

Hillingdon Brain Tumour and Brain Injury Group
(Registered charity, number 1164538)
Financial statements
for the year ended 30 November 2024

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**Hillingdon Brain Tumour and Brain Injury Group
Trustees' annual report
for the year ended 30 November 2024**

Full name Hillingdon Brain Tumour & Brain Injury Group

Organisation type Charitable incorporated organisation

Registered charity number 1164538

Principal address

394 Long Lane
Hillingdon
Uxbridge
UB10 9PG

Trustees

Emmanuel Daudu, Chair
Mary O'Connor
Michael Simons
Mairead Jennings
Amisha Thobhani

Independent examiner

John O'Brien, employee of Community Accounting Plus, Units 1 & 2 North West, 41 Talbot Street, Nottingham, NG1 5GL

Governance and management

The charity is operated under the rules of its constitution adopted 01/10/2010.

We recruit and appoint new trustees by selecting from people of good standing, having appropriate skill sets, and often known to the charity, are interviewed by the Development Manager and trustees, and successful applicants then elected as trustees by the Board of Trustees. Trustee vacancies are advertised through H4All (a local health and care Charitable Incorporated Organisation) as well as the HBTIG website and Facebook pages and its Twitter feed.

We strive for diversity and equality by having 1/4 of the board brain tumour/injury clients with disabilities on the board of trustees to support in delivering a true reflection knowledge understanding.

Hillingdon Brain Tumour & Brain Injury Group

Objectives and activities

The objects of the CIO are: the advancement of health, the prevention or relief of sickness, disease or human suffering, as well as the promotion of health. To assist in the treatment and care of persons suffering from brain disorders of any description, particularly but not exclusively brain tumours or brain injury, or in need of rehabilitation as a result of such illness. (a) to promote and protect the physical and mental health of sufferers of such brain disorders in greater London, particularly but not exclusively the London boroughs of Hillingdon and surrounding London boroughs through the provision of financial assistance, support, education and practical advice. (b) to advance the education of the general public in all areas relating to such brain disorders.

Summary of the main activities undertaken for the public benefit

- Holding weekly Thursday meetings for support to combat isolation, promoting education and encourage rehabilitation. To enable others to meet people of the same or similar disability.
- To encourage growth and mental support.
- Public awareness inclusive of health care professionals on the signs and symptoms of brain tumour.
- Creating positive physical & mental growth through activities.
- Weekly Tuesday Bowls promoting concentration, gentle physical activity, hand and eye coordination, reducing isolation and encouraging team work.
- Weekly Wednesday Allotment: promoting mental health outdoors, planting vegetables, learning about nutrition, coming together, encouraging growth physically and mentally, seeing grow.
- Monthly Men's golf: creating a safe place for men to relax, enjoy, chat, laugh and learn about benefits of golf.
- Monthly Men only talk group: In the safety of the room, enable men to share their fears, their loss that may have come with brain injury or tumour, to encourage growth and positive attitude, to share stories and support each other.
- Carers monthly support meal: encouraging and supporting carers, in a safe home from home, cooking and serving them to enable relaxation and time out.
- One to one personal support role:
 - o Weekly support worker: meeting and providing information, support, encouraging and walking with our 'client' and their family on their journey to enable them to meet their goals and needs.
 - o To enable an understanding and where possible to improve mental, physical and spiritual health on their journey no matter where it may take them.
- Access to fast MRI scans and consultants providing faster diagnosis.
- Weekly/ bi weekly counselling sessions.
- Bereavement sessions.
- Events and fundraisers:
 - o Organising five events per year open to the public.
 - o Corporate events and social media.
- Working with companies around sponsorship and creating new working partnerships.

Hillingdon Brain Tumour and Brain Injury Group

- Centre of Hope charity shop:
 - o To enable the residents of Hillingdon to buy good quality clothes in a cost of living crisis.
 - o Offer support, we have a café in the shop.
 - o To encourage residents, raising awareness of the charity, holding events at the shop, building up the community with our fashion shows.

Public benefit statement

Clients and their families/loved ones are helped through what can be a traumatic and distressing time, and where appropriate can be given advice on how and where to seek treatment if not already receiving treatment. By helping clients and families to cope, the chances of mental despair and depression, of divorce, of knock-on adverse effects on children, and possibly even suicide, are reduced. The support aims to give a purpose for living. Return to work plans are prepared in consultation with doctors and employers. As well as bringing these benefits to the individuals concerned, these initiatives significantly reduce demand on public medical, mental and social care resources which might otherwise be required.

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Summary of the main achievements during the period

- We changed venues for our support group as our old venue was too small. Our new venue is larger; it also has a kitchen. This was a great achievement.
- Increased support meetings from two a month to every week.
- Linked with various new groups in the area. Such as Scouting and WI, working and supporting each other. We held our first scout 'Bonfire' for our clients, and both scouts and clients really benefited from the evening.
- First quiz night - well attended and again we had new contacts and business supporting the event.
- Teamed up with the Mayor's Party in the Park: We provided face painting and engaged with the public and working with the council.
- Held awareness event at London Borough of Hillingdon for staff and at G.E company for staff.
- Creating new partnerships with our new Corporate funder role.
- Remembrance service - enabling community to light a candle and remember loved ones.
- Eastcote house gardens - joining them at their fair with a tombola and reaching out to the public.
- Support groups we held 50 groups in the year covering 80 clients:
 - o Golf - 12 golf sessions covering 40 clients;
 - o Men's support - 12 sessions - 12 clients;
 - o Bowls - 50 sessions covering 15 clients;
 - o Allotment 50 sessions covering 20 clients.
- Centre of hope open Monday - Saturday all year apart from Christmas.
- Client: 130 clients of which 30 new clients.

Hillingdon Brain Tumour and Brain Injury Group

The charity's policy on reserves

Since, apart from shop income, the charity's income consists of grants and donations none of which are guaranteed, and may vary from year to year, and against the background of a growing client base, our policy is to maintain reserves where possible against future need, with a minimum target of three months outgoing expenses. There is no upper limit set because it is unlikely that reserves will substantially exceed future need. The charity is growing, as shown in its financial history from 2016 at <https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/5067024/financial-history>.

These reserves should enable the charity to wind down over 6 month if the need ever arises.

Signed on behalf of the charity's trustees:

Signed 
Emmanuel Daudu, Trustee

Date 8th April, 2025

**Independent examiner's report to the trustees of
Hillingdon Brain Tumour and Brain Injury Group
for the year ended 30 November 2024**

I report to the trustees on my examination of the accounts of Hillingdon Brain Tumour and Brain Injury Group (the charity) for the year ended 30 November 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

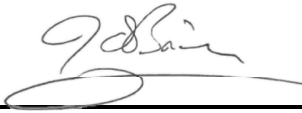
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 01/07/2025
John O'Brien MSc, FCIE
Employee of Community Accounting Plus

Hillingdon Brain Tumour and Brain Injury Group
Receipts & payments account
for the year ended 30 November 2024

2023				2024
Total		Unrestricted	Restricted	Total
Funds		Funds	Funds	Funds
£	Note	£	£	£
	Receipts			
1823	Activities contributions	2788	-	2788
97623	Grants & donations	48958	120671	169629
52453	Sales/fees	63399	-	63399
<u>151899</u>	Total receipts	<u>115145</u>	<u>120671</u>	<u>235816</u>
	Payments			
1432	Admin Charity Assistant	5023	-	5023
3032	Advertising/promotional	2576	-	2576
3814	Alternative therapies	6105	-	6105
241	Bank charges	262	-	262
1460	Clients support	350	50	400
4117	Consultations & MRI scans	7408	-	7408
4816	Cost of sales	1905	-	1905
4853	Electricity	5469	-	5469
6528	Fundraising costs	1428	-	1428
-	Group meetings	2272	1270	3542
679	Insurances	797	-	797
3740	Office/General Administrative Expenses	6348	3817	10165
4394	Legal & professional fees	5994	2114	8108
96	PayPal fees	62	-	62
68964	Wages, NI & pensions	14936	50868	65804
1010	Phone costs	1084	-	1084
18000	Rent	27240	-	27240
2859	Repairs & maintenance	296	-	296
609	Shop Manager fee	1740	-	1740
1968	Software	1986	-	1986
19039	Support worker	7657	7425	15082
1245	Therapy	4507	-	4507
3853	Travel & accommodation	1279	-	1279
276	Water rates	282	-	282
68	Sundry expenditure	-	-	-
-	Shop commission	576	-	576
<u>157093</u>	Total payments	<u>107582</u>	<u>65544</u>	<u>173126</u>
(5194)	Net receipts/(payments)	7563	55127	62690
<u>112262</u>	Cash funds at start of this period	<u>61876</u>	<u>45192</u>	<u>107068</u>
<u>107068</u>	Cash funds at end of this period	<u>69439</u>	<u>100319</u>	<u>169758</u>

Hillingdon Brain Tumour and Brain Injury Group
Statement of assets and liabilities
at 30 November 2024

2023			2024
£	Cash assets	Note	£
107068	Bank accounts		169758
<u>107068</u>			<u>169758</u>
	Other monetary assets		
97	Prepayments	4	647
<u>97</u>			<u>647</u>
	Assets retained for the charity's own use		
	Portacabin purchased 2021 for £6,050		
	Bowls equipment purchased 2022 for £5,406		
	Bowls carpet purchased 2023 for £1,372		
	Liabilities		
(2265)	Creditors	5	(3260)
<u>(2265)</u>			<u>(3260)</u>

These financial statements are accepted on behalf of the charity by:

Signed  Date 28/06/2025
Michael Simons, Trustee

Hillingdon Brain Tumour and Brain Injury Group
Notes to the accounts
for the year ended 30 November 2024

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	Unrestricted	Restricted	Total
	£	£	£
National Lottery Community Fund	-	75048	75048
GE Healthcare	17104	37000	54104
CCNO	-	5000	5000
Bupa Foundation	-	2498	2498
Friends of Centre of Hope	8792	-	8792
Gift Aid	2631	-	2631
Memory Tree of Life	602	-	602
Co-Op Local Community Fund	500	-	500
Lloyds Bank Foundation	500	-	500
Sundry grants & donations	18830	1125	19955
	48958	120671	169629

3. Funds analysis

	Opening balance	Receipts	(Payments)	Closing balance
	£	£	£	£
Restricted funds				
National Lottery - Salary and Core	27090	60000	(52982)	34108
LBH - Staff costs	4497	15048	(7424)	12121
Bowling	2786	1125	(3098)	813
Digital Exclusion	1071	-	-	1071
CCNO Fund	9748	5000	-	14748
GE Healthcare	-	37000	-	37000
Allotment	-	2498	(2040)	458
	45192	120671	(65544)	100319
Unrestricted funds				
General Fund	61876	115145	(107582)	69439
	61876	115145	(107582)	69439

Hillingdon Brain Tumour and Brain Injury Group

National Lottery – Salary and Core - this is granted to cover the cost of some staff, and utilities.

LBH – Staff costs - this is granted to cover the salaries of support workers and the costs of counselling.

Bowling - to purchase equipment for Indoor Bowls.

Digital Exclusion – to provide IT equipment for use by clients, and for training of clients in the use of digital technology, on the charity's premises.

CCNO Fund – funding for our Positive Life Line project the purpose of which is to equip, empower and strengthen clients and partnerships expertise, knowledge and awareness around brain tumours and brain injury.

GE Healthcare – this is granted for the purpose of supporting patients, carers, friends and family to live as full a life as possible with the best quality of life.

Allotment - this is granted to cover various costs relating to the maintenance and operation of the allotment.

4. Prepayments

	£
Insurance	113
Water rates	94
Software	440
	<u>647</u>

5. Creditors

	£
Independent examination fee	1428
HMRC	1545
Pensions	287
	<u>3260</u>

6. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period.

7. Related party transactions

There were no related party transactions in this period.

8. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Prepayments: These are services that the charity has paid for in advance, but not used during the accounting period.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.