



Trustees' Annual Report for the period

	Period start date			Period end date		
	1	April	2024	31	March	2025
From				To		

Section A

Reference and administration details

Charity name

Caring Friends Mid Norfolk

Other names charity is known by

Registered charity number (if any) 1164648

Charity's principal address

83 Stone Road

Dereham

Norfolk

Postcode

NR19 1LH

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Jean Wright	Chair		Membership
2 Dave Dickerson	Vice Chair		Membership
3 Margaret Barrett			Membership
4 Mary Varns			Membership
5 Moira Cramner			Membership
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg trust deed, constitution)	Constitution
How the charity is constituted (eg trust, association, company)	Association
Trustee selection methods (eg appointed by, elected by)	Trustees are nominated from the membership of the charity and are subject to reelection annually at our AGM in May

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The main objective of the charity is to combat the isolation and loneliness felt from diagnosis with a long term condition, and includes both the patient and their family and friends.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We provide transport for medical appointments, befriending services, assistance with form filling and benefit claims.

Along side this we also run monthly trips out to various locations.

We also run monthly coffee mornings and have a weekly meet in the local Wetherspoons.

We have recently closed our office in the town but have started a weekly day in the town library where a volunteer is available to anyone who needs our assistance.

Additional details of objectives and activities (Optional information)

Our volunteers are a major part of our charity and are valued greatly. None of our activities would be able to take place without the contribution from the volunteers

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Achievements and performance

Summary of the main achievements of the charity during the year

This year we have been able to increase our profile within the area and as such the demand for what we have to offer has increased.

Our manager, committee and volunteers have excelled in what they have achieved this year.

Details of any funds materially in deficit

Further financial review details (Optional information)

- You may choose to include additional information where relevant about:
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives (including any ethical investment policy);

Other optional information

The past year has been very successful for the charity. We have managed to increase our profile, and subsequently our funding. We hosted a Gala dinner for other charities in the area. This was funded in donations by local businesses and was very successful with over 30 local charities, large and small attending. The local charities, similar to those faced by many small charities, but I feel that we are in a good place to overcome these over the coming year.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

(Signature)

Full name(s)

Section E Financial review

Brief statement of the charity's policy on reserves

A small reserve is retained to ensure the smooth, continued running of the charity. Some grant monies are to be spent on specific projects, over 1-2 years and so these are held as protected funds

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main fundraising sources this year have been through grants. This included a grant for £5000 for transport and trips, which has been used to subsidise our outing bus costs as well as the transport of service users to medical appointments.

Some of the grants received are match funded which has been achieved through fundraising stalls at fetes, collection boxes and donations received at coffee mornings etc.

Section F Other optional information

The past year has been very successful for the charity. We have managed to increase our profile, and subsequently our footprint.

We hosted a Gala dinner for other charities in the area. This was funded from donations by local businesses, and was very successful with over 30 local charities, large and small attending.

We face challenges, similar to those faced by many small charities, but I feel that we are in a good place to embrace these over the coming year.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

[Signature]

Full name(s)

David Dickson

Date

11/8/25

Position (eg Secretary,
Chair, etc)

Chair

End of Year Accounts 2024/2025

Bank Balance as at 31/03/24	Premium Account.	43,417.09
	Current Account.	6066.10
	Total.	£49,483.19

Add Income:	
Grants	£17,705.00
Membership and 100 club.	£2,651.98
Bingo.	£1925.00
Outings/Events	£172.00
Wetherspoons box	£2068.60
Coffee Mornings.	£1438.90
Craft / Cake sales	£2637.70
Books/fetes	
Garage/Yard sales	£1792.59
Legacies/donation.	£6364.78
Donations for trips and Transport.	£8087.58
Raffles	£2104.00
Miscellaneous / inc lottery	£289.70
Account Interest	£621.29
Total of	<u>£ 47,859.12</u>

£97,342.31

Deduct Expenses:	
Catering costs	£1607.55
Wetherspoons cost.	£2158.59
Postage /raffle/expenses	
Stationary/website/phone/adverts.	£2641.45
Events/Outings	£6520.55
Bus/ Milage costs	£2847.80
Therapies /care costs	£170.00
Hall and Band Hire.	£1513.75
Miscellaneous / DBS/	
Equipment purchase.	£8954.51
Wages/ PAYE/Pension/	
ADP Accounting	£18607.38
Office Running Costs / Rent	£9879.37
Capital Expenditure / Insurance.	£758.00
Total of.	<u>£ 55,658.95</u>

£ 41,683.36

Balance as at 31st March 2025:

Premium Account.	£34038.38
Current Account	£7644.98
Total of	£41683.36

Available Total Balance £ 41,683.36

Caring Friends For Cancer Mid Norfolk

Independent Examiners Report

Year Ended 31 March 2025

I report on the accounts of the charity for the year ended 31 March 2025 as attached.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Pauline Street

ADP Accounting Limited

Association of Chartered Certified Accountants

2nd May 2025

19 Farrow Close

Mattishall

Dereham

Norfolk

NR20 3SZ