



SPINE (SPINAL INTEGRATED NETWORK) CIO
REPORT AND ACCOUNTS
31 DECEMBER 2023

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Charity number: 1163910

SPINE (SPINAL INTEGRATED NETWORK) CIO**CHARITY INFORMATION****Trustees and members**

K B Baker OBE
R W Caley
J K Clayton

Registered office

Pinderfields General Hospital
Aberford Road
Wakefield
WF1 4DG

Accountants

Wheawill & Sudworth Limited
Chartered Accountants
35 Westgate
Huddersfield
HD1 1PA

Bankers

Barclays Bank
Crackenedge Lane
Dewsbury
WF13 1PT

SPINE (SPINAL INTEGRATED NETWORK) CIO

TRUSTEES' REPORT

The trustees present their report and accounts for the period ended 31 December 2023.

Principal activity and status

The charity is a non-profit seeking charitable organisation whose principal activity during the period was to relieve the charitable needs of and promote and protect the good health of persons who are spinal cord injured and have been a patient at the Yorkshire Regional Spinal Injuries Centre. The charity is constituted as a Charitable Incorporated Organisation ('CIO') with registered charity number 1163910.

Aims & Activities

Our aims are to promote the best possible treatment and rehabilitation of spinal cord injured patients at the Yorkshire Regional Spinal Injuries Centre (YRSIC) at Pinderfields General Hospital, Wakefield, and to assist patients throughout their lives after discharge.

To achieve these aims we aim to:

- provide advocacy, advice and information to members,
- fund and organise social, sporting and educational activities,
- make grants to individuals,
- make representations to the Mid-Yorkshire NHS Trust on behalf of YRSIC patients.

The Trustees set out below SPINE's achievements and activities during this period.

Clinical Psychology Support

Following continued representation for SPINE, the ward now has two dedicated clinical psychologists. This service continues to grow and is highly valued by patients.

Small Grants Scheme

SPINE launched a small grants scheme to help our members in early 2016. This has continued throughout this period, with applications and approvals being made electronically. During this accounts period, we have awarded grants to around 29 individuals with payments totalling £38,005. The grants have contributed to the purchase of a wide variety of items including equipment, such as wheelchairs, as well as helping individuals to attend physiotherapy, enabling participation in sport, and contributing to the cost of home adaptations, equipment and furniture. The grants scheme is financed by donations from Stepping Stones.

Arts@Pinders and Flowers@Pinders

An arts group was started in 2013 for current and ex patients, run by David Wilders. Flower arranging and crafts groups also run from the spinal unit.

Keep in Touch

A friendly, informal, keep-in-touch meeting has been held at Pinderfields for many years now. SPINE has now organised similar regular sessions at Hull for members who are unable to travel to Wakefield.

Yorkshire Lions Wheelchair Rugby

A wheelchair rugby club was established by SPINE in 2012 called Yorkshire Lions Wheelchair Rugby. The club continues to thrive, though it is becoming increasingly difficult to replace those players who have either retired or moved to different clubs.

SPINE (SPINAL INTEGRATED NETWORK) CIO

TRUSTEES' REPORT (continued)

SPINE Wheelchair Fishing Group

A new activity group was established in 2021 to bring together spinal injured people who enjoy coarse fishing. The group now has 25 members and 6 fishing matches were held during the period.

SPINE Sports (Formerly Pinderfields Disability Sports)

For many years, a charity called Pinderfields Disability Sports (originally Pinderfields Paraplegic Fellowship Club) operated with the spinal centre. In 2018, they asked SPINE to take over their work so that the older charity could be dissolved. This has taken place with the agreement that the finance transferred would continue to be used in the spirit for which it was raised. SPINE created a committee called SPINE Sports who have the responsibility for making requests and suggestions to the trustees.

Communication

We are currently working on updating and improving our website. We have maintained a Facebook page to provide information for our members. We continue to work with staff and the Trust to produce a Patients' Handbook which we hope will be available soon.

Advocacy

We continue to represent patients' concerns to the Trust especially concerning staffing issues and placing non-spinal injured patients on the ward.

We also liaise with members and the Department for Work and Pensions and other bodies in assisting members to receive the correct benefits and continuing health care packages. SPINE has evolved naturally into the conduit between spinal patients and these organisations.

We have a volunteer who is a retired employee of the Department for Work and Pensions who offers a valuable advice service to members with benefits issues.

We have regular contact with the other spinal injury centres in the UK.

Sponsors, Trustees and Volunteers

Funds for all the above activities come from donations from other charities, corporate sponsors and individual donations. Our thanks go to the following for their generous support:

- Stepping Stones
- Stewarts
- Coloplast
- SIA Healthcare

All our trustees, committee members and volunteers give their time and expertise, free of charge. The following people have worked on behalf of SPINE:

Nicola Cundall (Chair), Kevan Baker OBE (CEO), David Garbiak (Treasurer), Richard Caley, Fiona Dixon, Joyce Harrow, Daniel Herman, Kevin Plowman, Dene Minchella, Carol Ramm, Wajid Raza, Adrian Hirst and Natasha Green.

During the period, both our president, Mr Roger Greenwood and our chair, Mr Trevor Herdman sadly passed away. Both of these senior officers gave so much of their time to our charity and will be sorely missed. Mrs Nicola Cundall was appointed chair by the board of trustees.

Also, during the period, two key board members, Ms Louisa Tempest and Mr Nigel Wainwright, tendered their resignations. Ms Tempest was a trustee director and Mr Wainwright was an elected representative for clinical psychology.

SPINE (SPINAL INTEGRATED NETWORK) CIO

TRUSTEES' REPORT (continued)

Trustees' responsibilities for preparing the accounts

Charity law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those accounts, the trustees are required to:

- ~ select suitable accounting policies and then apply them consistently;
- ~ make judgments and estimates that are reasonable and prudent;
- ~ prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees

The trustees who served during the year were:

K B Baker OBE
R W Caley
J K Clayton

Review of financial position

These details are set out in the Statement of Financial Activities on page 6 of the accounts. Total reserves of the charity at 31 December 2023 were £27,367 (2022: £28,592).

The charity was originally constituted as an unincorporated organisation. On 9 October 2015 it converted into a CIO and funds of £19,125 were transferred to the CIO on that date.

On behalf of the board

K B BAKER OBE
Trustee
12 October 2024

SPINE (SPINAL INTEGRATED NETWORK) CIO

REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES

I report on the accounts of Spine (Spinal Integrated Network) for the year ended 31 December 2023 which are set out on pages 6 to 10.

Respective responsibilities of trustees

As the trustees you are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in General Directions given by the Charity Commission (under section 145(5)(b) of the Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- i. which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met; or
- ii. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

D M Butterworth
 WHEAWILL & SUDWORTH LIMITED
 Chartered Accountants
 35 Westgate
 Huddersfield
 HD1 1PA
 12 October 2024

SPINE (SPINAL INTEGRATED NETWORK) CIO**STATEMENT OF FINANCIAL ACTIVITIES****for the period ended****31 DECEMBER 2023**

Notes	Restricted funds 2023 £	Unrestricted funds 2023 £	Total 2023 £	Total 2022 £
Incoming resources				
2 Charitable revenues	49,000	21,016	70,016	19,465
Total incoming resources				
Resources expended				
3 Charitable expenditure	44,807	769	45,576	41,380
4 Management and administration	-	25,665	25,665	16,720
Total resourced expended	44,807	26,434	71,241	58,100
Net (outgoing) incoming resources for the period	4,193	(5,418)	(1,225)	(38,635)
Total funds at 31 December 2022	22,833	5,759	28,592	67,227
Total funds at 31 December 2023	27,026	341	27,367	28,592

The notes on pages 8 to 10 form part of these accounts.

SPINE (SPINAL INTEGRATED NETWORK) CIO**BALANCE SHEET****31 DECEMBER 2023**

Notes		2023 £	2022 £
	Current assets		
6	Debtors	5,000	-
	Cash at bank	23,267	29,492
		<hr/>	<hr/>
		28,267	29,492
		<hr/>	<hr/>
7	Creditors: amounts falling due within one year	(900)	(900)
		<hr/>	<hr/>
	Net assets	27,367	28,592
		<hr/>	<hr/>
	Reserves		
11	Unrestricted funds	341	5,759
11	Restricted funds	27,026	22,833
		<hr/>	<hr/>
	Total funds	27,367	28,592
		<hr/>	<hr/>

The accounts on pages 6 to 10 were approved by the board of trustees on 12 October 2024 and signed on its behalf by

R W CALEY	}	Trustees
K B BAKER OBE		

Charity number 1163910

The notes on pages 8 to 10 form part of these accounts.

SPINE (SPINAL INTEGRATED NETWORK) CIO

NOTES TO THE ACCOUNTS

31 DECEMBER 2023

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and include the results of the charity's operations which are described in the trustees' report and all of which are continuing.

The financial statements have been prepared in accordance with Accounting and Reporting for Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice. The charity is exempt from preparing a cash flow statement.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general activities of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific instructions imposed by the donors.

Taxation

The charity is not liable for corporation tax by reason of its charitable objects and status.

Incoming resources

All incoming resources are included in the Statements of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Value added tax

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on management and administration of the charity

Administration expenditure not directly related to the charitable activity predominantly includes office and travel expenses.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

SPINE (SPINAL INTEGRATED NETWORK) CIO**NOTES TO THE ACCOUNTS (continued)****31 DECEMBER 2023**

2	Charitable revenues	Restricted	Unrestricted	2023	2022
				Total	Total
		£	£	£	£
	Donations	5,000	20,484	25,484	10,965
	Grants	40,000	-	40,000	-
	Yorkshire Lions Wheelchair Rugby	4,000	-	4,000	8,500
	Arts and other	-	532	532	-
		<u>49,000</u>	<u>21,016</u>	<u>70,016</u>	<u>19,465</u>
3	Charitable expenditure	Restricted	Unrestricted	2023	2022
				Total	Total
		£	£	£	£
	Grants	38,005	-	38,005	24,422
	Yorkshire Lions Wheelchair Rugby	6,547	-	6,547	14,378
	Art	-	769	769	-
	SPINE Sports	255	-	255	115
	Equipment	-	-	-	2,465
		<u>44,807</u>	<u>769</u>	<u>45,576</u>	<u>41,380</u>
4	Management and administration			2023	2022
				£	£
	Office, IT and professional costs			17,535	16,720
	Website upgrade			8,130	-
				<u>25,665</u>	<u>16,720</u>
5	Net incoming resources for the year			2023	2022
				£	£
	This is stated after charging:				
	Trustees' remuneration			-	-
	Independent exemption fee			900	900
				<u>900</u>	<u>900</u>
	Trustees are reimbursed for travel expenses incurred on charitable activities.				
	The charity had no employees during the period.				
6	Debtors			2023	2022
				£	£
	Donated vehicle for resale			5,000	-
				<u>5,000</u>	<u>-</u>

SPINE (SPINAL INTEGRATED NETWORK) CIO**NOTES TO THE ACCOUNTS (continued)****31 DECEMBER 2023**

7	Creditors: amounts falling due within one year	2023 £	2022 £
	Accruals and deferred income	900	900
		<u> </u>	<u> </u>
8	Capital commitments	2023 £	2022 £
	Capital expenditure contracted but not provided in the accounts	-	-
		<u> </u>	<u> </u>

9 **Liability of members**

If the CIO is wound up, the members have no liability to contribute to its assets and have no personal responsibility for settling its debts and liabilities

10 **Related party disclosures**

The trustees are not aware of any material transactions that require disclosure.

There is no one controlling party of the charity.

11	Analysis of funds	Restricted £	Unrestricted £	2023 Total £	2022 Total £
	Debtors	5,000	-	5,000	
	Cash at bank	22,026	1,241	23,267	29,492
	Accruals and deferred income	-	(900)	(900)	(900)
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
	Total	27,026	341	27,367	28,592
		<u> </u>	<u> </u>	<u> </u>	<u> </u>