

Hillingdon Brain Tumour & Brain Injury Group
(Registered charity, number 1164538)
Financial statements
for the year ended 30 November 2025

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**Hillingdon Brain Tumour & Brain Injury Group
Trustees' annual report
for the year ended 30 November 2025**

Full name Hillingdon Brain Tumour & Brain Injury Group

Organisation type Charitable incorporated organisation

Registered charity number 1164538

Principal address 394 Long Lane, Hillingdon, Uxbridge, UB10 9PG

Trustees

Emmanuel Dandu

Amisha Thobhani

Carla Aboorastchi, since 19/09/2025

Mairead Jennings

Michael Simons

Mary O'Connor, until 04/11/2025

Independent examiner

Eva Stevens, employee of Community Accounting Plus, Units 1 & 2 North West, 41 Talbot Street, Nottingham, NG1 5GL

Governance and management

The charity is operated under the rules of its constitution adopted 01/10/2010 and most recently amended 24/11/2015.

We recruit and appoint new trustees by advertising roles and conducting interviews.

Objectives and activities

The advancement of health, the prevention or relief of sickness, disease or human suffering, as well as the promotion of health. To assist in the treatment and care of persons suffering from brain disorders of any description, particularly but not exclusively brain tumours or brain injury, or in need of rehabilitation as a result of such illness. (a) To promote and protect the physical and mental health of sufferers of such brain disorders in greater London, particularly but not exclusively the London Boroughs of Hillingdon and surrounding London boroughs through the provision of financial assistance, support, education and practical advice. (b) To advance the education of the general public in all areas relating to such brain disorders.

To achieve these objectives, the charity undertakes the following key activities:

- Providing peer support groups for individuals affected by brain tumours and brain injuries.
- Offering emotional and practical support to families and carers.
- Signposting beneficiaries to specialist services, rehabilitation providers, and statutory support.
- Delivering awareness sessions and educational information about brain injury and tumour-related conditions.
- Facilitating social inclusion activities to reduce isolation.
- Collaborating with healthcare professionals and local organisations to improve access to support services.
- Raising funds to sustain and expand charitable services.

Hillingdon Brain Tumour & Brain Injury Group

Summary of the main activities undertaken for the public benefit

These activities provide clear public benefit by:

- Supporting vulnerable individuals with serious neurological conditions to improve their wellbeing and mental health.
- Reducing social isolation and promoting community integration.
- Assisting families and carers to better cope with the practical and emotional impact of brain injury and tumours.
- Reducing pressure on NHS and statutory services through preventative peer and community-based support.
- Raising awareness of brain health and rehabilitation within the wider community.
- Through these activities, the charity advances health, promotes wellbeing, and strengthens community resilience for those affected by life-changing neurological conditions.

Public benefit statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Summary of the main achievements during the period

During the reporting period, the charity continued to deliver meaningful support and wellbeing-focused initiatives for individuals affected by brain tumours and acquired brain injuries, alongside their families and carers.

Key achievements included:

Allotment Programme:

We facilitated access to an allotment space, providing beneficiaries with opportunities for therapeutic gardening. This initiative supported physical activity, mental wellbeing, social interaction, and confidence-building in a safe and supportive environment.

Community Bowls Sessions:

Regular bowls sessions were organised to promote gentle physical exercise, coordination, and social engagement. These sessions helped reduce isolation and encouraged peer support among members.

Support with MRI Scans and Medical Navigation:

The charity provided practical and emotional support to members requiring MRI scans and other diagnostic procedures. This included guidance, reassurance, and assistance in navigating healthcare pathways, helping to reduce anxiety and improve access to appropriate care.

Introduction of Tai Chi Sessions:

We introduced Tai Chi as part of our wellbeing programme. This low-impact activity supports balance, mobility, relaxation, and mental focus-particularly beneficial for individuals recovering from neurological conditions.

Hillingdon Brain Tumour & Brain Injury Group

Through these initiatives, we strengthened community engagement, promoted rehabilitation and wellbeing, and continued to provide holistic support tailored to the needs of our beneficiaries.

Financial review

Over the reporting period (1st Dec 2024 to 30th Nov 2025) income was £155,393 and outgoings were £175,832, giving a net loss for the period of £20,439.

The income in the reporting period included £39,950.00 in one-off restricted grants, i.e. Sport England (£9,950.00) and a grant from the Lottery Grant (£30,000.00).

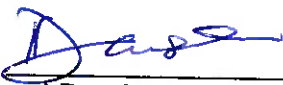
Looking ahead, the charity's income for 2025/2026 could then be of the order of £30,000 lower than it was in 2024/2025 unless additional funding is secured. Looking ahead at outgoings for 2025/2026 it is likely that demand will increase, as further clients come forward. The current negative balance of funds (-£20,439) may well be drawn upon in 2024/2025 as last year our balance was positive by £62,690 therefore we still have surplus of £42,251.

Overall HBTIG Charity is doing well and we are all extremely privileged to be part of it.

The charity's policy on reserves

Since, apart from shop income, the charity's income consists of grants and donations none of which are guaranteed, and may vary from year to year, and against the background of a growing client base, our policy is to maintain reserves where possible against future need, with a minimum target of three months outgoing expenses. There is no upper limit set because it is unlikely that reserves will substantially exceed future need. The charity is relatively new and growing.

Signed on behalf of the charity's trustees:

Signed 
Emmanuel Daudu, Trustee

Date 26 Mar 2026

**Independent examiner's report to the trustees of
Hillingdon Brain Tumour & Brain Injury Group
for the year ended 30 November 2025**

I report to the trustees on my examination of the accounts of Hillingdon Brain Tumour & Brain Injury Group (the charity) for the year ended 30 November 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

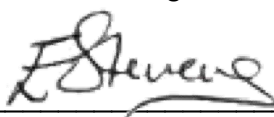
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 01/06/2026
Eva Stevens BSc, CPFA
Employee of Community Accounting Plus

Hillingdon Brain Tumour & Brain Injury Group
Receipts & payments account
for the year ended 30 November 2025

2024				2025	
Total			Unrestricted	Restricted	Total
Funds			Funds	Funds	Funds
£		Note	£	£	£
	Receipts				
169629	Grants and donations	2	32265	40853	73118
63399	Sales/Fees		70134	-	70134
2788	Charitable activities		12281	-	12281
<u>235816</u>	Total receipts		<u>114680</u>	<u>40853</u>	<u>155533</u>
	Payments				
-	Accountancy		5076	-	5076
5023	Admin Charity Assistant		1391	-	1391
2576	Advertising/Promotional		512	6390	6902
6105	Alternative therapies		320	3320	3640
262	Bank charges		207	-	207
-	Cleaning		575	-	575
400	Clients support		2176	3285	5461
7408	Consultations & MRI scans		4817	-	4817
1905	Cost of Sales		4584	-	4584
5469	Electricity		2513	-	2513
1428	Fundraising costs		587	-	587
3542	Group meetings		81	1602	1683
797	Insurances		809	-	809
10165	Office/General Administrative Expenses		3060	2654	5714
8108	Legal & professional fees		3460	17438	20898
62	PayPal Fees		49	-	49
65804	Wages, NI & pensions		1199	58694	59893
1084	Phone Costs		1283	12	1295
27240	Rent		22374	5140	27514
296	Repairs and Maintenance		82	400	482
1740	Shop Manager Fee		3272	-	3272
1986	Software		690	776	1466
15082	Support worker		1163	11768	12931
4507	Therapy		936	1730	2666
1279	Travel and Accommodation		221	1000	1221
282	Water Rates		326	-	326
576	Shop commission		-	-	-
<u>173126</u>	Total payments		<u>61763</u>	<u>114209</u>	<u>175972</u>
62690	Net receipts/(payments)		52917	(73356)	(20439)
<u>107068</u>	Cash funds at start of this period		<u>69439</u>	<u>100319</u>	<u>169758</u>
169758	Cash funds at end of this period		122356	26963	149319

Hillingdon Brain Tumour & Brain Injury Group
Statement of assets and liabilities
at 30 November 2025

2024			2025
£	Cash assets	Note	£
169758	Bank accounts		149319
<u>169758</u>			<u>149319</u>
	Other monetary assets		
647	Prepayments	4	310
<u>647</u>			<u>310</u>
	Assets retained for the charity's own use		
	Portacabin purchased 2021 for £6,050		
	Bowls equipment purchased 2022 for £5,406		
	Bowls carpet purchased 2023 for £1,372		
	Liabilities		
(3260)	Creditors	5	(2552)
<u>(3260)</u>			<u>(2552)</u>

These financial statements are accepted on behalf of the charity by:

Signed  Date 27/05/2026
Michael Simons, Trustee

Hillingdon Brain Tumour & Brain Injury Group
Notes to the accounts
for the year ended 30 November 2025

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	Unrestricted £	Restricted £	Total £
National Lottery Community fund	-	30000	30000
Sports England	-	9950	9950
CO-OP grant	7323	-	7323
King Charles III Charitable fund	3000	-	3000
Just Giving	2210	-	2210
Gift Aid	619	-	619
General donations	19114	902	20016
	32266	40852	73118

3. Funds analysis

	Opening balance £	Receipts £	(Payments) £	Closing balance £
Restricted funds				
National Lottery - Salary and Core	34108	39950	(65040)	9018
LBH - Staff costs	12121	-	(12121)	-
Bowling	813	903	(2092)	(376)
Digital Exclusion	1071	-	(1071)	-
CCNO Fund	14748	-	(14748)	-
GE Healthcare	37000	-	(19137)	17863
Allotment	458	-	-	458
	100319	40853	(114209)	26963
Unrestricted funds				
General fund	69439	114680	(61763)	122356
	69439	114680	(61763)	122356

National Lottery - Salary and Core- Core staff cost (salaries for 3 people).

GE Healthcare - ongoing support for clients - support meetings group, alternative therapy etc.

LBH - Staff costs – this is granted to cover the salaries of support workers and the costs of counselling.

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Digital Exclusion – to provide IT equipment for use by clients, and for training of clients in the use of digital technology, on the charity's premises.

Bowling - weekly indoor bowling sessions for clients as a part of therapy.

CCNO Fund - grant dedicated to produce Life Support Diary for clients.

Allotment - weekly meetings at allotment as a part of therapy with Edyta's supervision. Very popular and well received by everyone when opened years ago.

4. Prepayments

	£
Subscriptions	242
Insurance	68
	<u>310</u>

5. Creditors

	£
Independent examination fee	1350
Pensions	262
HMRC	940
	<u>2552</u>

6. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period.

7. Related party transactions

There were no related party transactions in this period.

8. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Prepayments: These are services that the charity has paid for in advance, but not used during the accounting period.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.