



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	04	2019		31	03	2020

Section A Reference and administration details

Charity name

The New Tavistock Youth Cafe

Other names charity is known by

Registered charity number (if any)

1164173

Charity's principal address

Unit 6, Pixon Court,

TAVISTOCK

Devon

Postcode

PL19 9AZ

Names of the charity trustees who manage the charity

Trustee name

Office (if any)

Dates acted if not for whole year

Name of person (or body) entitled to appoint trustee (if any)

1 Mrs Mandy Victoria Louise Ewings

Chair

2 Ms Cathryn Louise Gristy

3 Mr Stephen Hugh Grummitt

Secretary

4 Dr Jon Ord

6 Mr Harry E O Walker

Treasurer

7 Mr Alan Wroath

Vice Chair

8 Mr Frederick Neil Edward Harper

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name

Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Mrs Vicki Lloyd-Walsh Manager

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution agreed October 15th 2015

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Every trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- (a) a copy of the current version of this constitution; and
- (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

They will provide such training as the new Trustee requires.

All Trustees will be DBS checked in accordance with our Safeguarding Policy.

The Trustees employ a Manager and Youth Workers to run and develop programmes within the organisation.

The Manager works closely with the Vice Chair of the Trustees in her work. Her salary is fixed annually by comparison with comparable posts in the public sector.

The Trustees understand the risks of an organisation dependent on grants, lettings and fund-raising. They seek to be proactive in seeking sources of funding especially related to the Covid emergency, recognising the severe impact this has had on young people.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Our objects remain the same, namely:

to act as a resource for young people aged between 11 and 19 living in West Devon by providing advice and assistance and organising programmes of physical, educational and other activities as a means of: (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; (b) advancing education; (c) relieving unemployment; (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

New Tavistock Youth Café AGM Report 2020-21

It has been a rollercoaster of a year during an incredibly difficult time for the world, including our small corner of it!

However, we are emerging from the Covid-19 pandemic as a new version of the old Youth Café. Initially in March our only option was to close our doors to all young people as the National Youth Agency worked to guide us. This was quite distressing for young people and workers alike; we were aware that some of the more vulnerable members would be in difficult family situations, including food poverty and the risk of going out of 'sight'.

To help deal with this issue we identified the individuals who could be affected and TYC was able to donate a mobile phone to a vulnerable young person who had no other means of contact and provide food vouchers to some families, whilst they got to grips with their finances. We were also able to donate refurbished laptops to two students.

Following that apart from a few zoom meetings and online training we were unable to work until June.

During the furlough period we were approached by the Primary Care Network, who had an opportunity to fund a post for a 'Young People's Health and Wellbeing Coach', for 29hrs a week. Their thinking was that it would be better going to an organisation which was already doing 1-2-1 support and other work with Young People.

We took this opportunity and split the post so that we now have two Health and Wellbeing coaches.

Our new role is to work with young people who are being referred to us via the GPs surgeries, bridging the gap between the GP and CAHMS. We also still have referrals from Tavistock College and Social Workers. Our post has become stretched due to demand and we are now working on developing specific support sessions for groups with anxiety and panic attacks as this makes up a lot of our referrals. We are working closely with Tavistock College to ensure young people are getting the right amount of support.

The aim of our targeted work is to give young people a person who is neutral to talk to. We can help with advice, support and give them achievable goals to aim for.

This support includes:

- Career and further education advice (helping to make applications)

- Helping with coping strategies
- Referrals to other agencies, such as 'Jeremiah's Journey', 'The Zone' 'Live Wire Counsellors'
- Attending TAF and Child in Need meetings
- College meetings
- Engaging with parents and Heads of Year

Youth Café Sessions

All sessions restarted in July 2020 when we were allowed to start meeting in small groups outside.

Momentum

This is our project for students who are being home-educated for whatever reason or who are at risk of permanent exclusion. We have a new member of staff who has a very interesting background in Festival Art, teaching children in foreign countries and has a great rapport with young people.

Sessions included:

- Moorland walking
- Burrator for Campfire cooking and Den building
- The indoor climbing Barn
- Spray painting in the park
- Beach combing at Seaton
- Lantern making with an artist from DAISI

And we have new projects in the pipeline for the Spring and Summer.

Thursdays Zephyr Music Project

This became an outdoor session which met in the Bandstand in the Tavistock Meadows or on the grass depending on the weather. Young people brought their guitars and Jam. The emphasis was more on keeping them connected through a common interest rather than teaching (as this is more difficult outside with less equipment).

Using extra funding from the Lottery to ensure sessions could remain open, we were able to pay our long-standing volunteers to do extra sessions online. This has been an interesting twist to the Zephyr project, not all young people wanted to take part but we had our core group which took part in quizzes, origami, music conversation and a lot of banter.

We resumed meeting in the TYC as soon as we were permitted.

Friday sessions

Fridays became outdoor sessions in the park.

We took a variety of games to the park, volley ball, badminton, football, diablo, juggling etc. This was difficult to begin with as there was a lot of fear around people touching equipment that others had touched. We had a lot of disinfectant wipes and hand sanitiser, but we manged. It became easier when we were allowed to have as many young people as we liked outdoors. Youth workers have been vaccinated and young people are being regularly tested.

Fridays' sessions also went online during the Winter lockdown, again we only had a core group taking part, but it was important to them to keep the contact going on a regular basis.

We also did weekly detached work during lockdowns. During the last lockdown we continued to meet young people by visiting them outside their home and going out from walks. This has worked well and we have continued to do this during the Easter holiday.

We see young people from all over the area, we have been visiting in Princetown, Liffon, Peter Tavy, Sourton, Horrabridge and Tavistock.

Workshops

During the last lockdown we got involved with 'Paint the Town' and worked alongside West Devon Arts to teach young people how to make Willow sculptures. The result was a tree in the churchyard decorated with colourful stars.

Food Parcels

We were offered the chance to get involved with a food parcel project where young people could have a food box, which had ingredients and recipe cards inside. The idea was to cleverly get food into houses whilst not offering charity and encouraging families to cook together. The Youth Café

asked for 12 boxes, after identifying families who would benefit the most. The response was brilliant, the families were grateful, and the young people cooked and sent us photos.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The charity does not make grants or make investments.

Volunteers make an important contribution to our Youth Sessions, supporting Youth Workers and, especially, tutors in the Zephyr Music sessions. Other organisations that use the facility depend on volunteers and they are an increasingly important resource as we expand our provision.

Developing our volunteers is a key aim and target for our work with the West Devon Youth Project.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The biggest success was in maintaining some support for young people throughout lockdown and by innovative strategies, opening up different ways of engaging young people and simply being there for them. See the full report above.

We have also managed to keep the Youth Café on a sound financial footing despite the pressures of the Pandemic.

The most significant change in our way of operating has proved very successful, namely one-to-one work, funded by the Primary Care Network. This has enabled us to extend our support for young people with mental health needs, a major concern throughout the pandemic. Evaluation shows that this has been valued by young people and in several cases made a real difference to their state of mind.

The appointment of another member of staff has created a team approach to our work which also has the effect of making the organisation more dynamic. It has made the New Tavistock Youth Café a much more extensive operation that has considerably more capacity to support young people in this area.

We have followed all the guidelines at different times throughout the year, maintaining safe practices and keeping young people and youth workers as free from Covid as was possible. This is a theme of our report.

We have continued to work with other Youth Centres in our area as far as has been possible, to enhance and extend current provision and develop activities and good practice with our partners in West Devon.

Section E

Financial review

Brief statement of the charity's policy on reserves

The New Tavistock Youth Café aims to hold at least £10,000 in reserve at any one time.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity is dependent on fund raising and has no guaranteed funding in any one year. We have been successful in achieving funding from Space (formerly the Devon Youth Service) from the Law Foundation, Tavistock Town Council, Devon CC, the Big Lottery and other smaller groups and funds.

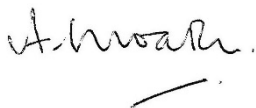
Our current financial position is sound despite the Covid restrictions, however, the Trustees recognize that success with bids for grants and our own fundraising is crucial in the longer term.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Alan Wroath

Position (eg Secretary, Chair, etc)

Chair

Date

28.12.2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

New Tavistock Youth Café
1164173

No (if any)

Receipts and payments accounts

CC16a

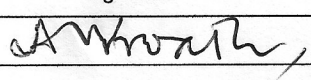
For the period from	Period start date 01/04/2020	To	Period end date 31/03/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
GRANTS	34,860	12,130		46,990	35,128
DONATIONS	11,367			11,367	17,882
OTHER	118			118	1,879
YOUTH WORKER TIME	14,155			14,155	2,939
TRIPS	-			-	695
FUNDRAISING	-			-	571
RENT + EQUIPMENT HIRE	-			-	2,383
	-	-	-	-	-
Sub total (Gross income for AR)	60,500	12,130	-	72,630	61,477
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	60,500	12,130	-	72,630	61,477
A3 Payments					
TRIPS	988			988	2,687
ACTIVITIES	1,914			1,914	3,279
TUCK	-			-	785
FUNDRAISING	-			-	145
OVERHEADS	40,852	11,592		52,444	49,472
OTHER	280			280	1,323
Sundry	2			2	
	-	-	-	-	-
	-	-	-	-	-
Sub total	44,036	11,592	-	55,628	57,691
A4 Asset and investment purchases, (see table)					
Equipment		2,722		2,722	479
Sub total		2,722		2,722	479
Total payments	44,036	14,314		58,350	58,170
Net of receipts/(payments)	16,464	- 2,184		14,280	3,307
A5 Transfers between funds					
A6 Cash funds last year end	6,454	5,804		12,258	8,951
Cash funds this year end	22,918	3,620		26,538	12,258

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	22,794	3,620	-
	Petty Cash	124	-	-
		-	-	-
	Total cash funds	22,918	3,620	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Office Equipment	Unrestricted	-	3,575
	Furniture & Fixtures	Unrestricted	-	9,500
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		ALAN WROATH	20.12.2021



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name

New Tavistock Youth Cafe

**On accounts for the year
ended**

31 March 2021

**Charity no
(if any)**

1164173

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2021.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Beverley Hughes

Date:

26/11/2021

Name:

Beverley Hughes

**Relevant professional
qualification(s) or body
(if any):**

Address:

7 Trinity Close, Bere Alston, Yelverton, Devon, PL20 7BD

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.