



**SPINE (SPINAL INTEGRATED NETWORK) CIO**  
**REPORT AND ACCOUNTS**  
**31 DECEMBER 2020**

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**Charity number: 1163910**

**SPINE (SPINAL INTEGRATED NETWORK) CIO****CHARITY INFORMATION****Trustees and members**

K B Baker OBE  
R W Caley  
J K Clayton

**Registered office**

Pinderfields General Hospital  
Aberford Road  
Wakefield  
WF1 4DG

**Accountants**

Wheawill & Sudworth Limited  
Chartered Accountants  
35 Westgate  
Huddersfield  
HD1 1PA

**Bankers**

Barclays Bank  
Crackenedge Lane  
Dewsbury  
WF13 1PT

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT**

The trustees present their report and accounts for the period ended 31 December 2020.

#### **Principal activity and status**

The charity is a non-profit seeking charitable organisation whose principal activity during the period was to relieve the charitable needs of and promote and protect the good health of persons who are spinal cord injured and have been a patient at the Yorkshire Regional Spinal Injuries Centre. The charity is constituted as a Charitable Incorporated Organisation ('CIO') with registered charity number 1163910.

#### **Aims & Activities**

Our aims are to promote the best possible treatment and rehabilitation of spinal cord injured patients at the Yorkshire Regional Spinal Injuries Centre (YRSIC) at Pinderfields General Hospital, Wakefield, and to assist patients throughout their lives after discharge.

To achieve these aims we aim to:

- provide advocacy, advice and information to members,
- fund and organise social, sporting and educational activities,
- make grants to individuals,
- make representations to the Mid-Yorkshire NHS Trust on behalf of YRSIC patients.

The Trustees set out below SPINE's achievements and activities during this period. Our volunteers have been unable to attend YRSIC for most of 2020 and to date in 2021, due to restrictions brought in to combat Covid 19 coronavirus.

#### **Patient Entertainment System**

A state-of-the-art patient entertainment system has been installed at the YRSIC. This combines TV, radio, internet and computer all in one system. The monitors are suspended from the ceiling with a bespoke arm which enables the screen to be set at any angle and frees up bedside space. Facilities also allow the system to be controlled by eye movements by tetraplegic patients. This was funded by Stepping Stones with implementation led by Kevan Baker and Richard Caley.

#### **Clinical Psychology Support**

Following continued representation for SPINE, the ward now has two dedicated clinical psychologists. This service continues to grow and is highly valued by patients.

#### **Small Grants Scheme**

SPINE launched a small grants scheme to help our members in early 2016. This has continued throughout this period, with applications and approvals being made electronically. During this accounts period, we have awarded grants to 22 individuals (previous period 21). The grants have contributed to the purchase of a wide variety of items including equipment, such as wheelchairs, as well as helping individuals to attend physiotherapy, training courses and participate in sport, and contributing to the cost of home adaptations, equipment and furniture. The grants scheme is financed by donations from Stepping Stones. A total of £30,000 was available in this period (previous period £30,000).

Arts@Pinders and Flowers@Pinders

The arts group, flower arranging and crafts group have all been suspended during 2020.

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT (continued)**

#### **Keep in Touch**

A friendly, informal, keep-in-touch meeting has been held at Pinderfields for many years now. SPINE has now organised similar regular sessions at Hull for members who are unable to travel to Wakefield. This has proven to be an excellent community partnership operation with Rotary. As with our other face to face activities, these have been suspended.

#### **Yorkshire Lions Wheelchair Rugby**

A wheelchair rugby club was established by SPINE in 2012 called Yorkshire Lions Wheelchair Rugby. The club has been unable to compete or train since early in 2020. Training resumed in September 2021, after meeting strict Covid 19 prevention protocols.

#### **SPINE Sports (Formerly Pinderfields Disability Sports)**

For many years a charity called Pinderfields Disability Sports (originally Pinderfields Paraplegic Fellowship Club) operated with the spinal centre. In 2018, they asked SPINE to take over their work so that the older charity could be dissolved. This has taken place with the agreement that the finance transferred would continue to be used in the spirit for which it was raised. SPINE created a committee called SPINE Sports who have the responsibility for making requests and suggestions to the trustees.

#### **Communication**

We publish a regular newsletter to keep our members up to date on our activities. Thanks are due to Trevor Herdman for producing this, and to SIA Healthcare for their sponsorship. We continue to maintain a website and a Facebook page to provide information. We continue to work with staff and the Trust to produce a Patients' Handbook which we hope will be available soon.

#### **Advocacy**

We continue to represent patients' concerns to the Trust especially concerning staffing issues and placing non-spinal injured patients on the ward.

We also liaise with members and the Department for Work and Pensions and other bodies in assisting members to receive the correct benefits and continuing health care packages. SPINE has evolved naturally into the conduit between spinal patients and these organisations.

We have a volunteer who is a retired employee of the Department for Work and Pensions who offers a valuable advice service to members with benefits issues.

We have regular contact with the other spinal injury centres in the UK.

#### **Sponsors, Trustees and Volunteers**

Funds for all the above activities come from donations from other charities, corporate sponsors and individual donations. Our thanks go to the following for their generous support:

- Stepping Stones
- Stewarts
- Coloplast
- SIA Healthcare

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **TRUSTEES' REPORT (continued)**

All our trustees, committee members and volunteers give their time and expertise, free of charge. The following people have worked on behalf of SPINE:

Roger Greenwood (President), Trevor Herdman (Chair), Kevan Baker OBE (CEO), David Garbiak (Treasurer), Richard Caley, Nicola Cundall, Fiona Dixon, Joyce Harrow, Daniel Herman, Kevin Plowman, Dene Minchella, Carol Ramm, Wajid Raza, Louise Tempest, Nigel Wainwright, Adrian Hirst and Natasha Green.

#### **Trustees' responsibilities for preparing the accounts**

Charity law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those accounts, the trustees are required to

- ~ select suitable accounting policies and then apply them consistently;
- ~ make judgments and estimates that are reasonable and prudent;
- ~ prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Trustees**

The trustees who served during the year were:

K B Baker OBE  
R W Caley  
J K Clayton

#### **Review of financial position**

These details are set out in the Statement of Financial Activities on page 6 of the accounts. Total reserves of the charity at 31 December 2020 were £51,778 (2019: £49,857).

The charity was originally constituted as an unincorporated organisation. On 9 October 2015 it converted into a CIO and funds of £19,125 were transferred to the CIO on that date.

On behalf of the board

K B BAKER OBE  
Trustee  
11 October 2021

## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES**

I report on the accounts of Spine (Spinal Integrated Network) for the year ended 31 December 2020 which are set out on pages 6 to 10.

#### **Respective responsibilities of trustees**

As the trustees you are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in General Directions given by the Charity Commission (under section 145(5)(b) of the Act); and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention

- i. which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met; or
- ii. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

D M Butterworth  
 WHEAWILL & SUDWORTH LIMITED  
 Chartered Accountants  
 35 Westgate  
 Huddersfield  
 HD1 1PA  
 11 October 2021

**SPINE (SPINAL INTEGRATED NETWORK) CIO****STATEMENT OF FINANCIAL ACTIVITIES****for the period ended****31 DECEMBER 2020**

Notes	Restricted funds 2020 £	Unrestricted funds 2020 £	Total 2020 £	Total 2019 £
<b>Incoming resources</b>				
2 Charitable revenues	37,892	15,140	53,032	61,175
<b>Total incoming resources</b>				
<b>Resources expended</b>				
3 Charitable expenditure	40,705	355	41,060	51,658
4 Management and administration	-	10,051	10,051	8,689
<b>Total resourced expended</b>	40,705	10,406	51,111	60,347
<b>5 Net incoming resources for the period</b>	(2,813)	4,734	1,921	828
Total funds at 31 December 2019	41,711	8,146	49,857	49,029
<b>Total funds at 31 December 2020</b>	38,898	12,880	51,778	49,857

The notes on pages 8 to 10 form part of these accounts.

**SPINE (SPINAL INTEGRATED NETWORK) CIO****BALANCE SHEET****31 DECEMBER 2020**

Notes		2020 £	2019 £
	<b>Current assets</b>		
6	Debtors	-	-
	Cash at bank	52,678	50,757
		<u>52,678</u>	<u>50,757</u>
7	<b>Creditors:</b> amounts falling due within one year	(900)	(900)
		<u>(900)</u>	<u>(900)</u>
	<b>Net assets</b>	<u>51,778</u>	<u>49,857</u>
	<b>Reserves</b>		
11	Unrestricted funds	12,880	8,146
11	Restricted funds	38,898	41,711
		<u>51,778</u>	<u>49,857</u>
	<b>Total funds</b>	<u>51,778</u>	<u>49,857</u>

The accounts on pages 6 to 10 were approved by the board of trustees on 11 October 2021 and signed on its behalf by

R W CALEY	)	
	)	Trustees
K B BAKER OBE	)	

Charity number 1163910

The notes on pages 8 to 10 form part of these accounts.



## **SPINE (SPINAL INTEGRATED NETWORK) CIO**

### **NOTES TO THE ACCOUNTS**

**31 DECEMBER 2020**

#### **1 Accounting policies**

##### **Basis of accounting**

The financial statements have been prepared under the historical cost convention and include the results of the charity's operations which are described in the trustees' report and all of which are continuing.

The financial statements have been prepared in accordance with Accounting and Reporting for Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice. The charity is exempt from preparing a cash flow statement.

##### **Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general activities of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific instructions imposed by the donors.

##### **Taxation**

The charity is not liable for corporation tax by reason of its charitable objects and status.

##### **Incoming resources**

All incoming resources are included in the Statements of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### **Value added tax**

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

##### **Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Expenditure on management and administration of the charity**

Administration expenditure not directly related to the charitable activity predominantly includes office and travel expenses.

##### **Financial instruments**

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

**SPINE (SPINAL INTEGRATED NETWORK) CIO****NOTES TO THE ACCOUNTS (continued)****31 DECEMBER 2020**

2	<b>Charitable revenues</b>	Restricted £	Unrestricted £	2020 Total £	2019 Total £
	Donations	-	11,193	11,193	15,771
	Grants	30,000	-	30,000	30,000
	Yorkshire Lions Wheelchair Rugby	7,892	-	7,892	14,253
	Art	-	3,947	3,947	941
	Retail	210	-	210	210
		<u>37,892</u>	<u>15,140</u>	<u>53,032</u>	<u>61,175</u>
3	<b>Charitable expenditure</b>	Restricted £	Unrestricted £	2020 Total £	2019 Total £
	Grants	31,391	-	31,391	22,960
	Yorkshire Lions Wheelchair Rugby	3,884	-	3,884	25,575
	Art	-	355	355	1,964
	Ward decorations	5,100	-	5,100	-
	SPINE Sports	330	-	330	1,159
		<u>40,705</u>	<u>355</u>	<u>41,060</u>	<u>51,658</u>
4	<b>Management and administration</b>			2020 £	2019 £
	Admin and professional costs			<u>10,051</u>	<u>8,689</u>
5	<b>Net incoming resources for the year</b>				
	This is stated after charging:				
	Trustees' remuneration			-	-
	Independent exemption fee			<u>900</u>	<u>900</u>
	Trustees are reimbursed for travel expenses incurred on charitable activities.				
	The charity had no employees during the period.				
6	<b>Debtors</b>				
	Accrued income			-	-

**SPINE (SPINAL INTEGRATED NETWORK) CIO****NOTES TO THE ACCOUNTS (continued)****31 DECEMBER 2020**

7	<b>Creditors:</b> amounts falling due within one year	2020	2019
		£	£
	Accruals and deferred income	900	900
		<u>          </u>	<u>          </u>

8	<b>Capital commitments</b>	2020	2019
		£	£
	Capital expenditure contracted but not provided in the accounts	-	-
		<u>          </u>	<u>          </u>

9 **Liability of members**

If the CIO is wound up, the members have no liability to contribute to its assets and have no personal responsibility for settling its debts and liabilities

10 **Related party disclosures**

The trustees are not aware of any material transactions that require disclosure.

There is no one controlling party of the charity.

11	<b>Analysis of funds</b>	Restricted	Unrestricted	2020	2019
		£	£	Total	Total
				£	£
	Cash at bank	38,898	13,780	52,678	50,757
	Accruals and deferred income	-	(900)	(900)	(900)
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
	Total	38,898	12,880	51,778	49,857
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>