

FELTHAM FOOD BANK

England & Wales · Charity number 1163930

Details

Status Registered

Legal form CIO

Registered 2015-10-12

Register [View on the Charity Commission register](#)

Contact

Address 102 Hounslow Road
Feltham
TW14 0AX

Phone 07448831297

Email felthamfoodbank@gmail.com

Website <http://felthamfoodbank.org>

Activities

Objects: THE RELIEF OF FINANCIAL HARDSHIP AMONG PEOPLE LIVING OR WORKING IN THE LONDON BOROUGH OF HOUNSLOW OR IN LOCAL AUTHORITY AREAS CLOSELY NEIGHBOURING THE LONDON BOROUGH OF HOUNSLOW, BY PROVIDING PERSONS WITH FOOD AND HOUSEHOLD ITEMS WHICH THEY COULD NOT OTHERWISE AFFORD THROUGH LACK OF MEANS.

Activities: The relief of financial hardship among people living or working in the London Borough of Hounslow or in local authority areas closely neighbouring the London Borough of Hounslow, by providing persons with food and household items which they could not otherwise afford through lack of means.

Classification

- **How:** Makes Grants To Individuals, Other Charitable Activities
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- Hounslow

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£18,937	£25,282	-	-
2024-04-05	£32,875	£30,817	-	-
2023-04-05	£33,394	£28,902	-	-
2022-04-05	£28,287	£24,572	-	-
2021-04-05	£35,991	£22,707	-	-

Trustees

Name	Role	Appointed
AISHA SYEDA RAHMAN	Chair	2015-02-07
Catrina Julliard		2024-09-08
FAOUZI SAFFAR		2015-02-07
Jennifer Mullins		2019-02-02
LORRAINE JOY CALVERT		2015-02-07
MRS HELEN REED		2015-02-07
Madeleine Margaret Darvill		2017-01-15
Nina Walsh		2021-05-15
Syed Nadeem Manzar		2021-05-15
Syeda Juwaria Rahman		2024-09-08

FELTHAM FOOD BANK

England & Wales - Charity number 1163930

Accounts

Feltham Food Bank Trustees' Annual Report

From	Period start date			To	Period end date		
	06	04	2024		05	04	2025

Section A Reference and administration details

Charity name Feltham Food Bank

Other names charity is known by N/A

Registered charity number (if any) 1163930

Charity's principal address 102 Hounslow Road

Feltham

Postcode TW14 0AX

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1. Aisha Rahman	Chair		
2. Lorraine Calvert			
3. Keridwen Apronti			
4. John Calvert	Treasurer		
5. Madeleine Darvill			
6. Nina Walsh			
7. Helen Reed			
8. Jennie Mullins			
9. Nadeem Manzar			
10. Mary Hatherley			
11. Paul Hatherley			
12. Faouzi Saffar			
13. Catrina Julliard		8/9/24 onwards	
14. Syeda Juwaria Rahman		8/9/24 onwards	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Bank	Barclays	Leicester, LE87 2BB

Name of chief executive or names of senior staff members (Optional information)

N/A

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Constitution (Adopted on 07/10/2015)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing Trustees

Additional governance issues (Optional information)

N/A

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

<p>Feltham Food Bank was founded in March 2013 and became a registered charity on 12th October 2015.</p> <p>Feltham Food Bank is very grateful to have been supported by Feltham HIRA since March 2013.</p> <p>Organisation in the year from 6th April 2024 to 5th April 2025:</p> <ul style="list-style-type: none"> • Aisha Rahman continues to be Chair of Trustees. • Lorraine Calvert and John Calvert have managed a significant amount of the administration and practical tasks associated with running the food bank for a number of years. Over the past year John and Lorraine have been transitioning this responsibility across to other Trustees. • John has also managed his role as Treasurer across to Syeda Juwaria Rahman in time for 2025/2026. • Madeleine Darvill continues to deal with volunteer recruitment and rotas, and day to day practical tasks to maintain food supplies • Faouzi Saffar is Feltham Food Bank’s link to the Feltham HIRA Association (Charity No. 1146678) where he is also a Trustee. HIRA provide our premises. <p>All the Trustees give their time voluntarily and receive no remuneration, expenses or other benefits.</p> <p>Due to the ongoing cost of living challenges, there has been a continuing high demand for our service. This has meant that we have had to prioritise our service to those in TW13 and TW14 (and homes immediately adjacent to these post codes).</p> <p>We manage the residual excess demand through a waiting list and use of emergency parcels where appropriate.</p>

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The charity provides support for people living or working in the London Borough of Hounslow or in local authority areas closely neighbouring the London Borough of Hounslow, by providing food and household items which they could not otherwise afford through lack of means.

The work we do also supports Social Services, the NHS, local faith groups and charities such as St Mungo's.

The sole focus of Feltham Food Bank's activity is the provision of food, toiletries and baby supplies to individuals and families who have been referred by professionals as needing support.

We welcome and support anyone who has been referred for assistance within our catchment area.

Feltham Food Bank has a reputation for being welcoming, caring and responsive. Thanks to our volunteers we provide gift bags to mark special days, such as Christmas, Eid, Mother's and Father's Day.

We receive generous donations and support from companies and organisations such as ASDA, Costco, Lindt, Tesco, The Hygiene Bank, TK Maxx, Yorkshire Building Society and from local businesses, schools and from the public.

Positive feedback has come from both service users and professionals who make referrals. An extract from a recent note from a Service User was: ***"Many thanks and love to you all at the food bank for helping me so very much. Thank you."***

Feltham Food Bank is fortunate to continue to receive substantial donations of food and money throughout the year. In a typical week, Feltham Food Bank receives more than 30 supermarket "bags for life" full of food and various large and small cash donations, together with larger donations from schools and businesses. This generous ongoing support has enabled Feltham Food Bank to supply surplus food to our food bank partners at Riverside Vineyard Storehouse in Feltham.

Since November 2021, Feltham Food Bank has also been supporting some local asylum seeker families placed in hotels where no food is provided. In the early part of the year we were continuing to support between 8 and 12 asylum seeker families each week, this has now reduced significantly as the Home Office has reduced its use of local hotels.

Feltham Food Bank's constitution is clear that in relation to Trustees, volunteers and people receiving assistance we will not discriminate on the grounds of gender, race, colour, ethnic or national origin, sexuality, disability, religious or political belief, marital status or age.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Feltham Food Bank Trustees are supported by approximately 45 volunteers, with most Trustees working as ordinary volunteers in addition to their Trustee role.

Trustees and volunteers are required to read and sign the following policies of Feltham Food Bank: Confidentiality and Code of Conduct; Safeguarding Statement. Also, they must have regard to Feltham Food Bank's Constitution and Safety Statement.

For Trustees and volunteers of Feltham Food Bank there is a great deal of work involved collecting donations of food, supplies and money. Our aim is to provide a good nutritional balance and to meet dietary needs where we can (either health related e.g., gluten free, or religious e.g., halal or kosher, or ethical e.g., vegetarian or vegan). We provide women's sanitary products as required. Also, we provide age-appropriate food, nappies and provisions for babies.

As a result of the excellent and ongoing donations of food and money that we received in the year the quality and quantity of the food we provide continued at a high standard. All food parcels include fresh fruit and/or vegetables and clothes washing tablets. Also, when appropriate, we provide, baby food and nappies.

From early 2023, we now receive weekly donations of bread, rolls and cakes from The Cavan Bakery, a local company.

The contents of food parcels are discussed with each individual service user to help meet their needs and to minimise wastage of food.

Feltham Food Bank continues to work hard to be environmentally sustainable in various ways, such as:

- An insulated storage shed that needs minimal background heating.
- Packing clothes washing tablets in paper bags.
- Encouraging Service Users to bring their own bags.
- Using biodegradable plastic, recycled plastic or paper carrier bags.
- Recycling paper, cardboard and plastic whenever possible.
- Sharing excess food with local agencies to further reduce waste.

Summary of the main achievements of the charity during the year

All recipients of support from Feltham Food Bank have been referred by a professional organisation (e.g. GPs, Children's Services, Adult Social Care, Mental Health Teams, Schools, NHS community staff and social housing providers). We are sometimes able to meet emergency requests for help. A referral entitles the individual or family to make 4 separate visits to the food bank (6 from Qtr 4 onwards) to collect a food parcel.

In the year from 6th April 2024 to 5th April 2025 we had 1,237 visits to the Food Bank. In addition, we provided Christmas hampers for approximately 40 families as well as 20 gift packages at Eid, chocolates at Easter and gifts on Father's and Mother's Days.

Over the last 12 years Feltham Food Bank has built up a large network of support. Some examples are:

- Permanent food collection boxes at local Tesco and Asda stores.
- Local schools and churches who do food collections.
- Businesses, from large companies (like Royal Mail, TK Maxx, Costco, Yorkshire Building Society and Lindt) to small local companies who regularly donate food and money.
- Local residents who donate money, food, or set up and pay for supermarket food deliveries (buying food that we request).
- **hey girls...** a social enterprise that provides supplies of women's sanitary products free of charge. <https://www.heygirls.co.uk>

Section E Financial review

Brief statement of the charity's policy on reserves

In the year from 6th April 2024 to 5th April 2025 Feltham Food Bank had a deficit of £6,345.37. Feltham Food Bank had received a grant of £5,200 just 10 days before the end of the previous financial year. So, we effectively had an operating deficit of £1,145 for the year.

On 5th April 2025 Feltham Food Bank held funds in the bank of £1,114.36 in the current account, £29,841.82 in savings and £144.09 in petty cash.

Whilst our reserves are slightly lower than in recent years this is not a concern – we retain an adequate surplus for contingencies and our priority is using the donations we receive to help people.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising).
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

In addition to the very substantial donations of food, toiletries, baby and household supplies detailed above, financial donations received by Feltham Food Bank were:

- £13,371 – donations
- £165 – from local businesses
- £500 – TK Maxx
- £500 – Costco
- £2,500 – Yorkshire Building Society

together with:

- £1,467 – HMRC Gift Aid
- £433 – interest from savings account.

Payments made by Feltham Food Bank included:

- £14,718 – topping up food, toiletries, baby and household supplies
- £2,069 – food and treats for Christmas and Eid
- £1,440 contribution to Feltham HIRA Association.

Section F Other optional information

In addition to our Constitution, Feltham Food Bank has the following policies in place:



- Confidentiality and Code of Conduct
- Safeguarding Statement
- Safety Statements.

The Accounts, Supplementary to the Accounts and this Annual Report have been, as best as possible, prepared in accordance with:

- Feltham Food Bank's Constitution;
- Accounting and Reporting by Charities: Statement of Recommended Practice;
- The Charities Act 2011;
- UK Generally Accepted Practice. Insofar as it applies.

Section G Declaration

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees:

Signature(s)		
Full name(s)	Paul Christopher Hatherley	Mary Grainne Hatherley
Position (eg Secretary, Chair, etc)	Trustee	Trustee

Date: 29th September 2025



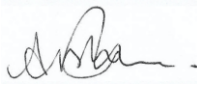
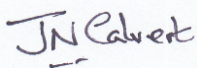
Receipts and payments accounts

For the period from	Period start date 6th April 2024	To	Period end date 5th April 2025
---------------------	-------------------------------------	----	-----------------------------------

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations for food & household supplies	13,537	-	-	13,537	18,761
Business donations	3,500	-	-	3,500	2,500
Grants - London Borough of Hounslow	-	-	-	-	9,600
Interest on savings	433	-	-	433	339
HMRC Gift Aid	1,467	-	-	1,467	1,675
Sub total (Gross income for AR)	18,937	-	-	18,937	32,875
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,937	-	-	18,937	32,875
A3 Payments					
Food & household supplies	14,718	-	-	14,718	19,648
Stationery & printing	59	-	-	59	95
Insurance	165	-	-	165	165
Storage & safety	1,064	-	-	1,064	1,075
Mobile phones & communications	531	-	-	531	227
Christmas hampers	1,546	-	-	1,546	4,223
Ramada / Eid Hampers	523	-	-	523	-
Food purchased with Hounslow grants	5,236	-	-	5,236	4,422
Wheeled banner	-	-	-	-	309
HIRA contribution	1,440	-	-	1,440	480
DBS checks (Voluntary Action Harrow)	-	-	-	-	126
Miscellaneous	-	-	-	-	47
Sub total	25,282	-	-	25,282	30,817
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	25,282	-	-	25,282	30,817
Net of receipts/(payments)	- 6,345	-	-	- 6,345	2,058
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	37,445	-	-	37,445	35,387
Cash funds this year end	31,100	-	-	31,100	37,445

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	1,114	-	-
	Savings account	29,842	-	-
	Petty cash	144	-	-
	Total cash funds	31,100	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Aisha Rahman		
		John Calvert		

Feltham Food Bank (Charity Number 1163930)

For the financial year 6th April 2024 to 5th April 2025



Statement of assets and liabilities at the end of the 2024 – 2025 financial year

- Cash Assets £31,100
- Liabilities £0

Supplementary notes to receipt and payment accounts

A1 Donations: Cash donations for food and household supplies came from local residents, businesses and community organisations.

A1 General Business Donations: Three cash donations for general use came from local businesses. Total received £3,500.

A1 Grants: No grants received.

A1 Interest on savings: £433 interest received on Barclays Bank savings account.

A1 HMRC Gift Aid: £1,467 received from HMRC 2023-24 tax year.

A3 Food & household supplies: Funds are used to purchase additional food, toiletries and other household supplies. Feltham Food Bank aims for a good nutritional balance in our food parcels. Cash donations received are also used to purchase good quality fresh fruit and vegetables that are added to every food parcel. In addition, it is sometimes necessary to purchase food to meet special dietary needs and to provide items such as baby food, baby nappies and feminine hygiene products.

A3 Mobile phones & communications: Call charges for Feltham Food Bank mobiles (07448831297 & 07783368928).

NOTE: no Trustees or Volunteers receive any payment for their time helping at Feltham Food Bank.

Net of Receipts/(Payments): From 6th April 2024 to 5th April 2025, Feltham Food Bank had a deficit of £6,345.

Signed on behalf of the charity's Trustees:

Signatures		
Full Names	Paul Christopher Hatherley	Mary Grainne Hatherley
Positions	Trustee	Trustee
Date	29th September 2025	29th September 2025

FELTHAM FOOD BANK

England & Wales - Charity number 1163930

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	06	04	2023	To	05	04	2024

Section A Reference and administration details

Charity name	Feltham Food Bank		
Other names charity is known by			
Registered charity number (if any)	1163930		
Charity's principal address	102 Hounslow Road		
	Feltham		
	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Postcode</td> <td style="border: 1px solid black; padding: 5px;">TW14 0AX</td> </tr> </table>	Postcode	TW14 0AX
Postcode	TW14 0AX		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Aisha Rahman	Chair		
2	Lorraine Calvert	Joint Secretary		
3	Keridwen Apronti	Joint Secretary		
4	John Calvert	Treasurer		
5	Madeleine Darvill			
6	Nina Walsh			
7	Helen Reed			
8	Jennie Mullins			
9	Nadeem Manzar			
10	Mary Hatherley			
11	Paul Hatherley			
12	Faouzi Saffar			
13	Sindy Thornley		Stood down - 16 Sept. 2023	
14				
15				
16				
17				
18				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Bank	Barclays	Leicester, LE87 2BB

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (Adopted on 07/10/2015)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Feltham Food Bank was founded in March 2013 and became a registered charity on 12th October 2015.

Feltham Food Bank is immensely proud to support some of the most vulnerable in the local community with food supplies.

Feltham Food Bank is honoured and very grateful to have been supported by Feltham HIRA since March 2013. Starting in January 2024, a contribution of £120 per month is made to Feltham HIRA.

Due to the ongoing cost of living challenges, there has been a high demand for our service. Sometimes, over the year, we have had a waiting list. We monitor this closely and have put measures in place to support families until we had the capacity to support them with food and supplies.

Organisation in the year from 6th April 2023 to 5th April 2024:

- **Aisha Rahman** was one of the founder members of Feltham Food Bank at its launch in March 2013. Aisha continues to be Chair of Trustees.
- **Lorraine Calvert** and **Keri Apronti** (Joint Secretaries) deal with the bulk of administration. **Nadeem Manzar** covers several administrative tasks.
- **Madeleine Darvill** deals with volunteer recruitment and rotas, and day to day practical tasks to maintain food supplies
- **John Calvert** (Treasurer) deals with finances, some administrative tasks and day to day practical tasks to maintain food supplies.
- **Faouzi Saffar** is Feltham Food Bank's link to the Feltham HIRA Association (Charity No. 1146678) where he is also a Trustee. HIRA provide our premises.

All the Trustees give their time voluntarily and receive no remuneration or other benefits.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of financial hardship among people living or working in the London Borough of Hounslow or in local authority areas closely neighbouring the London Borough of Hounslow, by providing persons with food and household items which they could not otherwise afford through lack of means.

At Feltham Food Bank meetings, when planning activities for the year, we kept in mind the Charity Commissions guidance on public benefit.

The sole focus of Feltham Food Bank's activities is the provision of food, toiletries, baby supplies and basic household supplies to individuals and families who have been referred as needing support. This benefits the people concerned by providing food and supplies for 3 to 4 days when they have very limited means or, in some cases, no means to purchase food. We welcome and support anyone who has been referred for assistance.

Feltham Food Bank has built up a fantastic reputation for being welcoming, caring and responsive. Thanks to Madeleine Darvill and others we provide gift bags to mark special days, such as Mother's and Father's Day. Using generous donations from local companies, such as Lindt, from the Hampton branch of The Hygiene Bank <https://thehygienebank.com> and donations from Trustees and volunteers.

Positive feedback has come from both service users and professionals who make referrals. An extract from a recent note from a Service User was: ***"Thank you so much for the Mother's Day gift bag. You made my day!"***

Feltham Food Bank is fortunate to continue to receive substantial donations of food and money throughout the year. In a typical week, Feltham Food Bank received more than 40 supermarket "bags for life" full of food and various large and small cash donations. This generous ongoing support has enabled Feltham Food Bank to supply surplus food to our food bank partners at Vineyard Storehouse in Feltham.

Since November 2021, Feltham Food Bank has been supporting some local asylum seeker families placed in hotels where no food is provided. We are continuing to support between 8 and 10 asylum seeker families each week.

Feltham Food Bank's constitution is clear that in relation to Trustees, volunteers and people receiving assistance we will not discriminate on the grounds of gender, race, colour, ethnic or national origin, sexuality, disability, religious or political belief, marital status or age.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Feltham Food Bank has 12 Trustees and a rotation of around 35 volunteers. Most Trustees work as ordinary volunteers in addition to their Trustee role.

Trustees and volunteers are required to read and sign the following policies of Feltham Food Bank: Confidentiality and Code of Conduct; Safeguarding Statement. Also, they must have regard to Feltham Food Bank's Constitution and Safety Statement.

Feltham Food Bank aims to ensure that Trustees and Volunteers have up to date DBS checks.

For Trustees and volunteers of Feltham Food Bank there is a great deal of work involved collecting donations of food, supplies and money. Our aim is to provide a good nutritional balance and to meet dietary needs (either health related e.g., gluten free, or religious e.g., halal or kosher, or ethical e.g., vegetarian or vegan). We provide women's sanitary products as required. Also, we provide age-appropriate food, nappies and provisions for babies.

As a result of the excellent and ongoing donations of food and money that we received in the year 6th April 2023 to 5th April 2024 the quality and quantity of the food we provide continued at a high standard. All food parcels include fresh fruit and/or vegetables and clothes washing tablets. Also, when appropriate, we provide, baby food and nappies.

From early 2023, we now receive weekly donations of bread, rolls and cakes from The Cavan Bakery, a local company.

The contents of food parcels are discussed with each individual service user to help meet their needs and to minimise wastage of food.

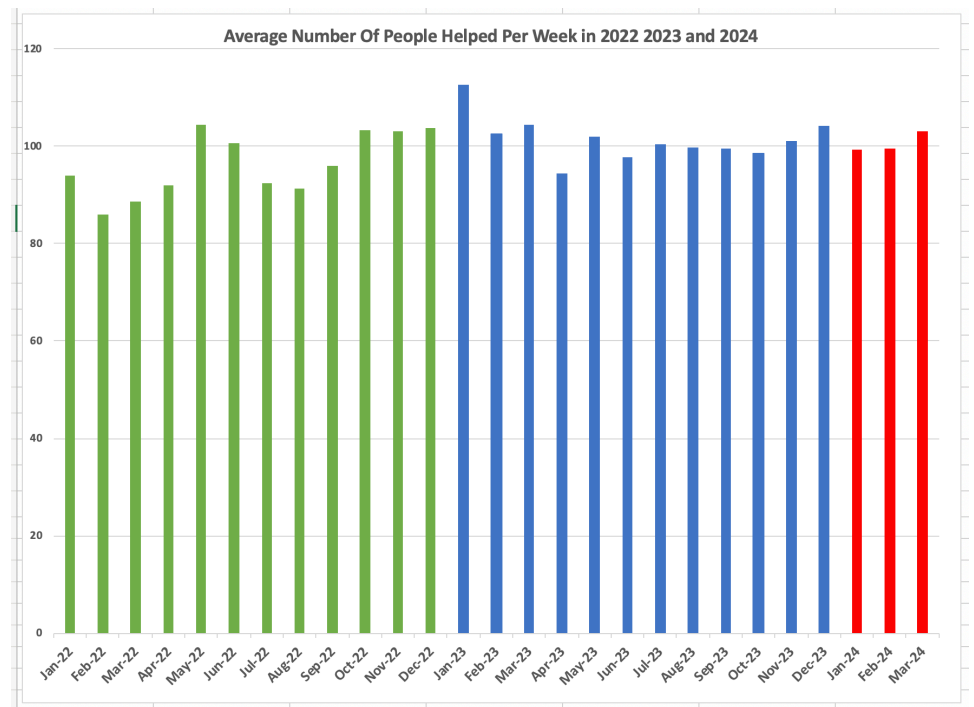
Feltham Food Bank continues to work hard to be more environmentally sustainable in various ways, such as:

- An insulated storage shed that needs minimal background heating.
- Packing clothes washing tablets in paper bags.
- Using biodegradable plastic, recycled plastic or paper carrier bags.
- Recycling paper, cardboard and plastic whenever possible.
- Sharing excess food with local agencies to further reduce waste.

Summary of the main achievements of the charity during the year

All recipients of support from Feltham Food Bank have been referred by a professional organisation (e.g., CAB, DWP, Children's Services, Adult Social Care, Mental Health Teams, Schools, NHS community staff and social housing providers). We are sometimes able to meet emergency requests for help. A referral entitles the individual or family to make 4 separate visits to the food bank to collect a food parcel.

The following chart shows the number of people helped per week for each month since January 2022.



In the year from 6th April 2023 to 5th April 2024 we had 1,570 visits to the Food Bank providing food for 2,770 adults and 2,528 children. In addition, at Christmas 2023, we provided 47 families (83 adults and 76 children) with substantial Christmas Hampers.

A local school referred a lone parent with two young children. After the loss of a good job due to serious illness, the father really struggled financially. This was made worse by delays and errors in the payment of Universal Credit. Feltham Food Bank provide substantial food parcels, plus extras for the children, for a period of several months.

Over the last 11 years Feltham Food Bank has built up a large network of support. Some examples are:

- Feltham Food Bank also has permanent food collection boxes at local Tesco and Asda stores. Special thanks to both Tesco and Asda for their support over the last 11 years.
- Some local schools do food collections.
- Local businesses, from large companies like Royal Mail and Lindt to small companies regularly donate food and money.
- A local church has collected food for 11 years.
- Local residents donate money, food, or set up and pay for supermarket food deliveries buying food that we request.
- **hey girls...** social enterprise provides supplies of women's sanitary products free of charge. <https://www.heygirls.co.uk>

Section E

Financial review

Brief statement of the charity's policy on reserves

In the year from 6th April 2023 to 5th April 2024 Feltham Food Bank had a surplus of £2,058. This figure is slightly misleading as we received a grant of £5,200 just 10 days before the end of the financial year. So, we effectively had a deficit of £3,142 for the year.
Feltham Food Bank's cash assets increased from £35,387 to £37,445. On 5th April 2024 Feltham Food Bank held funds in the bank of £11,857 in current account, £25,409 in savings & £179 petty cash.
An independent examination of the Feltham Food Bank accounts was done by Peter Webb, Penn Consultants. He had "no concerns."

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising).
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

In addition to the very substantial donations of food, toiletries, baby and household supplies detailed above, financial donations received by Feltham Food Bank were:
£18,761 – routine donations from local residents and businesses;
£2,500 – from local businesses;
£9,600 – in total from two grants made by London Borough of Hounslow;
£1,675 – HMRC Gift Aid;
£339 – interest from savings account.
Payments made by Feltham Food Bank included:
£19,648 – topping up food, toiletries, baby and household supplies;
£4,223 – food and treats for Christmas Hampers;
£4,422 - extra food and supplies, related to the grants from London Borough of Hounslow;
£480 contribution to Feltham HIRA Association.

Section F

Other optional information

In addition to our Constitution, Feltham Food Bank has the following policies in place: Confidentiality and Code of Conduct; Safeguarding Statement; Safety Statements.

The Accounts, Supplementary to the Accounts and this Annual Report have been, as best as possible, prepared in accordance with:

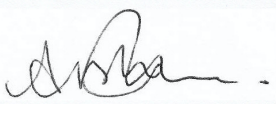
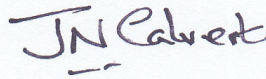
- Feltham Food Bank's Constitution;
- Accounting and Reporting by Charities: Statement of Recommended Practice;
- The Charities Act 2011;
- UK Generally Accepted Practice.

Insofar as they apply.


Section G

Declaration

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees:

Signature(s)		
Full name(s)	Aisha Rahman	John Calvert
Position (eg Secretary, Chair, etc)	Chair of Trustees	Treasurer

Date: 9th June 2024

	A	B	C	D	E	F	G	H	I	J	
1	 CHARITY COMMISSION FOR ENGLAND AND WALES	Charity Name					No (if any)				
2		Feltham Food Bank					1163930				
3		Receipts and payments accounts								CC16a	
4		For the period from		Period start date		To		Period end date			
5				6th April 2023				5th April 2024			
6											
7	Section A Receipts and payments										
8		Unrestricted funds	Restricted funds	Endowment funds	Total funds			Last year			
9		to the nearest £	to the nearest £	to the nearest £	to the nearest £			to the nearest £			
10	A1 Receipts										
11	Donations for food & household supplies	18,761	-	-	18,761			22,386			
12	Business donations	2,500	-	-	2,500			1,725			
13	Grants - London Borough of Hounslow	9,600	-	-	9,600			7,700			
14	Interest on savings	339	-	-	339			346			
15	HMRC Gift Aid	1,675	-	-	1,675			1,237			
16											
17	Sub total (Gross income for AR)	32,875	-	-	32,875			33,394			
18											
19	A2 Asset and investment sales, (see table).										
20		-	-	-	-			-	-		
21	Sub total	-	-	-	-			-	-		
22											
23	Total receipts	32,875	-	-	32,875			33,394			
24											
25	A3 Payments										
26	Food & household supplies	19,648	-	-	19,648			13,056			
27	Stationery & printing	95	-	-	95			358			
28	Insurance	165	-	-	165			165			
29	Storage & safety	1,075	-	-	1,075			1,611			
30	Mobile phones & communications	227	-	-	227			488			
31	Christmas hampers	4,223	-	-	4,223			3,634			
32	Food purchased with Hounslow grants	4,422	-	-	4,422			8,927			
33	Wheeled banner	309			309			-			
34	HIRA contribution	480			480			-			
35	DBS checks (Voluntary Action Harrow)	126			126			42			
36	Miscellaneous	47			47			621			
37											
38	Sub total	30,817	-	-	30,817			28,902			
39											
40	A4 Asset and investment purchases, (see table)										
41		-	-	-	-			-	-		
42	Sub total	-	-	-	-			-	-		
43											
44	Total payments	30,817	-	-	30,817			28,902			
45											
46	Net of receipts/(payments)	2,058	-	-	2,058			4,492			
47	A5 Transfers between funds	-	-	-	-			-	-		
48	A6 Cash funds last year end	35,387	-	-	35,387			30,895			
49	Cash funds this year end	37,445	-	-	37,445			35,387			
50											

51

Section B Statement of assets and liabilities at the end of the period

52

53

54

55

56

57

58

59

60

61

62

63

64

65

66

67

68

69

70

71

72

73

74

75

76

77

78

79

80

81

82

83

84

85

86

87

88


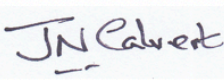
89

90

91

92

93

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	11,857	-	-
	Savings account	25,409	-	-
	Petty cash	179	-	-
	Total cash funds	37,445	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Aisha Rahman		12th May 2024
		John Calvert		12th May 2024

Feltham Food Bank (Charity Number 1163930)

For the financial year 6th April 2023 to 5th April 2024



Statement of assets and liabilities at the end of the 2023 – 2024 financial year

- Cash Assets £37,445
- Liabilities £0

Supplementary notes to receipt and payment accounts

A1 Donations: Cash donations for food and household supplies came from local residents, businesses and community organisations.

A1 Donations: Two cash donations for general use came from local businesses. Total received £2,500.

A1 Grants: Two grants from London Borough of Hounslow. Total received £9,600 to help purchase food and household supplies. These grants were: 1) Household Support Fund - £4,400, 2) Household Support Fund - £5,200.

NOTE: The grant for £5,200 was received on 28th March 2024 and will be spent in the 2024 – 2025 tax year.

A1 Interest on savings: £339 interest received on Barclays Bank savings account.

A1 HMRC Gift Aid: £1,675 received from HMRC 2022-23 tax year.

A3 Food & household supplies: Funds are used to purchase additional food, toiletries and other household supplies. Feltham Food Bank aims for a good nutritional balance in our food parcels. Cash donations received are also used to purchase good quality fresh fruit and vegetables that are added to every food parcel. In addition, it is sometimes necessary to purchase food to meet special dietary needs and to provide items such as baby food, baby nappies and feminine hygiene products.

A3 Mobile phones & communications: Call charges for Feltham Food Bank mobiles (07448831297 & 07783368928).

A3 Miscellaneous: £47 for flowers sent to a Trustee following the death of a close relative.

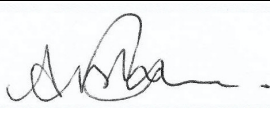
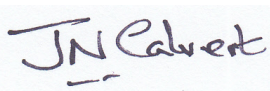
NOTE: no Trustees or Volunteers receive any payment for their time helping at Feltham Food Bank.

Net of Receipts/(Payments): From 6th April 2023 to 5th April 2024, Feltham Food Bank had a surplus of £2,058.

NOTE: the recorded surplus of £2,058 was impacted by the receipt of the £5,200 grant from London Borough of Hounslow one week before the end of the financial year. Therefore, effectively there was a deficit of £3,142 for the 2023 – 2024 financial year. As cash assets are £37,445, this deficit is not a cause for concern.

Independent examination: An independent examination of the Feltham Food Bank accounts has been done by Peter Webb. He had “no concerns” about the accounts.

Signed on behalf of the charity’s Trustees:

Signatures		
Full Names	Aisha Rahman	John Calvert
Positions	Chair of Trustees	Treasurer
Date	12th May 2024	12th May 2024



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name: Feltham Food Bank

On accounts for the year ended

5th April 2024

Charity no (if any)

1163930

Set out on pages

1 and 2 of the Annual accounts 2023 – 2024 (Excel spreadsheet) and in the Supplementary Notes 2023 – 2024.

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05/04/2024.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

[Handwritten signature]

Date:

May 1st 2024.

Name:

Peter Webb

Relevant professional qualification(s) or body (if any):

[Empty box]

Address:

14 The Oaks

West Byfleet

KT14 6RL

FELTHAM FOOD BANK

England & Wales - Charity number 1163930

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	06	04	2022	To	05	04	2023

Section A Reference and administration details

Charity name	Feltham Food Bank		
Other names charity is known by			
Registered charity number (if any)	1163930		
Charity's principal address	102 Hounslow Road		
	Feltham		
	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Postcode</td> <td style="border: 1px solid black; padding: 5px;">TW14 0AX</td> </tr> </table>	Postcode	TW14 0AX
Postcode	TW14 0AX		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Aisha Rahman	Chair		
2	Lorraine Calvert	Joint Secretary		
3	Madeleine Darvill	Joint Secretary		
4	John Calvert	Treasurer		
5	Sindy Thornley			
6	Faouzi Saffar			
7	Helen Reed			
8	Jennie Mullins			
9	Nadeem Manzar			
10	Nina Walsh			
11	Keridwen Apronti		Appointed - 28 June 2022	
12	Mary Hatherley		Appointed - 7 January 2023	
13	Paul Hatherley		Appointed - 7 January 2023	
14				
15				
16				
17				
18				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Bank	Barclays	Leicester, LE87 2BB

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (Adopted on 07/10/2015)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing Trustees

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>Feltham Food Bank was founded in March 2013 and became a registered charity on 12th October 2015.</p> <p>Feltham Food Bank is immensely proud to support the most vulnerable in the community with food supplies.</p> <p>Due to the current cost of living crisis, our service has been required more than ever, with the need to hold a waiting list of referred service users on occasions during this reporting period. We monitor this closely and have put measures in place to support families until we have the capacity to support them with food and supplies. We implemented a supermarket voucher system to bridge this gap. This is used on a short-term basis only.</p> <p>Organisation in the year from 6th April 2022 to 5th April 2023:</p> <ul style="list-style-type: none"> - Aisha Rahman was one of the founder members of Feltham Food Bank at its launch in March 2013. Aisha continues to be Chair of Trustees. - Lorraine Calvert and Madeleine Darvill (Joint Secretaries) deal with the bulk of administration and with day to day tasks to maintain food supplies. - John Calvert (Treasurer) deals with finances, some administrative tasks and day to day practical tasks to maintain food supplies. - Nadeem Manzar covers several administrative tasks. - Faouzi Saffar is Feltham Food Bank's link to the Feltham HIRA Association (Charity No. 1146678) where he is also a Trustee. HIRA provide premises for Feltham Food Bank free of charge. <p>All the Trustees give their time voluntarily and receive no remuneration or other benefits.</p>
--	--

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of financial hardship among people living or working in the London Borough of Hounslow or in local authority areas closely neighbouring the London Borough of Hounslow, by providing persons with food and household items which they could not otherwise afford through lack of means.

At Feltham Food Bank meetings, when planning activities for the year, we kept in mind the Charity Commissions guidance on public benefit.

The sole focus of Feltham Food Bank's activities is the provision of food, toiletries, baby and basic household supplies to individuals and families who have been referred as needing support. This benefits the people concerned by providing food and supplies for 3 to 4 days when they have very limited means or, in some cases, no means to purchase food. We welcome and support anyone who has been referred for assistance. Section D details the number of referrals received, and people helped.

Feltham Food Bank has built up a fantastic reputation for being welcoming, caring and responsive. This positive feedback has come from both service users and professionals who make referrals. An extract from a recent note from a Service User was: ***"Thank you for your help with an emergency parcel this morning, I am grateful to you and all the helpers who were all very understanding and kind towards me."***

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Feltham Food Bank is fortunate to continue to receive substantial donations of food and money throughout the year. In a typical week, Feltham Food Bank received more than 40 supermarket "bags for life" full of food and various large and small cash donations. This generous ongoing support has enabled Feltham Food Bank to supply other local organisations with surplus food to our food bank partners at Vineyard Storehouse and to the Open Kitchen, who provide daily free hot meals for local people.

From November 2021, Feltham Food Bank started to see a dramatic increase in visits from asylum seeker families who had been placed at hotels in the local area. This has continued and led to an increase in demand of almost 50%. We were able to manage this on a short-term basis. After discussion with London Borough of Hounslow, Seema Malhotra MP and other food services in the local area, the Trustees of Feltham Food Bank decided that assistance would be given to those asylum seeker families placed in hotels where no food is provided. However, assistance with food would not be given to asylum seeker families in hotels that do provide food. After this review, we are still supporting between 10 and 15 asylum seeker families each week. We continue to monitor this situation.

Feltham Food Bank's constitution is clear that in relation to Trustees, volunteers and people receiving assistance we will not discriminate on the grounds of gender, race, colour, ethnic or national origin, sexuality, disability, religious or political belief, marital status or age.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Feltham Food Bank has 13 Trustees and a rotation of around 30 volunteers. Most Trustees work as ordinary volunteers in addition to their Trustee role.

Trustees and volunteers are required to read and sign the following policies of Feltham Food Bank: Confidentiality and Code of Conduct; Safeguarding Statement. Also, they must have regard to Feltham Food Bank's Constitution and Safety Statement.

Feltham Food Bank aims to ensure that all Trustees and Volunteers have up to date DBS checks.

For Trustees and volunteers of Feltham Food Bank there is a great deal of work involved collecting donations of food, supplies and money. Our aim is to provide a good nutritional balance and to meet dietary needs (either health related e.g., gluten free or religious e.g., halal or kosher or ethical e.g., vegetarian or vegan). We provide women's sanitary products as required. Also, we provide age-appropriate food, nappies and provisions for babies.

As a result of the excellent and ongoing donations of food and money that we received in the year 6th April 2022 to 5th April 2023 the quality and quantity of the food we provide continued to increase and improve. All food parcels include fresh fruit and/or vegetables and clothes washing tablets. Also, when appropriate, we provide, baby food and nappies.

From early 2023, we now receive weekly donations of bread, rolls and cakes from a local bakery.

The contents of food parcels are discussed with each individual service user to help meet their needs and to minimise wastage of food.

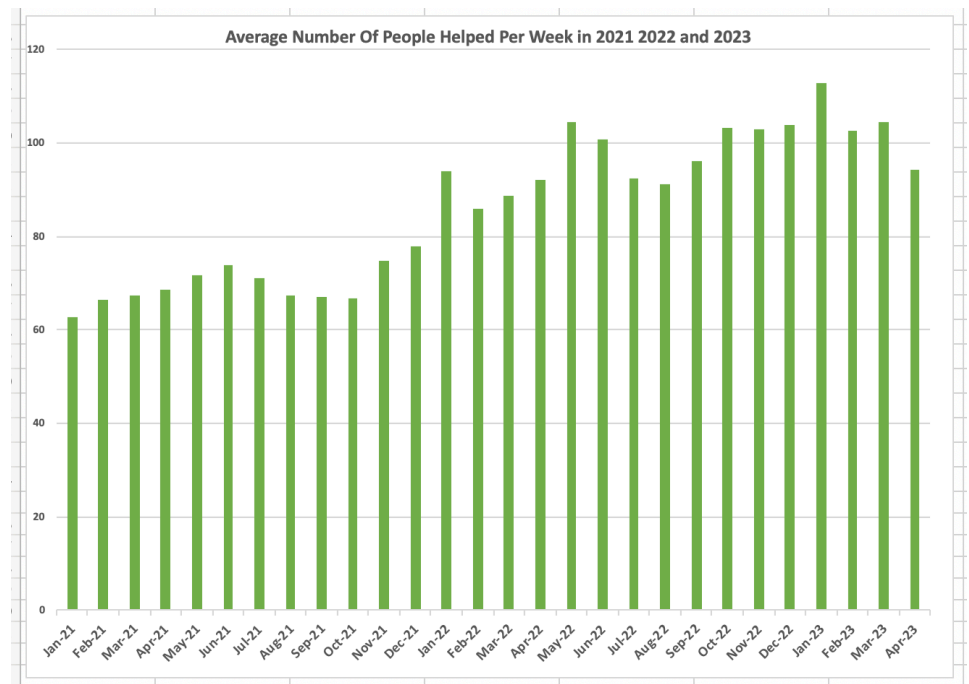
Feltham Food Bank continues to work hard to be more environmentally sustainable in various ways, such as:

- An insulated storage shed that needs minimal background heating.
- Packing clothes washing tablets in paper bags.
- Using biodegradable plastic, recycled plastic or paper carrier bags.
- Recycling paper, cardboard and plastic whenever possible.
- Sharing excess food with local agencies to further reduce waste.

Summary of the main achievements of the charity during the year

All recipients of support from Feltham Food Bank have been referred by a professional organisation (e.g., CAB, DWP, Children's Services, Adult Social Care, Mental Health Teams, Schools, NHS community staff and social housing providers). We are able to meet emergency requests for help. A referral entitles the individual or family to make 4 separate visits to the food bank to collect a food parcel.

The following chart shows the number of people helped per week for each month since January 2021.



In the year from 6th April 2022 to 5th April 2023 we had 1,537 visits to the Food Bank providing food for 2,730 adults and 2,500 children. In addition, at Christmas 2022, we provided 61 families (96 adults and 85 children) with substantial Christmas Hampers.

We also provide Mothers and Father's Day gift bags using generous donations from local companies, such as Lindt and items sourced by Trustees and volunteers.

Over the last 10 years Feltham Food Bank has built up a large network of support. Some examples are:

- Many local schools do a food collection at least once a year.
- Local businesses, from large companies like Royal Mail and Lindt to small companies regularly donate food and money.
- A local church has collected food for 10 years.
- Feltham Food Bank also has permanent food collection boxes at local Tesco and Asda stores.
- In addition, one of our supporters donated a defibrillator.

An example of help we have provided to a service user who was referred to us by a charity while they supported them for alcohol addiction. They attended the foodbank over a three-month period, and this provided additional support and stability. This person is now back working and no longer requires our service.

Section E

Financial review

Brief statement of the charity's policy on reserves

In the year from 6th April 2022 to 5th April 2023 Feltham Food Bank had a surplus of £4,492.
As a result, Feltham Food Bank's cash assets increased from £30,895 on 5th April 2022 to £35,387 on 5th April 2023.
On 5th April 2023 Feltham Food Bank held funds in the bank of £35,352 (£5,283 in current account and £30,069 in savings account) plus £35 petty cash totalling £35,387, all of which is unrestricted funds.
An independent examination of the Feltham Food Bank accounts has been done by Peter Webb, Penn Consultants. He had "no concerns" about the accounts.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising).
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

In addition to the very substantial donations of food, toiletries, baby and household supplies detailed above, financial donations received by Feltham Food Bank included:
£22,386 – routine donations from local residents and businesses;
£1,725 – from local businesses;
£7,700 – in grants from London Borough of Hounslow;
£1,237 – HMRC Gift Aid.
Payments made by Feltham Food Bank included:
£13,056 – topping up food, toiletries, baby and household supplies;
£3,634 – food and treats for Christmas Hampers;
£8,927 - extra food and supplies, related to the grants from London Borough of Hounslow;
£576 – for a secure cabinet to hold the defibrillator, see Supplementary to Accounts for details.

Section F

Other optional information

In addition to our Constitution, Feltham Food Bank has the following policies in place: Confidentiality and Code of Conduct; Safeguarding Statement; Safety Statements.

The Accounts, Supplementary to the Accounts and this Annual Report have been, as best as possible, prepared in accordance with:


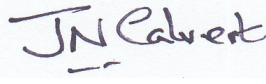
- Feltham Food Bank's Constitution;
- Accounting and Reporting by Charities: Statement of Recommended Practice;
- The Charities Act 2011;
- UK Generally Accepted Practice.

Insofar as they apply.

Section G


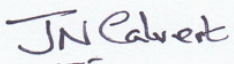
Declaration

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees:

Signature(s)		
Full name(s)	Aisha Rahman	John Calvert
Position (eg Secretary, Chair, etc)	Chair of Trustees	Treasurer

8th July 2023

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	5,283	-	-
	Savings account	30,069	-	-
	Petty cash	35	-	-
	Total cash funds	35,387	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Details			
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Aisha Rahman		8th July 2023
		John Calvert		8th July 2023

Feltham Food Bank (Charity Number 1163930)

For the financial year 6th April 2022 to 5th April 2023

Statement of assets and liabilities at the end of the 2022 – 2023 financial year

- Cash Assets £35,387
- Liabilities £0



Supplementary notes to receipt and payment accounts

A1 Donations: Cash donations for food and household supplies came from local residents, businesses and community organisations.

A1 Donations: Five cash donations for general use came from local businesses. Total received £1,725.

A1 Grants: Two grants from London Borough of Hounslow. Total received £7,700 to help purchase food and household supplies. These grants were: 1) Household Support Fund - £3,520, 2) Household Support Fund - £4,180.

A1 Miscellaneous: Total received £346, made up of two items.

1. £58 interest received on Barclays Bank savings account.
2. £288 from Feltham HIRA Association as a 50% contribution to the cost of a lockable cabinet for a defibrillator. A supporter of Feltham Food Bank donated a defibrillator in memory of her father who had recently died.

A1 HMRC Gift Aid: £1,237 received from HMRC – total for 2020-21 and 2021-22 tax years.

A3 Food & household supplies: Funds are used to purchase additional food, toiletries and other household supplies. Feltham Food Bank aims for a good nutritional balance in our food parcels. Cash donations received are also used to purchase good quality fresh fruit and vegetables that are added to every food parcel. In addition, it is sometimes necessary to purchase food to meet special dietary needs and to provide items such as baby food, baby nappies and feminine hygiene products.

A3 Mobile phones & communications: Call charges for Feltham Food Bank mobiles (07448831297 & 07783368928). Also includes a subscription to Zoom (£14.39 per month) and website fees.

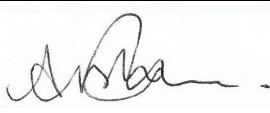
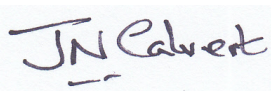
A3 Miscellaneous: Total paid £621, made up of two items.

1. £45 for flowers sent to a Trustee following the death of a close relative.
2. £576 to purchase a lockable cabinet for a defibrillator.

Net of Receipts/(Payments): In the period from 6th April 2021 to 5th April 2022, Feltham Food Bank had a surplus of £4,492.

Independent examination: An independent examination of the Feltham Food Bank accounts has been done by Peter Webb. He had “no concerns” about the accounts.

Signed on behalf of the charity’s Trustees:

Signatures		
Full Names	Aisha Rahman	John Calvert
Positions	Chair of Trustees	Treasurer
Date	8th July 2023	8th July 2023



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Feltham Food Bank

**On accounts for the year
ended**

5th April 2023

**Charity no
(if any)**

1163930

Set out on pages

1 and 2 of the Annual accounts 2022 – 2023 (Excel spreadsheet) and in the Supplementary Notes 2022 – 2023.

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05/04/2023**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

April 28th 2023

Name:

Peter Webb

**Relevant professional
qualification(s) or body
(if any):**

Address:

14 The Oaks

West Byfleet

KT14 6RL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

FELTHAM FOOD BANK

England & Wales - Charity number 1163930

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	06	04	2021	To	05	04	2022

Section A Reference and administration details

Charity name	Feltham Food Bank		
Other names charity is known by			
Registered charity number (if any)	1163930		
Charity's principal address	102 Hounslow Road		
	Feltham		
	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Postcode</td> <td style="border: 1px solid black; padding: 2px;">TW14 0AX</td> </tr> </table>	Postcode	TW14 0AX
Postcode	TW14 0AX		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Aisha Rahman	Chair		
2	Lorraine Calvert	Joint Secretary		
3	Madeleine Darvill	Joint Secretary		
4	John Calvert	Treasurer		
5	Sindy Thornley			
6	Faouzi Saffar			
7	Helen Reed			
8	Maeve Begley			
9	Omair Nazimi			
10	Jennie Mullins			
11	Nadeem Manzar		Appointed 15 th May 2021	
12	Nina Walsh		Appointed 15 th May 2021	
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Bank	Barclays	Leicester, LE87 2BB

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (Adopted on 07/10/2015)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Feltham Food Bank was founded in March 2013 and became a registered charity on 12th October 2015.

Feltham Food Bank is very proud that, throughout the Covid-19 pandemic, we continued to meet our aim of "relieving hardship" by working as part of the "Covid-19 Emergency Food Response" for the local area. This was in partnership with Feltham Salvation Army, Riverside Vineyard Storehouse, Christ Church Feltham, Reach Academy and others. Food support was provided to between 100 and 150 vulnerable local families every week from late March 2020 to July 2021.

19th July 2021 was the date that government regulations related to Covid-19 were significantly reduced and Feltham Food Bank returned to a more normal way of working.

Organisation in the year from 6th April 2021 to 5th April 2022:

- Aisha Rahman was one of the founder members of Feltham Food Bank at its launch in March 2013. Aisha continues to be Chair of Trustees.
- Lorraine Calvert and Madeleine Darvill (Joint Secretaries) deal with the bulk of administrative tasks and various day to day practical tasks to maintain food supplies.
- John Calvert (Treasurer) deals with finances, some administrative tasks and day to day practical tasks to maintain food supplies.
- Nadeem Manzar has taken on a small number of administrative tasks and has organised a weekly Stock Checking rota.
- Faouzi Saffar is Feltham Food Bank's link to the Feltham HIRA Association (Charity No. 1146678) where he is also a Trustee. HIRA provide premises for Feltham Food Bank free of charge.

All the Trustees give their time voluntarily and receive no remuneration or other benefits.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of financial hardship among people living or working in the London Borough of Hounslow or in local authority areas closely neighbouring the London Borough of Hounslow, by providing persons with food and household items which they could not otherwise afford through lack of means.

At Feltham Food Bank meetings, when planning activities for the year, we kept in mind the Charity Commissions guidance on public benefit.

The sole focus of Feltham Food Bank's activities is the provision of food, toiletries, baby and household supplies to individuals and families who have been referred as needing support. This benefits the people concerned by providing food and supplies for 4 to 5 days when they have very limited means or, in some cases, no means to purchase food. We welcome and support anyone who has been referred for assistance. Section D details the number of referrals received and people helped.

Feltham Food Bank has built up a fantastic reputation for being welcoming, caring and responsive. This positive feedback has come from both service users and professionals who make referrals. An extract from a recent comment sent by a Social Work Team in Hounslow Children's Services was: *"Your hard work and dedication to the community is so appreciated."*

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Feltham Food Bank is fortunate to have received substantial donations of food and money throughout the Covid-19 pandemic. In a typical week, Feltham Food Bank received more than 50 supermarket "bags for life" full of food and more than £250 cash donations. This generous ongoing support has enabled Feltham Food Bank to provide large amounts of surplus food to our partners at Salvation Army and Vineyard Storehouse.

During the Covid-19 pandemic food parcels were delivered to the most vulnerable service users and others were collected when it was deemed safe to do so. The number of deliveries gradually reduced to a point where only one or two food parcels needed home delivery.

In November 2021 Feltham Food Bank started to see a dramatic increase in visits from asylum seeker families who had been placed at hotels in the local area. This led to an increase in demand of almost 50%. We were able to manage this on a short-term basis. After discussion with London Borough of Hounslow, Seema Malhotra MP and other food services in the local area, the Trustees of Feltham Food Bank decided that assistance would be given to those asylum seeker families placed in hotels where no food is provided. However, assistance with food would not be given to asylum seeker families in hotels that do provide food. In January, February and March 2022 support with food was provided to between 10 and 15 asylum seeker families each week.

Feltham Food Bank's constitution is clear that in relation to Trustees, volunteers and people receiving assistance we will not discriminate on the grounds of gender, race, colour, ethnic or national origin, sexuality, disability, religious or political belief, marital status or age.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Feltham Food Bank has 12 Trustees and about 30 volunteers. Most Trustees work as ordinary volunteers in addition to their Trustee role.

Trustees and volunteers are required to read and sign the following policies of Feltham Food Bank: Confidentiality and Code of Conduct; Safeguarding Statement. Also, they must have regard to Feltham Food Bank's Constitution and Safety Statement.

Feltham Food Bank aims to ensure that all Trustees and Volunteers have up to date DBS checks.

For Trustees and volunteers of Feltham Food Bank there is a great deal of work involved collecting donations of food, supplies and money. Our aim is to provide a good nutritional balance and to meet dietary needs (either health related e.g. gluten free or religious e.g. halal or kosher or ethical e.g. vegetarian or vegan). We provide women's sanitary products as required. Also, we provide age appropriate food, nappies and provisions for babies.

As a result of the excellent and ongoing donations of food and money that we received in the year 6th April 2021 to 5th April 2022 the quality and quantity of the food we provide continued to increase and improve. All food parcels include: fresh fruit and/or vegetables, toilet rolls and clothes washing tablets. Also, when appropriate, we provide, baby food and nappies.

The contents of food parcels are discussed with each individual service user to help meet their needs and to minimise wastage of food.

Feltham Food Bank continues to work hard to be more environmentally sustainable in various ways, such as:

- An insulated storage shed that needs minimal background heating.
- Packing toilet rolls and clothes washing tablets in paper bags.
- Using biodegradable plastic, recycled plastic or paper carrier bags.
- Recycling paper, cardboard and plastic whenever possible.
- Sharing excess food with local agencies to further reduce waste.

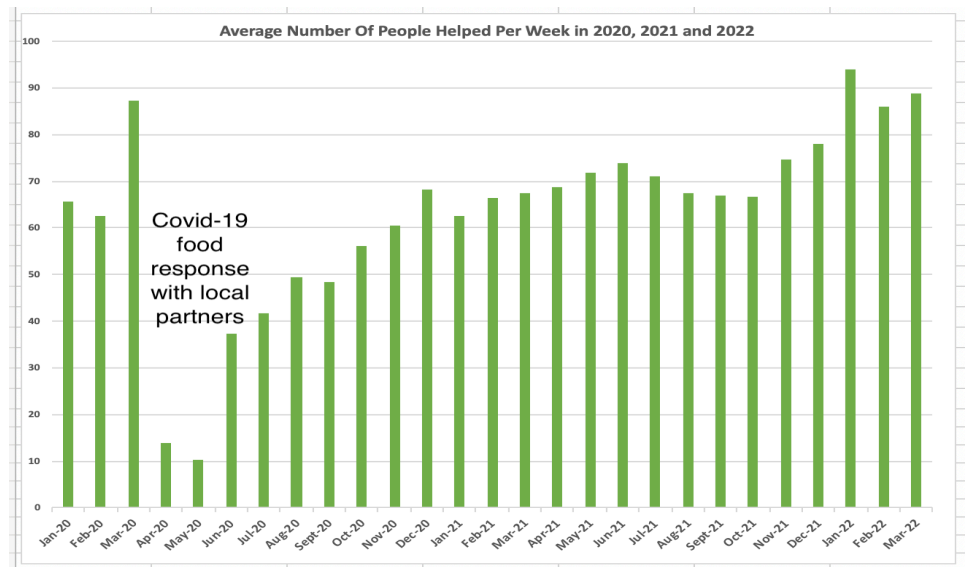
Section D

Achievements and performance

Summary of the main achievements of the charity during the year

All recipients of support from Feltham Food Bank have been referred by a professional organisation (e.g. CAB, DWP, Children's Services, Adult Social Care, Mental Health Teams, Schools, NHS community staff and social housing providers). We are able to meet emergency requests for help. A referral entitles the individual or family to make 4 separate visits to the food bank to collect a food parcel.

The following chart shows the number of people helped per week for each month since January 2020.



In the year from 6th April 2021 to 5th April 2022 we had 1,349 visits to the Food Bank providing food for 2,071 adults and 1,862 children. In addition, at Christmas 2021, we provided 40 families (71 adults and 78 children) with substantial Christmas Hampers.

PLEASE NOTE: the chart and these figures do not include the very large number of local families that were helped by Feltham Food Bank's involvement in the local "Covid-19 Emergency Food Response".

Over the last 9 years Feltham Food Bank has built up a large network of support. Some examples are:

- Many local schools do a food collection at least once a year.
- Local businesses, from large companies like Royal Mail and Sutton Winson Ltd to small companies regularly donate food and money.
- A local church has collected food for 9 years.
- Feltham Food Bank also has permanent food collection boxes at local Tesco and Asda stores.

An example of help we have provided is a father and adult daughter referred for help. The daughter was the survivor of serious domestic abuse and she had moved back to live with her father. In addition, she had acute and life-threatening physical health problems. One of our volunteers spent a lot of time patiently talking to the family. As a result, they were provided with additional items of food that they liked and would enjoy. Both father and daughter gave very positive feedback about the support they received. Sadly, the daughter died, but food support continued to be provided to the father for a period of some weeks.

Section E

Financial review

Brief statement of the charity's policy on reserves

In the year from 6th April 2021 to 5th April 2022 Feltham Food Bank had a surplus of £3,715.
As a result, Feltham Food Bank's cash assets increased from £27,180 on 5th April 2021 to £30,895 on 5th April 2022.
At 5th April 2022 Feltham Food Bank held funds in the bank of £30,858 (£10,847 in current account and £20,011 in savings account) plus £37 petty cash totalling £30,895, all of which is unrestricted funds.
An independent examination of the Feltham Food Bank accounts has been done by Mike Foston. He had "no concerns" about the accounts.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

In addition to the very substantial donations of food, toiletries, baby and household supplies detailed above, **Feltham Food Bank received:**
£13,825 – routine donations from local residents and businesses;
£2,500 – from local businesses;
£6,360 – in grants from London Borough of Hounslow;
£2,410 – additional Covid-19 donations from residents and businesses.
Feltham Food Bank spent:
£9,412 – topping up food, toiletries, baby and household supplies;
£3,531 – food and treats for Christmas Hampers;
£1,860 – extra food and supplies due to the Covid-19 pandemic;
£6,884 – extra food and supplies, related to the grants from London Borough of Hounslow.
£538 – essential items to ensure safe working during the Covid-19 pandemic, see Supplementary to Accounts for details.

Section F

Other optional information

In addition to our Constitution, Feltham Food Bank has the following policies in place: Confidentiality and Code of Conduct; Safeguarding Statement; Safety Statement (updated in May 2020).
The Accounts, Supplementary to the Accounts and this Annual Report have been, as best as possible, prepared in accordance with:


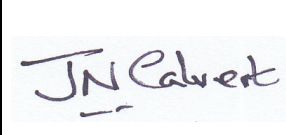
- Feltham Food Bank's Constitution;
- Accounting and Reporting by Charities: Statement of Recommended Practice;
- The Charities Act 2011;
- UK Generally Accepted Practice.

Insofar as they apply.

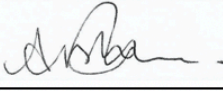
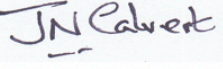
Section G

Declaration

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees:

Signature(s)		
Full name(s)	Aisha Rahman	John Calvert
Position (eg Secretary, Chair, etc)	Chair of Trustees	Treasurer
Date	28 th May 2022	

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	10,847	-	-
	Savings account	20,011	-	-
	Petty cash	37	-	-
	Total cash funds	30,895	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Aisha Rahman		28th May 2022
		John Calvert		28th May 2022

Feltham Food Bank (Charity Number 1163930)

For the Period 6th April 2021 to 5th April 2022

Statement of assets and liabilities at the end of the 2021 – 2022 financial year

- Cash Assets £30,895
- Liabilities £0



Supplementary notes to receipt and payment accounts

A1 Donations: All cash donations for food and household supplies came from local residents, businesses and community organisations.

A1 Grants: Three grants from London Borough of Hounslow. Total received £6,360 to help purchase food and household supplies. These grants were: 1) Covid-19 Fund - £1,980, 2) Household Support Fund - £3,380, 3) Neighbourhood Grant - £1,000.

A1 Miscellaneous: £2 interest received on Barclays Bank savings account.

A1 HMRC Gift Aid: £3,190 received from HMRC – total for 2018-19 and 2019-20 tax years.

A3 Food & household supplies: Funds are used to purchase additional food, toiletries and other household supplies. Feltham Food Bank aims for a good nutritional balance in our food parcels. Cash donations received are also used to purchase good quality fresh fruit and vegetables that are added to every food parcel. In addition, it is sometimes necessary to purchase food to meet special dietary needs and to provide items such as baby food, baby nappies and feminine hygiene products.

A1 and A3 Covid-19 crisis: the Covid-19 pandemic continued at the beginning of this financial year. Feltham Food Bank decided that income and expenditure relating to Covid-19 ceased on 19th July 2021 when government regulations were significantly reduced. In the period from 6th April to 19th July Feltham Food Bank received donations, related to Covid-19, from local residents totalling £2,410.


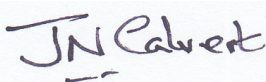
£1,860 was used to purchase additional food supplies to meet increased demand and £538 was used for additional costs related to the Covid-19 pandemic. Including: PPE, sanitiser, carrier bags and mobile costs.

A3 Mobile phones & communications: Call charges for Feltham Food Bank mobiles (07448831297 & 07783368928). Also includes a subscription to Zoom (£14.39 per month).

Net of Receipts/(Payments): In the period from 6th April 2021 to 5th April 2022, Feltham Food Bank had a surplus of £3,715.

Independent examination: An independent examination of the Feltham Food Bank accounts has been done by Mike Foston. He had “no concerns” about the accounts.

Signed on behalf of the charity’s Trustees:

Signatures		
Full Names	Aisha Rahman	John Calvert
Positions	Chair of Trustees	Treasurer
Date	28th May 2022	28th May 2022

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Feltham Food Bank

**On accounts for the year
ended**

5th April 2022

**Charity no
(if any)** 1163930

Set out on pages

1 and 2 of Annual Accounts 2021 – 2022 (Excel spreadsheet) and in the Supplementary Notes 2021 – 2022.

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05/04/2022**.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:



Date:

6th May 22

Name:

Mike Foston

**Relevant professional
qualification(s) or body
(if any):**

—

Address: 34 Cranleigh Road

Feltham

TW13 4QD

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None. *W/W*

FELTHAM FOOD BANK

England & Wales - Charity number 1163930

Accounts

Trustees' Annual Report for the period

		Period start date			Period end date		
From	06	04	2020	To	05	04	2021

Section A Reference and administration details

Charity name

Feltham Food Bank

Other names charity is known by

Registered charity number (if any)

1163930

Charity's principal address

102 Hounslow Road	
Feltham	
Postcode	TW14 0AX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Aisha Rahman	Chair		
2	Lorraine Calvert	Joint Secretary		
3	Madeleine Darvill	Joint Secretary		
4	John Calvert	Treasurer		
5	Sindy Thornley			
6	Faouzi Saffar			
7	Helen Reed			
8	Maeve Begley			
9	Omar Nazimi			
10	Jennie Mullins			
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Bank	Barclays	Leicester, LE87 2BB

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution (Adopted on 07/10/2015)
How the charity is constituted <small>(eg. trust, association, company)</small>	Charitable Incorporated Organisation
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Appointed by existing Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Feltham Food Bank is very proud of its work for the duration of the Covid-19 crisis. The year started with our premises closed for 8 weeks. However, Feltham Food Bank continued to meet its aim of "relieving hardship" by working as part of the "Covid-19 Emergency Food Response" for the local area. This was in partnership with Feltham Salvation Army, Riverside Vineyard Storehouse, Christ Church Feltham, Reach Academy and volunteers linked to the "Feltham Community" Facebook group. Support was provided to between 120 and 150 very vulnerable local families every week from late March 2020 to April 2021.

During the period that Feltham Food Bank was closed and throughout the year from 6th April 2020 to 5th April 2021 many of our volunteers and a substantial proportion of food donations received helped the "Covid-19 Emergency Food Response" to provide food for local families.

Feltham Food Bank was founded in March 2013 and became a registered charity on 12th October 2015.

Organisation in the year from 6th April 2020 to 5th April 2021:

- Aisha Rahman was one of the founder members of Feltham Food Bank at its launch in March 2013. Aisha continues to be Chair of Trustees.
- Lorraine Calvert and Madeleine Darvill (Joint Secretaries) deal with administrative tasks.
- John Calvert (Treasurer) deals with finances. Also, day to day practical tasks including: donations of food and toiletries.
- Faouzi Saffar is Feltham Food Bank's link to the Feltham HIRA Association (Charity No. 1146678) where he is also a Trustee. HIRA provide premises for Feltham Food Bank free of charge.

All the Trustees give their time voluntarily and receive no remuneration or other benefits.

Two Trustees, Chandrika Makwana and Julie Shah, stood down in March 2021. The input and expertise they have provided is much appreciated.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of financial hardship among people living or working in the London Borough of Hounslow or in local authority areas closely neighbouring the London Borough of Hounslow, by providing persons with food and household items which they could not otherwise afford through lack of means.

At Feltham Food Bank meetings, when planning activities for the year, we kept in mind the Charity Commissions guidance on public benefit.

The sole focus of Feltham Food Bank's activities is the provision of food, toiletries, baby and household supplies to individuals and families who have been referred as needing support. This benefits the people concerned by providing food and supplies for 4 to 5 days when they have very limited means or, in some cases, no means to purchase food. We welcome and support anyone who has been properly referred for assistance.

Please see below in Section D for details of the number of referrals received and people helped.

Feltham Food Bank has built up a fantastic reputation for being welcoming, caring and responsive. This positive feedback has come from both service users and professionals who make referrals. An example is an online comment from a newly referred service user:

“People at Feltham Food Bank are very friendly. They make you feel comfortable with their approach. These guys are real life savers in this pandemic. Keep doing this guys.”

Feltham Food Bank is fortunate to continue to receive substantial donations of food and money. During the Covid-19 crisis this support has increased. In a typical week, during the year from April 2020 to April 2021, Feltham Food Bank received about 100 supermarket “bags for life” full of food and more than £400 cash donations. This support has enabled Feltham Food Bank to provide very large amounts of food to our partners at Feltham Salvation Army, Riverside Vineyard Storehouse and Christ Church Feltham.

In late May 2020 Feltham Food Bank resumed the direct provision of food whilst continuing to support our partners in the “Covid-19 Emergency Food Response”. For two months all food parcels were delivered, then from late July 2020 to April 2021 some food parcels were delivered and some were collected by the service users. Considerable effort was made to maximise the food support that Feltham Food Bank provided whilst working in accordance with Covid-19 guidance.

Feltham Food Bank's constitution is clear that in relation to Trustees, volunteers and people receiving assistance we will not discriminate on the grounds of gender, race, colour, ethnic or national origin, sexuality, disability, religious or political belief, marital status or age.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Feltham Food Bank has a total of about 35 Trustees and volunteers. The Trustees work as ordinary volunteers in addition to their Trustee role.

Trustees and volunteers are required to read and sign the following policies of Feltham Food Bank: Confidentiality and Code of Conduct; Safeguarding Statement. Also, they must have regard to Feltham Food Bank's Constitution and Safety Statement.

Over the past year Feltham Food Bank has ensured that all Trustees and Volunteers have up to date DBS checks.

As detailed earlier the sole focus of Feltham Food Bank is the provision of food, toiletries, baby and household supplies. There is a great deal of work involved collecting donations of food, supplies and money. We aim to provide a good nutritional balance and to meet dietary needs (either health related e.g. gluten free or religious e.g. halal or kosher or ethical e.g. vegetarian or vegan). Also, we provide age appropriate food, nappies and provisions for babies.

As a result of the excellent and ongoing donations of food and money that we received in the year 6th April 2020 to 5th April 2021 the quality and quantity of the food we provide continues to increase and improve. All food parcels now include: fresh fruit and/or vegetables, toilet rolls and clothes washing tablets. Also, when appropriate, we provide women's sanitary products, baby food and nappies.

The contents of food parcels are discussed with the service user to help meet their individual needs and to minimise wastage of food.

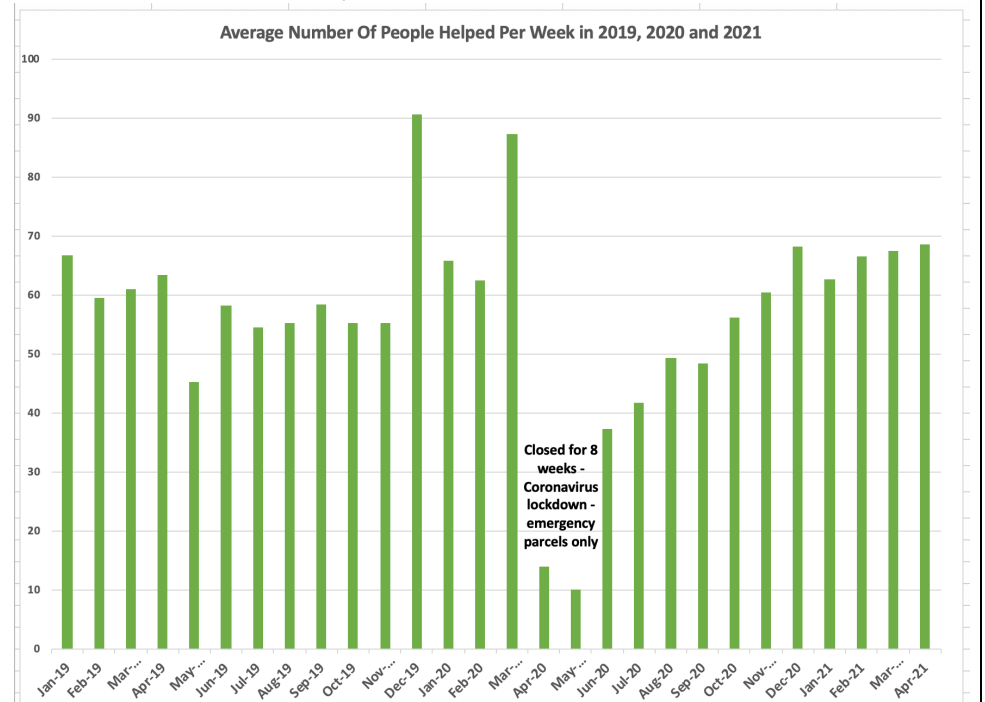
Feltham Food Bank continues to work hard to be more environmentally sustainable in various ways, such as:

- Normally service users are asked to provide their own bags but this has not always been appropriate during the Covid-19 crisis. As much as is possible, we use biodegradable or paper carrier bags and reuse donated carrier bags.
- Packing toilet rolls and clothes washing tablets in paper bags rather than plastic bags.
- A well-insulated storage shed that requires only minimal background heating.
- Recycling paper, cardboard and plastic whenever possible.

Summary of the main achievements of the charity during the year

All recipients of support from Feltham Food Bank have been referred by a professional organisation (e.g. CAB, DWP, Children's Services, Adult Social Care, Mental Health Teams, Schools, NHS community staff and social housing providers). We are able to meet emergency requests for help. A referral entitles the individual or family to make 4 separate visits to the food bank to collect a food parcel.

The following chart shows the number of people helped per week for each month since January 2019.



It is notable that since the end of May 2020, when Feltham Food Bank reopened, the number of people helped rapidly returned to levels seen before the Covid-19 crisis.

PLEASE NOTE: this chart does not include the huge number of local families that were helped by Feltham Food Bank's involvement in the local "Covid-19 Emergency Food Response".

In the year from 6th April 2020 to 5th April 2021 we had 1,072 visits to the Food Bank providing food for 1,503 adults and 1,210 children. In addition, at Christmas 2020, we provided 45 families (66 adults and 81 children) with substantial Christmas Hampers.

Again, PLEASE NOTE: these figures do not include the local families that were helped by the "Covid-19 Emergency Food Response".

Over the last 8 years Feltham Food Bank has built up a large network of support. Some examples are:

- Many local schools do a food collection at least once a year.
- Local businesses, from large companies like DHL, Nomad Foods and BP to small companies that regularly donate food and money.
- A local church has collected food for 8 years.
- Feltham Food Bank also has permanent food collection boxes at local Tesco and Asda stores.

An example of help we have provided is a person referred by the Mental Health Team. Their serious mental health difficulties had led to them not eating properly. Careful and patient discussion with the service user resulted in them getting the food they like and would eat. Very positive feedback about improvements to their physical and mental health.

Section E

Financial review

Brief statement of the charity's policy on reserves

In the year from 6th April 2020 to 5th April 2021 Feltham Food Bank had a surplus of £13,284.
As a result, Feltham Food Bank's cash assets increased from £13,896 on 5th April 2020 to £27,180 on 5th April 2021.
At 5th April 2021 Feltham Food Bank held funds in the bank of £27,141 (£10,132 in current account and £17,009 in savings account) plus £39 petty cash totalling £27,180, all of which is unrestricted funds.
An independent examination of the Feltham Food Bank accounts has been done by Mike Foston. He had "no concerns" about the accounts.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

In addition to the very substantial donations of food, toiletries, baby and household supplies detailed above, **Feltham Food Bank received:**
£6,293 – routine donations from local residents and businesses;
£2,380 – Heathrow Baggage Operations / Community Trust;
£3,375 – Covid-19 grant from London Borough of Hounslow;
£23,938 – additional Covid-19 donations from residents and businesses.

Feltham Food Bank spent:

£5,281 – topping up food, toiletries, baby and household supplies;
£3,613 – food and treats for Christmas Hampers;
£8,926 – extra food and supplies due to the Covid-19 crisis;
£833 – extra food and supplies, related to the Covid-19 grant from London Borough of Hounslow.
£2,371 – essential items to ensure safe working during the Covid-19 crisis, see Supplementary to Accounts for details.

Section F

Other optional information

In addition to our Constitution, Feltham Food Bank has the following policies in place: Confidentiality and Code of Conduct; Safeguarding Statement; Safety Statement (updated in May 2020).

The Accounts, Supplementary to the Accounts and this Annual Report have been, as best as possible, prepared in accordance with:

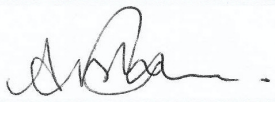
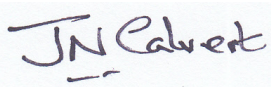
- Feltham Food Bank's Constitution;
- Accounting and Reporting by Charities: Statement of Recommended Practice;
- The Charities Act 2011;
- UK Generally Accepted Practice.

Insofar as they apply.

Section G

Declaration

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees:

Signature(s)		
Full name(s)	Aisha Rahman	John Calvert
Position (eg Secretary, Chair, etc)	Chair of Trustees	Treasurer
Date	15 th May 2021	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Feltham Food Bank

No (if any)
1163930

Receipts and payments accounts

CC16a

For the period
from

Period start date
6th April 2020


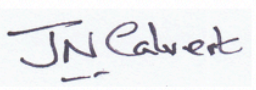
To

Period end date
5th April 2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations for food & household supplies	6,293	-	-	6,293	7,082
Business donations	2,380	-	-	2,380	11,371
Grants	3,375	-	-	3,375	2,830
Donations for Covid-19 emergency	23,938	-	-	23,938	152
Miscellaneous	5	-	-	5	5
Donations for storage shed	-	-	-	-	1,522
HMRC Gift Aid	-	-	-	-	342
Sub total (Gross income for AR)	35,991	-	-	35,991	23,304
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Phone and website					
Total receipts	35,991	-	-	35,991	23,304
A3 Payments					
Food & household supplies	5,281	-	-	5,281	5,908
Stationery & printing	128	-	-	128	418
Insurance	165	-	-	165	153
Storage & safety	572	-	-	572	449
Mobile phones & website	339	-	-	339	100
Christmas hampers	3,613	-	-	3,613	3,276
Miscellaneous	40	-	-	40	101
Covid-19 (food & supplies)	8,926	-	-	8,926	500
Covid-19 (PPE, bags, sanitiser, etc)	2,371	-	-	2,371	-
Covid-19 LB of Hounslow (food & supplies)	833	-	-	833	
DBS checks (Voluntary Action Harrow)	439	-	-	439	
Loan repayment	-	-	-	-	1,750
Publicity materials & storage equipment	-	-	-	-	1,275
Sub total	22,707	-	-	22,707	13,930
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	22,707	-	-	22,707	13,930
Net of receipts/(payments)	13,284	-	-	13,284	9,374
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	13,896	-	-	13,896	4,522
Cash funds this year end	27,180	-	-	27,180	13,896

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	10,132	-	-
	Savings account	17,009	-	-
	Petty cash	39	-	-
	Total cash funds	27,180	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Aisha Rahman		15th May 2021
		John Calvert		15th May 2021

Feltham Food Bank (Charity Number 1163930)

For the Period 6th April 2020 to 5th April 2021



Statement of assets and liabilities at the end of the 2020 – 2021 financial year

- Cash Assets £27,180
- Liabilities £0

Supplementary notes to receipt and payment accounts

A1 Donations: All cash donations for food and household supplies came from local residents, businesses and community organisations.

A1 Grants: One grant of £3,375 received from London Borough of Hounslow on 1st April 2021 to help purchase food and household supplies in relation to the Covid-19 crisis for the period from 1st April to 30th June 2021.

A1 Miscellaneous: £5 interest received on Barclays Bank savings account.

A3 Food & household supplies: Funds are used to purchase additional food, toiletries and other household supplies. Feltham Food Bank aims for a good nutritional balance in our food parcels. Cash donations received are also used to purchase good quality fresh fruit and vegetables that are added to every food parcel. In addition, it is sometimes necessary to purchase food to meet special dietary needs and to provide items such as baby food, baby nappies and feminine hygiene products.

A1 and A3 Covid-19 crisis: the Covid-19 crisis started a few weeks before the beginning of this financial year. Over the duration of the Covid-19 crisis Feltham Food Bank has received generous donations totalling £23,938. These individual donations, all from local residents, have ranged from £5 to £2,000.

Of this money received, £8,926 was used for general food supplies to meet increased demand and £3,613 to provide food for Christmas hampers.

Also, £2,371 was used for additional costs related to the Covid-19 crisis. In detail, this was £722 for PPE and hand sanitiser, £173 (12 months at £14.39) for Zoom subscription, £205 for mobile phone charges, £197 for labels, £1,008 for carrier bags and £66 for a trolley to carry food.

Additionally, in relation to Covid-19 we received the grant from London Borough of Hounslow detailed in A1 Grants above. £833 has so far been spent on food and household supplies.

It is expected that the additional expenditure to meet the needs generated by the Covid-19 crisis will continue throughout the summer of 2021.

A3 Mobile phone & website: Call charges for Feltham Food Bank mobile (07448831297) and costs of web hosting for Feltham Food Bank website – www.felthamfoodbank.org Due to the demands of the Covid-19 crisis a second mobile (07783368928) has been purchased.

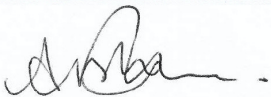
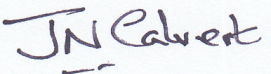
A3 Miscellaneous: £40 for a gift of flowers to a Feltham Food Bank volunteer.

A3 DBS checks: Feltham Food Bank has ensured that all Trustees and Volunteers have up to date DBS checks. As part of that process we have done 22 DBS enhanced checks, using Voluntary Action Harrow as the umbrella organisation to administer the checks.

Net of Receipts/(Payments): In the period from 6th April 2020 to 5th April 2021, Feltham Food Bank had a surplus of £13,284.

Independent examination: An independent examination of the Feltham Food Bank accounts has been done by Mike Foston. He had “no concerns” about the accounts.

Signed on behalf of the charity’s Trustees:

Signatures		
Full Names	Aisha Rahman	John Calvert
Positions	Chair of Trustees	Treasurer
Date	15th May 2021	15th May 2021

Independent examiner's report to the trustees of Feltham Food Bank

I report to the trustees on my examination of the accounts of Feltham Food Bank for the year ended 5th April 2021.

Responsibilities and basis of report

As the charity trustees of Feltham Food Bank, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Feltham Food Bank's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

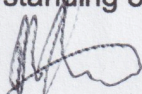
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Feltham Food Bank as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name:

MIKE FOSTON

Relevant professional qualification or membership of professional bodies (if any):

Address:

34 CRANLEIGH ROAD
FELTHAM
TW13 4QD

Date:

7/5/2021