

DISABLED ASIAN WOMEN'S NETWORK

For Year Ended 31 March 2025

**Cardinal Heenan Centre,
326 High Road,
Ilford, Essex.
IG1 1QP
Tel: 0203 609 4088**

Reg. Charity No. 1163929

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Reference and Administrative Information

Charity Name: Disabled Asian Women's Network

Charity registration number: 1163929

Registered Office and
operational address: Cardinal Heenan Centre,
326 High Road,
Ilford,
IG1 1QP

Management Committee

Mrs H Popat Chairperson

Mrs B. Kaur Secretary

Mrs. H. Bhachu/
Mrs. Manjula Patel Treasurer

Committee Members

Mrs A. Patel
Mrs. S. Sharma
Mrs. Mrs. M. Raut
Mrs. J. Sunnerd
Mrs. S. Bhatnagar
Mrs. M. Dhamrat

Senior Management Team

Mrs N Pahl Project Manager

Independent Examiner – Sukhraj Singh Hanspal , S.S.H. Accountancy Services Ltd-
101 Wanstead Park Road, Ilford, Essex, IG1 3TH

Bankers – Royal Bank of Scotland – Drummond House (BG) Branch, Po Box 1727,
Edinburgh, EH12 9RH

Mission Statement

DAWN exists to provide free, good quality support, information/advice service and recreational facilities for Disabled Asian Women, living in the London Borough of Redbridge.

Our objectives are to:

- Eliminate isolation & develop a social network.
- Support disabled women to lead more independent lives by empowering them with knowledge and advice.
- Build confidence.
- Provide a regular meeting place.

DAWN Core values are as follows:

- To actively seek to involve local Disabled Asian Women in the management and running of our services.
- Take in consideration the views of our users to help shape and influence what services we provide and how they are delivered.
- Our services will be open to all Disabled Asian Women who qualify to use them.

Background

Disabled Asian Women's Network was set up in December 1993 to cater for physical, emotional and mental well-being of disabled Asian women. It was designed to improve the quality of life for the elderly and help them to manage their lives with more comfort and ease which will give them a sense of being part of the community. It also provides a forum for free exchange of information, beliefs and ideas about gender, race and disability.

Attendance and what we provide

We run a weekly **Well-being club** on Tuesday and Wednesday. Currently DAWN provides a service for over 87 members. Members can take part in a variety of activities, learn new skills, find out about health-related issues and take part in gentle exercise. These include:

- Culturally appropriate activities such as singing and celebrating traditional festivals.
- Talks on health-related issues, helping members understand what they can do to look after themselves better.
- Exercise and yoga classes
- Regular health related clinics/workshops where one can access cheap or free alternative therapies, e.g. massage and reflexology, health checks, mobile opticians, etc.
- We encourage befriending and social interaction among our members

Other activities include:

- Trips to the seaside, picnics or walk around the park
- Visiting the cinema or going for a meal.
- Other interest-related excursions both local and abroad

We offer **support** and **independent living**

- We provide support and information whether it is about care or filling in forms about benefit entitlements, etc.
- We offer advice on health and social care
- We sign-post those who need to be directed to the right agencies for extra support, learn new skills and remain independent longer.

We offer Support and **Outreach** visits to those who are unable to attend the Centre for various reasons like:

- Those members who are unable to attend due to poor health
- Those who have recently been discharged from hospital
- Those who are isolated
- Those who are housebound or not mobile

Funding Arrangements

As you know we have always been funded by the London Borough of Redbridge but sadly this year, we have been notified (along with other various groups) by the Council that our funding with them will be terminated as from Jan 1925. This is due the political issue with the Government insisting on cutting back on local funding, hence no future funding. As you can see this has had a drastic effect to organisations like ours that have previously relied heavily on them for funding.

We are still in talks with the Council with regard to future funding, which we hope, will be reinstated soon, otherwise DAWN will have no choice but to apply elsewhere and

hope we can continue the valuable work in the Community which is sincerely needed.

DAWN maintains tight grips on monitoring financial spend across the board and regular reports are presented to the Committee and the Council. This allows opportunity to identify under/over spends in given budget heads and taking remedial action.

Finally, it can be said that DAWN provides value for its money. Staff and the Management Committee work extremely hard to provide a valuable service with limited funding relieving the burden of the already stretched Social Care Services. Being a unique group it provides a specialist service to Disabled Asian Women of all cultures and communities across the London Borough of Redbridge.

Governing Document

The charity is operated as a Charity Incorporated Organisation (CIO).

Overall management of the charity is the responsibility of trustees who are elected and co-opted under the terms of the constitution. Day to day project activity is managed and carried out by paid staff and volunteers.

Recruitment and appointment of management committee

As a CIO the members of the management committee are elected from DAWN'S members and other Trustees with appropriate skills and experience may be appointed to benefit DAWN'S cause.

At the AGM Trustees are appointed or reappointed as laid out in our constitution.

Due to the nature of its work the charity inevitably focuses on elderly Disabled Asian women. The Management Committee ensures the needs of this group are appropriately reflected through the different cultural backgrounds and any disabilities that they may have.

All members of the Management Committee give their time voluntarily and receive no benefits from the charity.

Organisational Structure

DAWN has a Management Committee of up to 12 members who meet quarterly and are responsible for the running of the organisation. Some elected members may volunteer to attend on both days (Tuesday and Wednesday) to volunteer their time when the day centre is in operation.

Duties are put in place and day to day responsibility for the provision of the services rest with the Project Manager along with the Chairperson. The Chairperson is

responsible for ensuring the charity delivers the services specified and that key performance indicators are met. The Project Manager has responsibility for the day to day operational management of the centre.

Risk Statement

The Charity has considered a range of risks to which it could be exposed and the Trustees regularly review the policies and procedures which aim to minimise those risks, ensuring that these are adequate, appropriate and complied with fully.

Who uses and benefits from our services?

The charity benefits members of the public by providing a drop-in session every Tuesday and Wednesday for Disabled Asian Women living in Redbridge who are isolated and frail, who enjoy coming to the centre to socialise, gain confidence, make friends and gain knowledge and awareness.

We also work with other organisations to gain training, fundraising, networking and for educational, health and Social awareness.

Summary of main achievements during the period

- Created history (showcased at the Redbridge Museum) as one of the oldest voluntary organisations running in Redbridge.
- Successfully completed 4 taxi card applications
- Successfully completed 4 dial-a-ride form applications
- Successfully completed 2 PIP applications
- Successfully helped to find sheltered accommodation for 2 clients
- Referred 2 clients to Social Services for safe-guarding
- Made 28 outreach visits and offered support.
- Made 10 hospital discharge visits

CHAIRPERSON'S REPORT

In May the Council's extra funding on mental health spurred us all to welcome new members with mental health problems. Staff and Committee members were encouraged to go on training set up by Community Action Redbridge and we were happily creating space for new members to join us, working out activities that would be suitable to their needs.

However, without any warning, we received an email in Nov. 24 informing us that the Council would be unable to renew our contracts as from Jan. 25 as they were in a critical process of reviewing their financial situation due to the Government's decreased funding to the Borough. This meant that all groups, including us, currently receiving funding from them, would now cease to get any more funding from them from Jan 25 onwards.

Once the shock wave had settled down, the Committee rallied round and after holding several meetings we rallied all the leaders of groups who had been affected and decided to stage a protest outside the Town Hall. I, along with Neelam (Project Manager) attended many meetings with the Council, various local organisations who could support us and also the local Trade Union. A decision was made to raise a petition and hold a protest outside the Town Hall. As a result we managed to mobilise over 200 people who came out in the rain and cold weather to protest in January 2025. This was covered by the local press (Ilford Recorder) and the local Radio Station (Nu Sound Radio). A petition with 1,000 names was also submitted to the Leader of the Council on that day.

In February we were invited to a meeting held by the Leader of the Council, Kam Rai, Cllr. Santos (Head of Health & Well-being) and Elaine Redding (Corporate Director of People) to discuss the way forward. They sympathised with our plight and agreed to work with us initially by looking for new premises where we could all move into in order to cut rent/rate costs. We have agreed to move forward with a positive frame of mind and hope this is a beginning to future funding once again.

In the mean time we have started to apply for funding elsewhere in the interim and hope I am able to report in a more positive way this time next year.

HARSHA POPAT (CHAIRPERSON)

STAFF REPORT

This year has been very unsettling in that one minute I am organising training for members of the committee and myself on mental health and ensuring that we are well equipped to manage the new influx of members attending the Centre. Prior to this I had just organised the Diwali Party at Tabla Restaurant, printed out leaflets, etc. and was in the process of organising the Christmas Party for all our existing DAWN members when this email landed in our computer. There was no warning, no word or phone call from the Council and suddenly the email which clearly related that DAWN's funding was being cut from Jan 2025!

The Christmas break gave everyone time to think and in Jan 2025 I was in the middle of arranging meetings with the Trustees, meetings with the Council, meetings with the local Trade Unions and other local organisations for support and advice.

As a result, Members and Committee decided to hold a protest against this sudden cutting of the Contract. This culminated in me organising and collating the petition, placards for the protest outside the Town Hall. Along with my Chairperson I arranged several meetings and communicated with other local groups who were also affected and managed to mobilise them to attend the protest. Talking to the members about DAWN and explaining the impact this might have on the future of DAWN was the hardest thing to do.

I participated in a lot of further networking and I interacted with various local organisations for support and advice until the Council contacted us for a meeting to prepare for the worst.

At present I am applying for other funding with the support of CAR (Community Action Redbridge) who have offered to help us and I hope to secure similar funding relevant to DAWN's needs in the future.

Neelam Pahl (Project Manager)

ACTIVITIES

All our charitable activities focus on benefitting Disabled Asian Women and providing them a space to learn, grow and socialise. Our activities deliver public benefit by the main activities we have described below. Activities this year have included the following:

Yoga and Exercise

Classes take place regularly at both Tuesday and Wednesday sessions. At present Yoga is carried out by qualified sessional workers. At intervals Keep fit exercises are also offered via Redbridge Community Volunteer Services (CVS). These are enjoyed by all our members and gentle exercises are sometimes carried out by individual members in their absence so that they are given a chance to lead in order to empower and gain confidence.

Health & well-being

Health checks have been carried out by the local P.S. Chemists who have overseen several sessions where members' sugar levels, height & weight checks have been carried out, and advice offered.

Eye clinic – Heparan Mobile Opticians hold a clinic on a yearly basis, over 3 weeks and offer eye checks and spectacles service.

Weekly Walk in the Park – In partnership with Vision, DAWN enables its members to access the weekly Thursday walk in Valentines Park. This gives members not only a chance to participate in the walk and enhance their emotional and physical wellbeing but also gives many an opportunity to socialise and befriend others.

Talks (formal)

- Safeguarding Adults Policy, what it means – Social Services
- Cooking with beneficial oils – S. Kaur, Satt Caterers
- Staying Safe at Cash Machines - M. Anwar, RREC
- Mobile Fraud – Police, Ilford Town Ward

- Making a Will – Robinson Rovani & Co Solicitors
- History of Ilford – R. Gerrard, Redbridge Museum
- Digital Support Service – Age UK
- Diabetes – Dr. S. Raza, NHS
- Power of Attorney – M. Gill, Robinson Ravani Solicitors

Talks (informal)

- Seasonal Health Disorders
- Latest Scam Awareness – members' experience
- Grooming and feeling good
- Growing up in England – members' thoughts
- Importance of spending time with grandchildren
- Staying well in Winter
- Meaning of Sharad in Hinduism

Discussions

- What the Papers say
- Meaning of 'Sravan' Month in Hindu Calendar
- Latest telephone scams
- Benefit Cuts and its effect
- How to stop children being converted to other religions

Other Activities

- Spiritual Story-telling
- Sharing memories of holiday visits
- Laughter session
- Memory Games
- Family Fortune Game
- Quiz
- Bhajans and hymns

- Sing-along
- Joke session
- Kirtan and Shabad
- Bingo
- Antakshari
- Card Games

Festivals

- Diwali
- Christmas
- Gur Pur (Guru Nanak's birthday)

Other Celebrations

- Navratri – 9 days devoted to Goddess Laxmi
- Lodi
- Mahashivratri – birth of Lord Shiva
- Teeyan (Celebrating Women)
- India Republic Day
- International Women's Day
- Holi (Day of Colours)
- Janmashtami – birth of Lord Krishna
- Vaisakhi (harvest festival)
- Ganpati Puja (offerings to Lord Ganesh)
- International Women's Day

Trips

- Leicester
- Margate
- 4 Cinema trips

Fundraising

- Food/Snacks Sale
- Raffle

FUTURE PLANS

Preparing for the future

In the light of the uncertainty where funding is concerned it is imperative to do further research and look for funding that is relevant to the running of DAWN and activities.

DAWN will, therefore, work with CAR and other relevant bodies to help and seek funding to continue its work and running of DAWN.

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EVALUATION

An evaluation of the services provided was carried out including the type of members that were accessing this service. Out of **80** questionnaires given out, **47** were received, duly completed. The result with questions asked and answers received were as follows:

Q1. How do you find coming to the Centre? Answer: (useful, very useful, not useful)

35 replied very useful, **12** replied useful and **0** replied not useful.

This proved that the members definitely gained by attending our Centre.

Q2. Do you enjoy the activities that are provided at the Centre? Answer: (very much, alright, not much)

40 replied very much **7** replied alright and **0** replied not much.

This proved that the activities provided were appropriate to the needs of the members. The 7 who replied 'alright' were satisfied and had no complaints.

Q3. What activities would you like to see more of? Answer: (Exercise, Cinema, Educational, Celebrations, Cultural talks, Art & Craft, Talks on health issues, Talks/discussions on well-being, Traditional singing/dancing, Religious or Spiritual discourse, Other)

44 replied exercise, **29** replied cinema, **22** replied educational, **40** replied celebrations, **35** replied cultural, **16** replied art & craft, **40** replied health issues, **31** replied talks/discussions on well-being, **36** replied traditional singing/dancing, **31** replied religious or spiritual discourse and **1** replied Other offering suggestions of more park walks, swimming, restaurant visits.

The result showed that exercising and talks on health issues were of the most importance, thus valuing regular attendance at the Centre. Cultural celebrations along with traditional singing and dancing made members feel more at home and the spiritual discourse helped to identify morally to the Asian culture. Art and craft brought out creativity and relieved mental stress.

Q4. As a result of attending the Centre how has this affected your daily lives?

Answer: (Feel happier, increased social circle, gained knowledge, gained confidence, Other)

Members were asked to tick more than 1 box if they wished. **42** replied Feel happier, **35** replied increased social circle, **25** replied gained knowledge, **27** replied gained confidence.

Q5. How long have you been coming to the Centre? Answer: (6 months, 1 year, 2 years, 3 years, 4 years, 5 years or longer)

5 replied up to 1 year, **3** replied 2 years, **5** replied 3 years, **2** replied 4 years and **32** replied 5 years or longer.

It was noted that newly registered members would have been with the Organisation for a short time only and this reflected in the numbers in the up to 1 year period.

As DAWN has been running over 20 years, many members have been attending for a long time and this was reflected in the over 5 year period. This proved that the majority of the members wished to stay long-term members and were happy attending the Centre on a regular basis.

Q6 How would you rate the services provided by DAWN? Answer: (Excellent, Good, Poor)

27 replied excellent, **20** replied good and **0** replied poor

Q7. If you have had any problems, were these resolved to your satisfaction? Answer: (Yes, No, Not sure, No problems)

15 replied yes, **0** replied no, **3** replied not sure, **29** replied no problems

Q8a What health problems or physical/hidden disabilities do you have?

A separate evaluation on health/disability revealed the following:

Acidity (**2**), Anxiety (**2**), Arthritis (**22**), Asthma (**6**), B12 deficiency (**4**), Back pain/problems (**14**), Bladder issues (**4**), Bronchial Disease (**1**), Cancer (**1**), Cataract (**2**), Cellulitis (**1**), Deafness (**2**), Depression (**9**), Diabetes (**23**), Dizziness (**3**), Eye Problems (**33**), Fear (**1**), Fibromyalgia (**1**), Frail/Elderly (**17**), Frail & Wheel-chair user (**1**), Gastritis (**1**), Glaucoma (**3**), Hearing problems (**16**), Heart Condition (**11**), Head injury (**1**), High cholesterol (**11**), High BP (**8**), Hip replacement (**1**), Head related (**1**), Incontinence (**10**), Kidney/Dialysis (**4**), Knee replacement/problems (**10**), Leg pain (**8**), Low BP (**3**), low mood (**1**), Lung condition (**1**), Lupus (**1**), Memory loss/dementia (**1**), Migraine (**1**), Mobility problems (**3**), Osteoarthritis (**9**), Osteomalacia (**1**), Osteoporosis (**11**), Pace maker (**4**), Painful feet/joints (**3**), Poor mobility (**3**), Polyarthritis (**1**), Rheumatoid arthritis (**1**), Shoulder pain/injury (**4**), Stress (**1**), Stroke related (**1**), Thyroid (**2**), Vertigo (**1**), Walking with aid (**26**), Wheelchair (**1**).

Please note that the majority of members have limited knowledge of English and medical terminology. Therefore, some of the answers look vague on paper. However, all members' proper disabilities and health problems are assessed individually and records kept on file.

Q8b. Are you also incontinent or have any bladder issues? Answer: (Yes, No)

10 replied yes and 37 replied no

Q8c. Do you wear a hearing aid or glasses? Answer: (Hearing Aid, Glasses)

17 replied hearing aid and 33 replied glasses

Q8d. Do you use any of the following: Answer: (Walking Stick, Wheel Chair, Frame, Other)

20 replied walking stick, 1 replied wheel chair, 6 replied frame and 2 replied other: walker & scooter

Q9. What age range do you fall into? Answer: (40-50 years, 50-60 years, 60-70 years, 70-80 years, 80-90 years, 90-100 years)

0 replied 40-50 years, 1 replied 50-60 years, 11 replied 60-70 years, 21 replied 70-80 years, 13 replied 80-90 years, 1 replied 90-100 years

DAWN is aware that our regular members are ageing now and we need to address this issue by being more supportive of their needs. Many have multiple health issues and are being supported by regular telephone calls, health & benefit checks, contact with other statutory bodies e.g. Age UK, Social Services, etc.

Q10. What language do you speak? Answer: (Punjabi, Gujarati, Hindi, Urdu, Other)

31 replied Punjabi, 10 replied Gujarati, 20 replied Hindi, 7 replied Urdu, 7 replied English with Hindi/Punjabi and 1 replied Sindhi

Q11. Are you a Carer? Answer: (Yes, No)

8 replied yes and 39 replied no

Those who replied yes mostly look after their ageing husbands who have health or mobility problems

Q12. Do you live: Alone, With Family, Sheltered/Residential accommodation?

12 replied alone, 34 replied with family and 1 replied Sheltered accommodation

Q13. Have you received a home visit from us? (Yes, No)

42 replied Yes and **5** replied No

If Yes, were you happy with the visit? (Yes, No)

42 replied Yes and **0** said No

Did it meet your needs? Answer: Yes, Not sure

42 said Yes and **5** said Not sure

The **5** who said not sure had unfinished work that was on-going.

Q14. Any other comments you would like to make?

3 replied - enjoy coming to the Centre

1 replied - enjoy helping at the Centre

1 replied - very happy

Disabled Asian Women's Network

Charity No: 1163929

**Financial Statements
For the Year Ended 31 March 2025**

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Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/members of

DISABLED ASIAN WOMEN'S NETWORK

On accounts for the year ended

31st March 2025 Charity no (if any) 1163929

Set out on pages

2 to 4

**Respective responsibilities of
trustees' and examiner**

**The charity's trustees are responsible for the preparation for the accounts.
The charity's trustees' consider that an audit is not required for the year**

**under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent
examination is needed**

It is my responsibility to:

- *examine the accounts under section 43 of the 1993 Act**
- *to follow the procedures laid down in the
general Directions given by the charity**
- * Commission (under section 43(7)(b) of the 1993 Act, and**
- *to state whether particular matters have come to my attention.**

Basis of independent

My examination was carried out in accordance with

examiner's statement

**general Directions given by the Charity Commission.
An examination includes a review of the presented
with those records. It also includes consideration of
any unusual items or disclosures in the accounts, and
seeking explanations from the trustees concerning
any such matters. In our opinion, the accounts present
a true and fair view of the Charity and its financial
affairs**

**Independent examiner's
statement**

**In connection with my examination, no matter has
come to my attention (other than that disclosed below ***

**1. which gives me reasonable cause to believe that in
any material respect, the requirements:**

- to keep accounting records in accordance
with section 41 of the 1993 Act; and**
- to prepare accounts which accord the
accounting records and comply with the
accounting requirements of the 1993 Act
have not been met; or**

**2. to which, in my opinion, attention should be
drawn in order to enable a proper understanding
of the accounts to be reached.**

Signed:



Date: 12/09/2025

Name:

JAGDEEP WALIA

Jagdeep S Walia

Relevant professional qualifications(s)

**CHARTERED TAX ADVISOR, CTA, ATT (FELLOW), FFTA
(Membership No 88968)**

Address:

**6 St. Georges Avenue, Southall
Middlesex UB1 1PZ**

DISABLED ASIAN WOMEN'S NETWORK
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025

2024

INCOME

	restricted Funds	unresrticted Funds	total
16,085 Grants	78171		78,171
- Fund Raising & donations		3201	3,201
1,200 NHS Fed		1000	1,000
3,385 Membership			-
- Refund			-
2,880 Donation		3,024	3,024
845 Interest		897	897
Compensation			
24,395	78,171	8,122	86,293

LESS EXPENDITURE

	restricted Funds	Unrestricted Funds	TOTAL
28,415 staff salary	29,040		29,040
- employers nic			-
7,160 rent/hall/utilty & hire of office	7,300		7,300
- NHS Funding	610		610
444 Social activities			-
- consultancy			-
- training			-
625 Insurances	694		694
436 Telephones	473		473
- Outdoor trips/social activities	1,000	138	1,138
- Staff travel			-
- First Aid			-
285 Sundries/disposable cups/plates/spoons/gifts	93	223	316
40 Subscriptions	40		40
186 Printing , stationary & photocopying/postages	208	15	223
- Computer Consumables			-
5,654 Hospitality/refreshments/festivals	6,000	468	6,468
1,430 Transport			-
390 Charity			-
180 Payroll services	180		180
18 Legal Staff			-
1,080 Independent examiner	1,440		1,440
- Donatitions/Queens Jubilee			-
- Disclosure Service	90		90
- Depreciation	240		240
46,343	47,408	844	48252

Surplus /deficit /for the year

- **21,948**

Net Outflow(deficit)

153,248 Total Funds Brought Forward

131,300

DISABLED ASIAN WOMEN'S NETWORK
BALANCE SHEET AS AT 31 MARCH 2025

31/03/2025

31/03/2024

Fixed assets	Cost	Cost
Board games etc	1,555	1,555
computer	1,278	1,278
Assets/addition	440	440
Less depreciation	2,555	2,315
	<u>718</u>	<u>958</u>
Current assets		
Debtors Redbridge Council	-	-
Bank current account	107,572	70,073
Reserve account	64,626	63,729
Cash in hand	74	100
	<u>172,272</u>	<u>133,902</u>
Total fixed and current assets	<u>172,990</u>	<u>134,860</u>
Less current liabilities		
Payroll Services	180	180
independent examiner fees	1,440	1080
PAYE	306	0
wages	1,723	2,300
	<u>3,649</u>	<u>3,560</u>
Net assets	<u>169,341</u>	<u>131,300</u>
Represented by		
ACCUMULATED FUND		
Balance brought forward	131,300	153,248
Add surplus/deficit/ for the year	38,041	- 21,948
	<u>169,341</u>	<u>131,300</u>

We approve the above accounts and confirm that we have made available all the records information and explanation necessary for their preparation

TREASURER

Date

12/09/2025

Mrs Balwir Kaur

Secretary *Balwir Kaur*

Mrs Harsha Popat

Chairperson *H. Popat*

Mrs Manjula Patel

treasurer *M.C. Patel*

Disabled Asian Women's Network

Noted to the Accounts for the year ended 31 March 2025

1. Accounting Policies

These accounts have been prepared under the historical cost convention using the accruals basis.

Fixed assets have been depreciated at 25% on a straight line basis.

2. Creditors

	2025	2024
	£	£
Accrued Wages-paye	1,723	2,300
photocopying charges		
Payroll Charges	180	180
PAYE	306	
Independent Examination	1,440	1,080

3. There has been an decrease in funding from the london Borough of Redbridge

for the year ending 31/03/2025 compared with previous year

4. Statement of Trustees' Responsibilities

The trustee's are required under the Charities Act 1993 to prepare statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- i) select suitable accounting policies and apply them consistently;
- ii) make judgements and estimates that are reasonable and prudent
- iii) state where applicable accounting standards and statements of recommended practices and have been followed, subject to any departures disclosed and explained in the financial statements
- iv) prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets if the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

DISABLED ASIAN WOMEN'S NETWORK
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31-03-2025

	2025		2024
EXPENDITURE			
Wages (for 4) employers nic	29,040	(4 EMPLOYEES)	28415
Rent/room hire	7,300	HIRE OF HALL (LONDON BOROUGH OF REDBRIDGE)	7160
First Aid Sessional staff		First Aid Sessional staff	
Insurances	694	Insurances	625
Telephone and postage	473	Telephone and postage	436
Outdoor trips/social activities	1,138	OUTDOOR TRIPS-CINEMAS-RESTAURANTS	444
Management Cost		MANAGEMENT COST	
Training		TRAINING	
Computer Consumables		COMPUTER CONSUMABLES	
Sundries		Sundries	
Sundries/disposable cups/plates/spoons/gifts	316	Sundries/disposable cups/plates/spoons/gifts	285
Subscriptions	40	Subscriptions	40
Printing and stationary	223	PRINTING -STATIONARY	186
Transport		TRANSPORT	
Hospitality & refreshments	6,468	Hospitality & refreshments	5654
Payroll services	180	Payroll services	180
Donation/Tukey Relief		Donation/Tukey Relief	390
Independent examiner	1,440	Independent examiner	1080
Depreciation	240	Depreciation	320

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/members of

DISABLED ASIAN WOMEN'S NETWORK

On accounts for the year ended

31st March 2025

Charity no (if any) 1163929

Set out on pages

2 to 4

**Respective responsibilities of
trustees' and examiner**

The charity's trustees are responsible for the preparation for the accounts.

The charity's trustees' consider that an audit is not required for the year

under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed

It is my responsibility to:

***examine the accounts under section 43 of the 1993 Act**

***to follow the procedures laid down in the
general Directions given by the charity**

*** Commission (under section 43(7)(b) of the 1993 Act, and**

***to state whether particular matters have come to my attention.**

Basis of independent

My examination was carried out in accordance with

examiner's statement

general Directions given by the Charity Commission.

**An examination includes a review of the presented
with those records. It also includes consideration of
any unusual items or disclosures in the accounts, and
seeking explanations from the trustees concerning
any such matters. In our opinion, the accounts present
a true and fair view of the Charity and its financial
affairs**

**Independent examiner's
statement**

**In connection with my examination, no matter has
come to my attention (other than that disclosed below ***

**1. which gives me reasonable cause to believe that in
any material respect, the requirements:**

- to keep accounting records in accordance
with section 41 of the 1993 Act; and**
- to prepare accounts which accord the
accounting records and comply with the
accounting requirements of the 1993 Act
have not been met; or**

**2. to which, in my opinion, attention should be
drawn in order to enable a proper understanding
of the accounts to be reached.**

Signed:



Date: 12/09/2025

Name:

JAGDEEP WALIA

Jagdeep S Walia

Relevant professional qualifications(s)

**CHARTERED TAX ADVISOR, CTA, ATT (FELLOW), FFTA
(Membership No 88968)**

Address:

**6 St. Georges Avenue, Southall
Middlesex UB1 1PZ**