

# BARNSELY LONG TERM EXERCISE HEART SUPPORT GROUP

England & Wales · Charity number 1164259

## Details

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**Other names** BARNSELY LTE HEART SUPPORT GROUP

**Status** Registered

**Legal form** CIO

**Registered** 2015-11-05

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** The Bakery Building  
Rear of 116-118 Midland Road  
Royston  
Barnsley  
S71 4QT

**Phone** 01226725656

**Email** [steveplunkett@charlesjames.com](mailto:steveplunkett@charlesjames.com)

**Website** [www.barnsleyhealthyhearts.org.uk](http://www.barnsleyhealthyhearts.org.uk)

## Activities

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**Objects:** TO PROMOTE AND PRESERVE CARDIOVASCULAR HEALTH BY THE PROVISION OF FACILITIES AND EQUIPMENT TO PEOPLE RECOVERING OR SUFFERING FROM CARDIOVASCULAR AND/OR OTHER HEALTH PROBLEMS AND ALSO TO HELP TO PREVENT CARDIOVASCULAR OR OTHER HEALTH RELATED PROBLEMS

**Activities:** Provision of a fitness Centre for people with cardiovascular and other health problems. To enable individuals to regain independence by exercising in a secure, safe and supervised environment.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Recreation, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

## Geography

- Barnsley

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£61,683	£42,820	-	-
2024-03-31	£61,938	£53,609	-	-
2023-03-31	£51,553	£65,892	-	-
2022-03-31	£50,718	£35,648	-	-
2021-03-31	£68,349	£36,126	-	-

## Trustees

Name	Role	Appointed
<b>ARTHUR STEPHEN PLUNKETT CERT PFS</b>	Chair	2018-05-31
Arthur Stephen Plunkett		2018-05-31
Christopher Stuart James Gratton		2023-02-01
Deborah Dalby		2025-12-05
Derek Smith		2025-12-05
Dr Sanjay Bangad		2015-11-05
Tracey Rose		2025-12-05