

Trustees' Report for the period 1st April 2021 to 31st March 2022

The Trustees' of ESPCSG present their report for the period ending 31st March 2022

Introduction

East Suffolk Prostate Cancer Support Group (ESPCSG) is a registered CIO charity whose aims are to provide support, information and help to all men with prostate cancer, their families and carers and was formed so that they can meet together to find out more about their illness and what treatments or support is available to them. ESPCSG is run entirely by volunteers and operates from the East Suffolk and North Essex Hospital Trust, Ipswich, for all prostate cancer patients in East Suffolk catchment area. We had between 25 to 40 members attending these meetings. This year most were virtual meetings on Zoom, only two were face to face meetings after covid restrictions were lifted.

Organisation

The Trustees are listed at the end of the report.

Our meetings had been held in The Lecture Theatre, Education Centre, Ipswich Hospital for patients and their carers at 7pm on the first Wednesday of alternate months February, April, June, August, October and December. All members are kept informed of meetings or events by post, email or the information is on our website. We also had a newsletter and a notice board at our meetings. At each meeting we had a speaker, mainly from the medical profession, followed by refreshments and an opportunity to have a useful exchange of experiences if anybody wishes, in an open and friendly atmosphere. This year we had to change due to the restrictions still in place for the Covid 19 virus. We held most of our meetings as virtual meetings on Zoom. We were only able to hold two face to face meetings and were pleased to see that more members attended than we had at our Zoom meetings, but this was only just over half the numbers we attracted pre-pandemic. During this year we were unable to contact any newly diagnosed men, and because of the NHS Hospital restrictions we were obliged to hire a room away from the Hospital for our meetings.

We were very pleased we were able to hold two PSA testing events one on the 4th September 2021 when we tested 128 men and the other event on 1st March 2022 when 235 men were tested.

We could not attend events at which we have a stand to give out leaflets and books on prostate cancer information during this year also we could not arrange any social events.

We have donated £2,500.00 to four other charities with a connection to Prostate Cancer.

Funding

Is received from charities, collections, and donations This year has been very difficult for donations and other income, so we were 20% down on last year which was in turn 80% down pre-pandemic. We do not have any subscriptions for membership. We have not received any funding.

Trustees

The following Trustees served the Group as appropriate throughout this period :-

Michael Earey, Ted Friend, David Shipman, Chris Southcott.



E.L.Friend *Treasurer*
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EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

Accounting Period 1st April 2021 to 31st March 2022

INCOME	£1019
EXPENSES	£4259
NET PROFIT / LOSS	(£3238)

NET ASSETS	£8732
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Our income was received from charity and donations. Due to the pandemic we did not receive any income from refreshments, we did receive £128 from one raffle we were able to hold.

We received a total of £891 in donations this year.

We gave £2500 in total to four different Charities related to Prostate Cancer.

Our accounts have been independently checked.

E L Friend *Treasurer*