</i>
	£	£	£	£
Donations	1,640.50	-	1,640.50	4,536.81
Course Fees	-	-	-	3,815.00
Grants	-	-	-	17,250.00
Bank Interest	54.89	-	54.89	52.48
Total Incoming Resources	1,695.39	-	1,695.39	25,654.29

Resources Expended

Direct Charitable Activities	3,609.93	-	3,609.93	7,379.91
Indirect Charitable Activities	2,694.13	-	2,694.13	4,274.26

Total Resources Expended	6,304.06	-	6,304.06	11,654.17
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Net Incoming Resources	-	4,608.67	-	-	4,608.67	14,000.12
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Net Movements in Funds	-	4,608.67	-	-	4,608.67	14,000.12
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Camberley Alzheimer Café CIO
Accounts for the Year Ended 31st July 2025

Statement of Assets and Liabilities at 31st July 2025

	Un-Restricted £	Restricted £	Total £	<i>Prior Year</i> £
Assets				
Equipment (See Note)	-	-	-	-
Debtors & Prepayments	-	-	-	-
Cash at bank and in hand	24,378.71	-	24,378.71	28,387.38
	24,378.71	-	24,378.71	28,387.38
Liabilities				
Creditors & Accruals	-	-	-	-
	-	-	-	-
Net Assets	24,378.71	-	24,378.71	28,387.38
Reserves				
Balance Brought forward	26,987.88	1,999.50	28,987.38	14,987.26
Surplus/(Deficit) in period	- 4,608.67	-	4,608.67	14,000.12
Balance Carried Forward	22,379.21	1,999.50	24,378.71	28,987.38

Camberley Alzheimer Café CIO
Accounts for the Year Ended 31st July 2025

Notes to the Accounts

1 - Accounting Policies

The accounts have been prepared under the historical cost convention on a receipts and payments basis and in accordance with the Charities Act 2011.

Depreciation has been provided at the following rates in order to write off the assets over their estimated life:

Equipment	16.67% per annum straight line
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2 - Analysis of resources expended:

	Un-Restricted	Restricted	Total	<i>Prior Year</i>
	£	£	£	£
Direct Charitable Activities				
Advertising/Literature	-	-	-	-
Courses	-	-	-	3,500.50
Café Expenses	3,258.59	-	3,258.59	3,612.95
Pastoral	351.34	-	351.34	266.46
	3,609.93	-	3,609.93	7,379.91
Indirect Charitable Activities				
Admin, Evaluation & Printing	583.84	-	583.84	476.36
Resources, Training, Bank Fees, Adobe	1,146.80	-	1,146.80	1,189.20
Rent, Professional Fees & Insurance	963.49	-	963.49	2,608.70
Depreciation	-	-	-	-
	2,694.13	-	2,694.13	4,274.26
Debtors/Prepayments	-	-	-	-

Camberley Alzheimer Café CIO
Accounts for the Year Ended 31st July 2025

3 - Fixed Assets

	Un-Restricted	Restricted	Total
Equipment	£	£	£
Cost - brought forward	749.00	-	749.00
Disposals	-	-	-
Additions	-	-	-
Cost - carried forward	749.00	-	749.00
Depreciation - brought forward	749.00	-	749.00
Eliminated on disposal	-	-	-
Charge for year	-	-	-
Depreciation - carried d forward	749.00	-	749.00
Net Book Value 31.07.25	-	-	-
Net Book Value 31.07.24	-	-	-
Net Book Value 31.07.23	-	-	-
Net Book Value 31.07.22	-	-	-
Net Book Value 31.07.21	125.00	-	125.00
Net Book Value 31.07.20	250.00	-	250.00
Net Book Value 31.07.19	375.00	-	375.00
Net Book Value 31.07.18	500.00	-	500.00