



**SPINE (SPINAL INTEGRATED NETWORK) CIO**  
**REPORT AND ACCOUNTS**  
**31 DECEMBER 2024**

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**Charity number: 1163910**

**SPINE (SPINAL INTEGRATED NETWORK) CIO****CHARITY INFORMATION****Trustees and members**

K B Baker OBE  
R W Caley  
J K Clayton

**Registered office**

Pinderfields General Hospital  
Aberford Road  
Wakefield  
WF1 4DG

**Accountants**

Wheawill & Sudworth Limited  
Chartered Accountants  
35 Westgate  
Huddersfield  
HD1 1PA

**Bankers**

Barclays Bank  
Crackenedge Lane  
Dewsbury  
WF13 1PT

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT**

The trustees present their report and accounts for the period ended 31 December 2024.

#### **Principal activity and status**

The charity is a non-profit seeking charitable organisation whose principal activity during the period was to relieve the charitable needs of and promote and project the good health of persons who are spinal cord injured and have been a patient at the Yorkshire Regional Spinal Injuries Centre. The charity is constituted as a Charitable Incorporated Organisation ('CIO') with registered charity number 1163910.

#### **Aims & Activities**

Our aims are to promote the best possible treatment and rehabilitation of spinal cord injured patients at the Yorkshire Regional Spinal Injuries Centre (YRSIC) at Pinderfields General Hospital, Wakefield, and to assist patients throughout their lives after discharge.

To achieve these aims we aim to:

- provide advocacy, advice and information to members,
- fund and organise social, sporting and educational activities,
- make grants to individuals,
- make representations to the Mid-Yorkshire NHS Trust on behalf of YRSIC patients.

The Trustees set out below SPINE's achievements and activities during this period.

#### **Clinical Psychology Support**

Following continued representation for SPINE, the ward now has two dedicated clinical psychologists. This service continues to grow and is highly valued by patients.

#### **Small Grants Scheme**

SPINE launched a small grants scheme to help our members in early 2016. This has continued throughout this period, with applications and approvals being made electronically. During this accounts period, we have awarded grants totalling just over £30,000. The grants have contributed to the purchase of a wide variety of items including equipment, such as wheelchairs, as well as helping individuals to attend physiotherapy, enabling participation in sport, and contributing to the cost of home adaptations, equipment and furniture. The grants scheme is financed by donations from Stepping Stones.

#### **Arts@Pinders and Flowers@Pinders**

An arts group was started in 2013 for current and ex patients, run by David Wilders. Flower arranging and crafts groups also run from the spinal unit.

#### **Keep in Touch**

A friendly, informal, keep-in-touch meeting has been held at Pinderfields for many years now.

#### **Yorkshire Lions Wheelchair Rugby**

A wheelchair rugby club was established by SPINE in 2012 called Yorkshire Lions Wheelchair Rugby. The club has had to discontinue during the year as it became impossible to replace players who retired or moved to different clubs.

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT (continued)**

#### **SPINE Wheelchair Fishing Group**

A new activity group was established in 2021 to bring together spinal injured people who enjoy coarse fishing. The group now has 25 members and several fishing matches were held during the period.

#### **SPINE Sports (Formerly Pinderfields Disability Sports)**

For many years a charity called Pinderfields Disability Sports (originally Pinderfields Paraplegic Fellowship Club) operated with the spinal centre. In 2018, they asked SPINE to take over their work so that the older charity could be dissolved. This has taken place with the agreement that the finance transferred would continue to be used in the spirit for which it was raised. SPINE created a committee called SPINE Sports who have the responsibility for making requests and suggestions to the trustees.

#### **Communication**

We are currently working on updating and improving our website. We have maintained a Facebook page to provide information for our members. We continue to work with staff and the Trust to produce a Patients' Handbook which we hope will be available soon.

#### **Advocacy**

We continue to represent patients' concerns to the Trust especially concerning staffing issues and placing non-spinal injured patients on the ward.

We also liaise with members and the Department for Work and Pensions and other bodies in assisting members to receive the correct benefits and continuing health care packages. SPINE has evolved naturally into the conduit between spinal patients and these organisations.

We have a volunteer who is a retired employee of the Department for Work and Pensions who offers a valuable advice service to members with benefits issues.

We have regular contact with the other spinal injury centres in the UK.

#### **Sponsors, Trustees and Volunteers**

Funds for all the above activities come from donations from other charities, corporate sponsors and individual donations. Our thanks go to the following for their generous support:

- Stepping Stones
- Stewarts
- Coloplast
- SIA Healthcare

All our trustees, committee members and volunteers give their time and expertise, free of charge. The following people have worked on behalf of SPINE:

Nicola Cundall (Chair), Kevan Baker OBE (CEO), David Garbiak (Treasurer), Richard Caley, Fiona Dixon, Joyce Harrow, Daniel Herman, Kevin Plowman, Dene Minchella, Carol Ramm, Wajid Raza, Adrian Hirst and Natasha Green.

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT (continued)**

#### **Trustees' responsibilities for preparing the accounts**

Charity law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those accounts, the trustees are required to:

- ~ select suitable accounting policies and then apply them consistently;
- ~ make judgments and estimates that are reasonable and prudent;
- ~ prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Trustees**

The trustees who served during the year were:

K B Baker OBE  
R W Caley  
J K Clayton

#### **Review of financial position**

These details are set out in the Statement of Financial Activities on page 6 of the accounts. Total reserves of the charity at 31 December 2024 were £28,583 (2023: £27,367).

The charity was originally constituted as an unincorporated organisation. On 9 October 2015 it converted into a CIO and funds of £19,125 were transferred to the CIO on that date.

On behalf of the board

K B BAKER OBE  
Trustee  
23 September 2025

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES**

I report on the accounts of Spine (Spinal Integrated Network) for the year ended 31 December 2024 which are set out on pages 6 to 10.

#### **Respective responsibilities of trustees**

As the trustees you are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in General Directions given by the Charity Commission (under section 145(5)(b) of the Act); and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- i. which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met; or
- ii. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

D M Butterworth  
 WHEAWILL & SUDWORTH LIMITED  
 Chartered Accountants  
 35 Westgate  
 Huddersfield  
 HD1 1PA  
 23 September 2025

**SPINE (SPINAL INTEGRATED NETWORK) CIO****STATEMENT OF FINANCIAL ACTIVITIES****for the period ended****31 DECEMBER 2024**

Notes		Restricted funds 2024	Unrestricted funds 2024	Total 2024	Total 2023
	<b>Incoming resources</b>	£	£	£	£
2	Charitable revenues	20,000	32,519	52,519	70,016
	<b>Total incoming resources</b>				
	<b>Resources expended</b>				
3	Charitable expenditure	32,247	457	32,704	45,576
4	Management and administration	-	18,599	18,599	25,665
	<b>Total resourced expended</b>	32,247	19,056	51,303	71,241
5	<b>Net (outgoing) incoming resources for the period</b>	(12,247)	13,463	1,216	(1,225)
	Total funds at 31 December 2023	27,026	341	27,367	28,592
	<b>Total funds at 31 December 2024</b>	14,779	13,804	28,583	27,367

The notes on pages 8 to 10 form part of these accounts.

**SPINE (SPINAL INTEGRATED NETWORK) CIO****BALANCE SHEET****31 DECEMBER 2024**

Notes		2024 £	2023 £
	<b>Current assets</b>		
6	Debtors	1,500	5,000
	Cash at bank	27,983	23,267
		<hr/>	<hr/>
		29,483	28,267
		<hr/>	<hr/>
7	<b>Creditors:</b> amounts falling due within one year	(900)	(900)
		<hr/>	<hr/>
	<b>Net assets</b>	28,583	27,367
		<hr/> <hr/>	<hr/> <hr/>
	<b>Reserves</b>		
11	Unrestricted funds	13,804	341
11	Restricted funds	14,779	27,026
		<hr/>	<hr/>
	<b>Total funds</b>	28,583	27,367
		<hr/> <hr/>	<hr/> <hr/>

The accounts on pages 6 to 10 were approved by the board of trustees on 23 September 2025 and signed on its behalf by

R W CALEY	}	Trustees
K B BAKER OBE		

Charity number 1163910

The notes on pages 8 to 10 form part of these accounts.



## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **NOTES TO THE ACCOUNTS**

**31 DECEMBER 2024**

#### **1 Accounting policies**

##### **Basis of accounting**

The financial statements have been prepared under the historical cost convention and include the results of the charity's operations which are described in the trustees' report and all of which are continuing.

The financial statements have been prepared in accordance with Accounting and Reporting for Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice. The charity is exempt from preparing a cash flow statement.

##### **Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general activities of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific instructions imposed by the donors.

##### **Taxation**

The charity is not liable for corporation tax by reason of its charitable objects and status.

##### **Incoming resources**

All incoming resources are included in the Statements of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### **Value added tax**

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

##### **Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Expenditure on management and administration of the charity**

Administration expenditure not directly related to the charitable activity predominantly includes office and travel expenses.

##### **Financial instruments**

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

**SPINE (SPINAL INTEGRATED NETWORK) CIO****NOTES TO THE ACCOUNTS (continued)****31 DECEMBER 2024**

2	Charitable revenues	Restricted £	Unrestricted £	2024 Total £	2023 Total £
	Donations	-	31,054	31,054	25,484
	Grants	20,000	-	20,000	40,000
	Yorkshire Lions Wheelchair Rugby	-	-	-	4,000
	Arts and other	-	1,465	1,465	532
		<u>20,000</u>	<u>32,519</u>	<u>52,519</u>	<u>70,016</u>
3	Charitable expenditure	Restricted £	Unrestricted £	2024 Total £	2023 Total £
	Grants	30,388	-	30,388	38,005
	Yorkshire Lions Wheelchair Rugby	1,012	-	1,012	6,547
	Art	-	457	457	769
	SPINE Sports	847	-	847	255
		<u>32,247</u>	<u>457</u>	<u>32,704</u>	<u>45,576</u>
4	Management and administration			2024 £	2023 £
	Office, IT and professional costs			18,599	17,535
	Website upgrade			-	8,130
				<u>18,599</u>	<u>25,665</u>
5	Net incoming resources for the year				
	This is stated after charging:				
	Trustees' remuneration			-	-
	Independent exemption fee			900	900
				<u>-</u>	<u>-</u>
	Trustees are reimbursed for travel expenses incurred on charitable activities.				
	The charity had no employees during the period.				
6	Debtors				
	Donated vehicle for resale			1,500	5,000

**SPINE (SPINAL INTEGRATED NETWORK) CIO****NOTES TO THE ACCOUNTS (continued)****31 DECEMBER 2024**

7	<b>Creditors:</b> amounts falling due within one year		2024	2023	
			£	£	
	Accruals and deferred income		900	900	
			=====	=====	
8	<b>Capital commitments</b>		2024	2023	
			£	£	
	Capital expenditure contracted but not provided in the accounts		-	-	
			=====	=====	
9	<b>Liability of members</b>				
	If the CIO is wound up, the members have no liability to contribute to its assets and have no personal responsibility for settling its debts and liabilities				
10	<b>Related party disclosures</b>				
	The trustees are not aware of any material transactions that require disclosure.				
	There is no one controlling party of the charity.				
11	<b>Analysis of funds</b>	Restricted	Unrestricted	2024	2023
		£	£	Total	Total
	Debtors	1,500	-	1,500	5,000
	Cash at bank	13,279	14,704	27,983	23,267
	Accruals and deferred income	-	(900)	(900)	(900)
		=====	=====	=====	=====
	Total	14,779	13,804	28,583	27,367
		=====	=====	=====	=====