



**SPINE (SPINAL INTEGRATED NETWORK) CIO**  
**REPORT AND ACCOUNTS**  
**31 DECEMBER 2022**

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**Charity number: 1163910**

**SPINE (SPINAL INTEGRATED NETWORK) CIO****CHARITY INFORMATION****Trustees and members**

K B Baker OBE  
R W Caley  
J K Clayton

**Registered office**

Pinderfields General Hospital  
Aberford Road  
Wakefield  
WF1 4DG

**Accountants**

Wheawill & Sudworth Limited  
Chartered Accountants  
35 Westgate  
Huddersfield  
HD1 1PA

**Bankers**

Barclays Bank  
Crackenedge Lane  
Dewsbury  
WF13 1PT

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT**

The trustees present their report and accounts for the period ended 31 December 2022.

#### **Principal activity and status**

The charity is a non-profit seeking charitable organisation whose principal activity during the period was to relieve the charitable needs of and promote and project the good health of persons who are spinal cord injured and have been a patient at the Yorkshire Regional Spinal Injuries Centre. The charity is constituted as a Charitable Incorporated Organisation ('CIO') with registered charity number 1163910.

#### **Aims & Activities**

Our aims are to promote the best possible treatment and rehabilitation of spinal cord injured patients at the Yorkshire Regional Spinal Injuries Centre (YRSIC) at Pinderfields General Hospital, Wakefield, and to assist patients throughout their lives after discharge.

To achieve these aims we aim to:

- provide advocacy, advice and information to members,
- fund and organise social, sporting and educational activities,
- make grants to individuals,
- make representations to the Mid-Yorkshire NHS Trust on behalf of YRSIC patients.

The Trustees set out below SPINE's achievements and activities during this period. Once again, attendance of our volunteers at the YRSIC and our activities for patients have been disrupted by restrictions due to Covid-19..

#### **Patient Entertainment System**

A state-of-the-art patient entertainment system has been installed at the YRSIC. This combines TV, radio, internet and computer all in one system. The monitors are suspended from the ceiling with a bespoke arm which enables the screen to be set at any angle and frees up bedside space. Facilities also allow the system to be controlled by eye movements by tetraplegic patients. This was funded by Stepping Stones with implementation led by Kevan Baker and Richard Caley of SPINE. This has been in place for a number of years now, and SPINE is planning to replace the TV head sets.

#### **Clinical Psychology Support**

Following continued representation for SPINE, the ward now has two dedicated clinical psychologists. This service continues to grow and is highly valued by patients.

#### **Small Grants Scheme**

SPINE launched a small grants scheme to help our members in early 2016. This has continued throughout this period, with applications and approvals being made electronically. During this accounts period, we have awarded grants to around 20 individuals totalling £21,541. The grants have contributed to the purchase of a wide variety of items including equipment, such as wheelchairs, as well as helping individuals to attend physiotherapy, enabling participation in sport, and contributing to the cost of home adaptations, equipment and furniture. The grants scheme is financed by donations from Stepping Stones.

#### **Arts@Pinders and Flowers@Pinders**

The arts group, flower arranging and crafts group took place at the YRSIC when Covid-19 restrictions allowed.

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT (continued)**

#### **Keep in Touch**

A friendly, informal, keep-in-touch meeting has been held at Pinderfields for many years now. SPINE has now organised similar regular sessions at Hull for members who are unable to travel to Wakefield. This has proven to be an excellent community partnership operation with Rotary. As with our other face to face activities, these were disrupted during the year.

#### **Yorkshire Lions Wheelchair Rugby**

A wheelchair rugby club was established by SPINE in 2012 called Yorkshire Lions Wheelchair Rugby. The club has been unable to compete or train since early in 2020. Training resumed in September 2021, after meeting strict Covid 19 prevention protocols.

#### **SPINE Wheelchair Fishing Group**

A new activity group was established in 2021 to bring together spinal injured people who enjoy coarse fishing. The group now has 23 members and 6 group fishing days were held during the period. SPINE obtained generous local sponsorship from West Riding Freemasons for this activity.

#### **SPINE Sports (Formerly Pinderfields Disability Sports)**

For many years a charity called Pinderfields Disability Sports (originally Pinderfields Paraplegic Fellowship Club) operated with the spinal centre. In 2018, they asked SPINE to take over their work so that the older charity could be dissolved. This has taken place with the agreement that the finance transferred would continue to be used in the spirit for which it was raised. SPINE created a committee called SPINE Sports who have the responsibility for making requests and suggestions to the trustees.

#### **Communication**

We publish a regular newsletter to keep our members up to date on our activities. Thanks are due to Trevor Herdman for producing this, and to SIA Healthcare for their sponsorship. We continue to maintain a website and a Facebook page to provide information. We continue to work with staff and the Trust to produce a Patients' Handbook which we hope will be available soon.

#### **Advocacy**

We continue to represent patients' concerns to the Trust especially concerning staffing issues and placing non-spinal injured patients on the ward.

We also liaise with members and the Department for Work and Pensions and other bodies in assisting members to receive the correct benefits and continuing health care packages. SPINE has evolved naturally into the conduit between spinal patients and these organisations. We have a volunteer who is a retired employee of the Department for Work and Pensions who offers a valuable advice service to members with benefits issues. We have regular contact with the other spinal injury centres in the UK.

#### **Sponsors, Trustees and Volunteers**

Funds for all the above activities come from donations from other charities, corporate sponsors and individual donations. Our thanks go to the following for their generous support:

- Stepping Stones
- Stewarts
- Coloplast
- SIA Healthcare

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT (continued)**

All our trustees, committee members and volunteers give their time and expertise, free of charge. The following people have worked on behalf of SPINE:

Roger Greenwood (President), Trevor Herdman (Chair), Kevan Baker OBE (CEO), David Garbiak (Treasurer), Richard Caley, Nicola Cundall, Fiona Dixon, Joyce Harrow, Daniel Herman, Kevin Plowman, Dene Minchella, Carol Ramm, Wajid Raza, Louise Tempest, Nigel Wainwright, Adrian Hirst and Natasha Green.

#### **Trustees' responsibilities for preparing the accounts**

Charity law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those accounts, the trustees are required to

- ~ select suitable accounting policies and then apply them consistently;
- ~ make judgments and estimates that are reasonable and prudent;
- ~ prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Trustees**

The trustees who served during the year were:

K B Baker OBE  
R W Caley  
J K Clayton

#### **Review of financial position**

These details are set out in the Statement of Financial Activities on page 6 of the accounts. Total reserves of the charity at 31 December 2022 were £28,592 (2021: £67,227).

The charity was originally constituted as an unincorporated organisation. On 9 October 2015 it converted into a CIO and funds of £19,125 were transferred to the CIO on that date.

On behalf of the board

K B BAKER OBE  
Trustee  
12 October 2023

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES**

I report on the accounts of Spine (Spinal Integrated Network) for the year ended 31 December 2022 which are set out on pages 6 to 10.

#### **Respective responsibilities of trustees**

As the trustees you are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in General Directions given by the Charity Commission (under section 145(5)(b) of the Act); and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention

- i. which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met; or
- ii. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

D M Butterworth  
 WHEAWILL & SUDWORTH LIMITED  
 Chartered Accountants  
 35 Westgate  
 Huddersfield  
 HD1 1PA  
 12 October 2023

**SPINE (SPINAL INTEGRATED NETWORK) CIO****STATEMENT OF FINANCIAL ACTIVITIES****for the period ended****31 DECEMBER 2022**

Notes	Restricted funds 2022 £	Unrestricted funds 2022 £	Total 2022 £	Total 2021 £
<b>Incoming resources</b>				
2 Charitable revenues	10,625	8,840	19,465	87,753
<b>Total incoming resources</b>				
<b>Resources expended</b>				
3 Charitable expenditure	38,800	2,580	41,380	63,458
4 Management and administration	-	16,720	16,720	8,846
<b>Total resourced expended</b>	38,800	19,300	58,100	72,304
<b>5 Net (outgoing) incoming resources for the period</b>	(28,175)	(10,460)	(38,635)	15,449
Total funds at 31 December 2021	51,008	16,219	67,227	51,778
<b>Total funds at 31 December 2022</b>	<b>22,833</b>	<b>5,759</b>	<b>28,592</b>	<b>67,227</b>

The notes on pages 8 to 10 form part of these accounts.

**SPINE (SPINAL INTEGRATED NETWORK) CIO****BALANCE SHEET****31 DECEMBER 2022**

Notes		2022 £	2021 £
	<b>Current assets</b>		
6	Debtors	-	-
	Cash at bank	29,492	68,127
		<u>29,492</u>	<u>68,127</u>
7	<b>Creditors:</b> amounts falling due within one year	(900)	(900)
	<b>Net assets</b>	<u>28,592</u>	<u>67,227</u>
	<b>Reserves</b>		
11	Unrestricted funds	5,759	16,219
11	Restricted funds	22,833	51,008
	<b>Total funds</b>	<u>28,592</u>	<u>67,227</u>

The accounts on pages 6 to 10 were approved by the board of trustees on 12 October 2023 and signed on its behalf by

R W CALEY	)	
	)	Trustees
K B BAKER OBE	)	

Charity number 1163910

The notes on pages 8 to 10 form part of these accounts.



## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **NOTES TO THE ACCOUNTS**

**31 DECEMBER 2022**

#### **1 Accounting policies**

##### **Basis of accounting**

The financial statements have been prepared under the historical cost convention and include the results of the charity's operations which are described in the trustees' report and all of which are continuing.

The financial statements have been prepared in accordance with Accounting and Reporting for Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice. The charity is exempt from preparing a cash flow statement.

##### **Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general activities of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific instructions imposed by the donors.

##### **Taxation**

The charity is not liable for corporation tax by reason of its charitable objects and status.

##### **Incoming resources**

All incoming resources are included in the Statements of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### **Value added tax**

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

##### **Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Expenditure on management and administration of the charity**

Administration expenditure not directly related to the charitable activity predominantly includes office and travel expenses.

##### **Financial instruments**

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

**SPINE (SPINAL INTEGRATED NETWORK) CIO****NOTES TO THE ACCOUNTS (continued)****31 DECEMBER 2022**

2	<b>Charitable revenues</b>	Restricted £	Unrestricted £	2022 Total £	2021 Total £
	Donations	2,125	8,840	10,965	38,353
	Grants	-	-	-	40,000
	Yorkshire Lions Wheelchair Rugby	8,500	-	8,500	9,400
		<u>10,625</u>	<u>8,840</u>	<u>19,465</u>	<u>87,753</u>
3	<b>Charitable expenditure</b>	Restricted £	Unrestricted £	2022 Total £	2021 Total £
	Grants	24,422	-	24,422	32,385
	Yorkshire Lions Wheelchair Rugby	14,378	-	14,378	4,611
	Art	-	-	-	12
	Ward decorations	-	-	-	294
	SPINE Sports	-	115	115	-
	Shower chairs	-	-	-	26,156
	Equipment	-	2,465	2,465	-
		<u>38,800</u>	<u>2,580</u>	<u>41,380</u>	<u>63,458</u>
4	<b>Management and administration</b>			2022 £	2021 £
	Admin and professional costs			<u>16,720</u>	<u>8,846</u>
5	<b>Net incoming resources for the year</b>				
	This is stated after charging:				
	Trustees' remuneration			-	-
	Independent exemption fee			<u>900</u>	<u>900</u>
	Trustees are reimbursed for travel expenses incurred on charitable activities.				
	The charity had no employees during the period.				
6	<b>Debtors</b>				
	Accrued income			-	-

**SPINE (SPINAL INTEGRATED NETWORK) CIO****NOTES TO THE ACCOUNTS (continued)****31 DECEMBER 2022**

7	<b>Creditors:</b> amounts falling due within one year	2022 £	2021 £
	Accruals and deferred income	900	900
		<u>          </u>	<u>          </u>
8	<b>Capital commitments</b>	2022 £	2021 £
	Capital expenditure contracted but not provided in the accounts	-	-
		<u>          </u>	<u>          </u>

9 **Liability of members**

If the CIO is wound up, the members have no liability to contribute to its assets and have no personal responsibility for settling its debts and liabilities

10 **Related party disclosures**

The trustees are not aware of any material transactions that require disclosure.

There is no one controlling party of the charity.

11	<b>Analysis of funds</b>	Restricted £	Unrestricted £	2022 Total £	2021 Total £
	Cash at bank	22,833	6,659	29,492	68,127
	Accruals and deferred income	-	(900)	(900)	(900)
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
	Total	22,833	5,759	28,592	67,227
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>