

Trustees Annual Report for the period from April 1st 2021 – March 31st 2022

Charity name – Barnsley Long Term Exercise Heart Support Group
Charitable Incorporated Organisation
Other name known as Barnsley LTE Heart Support Group

Registered Charity No. 1164259

Charity's principle address: The Bakery Building
Rear of 116 – 118 Midland Road, Royston
Barnsley, Barnsley S71 4QT.

Charity Trustees

Mr Arthur Stephen Plunkett	Trustee	May 31 st 2018
Mr Kevin Copley	Trustee	November 5 th 2015
Mr Ian Jack Jones	Trustee	November 5 th 2015
Mr Sanjay Bangad	Trustee	November 5 th 2015

Description of the Charity's Trust: -

Type of Governing document – Association consisting of 400 members.

Trustees Selection method: - Trustees are approved or re-appointed annually at the Annual General Meeting held in December.

Charity Aims

To continue to ensure that we remain in a financially viable position to be able to provide support & training for our staff and volunteer members, to allow the organisation to have the foundations in place to be able to continue to offer our facilities well into the future.

To provide and enhance facilities whereby all our members can continue to exercise in a safe and secure environment with particular focus on cardio vascular and other related conditions.

To ensure that our aims are met we continue to provide training and support in the relevant areas required.

To ensure that we have sufficient exercise equipment that is well maintained and fit for purpose to cater for our existing and increasing membership.

To provide, if required, additional exercise sessions to meet the increased membership and at the same time try to offer varied amenities for the group.

To continue to strengthen our association with the NHS (SWYFT) by continuing to provide the necessary facilities for them to offer a Cardiac/Pulmonary service in the form of level exercise sessions from the Barnsley Long Term Exercise Heart Support Group building in Royston, Barnsley. A contract to confirm this arrangement was renewed in March 2021 confirming their commitment to continue to provide cardiac/pulmonary services throughout 2021/2022 (subject to Covid 19 regulations in force at the time).

A second vital aim of the group is to provide social outings / functions and to foster a feeling of togetherness and belonging.

Progress

Unfortunately, during the majority of this period – 1st April 2021 – 31st March 2022 – we have only offered Long Term Exercise sessions throughout this period after taking into consideration the vulnerability of the majority of our membership, however as the vaccine programme continues, we expect to offer marked increase in social activities during 2022.

After consultations and advice from our volunteer session leaders, the NHS, Trustees and Committee members, we will continue to plan and take action to ensure that as COVID regulations begin to ease we will be in a position to increased exercise facilities in the form of 18 x 1-hour sessions, each with a maximum of 15 participants. As the restrictions continue to ease, we will increase the number of sessions available and possibly increase the number of participants per session. Pilates has always been popular and has now recommenced with a reduced number of participants.

We have established strong links with the Yorkshire Ambulance Charity and the Local Ward Alliance to help provide defibrillators for use within the community and at the same time to stimulate interest within the area to help support the project. Together we have 22 defibrillators ordered which are currently being sited throughout the local area.

We understand that through this combined effort and local support that defibrillators are significantly more available and accessible throughout the Barnsley Borough.

Training

We will continue to provide CPR and De Fib training when made available with the help of Alison Nicholson and Simon Gillott, Resuscitation Officer, South West Yorkshire Partnership NHS Foundation Trust.

One of our staff had been enrolled on a levels 1-4 Cardio Vascular Training and Supervision, and we are pleased to report that she has passed the course and gained her qualifications.

Equipment

The equipment is checked on a regular basis and maintained or replaced when required. A fund has been set up to ensure that monies will be accessible if replacements, equipment was deemed necessary.

Social Side

The social side had always been extremely well supported and had become an integral part of the group. Unfortunately, these activities have been completely closed down since March 2020, but when the occasion and regulations permit and we can offer activities safely, the social programme will be re-established. Our group of volunteers will again provide events throughout the year, consisting of:

- 1) Social evenings where the members enjoy a night of **pie & peas / curry** before taking part in **quizzes** and / or **tombola**.
- 2) Coach trips to the **coast, Christmas markets** and other places of interest.
- 3) The Christmas Dinner Dance which is always fully supported, where members enjoy excellent food and entertainment.

We fully expect to recommence these activities and attractions early in the new financial year commencing April 2022.

Fund-Raising

At the first opportunity we will recommence fund raising activities and try to stage a main fund-raising event during the year 2022 – 23.

Future Plans

Our aim is to continue to integrate within the local community and to extend a welcome to more groups to use the facilities and become regular members.

Our aim in the year 2022/2023 is to provide limited funding to Community projects/Charities within the Barnsley Borough and surrounding areas.

We will also remain involved in such activities as the local gala, provide an annual Macmillan Coffee Morning and take part in litter picking initiatives.

Declaration

Signed on behalf of the Charity Trustees

Full Name: KEVIN COPLEY 

Position: TRUSTEE

Date: 27/6/2022

Barnsley LTE Heart Support Group (CIO) Accounts

1st April 2021 - 31st March 2022

Income Received

Subscriptions	£12,316.38
Hire of Hall	£29,643.00

Fundraising

Books/Jigsaws, Cards, Raffle etc	£65.00	
Domino Cards	£308.00	
Misc Others (Sales)	£25.00	
Fundraising Total		£398.00
Donations		£361.00
Grants (Covid)		£8,000.00
Total Income received		£50,718.38

Expenditure

Supervision Costs	£1,960.00
Rent/Rates/Utilities/Cleaning/Provisions	£23,887.92
Equipment	£111.96
Various	£9,687.86
Total Expenditure	£35,647.74

Net profit for the period 1st April 2021 to 31st March 2022 = **£15,070.64**

Starting balance Santander Account No 35022659	£54,539.62
Cash In Hand as at 01.04.2021	£287.01
Add Profit	£15,070.64

£69,897.27

Final balance Santander Account No 35022659	£69,819.94
Cash In Hand as at 31.03.2022	£77.33

£69,897.27

Notes for the Accounts:

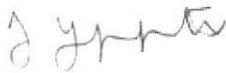
The accounting period for BLTE is 1st April - 31st March

To Whom It May Concern

30th November 2022

This statement is to confirm we have conducted an independent examination of the accounting records for Barnsley LTE Heart Support Group (CIO) as requested. The review includes a review of the accounting records and a comparison to the Income and Expenditure account and Balance Sheet produced for the period ending 31 March 2022.

No issues have come to our attention during the examination.



John Griffiths FMAAT

Director

Kingfisher Accountants Ltd

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