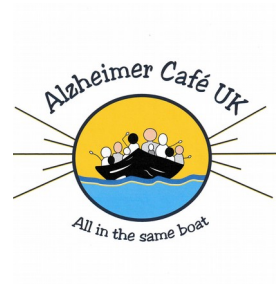


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CAMBERLEY ALZHEIMER CAFÉ CIO
REGISTERED CHARITY NUMBR: 1164771
TRUSTEES REPORT
AUGUST 2021 - JULY 2022

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Camberley Alzheimer Café CIO
Registered Charity No. 1164771
Trustees Report
August 2021 - July 2022

Introduction

With an especially talented group of volunteers the Camberley Alzheimer Café CIO has continued to function, albeit whilst undergoing changes in its various functions. 'Adaptation' has been our key word!

1. From September 2021 - March 2022 our international education programme was experienced through Zoom to a monthly average of 23 guests.
2. Weekly 'Keeping in touch' telephone calls have been delivered by a team of 5 volunteers to 50 guests.
3. Through the calls above, 16 families were identified for 'Safeguarding' by our Adult Social Care Locality Team (Surrey Heath).
4. In effect we have participated in the 'Circle of life' with the joy of new born babies for grandparents, new guests and team members have joined us, others have entered long or short term residential care, for some it has been 'end of life' care with eventual celebration of life and funerals.
5. Currently our team are in the process of relocating to another part of town, from St. Mary's Church (Camberley West) to St. Martin's Church (Camberley North).

Principal Objective:

To make available to the people in our vicinity the international programme supporting people in any of the dementias, their carers and those interested in the world of dementia. This to enable quality of life for all involved.

Key Objectives:

1. To work with specialists in the field today so that they can deliver information that is timely and realistic for families; examples being the NHS Memory Clinic, the Alzheimer Society, Citizen's Advice Bureau and Dr. Gemma Jones (international dementia care consultant) who initiated the Alzheimer Café in England in 2000.
2. To enable people to learn and to understand the impact of dementia in society at large and the individual in particular as well as effective communication strategy.
3. To continue to be involved in the integrated care system - to contribute to it representing the needs of families where dementia is a feature and on a national level at the Westminster Forum.

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4. To sign post to the services available for people in distress in our locality.
5. To provide a place of safety where people can experience pleasure in the company of others.

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Activities

In the first 7 months of this season (September 2021 – July 2022) we continued using

Zoom sessions, thus ensuring safety for our people. In addition, with permission, we

forwarded lecturers notes and articles to all 104 of our registered guests.

In April 2022 we opened the Café ‘face to face’ on the monthly basis. We strove to

ensure safety for these elderly, vulnerable members of our community. We have

insisted that all exhibit evidence of negative Covid lateral flow tests. Where this has

been impossible, we have provided the kits and a separate room where these could be

used.

We have provided freshly cooked meals, under the auspices of Chef Darren Duplock,

for all, with due care to personal preferences. Men from our earlier ‘Man with a Pan’

courses have assisted us in the setting up of the church hall and have gladly served the

meals to our guests. They have also brought joviality and humour to their interactions

with the public.

One of our volunteers, Maureen Lomas, has brought her talent in teaching reflexology

and yoga. Maureen continues to take 10 minute’s armchair exercise sessions. These

do contribute to the relaxation and laughter in the room as we all get so mixed up!

Fiona Douglas, our MC for this year, has continued to encourage people to sing with the recognition of birthdays in singing ‘Happy Birthday’. This to involve everyone in the making of music which is known to be so effective in stimulating failing brain cells.

We have continued to meet with others in the integrated care system, to spread the word and to invite them to join in our sessions. Maggie Rolfe, now in the role of ‘Event’s organiser’ represents our organisation at the Voluntary Services Welcome Forum. Rajendra Chhetri is our representative with the Surrey Heath CCG. He is also our car parking marshal who often hears of the plight of families before they enter the building!

Continued education for volunteers

Much discussion revolved around the subject of Covid-19 and keeping selves, families and guests safe. Thus it was that the topic of lateral flow tests was addressed along with where these could be obtained.

We are fortunate to have access to the Westminster Forum and the topics discussed. With permission the recordings and transcripts were made available to our volunteers:

1. Jan 2022: Addressing health inequalities
2. Feb. 2022: The future of social security
3. Mar. 2022: Next steps for dementia diagnosis, care and research in England
4. Mar. 2022: Tackling homelessness and rough sleeping
5. Feb 2022.: Next steps for vaccine rollout, research and development
6. April 2022: Palliative and end of life care
7. May 2022: Next steps for highly specialised medicines

Continued education for volunteers contd.

Customarily, where known topics could have greater relevance for colleagues in other fields the opportunity to participate is given to them. Such subjects in the last year have been:

8. Oct. 2021: Priorities for tackling ethnic minority healthcare inequalities (Neil Flanagan - Chair of the West Indian Veterans Association)
9. Feb. 2022 Improving support for autistic adults and children - Father of an adult autistic daughter (Anthony Hall).

Achievements

1. Continued programme through Zoom and distribution of appropriate literature to guests.
2. 'Keeping in touch' phone calls, 50 weekly from 5 team members
3. Such phone calls alerted us to the need for 'Safeguarding' for 16 families in the last year.
4. Effective communication with our splendid Adult Social Care Locality Team who have acted within 24 hours to resolve issues above.
5. Monthly team meetings amongst this especially talented group for frank discussion.
6. Sharing of information as it becomes available - Westminster Forum transcripts.

[Type here]

7. Receiving referrals from Community Mental Health Team for Older People Surrey Heath.
8. Preparation and effect of opening the café 'face to face' in April.
9. Planning for the future – Cafes and Courses
 - a. Relocation to St. Martin's Church
 - b. Celebration and thanks giving to St. Mary's for their unfailing support over 8 years
 - c. Introduction to St. Martin's staff and facilities.
 - d. Courses with Dr. Gemma Jones in the New Year when we and our guests have settled in at St. Martin's Church.

Financial Review

Until April 2022, we had little expenditure as we were in virtual lockdown. From that time onwards we have had the normal costs of running such an organisation. We had finance available from previous years as well as funding from:

1. National Lottery Awards for all
2. Waitrose Partnership
3. Surrey Heath Borough Council
4. One Stop Groundwork
5. Co op

The treasurer's report will provide the detail. The main items of expenditure have been

1. Meals for 41 – 51 people
2. Hire of the church hall

Financial Review contd.

3. Flowers for sickness and bereaved families
4. Office stationery
5. Phone call and IT service
6. Westminster Forum transcripts

Ethos:

To be fair and impartial to all who can benefit from our service.
This to
alleviate stress in families affected by dementia.

Access: Through both personal relationships and advertising:

1. U3A, Wellcome Committee for Mental Health, Stakeholders Meetings, Westminster Forum, Frimley Health Memory Clinic.
2. Advertisement in 'Churches Together Camberley', Community and supermarket notice boards, General Practitioners Notice Boards, village newsletters.

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3. Facebook
4. Website www.alzheimercafe.org.uk
5. Email: Camberley.alzheimercafe@aol.co.uk
6. Nursing and Care Homes
7. Weekly phone calls to 50 guests by 5 members of our volunteer team.

Policies:

Our Financial Policy and Constitution rest with the Charity Commission - others are:

- 1 First Aid and Safety
- 2 Equity, diversity and inclusion
- 3 Safeguarding
- 4 Safe Food Handling
- 5 DBS clearance - achieved for all
- 6 Risk management
- 7 Volunteer preparation policy
- 8 GDPR
- 9 Complaints
- 10 Corovid 19

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Structure of the Camberley Alzheimer Café CIO

In respect to individual confidentiality the address of each:
c/o St. Martin's Church, 231 Upper College Ride, Camberley,
Surrey, GU15 4HE.

Management Team

1. Chair Person – Maureen J. Hume (Trustee) BEd. (hons) RN, RM, T.A. BASMT (Zambia and Botswana experience)
2. Treasurer – David Reed (Trustee) MA
3. Secretary – Fiona Douglas (Trustee) MA retired clinical auditor (Sudan)

Steering Committee / Planning Team

1. Maggie Rolfe, Marketing Degree, Dip. Institute of Marketing, CIM: Events Manager
2. Vince Ayers, Retirded Facilities Manager.
3. Ann Beaumont: Retired banker
4. Lindsey Brett, family carer, teacher
5. Rajendra Chhetri RN, RM – Retired Dementia Nurse Manager (30) years, Nepalese Representative, Governor for Mental Health for Surrey Borders
6. Dorothy Dove, family carer, public representative,
7. Margaret Duncan, RN, RM, experienced family carer, retired senior midwife (New Zealand experience)
8. Jennifer Finch, Teacher, leader pre school education
9. Nuala Hume, MA, nutritionist, procurement officer, IT skills (Botswana experience)
10. Barbara Ledger, retired facilitator manager of a holding company
11. Maureen Lomas, experienced teacher – reflexology, keep fit and yoga. (South Africa)
12. Betty Snelling, PA Johnsons Wax, team photographer
13. Alan Charles Rolfe, Accountant
14. Maggie Rolfe, Marketing Degree, Dip. Institute of Marketing, CIM,
15. Deirdre Timney, Occupational Therapist, Alzheimer Society Navigator Surrey Heath
16. Paola Zabazi – retired accountant (Italy).

Bank

CAF Bank
25, King Hill Ave.,
Kings Hill,
West Malling,

[Type here]

Kent, ME19 4JQ

Account Sort Code: 40-52-40

Account No.: 00028705

Auditor: Natalie Saunders MAAT

27, Brook St.,

Camberley, Surrey GU15 3AP

Insurance Provision: Ecclesiastical Employers' Liability Policy No. 02/CBP/0180827.

Optional information

1. In reality we are still in the recovery phase from Covid-19. The incidence in the Camberley area continues to be above the national average. This being so we will continue to seek negative lateral flow test results from both team members and guests.
2. We belong to different groups in the community, taking and giving to them. With the integrated care system in flow we have managed to gain resolution to some of our guests' challenges and in a timely manner. Thus safeguarding has been arranged within a few hours of approach to the officials.
3. Loneliness has had a heavy impact upon our elderly and at times the solution has been admission to a care facility. (Detail from a Westminster Forum - 30% of our people in dementia have no contact with a relative in any month.) At other times it is just a listening ear that seems to alleviate strain in carers. Our team know what carers are experiencing - they have been there too. In the evaluation exercise at the end of this season, July 18th. 2022, the one thing that was appreciated above all else was **company**.
4. With the relocation to St. Martin's we are slowly acclimatising to the new building and encouraging team members to attend functions so that they can become familiar with the building.
5. Of necessity we have been forced to forgo all the plans for courses with Dr. Gemma Jones in this year.

Future Plans

The totality of running the Camberley Alzheimer Café requires contribution from a number of sources.

1. Our main aim is the safe and satisfactory transference from St. Mary's to St. Martin's. Some guests have been in a quandary about transport. Fortunately, two of our team are car drivers with Camberley Cars and able to help people; there is also a thriving bus service.
2. Live music and to enable those to dance who could wish to do so.

[Type here]

3. An Infection Control Officer (Summer Kanyepe) has agreed to attend our next Team Meeting in September to give an update on Covid in England today.
4. Arrangements are in progress re the Opening of the Café in St. Martin's. We do have an auspicious set of invited guests from the Church, politics and our local Mayor, Helen Whitcroft. The aim here being to break down barriers between those in need and those willing to assist.
5. Continuation of the educational programme which will allow adaptation as is seen necessary. At the moment Sue Ingram from Therapy Garden has been invited to join us in October. This from having witnessed clarity of vision in someone with continuing brain haemorrhage once in amongst trees and the Basingstoke Canal.
6. To rekindle the plans for the specialist courses with Dr. Gemma Jones.

Conclusion

The Volunteer Team of the Camberley Alzheimer Café have succeeded in providing the essential international education programme for those families, staff and friends experiencing dementia. Theirs has been the ability to provide a safe and secure locality where people can meet and experience friendship in doing so.

This recognises too that difficulty can arise and that there is resolution within the community. The 'circle of life' is continuous and where we all help one another there are only winners. Thus it is that we provide the facility for education and pleasure for both guests and volunteers.

Declaration

The trustees declare that they have approved the trustees report above.

Signed on behalf of the charity's trustees

Signature (s).....

Full name (s).....

[Type here]

Position

Date

[Type here]

PHOTOGRAPHS TAKEN AT THE SUMMER SOCIAL JULY 2022



Summer social guests dining



Rosie, Olie
present donation to Maureen Hume



Vince Ayres and Deirdre Timney
Thompson



+

Edward Sant, Paul Carroll and Norman
Chef Darren Duplock in background



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Grandpa's Spells Jazzband

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Receipts and payments account

For the period
from

08/01/2021

To

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
Members Allocation	-	-	-
Donations & Collections	2,441	-	-
Waitrose	375	-	-
Co-op	1,765	-	-
National Lottery	10,000	-	-
Grants	1,000	1,000	-
Course Fees	-	-	-
Project Funds	-	-	-
Sub total (Gross income for AR)	15,581	1,000	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	15,581	1,000	-
A3 Payments			
Monthly Alz Cafes	2,432	-	-
Pastoral Support	568	-	-
Cookery Courses	-	-	-
Printing, Eval, DBS & Admin	455	-	-
Hope Hub	-	-	-
Courses	-	-	-
Training, Bank & Resources	607	-	-
Auditor, Rent, DBS & Insurance	1,910	-	-
Telephone & IT Support	45	1,000	-
Depreciation	125	-	-
Sub total	6,141	1,000	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	6,141	1,000	-
Net of receipts/(payments)	9,440	-	-
A5 Transfers between funds	-	-	-

A6 Cash funds last year end	-	-	-
<i>Cash funds this year end</i>	9,440	-	-

Section B Statement of assets and liabilities at the end of

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds	Debtors & Prepayments	185
	Cash at Bank	19,005
		-
	Total cash funds	19,190
	(agree balances with receipts and payments account(s))	Agreement Error
B2 Other monetary assets	Details	Unrestricted funds to nearest £
		-
		-
		-
		-
		-
		-
B3 Investment assets	Details	Fund to which asset belongs
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs
B5 Liabilities	Details	Fund to which liability relates

Signed by one or two trustees on
behalf of all the trustees

Signature

Print N

164771

ounts

07/31/2022

CC16a



Total funds

Last year

to the nearest £

to the nearest £

-	-
2,441	1,660
375	-
1,765	1,577
10,000	-
2,000	-
-	-
-	1,850
16,581	5,087

-	-
-	-
-	-

16,581	5,087
--------	-------

2,432	423
568	-
-	2,000
455	116
-	500
-	19
607	522
1,910	1,920
1,045	-
125	125
7,141	5,625

-	-
-	-
-	-

7,141	5,625
-------	-------

9,440	-
-	-

-	10,288
9,440	9,750

the period

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
	-
-	-
-	-
OK	OK

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Amount due (optional)	When due (optional)
-	
-	

	-	
	-	
	-	

lame	Date of approval

Camberley Alzheimer Café CIO
Registered Charity number 1164771
Accounts for the Year Ended 31st July 2022

Camberley Alzheimer Café CIO
Accounts for the year ended 31st July 2022

Statement of Financial Activities

August 2021 to July 2022

Incoming Resources

	Un- restricted	Restricted	Total	<i>Prior Year</i>
	£	£	£	£
Members Allocation	0	0	0	0
Donations	2441	0	2441	1660
Johnson, Churchill, Lions	0	0	0	0
Waitrose donations	375	0	375	0
Coop donations	1765	0	1765	1577
Course fees	0	0	0	0
Lottery Funding	10000	0	10000	0
Grants	1000	1000	2000	1850

Total Incoming Resources	15581	1000	16581	5087
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Resources Expended

Direct Charitable Activities	3,045	1,000	4045	2942
Indirect Charitable Activities	3,096	0	3096	2683

Total Resources Expended	6,141	1,000	7,141	5625
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Net Incoming Resources	9,440	0	9,440	-538
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Net Movement in Funds	9,440	0	9,440	-538
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Camberley Alzheimer Café CIO
Accounts for the year ended 31st July 2022

Statement of Assets and Liabilities at 31st July 2022

Incoming Resources

	Un- restricted	Restricted	Total	Prior Year
	£	£	£	£
Assets				
Equipment (see note)	0	0	0	125
Debtors & prepayments	185	0	185	0
Cash at bank and in hand	19005	0	19005	9626
	19191	0	19191	9751
Liabilities				
Creditors & Accruals	0	0	0	0
	0	0	0	0
Net Assets	19,191	0	19,191	9751
Reserves				
Balance brought forward	9751	0	9751	10289
Surplus/(Deficit) in period	9440	0	9440	-538
Balance Carried Forward	19191	0	19191	9751

Approved by Trustees on:

And signed on its behalf by:

Position

Position

Camberley Alzheimer Café CIO

Accounts for the year ended 31st July 2022

Notes to the Accounts

1 Accounting Policies

The accounts have been prepared under the historical cost convention on an accruals basis and in accordance with the Charities Act 2011.

Depreciation has been provided at the following rates in order to write off the assets over their estimated life:

Equipment 16.67% per annum straight line

2 Analysis of resources expended:

	Un- restricted	Restricted	Total	Prior year
	£	£	£	£
Direct Charitable activities				
Advertising/Literature	0.00	0.00	0.00	0
Courses	0.00	0.00	0.00	19
Man With a Pan & Healthy Heart Courses	0.00	0.00	0.00	2000
Cooking Course Reunion	0.00	0.00	0.00	0
IT Support	0.00	500.00	500.00	
Telephone support	45.00	500.00	545.00	500
Café Expenses	2431.75	0.00	2431.75	423
Pastoral Support (Florist)	568.03	0.00	568.03	0
Hope Hub Donation	0.00	0.00	0.00	0
	3044.78	1000.00	4044.78	2942
Indirect Charitable activities				
Admin, Evaluation, DBS & Printing	454.67	0.00	454.67	115
Resources, training, bank fees, Adobe	606.55	0.00	606.55	523
Rent, auditor, DBS & insurance	1909.80	0.00	1909.80	1920
Depreciation	125.00	0.00	125.00	125
	3096.02	0.00	3096.02	2683
Debtors/Prepayments	185.48	0.00	185.48	0

Camberley Alzheimer Café CIO
Accounts for the year ended 31st July 2022

3 Fixed Assets

Equipment	Un- restricted £	Restricted	Total £
Cost - brought forward	749	0	749
Disposals	0	0	0
Additions	0	0	0
Cost - carried forward	749	0	749
Depreciation - brought forward	624	0	624
Eliminated on disposal	0	0	0
Charge for year	125	0	125
Depreciation - carried forward	749	0	749
<i>Net Book Value 31.07.22</i>	0	0	0
<i>Net Book Value 31.07.21</i>	125	0	125
<i>Net Book Value 31.07.20</i>	250	0	250
<i>Net Book Value 31.07.19</i>	375	0	375
<i>Net Book Value 31.07.18</i>	500	0	500

Independent Examiners Report to the Trustees of Camberley Alzheimer Café CIO

(Registered Charity no. 1164771)

This report is on the accounts of The Camberley Alzheimer Café CIO for the year ended 31st July 2022 set out on the attached pages in respect of an examination carried out under section 145 of the Charities Act 2011 ("the Act").

Respective responsibilities of the Trustees and the examiner

The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Act and that an independent examination is needed.

It is our responsibility to:

- Examine the accounts under section 145 of the Act;
- Follow the procedures laid down in the General Directions given by the Charity Commissioners under section 145 (5) (b) of the Act; and
- State whether particular matters have come to our attention.

Basis of independent examiner's statement

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiners statement

In connection with our examination, no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements
 - To keep accounting records in accordance with section 130 of the Act; and
 - To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

Have not been met or:

2. To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Natalie Saunders MAAT
27 Brook Road
Camberley
Surrey
GU15 3AP

Date: 10/11/2022