

# UNIVERSAL HARVEST

England & Wales · Charity number 1164628

## Details

**Status** Registered

**Legal form** CIO

**Registered** 2015-12-01

**Register** [View on the Charity Commission register](#)

## Contact

**Address** Universal Harvest Office  
6758  
182-184 High Street North  
London  
E6 2JA

**Phone** 02034575728

**Email** [admin@universalharvest.org](mailto:admin@universalharvest.org)

**Website** [www.UniversalHarvest.org](http://www.UniversalHarvest.org)

## Activities

**Objects:** FOR THE BENEFIT OF THE PUBLIC IN THE UK, THE RELIEF OF POVERTY OF PEOPLE WHO ARE IN CONDITIONS OF NEED BY REASON OF SICKNESS, AGE OR ECONOMIC CIRCUMSTANCES, BY THE PROVISION OF NON-PERISHABLE AND IN-DATE FOOD.

**Activities:** UNIVERSAL HARVEST IS A CHARITY ORGANISATION AIMED AT HELPING PEOPLE REGAIN STABILITY IN LIFE THROUGH THE RELIEF OF POVERTY AND PROVIDING LIFE ESSENTIAL SKILLS TO RETAIN THAT STABILITY. THEY GIVE PEOPLE THE SUPPORT AT A SECOND CHANCE DESPITE WHAT MAY HAVE CAUSED THEM INTO THE SITUATION THEY ARE IN. UNIVERSAL HARVEST IS ABOUT MAKING A DIFFERENCE BY FOLLOWING THROUGH IN ACTION AND PROVIDING SUPPORT.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

- Throughout London

## Finances

| Period end | Income   | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2024-11-30 | £114,917 | £113,541    | -      | -         |
| 2023-11-30 | £97,203  | £97,298     | -      | -         |
| 2022-11-30 | £11,403  | £11,295     | -      | -         |
| 2021-11-30 | £11,403  | £11,295     | -      | -         |
| 2020-11-30 | £7,796   | £7,789      | -      | -         |

## Trustees

| Name            | Role  | Appointed  |
|-----------------|-------|------------|
| EMMANUEL FALUSI | Chair | 2015-12-01 |
| CECILIA FALUSI  |       | 2015-12-01 |
| DAMILOLA FALUSI |       | 2015-12-01 |
| JEFFREY NKETIA  |       | 2015-12-25 |
| LULI ADEWUNMI   |       | 2016-02-19 |
| Sarah Appiah    |       | 2016-02-19 |

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# Accounts

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**UNIVERSAL HARVEST**

**Annual Report and Financial Statements**

**For the year ended 30 November 2024**

**Charity Number: 1164628**



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**Charity Name:** Universal Harvest

**Other Names:** UH

**Charity Number:** 1164628

**Start of Financial Year:** 01 December 2023

**End of Financial Year:** 30 November 2024

**Trustees at 30 November 2024:**

- Emmanuel Falusi (CEO)
- Jeffrey Nketia (Chair)
- Damilola Falusi (Trustee)
- Sarah Appiah (Trustee)
- Cecilia Falusi (Trustee)
- Luli Adewunmi (Trustee)

**Governing Instrument:**

CIO (Association) registered with the Charity Commission.

Objects: Relief of poverty by provision of non-perishable in-date food for those in need by reason of sickness, age or economic hardship.

**Office:** 182–184 High Street North, London, E6 2JA

**Primary Bankers:** Barclays Bank, 55/58 Broadway, London, E15 1XJ

**Independent Examiner:** Victor Oshin, 7 Coronation Court, Hamfrith Road, London.



## TRUSTEES' REPORT

### Objectives and activities

Universal Harvest is a Charitable Incorporated Organisation (CIO). Our charitable purposes are for the public benefit: the relief of poverty by providing non-perishable and in-date food items to people in the UK who are in conditions of need by reason of sickness, age, or economic circumstances. In delivering these purposes we mobilise volunteers and local partners to ensure that food support reaches individuals and families facing hardship.

### Activities undertaken to achieve objectives

Building on 2022/23, the Charity continued its core activities of food procurement, packing and distribution. Operations were consolidated in Newham and scaled across Tower Hamlets, Barking & Dagenham and Greenwich. The model comprises weekly procurement of non-perishable food, volunteer-led packing hubs, and scheduled deliveries to partner organisations and directly to beneficiaries identified through referrals. Advisory signposting and light-touch workshops were offered alongside distributions to address drivers of food poverty (budgeting, benefits, employment readiness and wellbeing).

A typical food pack comprises nutritionally-focused staples (e.g. rice, pasta, beans, cereals, UHT milk, tinned vegetables, sauces, oil and tea). Logistics routes and safe storage procedures were formalised to improve timeliness, traceability and cost control.

### Current programming

- Weekly Food Support: regular distribution to households in Newham and partner hubs in three additional boroughs.
- Partnership Hubs: collaboration with community organisations to identify and support vulnerable households.
- Advisory services: Signposting during delivery and distribution days.
- Volunteer Development: structured induction, safeguarding, manual handling and food hygiene awareness.

### Achievements and performance

Key outcomes in the year included:

- Scale: over 1,500 food packs distributed (2022/23: c.1,000).
- Reach: four London boroughs served; 20+ partners active.



- Volunteers: 20+ active volunteers.
- Advisory touchpoints: >200 beneficiary interactions for budgeting/signposting.
- Service quality: improved scheduling and feedback mechanisms.

## Public benefit

In setting our objectives and planning activities the trustees have had due regard to the Charity Commission's guidance on public benefit. The principal public benefit delivered is the alleviation of poverty and food insecurity among people experiencing hardship, including those affected by illness, disability, age, unemployment or low income.

## Structure, governance and management

The CIO is governed by its constitution. Trustees are appointed for three-year terms by resolution of the board. The trustees oversee strategy, risk, safeguarding and financial management, meeting regularly to review operational and financial performance. The charity had no employees during the year; activities were delivered by trained volunteers. Policies reviewed included safeguarding, data protection, volunteer management, health and safety, and financial controls.

## Financial review

Total incoming resources **\*\*(net of refunds/charges)\*\*** were £114,917.22, comprising: donations & legacies £113,286.95, charitable activities £0.00, investment income £0.00, and other income £1,630.27. Total resources expended were £113,540.60. Net movement in funds was £1,376.62. Year-end unrestricted funds were £1,715.62 (opening £339.00).

## Reserves policy

The trustees aim to maintain unrestricted reserves equivalent to approximately three months' core operating costs. At year end, unrestricted reserves were below this target; the trustees intend to build reserves prudently through fundraising and efficiency gains while prioritising delivery to beneficiaries.



## **Responsibilities of Trustees**

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards. They must not approve the financial statements unless satisfied that they give a true and fair view. The trustees are responsible for keeping proper accounting records and for safeguarding the assets of the charity.





## INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of Universal Harvest on the accounts for the year ended 30 November 2024.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (as amended) and that an independent examination is needed. It is my responsibility to examine the accounts under section 145, to follow the procedures laid down in the general Directions given by the Charity Commission, and to state whether particular matters have come to my attention.

### **Basis of independent examiner's statement**

My examination was carried out in accordance with the general Directions. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures and seeking explanations from the trustees. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts give a 'true and fair' view.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention to give me reasonable cause to believe that, in any material respect, the requirements to keep proper accounting records and to prepare accounts which accord with those records have not been met.

Signed: Victor Oshin

Independent Examiner

Date: 8 September 2025

7 Coronation Court, Hamfrith Road, London, E15 4JS

## STATEMENT OF FINANCIAL ACTIVITIES

|                                                     | Unrestricted<br>(£) | Restricted<br>(£) | Total<br>2023/24 (£) | Total<br>2022/23 (£) |
|-----------------------------------------------------|---------------------|-------------------|----------------------|----------------------|
| Income:<br>Donations &<br>legacies                  | 113,286.95          | -                 | 113,286.95           | 77,762.00            |
| Income:<br>Other income                             | 1,630.27            | -                 | 1,630.27             | 19,441.00            |
| Total income                                        | 114,917.22          | -                 | 114,917.22           | 97,203.00            |
| Expenditure<br>on charitable<br>activities          | 60,900.24           | -                 | 60,900.24            | —                    |
| Support &<br>administrative<br>costs<br>(overheads) | 52,640.36           | -                 | 52,640.36            | —                    |
| Total<br>expenditure                                | 113,540.60          | -                 | 113,540.60           | 97,298.00            |
| Net<br>movement in<br>funds                         | 1,376.62            | -                 | 1,376.62             | (-95.00)             |
| Funds<br>brought<br>forward                         | 339.00              | -                 | 339.00               | 339.00               |
| Funds carried<br>forward                            | 1,715.62            | -                 | 1,715.62             | 244.00               |



**BALANCE SHEET**  
**AS AT 30 NOVEMBER 2024**

|                                                | 2024 (£) | 2023 (£) |
|------------------------------------------------|----------|----------|
| Tangible fixed assets                          | —        | —        |
| Current assets                                 |          |          |
| Debtors & prepayments                          | —        | —        |
| Cash at bank and in hand                       | 1,715.62 | 339.00   |
| Creditors: amounts falling due within one year | —        | —        |
| Net assets                                     | 1,715.62 | 339.00   |
| Funds of the charity                           |          |          |
| Unrestricted general funds                     | 1,715.62 | 339.00   |
| Restricted funds                               | —        | —        |
| Total funds                                    | 1,715.62 | 339.00   |

The financial statements were approved by the trustees on [date] and signed on their behalf by:

 Emmanuel Falusi (Trustee)  
 Damilola Falusi (Trustee)





## NOTES TO THE FINANCIAL STATEMENT

### 1. Accounting policies

#### 1.1 Basis of preparation

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and Charities Act 2011.

Universal Harvest constitutes a public benefit entity as defined by FRS 102.

#### 1.2 Income recognition

Income is recognised when the charity has entitlement, receipt is probable and the amount can be measured reliably. Donations and legacies are recognised on receipt. Other income includes small contributions related to charitable activities.

#### 1.3 Expenditure recognition and allocation

Expenditure is recognised on an accruals basis when a legal or constructive obligation arises. Costs directly attributable to an activity are allocated to that activity. Support and governance costs are allocated to charitable activities on a reasonable basis reflecting usage.

#### 1.4 Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives. Restricted funds are subject to conditions imposed by donors. No restricted funds were held in the year.

#### 1.5. Tangible fixed assets

No capital additions were made during the year and no fixed assets were held at year end.

#### 1.6. Financial instruments

The charity only has basic financial instruments being cash and short-term receivables and payables measured at amortised cost.



## 2. Income analysis

| Income category               | 2023/24 (£) | 2022/23 (£) |
|-------------------------------|-------------|-------------|
| Donations & charitable giving | 113,286.95  | 77,762.00   |
| Charitable activities         | —           | —           |
| Investment income             | —           | —           |
| Other income                  | 1,630.27    | 19,441.00   |
| Total income                  | 114,917.22  | 97,203.00   |

## 3. Expenditure analysis

| Expenditure category                       | 2023/24 (£) | 2022/23 (£) |
|--------------------------------------------|-------------|-------------|
| Charitable activities – delivery           | 60,900.24   | 23,410.00   |
| Support & administrative costs (overheads) | 52,640.36   | 73,888.00   |
| Raising funds                              | 0.00        | —           |
| Other costs                                | 0.00        | —           |
| Total expenditure                          | 113,540.60  | 97,298.005  |

## 4. Staff costs and numbers

No staff were employed during the period (2023/24). Activities were delivered by volunteers.

## 5. Trustees and other related parties

No trustee received remuneration or benefits from the charity in the year (2023/24). No expenses were reimbursed to trustees (2023/24). No related party transactions.

## 6. Risk assessment

Principal risks include funding volatility, supply chain disruption, safeguarding in community settings, and volunteer capacity. Mitigations include diversified fundraising, supplier alternatives, safeguarding policy and training, and active volunteer management.

## 7. Reserves policy

The trustees consider a target of approximately three months' core costs to be prudent. At year end unrestricted reserves were £1,715.62, below target; a plan is in place to build reserves.

## 8. Public benefit

See Trustees' Report – Public Benefit for narrative disclosure.



## Detailed Statement of Financial Activities

For the year ended 30 November 2024

### Income

Donations and Charitable Giving: £113,286.95

Other Income: £1,630.27

Total Income: £114,917.22

### Expenditure

| Detailed Expense                                 | Amount (£) |
|--------------------------------------------------|------------|
| Expenditure - Charitable Activities              |            |
| Groceries & Programme Supplies                   | 30,331.34  |
| Travel                                           | 3,606.51   |
| Purchases                                        | 26,962.39  |
| Expenditure - Support Costs<br>(Admin/Overheads) |            |
| Office & General Supplies                        | 7,021.74   |
| Telecoms & Internet                              | 2,371.30   |
| Motor Vehicle                                    | 22,876.08  |
| Software & Subscriptions                         | 1,389.77   |
| Insurance                                        | 1,799.99   |
| Utilities – Energy                               | 1,971.19   |
| Office Rent & Storage                            | 10,428.75  |
| Post Office                                      | 943.80     |
| Food & Hospitality                               | 3,837.74   |

Total Expenditure: £113,540.60

### Summary

Total Income: £114,917.22

Total Expenditure: £113,540.60

Net Movement in Funds: £1,376.62



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## Glossary of Financial Terms

**SOFA (Statement of Financial Activities):** A summary of the charity's income and expenditure.

**Unrestricted Funds:** Money that can be used at the trustees' discretion for the charity's objectives.

**Restricted Funds:** Money given for a specific purpose that must be used accordingly.

**Reserves:** Unspent funds held for stability and future needs.

**Independent Examiner:** A person who reviews the accounts to ensure they are prepared properly but without a full audit.

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# Accounts

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## **Universal Harvest Trustees' Annual Report 2022/2023**

**From:** 01/12/2022

**To:** 30/11/2023

**Charity no. 1164628**

**Universal Harvest – *Tomorrow belongs to those who prepare for today!***

**020 3457 5728**



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## REFERENCE AND ADMINISTRATION DETAILS

|                                                              |                                                                            |
|--------------------------------------------------------------|----------------------------------------------------------------------------|
| <b>Charity Name:</b>                                         | Universal Harvest                                                          |
| <b>Other Names Charity Is Known By:</b>                      | UH                                                                         |
| <b>Registered Charity Number:</b>                            | 1164628                                                                    |
| <b>Charity Principle Address:</b>                            | UNIVERSAL HARVEST<br>6758<br>182-184 HIGH STREET NORTH<br>LONDON<br>E6 2JA |
| <b>Names of the charity trustees who manage the charity:</b> |                                                                            |
| <b>EMMANUEL FALUSI (CEO)<br/>TRUSTEE – CHAIR</b>             | <b>JEFFREY NKETIA<br/>TRUSTEE</b>                                          |
| <b>DAMILOLA FALUSI<br/>TRUSTEE</b>                           | <b>SARAH APPIAH<br/>TRUSTEE</b>                                            |
| <b>CECILIA FALUSI<br/>TRUSTEE</b>                            | <b>LULI ADEWUNMI<br/>TRUSTEE</b>                                           |



## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Description of the charity's trust

|                                        |                                                                                                                                                                                    |
|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Type of governing document:</b>     | Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees                                                                          |
| <b>How the charity is constituted:</b> | Charitable Incorporated Organisation                                                                                                                                               |
| <b>Trustee selection methods:</b>      | Apart from the first charity trustees, every trustee must be appointed (for a term of [three years] by a resolution passed at a properly convened meeting of the charity trustees. |

## OBJECTIVES AND ACTIVITIES

### The objects of the charity set up in its governing document:

*For the benefit of the public in the UK, the relief of poverty of people who are in conditions of need by reason of sickness, age or economic circumstances, by the provision of non-perishable and in-date food.*

At Universal Harvest we provide a range of services in tackling poverty where it matters most. Our primary aim is the provision of bags; filled with non-perishable and in-date food items as a delivery service.

### Main activities undertaken for the public benefit in relation to these objects:

#### Our Mission Statement

Universal Harvest's mission is to prevent and alleviate human suffering in the face of poverty and homelessness by mobilizing the power of volunteers and support workers and the generosity of donors. Universal Harvest aims to turn compassion into action so that our communities are free from starvation through the act of giving non-perishable foods because everyone in the world should have access to the basic necessities of life.

#### Our Values

1. **Practicing what we advise others** – we firmly believe in leading by example. It is very easy to give others advice, but showing others how to practically use the knowledge goes that mile further. Application of knowledge to us is greater than the obtainment of it.
2. **Equip people so they have better chances in life** – with better access to training and development to improve their life skills. Encouraging them to fulfil their potentials after failing on hard times.



3. **Working with hope** – Our aim is never to bash any of our beneficiaries, whom may come from all backgrounds, but to educate them and get their minds on thinking about the root causes of what may have got them into the place we want to help them out of.
4. **Building strong, better networks and communities** – From ensuring we train our volunteers as responsible stewards, to collaborating with communities to reach out those in need.

## Our Activities

Universal Harvest remains committed to relieving poverty across the UK, ensuring that individuals from all backgrounds are supported in times of need. Over the past year, we have not only expanded the scale of our operations but also achieved some of the ambitious goals we set out last year. Our efforts focus on:

1. **Providing Comprehensive Support** - We continue to offer vital assistance to those facing unexpected hardship, such as homelessness, illness, unemployment, and age-related challenges, by distributing nutritious, non-perishable food provisions. This year, we have increased the number of families reached, ensuring no one in need is left behind.
2. **Expanding Advisory and Workshop Services** - In addition to food support, we've significantly expanded our advisory services and workshops. Beneficiaries now receive tailored guidance on overcoming poverty, regaining stability, and enhancing financial literacy. This year, we launched new workshops focused on employment skills and mental health, recognizing that a holistic approach is essential to breaking the cycle of poverty.
3. **Strengthening Partnerships with Charities** - Our partnership network has grown substantially, with over 15 local and national charities collaborating with us to identify beneficiaries and maximize our collective impact. This has allowed us to reach some of the most vulnerable populations across multiple boroughs and increase the depth of our assistance.

## Our Achievements in 2022/2023

We achieved significant milestones in 2022/ 2023 by:

1. **Targeting Areas of Highest Need** - Leveraging the latest research, we expanded our focus to include some of the most deprived areas across London and beyond. We identified and supported high-need areas in Newham, Tower Hamlets, Barking & Dagenham, and Greenwich, where poverty rates continue to be a pressing concern.
2. **Sustained Operation in Newham** - Our Newham project, which has now operated for two years, remains a cornerstone of our efforts. Over 1,000 food bags have been distributed in Newham alone, with an expanded network of local voluntary groups and charities helping to identify individuals in need.



3. **Increasing Food Distribution Capacity** - Over the past year, we've tripled our food distribution efforts, providing healthy, non-perishable food items each month to local charities and community groups. Our beneficiaries have expressed profound gratitude, and we're proud to have expanded the reach of these services beyond the initial six months.
4. **Broadening Our Impact** - This year, we successfully expanded our footprint to include three additional boroughs: Tower Hamlets, Barking & Dagenham, and Greenwich. As a result, we've touched the lives of hundreds more individuals, and our food distribution and support services continue to grow, building stronger and more resilient communities.

## Looking Ahead

As we move forward, Universal Harvest remains committed to reducing poverty through sustained efforts, continued partnerships, and innovative approaches to food security. Our vision for the future includes:

- Expanding our advisory and employment support services to address long-term solutions to poverty.
- Strengthening our network of partnerships to ensure a greater impact on a national level.
- Continuing to raise awareness and advocate for systemic changes to address poverty and social exclusion in the UK.

## ACHIEVEMENTS AND PERFORMANCE

### Summary of Main Achievements:

This year, Universal Harvest continued to uphold its vision and mission, serving the wider community despite the challenges posed by the ongoing recovery from the pandemic. Our commitment to addressing poverty and food insecurity remains unwavering, and we have successfully navigated through these difficult times to provide essential services to those in need.

Key highlights of our achievements include:

#### **Resilience Through Adversity**

The past year tested our ability to adapt and overcome unprecedented challenges. Despite these obstacles, we maintained our operations and support to local communities, offering critical assistance to those facing financial hardship. We have emerged stronger, with a focus on sustainability and future growth.

#### **Successful Efforts to Increase Donations**

Through a concentrated effort in fundraising and community outreach, we saw a significant increase in donations over the past year. This increase in financial support has been instrumental in expanding our capacity to help more individuals and families. Thanks to this generosity, Universal Harvest has grown considerably, allowing us to broaden our reach and deepen our impact across several boroughs.

#### **Expanding Reach and Impact**

While we faced logistical challenges, we remain determined to expand our services to new boroughs that suffer from high levels of poverty. This year, we laid the groundwork for outreach into additional areas,



ensuring that Universal Harvest will be able to continue supporting those who need it the most across different boroughs.

### **Provision of Non-Perishable Food Packs**

Our core activity of providing non-perishable food packs continues to have a meaningful impact on individuals and families experiencing hardship. Each pack is thoughtfully prepared, containing everyday essentials such as rice, pasta, tea bags, vegetable oil, seasoning, and beans. These items are crucial for those who may not have regular access to nutritious meals, whether they are homeless or struggling financially.

### **Community Feedback and Positive Outcomes**

Feedback from our service users consistently highlights the difference our food packs are making in their lives. Whether providing immediate relief to the homeless or offering support to families facing economic difficulties, our food bags are helping people stay nourished and maintain their health during tough times.

### **Pursuit of Self-Sustainability**

In the face of ongoing challenges, we have been exploring ways to become more self-sustainable. Research into alternative revenue streams and long-term sustainability models is ongoing, and we remain committed to ensuring that Universal Harvest can continue to thrive and provide for those in need.

## **DECLARATION**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                                    | Trustee 1                                                                           | Trustee 2       |
|----------------------------------------------------|-------------------------------------------------------------------------------------|-----------------|
| <b>Signature</b>                                   |  | Damilola Falusi |
| <b>Full Name</b>                                   | Emmanuel Falusi                                                                     | Damilola Falusi |
| <b>Position</b><br>(e.g. Secretary,<br>Chair, etc) | Trustee                                                                             | Trustee         |
| <b>Date</b>                                        | 28/09/2024                                                                          | 28/09/2024      |





|                                |            |         |            |       |
|--------------------------------|------------|---------|------------|-------|
| Universal Harvest              |            | 1164628 |            | CC16a |
| Receipts and payments accounts |            |         |            |       |
| For the period from            | 01/12/2022 | To      | 30/11/2023 |       |

## Section A Receipts and payments

|                                                       | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|-------------------------------------------------------|----------------------------------------|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |                                        |                                      |                                     |                                 |                               |
| Donations                                             | 77,762                                 | -                                    | -                                   | 77,762                          | 434                           |
| Grants                                                | -                                      | -                                    | -                                   | -                               | -                             |
| Other                                                 | 19,441                                 | -                                    | -                                   | 19,441                          | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>97,203</b>                          | <b>-</b>                             | <b>-</b>                            | <b>97,203</b>                   | <b>434</b>                    |
| <b>A2 Asset and investment sales, (see table).</b>    |                                        |                                      |                                     |                                 |                               |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>97,203</b>                          | <b>-</b>                             | <b>-</b>                            | <b>97,203</b>                   | <b>434</b>                    |
| <b>A3 Payments</b>                                    |                                        |                                      |                                     |                                 |                               |
| Volunteer Expenses                                    | 5,176                                  | -                                    | -                                   | 5,176                           | -                             |
| Vehicle Expenses                                      | 48,117                                 | -                                    | -                                   | 48,117                          | -                             |
| Storage Rent                                          | 182                                    | -                                    | -                                   | 182                             | -                             |
| Core Costs                                            | 2,147                                  | -                                    | -                                   | 2,147                           | -                             |
| Repairs                                               | 7,500                                  | -                                    | -                                   | 7,500                           | -                             |
| Telephone & Postage                                   | 1,606                                  | -                                    | -                                   | 1,606                           | -                             |
| Computer Supplies & Stationery                        | 8,166                                  | -                                    | -                                   | 8,166                           | -                             |
| Office                                                | 6,886                                  | -                                    | -                                   | 6,886                           | -                             |
| Food Purchase                                         | 15,201                                 | -                                    | -                                   | 15,201                          | -                             |
| Travel                                                | 886                                    | -                                    | -                                   | 886                             | -                             |
| Insurance                                             | 1,431                                  | -                                    | -                                   | 1,431                           | -                             |
| <b>Sub total</b>                                      | <b>97,298</b>                          | <b>-</b>                             | <b>-</b>                            | <b>97,298</b>                   | <b>-</b>                      |
| <b>A4 Asset and investment purchases, (see table)</b> |                                        |                                      |                                     |                                 |                               |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>97,298</b>                          | <b>-</b>                             | <b>-</b>                            | <b>97,298</b>                   | <b>-</b>                      |
| <b>Net of receipts/(payments)</b>                     |                                        | -                                    | -                                   |                                 | <b>434</b>                    |
| <b>A5 Transfers between funds</b>                     | -                                      | -                                    | -                                   | -                               | -                             |
| <b>A6 Cash funds last year end</b>                    | <b>339</b>                             | -                                    | -                                   | <b>339</b>                      | -                             |
| <b>Cash funds this year end</b>                       | <b>339</b>                             | -                                    | -                                   | <b>339</b>                      | <b>434</b>                    |

## Section B Statement of assets and liabilities at the end of the period

| Categories                                                  | Details                                                | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|-------------------------------------------------------------|--------------------------------------------------------|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds                                               |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             | <b>Total cash funds</b>                                | -                                  | -                                | -                               |
|                                                             | (agree balances with receipts and payments account(s)) | Agreement Error                    | OK                               | OK                              |
| B2 Other monetary assets                                    | Details                                                | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
| B3 Investment assets                                        | Details                                                | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
| B4 Assets retained for the charity's own use                | Details                                                | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
| B5 Liabilities                                              | Details                                                | Fund to which liability relates    | Amount due (optional)            | When due (optional)             |
|                                                             |                                                        |                                    | -                                |                                 |
|                                                             |                                                        |                                    | -                                |                                 |
|                                                             |                                                        |                                    | -                                |                                 |
|                                                             |                                                        |                                    | -                                |                                 |
| Signed by one or two trustees on behalf of all the trustees | Signature                                              | Print Name                         | Date of approval                 |                                 |
|                                                             | Emmanuel Falusi<br>Damilola Falusi                     | Emmanuel Falusi<br>Damilola Falusi | 28/09/2024<br>28/09/2024         |                                 |



Section A

Independent Examiner's Report

Report to the trustees

UNIVERSAL HARVEST

On accounts for the year  
ended

2023

Charity no  
(if any)

1164628

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **30 / 11 / 2023**.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

*V Oshin*

Date:

20/12/2024

Name:

Victor Oshin

Relevant professional  
qualification(s) or body  
(if any):

N/A

Address:

7 Coronation Court

Hamfrith Road

**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

N/A

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# Accounts

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# Universal Harvest Trustees' Annual Report 2021/2022

**From:** 01/12/2021

**To:** 30/11/2022

## REFERENCE AND ADMINISTRATION DETAILS

**Charity Name:** Universal Harvest

**Other Names Charity Is Known By:** UH

**Registered Charity Number:** 1164628

**Charity Principle Address:** UNIVERSAL HARVEST  
OFFICE 6758/182-184  
HIGH STREET NORTH  
LONDON  
E6 2JA

### Names of the charity trustees who manage the charity:

|                                  |                      |
|----------------------------------|----------------------|
| <b>EMMANUEL FALUSI (FOUNDER)</b> | <b>JEFFREY</b>       |
| <b>NKETIA</b>                    |                      |
| <b>TRUSTEE - CHAIR</b>           | <b>TRUSTEE</b>       |
| <b>DAMILOLA FALUSI</b>           | <b>SARAH APPIAH</b>  |
| <b>TRUSTEE</b>                   | <b>TRUSTEE</b>       |
| <b>CECILIA FALUSI</b>            | <b>LULI ADEWUNMI</b> |
| <b>TRUSTEE</b>                   | <b>TRUSTEE</b>       |



## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Description of the charity's trust

**Type of governing document:** Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees

**How the charity is constituted:** Charitable Incorporated Organisation

**Trustee selection methods:** Apart from the first charity trustees, every trustee must be appointed (for a term of [three years] by a resolution passed at a properly convened meeting of the charity trustees.

## OBJECTIVES AND ACTIVITIES

### The objects of the charity set up in its governing document:

*For the benefit of the public in the UK, the relief of poverty of people who are in conditions of need by reason of sickness, age or economic circumstances, by the provision of non-perishable and in-date food.*

At Universal Harvest we provide a range of services in tackling poverty where it matters most. Our primary aim is the provision of bags; filled with non-perishable and in-date food items as a delivery service.

### Main activities undertaken for the public benefit in relation to these objects:

#### Our Mission Statement

Universal Harvest is dedicated to eradicating human suffering caused by poverty and homelessness. We achieve this by harnessing the dedication of volunteers, support workers, and the generosity of donors. Our goal is to transform empathy into tangible results, ensuring that no one goes hungry in our communities. We do this by providing non-perishable food items because we believe that everyone, irrespective of their circumstances, should have access to life's fundamental necessities.

#### Our Values

1. **Practicing what we advise others** – we firmly believe in leading by example. It is very easy to give others advice, but showing others how to practically use the knowledge goes that mile further. Application of knowledge to us is greater than the obtainment of it.





2. **Practicing what we advise others** – we firmly believe in leading by example. It is very easy to give others advice, but showing others how to practically use the knowledge goes that mile further. Application of knowledge to us is greater than the obtainment of it.
3. **Working with hope** – Our aim is never to bash any of our beneficiaries, whom may come from all backgrounds, but to educate them and get their minds on thinking about the root causes of what may have got them into the place we want to help them out of.
4. **Building strong, better networks and communities** – From ensuring we train our volunteers as responsible stewards, to collaborating with communities to reach out those in need.

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## Our Activities

Universal Harvest was established with the mission of alleviating poverty for individuals of all backgrounds in the UK. This mission is achieved through:

**Providing Support in Times of Crisis:** We offer assistance to those unexpectedly facing hardships such as homelessness, illness, old age, and challenging economic circumstances. This support is delivered in the form of non-perishable, nutritious food provisions.

**Comprehensive Support:** In addition to addressing immediate food needs, we strive to bridge gaps in existing food banks by offering comprehensive advisory services and workshops. These programs empower beneficiaries to combat poverty and regain stability, enhancing their life prospects.

**Collaborative Partnerships:** We actively cultivate collaborative partnerships with established charities that possess valuable insights into the needs of our beneficiaries. Through these alliances, we mutually support our objectives to combat poverty.

**Raising Awareness:** Universal Harvest is committed to raising public awareness about poverty in the UK. By shedding light on the issue, we aim to generate greater societal pressure to address social exclusion and initiate meaningful discussions on tackling poverty's root causes.

To realize our mission, we focus our efforts on:

**A. Targeting Areas of Greatest Need:** Our projects are strategically developed in regions identified by research as having the highest levels of poverty and deprivation.

**B. Home Borough Commitment:** We maintain a strong presence in our home borough, the London Borough of Newham, where we were initially established. Newham is among the lowest-performing boroughs in London, and we remain dedicated to supporting our local community.



C. Providing Monthly Food Support: Universal Harvest distributes monthly packages of healthy, non-perishable food items to identified individuals in need. After six months, we conduct reviews in collaboration with voluntary groups and charities to ensure our aid aligns with the evolving needs of the community.

D. Future Expansion: While our current resources limit our reach, Universal Harvest has aspirations to expand its operations to other boroughs, such as Tower Hamlets, Barking & Dagenham, and Greenwich, once additional resources are secured. This expansion reflects our commitment to reducing poverty and fostering resilient communities on a broader scale.

## **ACHIEVEMENTS AND PERFORMANCE**

### **Summary of the main achievements of the charity during the year:**

#### **Activities and achievements**

We continue to execute and support the interest and needs of the wider community. The vision and aims of Universal Harvest remains the same and this financial year we have been able take a step back and embrace the challenging year we have had having experienced a pandemic and being able to make it through the pandemic and still being able to offer our service to the local community. We aim to continue to branch out to other local boroughs and support boroughs who are suffering from poverty but we have made a decision to embrace the difficulties and challenging times we have been through. We continue to look at ways to become self-sustainable and research continues in regards to putting this in place. The team are still in high spirits and believe Universal Harvest will be able to make it through and continue to provide and support those who need us the most.

We have continued working with people and families who have faced unexpected life changing events by supplying them with non-perishable packed food bags and according to the feedback forms that we continuously use. This is really making changes in the lives of the service user especially in times like these.

Inside these bags include:

- Rice
- Pasta/Spaghetti/ Noodles
- Tea Bags
- Vegetable Oil
- Seasoning
- Beans

These non-perishable foods are items that were personally selected as foods that we may eat every day or maybe once a week in one bag. No matter what kind of circumstances you may be facing, you should not be torn away from the source of your energy and health. It may not be seen as a buffet but these foods will definitely and have made a difference in many people's lives already.



These bags can be used for the homeless, and it can also be used for people who have a roof over their heads but are lacking financially.

Since being established in 2015, Universal Harvest has been working on engaging with local supporters for gifts in kind, promoting our cause in the borough and have established a supporting relationship with many organisations locally.

## **FINANCIAL REVIEW**

### **Brief statement of the charity's policy on reserves:**

Universal Harvest Trustees agreed that the Charity should aim to hold sufficient balances on its general and other accounts to allow it to continue operating even if there was a significant reduction in the level of donations and gifts in kind.

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This is now our fifth year in operation, which has been extremely busy and difficult due to the pandemic but we are still standing and operating in the best way we can. The Trustees' aim is a reserve sufficient to cover at least three month's operating costs in the future.

### **Details of any funds materially in deficit:**

The charity has no funds materially in deficit.

## **DECLARATION**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                                 | Trustee 1       | Trustee 2       |
|-------------------------------------------------|-----------------|-----------------|
| <b>Signature</b>                                |                 |                 |
| <b>Full Name</b>                                | Emmanuel Falusi | Damilola Falusi |
| <b>Position</b><br>(e.g. Secretary, Chair, etc) | Trustee         | Trustee         |
| <b>Date</b>                                     | 30/09/2023      | 30/09/2023      |





Universal Harvest

1154628

## Receipts and payments accounts

CC16a

For the period  
from

01/12/2020

To

30/11/2021

### Section A Receipts and payments

|                                                       | Unrestricted<br>funds<br>to the nearest<br>£ | Restricted<br>funds<br>to the nearest £ | Endowment<br>funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|-------------------------------------------------------|----------------------------------------------|-----------------------------------------|----------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |                                              |                                         |                                        |                                 |                               |
| Donations                                             | 11,403                                       | -                                       | -                                      | 11,403                          | 346                           |
| Grants                                                | -                                            | -                                       | -                                      | -                               | -                             |
| Refunds                                               | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | 11,403                                       | -                                       | -                                      | 11,403                          | 346                           |
| <b>A2 Asset and investment sales, (see table).</b>    |                                              |                                         |                                        |                                 |                               |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Total receipts</b>                                 | 11,403                                       | -                                       | -                                      | 11,403                          | 346                           |
| <b>A3 Payments</b>                                    |                                              |                                         |                                        |                                 |                               |
| Volunteer Expenses                                    | -                                            | -                                       | -                                      | -                               | -                             |
| Vehicle Lease                                         | 6,927                                        | -                                       | -                                      | 6,927                           | -                             |
| Storage Rent                                          | 158                                          | -                                       | -                                      | 158                             | -                             |
| Repairs and Core Cost                                 | 1,140                                        | -                                       | -                                      | 1,140                           | -                             |
| Telephone & Postage                                   | 430                                          | -                                       | -                                      | 430                             | -                             |
| Computer Supplies & Stationery                        | 130                                          | -                                       | -                                      | 130                             | -                             |
| Training                                              | 428                                          | -                                       | -                                      | 428                             | -                             |
| Food Purchase                                         | 560                                          | -                                       | -                                      | 560                             | -                             |
| Insurance                                             | 1,522                                        | -                                       | -                                      | 1,522                           | -                             |
| <b>Sub total</b>                                      | 11,295                                       | -                                       | -                                      | 11,295                          | -                             |
| <b>A4 Asset and investment purchases, (see table)</b> |                                              |                                         |                                        |                                 |                               |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Total payments</b>                                 | 11,295                                       | -                                       | -                                      | 11,295                          | -                             |
| <b>Net of receipts/(payments)</b>                     | 108                                          | -                                       | -                                      | 108                             | 346                           |
| <b>A5 Transfers between funds</b>                     | -                                            | -                                       | -                                      | -                               | -                             |
| <b>A6 Cash funds last year end</b>                    | 339                                          | -                                       | -                                      | 339                             | -                             |
| <b>Cash funds this year end</b>                       | 447                                          | -                                       | -                                      | 447                             | 346                           |



# Section B Statement of assets and liabilities at the end of the period

| Categories                                              | Details                                                                           | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>                                    |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         | <b>Total cash funds</b><br>(agree balances with receipts and payments account(s)) |                                    |                                  |                                 |
| <b>B2 Other monetary assets</b>                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
| <b>B3 Investment assets</b>                             |                                                                                   | Fund to which<br>asset belongs     | Cost (optional)                  | Current value<br>(optional)     |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
| <b>B4 Assets retained for the<br/>charity's own use</b> |                                                                                   | Fund to which<br>asset belongs     | Cost (optional)                  | Current value<br>(optional)     |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
| <b>B5 Liabilities</b>                                   |                                                                                   | Fund to which<br>liability relates | Amount due<br>(optional)         | When due<br>(optional)          |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |
|                                                         |                                                                                   |                                    |                                  |                                 |

Signed by one or two trustees on behalf of all the trustees

| Signature              | Print Name      | Date of approval |
|------------------------|-----------------|------------------|
| <i>Emmanuel Falusi</i> | EMMANUEL FALUSI | 03/01/24         |
| <i>Damilola Falusi</i> | DAMILOLA FALUSI | 03/01/24         |

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# Accounts

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# Universal Harvest Trustees' Annual Report 2019/2020

From: 01/12/2020

To: 30/11/2021

## REFERENCE AND ADMINISTRATION DETAILS

|                                                       |                                                        |
|-------------------------------------------------------|--------------------------------------------------------|
| Charity Name:                                         | Universal Harvest                                      |
| Other Names Charity is Known By:                      | UH                                                     |
| Registered Charity Number:                            | 1164628                                                |
| Charity Principle Address:                            | 4 ROEBOURNE WAY<br>NORTH WOOLWICH<br>LONDON<br>E16 2JH |
| Names of the charity trustees who manage the charity: |                                                        |
| EMMANUEL FALUSI (CEO)<br>TRUSTEE – CHAIR              | JEFFREY NKETIA<br>TRUSTEE                              |
| DAMILOLA FALUSI<br>TRUSTEE                            | SARAH APPIAH<br>TRUSTEE                                |
| CECILIA FALUSI<br>TRUSTEE                             | LULI ADEWUNMI<br>TRUSTEE                               |



## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Description of the charity's trust

#### Type of governing document:

Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees

#### How the charity is constituted:

Charitable Incorporated Organisation

#### Trustee selection methods:

Apart from the first charity trustees, every trustee must be appointed (for a term of [three years] by a resolution passed at a properly convened meeting of the charity trustees.

## OBJECTIVES AND ACTIVITIES

### The objects of the charity set up in its governing document:

*For the benefit of the public in the UK, the relief of poverty of people who are in conditions of need by reason of sickness, age or economic circumstances, by the provision of non-perishable and in-date food.*

At Universal Harvest we provide a range of services in tackling poverty where it matters most. Our primary aim is the provision of bags; filled with non-perishable and in-date food items as a delivery service.

### Main activities undertaken for the public benefit in relation to these objects:

#### Our Mission Statement

Universal Harvest's mission is to prevent and alleviate human suffering in the face of poverty and homelessness by mobilizing the power of volunteers and support workers and the generosity of donors. Universal Harvest aims to turn compassion into action so that our communities are free from starvation through the act of giving non-perishable foods because everyone in the world should have access to the basic necessities of life.

#### Our Values

1. **Practicing what we advise others** – we firmly believe in leading by example. It is very easy to give others advice, but showing others how to practically use the knowledge goes that mile further. Application of knowledge to us is greater than the obtainment of it.
2. **Equip people so they have better chances in life** – with better access to training and development to improve their life skills. Encouraging them to fulfil their potentials after failing on hard times.
3. **Working with hope** – Our aim is never to bash any of our beneficiaries, whom may come from all backgrounds, but to educate them and get their minds on thinking about the root causes of what may have got them into the place we want to help them out of.
4. **Building strong, better networks and communities** – From ensuring we train our volunteers as responsible stewards, to collaborating with communities to reach out those in need.



## Our Activities

Universal Harvest is set up to relief people of all background in the UK of poverty by;

1. Offering those who fall into unexpected hardship (homelessness, sickness, age and economic circumstances) support through non-perishable nutritious food provisions
2. Bridging gaps identified in current food banks by also providing effective advisory services and workshops for beneficiaries on; dealing with poverty and how to regain stability to increase their chances in life.
3. Building a supportive partnership network with existing charities who would know our beneficiaries best and aid each other's objectives.
4. Promote public awareness of Poverty in the UK to increase pressure for change on social exclusion in communities and start though-provoking discussions on how to tackle root causes of poverty.

We achieve this by developing projects where it matters most by;

- A. Focusing on areas research has highlighted to have the highest poverty deprivation rates.
- B. Operating a project in our home borough – Newham for twelve months. London borough of Newham has been identified as one of the four lowest performing boroughs in London.
- C. We provide ten bags of healthy non-perishable food items a month for the period of six months to local voluntary groups and charities, they will then distribute these food bags to identified individuals of their services that are in need.
- D. After six months, Universal Harvest will then make plans to move on to others boroughs (such as; Tower Hamlets, Barking & Dagenham and Greenwich), taking action and contributing our efforts to reduce poverty and build stronger communities.



## **ACHIEVEMENTS AND PERFORMANCE**

### **Summary of the main achievements of the charity during the year:**

#### **Activities and achievements**

We continue to execute and support the interest and needs of the wider community. The vision and aims of Universal Harvest remains the same and this financial year we have been able take a step back and embrace the challenging year we have had having experienced a pandemic and being able to make it through the pandemic and still being able to offer our service to the local community. We aim to continue to branch out to other local boroughs and support boroughs who are suffering from poverty but we have made a decision to embrace the difficulties and challenging times we have been through. We continue to look at ways to become self-sustainable and research continues in regards to putting this in place. The team are still in high spirits and believe Universal Harvest will be able to make it through and continue to provide and support those who need us the most.

We have continued working with people and families who have faced unexpected life changing events by supplying them with non-perishable packed food bags and according to the feedback forms that we continuously use. This is really making changes in the lives of the service user especially in times like these.

Inside these bags include:

- Rice
- Pasta/Spaghetti/ Noodles
- Tea Bags
- Vegetable Oil
- Seasoning
- Beans

These non-perishable foods are items that were personally selected as foods that we may eat every day or maybe once a week in one bag. No matter what kind of circumstances you may be facing, you should not be torn away from the source of your energy and health. It may not be seen as a buffet but these foods will definitely and have made a difference in many people's lives already.

These bags can be used for the homeless, and it can also be used for people who have a roof over their heads but are lacking financially.

Universal Harvest successfully obtained its formal CIO charitable status with the Charity Commission late 2015. Since then, it has been working on engaging with local supporters for gifts in kind, promoting our cause in the borough and have established a supporting relationship with many organisations locally.

## FINANCIAL REVIEW

### Brief statement of the charity's policy on reserves:

Universal Harvest Trustees agreed that the Charity should aim to hold sufficient balances on its general and other accounts to allow it to continue operating even if there was a significant reduction in the level of donations and gifts in kind.

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This is now our fifth year in operation, which has been extremely busy and difficult due to the pandemic but we are still standing and operating in the best way we can. The Trustees' aim is a reserve sufficient to cover at least three month's operating costs in the future.

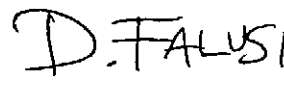
### Details of any funds materially in deficit:

The charity has no funds materially in deficit.

## DECLARATION

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                             | Trustee 1                                                                           | Trustee 2                                                                            |
|---------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Signature                                   |  |  |
| Full Name                                   | Emmanuel Falusi                                                                     | Damilola Falusi                                                                      |
| Position<br>(e.g. Secretary,<br>Chair, etc) | Trustee                                                                             | Trustee                                                                              |
| Date                                        | 28/09/2022                                                                          | 28/09/2022                                                                           |

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|                                       |          |         |          |       |
|---------------------------------------|----------|---------|----------|-------|
| Universal Harvest                     |          | 1164628 |          | CC16a |
| <b>Receipts and payments accounts</b> |          |         |          |       |
| For the period from                   | 01/12/20 | To      | 30/11/21 |       |

## Section A Receipts and payments

|                                                       | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|-------------------------------------------------------|----------------------------------------|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |                                        |                                      |                                     |                                 |                               |
| Donations                                             | 11,403                                 | -                                    | -                                   | 11,403                          | 346                           |
| Grants                                                | -                                      | -                                    | -                                   | -                               | -                             |
| Refunds                                               | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>11,403</b>                          | <b>-</b>                             | <b>-</b>                            | <b>11,403</b>                   | <b>346</b>                    |
| <b>A2 Asset and investment sales, (see table).</b>    |                                        |                                      |                                     |                                 |                               |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>11,403</b>                          | <b>-</b>                             | <b>-</b>                            | <b>11,403</b>                   | <b>346</b>                    |
| <b>A3 Payments</b>                                    |                                        |                                      |                                     |                                 |                               |
| Volunteer Expenses                                    | -                                      | -                                    | -                                   | -                               | -                             |
| Vehicle Lease                                         | 6,927                                  | -                                    | -                                   | 6,927                           | -                             |
| Storage Rent                                          | 158                                    | -                                    | -                                   | 158                             | -                             |
| Repairs and Core Cost                                 | 1,140                                  | -                                    | -                                   | 1,140                           | -                             |
| Telephone & Postage                                   | 430                                    | -                                    | -                                   | 430                             | -                             |
| Computer Supplies & Stationery                        | 130                                    | -                                    | -                                   | 130                             | -                             |
| Training                                              | 428                                    | -                                    | -                                   | 428                             | -                             |
| Food Purchase                                         | 560                                    | -                                    | -                                   | 560                             | -                             |
| Insurance                                             | 1,622                                  | -                                    | -                                   | 1,622                           | -                             |
| <b>Sub total</b>                                      | <b>11,295</b>                          | <b>-</b>                             | <b>-</b>                            | <b>11,295</b>                   | <b>-</b>                      |
| <b>A4 Asset and investment purchases, (see table)</b> |                                        |                                      |                                     |                                 |                               |
|                                                       | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>11,295</b>                          | <b>-</b>                             | <b>-</b>                            | <b>11,295</b>                   | <b>-</b>                      |
| <b>Net of receipts/(payments)</b>                     | <b>108</b>                             | <b>-</b>                             | <b>-</b>                            | <b>108</b>                      | <b>346</b>                    |
| <b>A5 Transfers between funds</b>                     | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>A6 Cash funds last year end</b>                    | <b>339</b>                             | <b>-</b>                             | <b>-</b>                            | <b>339</b>                      | <b>-</b>                      |
| <b>Cash funds this year end</b>                       | <b>447</b>                             | <b>-</b>                             | <b>-</b>                            | <b>447</b>                      | <b>346</b>                    |



## Section B Statement of assets and liabilities at the end of the period

Categories

Details

Unrestricted  
funds  
to nearest £

Restricted  
funds  
to nearest £

Endowment  
funds  
to nearest £

B1 Cash funds

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**Total cash funds**

(agree balances with receipts and payments account(s))

Deposited with

Lloyds

Lloyds

B2 Other monetary assets

Details

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Unrestricted  
funds  
to nearest £

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Restricted  
funds  
to nearest £

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Endowment  
funds  
to nearest £

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B3 Investment assets

Details

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Fund to which  
asset belongs

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Current value  
(optional)

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B4 Assets retained for the  
charity's own use

Details

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Fund to which  
asset belongs

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Cost (optional)

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Current value  
(optional)

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B5 Liabilities

Details

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Fund to which  
liability relates

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Amount due  
(optional)

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When due  
(optional)

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Signed by one or two trustees on  
behalf of all the trustees

Signature

*D. Fawsi*  
D. FAWSI

Print Name

EMMANUEL FAWSI  
DAMILOLA FAWSI

Date of  
approval

28/09/22  
28/09/22

CCXX R2 accounts (SS)

2

15/10/2022

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# Accounts

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# Universal Harvest Trustees' Annual Report 2019/2020

From: 01/12/2019

To: 30/11/2020

## REFERENCE AND ADMINISTRATION DETAILS

**Charity Name:** Universal Harvest

**Other Names Charity Is Known By:** UH

**Registered Charity Number:** 1164628

**Charity Principle Address:** 4 ROEBOURNE WAY  
NORTH WOOLWICH  
LONDON  
E16 2JH

### Names of the charity trustees who manage the charity:

|                                          |                           |
|------------------------------------------|---------------------------|
| EMMANUEL FALUSI (CEO)<br>TRUSTEE – CHAIR | JEFFREY NKETIA<br>TRUSTEE |
| DAMILOLA FALUSI<br>TRUSTEE               | SARAH APPIAH<br>TRUSTEE   |
| CECILIA FALUSI<br>TRUSTEE                | LULI ADEWUNMI<br>TRUSTEE  |



## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Description of the charity's trust

|                                 |                                                                                                                                                                                    |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Type of governing document:     | Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees                                                                          |
| How the charity is constituted: | Charitable Incorporated Organisation                                                                                                                                               |
| Trustee selection methods:      | Apart from the first charity trustees, every trustee must be appointed (for a term of [three years] by a resolution passed at a properly convened meeting of the charity trustees. |

## OBJECTIVES AND ACTIVITIES

### The objects of the charity set up in its governing document:

*For the benefit of the public in the UK, the relief of poverty of people who are in conditions of need by reason of sickness, age or economic circumstances, by the provision of non-perishable and in-date food.*

At Universal Harvest we provide a range of services in tackling poverty where it matters most. Our primary aim is the provision of bags; filled with non-perishable and in-date food items as a delivery service.

### Main activities undertaken for the public benefit in relation to these objects:

#### Our Mission Statement

Universal Harvest's mission is to prevent and alleviate human suffering in the face of poverty and homelessness by mobilizing the power of volunteers and support workers and the generosity of donors. Universal Harvest aims to turn compassion into action so that our communities are free from starvation through the act of giving non-perishable foods because everyone in the world should have access to the basic necessities of life.

#### Our Values

1. **Practicing what we advise others** – we firmly believe in leading by example. It is very easy to give others advice, but showing others how to practically use the knowledge goes that mile further. Application of knowledge to us is greater than the obtainment of it.
2. **Equip people so they have better chances in life** – with better access to training and development to improve their life skills. Encouraging them to fulfil their potentials after failing on hard times.
3. **Working with hope** – Our aim is never to bash any of our beneficiaries, whom may come from all backgrounds, but to educate them and get their minds on thinking about the root causes of what may have got them into the place we want to help them out of.
4. **Building strong, better networks and communities** – From ensuring we train our volunteers as responsible stewards, to collaborating with communities to reach out those in need.



## Our Activities

Universal Harvest is set up to relief people of all background in the UK of poverty by;

1. Offering those who fall into unexpected hardship (homelessness, sickness, age and economic circumstances) support through non-perishable nutritious food provisions
2. Bridging gaps identified in current food banks by also providing effective advisory services and workshops for beneficiaries on; dealing with poverty and how to regain stability to increase their chances in life.
3. Building a supportive partnership network with existing charities who would know our beneficiaries best and aid each other's objectives.
4. Promote public awareness of Poverty in the UK to increase pressure for change on social exclusion in communities and start though-provoking discussions on how to tackle root causes of poverty.

We achieve this by developing projects where it matters most by;

- A. Focusing on areas research has highlighted to have the highest poverty deprivation rates.
- B. Operating a project in our home borough – Newham for twelve months. London borough of Newham has been identified as one of the four lowest performing boroughs in London.
- C. We provide ten bags of healthy non-perishable food items a month for the period of six months to local voluntary groups and charities, they will then distribute these food bags to identified individuals of their services that are in need.
- D. After six months, Universal Harvest will then make plans to move on to others boroughs (such as; Tower Hamlets, Barking & Dagenham and Greenwich), taking action and contributing our efforts to reduce poverty and build stronger communities.



## ACHIEVEMENTS AND PERFORMANCE

### Summary of the main achievements of the charity during the year:

#### Activities and achievements

This financial year has been extremely challenging for us at Universal Harvest due to the pandemic and other internal and external factors. Regardless, we have still managed to make some awesome achievements. We continue to work with some of the biggest supermarkets in the UK including Tesco and Asda where we collect long life food items. For a period of time during the year we had to completely stop all work in order to reduce the spread of the COVID19 virus. Since the ease on lockdown, just like most other organisations and business', we took a huge and this has affected how much we have been able to reach our service users.

We continue to execute and support the interest and needs of the wider community. The vision and aims of Universal Harvest remains the same and this financial year we have been able raise more donations this year which will continue to go towards our cause. We aim to continue to branch out of the local boroughs and support boroughs who are suffering from poverty.

Following on from our activities from last year, we have been working more on how we can be self-sustainable and we are still in the process of doing research on how best to go about this as we do not feel relying completely on grant is the safest option for what we are doing and for what we plan to do in the future.

We have continued working with people and families who have faced unexpected life changing events by supplying them with non-perishable packed food bags and according to the feedback forms that we continuously use. This is really making changes in the lives of the service user especially in times like these.

Inside these bags include:

- Rice
- Pasta/Spaghetti/ Noodles
- Tea Bags
- Vegetable Oil
- Seasoning
- Beans

These non-perishable foods are items that were personally selected as foods that we may eat every day or maybe once a week in one bag. No matter what kind of circumstances you may be facing, you should not be torn away from the source of your energy and health. It may not be seen as a buffet but these foods will definitely and have made a difference in many people's lives already.

These bags can be used for the homeless, and it can also be used for people who have a roof over their heads but are lacking financially.

Universal Harvest successfully obtained its formal CIO charitable status with the Charity Commission late 2015. Since then, it has been working on engaging with local supporters for gifts in kind, promoting our cause in the borough and have established a supporting relationship with many organisations locally.

## FINANCIAL REVIEW

### Brief statement of the charity's policy on reserves:

Universal Harvest Trustees agreed that the Charity should aim to hold sufficient balances on its general and other accounts to allow it to continue operating even if there was a significant reduction in the level of donations and gifts in kind.

This is now our fourth year in operation, which has been extremely busy and difficult due to the pandemic but we are still standing and operating in the best way we can. The Trustees' aim is a reserve sufficient to cover at least three month's operating costs in the future.

### Details of any funds materially in deficit:

The charity has no funds materially in deficit.

## DECLARATION

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                             | Trustee 1                                                                           | Trustee 2                                                                            |
|---------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Signature                                   |  |  |
| Full Name                                   | ERIMANUE PALMER                                                                     | Damulola Palmer                                                                      |
| Position<br>(e.g. Secretary,<br>Chair, etc) | TRUSTEE                                                                             | TRUSTEE                                                                              |
| Date                                        | 24/09/2021                                                                          | 24/09/2021                                                                           |





Universal Harvest

1164628

## Receipts and payments accounts

CC16a

For the period  
from

01/12/2019

To

30/11/2020

### Section A Receipts and payments

|                                                       | Unrestricted<br>funds<br>to the nearest £ | Restricted<br>funds<br>to the nearest £ | Endowment<br>funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|-------------------------------------------------------|-------------------------------------------|-----------------------------------------|----------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |                                           |                                         |                                        |                                 |                               |
| Donations                                             | 7,796                                     | -                                       | -                                      | 7,796                           | 339                           |
| Grants                                                | -                                         | -                                       | -                                      | -                               | -                             |
| Refunds                                               | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | 7,796                                     | -                                       | -                                      | 7,796                           | 339                           |
| <b>A2 Asset and investment sales, (see table).</b>    |                                           |                                         |                                        |                                 |                               |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Total receipts</b>                                 | 7,796                                     | -                                       | -                                      | 7,796                           | 339                           |
| <b>A3 Payments</b>                                    |                                           |                                         |                                        |                                 |                               |
| Volunteer Expenses                                    | -                                         | -                                       | -                                      | -                               | -                             |
| Vehicle Lease                                         | 3,516                                     | -                                       | -                                      | 3,516                           | -                             |
| Storage Rent                                          | 148                                       | -                                       | -                                      | 148                             | -                             |
| Repairs and Core Cost                                 | 1,300                                     | -                                       | -                                      | 1,300                           | -                             |
| Telephone & Postage                                   | 430                                       | -                                       | -                                      | 430                             | -                             |
| Computer Supplies & Stationery                        | 130                                       | -                                       | -                                      | 130                             | -                             |
| Training                                              | 310                                       | -                                       | -                                      | 310                             | -                             |
| Food Purchase                                         | 330                                       | -                                       | -                                      | 330                             | -                             |
| Insurance                                             | 1,625                                     | -                                       | -                                      | 1,625                           | -                             |
| <b>Sub total</b>                                      | 7,789                                     | -                                       | -                                      | 7,789                           | -                             |
| <b>A4 Asset and investment purchases, (see table)</b> |                                           |                                         |                                        |                                 |                               |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Total payments</b>                                 | 7,789                                     | -                                       | -                                      | 7,789                           | -                             |
| <b>Net of receipts/(payments)</b>                     | 7                                         | -                                       | -                                      | 7                               | 339                           |
| <b>A5 Transfers between funds</b>                     | -                                         | -                                       | -                                      | -                               | -                             |
| <b>A6 Cash funds last year end</b>                    | 339                                       | -                                       | -                                      | 339                             | -                             |
| <b>Cash funds this year end</b>                       | 346                                       | -                                       | -                                      | 346                             | 339                           |

## Section B Statement of assets and liabilities at the end of the period

| Categories                                          | Details                                                | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|-----------------------------------------------------|--------------------------------------------------------|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>                                |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     | <b>Total cash funds</b>                                | -                                  | -                                | -                               |
|                                                     | (agree balances with receipts and payments account(s)) | Agreement Error                    | OK                               | OK                              |
|                                                     |                                                        | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
| <b>B2 Other monetary assets</b>                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
| <b>B3 Investment assets</b>                         |                                                        | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
| <b>B4 Assets retained for the charity's own use</b> |                                                        | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
| <b>B5 Liabilities</b>                               |                                                        | Fund to which liability relates    | Amount due (optional)            | When due (optional)             |
|                                                     |                                                        |                                    | -                                |                                 |
|                                                     |                                                        |                                    | -                                |                                 |
|                                                     |                                                        |                                    | -                                |                                 |
|                                                     |                                                        |                                    | -                                |                                 |
|                                                     |                                                        |                                    | -                                |                                 |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name      | Date of approval |
|-----------|-----------------|------------------|
| E. Falusi | EMMANUEL FALUSI | 24/09/21         |
| D. Falusi | DAMILOLA FALUSI | 24/09/21         |