

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

England & Wales · Charity number 1163957

Details

Other names	APPS UK FOUNDATION
Status	Registered
Legal form	CIO
Registered	2015-10-13
Register	View on the Charity Commission register

Contact

Address	Parkway 5 Suite 2 Parkway Business Centre 300 Princess Road Manchester M14 7HR
Phone	07931591614
Email	info@appsukfoundation.org.uk
Website	www.appsukfoundation.org.uk

Activities

Objects: THE CHARITABLE OBJECTS OF THE ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS (APPS) OF THE UNITED KINGDOM ARE AS FOLLOWS:IN THE UNITED KINGDOM AND IN PAKISTAN THE ADVANCEMENT OF HEALTH AND THE SAVING OF LIVES, THE ADVANCEMENT OF EDUCATION AND TO FURTHER SUCH OTHER CHARITABLE PURPOSES FOR THE BENEFIT OF THE PUBLIC AS THE TRUSTEES SEE FIT IN PARTICULAR BUT NOT EXCLUSIVELY BY:1) SUPPORTING THE WORK OF PHYSICIANS, SURGEONS, DENTISTS AND ALLIED HEALTH PROFESSIONALS (AND STUDENTS IN MEDICAL OR ALLIED FIELDS) IN PARTICULAR THROUGH THE PROVISION OF INFORMATION, EXPERT ADVICE AND TRAINING;2) RAISING HEALTH AWARENESS VIA TALKS, HEALTH STALLS AND BROCHURES;3) SUPPORTING AND IMPROVING THE HEALTHCARE SYSTEM OF PAKISTAN FOR THE BENEFIT OF THE PUBLIC BY PROVIDING PHYSICAL EXPERTISE AND BY WRITING AND REVIEWING THE HEALTH POLICIES AND STANDARDS;4) RUNNING PROJECTS WHICH CAN SUPPORT THE HEALTH REQUIREMENTS OF THE POOR IN PAKISTAN'S RURAL AND MOST DEPRIVED AREAS; AND BY5) ALLEVIATING THE SUFFERING OF VICTIMS OF DISEASE, NATURAL DISASTERS, CATASTROPHES AND WAR, IN PARTICULAR BUT NOT EXCLUSIVELY IN PAKISTAN, BY PROVIDING HUMANITARIAN AID AND BY SUCH OTHER CHARITABLE MEANS AS THE TRUSTEES SEE FIT FROM TIME TO TIME.

Activities: Provide financial assistance to meritorious medical students.

Classification

- **How:** Makes Grants To Individuals, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** NATIONAL AND OVERSEAS
- Bangladesh
- India
- Lebanon
- Mali
- Morocco
- Pakistan
- Saudi Arabia
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£558,419	£441,193	£758,096	0
2023-08-31	£203,513	£107,660	-	-
2022-08-31	£303,304	£162,430	-	-
2021-07-31	£303,304	£162,430	-	-
2020-06-30	£238,069	£136,244	-	-

Trustees

Name	Role	Appointed
Dr Taimur Mirza	Chair	2015-10-13
ALIA ARIF		2015-10-13
Dr MOHAMMED IQBAL		2015-10-13
Dr Usman Khan		2024-05-22
Dr Yasmeen Almas		2018-10-09
RAUF SAIMA		2021-01-30
SHUJA REHMAN		2015-10-13

Accounts

The Charity Registration Number is :- 1163957

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION

Report and Accounts

31 August 2024

**ASSOCIATION OF PAKISTANI PHYSICIANS AND
SURGEONS OF THE UNITED KINGDOM FOUNDATION
Report and accounts**

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ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Trustees' Annual Report for the year ended 31 August 2024

The Trustees present their Report and Accounts for the year ended 31 August 2024.

Reference and administrative details

The charity name.

The legal name of the charity is :-ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

The charity is also known by its operating name, APPS UK FOUNDATION

The charity's areas of operation and UK charitable registration.

The charity is registered in England & Wales with charity number 1163957

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales and its governing document is a written constitution approved by the Charity Commission in England & Wales.

The Governing Document is dated 13 October 2015

The principal operating address, telephone number and email and web addresses of the charity are:-

Suite 2, Parkway 5, Parkway Business Centre
300 Princess Road, Manchester
M14 7HR
Telephone 0161 224 5456
Email: info@appsukfoundation.org.uk
Web: www.appsukfoundation.org.uk

The Trustees in office on the date the report was approved were:-

Dr. Mohammed Iqbal
Dr. Taimur Mirza
Miss Alia Arif
Dr Usman Khan - Joining Date 22 May 2024
Dr. Saima Rauf
Dr. Yasmeen Almas
Mr. Shuja Rehman

The Trustees in office during the year were:-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Trustees' Annual Report for the year ended 31 August 2024

Objectives and activities of the charity

The purposes of the charity as set out in its governing document.

The purpose of the charity is to save lives and improve quality of life by providing health care facilities and necessary education. The charity undertakes projects in the UK and Pakistan.

The main activities undertaken in relation to those purposes during the year.

The charity continues to run two mobile health clinics in the remote rural areas of Pakistan. This is the one of the most successful project of the charity and its aimed at providing state of the art primary care facilities to the poor and needy people who would otherwise not be able to afford such care. The mobile health units are fully equipped with medical equipment required by a family physician.

Another project undertaken by the charity is to deliver lectures in medical colleges and hospitals in Pakistan. The lectures are delivered by the trustees and other members of the charity who would undertake this duty during their visits to Pakistan. The members also conduct free clinics in Pakistan whilst on holidays. This enable poor people to consult a health specialist who would otherwise not be able to afford it.

The members of the charity also conduct refresher courses for paramedics. These courses are designed to improve the existing skills set and competency of the ambulance crew who will be first to attend an emergency situation and take important initial steps before rushing to the local hospital. The charity is planning to introduce yellow sharps bins in Pakistan for safe disposal of contaminated sharps. The charity believes that it will help control the menace of Hepatitis and other blood borne diseases.

The 100 Limb project : The incidence of disability (especially amputation) is very high in Pakistan due to various causes such as accidents, tumours or diabetes. APPS UK Foundation provided 100 artificial limbs free of charge to amputees in Pakistan who would otherwise not be able to afford them. Our team of doctors, led by Consultant Surgeon Dr Amjad Gulzar Shaikh carried out the operations completely free of charge. We are just raising funds to purchase the limbs, parts and medication. Dr Shaikh said "with the launch of the 100 Limbs Project, we have been able to give 100 amputees their lives back."

APPS foundation is also working on an ambitious direct centre project in Pakistan. This will be a similar project to the NHS Direct and it will enable people to call directly to the support centre for help.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Trustees' Annual Report for the year ended 31 August 2024

The main activities undertaken during the year to further the charity's purpose for the public benefit.

During the last year the charity continued to work through mobile health clinics in remote areas of Pakistan. These clinics are now seeing more than 200 patients a day and providing free of cost medicines to the poorest of the poor. These clinics are successfully running till date.

The charity had to sign a MOU with AIMustafa Trust in Pakistan to get the support and infra structure from its experience. AIMustafa is a large Charity organisation in Pakistan which is running more than 20 hospitals / clinics in different areas of Pakistan free of cost for poor and deserving people.

The average running cost of the clinics, including purchasing of free medicines and salaries of the medical staff is approximately £2000 per month. The free clinics are increasingly popular amongst the poor rural population. We are now seeing on an average approximately 100 to 120 patients in each clinic every day. This makes a total of 4,800 patients a month. A proper record of patients seen, and medicines is being maintained.

The charity also contributed towards establishing an audiology centre in one of the hospitals in Karachi (Pakistan) with latest state of the art equipment and is running successfully to date. APPSUK Foundation also held number of fund raising events in Manchester, Birmingham and London to raise the funds for our projects.

Structure, governance and management of the charity *The methods used to recruit and appoint new charity trustees.*

Recruitment and appointment of Trustees

The existing trustees are responsible for the recruitment of new trustees but in doing so the trustees adhere to the governing documents, and additionally seek the views and recommendations of respected members. Trustees are selected on the basis of their skills, experience and networks, and the needs of the Charity.

In selecting new trustees, the Charity seeks to identify people who regularly attend events and functions organised by the Charity and are willing to volunteer to help in the local community and charitable activities.

An assessment of their character, honesty, integrity, interpersonal skills and adherence to common British values is made. New trustees are also selected on the basis of their skills, experience and qualifications in order to further enhance the existing management team. Potential trustees are initially invited to attend trustees meetings as observers and are given further details of the Charity's objectives and activities. Subsequently if both the existing trustees and proposed new trustee agree, then s/he is proposed as a new trustee after observing a minimum of three meetings. This process allows due consideration of the person's commitment, personal competence and specialist knowledge and skills.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 31 August 2024

The charity's financial position at the end of the year ended 31 August 2024

The financial position of the charity at 31 August 2024 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2024	2023
	£	£
Net income	117,226	95,853
Unrestricted Revenue Funds available for the general purposes of the charity	703,923	351,323
Restricted Revenue Funds	54,174	289,547
Total Funds	758,097	640,870

Financial review of the position at the reporting date, 31 August 2024 .

The trustees consider the financial performance by the charity during the year have been satisfactory.

Availability and adequacy of assets of each of the funds

The trustees are satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Plans For the Future

Summary of plans for the future and the trustees' perspective of the future direction of the charity.

- i. The charity plans to continue to run the free mobile clinics.
- ii. Train the midwives working in rural areas to recognise early post-partum haemorrhage and refer the patient to health facility hence saving lives of mothers and neonates.
- iii. To hold an International Medical Conference in London and invite doctors from all over the world to read their papers.
- iv. To work on a yellow bin project in Pakistan to dispose off sharps securely and avoid needle stick injuries and hence spread of hepatitis C.
- v. Fund raising to open another set of free clinics in remote areas of Baluchistan.

Detail of The Independent Examiner

S Javed
Association of Chartered Certified Accountants
Suite 1 Parkway 5
Parway Business Centre
Manchester
M14 7HR

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Trustees' Annual Report for the year ended 31 August 2024

Statement of Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRSSSE SORP 2015.

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the charity legislation. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 29 June 2025.

Dr Taimur Mirza
Trustee

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Statement of Financial Activities for the year ended 31 August 2024

Statement of Financial Activities for the year ended 31 August 2024

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2024	2024	2024	2023
		£	£	£	£
Income & Endowments					
Donations & Legacies	A1	401,057	149,430	550,487	200,341
Investment income	A4	-	7,932	7,932	3,172
Total income	A	401,057	157,362	558,419	203,513
Expenditure					
Cost of raising funds	B1	1,750	92,929	94,679	22,958
Expenditure on charitable activities	B2	46,708	299,806	346,514	84,702
Total expenditure	B	48,458	392,735	441,193	107,660
Net income for the year	A-B	352,599	(235,373)	117,226	95,853
Total funds brought forward		351,323	289,547	640,870	545,016
Total funds carried forward		703,922	54,174	758,096	640,869

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Statement of Financial Activities for the year ended 31 August 2024

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Resources applied in the year ended 31 August 2024 towards fixed assets for Charity use:-

	2024 £	2023 £
Funds generated in the year as detailed in the SOFA	117,226	95,853
Net resources available to fund charitable activities	117,226	95,853

Movements in revenue and capital funds for the year ended 31 August 2024

Revenue accumulated funds

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Last year Total Funds 2023 £
Accumulated funds brought forward	351,323	289,547	640,870	545,016
Recognised gains and losses before transfers	352,599	(235,373)	117,226	95,853
	703,922	54,174	758,096	640,869
Closing revenue funds	703,922	54,174	758,096	640,869

Summary of funds

	Unrestricted and Designated funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Last Year Total Funds 2023 £
Revenue accumulated funds	703,922	54,174	758,096	640,869

The notes attached on pages 9 to 11 form an integral part of these accounts.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM
FOUNDATION - Balance Sheet as at 31 August 2024**

	Notes	SORP Ref	2024 £	2023 £
Fixed assets				
Tangible assets	7	A2	<u>3,335</u>	<u>3,924</u>
			3,335	3,924
Current assets				
Cash at bank and in hand		B4	<u>755,175</u>	<u>609,573</u>
			755,175	636,946
Creditors: amounts falling due within one year	6	C1	<u>(414)</u>	<u>-</u>
Net current assets			<u>754,762</u>	<u>636,946</u>
The total net assets of the charity			<u>758,097</u>	<u>640,871</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds

Restricted Revenue Funds	9	D2	54,174	289,547
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Unrestricted Funds

Unrestricted Revenue Funds	9	D3	703,923	351,323
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Designated Funds

Total charity funds			<u>758,097</u>	<u>640,871</u>
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The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the examiner is on page 14-15.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Dr Taimur Mirza

Trustee

Approved by the board of trustees on 29 June 2025

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 31 August 2024

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities' (effective January 2015) and 'The FRSE Statement of Recommended Accounting Practice 2015', (The SORP 2015), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRSE SORP 2015 in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

2 Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Motor vehicles 15 % reducing balance

3 Liability to taxation

As a registered charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applied towards the charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

2024	2023
£	£

The net surplus before tax in the financial year is stated after charging:-

Depreciation of owned fixed assets	589	693
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4 Staff costs and emoluments

<i>Numbers of full time employees or full time equivalents</i>	2024	2023
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The average number of total staff employed in the year was	<u>Zero</u>	<u>Zero</u>
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Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior year.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 31 August 2024

5 Tangible fixed assets

	Land and Buildings	Plant & Machinery	Motor Vehicles	Total	Total
	£	£	£	£	£
Cost					
At 1 September 2023	-	-	15,000	15,000	15,000
At 31 August 2024	<u>-</u>	<u>-</u>	<u>15,000</u>	<u>15,000</u>	<u>15,000</u>
Depreciation					
At 1 September 2023	-	-	11,076	11,076	11,076
Charge for the year	-	-	589	589	589
At 31 August 2024	<u>-</u>	<u>-</u>	<u>11,665</u>	<u>11,665</u>	<u>11,665</u>
Net book value					
At 31 August 2024	<u>-</u>	<u>-</u>	<u>3,335</u>	<u>3,335</u>	<u>3,335</u>
At 31 August 2023	<u>-</u>	<u>-</u>	<u>3,924</u>	<u>3,924</u>	<u>3,924</u>

6 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other creditors	414	-
	<u>414</u>	<u>-</u>

7 Income and Expenditure account summary

	2024	2023
	£	£
At 1 September 2023	640,869	545,016
Surplus after tax for the year	117,227	95,853
At 31 August 2024	<u>758,096</u>	<u>640,869</u>

8 Particulars of how particular funds are represented by assets and liabilities

At 31 August 2024	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	3,335	-	-	3,335	3,335
Current Assets	701,001	-	54,174	755,175	755,175
Current Liabilities	(414)	-	-	(414)	(414)
	<u>703,922</u>	<u>-</u>	<u>54,174</u>	<u>758,096</u>	<u>758,096</u>
At 1 September 2023	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	3,924	-	-	3,924	3,924
Investments at valuation:-	-	-	-	-	-
Current Assets	347,399	-	289,547	636,946	636,946
	<u>351,323</u>	<u>-</u>	<u>289,547</u>	<u>640,870</u>	<u>640,870</u>

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 31 August 2024

9 Change in total funds over the year as shown in Note 8 , analysed by individual funds

	Funds brought forward from 2023	Movement in funds in 2024	Transfers between funds in 2024	Funds carried forward to 2025	Funds carried forward to 2025
	£	See Note 10 £	See Note 0 £	£	£
Unrestricted and designated funds:-					
Unrestricted revenue funds	351,323	352,599	-	703,922	703,922
Total unrestricted and designated funds	351,323	352,599	-	703,922	703,922
Restricted funds:-					
Restricted revenue funds and transfers	284,010	(287,261)	-	(3,251)	(3,251)
Brought forward restricted funds	5,537	51,888	-	57,425	57,425
Total restricted funds	289,547	(235,373)	-	54,174	54,174
Total charity funds	640,870	117,226	-	758,096	758,096

10 Analysis of movements in funds over the year as shown in Note 9

	Income	Expenditure	Other Gains & Losses	Movement in funds	Movement in funds
	2024	2024	2024	2024	2024
	£	£	£	£	£
Unrestricted and designated funds:-					
Unrestricted revenue funds	401,057	(48,458)	-	352,599	352,599
Restricted funds:-					
Restricted revenue funds	157,115	(105,227)	-	51,888	51,888
	558,419	(441,193)	-	117,226	117,226

Gains and losses are detailed in notes 0,0, 0, 0 and 0

11 The purposes for which the funds as detailed in note 9 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted revenue funds

These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

Restricted funds:-

Mobile Health Clinics

The aim of this project is to provide state of the art primary care facilities to the remote rural communities in Pakistan. Our mobile health units are fully equipped with medical equipment required by a family physician.

12 Ultimate controlling party

The charity is under the control of its legal members.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUR

Detailed analysis of income and expenditure for the year ended 31 August 2024 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

Donations and Legacies

		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2024	2024	2024	2023
		£	£	£	£
Donations and gifts from individuals					
General donations		401,057	149,430	550,487	200,341
<i>Total donations and gifts from individuals</i>		401,057	149,430	550,487	200,341
Total Donations and Legacies	A1	401,057	149,430	550,487	200,341

Investment income

		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2024	2024	2024	2023
		£	£	£	£
Bank Interest Receivable		-	7,932	7,932	3,172
<i>Total investment income</i>	A4	-	7,932	7,932	3,172

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Detailed analysis of income and expenditure for the year ended 31 August 2024 as required by the SORP 2015

Expenditure on charitable activities - Direct spending

	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Travel and Subsistence - Charitable Activities	-	5,048	5,048	2,342
Feed the homeless	-	1,320	1,320	269
100 limbs project	-	-	-	10,000
Interest free loans	-	4,340	4,340	5,637
Gift of garments	-	3,226	3,226	4,921
Total direct spending	-	13,934	13,934	23,169

Expenditure on charitable activities- Grant funding of activities

	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Grants made to organisations	46,708	265,430	312,137	32,885
Medical	-	-	-	17,178
Emergency Relief	-	9,791	9,791	4,500
Eduaction	-	2,299	2,299	4,350
Islamic Centre	-	3,000	3,000	-
Total grantmaking costs	46,708	280,520	327,227	58,913

Breakdown of Grants made to organisations

	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
	46,708	265,430	312,137	32,885
	46,708	265,430	312,137	32,885

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUR

Detailed analysis of income and expenditure for the year ended 31 August 2024 as required by the SORP 2015

Support costs for charitable activities

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2024	2024	2024	2023
	£	£	£	£
Financial costs			-	
Bank charges	-	4,763	4,763	1,927
Depreciation & Amortisation in total for the period	-	589	589	693
Support costs before reallocation	-	5,352	5,352	2,620
Total support costs	-	5,352	5,352	2,620

The basis of allocation of costs between activities is described under accounting policies

Total Charitable expenditure

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds	
	2024	2024	2024	2023	
	£	£	£	£	
Total direct spending	B2a	-	13,934	13,934	23,169
Total grantmaking costs	B2c	46,708	280,520	327,227	58,913
Total support costs	B2d	-	5,352	5,352	2,620
Total charitable expenditure	B2	46,708	299,806	346,513	84,702

Expenditure on raising funds and charitable activities

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds	
	2024	2024	2024	2023	
	£	£	£	£	
Event, Venue and Fundraising		1,750	92,929	94,679	22,958
Total fundraising costs	B1	1,750	92,929	94,679	22,958

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Report of the Independent Examiner to the Trustees of the charity on the accounts for the year ended 31 August 2024

I report on the financial statements of the charity on pages 6 to 8 for the period ended 31 August 2024 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard for Smaller Entities (FRSSE), effective January 2015, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commission for England & Wales, effective January 2015 (The SORP), under the historical cost convention and the accounting policies set out on page 9.

Respective responsibilities of Trustees and Independent Examiner

As described on page 1, the charity's Trustees are responsible for the preparation of the accounts.

As described on page 9, you, the charity's Trustees, are responsible for the preparation of the financial statements in accordance with the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the governing documents of the charity for the conducting of an audit. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the charity is not subject to audit under any legal provision, or otherwise, and is eligible for independent examination, it is my responsibility to:-

- a) examine the accounts under section 145 of the Act;
- b) follow the procedures in the General Directions given by the Charity Commission under section 145(5)(b) of the Act; and;
- c) state whether particular matters have come to my attention.

Basis of Examiner's Statement and scope of work undertaken

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION**

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by with Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the Statement of Recommended Practice-Accounting and Reporting by Charities (effective January 2015)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

I conducted my examination in accordance with the General Directions issued by the Charity Commission for England & Wales, under section 145(5)(b) of the Act, setting out the duties of an Independent Examiner in relation to the conducting of an Independent Examination. An Independent Examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that the financial statements comply with the SORP, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements.

S Javed - Independent Examiner

Association of Chartered Certified Accountants

Suite 1 Parkway 5

Parkway Business Centre, 300 Princess Road

Manchester

M14 7HR

This report was signed on 29 June 2025

Accounts

The Charity Registration Number is :- 1163957

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION

Report and Accounts

31 August 2023

**ASSOCIATION OF PAKISTANI PHYSICIANS AND
SURGEONS OF THE UNITED KINGDOM FOUNDATION**
Report and accounts

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**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 31 August 2023

The Trustees present their Report and Accounts for the year ended 31 August 2023.

Reference and administrative details

The charity name.

The legal name of the charity is :-ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

The charity is also known by its operating name, APPS UK FOUNDATION

The charity's areas of operation and UK charitable registration.

The charity is registered in England & Wales with charity number 1163957

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales and its governing document is a written constitution approved by the Charity Commission in England & Wales.

The Governing Document is dated 13 October 2015

The principal operating address, telephone number and email and web addresses of the charity are:-

Suite 2, Parkway 5, Parkway Business Centre
300 Princess Road, Manchester
M14 7HR
Telephone 0161 224 5456
Email: info@appsukfoundation.org.uk
Web: www.appsukfoundation.org.uk

The Trustees in office on the date the report was approved were:-

Dr. Mohammed Iqbal
Dr. Taimur Mirza
Miss Alia Arif
Dr. Saima Rauf
Dr. Yasmeen Almas
Mr. Shuja Rehman

The Trustees in office during the year were:-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 31 August 2023

Objectives and activities of the charity

The purposes of the charity as set out in its governing document.

The purpose of the charity is to save lives and improve quality of life by providing health care facilities and necessary education. The charity undertakes projects in the UK and Pakistan.

The main activities undertaken in relation to those purposes during the year.

The charity continues to run two mobile health clinics in the remote rural areas of Pakistan. This is the one of the most successful project of the charity and its aimed at providing state of the art primary care facilities to the poor and needy people who would otherwise not be able to afford such care. The mobile health units are fully equipped with medical equipment required by a family physician.

Another project undertaken by the charity is to deliver lectures in medical colleges and hospitals in Pakistan. The lectures are delivered by the trustees and other members of the charity who would undertake this duty during their visits to Pakistan. The members also conduct free clinics in Pakistan whilst on holidays. This enable poor people to consult a health specialist who would otherwise not be able to afford it.

The members of the charity also conduct refresher courses for paramedics. These courses are designed to improve the existing skills set and competency of the ambulance crew who will be first to attend an emergency situation and take important initial steps before rushing to the local hospital.

The charity is planning to introduce yellow sharps bins in Pakistan for safe disposal of contaminated sharps. The charity believes that it will help control the menace of Hepatitis and other blood borne diseases.

The 100 Limb project : The incidence of disability (especially amputation) is very high in Pakistan due to various causes such as accidents, tumours or diabetes.

APPS UK Foundation provided 100 artificial limbs free of charge to amputees in Pakistan who would otherwise not be able to afford them. Our team of doctors, led by Consultant Surgeon Dr Amjad Gulzar Shaikh carried out the operations completely free of charge. We are just raising funds to purchase the limbs, parts and medication.

Dr Shaikh said "with the launch of the 100 Limbs Project, we have been able to give 100 amputees their lives back."

APPS foundation is also working on an ambitious direct centre project in Pakistan. This will be a similar project to the NHS Direct and it will enable people to call directly to the support centre for help.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 31 August 2023

The main activities undertaken during the year to further the charity's purpose for the public benefit.

During the last year the charity continued to work through mobile health clinics in remote areas of Pakistan. These clinics are now seeing more than 200 patients a day and providing free of cost medicines to the poorest of the poor. These clinics are successfully running till date.

The charity had to sign a MOU with AIMustafa Trust in Pakistan to get the support and infra structure from its experience. AIMustafa is a large Charity organisation in Pakistan which is running more than 20 hospitals / clinics in different areas of Pakistan free of cost for poor and deserving people.

The average running cost of the clinics, including purchasing of free medicines and salaries of the medical staff is approximately £2000 per month. The free clinics are increasingly popular amongst the poor rural population. We are now seeing on an average approximately 100 to 120 patients in each clinic every day. This makes a total of 4,800 patients a month. A proper record of patients seen, and medicines is being maintained.

The charity also contributed towards establishing an audiology centre in one of the hospitals in Karachi (Pakistan) with latest state of the art equipment and is running successfully to date. APPSUK Foundation also held number of fund raising events in Manchester, Birmingham and London to raise the funds for our projects.

Structure, governance and management of the charity
The methods used to recruit and appoint new charity trustees.

Recruitment and appointment of Trustees

The existing trustees are responsible for the recruitment of new trustees but in doing so the trustees adhere to the governing documents, and additionally seek the views and recommendations of respected members. Trustees are selected on the basis of their skills, experience and networks, and the needs of the Charity.

In selecting new trustees, the Charity seeks to identify people who regularly attend events and functions organised by the Charity and are willing to volunteer to help in the local community and charitable activities.

An assessment of their character, honesty, integrity, interpersonal skills and adherence to common British values is made. New trustees are also selected on the basis of their skills, experience and qualifications in order to further enhance the existing management team. Potential trustees are initially invited to attend trustees meetings as observers and are given further details of the Charity's objectives and activities. Subsequently if both the existing trustees and proposed new trustee agree, then s/he is proposed as a new trustee after observing a minimum of three meetings. This process allows due consideration of the person's commitment, personal competence and specialist knowledge and skills.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 31 August 2023

The charity's financial position at the end of the year ended 31 August 2023

The financial position of the charity at 31 August 2023 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2023	2022
	£	£
Net income	95,853	157,681
Unrestricted Revenue Funds available for the general purposes of the charity	351,323	265,552
Restricted Revenue Funds	289,547	279,464
Total Funds	640,870	545,016

Financial review of the position at the reporting date, 31 August 2023 .

The trustees consider the financial performance by the charity during the year have been satisfactory.

Availability and adequacy of assets of each of the funds

The trustees are satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Plans For the Future

Summary of plans for the future and the trustees' perspective of the future direction of the charity.

- i. The charity plans to continue to run the free mobile clinics.
- ii. Train the midwives working in rural areas to recognise early post-partum haemorrhage and refer the patient to health facility hence saving lives of mothers and neonates.
- iii. To hold an International Medical Conference in London and invite doctors from all over the world to read their papers.
- iv. To work on a yellow bin project in Pakistan to dispose off sharps securely and avoid needle stick injuries and hence spread of hepatitis C.
- v. Fund raising to open another set of free clinics in remote areas of Baluchistan.

Detail of The Independent Examiner

M S Dar
Association of Chartered Certified Accountants
Suite 1 Parkway 5
Parway Business Centre
Manchester
M14 7HR

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 31 August 2023

Statement of Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRSS SORP 2015.

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the charity legislation. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 12 June 2024.

Dr Taimur Mirza
Trustee

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Statement of Financial Activities for the year ended 31 August 2023

Statement of Financial Activities for the year ended 31 August 2023

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2023	2023	2023	2022
		£	£	£	£
Income & Endowments					
Donations & Legacies	A1	122,728	77,613	200,341	229,545
Investment income	A4	678	2,494	3,172	162
Total income	A	123,406	80,107	203,513	229,707
Expenditure					
Cost of raising funds	B1	480	22,478	22,958	11,100
Expenditure on charitable activities	B2	37,154	47,548	84,702	60,926
Total expenditure	B	37,634	70,026	107,660	72,026
Net income for the year	A-B	85,772	10,081	95,853	157,681
Total funds brought forward		265,552	279,464	545,016	387,334
Total funds carried forward		351,324	289,545	640,869	545,015

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Statement of Financial Activities for the year ended 31 August 2023

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Resources applied in the year ended 31 August 2023 towards fixed assets for Charity use:-

	2023	2022
	£	£
Funds generated in the year as detailed in the SOFA	95,853	157,681
Net resources available to fund charitable activities	95,853	157,681

Movements in revenue and capital funds for the year ended 31 August 2023

Revenue accumulated funds

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Last year Total Funds 2022 £
Accumulated funds brought forward	265,552	279,464	545,016	387,334
Recognised gains and losses before transfers	85,772	10,081	95,853	157,681
	351,324	289,545	640,869	545,015
Closing revenue funds	351,324	289,545	640,869	545,015

Summary of funds

	Unrestricted and Designated funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Last Year Total Funds 2022 £
Revenue accumulated funds	351,324	289,545	640,869	545,015

The notes attached on pages 9 to 11 form an integral part of these accounts.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM
FOUNDATION - Balance Sheet as at 31 August 2023**

	Notes	SORP Ref	2023 £	2022 £
Fixed assets		A		
Tangible assets	7	A2	3,924	4,617
Current assets		B		
Debtors	9	B2	27,372	23,374
Cash at bank and in hand		B4	609,573	517,025
			<u>636,945</u>	<u>540,399</u>
Net current assets			636,946	540,399
The total net assets of the charity			<u>640,870</u>	<u>545,017</u>
The total net assets of the charity are funded by the funds of the charity, as follows:-				
Restricted funds				
Restricted Revenue Funds	8	D2	289,547	279,464
Unrestricted Funds				
Unrestricted Revenue Funds	8	D3	351,323	265,552
Designated Funds				
Total charity funds			<u>640,870</u>	<u>545,017</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the examiner is on page 14-15.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Dr Taimur Mirza
Trustee
Approved by the board of trustees on 12 June 2024

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 31 August 2023

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities' (effective January 2015) and 'The FRSE Statement of Recommended Accounting Practice 2015', (The SORP 2015), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRSE SORP 2015 in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

2 Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Motor vehicles 15 % reducing balance

3 Liability to taxation

As a registered charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applied towards the charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

	2023	2022
	£	£
<i>The net surplus before tax in the financial year is stated after charging:-</i>		
Depreciation of owned fixed assets	693	863

4 Staff costs and emoluments

	2023	2022
<i>Numbers of full time employees or full time equivalents</i>		
The average number of total staff employed in the year was	-	-

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior year.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 31 August 2023

5 Tangible fixed assets

	Land and Buildings	Plant & Machinery	Motor Vehicles	Total	Total
	£	£	£	£	£
Cost					
At 1 September 2022	-	-	15,000	15,000	15,000
At 31 August 2023	-	-	15,000	15,000	15,000
Depreciation					
At 1 September 2022	-	-	10,383	10,383	10,383
Charge for the year	-	-	693	693	693
At 31 August 2023	-	-	11,076	11,076	11,076
Net book value					
At 31 August 2023	-	-	3,924	3,924	3,924
At 31 August 2022	-	-	4,617	4,617	4,617

6 Income and Expenditure account summary

	2023	2022
	£	£
At 1 September 2022	545,015	387,334
Surplus after tax for the year	95,853	157,681
At 31 August 2023	640,868	545,015

7 Particulars of how particular funds are represented by assets and liabilities

At 31 August 2023	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	3,924	-	-	3,924	3,924
Investments at valuation:-	-	-	-	-	-
Current Assets	347,398	-	289,547	636,945	636,945
	351,322	-	289,547	640,869	640,869
At 1 September 2022	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	4,617	-	-	4,617	4,617
Investments at valuation:-	-	-	-	-	-
Current Assets	260,935	-	279,464	540,399	540,399
	265,552	-	279,464	545,016	545,016

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 31 August 2023

8 Change in total funds over the year as shown in Note 7 , analysed by individual funds

	Funds brought forward from 2022	Movement in funds in 2023	Transfers between funds in 2023	Funds carried forward to 2024	Funds carried forward to 2024
	£	See Note 9 £	See Note 0 £	£	£
Unrestricted and designated funds:-					
Unrestricted revenue funds	265,552	85,772	-	351,324	351,324
Total unrestricted and designated funds	265,552	85,772	-	351,324	351,324
Restricted funds:-					
Brought forward restricted funds	5,537	51,888	-	57,425	57,425
Total restricted funds	279,464	10,081	-	289,545	289,545
Total charity funds	545,016	95,853	-	640,869	640,869

9 Analysis of movements in funds over the year as shown in Note 8

	Income	Expenditure	Other Gains & Losses	Movement in funds	Movement in funds
	2023	2023	2023	2023	2023
	£	£	£	£	£
Unrestricted and designated funds:-					
Unrestricted revenue funds	123,406	(37,634)	-	85,772	85,772
Restricted revenue funds	157,115	(105,227)	-	51,888	51,888
	203,513	(107,660)	-	95,853	95,853

Gains and losses are detailed in notes 0,0, 0, 0 and 0

10 The purposes for which the funds as detailed in note 8 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted revenue funds These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

Restricted funds:-

Mobile Health Clinics The aim of this project is to provide state of the art primary care facilities to the remote rural communities in Pakistan. Our mobile health units are fully equipped with medical equipment required by a family physician.

11 Ultimate controlling party

The charity is under the control of its legal members.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Report of the Independent Examiner to the Trustees of the charity on the accounts for the year ended 31 August 2023

I report on the financial statements of the charity on pages 6 to 8 for the period ended 31 August 2022 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard for Smaller Entities (FRSSE), effective January 2015, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commission for England & Wales, effective January 2015 (The SORP), under the historical cost convention and the accounting policies set out on page 9.

Respective responsibilities of Trustees and Independent Examiner

As described on page 1, the charity's Trustees are responsible for the preparation of the accounts.

As described on page 9, you, the charity's Trustees, are responsible for the preparation of the financial statements in accordance with the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the governing documents of the charity for the conducting of an audit. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the charity is not subject to audit under any legal provision, or otherwise, and is eligible for independent examination, it is my responsibility to:-

- a) examine the accounts under section 145 of the Act;
- b) follow the procedures in the General Directions given by the Charity Commission under section 145(5)(b) of the Act; and;
- c) state whether particular matters have come to my attention.

Basis of Examiner's Statement and scope of work undertaken

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by with Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the Statement of Recommended Practice-Accounting and Reporting by Charities (effective January 2015)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

I conducted my examination in accordance with the General Directions issued by the Charity Commission for England & Wales, under section 145(5)(b) of the Act, setting out the duties of an Independent Examiner in relation to the conducting of an Independent Examination. An Independent Examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that the financial statements comply with the SORP, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements.

M S Dar - Independent Examiner

Association of Chartered Certified Accountants

Suite 1 Parkway 5

Parkway Business Centre, 300 Princess Road

Manchester

M14 7HR

M14 7HR

This report was signed on 12 June 2024

Accounts

The Charity Registration Number is :- 1163957

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION

Report and Accounts

31 August 2022

**ASSOCIATION OF PAKISTANI PHYSICIANS AND
SURGEONS OF THE UNITED KINGDOM FOUNDATION
Report and accounts**

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**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 August 2021 to 31 August 2022

The Trustees present their Report and Accounts for the period ended 31 August 2022.

Reference and administrative details

The charity name.

The legal name of the charity is :-ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

The charity is also known by its operating name, APPS UK FOUNDATION

The charity's areas of operation and UK charitable registration.

The charity is registered in England & Wales with charity number 1163957

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales and its governing document is a written constitution approved by the Charity Commission in England & Wales.

The Governing Document is dated 13 October 2015

The principal operating address, telephone number and email and web addresses of the charity are:-

Suite 2, Parkway 5, Parkway Business Centre
300 Princess Road, Manchester
M14 7HR
Telephone 0161 224 5456
Email: info@appsukfoundation.org.uk
Web: www.appsukfoundation.org.uk

The Trustees in office on the date the report was approved were:-

Dr. Mohammed Iqbal
Dr. Taimur Mirza
Miss Alia Arif
Dr. Saima Rauf
Dr. Yasmeen Almas
Mr. Shuja Rehman

The Trustees in office during the year were:-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 August 2021 to 31 August 2022

Objectives and activities of the charity

The purposes of the charity as set out in its governing document.

The purpose of the charity is to save lives and improve quality of life by providing health care facilities and necessary education. The charity undertakes projects in the UK and Pakistan.

The main activities undertaken in relation to those purposes during the period.

The charity continues to run two mobile health clinics in the remote rural areas of Pakistan. This is the one of the most successful project of the charity and its aimed at providing state of the art primary care facilities to the poor and needy people who would otherwise not be able to afford such care. The mobile health units are fully equipped with medical equipment required by a family physician.

Another project undertaken by the charity is to deliver lectures in medical colleges and hospitals in Pakistan. The lectures are delivered by the trustees and other members of the charity who would undertake this duty during their visits to Pakistan. The members also conduct free clinics in Pakistan whilst on holidays. This enable poor people to consult a health specialist who would otherwise not be able to afford it.

The members of the charity also conduct refresher courses for paramedics. These courses are designed to improve the existing skills set and competency of the ambulance crew who will be first to attend an emergency situation and take important initial steps before rushing to the local hospital.

The charity is planning to introduce yellow sharps bins in Pakistan for safe disposal of contaminated sharps. The charity believes that it will help control the menace of Hepatitis and other blood borne diseases.

The 100 Limb project : The incidence of disability (especially amputation) is very high in Pakistan due to various causes such as accidents, tumours or diabetes.

APPS UK Foundation provided 100 artificial limbs free of charge to amputees in Pakistan who would otherwise not be able to afford them. Our team of doctors, led by Consultant Surgeon Dr Amjad Gulzar Shaikh carried out the operations completely free of charge. We are just raising funds to purchase the limbs, parts and medication.

Dr Shaikh said "with the launch of the 100 Limbs Project, we have been able to give 100 amputees their lives back."

APPS foundation is also working on an ambitious direct centre project in Pakistan. This will be a similar project to the NHS Direct and it will enable people to call directly to the support centre for help.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 August 2021 to 31 August 2022

The main activities undertaken during the period to further the charity's purpose for the public benefit.

During the last year the charity continued to work through mobile health clinics in remote areas of Pakistan. These clinics are now seeing more than 200 patients a day and providing free of cost medicines to the poorest of the poor. These clinics are successfully running till date.

The charity had to sign a MOU with AIMustafa Trust in Pakistan to get the support and infra structure from its experience. AIMustafa is a large Charity organisation in Pakistan which is running more than 20 hospitals / clinics in different areas of Pakistan free of cost for poor and deserving people.

The average running cost of the clinics, including purchasing of free medicines and salaries of the medical staff is approximately £2000 per month. The free clinics are increasingly popular amongst the poor rural population. We are now seeing on an average approximately 100 to 120 patients in each clinic every day. This makes a total of 4,800 patients a month. A proper record of patients seen, and medicines is being maintained.

The charity also contributed towards establishing an audiology centre in one of the hospitals in Karachi (Pakistan) with latest state of the art equipment and is running successfully to date. APPSUK Foundation also held number of fund raising events in Manchester, Birmingham and London to raise the funds for our projects.

Structure, governance and management of the charity
The methods used to recruit and appoint new charity trustees.

Recruitment and appointment of Trustees

The existing trustees are responsible for the recruitment of new trustees but in doing so the trustees adhere to the governing documents, and additionally seek the views and recommendations of respected members. Trustees are selected on the basis of their skills, experience and networks, and the needs of the Charity.

In selecting new trustees, the Charity seeks to identify people who regularly attend events and functions organised by the Charity and are willing to volunteer to help in the local community and charitable activities.

An assessment of their character, honesty, integrity, interpersonal skills and adherence to common British values is made. New trustees are also selected on the basis of their skills, experience and qualifications in order to further enhance the existing management team. Potential trustees are initially invited to attend trustees meetings as observers and are given further details of the Charity's objectives and activities. Subsequently if both the existing trustees and proposed new trustee agree, then s/he is proposed as a new trustee after observing a minimum of three meetings. This process allows due consideration of the person's commitment, personal competence and specialist knowledge and skills.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 August 2021 to 31 August 2022

The charity's financial position at the end of the period ended 31 August 2022

The financial position of the charity at 31 August 2022 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2022	2021
	£	£
Net income	157,682	140,877
Unrestricted Revenue Funds available for the general purposes of the charity	265,552	224,105
Restricted Revenue Funds	279,464	163,229
Total Funds	545,016	387,334

Financial review of the position at the reporting date, 31 August 2022 .

The trustees consider the financial performance by the charity during the year have been satisfactory.

Availability and adequacy of assets of each of the funds

The trustees are satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Plans For the Future

Summary of plans for the future and the trustees' perspective of the future direction of the charity.

- i. The charity plans to continue to run the free mobile clinics.
- ii. Train the midwives working in rural areas to recognise early post-partum haemorrhage and refer the patient to health facility hence saving lives of mothers and neonates.
- iii. To hold an International Medical Conference in London and invite doctors from all over the world to read their papers.
- iv. To work on a yellow bin project in Pakistan to dispose off sharps securely and avoid needle stick injuries and hence spread of hepatitis C.
- v. Fund raising to open another set of free clinics in remote areas of Baluchistan.

Detail of The Independent Examiner

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**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 August 2021 to 31 August 2022

Statement of Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRSSE SORP 2015.

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the charity legislation. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 26 June 2023.

Dr Taimur Mirza
Trustee

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Income and Expenditure Account for the year ended 31 August 2022

Income and Expenditure Account for the year ended 31 August 2022

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2022	2022	2022	2021
		£	£	£	£
Income & Endowments					
Donations & Legacies	A1	108,214	121,332	229,546	303,278
Income from charitable activities	A2	-	-	-	-
Total income	A	108,376	121,332	229,708	303,303
Expenditure					
Cost of raising funds	B1	11,100	-	11,100	2,275
Expenditure on charitable activities	B2	55,828	5,098	60,926	160,151
Other expenditure	B3	-	-	-	-
Total expenditure	B	66,928	5,098	72,026	162,426
Net income for the period	A-B	41,448	116,234	157,682	140,877
Total funds brought forward		224,105	163,229	387,334	246,456
Total funds carried forward		265,553	279,463	545,016	387,333

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Income and Expenditure Account for the year ended 31 August 2022

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Resources applied in the period ended 31 August 2022 towards fixed assets for Charity use:-

	2022	2021
	£	£
Funds generated in the year as detailed in the SOFA	157,682	140,877
Net resources available to fund charitable activities	157,682	140,877

Movements in revenue and capital funds for the period from 1 August 2021 to 31 August 2022

Revenue accumulated funds

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Last year Total Funds 2021 £
Accumulated funds brought forward	224,105	163,229	387,334	246,456
Recognised gains and losses before transfers	41,448	116,234	157,682	140,877
	265,553	279,463	545,016	387,333
Closing revenue funds	265,553	279,463	545,016	387,333

Summary of funds

	Unrestricted and Designated funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Last Year Total Funds 2021 £
Revenue accumulated funds	265,553	279,463	545,016	387,333

The notes attached on pages 9 to 11 form an integral part of these accounts.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM
FOUNDATION - Balance Sheet as at 31 August 2022**

	Notes	SORP Ref	2022 £	2021 £
Fixed assets		A		
Tangible assets	9	A2	4,617	5,480
Current assets		B		
Cash at bank and in hand		B4	517,025	381,854
Net current assets			540,400	381,854
The total net assets of the charity			<u>545,016</u>	<u>387,335</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds				
Restricted Revenue Funds	8	D2	279,464	163,229
Unrestricted Funds				
Unrestricted Revenue Funds	8	D3	265,552	224,105
Designated Funds				
Total charity funds			<u>545,016</u>	<u>387,335</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the examiner is on page 14-15.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Dr Taimur Mirza
Trustee

Approved by the board of trustees on 26 June 2023

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the period from 1 August 2021 to 31 August 2022

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities' (effective January 2015) and 'The FRSSE Statement of Recommended Accounting Practice 2015', (The SORP 2015), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRSSE SORP 2015 in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

2 Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Motor vehicles	15 % reducing balance
----------------	-----------------------

3 Liability to taxation

As a registered charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applied towards the charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

2022	2021
£	£

The net surplus before tax in the financial period is stated after charging:-

Depreciation of owned fixed assets	863	967
------------------------------------	-----	-----

4 Staff costs and emoluments

<i>Numbers of full time employees or full time equivalents</i>	2022	2021
--	------	------

The average number of total staff employed in the period was	-	-
--	---	---

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior period.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the period from 1 August 2021 to 31 August 2022

5 Tangible fixed assets

	Land and Buildings	Plant & Machinery	Motor Vehicles	Total	Total
	£	£	£	£	£
Cost					
At 1 August 2021	-	-	15,000	15,000	15,000
At 31 August 2022	<u>-</u>	<u>-</u>	<u>15,000</u>	<u>15,000</u>	<u>15,000</u>
Depreciation					
At 1 August 2021	-	-	9,520	9,520	9,520
Charge for the period	-	-	863	863	863
At 31 August 2022	<u>-</u>	<u>-</u>	<u>10,383</u>	<u>10,383</u>	<u>10,383</u>
Net book value					
At 31 August 2022	-	-	4,617	4,617	4,617
At 31 July 2021	-	-	5,480	5,480	5,480

6 Income and Expenditure account summary

	2022	2021
	£	£
At 1 August 2021		
Surplus after tax for the period	387,333	246,456
	157,682	140,877
At 31 August 2022	<u>545,015</u>	<u>387,333</u>

7 Particulars of how particular funds are represented by assets and liabilities

At 31 August 2022	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	4,617	-	-	4,617	4,617
Investments at valuation:-	-	-	-	-	-
Current Assets	260,935	-	279,464	540,399	540,399
	<u>265,552</u>	<u>-</u>	<u>279,464</u>	<u>545,016</u>	<u>545,016</u>
At 1 August 2021	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	5,480	-	-	5,480	5,480
Investments at valuation:-	-	-	-	-	-
Current Assets	218,625	-	163,229	381,854	381,854
	<u>224,105</u>	<u>-</u>	<u>163,229</u>	<u>387,334</u>	<u>387,334</u>

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the period from 1 August 2021 to 31 August 2022

8 Change in total funds over the period as shown in Note 7 , analysed by individual funds

	Funds brought forward from 2021	Movement in funds in 2022	Transfers between funds in 2022	Funds carried forward to 2023	Funds carried forward to 2023
	£	See Note 9 £	See Note 0 £	£	£
Unrestricted and designated funds:-					
Unrestricted revenue funds	224,105	41,448	-	265,553	265,553
Total unrestricted and designated funds	224,105	41,448	-	265,553	265,553
Restricted funds:-					
Brought forward restricted funds	5,537	51,888	-	57,425	57,425
Total restricted funds	163,229	116,234	-	279,463	279,463
Total charity funds	387,334	157,682	-	545,016	545,016

9 Analysis of movements in funds over the period as shown in Note 8

	Income	Expenditure	Other Gains & Losses	Movement in funds	Movement in funds
	2022 £	2022 £	2022 £	2022 £	2022 £
Unrestricted and designated funds:-					
Unrestricted revenue funds	108,376	(66,928)	-	41,448	41,448
Restricted funds:-					
Restricted revenue funds	157,115	(105,227)	-	51,888	51,888
	229,708	(72,026)	-	157,682	157,682

10 The purposes for which the funds as detailed in note 8 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted revenue funds

These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

Restricted funds:-

Mobile Health Clinics

The aim of this project is to provide state of the art primary care facilities to the remote rural communities in Pakistan. Our mobile health units are fully equipped with medical equipment required by a family physician.

11 Ultimate controlling party

The charity is under the control of its legal members.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Report of the Independent Examiner to the Trustees of the charity on the accounts for the period ended 31 August 2022

I report on the financial statements of the charity on pages 6 to 8 for the period ended 31 August 2022 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard for Smaller Entities (FRSSE), effective January 2015, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commission for England & Wales, effective January 2015 (The SORP), under the historical cost convention and the accounting policies set out on page 9.

Respective responsibilities of Trustees and Independent Examiner

As described on page 1, the charity's Trustees are responsible for the preparation of the accounts.

As described on page 9, you, the charity's Trustees, are responsible for the preparation of the financial statements in accordance with the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the governing documents of the charity for the conducting of an audit. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the charity is not subject to audit under any legal provision, or otherwise, and is eligible for independent examination, it is my responsibility to:-

- a) examine the accounts under section 145 of the Act;
- b) follow the procedures in the General Directions given by the Charity Commission under section 145(5)(b) of the Act; and;
- c) state whether particular matters have come to my attention.

Basis of Examiner's Statement and scope of work undertaken

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION**

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by with Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the Statement of Recommended Practice-Accounting and Reporting by Charities (effective January 2015)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

I conducted my examination in accordance with the General Directions issued by the Charity Commission for England & Wales, under section 145(5)(b) of the Act, setting out the duties of an Independent Examiner in relation to the conducting of an Independent Examination. An Independent Examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that the financial statements comply with the SORP, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements.

M S Dar - Independent Examiner

Association of Chartered Certified Accountants

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This report was signed on 26 June 2023

Accounts

The Charity Registration Number is :- 1163957

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION

Report and Accounts

31 July 2021

**ASSOCIATION OF PAKISTANI PHYSICIANS AND
SURGEONS OF THE UNITED KINGDOM FOUNDATION
Report and accounts**

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**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 July 2020 to 31 July 2021

The Trustees present their Report and Accounts for the period ended 31 July 2021.

Reference and administrative details

The charity name.

The legal name of the charity is :-ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

The charity is also known by its operating name, APPS UK FOUNDATION

The charity's areas of operation and UK charitable registration.

The charity is registered in England & Wales with charity number 1163957

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales and its governing document is a written constitution approved by the Charity Commission in England & Wales.

The Governing Document is dated 13 October 2015

The principal operating address, telephone number and email and web addresses of the charity are:-

Suite 1, Parkway 5, Parkway Business Centre
300 Princess Road, Manchester
M14 7HR

Telephone 0161 224 5456

Email: info@appsukfoundation.org.uk

Web: www.appsukfoundation.org.uk

The Trustees in office on the date the report was approved were:-

Dr. Mohammed Iqbal

Dr. Taimur Mirza

Miss Alia Arif

Dr. Saima Rauf

Dr. Yasmeen Almas

Mr. Shuja Rehman

The Trustees in office during the year were:-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 July 2020 to 31 July 2021

Objectives and activities of the charity

The purposes of the charity as set out in its governing document.

The purpose of the charity is to save lives and improve quality of life by providing health care facilities and necessary education. The charity undertakes projects in the UK and Pakistan.

The main activities undertaken in relation to those purposes during the period.

The charity continues to run two mobile health clinics in the remote rural areas of Pakistan. This is the one of the most successful project of the charity and its aimed at providing state of the art primary care facilities to the poor and needy people who would otherwise not be able to afford such care. The mobile health units are fully equipped with medical equipment required by a family physician.

Another project undertaken by the charity is to deliver lectures in medical colleges and hospitals in Pakistan. The lectures are delivered by the trustees and other members of the charity who would undertake this duty during their visits to Pakistan. The members also conduct free clinics in Pakistan whilst on holidays. This enable poor people to consult a health specialist who would otherwise not be able to afford it.

The members of the charity also conduct refresher courses for paramedics. These courses are designed to improve the existing skills set and competency of the ambulance crew who will be first to attend an emergency situation and take important initial steps before rushing to the local hospital.

The charity is planning to introduce yellow sharps bins in Pakistan for safe disposal of contaminated sharps. The charity believes that it will help control the menace of Hepatitis and other blood borne diseases.

The 100 Limb project : The incidence of disability (especially amputation) is very high in Pakistan due to various causes such as accidents, tumours or diabetes.

APPS UK Foundation provided 100 artificial limbs free of charge to amputees in Pakistan who would otherwise not be able to afford them. Our team of doctors, led by Consultant Surgeon Dr Amjad Gulzar Shaikh carried out the operations completely free of charge. We are just raising funds to purchase the limbs, parts and medication.

Dr Shaikh said "with the launch of the 100 Limbs Project, we have been able to give 100 amputees their lives back."

APPS foundation is also working on an ambitious direct centre project in Pakistan. This will be a similar project to the NHS Direct and it will enable people to call directly to the support centre for help.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 July 2020 to 31 July 2021

The main activities undertaken during the period to further the charity's purpose for the public benefit.

During the last year the charity continued to work through mobile health clinics in remote areas of Pakistan. These clinics are now seeing more than 200 patients a day and providing free of cost medicines to the poorest of the poor. These clinics are successfully running till date.

The charity had to sign a MOU with AIMustafa Trust in Pakistan to get the support and infra structure from its experience. AIMustafa is a large Charity organisation in Pakistan which is running more than 20 hospitals / clinics in different areas of Pakistan free of cost for poor and deserving people.

The average running cost of the clinics, including purchasing of free medicines and salaries of the medical staff is approximately £2000 per month. The free clinics are increasingly popular amongst the poor rural population. We are now seeing on an average approximately 100 to 120 patients in each clinic every day. This makes a total of 4,800 patients a month. A proper record of patients seen, and medicines is being maintained.

The charity also contributed towards establishing an audiology centre in one of the hospitals in Karachi (Pakistan) with latest state of the art equipment and is running successfully to date. APPSUK Foundation also held number of fund raising events in Manchester, Birmingham and London to raise the funds for our projects.

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

Recruitment and appointment of Trustees

The existing trustees are responsible for the recruitment of new trustees but in doing so the trustees adhere to the governing documents, and additionally seek the views and recommendations of respected members. Trustees are selected on the basis of their skills, experience and networks, and the needs of the Charity.

In selecting new trustees, the Charity seeks to identify people who regularly attend events and functions organised by the Charity and are willing to volunteer to help in the local community and charitable activities.

An assessment of their character, honesty, integrity, interpersonal skills and adherence to common British values is made. New trustees are also selected on the basis of their skills, experience and qualifications in order to further enhance the existing management team. Potential trustees are initially invited to attend trustees meetings as observers and are given further details of the Charity's objectives and activities. Subsequently if both the existing trustees and proposed new trustee agree, then s/he is proposed as a new trustee after observing a minimum of three meetings. This process allows due consideration of the person's commitment, personal competence and specialist knowledge and skills.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 July 2020 to 31 July 2021

The charity's financial position at the end of the period ended 31 July 2021

The financial position of the charity at 31 July 2021 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2021 £	2020 £
Net income	140,879	101,824
Unrestricted Revenue Funds available for the general purposes of the charity	224,105	163,059
Restricted Revenue Funds	163,229	83,397
Total Funds	387,334	246,456

Financial review of the position at the reporting date, 31 July 2021 .

The trustees consider the financial performance by the charity during the year have been satisfactory.

Availability and adequacy of assets of each of the funds

The trustees are satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Plans For the Future

Summary of plans for the future and the trustees' perspective of the future direction of the charity.

- i. The charity plans to continue to run the free mobile clinics.
- ii. Train the midwives working in rural areas to recognise early post-partum haemorrhage and refer the patient to health facility hence saving lives of mothers and neonates.
- iii. To hold an International Medical Conference in London and invite doctors from all over the world to read their papers.
- iv. To work on a yellow bin project in Pakistan to dispose off sharps securely and avoid needle stick injuries and hence spread of hepatitis C.
- v. Fund raising to open another set of free clinics in remote areas of Baluchistan.

Detail of The Independent Examiner

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M14 7HR

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the period from 1 July 2020 to 31 July 2021

Statement of Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRSSSE SORP 2015.

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed , subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the charity legislation. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 23 May 2022.

Dr Taimur Mirza
Trustee

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Income and Expenditure Account for the year ended 31 July 2021

Income and Expenditure Account for the year ended 31 July 2021

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2021 £	2021 £	2021 £	2020 £
Income & Endowments					
Donations & Legacies	A1	151,993	151,286	303,279	238,007
Income from charitable activities	A2	-	-	-	-
Total income	A	152,018	151,286	303,304	238,069
Expenditure					
Cost of raising funds	B1	2,275	-	2,275	1,006
Expenditure on charitable activities	B2	88,697	71,453	160,150	135,239
Other expenditure	B3	-	-	-	-
Total expenditure	B	90,972	71,453	162,425	136,245
Net income for the period	A-B	61,046	79,833	140,879	101,824
Total funds brought forward		163,059	83,397	246,456	144,629
Total funds carried forward		224,105	163,230	387,335	246,453

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Income and Expenditure Account for the year ended 31 July 2021

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Resources applied in the period ended 31 July 2021 towards fixed assets for Charity use:-

	2021	2020
	£	£
Funds generated in the year as detailed in the SOFA	140,879	101,824
Net resources available to fund charitable activities	140,879	101,824

Movements in revenue and capital funds for the period from 1 July 2020 to 31 July 2021

Revenue accumulated funds

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last year Total Funds 2020 £
Accumulated funds brought forward	163,059	83,397	246,456	144,629
Recognised gains and losses before transfers	61,046	79,833	140,879	101,824
	224,105	163,230	387,335	246,453
Closing revenue funds	224,105	163,230	387,335	246,453

Summary of funds

	Unrestricted and Designated funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last Year Total Funds 2020 £
Revenue accumulated funds	224,105	163,230	387,335	246,453

The notes attached on pages 9 to 11 form an integral part of these accounts.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM
FOUNDATION - Balance Sheet as at 31 July 2021**

	Notes	SORP Ref	2021 £	2020 £
Fixed assets		A		
Tangible assets	9	A2	5,480	6,447
Current assets		B		
Cash at bank and in hand		B4	381,854	240,008
Net current assets			381,855	240,008
The total net assets of the charity			387,334	246,456

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds				
Restricted Revenue Funds	8	D2	163,229	83,397
Unrestricted Funds				
Unrestricted Revenue Funds	8	D3	224,105	163,059
Designated Funds				
Total charity funds			387,334	246,456

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the examiner is on page 14-15.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Dr Taimur Mirza
Trustee

Approved by the board of trustees on 23 May 2022

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the period from 1 July 2020 to 31 July 2021

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities' (effective January 2015) and 'The FRSE Statement of Recommended Accounting Practice 2015', (The SORP 2015), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRSE SORP 2015 in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

2 Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Motor vehicles 15 % reducing balance

3 Liability to taxation

As a registered charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applied towards the charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

2021	2020
£	£

The net surplus before tax in the financial period is stated after charging:-

Depreciation of owned fixed assets	967	1,138
------------------------------------	-----	-------

4 Staff costs and emoluments

Numbers of full time employees or full time equivalents

2021	2020
------	------

The average number of total staff employed in the period was	-	-
--	---	---

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior period.

5 Tangible fixed assets

	Land and Buildings	Plant & Machinery	Motor Vehicles	Total	Total
	£	£	£	£	£
Cost					
At 1 July 2020	-	-	15,000	15,000	15,000
At 31 July 2021	-	-	15,000	15,000	15,000
Depreciation					
At 1 July 2020	-	-	8,553	8,553	8,553
Charge for the period	-	-	967	967	967
At 31 July 2021	-	-	9,520	9,520	9,520
Net book value					
At 31 July 2021	-	-	5,480	5,480	5,480
At 30 June 2020	-	-	6,447	6,447	6,447

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the period from 1 July 2020 to 31 July 2021

6 Income and Expenditure account summary	2021	2020
	£	£
At 1 July 2020	246,453	144,629
Surplus after tax for the period	140,878	101,824
At 31 July 2021	387,331	246,453

7 Particulars of how particular funds are represented by assets and liabilities

At 31 July 2021	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	5,480	-	-	5,480	5,480
Investments at valuation:-	-	-	-	-	-
Current Assets	218,625	-	163,229	381,854	381,854
	224,105	-	163,229	387,334	387,334
At 1 July 2020	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	6,447	-	-	6,447	6,447
Investments at valuation:-	-	-	-	-	-
Current Assets	156,611	-	83,397	240,008	240,008
	163,058	-	83,397	246,455	246,455

8 Change in total funds over the period as shown in Note 7 , analysed by individual funds

	Funds brought forward from 2020	Movement in funds in 2021	Transfers between funds in 2021	Funds carried forward to 2022	Funds carried forward to 2022
	£	£	£	£	£
Unrestricted and designated funds:-		<i>See Note 9</i>	<i>See Note 0</i>		
Unrestricted revenue funds	163,059	61,046	-	224,105	224,105
Total unrestricted and designated funds	163,059	61,046	-	224,105	224,105
Restricted funds:-					
Brought forward restricted funds	5,537	51,888	-	57,425	57,425
Total restricted funds	83,397	79,833	-	163,230	163,230
Total charity funds	246,456	140,879	-	387,335	387,335

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the period from 1 July 2020 to 31 July 2021

9 Analysis of movements in funds over the period as shown in Note 8

	Income	Expenditure	Other Gains & Losses	Movement in funds	Movement in funds
	2021	2021	2021	2021	2021
	£	£	£	£	£
Unrestricted and designated funds:-					
Unrestricted revenue funds	152,018	(90,972)	-	61,046	61,046
Restricted funds:-					
Restricted revenue funds	157,115	(105,227)		51,888	51,888
	303,304	(162,425)	-	140,879	140,879

10 The purposes for which the funds as detailed in note 8 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted revenue funds

These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

Restricted funds:-

Mobile Health Clinics

The aim of this project is to provide state of the art primary care facilities to the remote rural communities in Pakistan. Our mobile health units are fully equipped with medical equipment required by a family physician.

11 Ultimate controlling party

The charity is under the control of its legal members.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Detailed analysis of income and expenditure for the period from 1 July 2020 to 31 July 2021 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

12 Donations and Legacies

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Donations and gifts from individuals				
Small donations individually less than £1000	25,992	124,148	150,140	23,422
General donations	-	32,967	32,967	6,650
Total donations and gifts from individuals	151,993	151,286	303,279	238,007
Membership subscriptions as donations	-	-	-	-
Total Donations and Legacies	151,993	151,286	303,279	238,007

13 Income from charitable activities - Trading Activities

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Primary purpose and ancillary trading				
Ticket sales	-	-	-	-
Total Primary purpose and ancillary trading	-	-	-	-

14 Total Income from charitable activities

	Current year Unrestricted Funds £ 2021	Current year Restricted Funds £ 2021	Current year Total Funds £ 2021	Prior Year Total Funds £ 2020
Total income from charitable trading	-	-	-	-
Total from charitable activities	-	-	-	-

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Detailed analysis of income and expenditure for the period from 1 July 2020 to 31 July 2021 as required by the SORP 2015

15 Expenditure on charitable activities - Direct spending

		Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Mobile Health Clinics		-	2,270	2,270	12,188
Feed the homeless		88,457	16,930	105,388	80,522
Build Kashmir		-	360	360	3,900
100 limbs project		-	22,691	22,691	-
Total direct spending	B2a	88,457	70,486	158,944	129,230

16 Support costs for charitable activities

		Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Administrative overheads					
Stationery and printing		-	-	-	-
Financial costs					
Bank charges		240	-	240	30
Depreciation & Amortisation in total for the period		-	967	967	1,138
Support costs before reallocation		240	967	1,207	1,168
Less support costs reallocated to specific activities					
To charitable trading costs		-	-	-	-
To non charitable costs		-	-	-	-
Total support costs		240	967	1,207	1,168

17 Total Charitable expenditure

		Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Total direct spending	B2a	88,457	70,486	158,944	129,230
Total charitable trading costs	B2b	-	-	-	-
Total support costs	B2d	240	967	1,207	1,168
Total charitable expenditure	B2	88,697	71,453	160,151	135,239

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Detailed analysis of income and expenditure for the period from 1 July 2020 to 31 July 2021 as required by the SORP 2015

18 Expenditure on raising funds and charitable activities

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Cost of fundraising & charitable activities	-	-	-	906
Total fundraising costs	B1	2,275	-	2,275
				1,006

19 Other trading expenditure unrelated to fundraising or charitable activities

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Reallocated from support costs	-	-	-	-
Non charity expenditure	B3b	-	-	-

20 Total of other expenditure

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Non charity expenditure	-	-	-	-
Total other expenditure	B3	-	-	-

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Report of the Independent Examiner to the Trustees of the charity on the accounts for the period ended 31 July 2021

I report on the financial statements of the charity on pages 6 to 8 for the period ended 30 June 2019 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard for Smaller Entities (FRSSE), effective January 2015, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commission for England & Wales, effective January 2015 (The SORP), under the historical cost convention and the accounting policies set out on page 9.

Respective responsibilities of Trustees and Independent Examiner

As described on page 1, the charity's Trustees are responsible for the preparation of the accounts.

As described on page 9, you, the charity's Trustees, are responsible for the preparation of the financial statements in accordance with the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the governing documents of the charity for the conducting of an audit. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the charity is not subject to audit under any legal provision, or otherwise, and is eligible for independent examination, it is my responsibility to:-

- a) examine the accounts under section 145 of the Act;
- b) follow the procedures in the General Directions given by the Charity Commission under section 145(5)(b) of the Act; and;
- c) state whether particular matters have come to my attention.

Basis of Examiner's Statement and scope of work undertaken

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION**

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by with Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the Statement of Recommended Practice-Accounting and Reporting by Charities (effective January 2015)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

I conducted my examination in accordance with the General Directions issued by the Charity Commission for England & Wales, under section 145(5)(b) of the Act, setting out the duties of an Independent Examiner in relation to the conducting of an Independent Examination. An Independent Examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that the financial statements comply with the SORP, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements.

M S Dar - Independent Examiner

Association of Chartered Certified Accountants

Suite 1 Parkway 5

Parkway Business Centre, 300 Princess Road

Manchester

M14 7HR

M14 7HR

This report was signed on 23 May 2022

Accounts

The Charity Registration Number is :- 1163957

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION

Report and Accounts

30-Jun-20

**ASSOCIATION OF PAKISTANI PHYSICIANS AND
SURGEONS OF THE UNITED KINGDOM FOUNDATION
Report and accounts**

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**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 30 June 2020

The Trustees present their Report and Accounts for the period ended 30 June 2020.

Reference and administrative details

The charity name.

The legal name of the charity is :-ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

The charity is also known by its operating name, APPS UK FOUNDATION

The charity's areas of operation and UK charitable registration.

The charity is registered in England & Wales with charity number 1163957

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales and its governing document is a written constitution approved by the Charity Commission in England & Wales.

The Governing Document is dated 13 October 2015

The principal operating address, telephone number and email and web addresses of the charity are:-

Suite 1, Parkway 5, Parkway Business Centre
300 Princess Road, Manchester
M14 7HR
Telephone 0161 224 5456
Email: info@appsukfoundation.org.uk
Web: www.appsukfoundation.org.uk

The Trustees in office on the date the report was approved were:-

Dr. Mohammed Iqbal
Dr. Taimur Mirza
Dr. Saima Rauf - Joining date 30 January 2021
Dr. Shazeya Sarwar
Miss Alia Arif
Dr. Shakil Malik - Termination date 24 November 2020
Mr. Shuja Rehman
Dr. Yasmeen Almas

The Trustees in office during the year were:-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 30 June 2020

Objectives and activities of the charity

The purposes of the charity as set out in its governing document.

The purpose of the charity is to save lives and improve quality of life by providing health care facilities and necessary education. The charity undertakes projects in the UK and Pakistan.

The main activities undertaken in relation to those purposes during the period.

The charity continued its charitable work despite disruptions caused by the pandemic from March 2020. Many new projects were started along with the ones already running from previous years. APPS UK Foundation started the following new projects:

I Want To Earn Not Beg (Free Sewing Centres-3/Partnership)

The project empowers the disadvantaged and often abused women by providing 6 months free training for the stitching and design work followed by a gift of sewing machine to work from home, and therefore create home based entrepreneurship.

I Want To Earn Not Beg (Free Fruit carts)

The project offers Fruit Carts with free first load of fruits and/or vegetables to mildly disabled or deaf or transgender people to earn their living.

Restoration of vision

To restore vision of poor people to make their living and perform daily tasks.

Gifts of Garments

We have sent 1100 bridal dresses and £50,000 worth of uniforms in the last 18 months.

Free Mobile Healthcare

This project provides free of cost health care to remote areas of Pakistan. Each mobile healthcare consists of a Doctor and an Assistant and cover altogether 7 villages for free consultation and medication. We provide healthcare to facility to 27,000 patients per year.

Lower Limb Prosthesis

This project has been started to eradicate disability and improve quality of life. The lower limbs prosthesis fitted have 10 years warranty and free after care support which is ongoing.

Food provision in the UK

We have helped over 1400 families across the UK to receive the grocery/food packs, prescription medication at their door, and this includes the shelters and homes for the disabled.

Admission to Medical School

Under the leadership of Dr Abdul Hafeez, Dr Iram Butt and Dr Ashbal, this project has been able to train students for better statement and interview technique to gain admission in Medical Schools. In 2020, there were 84 successful students to gain admission in Medical Schools and in 2021 the number is slightly less at 71.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 30 June 2020

The main activities undertaken during the period to further the charity's purpose for the public benefit.

All projects carried out by APPSUK Foundation fall under the scope of public benefit. Apart from what has been mentioned above the charity is providing gifts of medical instruments particularly respiratory and diabetic care to the hospitals in rural areas of Pakistan. Apart from providing food packs to the needy in the UK, there are other projects running parallel to the UK programme which provide groceries to poor and needy families in Pakistan, Palestine, Syria, India, Yemen and Bangladesh.

The charity also helped to build a community centre in Mali which is serving the local population. Some members of APPS UK Foundation provide regular tuition support to the GCSE and A-Levels students so that they can achieve their desired grades.

Another project with the name of 'standby2donate4funeral' has been set up to provide financial assistance for respectful burial of a muslim in the UK with no family to pay or unable to pay.

'Book Club' is another popular project run by members of APPS UK Foundation. The group reads a discuss books with profound impact on personal and spiritual development. The first book to discuss was "Conversation with God" by Neale Donald Walsch followed by Q&A.

The charity is also running community matrimonial programmes. the project has been extremely successful in finding matrimonial match for Muslim Children. This was free to join until 01-05-2021 when £12 Sadqa or Zakat donation was applied. This project has so far achieved 1500 successful result with excellent feedback.

During the same year the charity started another much needed project which helps the Hearing-Impaired children. The project cares for the hearing impaired children and their special schools. We arrange free medical camps and provide free hearing aids and accessories.

During the last year the charity continued to work through mobile health clinics in remote areas of Pakistan. These clinics are now seeing more than 200 patients a day and providing free of cost medicines to the poorest of the poor. These clinics are successfully running till date.

The charity had to sign a MOU with AIMustafa Trust in Pakistan to get the support and infra structure from its experience. AIMustafa is a large Charity organisation in Pakistan which is running more than 20 hospitals / clinics in different areas of Pakistan free of cost for poor and deserving people.

The average running cost of the clinics, including purchasing of free medicines and salaries of the medical staff is approximately £2000 per month. The free clinics are increasingly popular amongst the poor rural population. We are now seeing on an average approximately 100 to 120 patients in each clinic every day. This makes a total of 4,800 patients a month. A proper record of patients seen, and medicines is being maintained.

The charity also contributed towards establishing an audiology centre in one of the hospitals in Karachi (Pakistan) with latest state of the art equipment and is running successfully to date. APPSUK Foundation also held number of fund raising events in Manchester, Birmingham and London to raise the funds for our projects.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 30 June 2020

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

Recruitment and appointment of Trustees

The existing trustees are responsible for the recruitment of new trustees but in doing so the trustees adhere to the governing documents, and additionally seek the views and recommendations of respected members. Trustees are selected on the basis of their skills, experience and networks, and the needs of the Charity.

In selecting new trustees, the Charity seeks to identify people who regularly attend events and functions organised by the Charity and are willing to volunteer to help in the local community and charitable activities.

An assessment of their character, honesty, integrity, interpersonal skills and adherence to common British values is made. New trustees are also selected on the basis of their skills, experience and qualifications in order to further enhance the existing management team. Potential trustees are initially invited to attend trustees meetings as observers and are given further details of the Charity's objectives and activities. Subsequently if both the existing trustees and proposed new trustee agree, then s/he is proposed as a new trustee after observing a minimum of three meetings. This process allows due consideration of the person's commitment, personal competence and specialist knowledge and skills.

The charity's financial position at the end of the year ended 30 June 2020

The financial position of the charity at 30 June 2020 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2,020	2,019
	£	£
Net income	101,825	76,508
Unrestricted Revenue Funds available for the general purposes of the charity	163,059	88,830
Restricted Revenue Funds	83,397	55,799
Total Funds	246,456	144,629

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 30 June 2020

Financial review of the position at the reporting date, 30 June 2020.

The trustees consider the financial performance by the charity during the year have been satisfactory.

Availability and adequacy of assets of each of the funds

The trustees are satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Plans For the Future

Summary of plans for the future and the trustees' perspective of the future direction of the charity.

- i. The charity plans to continue to run the free mobile clinics.
- ii. Train the midwives working in rural areas to recognise early post-partum haemorrhage and refer the patient to health facility hence saving lives of mothers and neonates.
- iii. To hold an International Medical Conference in London and invite doctors from all over the world to read their papers.
- iv. To work on a yellow bin project in Pakistan to dispose off sharps securely and avoid needle stick injuries and hence spread of hepatitis C.
- v. Fund raising to open another set of free clinics in remote areas of Baluchistan.

Detail of The Independent Examiner

M S Dar
Association of Chartered Certified Accountants
Suite 1 Parkway 5
Parway Business Centre
Manchester
M14 7HR

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION**

Trustees' Annual Report for the year ended 30 June 2020

Statement of Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRSSSE SORP 2015.

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed , subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the charity legislation. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 30 September 2021.

Dr Taimur Mirza
Trustee

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE
UNITED KINGDOM FOUNDATION - Income and Expenditure Account
for the year ended 30 June 2020**

Statement of Financial Activities for the year ended 30 June 2020

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2,020 £	2,020 £	2,020 £	2,019 £
Income & Endowments					
Donations & Legacies	A1	80,043	157,964	238,007	184,988
Income from charitable activities	A2	-	-	-	10,245
Total income	A	80,105	157,964	238,069	195,233
Expenditure					
Cost of raising funds	B1	1,006	-	1,006	11,636
Expenditure on charitable activities	B2	4,871	130,367	135,238	107,089
Other expenditure	B3	-	-	-	-
Total expenditure	B	5,877	130,367	136,244	118,725
Net income/(expenditure) for the period	A-B	74,228	27,597	101,825	76,508
Total funds brought forward		88,830	55,799	144,629	68,121
Total funds carried forward		163,058	83,396	246,454	144,629

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Income and Expenditure Account for the year ended 30 June 2020

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION - Resources applied in the period ended 30 June 2020 towards fixed assets for Charity use:-

	2,020	2,019
	£	£
Funds generated in the year as detailed in the SOFA	101,825	76,508
Net resources available to fund charitable activities	101,825	76,508

Movements in revenue and capital funds for the year ended 30 June 2020

Revenue accumulated funds

	Unrestricted Funds 2,020 £	Restricted Funds 2,020 £	Total Funds 2,020 £	Last year Total Funds 2,019 £
Accumulated funds brought forward	88,830	55,799	144,629	68,121
Recognised gains and losses before transfers	74,228	27,597	101,825	76,508
	163,058	83,396	246,454	144,629
Closing revenue funds	163,058	83,396	246,454	144,629

Summary of funds

	Unrestricted and Designated funds 2,020 £	Restricted Funds 2,020 £	Total Funds 2,020 £	Last Year Total Funds 2,019 £
Revenue accumulated funds	163,058	83,396	246,454	144,629

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM
FOUNDATION - Balance Sheet as at 30 June 2020**

	Notes	SORP Ref	2,020 £	2,019 £
Fixed assets		A		
Tangible assets	9	A2	6,447	7,585
Current assets		B		
Cash at bank and in hand		B4	240,008	137,043
Net current assets			240,009	137,043
The total net assets of the charity			<u>246,456</u>	<u>144,628</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds				
Restricted Revenue Funds	8	D2	83,397	55,799
Unrestricted Funds				
Unrestricted Revenue Funds	8	D3	163,059	88,830
Designated Funds				
Total charity funds			<u>246,456</u>	<u>144,628</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the examiner is on page 14-15.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Dr Taimur Mirza
Trustee

Approved by the board of trustees on 30 September 2021

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 30 June 2020

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities' (effective January 2015) and 'The FRSSE Statement of Recommended Accounting Practice 2015', (The SORP 2015), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRSSE SORP 2015 in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

2 Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Motor vehicles 15 % reducing balance

3 Liability to taxation

As a registered charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applied towards the charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

2,020 2,019
£ £

The net surplus before tax in the financial year is stated after charging:-

Depreciation of owned fixed assets 1,138 1,626

4 Staff costs and emoluments

Numbers of full time employees or full time equivalents 2,020 2,019

The average number of total staff employed in the period was - -

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior period.

5 Tangible fixed assets

	Land and Buildings	Plant & Machinery	Motor Vehicles	Total	Total
	£	£	£	£	£
Cost					
At 1 July 2019	-	-	15,000	15,000	15,000
At 30 June 2020	-	-	15,000	15,000	15,000
Depreciation					
At 1 July 2019	-	-	7,415	7,415	7,415
Charge for the period	-	-	1,138	1,138	1,138
At 30 June 2020	-	-	8,553	8,553	8,553
Net book value					
At 30 June 2020	-	-	6,447	6,447	6,447
At 30 June 2019	-	-	7,585	7,585	7,585

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 30 June 2020

6 Income and Expenditure account summary	2,020	2,019
	£	£
At 1 July 2019	144,629	68,121
Surplus/(loss) after tax for the period	101,825	76,508
At 30 June 2020	246,454	144,629

7 Particulars of how particular funds are represented by assets and liabilities

At 30 June 2020	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	6,447	-	-	6,447	6,447
Investments at valuation:-	-	-	-	-	-
Current Assets	53,646	-	83,397	137,043	137,043
	60,093	-	83,397	143,490	143,490
At 1 July 2019	Unrestricted funds	Designated funds	Restricted funds	Total Funds	Total Funds
	£	£	£	£	£
Tangible Fixed Assets	7,585	-	-	7,585	7,585
Investments at valuation:-	-	-	-	-	-
Current Assets	3,110	-	55,799	58,909	58,909
	10,695	-	55,799	66,494	66,494

8 Change in total funds over the period as shown in Note 7 , analysed by individual funds

	Funds brought forward from 2019	Movement in funds in 2020	Transfers between funds in 2020	Funds carried forward to 2021	Funds carried forward to 2021
	£	£	£	£	£
Unrestricted and designated funds:-					
Unrestricted revenue funds	88,830	74,228	-	163,058	163,058
Total unrestricted and designated funds	88,830	74,228	-	163,058	163,058
Restricted funds:-					
Brought forward restricted funds	5,537	51,888	-	57,425	57,425
Total restricted funds	55,799	27,597	-	83,396	83,396
Total charity funds	144,629	101,825	-	246,454	246,454

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Notes to the Accounts for the year ended 30 June 2020

9 Analysis of movements in funds over the period as shown in Note 8

	Income	Expenditure	Other Gains & Losses	Movement in funds	Movement in funds
	2,020	2,020	2,020	2,020	2,020
	£	£	£	£	£
Unrestricted and designated funds:-					
Unrestricted revenue funds	80,105	(5,877)	-	74,228	74,228
Restricted funds:-					
Restricted revenue funds	157,115	(105,227)		51,888	51,888
	238,069	(136,244)	-	101,825	101,825

10 The purposes for which the funds as detailed in note 8 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted revenue funds These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

Restricted funds:-

Mobile Health Clinics The aim of this project is to provide state of the art primary care facilities to the remote rural communities in Pakistan. Our mobile health units are fully equipped with medical equipment required by a family physician.

11 Ultimate controlling party

The charity is under the control of its legal members.

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUN

Detailed analysis of income and expenditure for the year ended 30 June 2020 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

12 Donations and Legacies

	Current year Unrestricted Funds 2,020 £	Current year Restricted Funds 2,020 £	Current year Total Funds 2,020 £	Prior Year Total Funds 2,019 £
Donations and gifts from individuals				
Small donations individually less than £1000	80,043	157,964	238,008	153,034
Total donations and gifts from individuals	80,043	157,964	238,008	183,106
Membership subscriptions as donations	-	-	-	1,882
Total Donations and Legacies A1	80,043	157,964	238,008	184,988

13 Income from charitable activities - Trading Activities

	Current year Unrestricted Funds 2,020 £	Current year Restricted Funds 2,020 £	Current year Total Funds 2,020 £	Prior Year Total Funds 2,019 £
Primary purpose and ancillary trading				
Ticket sales	-	-	-	10,245
Total Primary purpose and ancillary trading	-	-	-	10,245

14 Total Income from charitable activities

	Current year Unrestricted Funds £ 2,020	Current year Restricted Funds £ 2,020	Current year Total Funds £ 2,020	Prior Year Total Funds £ 2,019
Total income from charitable trading	-	-	-	10,245
Total from charitable activities A2	-	-	-	10,245

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUN

Detailed analysis of income and expenditure for the year ended 30 June 2020 as required by the SORP 2015

15 Expenditure on charitable activities - Direct spending

		Current year Unrestricted Funds 2,020 £	Current year Restricted Funds 2,020 £	Current year Total Funds 2,020 £	Prior Year Total Funds 2,019 £
Mobile Health Clinics		-	12,188	12,188	42,500
Feed the homeless		-	80,522	80,522	827
Build Kashmir		-	3,900	3,900	1,900
100 limbs project					60,000
PPE - Corona aid			20,030	20,030	
Qurbani			7,434	7,434	
Eye cataract lens expenses		-	1,238	1,238	
Gift of garments			3,917	3,917	
Total direct spending	B2a	-	129,229	129,229	105,227

16 Support costs for charitable activities - Personally funded by trustees

		Current year Unrestricted Funds 2,020 £	Current year Restricted Funds 2,020 £	Current year Total Funds 2,020 £	Prior Year Total Funds 2,019 £
Administrative overheads					
Stationery and printing		-	-	-	130
Financial costs					
Bank charges		30	-	30	106
Depreciation & Amortisation in total for the period		-	1,138	1,138	1,626
Support costs before reallocation		30	1,138	1,168	1,862
Less support costs reallocated to specific activities					
To charitable trading costs		-	-	-	-
To non charitable costs		-	-	-	-
Total support costs		30	1,138	1,168	1,862

17 Total Charitable expenditure

		Current year Unrestricted Funds 2,020 £	Current year Restricted Funds 2,020 £	Current year Total Funds 2,020 £	Prior Year Total Funds 2,019 £
Total direct spending	B2a	-	129,229	129,229	105,227
Total charitable trading costs	B2b	-	-	-	-
Total support costs	B2d	30	1,138	1,168	1,862
Total charitable expenditure	B2	4,871	130,367	135,238	107,089

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUN

Detailed analysis of income and expenditure for the year ended 30 June 2020 as required by the SORP 2015

18 Expenditure on raising funds and charitable activities

	Current year Unrestricted Funds 2,020 £	Current year Restricted Funds 2,020 £	Current year Total Funds 2,020 £	Prior Year Total Funds 2,019 £
Advertising - Personally funded by the trustees	100		100	
Cost of fundraising & charitable activities	906	-	906	11,636
Total fundraising costs	1,006	-	1,006	11,636

B1

ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED KINGDOM FOUNDATION

Report of the Independent Examiner to the Trustees of the charity on the accounts for the year ended 30 June 2020

I report on the financial statements of the charity on pages 6 to 8 for the period ended 30 June 2020 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard for Smaller Entities (FRSSE), effective January 2015, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commission for England & Wales, effective January 2015 (The SORP), under the historical cost convention and the accounting policies set out on page 9.

Respective responsibilities of Trustees and Independent Examiner

As described on page 1, the charity's Trustees are responsible for the preparation of the accounts.

As described on page 9, you, the charity's Trustees, are responsible for the preparation of the financial statements in accordance with the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the governing documents of the charity for the conducting of an audit. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the charity is not subject to audit under any legal provision, or otherwise, and is eligible for independent examination, it is my responsibility to:-

- a) examine the accounts under section 145 of the Act;
- b) follow the procedures in the General Directions given by the Charity Commission under section 145(5)(b) of the Act; and;
- c) state whether particular matters have come to my attention.

Basis of Examiner's Statement and scope of work undertaken

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

**ASSOCIATION OF PAKISTANI PHYSICIANS AND SURGEONS OF THE UNITED
KINGDOM FOUNDATION**

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by with Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the Statement of Recommended Practice-Accounting and Reporting by Charities (effective January 2015)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

I conducted my examination in accordance with the General Directions issued by the Charity Commission for England & Wales, under section 145(5)(b) of the Act, setting out the duties of an Independent Examiner in relation to the conducting of an Independent Examination. An Independent Examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that the financial statements comply with the SORP, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements.

M S Dar - Independent Examiner

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This report was signed on 30 September 2021