

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

England & Wales · Charity number 1164097

Details

Other names ESPCG

Status Registered

Legal form CIO

Registered 2015-10-23

Register [View on the Charity Commission register](#)

Contact

Address 19 White Horse Road
Capel St. Mary
Ipswich
IP9 2XA

Phone 01473311025

Email supportgroup@southcott.plus.com

Website www.suffolkprostatesupport.co.uk

Activities

Objects: THE RELIEF OF PERSONS WHO ARE AFFECTED BY PROSTATE CANCER, THEIR CARERS AND FAMILIES, RESIDING IN THE IPSWICH HOSPITAL CATCHMENT AREA, BY PROVIDING INFORMATION, ADVICE AND SUPPORT.

Activities: Our aims are to provide support, information and help to all men with prostate cancer, their families and carers and was formed so that they can meet together to find out more about their illness and what treatment or support is available to them. ESPCSG is run entirely by volunteers and operates from the NHS Hospital Trust, Ipswich, for all prostate cancer patients in their catchment area.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£3,278	£8,520	-	-
2024-03-31	£11,868	£2,624	-	-
2023-03-31	£4,925	£4,964	-	-
2022-03-31	£1,019	£4,259	-	-
2021-03-31	£2,121	£5,694	-	-

Trustees

Name	Role	Appointed
DAVID GEORGE ROBERT SHIPMAN	Chair	2015-10-23
MR CHRIS SOUTHCOTT BSC (HONS)		2015-10-23
MR TED FRIEND		2015-10-23

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

England & Wales - Charity number 1164097

Accounts

E.L.Friend Treasurer

720 Foxhall Road, Ipswich, Suffolk IP4 5TD.

Phone 01473 728477 e-mail ted.friend@btinternet.com

Trustees' Report for the period 1st April 2024 to 31st March 2025

The Trustees' of ESPCSG present their report for the period ending 31st March 2025

Introduction

East Suffolk Prostate Cancer Support Group (ESPCSG) is a registered CIO charity whose aims are to provide support, information and help to all men with prostate cancer, their families and carers and was formed so that they can meet together to find out more about their illness and what treatments or support is available to them. ESPCSG is run entirely by volunteers and operates from the East Suffolk and North Essex Hospital Trust, Ipswich, for all prostate cancer patients in East Suffolk catchment area. We have between 40 to 50 members attending these meetings usually, this was down slightly on previous years

Organisation

The Trustees are listed at the end of the report.

Our meetings are held in The Lecture Theatre, Education Centre, Ipswich Hospital for patients and their carers at 7pm on the first Wednesday of alternate months February, April, June, August, October and December. We were again able to hold all meetings this year at this venue.

All members are kept informed of meetings or events by post, email or the information is on our website. At each meeting we had a speaker, mainly from the medical profession, followed by refreshments and an opportunity to have a useful exchange of experiences if anybody wishes, in an open and friendly atmosphere.

We were very pleased to hold three PSA test events this year and tested 353 men. These were held in the Ipswich area.

We donated £1000.00 to one other charity with a connection to Prostate Cancer, we also spent £7060 to sponsor 353 men so they could have a PSA blood test to check if they may have Prostate Cancer for £20 each.

Funding

We received £3278 from collections, donations, raffles and refreshments. We do not have any subscriptions for membership. We have not received any other funding.

Trustees

The following Trustees served the Group as appropriate throughout this period :-

Ted Friend, David Shipman, Chris Southcott.



E L Friend

720 Foxhall Road, Ipswich, Suffolk IP4 5TD.

Phone 01473 728477 e-mail ted.friend@btinternet.com

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

Accounting Period 1st April 2024 to 31st March 2025

INCOME	£3549
EXPENSES	£8520
NET PROFIT / LOSS	(£4971)
 NET ASSETS	 £13006

Our income was received from collections, donations, raffles and refreshments.

We received a total of £976 in donations this year.

We gave £1000 in total to one Charity related to Prostate Cancer.

We gave £7060 to sponsor 353 men so they could have a PSA blood test for £20 each.

Our accounts have been independently checked.

E L Friend

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

England & Wales - Charity number 1164097

Accounts

Trustees' Report for the period 1st April 2023 to 31st March 2024

The Trustees' of ESPCSG present their report for the period ending 31st March 2024

Introduction

East Suffolk Prostate Cancer Support Group (ESPCSG) is a registered CIO charity whose aims are to provide support, information and help to all men with prostate cancer, their families and carers and was formed so that they can meet together to find out more about their illness and what treatments or support is available to them. ESPCSG is run entirely by volunteers and operates from the East Suffolk and North Essex Hospital Trust, Ipswich, for all prostate cancer patients in East Suffolk catchment area. We have between 40 to 50 members attending these meetings usually, this was down slightly on previous years

Organisation

The Trustees are listed at the end of the report.

Our meetings are held in The Lecture Theatre, Education Centre, Ipswich Hospital for patients and their carers at 7pm on the first Wednesday of alternate months February, April, June, August, October and December. We were again able to hold all meetings this year at this venue.

All members are kept informed of meetings or events by post, email or the information is on our website. At each meeting we had a speaker, mainly from the medical profession, followed by refreshments and an opportunity to have a useful exchange of experiences if anybody wishes, in an open and friendly atmosphere.

We were very pleased to hold three PSA test events this year and tested 229 men. These were held in Hadleigh, Stowmarket and Ipswich. This because we tried to go to small towns outside Ipswich.

We donated £2550.00 to three other charities with a connection to Prostate Cancer.

Funding

We received £11,664 from collections, donations, raffles and refreshments. We do not have any subscriptions for membership. We have not received any other funding.

Trustees

The following Trustees served the Group as appropriate throughout this period :-

Ted Friend, David Shipman, Chris Southcott.

E L Friend

720 Foxhall Road, Ipswich, Suffolk IP4 5TD.

Phone 01473 728477 e-mail ted.friend@btinternet.com

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

Accounting Period 1st April 2023 to 31st March 2024

INCOME	£11,868
EXPENSES	£2,624
NET PROFIT / LOSS	£9244

NET ASSETS	£17,937
-------------------	----------------

Our income was received from collections, donations, raffles and refreshments.

We received a total of £9,924 in donations this year.

We gave £2,550 in total to four different Charities related to Prostate Cancer.

Our accounts have been independently checked.

E L Friend *Treasurer*

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

England & Wales - Charity number 1164097

Accounts

E.L.Friend Treasurer

720 Foxhall Road, Ipswich, Suffolk IP4 5TD.

Phone 01473 728477 e-mail ted.friend@btinternet.com

Trustees' Report for the period 1st April 2022 to 31st March 2023

The Trustees' of ESPCSG present their report for the period ending 31st March 2023

Introduction

East Suffolk Prostate Cancer Support Group (ESPCSG) is a registered CIO charity whose aims are to provide support, information and help to all men with prostate cancer, their families and carers and was formed so that they can meet together to find out more about their illness and what treatments or support is available to them. ESPCSG is run entirely by volunteers and operates from the East Suffolk and North Essex Hospital Trust, Ipswich, for all prostate cancer patients in East Suffolk catchment area. We have between 40 to 50 members attending these meetings usually, this was down on previous years still due to Covid.

Organisation

The Trustees are listed at the end of the report.

Our meetings are normally held in The Lecture Theatre, Education Centre, Ipswich Hospital for patients and their carers at 7pm on the first Wednesday of alternate months February, April, June, August, October and December, We had to hire another venue as the hospital was still closed for meetings due to the pandemic so we were only able to hold our last two meetings there.

All members are kept informed of meetings or events by post, email or the information is on our website. At each meeting we had a speaker, mainly from the medical profession, followed by refreshments and an opportunity to have a useful exchange of experiences if anybody wishes, in an open and friendly atmosphere.

We were very pleased to hold two PSA test events this year one on 17th May when we tested 138 men and the other on the 10th October and 150 men were tested, this test was held in Woodbridge so was the first testing event we had held outside Ipswich.

We could not attend events at which we have a stand to give out leaflets and books on prostate cancer information during this year also due to Covid, plus we could not arrange any social events.

We donated £1800.00 to four other charities with a connection to Prostate Cancer.

Funding

We received £4882.00 from collections, donations, raffles and refreshments, this is almost 21% up from last year. We do not have any subscriptions for membership. We have not received any other funding.

Trustees

The following Trustees served the Group as appropriate throughout this period :-

Michael Earey, Ted Friend, David Shipman, Chris Southcott.

Registered Charity No. 1164097

Support for all those affected by Prostate Cancer

www.suffolkprostatesupport.co.uk



E.L.Friend *Treasurer*
720 Foxhall Road, Ipswich, Suffolk IP4 5TD.
Phone 01473 728477 e-mail ted.friend@btinternet.com

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

Accounting Period 1st April 2022 to 31st March 2023

INCOME	£4925
EXPENSES	£4964
NET PROFIT / LOSS	(£39)
 NET ASSETS	 £8693

Our income was received from collections, donations, raffles and refreshments.

We received a total of £1405 in donations this year.

We gave £1800 in total to four different Charities related to Prostate Cancer.

Our accounts have been independently checked.

E L Friend *Treasurer*

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

England & Wales - Charity number 1164097

Accounts

Trustees' Report for the period 1st April 2021 to 31st March 2022

The Trustees' of ESPCSG present their report for the period ending 31st March 2022

Introduction

East Suffolk Prostate Cancer Support Group (ESPCSG) is a registered CIO charity whose aims are to provide support, information and help to all men with prostate cancer, their families and carers and was formed so that they can meet together to find out more about their illness and what treatments or support is available to them. ESPCSG is run entirely by volunteers and operates from the East Suffolk and North Essex Hospital Trust, Ipswich, for all prostate cancer patients in East Suffolk catchment area. We had between 25 to 40 members attending these meetings. This year most were virtual meetings on Zoom, only two were face to face meetings after covid restrictions were lifted.

Organisation

The Trustees are listed at the end of the report.

Our meetings had been held in The Lecture Theatre, Education Centre, Ipswich Hospital for patients and their carers at 7pm on the first Wednesday of alternate months February, April, June, August, October and December. All members are kept informed of meetings or events by post, email or the information is on our website. We also had a newsletter and a notice board at our meetings. At each meeting we had a speaker, mainly from the medical profession, followed by refreshments and an opportunity to have a useful exchange of experiences if anybody wishes, in an open and friendly atmosphere. This year we had to change due to the restrictions still in place for the Covid 19 virus. We held most of our meetings as virtual meetings on Zoom. We were only able to hold two face to face meetings and were pleased to see that more members attended than we had at our Zoom meetings, but this was only just over half the numbers we attracted pre-pandemic. During this year we were unable to contact any newly diagnosed men, and because of the NHS Hospital restrictions we were obliged to hire a room away from the Hospital for our meetings.

We were very pleased we were able to hold two PSA testing events one on the 4th September 2021 when we tested 128 men and the other event on 1st March 2022 when 235 men were tested.

We could not attend events at which we have a stand to give out leaflets and books on prostate cancer information during this year also we could not arrange any social events.

We have donated £2,500.00 to four other charities with a connection to Prostate Cancer.

Funding

Is received from charities, collections, and donations This year has been very difficult for donations and other income, so we were 20% down on last year which was in turn 80% down pre-pandemic. We do not have any subscriptions for membership. We have not received any funding.

Trustees

The following Trustees served the Group as appropriate throughout this period :-

Michael Earey, Ted Friend, David Shipman, Chris Southcott.



E.L.Friend *Treasurer*
720 Foxhall Road, Ipswich, Suffolk IP4 5TD.
Phone 01473 728477 e-mail ted.friend@btinternet.com

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

Accounting Period 1st April 2021 to 31st March 2022

INCOME	£1019
EXPENSES	£4259
NET PROFIT / LOSS	(£3238)

NET ASSETS	£8732
-------------------	--------------

Our income was received from charity and donations. Due to the pandemic we did not receive any income from refreshments, we did receive £128 from one raffle we were able to hold.

We received a total of £891 in donations this year.

We gave £2500 in total to four different Charities related to Prostate Cancer.

Our accounts have been independently checked.

E L Friend *Treasurer*

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

England & Wales - Charity number 1164097

Accounts

Trustees' Report for the period 1st April 2020 to 31st March 2021

The Trustees' of ESPCSG present their report for the period ending 31st March 2021

Introduction

East Suffolk Prostate Cancer Support Group (ESPCSG) is a registered CIO charity whose aims are to provide support, information and help to all men with prostate cancer, their families and carers and was formed so that they can meet together to find out more about their illness and what treatments or support is available to them. ESPCSG is run entirely by volunteers and operates from the East Suffolk and North Essex Hospital Trust, Ipswich, for all prostate cancer patients in East Suffolk catchment area. We have between 70 to 80 members attending these meetings usually. This year we started to hold virtual meetings on Zoom.

Organisation

The Trustees are listed at the end of the report.

Our meetings had been held in The Lecture Theatre, Education Centre, Ipswich Hospital for patients and their carers at 7pm on the first Wednesday of alternate months February, April, June, August, October and December. All members are kept informed of meetings or events by post, email or the information is on our website, we also have a newsletter and had a notice board at our meetings. At each meeting we had a speaker, mainly from the medical profession, followed by refreshments and an opportunity to have a useful exchange of experiences if anybody wishes, in an open and friendly atmosphere. This year we had to change due to the restrictions with the numbers who could meet due to the Covid 19 virus. During the first lockdown we issued a weekly lockdown newsletter to our members, so we could keep in touch. In the second lockdown we changed to a monthly newsletter for our members and introduced virtual meetings on Zoom which worked out well. We received 60 plus thank you emails to say how they enjoyed the Lockdown newsletters which kept them in touch, and others who liked the contact on Zoom.

We had booked a hall and were starting to plan and make arrangements to hold another PSA test event in November but this had to be cancelled. We thought we may be able to hold another event in February and started the planning which again had to be cancelled due to the virus.

We could not attend events at which we have a stand to give out leaflets and books on prostate cancer information during this year also we could not arrange any social events.

We have donated £5,500.00 to four other charities with a connection to Prostate Cancer.

Funding

Is received from charities, collections, and donations This year has been very difficult for donations which were almost 81% down and we have not received anything from the raffle and refreshments as we could not hold meetings. We do not have any subscriptions for membership. We have not received any funding.

Trustees

I am very sorry to say that one of our Trustees, Philip David passed away suddenly on 17th June 2020.

The following Trustees served the Group as appropriate throughout this period :-

Michael Earey, Ted Friend, David Shipman, Chris Southcott and Philip David (until 17-06-20).

EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

Accounting Period 1st April 2020 to 31st March 2021

INCOME	£2,121
EXPENSES	£5,694
NET PROFIT / LOSS	(£3,567)
 NET ASSETS	 £11,970

Our income was received from a charity and donations. Due to the pandemic we were unable to receive any income from raffles and refreshments at our group meetings.

We received a total of £2,121 in donations this year.

We gave £5500 in total to four different Charities related to Prostate Cancer.

Our accounts have been independently checked.

E L Friend *Treasurer*