

**Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)**

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2023

"Charity Commission Copy"
Registered Charity Number: 1164121

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

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for the Year Ended 31 March 2023

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Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Report of the Trustees
for the Year Ended 31 March 2023

The Trustees present their report together with financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1164121

Principal Address

PO Box 106
Darlington
Co. Durham
DL3 7YS

Trustees

Katie Joanne Bradshaw
Nicole Westmarland
Diane Leer MA
Jessica Harwood Purkiss - Resigned 23/05/2022
Deborah Lewis-Bynoe
Geetanjali Gangoli
Phillipa Kyle - appointed 07/11/2022
Rachel Snaith - appointed 07/11/2022

Bankers

Co-Operative Bank

Chief Executive Officer

Isabel Owens

Independent Examiner

Mrs Jane Bennett FCA
Anderson Barrowcliff LLP
Chartered Accountants
3 Kingfisher Court
Bowesfield Park
Stockton on Tees TS18 3EX

OBJECTIVES AND ACTIVITIES - Objectives and Aims

The Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) (RSACC) offers free confidential counselling and support to survivors who have experienced any form of sexual violence.

We work to end rape and sexual violence in Darlington and County Durham by supporting survivors of sexual violence. We offer free, safe support to anyone who has experienced any form of sexual violence at any time in their lives.

The principle charitable objects of RSACC are:

- 1 To relieve the distress of individuals in County Durham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment – in particular, but not exclusively by the following means:-
 - (a) the provision of a confidential face to face and telephone counselling service;
 - (b) the provision of a centre specifically for women and girls needing further support;
 - (c) by referring with permission those clients needing help of a more specialist nature.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Report of the Trustees
for the Year Ended 31 March 2023

OBJECTIVES AND ACTIVITIES - continued

- 2 To educate the public and undertake research into the subject of sexual abuse and to disseminate the useful results thereof.
- 3 Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

ACHIEVEMENTS AND PERFORMANCE

This year RSACC has supported 888 survivors of sexual violence across Darlington and County Durham, a 22% increase when compared to the previous year, meaning we have been able to ensure more survivors across the area get the specialist support they need. Our Independent Sexual Advisor Service (ISVA) has supported 395 survivors, 55 have been supported through our groups and 438 through our counselling service. Our Emotional Support Line continues to offer anonymous support for survivors living with the long term impacts of sexual violence and has supported 151 calls in the past year.

One of the biggest challenges we face is that demand for support is far higher than we have capacity to reach. Our capacity is limited by the level and length of funding from grants and commissioned services, particularly within our counselling service. This year we received 544 referrals, which although is a slight drop from the previous years numbers, is still far higher than we have the capacity to support leading to high waiting lists. To meet this demand we have worked to expand the capacity and reach of our services, as well as introducing new ways of working and services to support survivors in new ways.

This year RSACC was successful in securing contract with the Durham Office of the Police and Crime Commissioner (PCC) to provide the ISVA for survivors of sexual violence for the area. Our ISVA service is commissioned for 3 years to provide emotional and practical support to survivors going through the criminal justice system. This service has been particularly important for survivors over the past year as long delays in the criminal justice system continue, meaning survivors often need more intensive support for longer. A grant from the PCC has enabled us to expand our ISVA provision to support more children and young people through a full time CISVA, who has specialist skill and expertise with this age group.

We have also secured a contract from the PCC to fund a proportion of our counselling service for survivors of sexual violence for 3 years. We also have a contract with Durham University to provide counselling to their staff and students. This year we have grown our counselling service to support more children and young people and invested in training for more counsellors in working with children. This has been supported through grants from Children in Need and a grant from the PCC.

Our largest grant continues to be The Rape & Sexual Abuse Support Fund, awarded by the Ministry of Justice is a 3-year core fund which commenced on 1st April 2019. This grant was extended by the Ministry of Justice to continue to support our counselling services for survivors and core costs for a further year in 2022/23. In addition, grants from the Lloyds Bank Foundation and the Bernicia Foundation to support our core costs helped us respond to this demand, supporting services for survivors and our organisational resilience.

This year we have developed our group provision, in partnership with survivors and launched a new model of group support which combines psychoeducation with peer support. This has been enabled through a grant through County Durham Community Foundation's NHS Community Connector Programme which allowed us to employ a Group Coordinator who has delivered the groups to survivors across Darlington and Durham. We have also developed and launched a new group programme for parents and carers of children and young people who have experienced sexual abuse, with the support of a grant from the PCC.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Report of the Trustee
for the Year Ended 31 March 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Our work with survivors over this year has been supported by 12 brilliant volunteers. They have given their time to support survivors through counselling and groups, as well as our Emotional Support Line, which we wouldn't be able to offer without their support. Following a drop of volunteers during the pandemic we have worked hard to review and develop our volunteer recruitment and training and have successfully recruited 7 new volunteers this year who are now supporting survivors. This has been enabled through grants from the James Knott Trust, the Social Enterprise Support Fund and the Postcode Neighbourhood Trust.

Finally, we have also worked this year to increase our income from unrestricted sources so we can support more survivors. We have developed a new training offer, with the support of a grant from the Social Enterprise Fund. This has enabled us to expand our training offer to individuals and organisations as a source of income we hope to grow in the coming years. We have also increased our fundraising activity and income through donations. This year this included hosting a performance of Lasagna by Open Clasp, the cost of which was supported through a grant from Darlington for Culture. Events like this give us the opportunity to raise awareness of sexual violence and increase our income through donations.

FINANCIAL REVIEW

Reserves Policy

The trustees have set a reserves policy which requires:-

- Reserves to be maintained at a level which ensures 6 months organisation core activity could continue during a period of unforeseen difficulty.
- RSACC will provide goodwill in respect of 8 weeks gross redundancy pay for staff in existing roles (funding permitting) in circumstances where the statutory requirement is less; otherwise the statutory requirement applies.
- A proportion of reserves be maintained in a readily realisable form.

The charity made a surplus of £18,631 (2022: surplus £4,824) during the year on unrestricted funds and a deficit of £29,375 (2022: deficit of £14,775) on restricted funds before transfers. At the year-end the restricted funds stood at £70,413 (2022: £99,788) and the unrestricted funds were £411,307 (2022: £392,676).

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO was incorporated on 26 October 2015 (registered charity number 1164121) and the assets and liabilities of the unincorporated charity which totalled £223,519 were transferred to the CIO on 31 March 2016.

Overall management for the charity is the responsibility of the trustees. The trustees collectively are responsible for ensuring that RSACC is well run, that resources are managed responsibly, and that services are in line with RSACC's objectives. The trustees are responsible for appointing a CEO, Isabel Owens, who is responsible for leading and managing RSACC's service delivery and income generation activities.

Governing document

The Charitable Incorporated Organisation's governing document is its constitution which was registered on the 26 October 2015 and adopted on 1 April 2016.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Report of the Trustee
for the Year Ended 31 March 2023

Appointment, Induction and training of trustees

Trustees are identified by both open and targeted recruitment aimed at ensuring an appropriate balance of skills and experience. Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. Trustees are required to undertake annual training.

The members of the CIO at any point in time shall be the same persons as its charity trustees at that time. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.

Board Meetings

The Trustees hold Board Meetings every 6-8 weeks where key decisions around governance are made and recorded in the minutes. Any decisions taken more urgently within this timeframe are evidenced and included in the minutes at the following meeting. The Board must be quorate for decisions to be valid. A forward plan of agenda items is maintained to ensure that the trustees regularly consider all aspects of RSACC strategic and operational activity.

Arrangements for setting pay of key management personnel

Pay increases are discussed and approved by the Board in preparation for the financial year.

Risk Management

The principal risks to the charity are outlined in the RSACC Risk Register. A review of the Risk Register is a standing agenda item at all Board meetings. Sustainability always features as a significant risk in terms of loss of funding due to the high percentage of short-term funding streams and contracts. RSACC has an ongoing funding strategy and action plan to mitigate the loss of funding.

Future Plans

Our future plans are outlined in our new 5 year Strategy, launched in July 2023. The strategy outlines our 4 organisational goals of meeting the needs of survivors; influencing, activism and expertise; financial freedom and an organisation fit for the future. These goals are underpinned by the key pillars of centering survivor voice and equality, diversity and inclusion. Progress against the delivery of our strategy is overseen by our Board of Trustees.

Our biggest challenge remains the demand for support from survivors, which far outstrips our current capacity. We are working to grow our income so we can increase capacity to support more survivors, alongside developing new ways of working and services so we can reach more survivors with support that meets their diverse needs. We are also using our expertise and the voice of survivors to ensure survivors are believed and supported by local systems and organisations and that society's attitudes towards sexual violence positively change in Darlington and County Durham.

TRUSTEE STATEMENT

In setting our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission guidance on public benefit.

Approved by order of the board of trustees on08/01/24..... and signed on its behalf by:

Katie Bradshaw
Trustee



Independent Examiner's Report to the Trustees of
Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Independent Examiner's Report to the Trustees of Rape and Sexual Abuse Counselling Centre.

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 6 to 17.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of your charity's accounts as carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anderson Barrowcliff LLP

Mrs Jane Bennett FCA
Anderson Barrowcliff LLP
Chartered Accountants
3 Kingfisher Court
Bowesfield Park
Stockton on Tees
TS18 3EX

Date: 16.1.24

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Restricted Funds £	Unrestricted Funds £	2023 Total £	2022 Total £
INCOME FROM:					
Donations and legacies	2	457,325	50,562	507,887	635,579
Charitable activities	3	-	311,219	311,219	63,017
Investment income – bank interest		-	1,688	1,688	702
Total income		<u>457,325</u>	<u>363,469</u>	<u>820,794</u>	<u>699,298</u>
EXPENDITURE ON:					
Charitable activities	4	<u>(480,962)</u>	<u>(350,576)</u>	<u>(831,538)</u>	<u>(709,249)</u>
NET MOVEMENT IN FUNDS/NET (EXPENDITURE)/INCOME FOR YEAR		<u>(23,637)</u>	<u>12,893</u>	<u>(10,744)</u>	<u>(9,951)</u>
Transfers	11	<u>(5,738)</u>	<u>5,738</u>	<u>-</u>	<u>-</u>
		<u>(29,375)</u>	<u>18,631</u>	<u>(10,744)</u>	<u>(9,951)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>99,788</u>	<u>392,676</u>	<u>492,464</u>	<u>502,415</u>
TOTAL FUNDS CARRIED FORWARD	11	<u><u>70,413</u></u>	<u><u>411,307</u></u>	<u><u>481,720</u></u>	<u><u>492,464</u></u>

The notes form part of the statutory financial statements

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Balance Sheet
At 31 March 2023

	Notes	£	2023	£	£	2022	£
FIXED ASSETS							
Tangible assets	8			3,910			7,410
CURRENT ASSETS							
Debtors	9	15,143			2,265		
Cash at bank		503,977			491,339		
			519,120			493,604	
CREDITORS							
Amounts falling due within one year	10	41,310			8,550		
NET CURRENT ASSETS				477,810			485,054
TOTAL ASSETS LESS CURRENT LIABILITIES				481,720			492,464
FUNDS							
Restricted funds	11	70,413			99,788		
Unrestricted funds	11	411,307			392,676		
TOTAL FUNDS				481,720			492,464

The financial statements were approved by the Board of Trustees on 08/01/24 2024 and were signed on its behalf by:

Katie Bradshaw
Trustee



The notes form part of the statutory financial statements

Rape and Sexual Abuse Counselling Centre

(Darlington and County Durham)

Statement of Cash Flow
At 31 March 2023

	Note	2023 £	2022 £
Cash flow from operating activities:	15	12,589	(635)
Cash flow from investing activities			
Payments to acquire tangible fixed assets		(1,638)	(4,941)
Interest received		1,687	702
Net cash flow from investing activities		49	(4,239)
Net increase in cash and cash equivalents		12,638	(4,874)
Cash and cash equivalents at 1 April 2022		491,339	496,213
Cash and equivalents at 31 March 2023		503,977	491,339
Cash and cash equivalents consist of:			
Cash at bank and in hand		503,977	491,339
Short term deposits		-	-
Cash and cash equivalents at 31 March 2023		503,977	491,339

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Notes to the Financial Statements
for the Year Ended 31 March 2023

1 ACCOUNTING POLICIES

(a) General information and basis of preparation

Rape and Sexual Abuse Counselling Centre is a charitable incorporated organisation in England. The principal address is given in the Charity information on page 1 of these financial statements. The nature of activities are shown in the Trustees' Report.

The Charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice Standard applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 published in October 2019 rather than the accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the Charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

(c) Income

Items of income are recognised and included in the accounts when all the following criteria are met:

- The charity have entitlement to the funds.
- Any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity.
- There is sufficient certainty that receipt of the income is considered probable; and
- The amount can be measured reliably.

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. There is no netting off within the accounts.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Notes to the Financial Statements
for the Year Ended 31 March 2023

(d) **Expenditure**

Expenditure is recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. It includes attributable VAT which cannot be recovered.

Charitable expenditure comprises those costs incurred by the company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office and governance costs.

Governance costs include those incurred in the governance of the charity which are associated with the constitutional and statutory requirements.

(e) **Tangible Fixed Assets**

Tangible fixed assets are stated at cost, less depreciation. Assets costing less than £250 are not capitalised.

Depreciation is provided at the following rates calculated to write off the cost of fixed assets over their expected useful life:-

Office Equipment	- Equipment	- 33% on cost per annum
	- Fixtures and Fittings	- 25% on cost per annum

(f) **Debtors**

Trade and other debtors are recognised at the settlement amount.

(g) **Cash at Bank**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(h) **Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

(i) **Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

(j) **Taxation**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

(k) **Pension Costs and Other Post-Retirement Benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

(l) **Redundancy Payments**

Redundancy payments are recognised when there is a constructive liability to make the payment.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Notes to the Financial Statements
for the Year Ended 31 March 2023

(m) **Going Concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 DONATIONS AND LEGACIES

	Restricted £	Unrestricted £	Total 2023 £	Total 2022 £
<u>Grants</u>				
County Durham Community foundation connector	5,000	-	5,000	-
Durham PCVC ISVA Grant	-	-	-	238,370
County Durham Community Foundation – NHS Community Connector	-	-	-	24,295
Bernica Foundation	-	-	-	5,000
CISVA	40,135	-	40,135	-
Lloyds Bank Foundation	-	27,250	27,250	-
Children in Need	33,608	-	33,608	21,746
Cummins	4,156	-	4,156	-
Henry Smith Charity	-	-	-	24,650
MOJ Rape Support Fund	224,405	-	224,405	123,868
MOJ Covid Fund	-	-	-	61,934
Postcode Trust	9,642	-	9,642	-
CDCF- Individual Grant	-	274	274	-
Digital Capacity Grant	-	-	-	700
Durham PCC – Counselling Grant	88,626	-	88,626	85,164
Durham PCC- Families Grant	7,110	-	7,110	-
Durham PCVC NHS SAS Grant	9,307	-	9,307	21,996
Darlington for Culture	500	-	500	-
Social Enterprise Support Fund	34,636	-	34,636	-
Hadrian's Trust	-	-	-	1,000
Sir James Knott Trust	-	-	-	11,640
	457,125	27,524	484,649	620,363
<u>Donations</u>				
Just Giving	-	16,584	16,584	14,766
Penelope Martin Trust	-	4,500	4,500	-
Sundry donations	-	1,954	1,954	450
Peer Support Group Donation	200	-	200	-
	200	23,038	23,238	15,216
	457,325	50,562	507,887	635,579

In 2022 all of the grants related to restricted funds and £14,396 of donations related to unrestricted funds and £820 related to restricted funds.

Rape and Sexual Abuse Counselling Centre
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Notes to the Financial Statements
for the Year Ended 31 March 2023

3 CHARITABLE ACTIVITIES

	All Unrestricted	Total
	Total 2023	Total 2022
	£	£
Training	1,950	2,377
Durham University	45,903	49,965
Online Chat	1,278	9,925
HM Prison & Probation Service	-	750
PCC Counselling	37,439	-
Durham PCC	3,600	-
PCC ISVA	221,219	-
	<u>311,219</u>	<u>63,017</u>

In 2022 £47,965 of charitable activities income related to restricted funds and £15,052 related to unrestricted funds.

4 CHARITABLE ACTIVITIES COSTS

Direct costs (See note 5)	Support costs (See note 5)	2023 Totals	2022
£	£	£	£
758,215	73,323	<u>831,538</u>	<u>709,249</u>

5 DIRECT & SUPPORT COSTS

	2023	2022
	£	£
Direct		
Wages	613,132	518,042
Social Security	47,320	37,986
Pensions	36,868	26,661
Temporary Staff – CEO	17,010	23,370
Supervision	15,655	13,677
Training	10,323	13,843
Travel & Subsistence	3,697	1,150
Outreach	14,210	9,870
Counselling	-	2,094
	<u>758,215</u>	<u>646,693</u>

Rape and Sexual Abuse Counselling Centre
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Notes to the Financial Statements
for the Year Ended 31 March 2023

5 DIRECT & SUPPORT COSTS - continued

	2023 £	2022 £
Support		
Rent, rates and water	21,518	17,509
Insurance	4,347	2,554
Telephone	10,772	13,133
Postage & stationery	1,259	780
Advertising	1,135	1,851
Sundries	7,638	5,664
IT Costs	12,600	6,353
Book-keeping costs	2,628	3,112
Depreciation	5,139	4,240
Governance Costs		
Independent Examiners fee	3,200	2,062
Legal & professional fees	3,087	5,298
	73,323	62,556

In 2022 £683,923 of the charitable activity costs related to restricted expenditure and £25,326 related to unrestricted expenditure.

6 TRUSTEES' AND KEY MANAGEMENT PERSONNEL REMUNERATION & EXPENSES

The total amount of employee benefits received by key management personnel is £54,019 (2022: £94,229). The Trustees considers the key management personnel to be the Chief Executive Officer and the Deputy Chief Executive Officer.

No trustees' remuneration was paid in the years ended 31 March 2023 or 31 March 2022. No trustees travel expenses were paid in year ended 31 March 2023 or 31 March 2022.

7 STAFF COSTS

	2023 £	2022 £
Wages and salaries	613,132	504,543
Redundancy costs	-	15,420
Social security costs	47,320	36,065
Other pension costs	36,868	26,661
	697,319	582,689

The average monthly number of employees during the year was 29 (2022: 26).

No employees received emoluments in excess of £60,000.

**Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)**

**Notes to the Financial Statements
for the Year Ended 31 March 2023**

8 TANGIBLE FIXED ASSETS

	Fixtures & Fittings £	Computer Equipment £	Totals £
COST			
At 1 April 2022	1027	16,370	17,397
Additions	-	1,638	1,638
At 31 March 2023	1027	18,008	19,035
DEPRECIATION			
At 1 April 2022	1026	8,960	9,986
Charge for year	-	5,139	5,139
At 31 March 2023	1026	14,099	15,125
NET BOOK VALUE			
At 31 March 2023	1	3,909	3,910
At 31 March 2022	1	7,409	7,410

9 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Accrued income	10,613	911
Prepayments	4,530	1,354
	15,143	2,265

10 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Accruals and deferred income	41,310	8,550
Accruals and deferred income includes the following deferred income		
	£	£
Opening balance	3,451	2,409
Amount deferred in year	37,439	3,451
Released in year	(3,451)	(2,409)
Closing balance	37,439	3,451

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham)

Notes to the Financial Statements
for the Year Ended 31 March 2023

11 MOVEMENT IN FUNDS

	Balance c/fwd £	Incoming Resources £	Outgoing Resources £	Transfers £	Balance c/fwd £
Restricted funds					
Children in Need	-	33,608	(33,608)	-	-
Durham University	5,738	-	-	(5,738)	-
PCC ISVA grant	53,266	-	-	-	53,266
PCC CISVA	-	40,135	(40,060)	-	75
PCC Counselling Grant	-	88,626	(88,626)	-	-
PCC Families Grant	-	7,110	(7,110)	-	-
PCC NHS SAS	-	9,307	(9,307)	-	-
Big Issue Social Enterprise	-	34,636	(34,636)	-	-
Peer support funds raised income	1,037	200	(1,237)	-	-
Regional Rape Crisis	2,585	-	(2,585)	-	-
Bernica Foundation	5,000	-	(5,000)	-	-
CDCF NHS Community Connector	20,522	-	(20,366)	-	156
Rape Support fund	-	224,405	(224,405)	-	-
Sir James Knott	11,640	-	(3,880)	-	7,760
Post Code Trust	-	9,642	(9,642)	-	-
CDCF Sustainability Fund	-	5,000	-	-	5,000
Cummins	-	4,156	-	-	4,156
Darlington for Culture	-	500	(500)	-	-
	<u>99,788</u>	<u>457,325</u>	<u>(480,962)</u>	<u>(5,738)</u>	<u>70,413</u>
Unrestricted Funds - General	<u>392,676</u>	<u>363,469</u>	<u>(350,576)</u>	<u>5,738</u>	<u>411,307</u>
Total Funds	<u>492,464</u>	<u>820,794</u>	<u>(831,538)</u>	<u>-</u>	<u>481,720</u>

The transfer between funds represents funds incorrectly treated as restricted in prior year.

Rape and Sexual Abuse Counselling Centre
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Notes to the Financial Statement
for the Year Ended 31 March 2023

The money received from the Children in Need was to fund a young person's counsellor and training, clinical supervision, counselling resources and building running costs.

The money received from Durham University was to deliver counselling within the University.

The money received from the Police, Crime & Victims' Commissioner is to provide Specialist Independent Sexual Violence Advisor services.

The money received from the Police, Crime Commissioner is to provide Specialist Children and Young Person's Independent Sexual Violence Advisor.

The money received from the Police, Crime Commissioner is to provide counselling services.

The money received from the Police, Crime Commissioner is to provide support for families of children and young people who have experienced sexual violence.

The money received from the NHS SAS PCVC was to provide young people counselling services.

The monies received from Social Enterprise Support Fund is funding for Salaries.

The money received from the Peer Support Raised Fund was to fund a peer support group.

The money received from County Durham Community Foundation was to fund a project to help disadvantaged women and girls and the costs of volunteer support for survivors of sexual violence and covers counselling and core costs.

The money received from Her Majesty's Prison and Probation Service (HMPPS) was to fund a service delivered to residents within HMP Low Newton.

The monies received from Rape Crisis England and Wales was to fund regional rape crisis meetings and support.

The money received from the Bernica Foundation was to cover core costs.

The money received from County Durham Community Foundation was for the NHS Community Connector Programme and was used to employ a group co-ordinator to develop and expand provision.

The money from the MOJ Rape Support Fund was to provide direct and front line support to victims of rape and sexual violence.

The monies received from the Sir James Knott Trust is to fund counselling services.

The monies received from PostCode Trust is funding to recruit, train and support volunteer counsellors.

The monies from County Durham Community Foundation was to fund the recruitment, training and support of Emotional Support Line Volunteers.

The monies received from Cummins is core funding.

The monies received from Darlington of culture is regarding funding a social art project event.

Rape and Sexual Abuse Counselling Centre

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Notes to the Financial Statement
for the Year Ended 31 March 2023

12 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total £
Tangible Fixed Assets	3,910	-	3,910
Current Assets	448,707	70,413	519,120
Current Liabilities	(41,310)	-	(41,310)
	<u>411,307</u>	<u>70,413</u>	<u>481,720</u>

13 PENSION COSTS

The charity operates a defined contribution benefits scheme for the benefit of the employees. The cost in the year was £36,868 (2022: £26,661).

14 RELATED PARTY TRANSACTIONS

No related party transactions occurred during the current or previous year.

15 RECONCILIATION NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net (expenditure)/income for the year	(10,744)	(9,951)
Interest receivable	(1,688)	(702)
Depreciation of tangible fixed assets	5,139	4,240
Decrease in debtors/(Increase)	(12,878)	1,287
Increase/(decrease) in creditors	32,760	4,491
Net cash flow from operating activities	<u>12,589</u>	<u>(635)</u>