

Trustees Annual Report for the period from April 1st 2020 – March 31st 2021

**Charity name – Barnsley Long Term Exercise Heart Support Group
Charitable Incorporated Organisation
Other name known as Barnsley LTE Heart Support Group**

Registered Charity No. 1164259

**Charity's principle address: The Bakery Building
Rear of 116 – 118 Midland Road, Royston
Barnsley, Barnsley S71 4QT.**

Charity Trustees

Mr Arthur Stephen Plunkett	Trustee	May 31 st 2018
Mr Kevin Copley	Trustee	November 5 th 2015
Mr Ian Jack Jones	Trustee	November 5 th 2015
Mr Sanjay Bangad	Trustee	November 5 th 2015

Description of the Charity's Trust: -

Type of Governing document – Association consisting of 400 members.

Trustees Selection method: - Trustees are approved or re-appointed annually at the Annual General Meeting held in December.

Charity Aims

To continue to ensure that we remain in a financially viable position to be able to provide support & training for our staff and volunteer members, to allow the organisation to have the foundations in place to be able to continue to offer our facilities well into the future.

To provide and enhance facilities whereby all our members can continue to exercise in a safe and secure environment with particular focus on cardio vascular and other related conditions.

To ensure that our aims are met we continue to provide training and support in the relevant areas required.

To ensure that we have sufficient exercise equipment that is well maintained and fit for purpose to cater for our existing and increasing membership.

To provide, if required, additional exercise sessions to meet the increased membership and at the same time try to offer varied amenities for the group.

To continue to strengthen our association with the NHS (SWYFT) by providing facilities for them to offer a Cardiac/Pulmonary service in the form of exercise sessions from the Barnsley Long Term Exercise Heart Support Group building in Royston, Barnsley. A contract to confirm this arrangement was agreed in March 2020 which has continued whenever possible throughout 2020 (Covid-19 regulations permitting).

A second vital aim of the group is to provide social outings / functions and to foster a feeling of togetherness and belonging.

Progress

Unfortunately, during the majority of this period – 1st April 2020 – 31st March 2021 – we have only been allowed to offer Long Term Exercise sessions over a very limited period due to the Covid-19 pandemic regulation and in particular consideration around the vulnerability of the majority of our membership.

After consultations and advice from our volunteer session leaders, the NHS, Trustees and Committee members, we will continue to plan and take action to ensure that as COVID regulations begin to ease we will be in a position to offer initially limited exercise facilities in the form of 14 x 1-hour sessions, each with a maximum of 10 participants. As the restrictions continue to ease, we will increase the number of sessions available and possibly increase the number of participants per session. Pilates has always been popular and will re-commence when regulations permit.

We have established strong links with the Yorkshire Ambulance Charity and the Local Ward Alliance to help provide defibrillators for use within the community and at the same time to stimulate interest within the area to help support the project. Together we have 22 defibrillators ordered which are currently being sited throughout the local area.

We understand that through this combined effort and local support that defibrillators are significantly more available and accessible throughout the Barnsley Borough.

Training

We will continue to provide CPR and De Fib training at least twice per year in conjunction with Alison Nicholson and Simon Gillott, Resuscitation Officer, South West Yorkshire Partnership NHS Foundation Trust.

One of our staff has now been enrolled on a levels 1-4 Cardio Vascular Training and Supervision, with an additional member of staff set to enrol this year.

Equipment

The equipment is checked on a regular basis and maintained or replaced when required.

Social Side

The social side has always been extremely well supported and has become an integral part of the group. Unfortunately, these activities have been completely closed down since March 2020, but when the occasion and regulations permit and we can offer activities safely, the social programme will be re-established. Our group of volunteers will again provide events throughout the year, consisting of:

- 1) Social evenings where the members enjoy a night of **pie & peas / curry** before taking part in **quizzes** and / or **tombola**.
- 2) Coach trips to the **coast, Christmas markets** and other places of interest.
- 3) The Christmas Dinner Dance which is always fully supported, where members enjoy excellent food and entertainment.

Fund-Raising

At the first opportunity we will recommence fund raising activities and try to stage a main fund-raising event during the year 2021 – 22.

Future Plans

Our aim is to continue to integrate within the local community and to extend a welcome to more groups to use the facilities and become regular members.

We will also remain involved in such activities as the local gala, provide an annual Macmillan Coffee Morning and take part in litter picking initiatives.

Declaration

Signed on behalf of the Charity Trustees

Full Name: ARTHUR STEPHEN PUNNETT.....

Position: CHAIRMAN.....

Date: 17/12/2021.....

Barnsley LTE Heart Support Group (CIO) Accounts

1st April 2020 - 31st March 2021

Income Received

Subscriptions	£1,651.36
Hire of Hall	£26,026.00
NHS Flooring	£8,930.03

Fundraising

Books/Jigsaws,Cards,Raffle etc	£17.82
Events Income	£0.00
Misc Others (Sales)	£33.00

Fundraising Total £50.82

Donations	£66.00
Grants (Covid)	£12,184.00
Grants	£19,431.00
Gift Aid Claimed	
Lottery Winnings	£10.00

Total Income received **£68,349.21**

Expenditure

Travel Expenses/Supervision Costs	£397.50
Rent/Rates/Utilities/Cleaning/Provisions	£14,267.58
Equipment	£100.00
Various	£21,361.32

Total Expenditure **£36,126.40**

Net profit for the period 1st April 2020 to 31st March 2021 = **£32,222.81**

Starting balance Santander Account No 35022659	£22,307.04
Cash In Hand as at 01.04.2020	£296.78
Add Profit	£32,222.81

£54,826.63

Final balance Santander Account No 35022659	£54,539.62
Cash In Hand as at 31.03.2021	£287.01

£54,826.63 £0.00

Notes for the Accounts:

The accounting period for BLTE is 1st April - 31st March



To Whom It May Concern

1st September 2021

This statement is to confirm we have conducted an independent examination of the accounting records for Barnsley LTE Heart Support Group (CIO) as requested. The review includes a review of the accounting records and a comparison to the Income and Expenditure account and Balance Sheet produced for the period ending 31 March 2021.

No issues have come to our attention during the examination.

John Griffiths FMAAT

Director

Kingfisher Accountants Ltd

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