

# THE CONCUSSION FOUNDATION

England & Wales · Charity number 1164229

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2015-11-02

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Institute of Sport Exercise & Health  
170 Tottenham Court Road  
London  
W1T 7HA

**Phone** 07535681182

**Email** [info@theconcussionfoundation.org](mailto:info@theconcussionfoundation.org)

**Website** <https://theconcussionfoundation.org/>

## Activities

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**Objects:** TO PRESERVE AND PROTECT GOOD HEALTH FOR THE PUBLIC BENEFIT BY:-(A) PROMOTING THE UNDERSTANDING OF THE EFFECTS OF CONCUSSIONS AND HEAD INJURIES AND ON SPORTSMEN AND SPORTSWOMEN AND THE PREVENTION OF THEM THROUGH RESEARCH AND TO PUBLISH THE USEFUL RESULTS ARISING FROM THE RESEARCH INTO THE PUBLIC DOMAIN;(B)TO ENCOURAGE AWARENESS OF THE RISKS OF CONCUSSIONS AND HEAD INJURIES IN SPORT;(C)TO DO ALL SUCH OTHER THINGS AS SHALL BE THOUGHT FIT TO FURTHER THE INTERESTS OF THE CHARITY OR TO BE INCIDENTAL OR CONDUCIVE TO THE ATTAINMENT OF THE PURPOSE.

**Activities:** Investigating the long-term effects of concussion on men and women who have competed in impact sports, and seeking to establish whether there is an increased incidence of neuro-degenerative disorders, such as Parkinson's Disease, Alzheimer's Disease and the condition currently described as chronic traumatic encephalopathy (CTE).

## Classification

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- **How:** Makes Grants To Organisations, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

## Geography

- Scotland
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£51,146	£142,486	-	-
2024-03-31	£200,099	£117,576	-	-
2023-03-31	£51,211	£95,941	-	-
2022-03-31	£90,444	£51,854	-	-
2021-03-31	£20,038	£9,911	-	-

## Trustees

Name	Role	Appointed
Andrew Charles D'Arcy Lang		2019-04-25
DR Patrick Adrian McGoldrick		2018-10-01
David John Coupland		2019-05-13
Dr Anna-Louise MacKinnon		2019-05-09
Dr Michael Skinner Turner		2026-04-17
Kate Helen O'Neill		2019-04-24
Majid Basheer Hassan		2019-04-25
Phillippa Anne Bester		2018-10-01
Victor Anthony Lennox Goodhew		2018-10-01

**THE CONCUSSION FOUNDATION**

England & Wales - Charity number 1164229

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2025  
for  
THE CONCUSSION FOUNDATION

Sandison Lang Limited  
2 St Marys Road  
Tonbridge  
Kent  
TN9 2LB

THE CONCUSSION FOUNDATION

Contents of the Financial Statements  
for the Year Ended 31 March 2025

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## THE CONCUSSION FOUNDATION

Report of the Trustees  
for the Year Ended 31 March 2025

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### OBJECTIVES AND ACTIVITIES

#### Objectives and aims

The charity works in conjunction with its delivery partner The International Concussion and Head Injury Research Foundation Limited ("ICHIRF") to pursue its charitable objectives.

### ACHIEVEMENT AND PERFORMANCE

#### Charitable activities

The Trustees of the Concussion Foundation are committed to support the research undertaken by ICHIRF, regardless of what sport this involves, It is clear that more research is needed across the board on this topic

### FINANCIAL REVIEW

#### Reserves policy

The charity intends to utilise surplus funds to continue, in conjunction with ICHIRF, the research activities referred to above. The charity is mindful that due to the COVID pandemic, fundraising and income has stalled. However, the policy remains to retain adequate reserves to cover any expenditure over income, until the times improve.

### FUTURE PLANS

The Trustees of the Concussion Foundation are committed to supporting the research undertaken by ICHIRF, regardless of what sport this involves.

With ongoing support from the Racing Foundation, the Concussion Foundation will be able to support ICHIRF throughout 2025 and 2026. During this period, ICHIRF will be undertaking a number of research projects to review the data accumulated over the last 10 years (2015-2025). This will include:

1. An updated analysis of the stored blood samples by Professor Henrik Zetterberg at University College London (UCL),
2. A review of the volunteers who have been screened twice during the 10-year period by Dr Bonnie-Kate Dewar and Dr James Murray (with a gap of approximated 6 years between screening sessions) and
3. The appointment of a postdoctoral researcher at UCL to review all the accumulated neuro-imaging (MRI) data. This post will be for 12 months, starting in September 2025, and will be supervised by Professor Mike Loosemore MBE at UCL.

In Notwithstanding the above Reserves Policy, there has been a negative impact on fundraising due to the pandemic. Refunds from the planned fundraising plans have now been received and the Board remains diligent in sourcing new funding streams.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

The charity is controlled by its governing document, a constitution (which is based on the "Foundation" model constitution) and constitutes a charitable incorporated organisation (CIO).

THE CONCUSSION FOUNDATION

Report of the Trustees  
for the Year Ended 31 March 2025

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REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number  
1164229

Principal address  
ISEH  
170 Tottenham Court Road  
London  
W1T 7HA

Trustees  
A C D Lang  
Dr A Mackinnon  
Mrs K H O'Neill  
M Hassan  
D J Coupland  
P A Bester  
Dr P A McGoldrick  
V A L Goodhew

Approved by order of the board of trustees on 23 June 2025 and signed on its behalf by:

P A Bester - Trustee

THE CONCUSSION FOUNDATION

Statement of Financial Activities  
for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		31,146	20,000	51,146	200,099
<b>EXPENDITURE ON</b>					
Charitable activities					
Grants		30,000	110,500	140,500	111,246
Other		769	1,217	1,986	6,330
Total		30,769	111,717	142,486	117,576
NET INCOME/(EXPENDITURE)		377	(91,717)	(91,340)	82,523
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		202	111,319	111,521	28,998
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>579</u>	<u>19,602</u>	<u>20,181</u>	<u>111,521</u>

The notes form part of these financial statements

THE CONCUSSION FOUNDATION

Balance Sheet  
31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		1,498	20,093	21,591	112,846
<b>CREDITORS</b>					
Amounts falling due within one year	4	(919)	(491)	(1,410)	(1,325)
<b>NET CURRENT ASSETS</b>		<u>579</u>	<u>19,602</u>	<u>20,181</u>	<u>111,521</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>579</u>	<u>19,602</u>	<u>20,181</u>	<u>111,521</u>
<b>NET ASSETS</b>		<u>579</u>	<u>19,602</u>	<u>20,181</u>	<u>111,521</u>
<b>FUNDS</b>					
	5				
Unrestricted funds				579	202
Restricted funds				19,602	111,319
<b>TOTAL FUNDS</b>				<u>20,181</u>	<u>111,521</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 23 June 2025 and were signed on its behalf by:

P A Bester - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no Trustee expenses paid in the year. No Trustee expenses were paid in 2024.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	<u>20,099</u>	<u>180,000</u>	<u>200,099</u>
EXPENDITURE ON			
Charitable activities			
Grants	25,000	86,246	111,246
Other	<u>(530)</u>	<u>6,860</u>	<u>6,330</u>
Total	<u>24,470</u>	<u>93,106</u>	<u>117,576</u>
NET INCOME/(EXPENDITURE)	(4,371)	86,894	82,523
RECONCILIATION OF FUNDS			
Total funds brought forward	4,573	24,425	28,998
TOTAL FUNDS CARRIED FORWARD	<u><u>202</u></u>	<u><u>111,319</u></u>	<u><u>111,521</u></u>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Other creditors	<u>1,410</u>	<u>1,325</u>

5. MOVEMENT IN FUNDS

	At 1/4/24	Net movement in funds	At 31/3/25
	£	£	£
Unrestricted funds			
General fund	202	377	579
Restricted funds			
Restricted	111,319	(91,717)	19,602
	<u>111,521</u>	<u>(91,340)</u>	<u>20,181</u>
TOTAL FUNDS	<u>111,521</u>	<u>(91,340)</u>	<u>20,181</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	31,146	(30,769)	377
Restricted funds			
Restricted	20,000	(111,717)	(91,717)
	<u>51,146</u>	<u>(142,486)</u>	<u>(91,340)</u>
TOTAL FUNDS	<u>51,146</u>	<u>(142,486)</u>	<u>(91,340)</u>

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	4,573	(4,371)	202
Restricted funds			
Restricted	24,425	86,894	111,319
	<u>28,998</u>	<u>82,523</u>	<u>111,521</u>
TOTAL FUNDS	<u>28,998</u>	<u>82,523</u>	<u>111,521</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	20,099	(24,470)	(4,371)
Restricted funds			
Restricted	180,000	(93,106)	86,894
	<u>200,099</u>	<u>(117,576)</u>	<u>82,523</u>
TOTAL FUNDS	<u>200,099</u>	<u>(117,576)</u>	<u>82,523</u>

5. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/23 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	4,573	(3,994)	579
Restricted funds			
Restricted	24,425	(4,823)	19,602
<b>TOTAL FUNDS</b>	<u>28,998</u>	<u>(8,817)</u>	<u>20,181</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	51,245	(55,239)	(3,994)
Restricted funds			
Restricted	200,000	(204,823)	(4,823)
<b>TOTAL FUNDS</b>	<u>251,245</u>	<u>(260,062)</u>	<u>(8,817)</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

THE CONCUSSION FOUNDATION

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2025

	2025 £	2024 £
<b>INCOME AND ENDOWMENTS</b>		
Donations and legacies		
Donations	51,146	200,099
Total incoming resources	51,146	200,099
<b>EXPENDITURE</b>		
Charitable activities		
Grants to institutions	140,500	110,744
Other		
Honorarium fee	-	5,000
Computing	569	-
	569	5,000
Support costs		
Management		
Sundries	-	502
Governance costs		
Accountancy and legal fees	1,417	1,330
Total resources expended	142,486	117,576
Net (expenditure)/income	(91,340)	82,523

This page does not form part of the statutory financial statements

**THE CONCUSSION FOUNDATION**

England & Wales - Charity number 1164229

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# Accounts

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**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2024  
for  
THE CONCUSSION FOUNDATION**

Sandison Lang Limited  
2 St Marys Road  
Tonbridge  
Kent  
TN9 2LB

## THE CONCUSSION FOUNDATION

### Report of the Trustees for the Year Ended 31 March 2024

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The charity works in conjunction with its delivery partner The International Concussion and Head Injury Research Foundation Limited ("ICHIRF") to pursue its charitable objectives.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

The Trustees of the Concussion Foundation are committed to support the research undertaken by ICHIRF, regardless of what sport this involves, It is clear that more research is needed across the board on this topic

#### **FINANCIAL REVIEW**

##### **Financial position**

Notwithstanding the Reserves Policy, there has continued to be a negative impact on fundraising due to the pandemic however the Board remains diligent in sourcing new funding streams. Unrestricted funding for the year has come from an independent donor and JustGiving donations. To the year ahead the trustees are hopeful to source funding from Sporting bodies. Some donations and funds are restricted to support research in specific sports and this is monitored carefully by the Trustees.

##### **Reserves policy**

The charity intends to utilise surplus funds to continue, in conjunction with ICHIRF, the research activities referred to above. The charity is mindful that due to the COVID pandemic, fundraising and income has stalled. However, the policy remains to retain adequate reserves to cover any expenditure over income, until the times improve.

#### **FUTURE PLANS**

The Trustees of the Concussion Foundation are committed to supporting the research undertaken by ICHIRF, regardless of what sport this involves.

Following grants from the Racing Foundation and The Players Foundation, repeat screening of the initial cohort of 166 volunteers - at least 5 years after the initial screening has now recommenced. Together with initial screening of new volunteers to bring the cohort up to the projected 250 total. The initial cohort study (lasting 5 years) is now a longitudinal cohort study that will enable ICHIRF to screen volunteers every 5 years for the foreseeable future.

It is clear from the DCMS Parliamentary review of concussion and safety in sport <https://committees.parliament.uk/committee/378/digital-culture-media-and-sport-committee/news/146543/dcms-committee-to-consider-links-between-sport-and-longterm-brain-injury/> that more and ongoing research is required across the board on this topic.

The Board remains diligent in sourcing new funding streams.

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## THE CONCUSSION FOUNDATION

### Report of the Trustees for the Year Ended 31 March 2024

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#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

The charity is controlled by its governing document, a constitution (which is based on the "Foundation" model constitution) and constitutes a charitable incorporated organisation (CIO).

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Charity number

1164229


##### Principal address

ISEH  
170 Tottenham Court Road  
London  
W1T 7HA

##### Trustees

A C D Lang  
Dr A Mackinnon  
Mrs K H O'Neill  
M Hassan  
D J Coupland  
P A Bester  
Dr P A McGoldrick  
V A L Goodhew

Approved by order of the board of trustees on ...19th November 2024. and signed on its behalf by:



.....

P A Bester - Trustee

**THE CONCUSSION FOUNDATION**

**Statement of Financial Activities  
for the Year Ended 31 March 2024**

	Notes	Unrestricted fund £	Restricted fund £	<b>2024 Total funds £</b>	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		<u>20,099</u>	<u>180,000</u>	<u>200,099</u>	<u>51,211</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Grants		25,000	86,246	111,246	94,198
Other		(530)	6,860	6,330	1,743
<b>Total</b>		<u>24,470</u>	<u>93,106</u>	<u>117,576</u>	<u>95,941</u>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(4,371)</b>	<b>86,894</b>	<b>82,523</b>	<b>(44,730)</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>4,573</u>	<u>24,425</u>	<u>28,998</u>	<u>73,728</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>202</u></u>	<u><u>111,319</u></u>	<u><u>111,521</u></u>	<u><u>28,998</u></u>

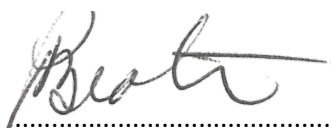
The notes form part of these financial statements

**THE CONCUSSION FOUNDATION**

**Balance Sheet  
31 March 2024**

	Notes	Unrestricted fund £	Restricted fund £	<b>2024 Total funds £</b>	2023 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		<b>997</b>	<b>111,849</b>	<b>112,846</b>	30,248
<b>CREDITORS</b>					
Amounts falling due within one year	4	<b>(795)</b>	<b>(530)</b>	<b>(1,325)</b>	(1,250)
<b>NET CURRENT ASSETS</b>		<b>202</b>	<b>111,319</b>	<b>111,521</b>	28,998
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>202</b>	<b>111,319</b>	<b>111,521</b>	28,998
<b>NET ASSETS</b>		<b>202</b>	<b>111,319</b>	<b>111,521</b>	28,998
<b>FUNDS</b>					
	5			<b>202</b>	4,573
Unrestricted funds				<b>111,319</b>	24,425
Restricted funds					
<b>TOTAL FUNDS</b>				<b>111,521</b>	28,998

The financial statements were approved by the Board of Trustees and authorised for issue on ..19 November 2024.. and were signed on its behalf by:



P A Bester - Trustee

The notes form part of these financial statements

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no Trustee expenses paid in the year. Trustee expenses of £306 were paid in 2023.

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	46,786	4,425	51,211
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Grants	84,198	10,000	94,198
Other	1,743	-	1,743
<b>Total</b>	<b>85,941</b>	<b>10,000</b>	<b>95,941</b>
<b>NET INCOME/(EXPENDITURE)</b>	<b>(39,155)</b>	<b>(5,575)</b>	<b>(44,730)</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	43,728	30,000	73,728
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>4,573</b>	<b>24,425</b>	<b>28,998</b>

THE CONCUSSION FOUNDATION

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Other creditors	<u>1,325</u>	<u>1,250</u>

5. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	At 31/3/24
	£	£	£
<b>Unrestricted funds</b>			
General fund	4,573	(4,371)	202
<b>Restricted funds</b>			
Restricted	24,425	86,894	111,319
<b>TOTAL FUNDS</b>	<u>28,998</u>	<u>82,523</u>	<u>111,521</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	20,099	(24,470)	(4,371)
<b>Restricted funds</b>			
Restricted	180,000	(93,106)	86,894
<b>TOTAL FUNDS</b>	<u>200,099</u>	<u>(117,576)</u>	<u>82,523</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
<b>Unrestricted funds</b>			
General fund	43,728	(39,155)	4,573
<b>Restricted funds</b>			
Restricted	30,000	(5,575)	24,425
<b>TOTAL FUNDS</b>	<u>73,728</u>	<u>(44,730)</u>	<u>28,998</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	46,786	(85,941)	(39,155)
<b>Restricted funds</b>			
Restricted	4,425	(10,000)	(5,575)
<b>TOTAL FUNDS</b>	<u>51,211</u>	<u>(95,941)</u>	<u>(44,730)</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

5. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	At 31/3/24 £
<b>Unrestricted funds</b>			
General fund	43,728	(43,526)	202
<b>Restricted funds</b>			
Restricted	30,000	81,319	111,319
<b>TOTAL FUNDS</b>	<u>73,728</u>	<u>37,793</u>	<u>111,521</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	66,885	(110,411)	(43,526)
<b>Restricted funds</b>			
Restricted	184,425	(103,106)	81,319
<b>TOTAL FUNDS</b>	<u>251,310</u>	<u>(213,517)</u>	<u>37,793</u>

**6. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

## THE CONCUSSION FOUNDATION

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024

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	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	<b>200,099</b>	51,211
<b>Total incoming resources</b>	<b>200,099</b>	51,211
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Grants to institutions	<b>110,744</b>	94,198
<b>Other</b>		
Trustees' expenses	-	306
Honorarium fee	<b>5,000</b>	-
	<b>5,000</b>	306
<b>Support costs</b>		
<b>Management</b>		
Sundries	<b>502</b>	-
<b>Governance costs</b>		
Accountancy and legal fees	<b>1,330</b>	1,437
Total resources expended	<b>117,576</b>	95,941
<b>Net income/(expenditure)</b>	<b>82,523</b>	(44,730)

This page does not form part of the statutory financial statements

**THE CONCUSSION FOUNDATION**

**Contents of the Financial Statements  
for the Year Ended 31 March 2024**

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**THE CONCUSSION FOUNDATION**

England & Wales - Charity number 1164229

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2023  
for  
THE CONCUSSION FOUNDATION

Sandison Lang Limited  
2 St Marys Road  
Tonbridge  
Kent  
TN9 2LB

THE CONCUSSION FOUNDATION

Contents of the Financial Statements  
for the Year Ended 31 March 2023

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# THE CONCUSSION FOUNDATION

Report of the Trustees  
for the Year Ended 31 March 2023

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## OBJECTIVES AND ACTIVITIES

### Objectives and aims

The charity works in conjunction with its delivery partner The International Concussion and Head Injury Research Foundation Limited ("ICHIRF") to pursue its charitable objectives.

## ACHIEVEMENT AND PERFORMANCE

### Charitable activities

The Trustees of the Concussion Foundation are committed to support the research undertaken by ICHIRF, regardless of what sport this involves, It is clear that more research is needed across the board on this topic

## FINANCIAL REVIEW

### Financial position

Notwithstanding the Reserves Policy, there has continued to be a negative impact on fundraising due to the pandemic however the Board remains diligent in sourcing new funding streams. Unrestricted funding for the year has come from an independent donor and JustGiving donations. To the year ahead the trustees are hopeful to source funding from Sporting bodies. Some donations and funds are restricted to support research in specific sports and this is monitored carefully by the Trustees.

### Reserves policy

The charity intends to utilise surplus funds to continue, in conjunction with ICHIRF, the research activities referred to above. The charity is mindful that due to the COVID pandemic, fundraising and income has stalled. However, the policy remains to retain adequate reserves to cover any expenditure over income, until the times improve.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing document

The charity is controlled by its governing document, a constitution (which is based on the "Foundation" model constitution) and constitutes a charitable incorporated organisation (CIO).

## REFERENCE AND ADMINISTRATIVE DETAILS

### Registered Charity number

1164229

### Principal address

ISEH  
170 Tottenham Court Road  
London  
W1T 7HA

THE CONCUSSION FOUNDATION

Report of the Trustees  
for the Year Ended 31 March 2023

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Trustees

A C D Lang

Dr A Mackinnon

Mrs K H O'Neill

M Hassan

D J Coupland

P A Bester

Dr P A McGoldrick

V A L Goodhew

Approved by order of the board of trustees on 17 October 2023 and signed on its behalf by:

P A Bester - Trustee

THE CONCUSSION FOUNDATION

Statement of Financial Activities  
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies		<u>46,786</u>	<u>4,425</u>	<u>51,211</u>	<u>90,444</u>
EXPENDITURE ON Charitable activities					
Grants		84,198	10,000	94,198	50,000
Other		<u>1,743</u>	-	<u>1,743</u>	<u>1,854</u>
Total		<u>85,941</u>	<u>10,000</u>	<u>95,941</u>	<u>51,854</u>
NET INCOME/(EXPENDITURE)		(39,155)	(5,575)	(44,730)	38,590
RECONCILIATION OF FUNDS					
Total funds brought forward		43,728	30,000	73,728	35,138
TOTAL FUNDS CARRIED FORWARD		<u><u>4,573</u></u>	<u><u>24,425</u></u>	<u><u>28,998</u></u>	<u><u>73,728</u></u>

The notes form part of these financial statements

THE CONCUSSION FOUNDATION

Balance Sheet  
31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		5,823	24,425	30,248	74,723
<b>CREDITORS</b>					
Amounts falling due within one year	4	(1,250)	-	(1,250)	(995)
<b>NET CURRENT ASSETS</b>		<u>4,573</u>	<u>24,425</u>	<u>28,998</u>	<u>73,728</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>4,573</u>	<u>24,425</u>	<u>28,998</u>	<u>73,728</u>
<b>NET ASSETS</b>		<u><u>4,573</u></u>	<u><u>24,425</u></u>	<u><u>28,998</u></u>	<u><u>73,728</u></u>
<b>FUNDS</b>					
	5			4,573	43,728
Unrestricted funds				24,425	30,000
Restricted funds				<u>28,998</u>	<u>73,728</u>
<b>TOTAL FUNDS</b>				<u><u>28,998</u></u>	<u><u>73,728</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on 17 October 2023 and were signed on its behalf by:

P A Bester - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

Trustee expenses of £306 were paid to Kate O'Neill in the year for travel to attend a meeting. There were no Trustee expenses paid in 2022.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	60,444	30,000	90,444
EXPENDITURE ON Charitable activities			
Grants	50,000	-	50,000
Other	1,854	-	1,854
Total	51,854	-	51,854
NET INCOME	8,590	30,000	38,590
RECONCILIATION OF FUNDS			
Total funds brought forward	35,138	-	35,138
TOTAL FUNDS CARRIED FORWARD	<u>43,728</u>	<u>30,000</u>	<u>73,728</u>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other creditors	<u>1,250</u>	<u>995</u>

5. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	43,728	(39,155)	4,573
Restricted funds			
Restricted	30,000	(5,575)	24,425
	<u>73,728</u>	<u>(44,730)</u>	<u>28,998</u>
TOTAL FUNDS	<u>73,728</u>	<u>(44,730)</u>	<u>28,998</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,786	(85,941)	(39,155)
Restricted funds			
Restricted	4,425	(10,000)	(5,575)
	<u>51,211</u>	<u>(95,941)</u>	<u>(44,730)</u>
TOTAL FUNDS	<u>51,211</u>	<u>(95,941)</u>	<u>(44,730)</u>

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	35,138	8,590	43,728
Restricted funds			
Restricted	-	30,000	30,000
<b>TOTAL FUNDS</b>	<u>35,138</u>	<u>38,590</u>	<u>73,728</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	60,444	(51,854)	8,590
Restricted funds			
Restricted	30,000	-	30,000
<b>TOTAL FUNDS</b>	<u>90,444</u>	<u>(51,854)</u>	<u>38,590</u>

5. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	35,138	(30,565)	4,573
Restricted funds			
Restricted	-	24,425	24,425
	<u>35,138</u>	<u>(6,140)</u>	<u>28,998</u>
TOTAL FUNDS	<u>35,138</u>	<u>(6,140)</u>	<u>28,998</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	107,230	(137,795)	(30,565)
Restricted funds			
Restricted	34,425	(10,000)	24,425
	<u>141,655</u>	<u>(147,795)</u>	<u>(6,140)</u>
TOTAL FUNDS	<u>141,655</u>	<u>(147,795)</u>	<u>(6,140)</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

THE CONCUSSION FOUNDATION

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

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	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	51,211	90,444
	<u>51,211</u>	<u>90,444</u>
Total incoming resources	51,211	90,444
EXPENDITURE		
Charitable activities		
Grants to institutions	94,198	50,000
Other		
Trustees' expenses	306	-
Computing	-	695
	<u>306</u>	<u>695</u>
Support costs		
Governance costs		
Accountancy and legal fees	1,437	1,159
	<u>1,437</u>	<u>1,159</u>
Total resources expended	95,941	51,854
	<u>95,941</u>	<u>51,854</u>
Net (expenditure)/income	<u>(44,730)</u>	<u>38,590</u>

This page does not form part of the statutory financial statements

**THE CONCUSSION FOUNDATION**

England & Wales - Charity number 1164229

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# Accounts

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**REGISTERED CHARITY NUMBER: 1164229**

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2022  
for  
THE CONCUSSION FOUNDATION**

Sandison Lang Limited  
2 St Marys Road  
Tonbridge  
Kent  
TN9 2LB

**THE CONCUSSION FOUNDATION**

**Contents of the Financial Statements  
for the Year Ended 31 March 2022**

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## **THE CONCUSSION FOUNDATION**

### **Report of the Trustees for the Year Ended 31 March 2022**

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The charity works in conjunction with its delivery partner The International Concussion and Head Injury Research Foundation Limited ("ICHIRF") to pursue its charitable objectives.

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The charity intends to utilise surplus funds to continue, in conjunction with ICHIRF, the research activities referred to above. The charity is mindful that due to the COVID pandemic, fundraising and income has stalled. However, the policy remains to retain adequate reserves to cover any expenditure over income, until the times improve.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a constitution (which is based on the "Foundation" model constitution) and constitutes a charitable incorporated organisation (CIO).

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1164229

##### **Principal address**

ISEH  
170 Tottenham Court Road  
London  
W1T 7HA

##### **Trustees**

A C D Lang  
Dr A Mackinnon  
Mrs K H O'Neill  
M Hassan  
D J Coupland  
P A Bester  
Dr P A McGoldrick  
V A L Goodhew

**THE CONCUSSION FOUNDATION**

**Report of the Trustees  
for the Year Ended 31 March 2022**

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Approved by order of the board of trustees on ...17 June 2022... and signed on its behalf by:



.....  
P A Bester - Trustee

**THE CONCUSSION FOUNDATION**

**Statement of Financial Activities  
for the Year Ended 31 March 2022**

---

	Notes	Unrestricted fund £	Restricted fund £	<b>2022 Total funds £</b>	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		<b>60,444</b>	<b>30,000</b>	<b>90,444</b>	20,038
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Grants		<b>50,000</b>	-	<b>50,000</b>	9,357
Other		<b>1,854</b>	-	<b>1,854</b>	554
<b>Total</b>		<b>51,854</b>	-	<b>51,854</b>	9,911
<b>NET INCOME</b>					
		<b>8,590</b>	<b>30,000</b>	<b>38,590</b>	10,127
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<b>35,138</b>	-	<b>35,138</b>	25,011
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>43,728</b>	<b>30,000</b>	<b>73,728</b>	35,138

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The notes form part of these financial statements

**THE CONCUSSION FOUNDATION**

**Balance Sheet  
31 March 2022**

	Notes	Unrestricted fund £	Restricted fund £	<b>2022 Total funds £</b>	2021 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		<b>44,723</b>	<b>30,000</b>	<b>74,723</b>	35,688
<b>CREDITORS</b>					
Amounts falling due within one year	4	<b>(995)</b>	-	<b>(995)</b>	(550)
<b>NET CURRENT ASSETS</b>		<b>43,728</b>	<b>30,000</b>	<b>73,728</b>	35,138
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>43,728</b>	<b>30,000</b>	<b>73,728</b>	35,138
<b>NET ASSETS</b>		<b>43,728</b>	<b>30,000</b>	<b>73,728</b>	35,138
<b>FUNDS</b>					
Unrestricted funds	5			<b>43,728</b>	35,138
Restricted funds				<b>30,000</b>	-
<b>TOTAL FUNDS</b>				<b>73,728</b>	35,138

The financial statements were approved by the Board of Trustees and authorised for issue on 17 June 2022 and were signed on its behalf by:

  
.....  
P A Bester - Trustee

The notes form part of these financial statements

## THE CONCUSSION FOUNDATION

### Notes to the Financial Statements for the Year Ended 31 March 2022

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#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## THE CONCUSSION FOUNDATION

### Notes to the Financial Statements - continued for the Year Ended 31 March 2022

---

#### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

#### Trustees' expenses

There were no Trustee expenses paid in the year to 31 March 2022 or 31 March 2021.

#### 3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	10,038	10,000	20,038
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Grants	(643)	10,000	9,357
Other	554	-	554
<b>Total</b>	<b>(89)</b>	<b>10,000</b>	<b>9,911</b>
<b>NET INCOME</b>	<b>10,127</b>	<b>-</b>	<b>10,127</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<b>25,011</b>	<b>-</b>	<b>25,011</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>35,138</b>	<b>-</b>	<b>35,138</b>

**THE CONCUSSION FOUNDATION**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022**

**4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	2021
	£	£
Other creditors	<b>995</b>	550

**5. MOVEMENT IN FUNDS**

	At 1/4/21	Net movement in funds	At 31/3/22
	£	£	£
<b>Unrestricted funds</b>			
General fund	<b>35,138</b>	<b>8,590</b>	<b>43,728</b>
<b>Restricted funds</b>			
Restricted	-	<b>30,000</b>	<b>30,000</b>
<b>TOTAL FUNDS</b>	<b>35,138</b>	<b>38,590</b>	<b>73,728</b>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	<b>60,444</b>	<b>(51,854)</b>	<b>8,590</b>
<b>Restricted funds</b>			
Restricted	<b>30,000</b>	-	<b>30,000</b>
<b>TOTAL FUNDS</b>	<b>90,444</b>	<b>(51,854)</b>	<b>38,590</b>

THE CONCUSSION FOUNDATION

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
<b>Unrestricted funds</b>			
General fund	25,011	10,127	35,138
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>25,011</u>	<u>10,127</u>	<u>35,138</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	10,038	89	10,127
<b>Restricted funds</b>			
Restricted	10,000	(10,000)	-
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>20,038</u>	<u>(9,911)</u>	<u>10,127</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	At 31/3/22 £
<b>Unrestricted funds</b>			
General fund	25,011	18,717	43,728
<b>Restricted funds</b>			
Restricted	-	30,000	30,000
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>25,011</u>	<u>48,717</u>	<u>73,728</u>

## THE CONCUSSION FOUNDATION

### Notes to the Financial Statements - continued for the Year Ended 31 March 2022

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#### 5. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	70,482	(51,765)	18,717
<b>Restricted funds</b>			
Restricted	40,000	(10,000)	30,000
<b>TOTAL FUNDS</b>	<u>110,482</u>	<u>(61,765)</u>	<u>48,717</u>

#### 6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

**THE CONCUSSION FOUNDATION**

**Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022**

---

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	<b>90,444</b>	20,038
<b>Total incoming resources</b>	<b>90,444</b>	20,038
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Grants to institutions	<b>50,000</b>	10,000
<b>Other</b>		
Computing	<b>695</b>	-
<b>Support costs</b>		
<b>Finance</b>		
Sundries	-	(643)
<b>Governance costs</b>		
Accountancy and legal fees	<b>1,159</b>	554
Total resources expended	<b>51,854</b>	9,911
<b>Net income</b>	<b>38,590</b>	10,127

This page does not form part of the statutory financial statements

**THE CONCUSSION FOUNDATION**

England & Wales - Charity number 1164229

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# Accounts

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**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2021  
for  
THE CONCUSSION FOUNDATION**

Sandison Lang Limited  
2 St Marys Road  
Tonbridge  
Kent  
TN9 2LB

**THE CONCUSSION FOUNDATION**

**Contents of the Financial Statements  
for the Year Ended 31 March 2021**

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## THE CONCUSSION FOUNDATION

### Report of the Trustees for the Year Ended 31 March 2021

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

The charity works in conjunction with its delivery partner The International Concussion and Head Injury Research Foundation Limited ("ICHIRF") to pursue its charitable objectives.

#### FINANCIAL REVIEW

##### Reserves policy

The charity intends to utilise surplus funds to continue, in conjunction with ICHIRF, the research activities referred to above. The charity is mindful that due to the COVID pandemic, fundraising and income has stalled. However, the policy remains to retain adequate reserves to cover any expenditure over income, until the times improve.

#### FUTURE PLANS

The Trustees of the Concussion Foundation are committed to supporting the research undertaken by ICHIRF, regardless of what sport this involves. It is clear from the DCMS recent Parliamentary review of concussion and safety in sport <https://committees.parliament.uk/committee/378/digital-culture-media-and-sport-committee/news/146543/dcms-committee-to-consider-links-between-sport-and-longterm-brain-injury/> that more research is required across the board on this topic.

Following a grant from the Racing Foundation, Post grad PhD student Dr James Ruffle is preparing the final document for submission and publication to Scientific journal after his analyses of the ICHIRF MRI data to identify a possible brain 'neurosignature' of concussion.

As a result of recent research published in Brain Communications 2021 entitled "White matter abnormalities in active elite adult rugby players" K. A. Zimmerman et al. ICHIRF intend to build on this research by reviewing all the ICHIRF MRI data to establish if these white matter changes are present in our older cohort. The review of MRI data will be done by 2 independent Consultant Neuroradiologists against an agreed protocol and the reviewers will be blinded to our cohort demographic. This will not only establish if the 'structural changes' are present in the ICHIRF cohort but will also provide an opportunity to examine the significance of these findings in relation to the way in which people actually function. Further ICHIRF publications will follow.

In Notwithstanding the above Reserves Policy, there has been a negative impact on fundraising due to the pandemic. Refunds from the planned fundraising plans at the House of Lords have now been received and the Board remains diligent in sourcing new funding streams.

## THE CONCUSSION FOUNDATION

### Report of the Trustees for the Year Ended 31 March 2021

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#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

The charity is controlled by its governing document, a constitution (which is based on the "Foundation" model constitution) and constitutes a charitable incorporated organisation (CIO).

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Charity number

1164229

##### Principal address

ISEH  
170 Tottenham Court Road  
London  
W1T 7HA

##### Trustees

A C D Lang  
Dr A Mackinnon  
Mrs K H O'Neill  
M Hassan  
D J Coupland  
P A Bester  
Dr P A McGoldrick  
V A L Goodhew

Approved by order of the board of trustees on 15.07.21 and signed on its behalf by:

  
.....  
P A Bester - Trustee

**THE CONCUSSION FOUNDATION**

**Statement of Financial Activities  
for the Year Ended 31 March 2021**

	Notes	Unrestricted fund £	Restricted fund £	<b>2021 Total funds £</b>	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		<b>10,038</b>	<b>10,000</b>	<b>20,038</b>	50,922
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Grants		<b>(643)</b>	<b>10,000</b>	<b>9,357</b>	203,938
Other		<b>554</b>	-	<b>554</b>	1,805
<b>Total</b>		<b>(89)</b>	<b>10,000</b>	<b>9,911</b>	205,743
<b>NET INCOME/(EXPENDITURE)</b>		<b>10,127</b>	-	<b>10,127</b>	(154,821)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<b>25,011</b>	-	<b>25,011</b>	179,832
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>35,138</b>	-	<b>35,138</b>	25,011

The notes form part of these financial statements

THE CONCUSSION FOUNDATION

Balance Sheet  
31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	4	-	-	-	6,250
Cash at bank		<u>35,688</u>	-	<u>35,688</u>	<u>19,657</u>
		<b>35,688</b>	-	<b>35,688</b>	25,907
<b>CREDITORS</b>					
Amounts falling due within one year	5	(550)	-	(550)	(896)
<b>NET CURRENT ASSETS</b>		<u>35,138</u>	-	<u>35,138</u>	<u>25,011</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>35,138</u>	-	<u>35,138</u>	25,011
<b>NET ASSETS</b>		<u>35,138</u>	-	<u>35,138</u>	<u>25,011</u>
<b>FUNDS</b>					
Unrestricted funds	6			<u>35,138</u>	<u>25,011</u>
<b>TOTAL FUNDS</b>				<u>35,138</u>	<u>25,011</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 15.07.21 and were signed on its behalf by:

  
.....  
P A Bester - Trustee

The notes form part of these financial statements

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## THE CONCUSSION FOUNDATION

### Notes to the Financial Statements - continued for the Year Ended 31 March 2021

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#### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

##### Trustees' expenses

There were no Trustee expenses paid in the year to 31 March 2021. £909 was paid in the year ended 31 March 2020.

#### 3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	50,922	-	50,922
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Grants	29,106	174,832	203,938
Other	1,805	-	1,805
<b>Total</b>	<u>30,911</u>	<u>174,832</u>	<u>205,743</u>
<b>NET INCOME/(EXPENDITURE)</b>	20,011	(174,832)	(154,821)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	5,000	174,832	179,832
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>25,011</u>	<u>-</u>	<u>25,011</u>

THE CONCUSSION FOUNDATION

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

<b>4. DEBTORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR</b>		<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
Other debtors		-	6,250
		<u>          </u>	<u>          </u>
<b>5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>		<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
Other creditors		550	896
		<u>          </u>	<u>          </u>
<b>6. MOVEMENT IN FUNDS</b>			
		Net	
	At 1/4/20	movement	At
	£	in funds	31/3/21
		£	£
<b>Unrestricted funds</b>			
General fund	25,011	10,127	35,138
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<b>25,011</b>	<b>10,127</b>	<b>35,138</b>
	<u>          </u>	<u>          </u>	<u>          </u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	10,038	89	10,127
<b>Restricted funds</b>			
Restricted	10,000	(10,000)	-
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<b>20,038</b>	<b>(9,911)</b>	<b>10,127</b>
	<u>          </u>	<u>          </u>	<u>          </u>

THE CONCUSSION FOUNDATION

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

6. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/19 £	Net movement in funds £	At 31/3/20 £
<b>Unrestricted funds</b>			
General fund	5,000	20,011	25,011
<b>Restricted funds</b>			
Restricted	174,832	(174,832)	-
<b>TOTAL FUNDS</b>	<u>179,832</u>	<u>(154,821)</u>	<u>25,011</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	50,922	(30,911)	20,011
<b>Restricted funds</b>			
Restricted	-	(174,832)	(174,832)
<b>TOTAL FUNDS</b>	<u>50,922</u>	<u>(205,743)</u>	<u>(154,821)</u>

THE CONCUSSION FOUNDATION

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/19 £	Net movement in funds £	At 31/3/21 £
<b>Unrestricted funds</b>			
General fund	5,000	30,138	35,138
<b>Restricted funds</b>			
Restricted	174,832	(174,832)	-
<b>TOTAL FUNDS</b>	<u>179,832</u>	<u>(144,694)</u>	<u>35,138</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	60,960	(30,822)	30,138
<b>Restricted funds</b>			
Restricted	10,000	(184,832)	(174,832)
<b>TOTAL FUNDS</b>	<u>70,960</u>	<u>(215,654)</u>	<u>(144,694)</u>

**THE CONCUSSION FOUNDATION**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021**

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**7. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

## THE CONCUSSION FOUNDATION

### Detailed Statement of Financial Activities for the Year Ended 31 March 2021

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	2021 £	2020 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	<b>20,038</b>	50,922
<b>Total incoming resources</b>	<b>20,038</b>	50,922
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Grants to institutions	<b>10,000</b>	200,829
<b>Other</b>		
Trustees' expenses	-	909
<b>Support costs</b>		
<b>Management</b>		
Advertising	-	1,800
<b>Finance</b>		
Sundries	<b>(643)</b>	1,309
<b>Governance costs</b>		
Accountancy and legal fees	<b>554</b>	896
Total resources expended	<b>9,911</b>	205,743
<b>Net income/(expenditure)</b>	<b>10,127</b>	<b>(154,821)</b>

This page does not form part of the statutory financial statements