

TIMEOUT COUNSELLING

England & Wales · Charity number 1164176

Details

Status Registered

Legal form CIO

Registered 2015-10-30

Register [View on the Charity Commission register](#)

Contact

Address 9 Palmer House
Coventry
CV11HL

Phone 07936525668

Email info@timeoutcounselling.org.uk

Website <http://www.timeoutcounselling.org.uk>

Activities

Objects: THE RELIEF OF THE PHYSICAL AND MENTAL DISTRESS OF LGBT PERSONS AND PERSONS IN THE WIDER COMMUNITY, IN PARTICULAR BY THE PROVISION OF COUNSELLING AND SUPPORT TO PROVIDE TRAINING TO COUNSELLORS AND OTHER RELEVANT ORGANISATIONS AROUND TOPICS OF LGBT AND OTHER GENDER AND SEXUAL DIVERSITIES (GSD).

Activities: Timeout is based in Coventry and offers free and low-cost counselling. Our counsellors have experience in many areas of need ? gender identity, sexuality, anxiety, bereavement, hurts from the past, low self-esteem, depression, marriage difficulties and so forth. Counsellors are all trained or are currently in training and are registered with a counselling-accreditation body such as BACP or UKCP.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Birmingham City
- Coventry City
- Leicestershire
- Solihull
- Warwickshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	-	-	-	-
2024-03-31	-	-	-	-
2023-03-31	-	-	-	-
2022-03-31	-	-	-	-
2021-03-31	-	-	-	-
2019-03-31	£9,277	£9,800	-	-
2018-03-31	£6,094	£4,255	-	-
2017-03-31	£3,558	£1,858	-	-
2016-07-31	£1,639	£753	-	-

Trustees

Name	Role	Appointed
CAROLINE POTTER		2015-09-01
Dr LJ POTTER		2015-09-01
JANEY ANN LANSDELL		2015-09-01
Jessica Howman		2017-07-07