

BRAIN TUMOUR SUPPORT
FINANCIAL STATEMENTS
31 MARCH 2023

Company Registration Number 09718307
Charity Number 1163856



BRAIN TUMOUR SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

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BRAIN TUMOUR SUPPORT

REFERENCE & ADMINISTRATIVE INFORMATION

YEAR ENDED 31 MARCH 2023

Registered charity name	Brain Tumour Support
Charity registration number	1163856
Company registration number	09718307
Registered and principal office	The Clock Tower Old Weston Road Flax Bourton Bristol BS48 1UR

The Trustees

The Trustees (who are directors for the purpose of company law) who served during the year and since the year end were as follows:

Mr A Chater
Mr K Wilson
Ms E Brereton
Ms S Lawless
Mr S Bodley
Mr JP Stuart (appointed April 2022)

Independent Examiner

Joshua Kingston BSc ACA
Burton Sweet Limited, Chartered Accountants
The Clock Tower
5 Farleigh Court
Old Weston Road
Flax Bourton
Bristol
BS48 1UR

BRAIN TUMOUR SUPPORT

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

INTRODUCTION

The Trustees are pleased to present their annual report together with the financial statements of the charity for the year ending 31 March 2023.

Brain Tumour Support is a registered charity, number 1163856.

Vision

Our vision is that no-one feels alone when facing the effects of a brain tumour diagnosis.

Objects and activities

The Objects of the charity are:

- The relief of illness of persons suffering from brain tumours by the provision of support, advice and information for such persons and to offer support, advice and information to their carers and families; and
- The promotion of research into the effects and causes of brain tumours and the public dissemination of the useful results thereof.

Strategic Goals

- UNDERSTAND the support needs within the brain tumour community
- RAISE AWARENESS of how Brain Tumour Support supports those affected by a brain tumour
- PROVIDE SUPPORT to patients and families affected by any type of brain tumour

Values

- Be INCLUSIVE – Together we are stronger, all-embracing and available to anyone.
- Be SUPPORTIVE – Together we are caring and always ready to come alongside to encourage and empower.
- Be COMPASSIONATE – Together we are gentle and warm-hearted with a listening ear, yet incredibly resilient.
- Be PROFESSIONAL – Together we are consistently reviewing and re-evaluating our services, so that they are personalised, proficient and rich with experience.

Mission

To support patients, carers, friends and families by providing individualised and specialist information, guidance and emotional support, for as long as it is needed.

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STRATEGIC REPORT

Reshape, rebuild and the trajectory towards thriving

The Trustees have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the charity and in planning future activities. All activities therefore reflect the Trustees' desire to follow the purposes of the charity and to meet the requirements of general public benefit.

The Trustees are pleased that the achievements and performance of Brain Tumour Support, as set out below, demonstrate continued progress against strategic priorities. The previous year's work, where our goal was to reshape and rebuild for the future, is starting to have an effect and has made a significant difference with how we have worked on and developed our strategy for this financial year. The rebuild following the Covid-19 period has been demanding, however this is also part of the on-going organic nature of the charity and we are consistently looking at ways in which to tap into our internal resources for skills, knowledge and experience.

Clearly, there have been new challenges which have resulted from the cost of living crisis and the overall economic outlook being uncertain. Costs remain high and, within the sector, fundraising has become more difficult across all income lines. However, despite this, our strategy is beginning to deliver improved performance across all of our operations but there still remain areas of work we need to complete, which sit comfortably within our control. Therefore, we have embraced the opportunity to increase our staff training and development and to focus further on the design of our support model and impact of our support delivery.

During this Financial Year, Covid was still present within our sector and, being a healthcare charity, we have been forever mindful of those we are supporting, with full consideration around their risk when delivering our support offering. The rules on wearing masks in healthcare settings were relaxed, but throughout this year, some hospitals re-instated them following individual hospital risk assessments. This has meant that the return of our Support Professional presence within hospital clinics has continued to be prolonged. We will however seek to re-engage with this in the next financial year.

Our primary focus continues to be to support families affected by any type of brain tumour, and following this recent period of uncertainty, vulnerability and isolation, our upward trajectory has unquestionably been to target the key areas of financial and structural sustainability of the charity.

There has emerged a renewed enthusiasm and raw determination within the Senior Team to truly reinforce the building and renewal work which was achieved in the financial year 2021/22.

We have also been propelled into the 20th year anniversary of the charity; absolutely a milestone to be celebrated, and whilst bringing additional work it also inspires a certain resoluteness to succeed still further. It has created an opportunity to consolidate the long and rich history of providing support to anyone affected by a brain tumour, and our approach to growth and thriving continues to be shaped by the needs emanating from the families we support.

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This perspective has enabled us to review the original purpose of the charity and to bring it into the reality of the present day and what that means for us and those we support. So, with a sharper focus and the ability to reflect on the deep-rooted nature of the past twenty years, the sense of pace and openness to change has resulted in a more defined way of thinking. At its core, our overall strategy is clear – to deliver an excellent service to those who need us within a safe and professional environment, underpinned by a support model which has been developed through clinical and patient input. To ensure that the infrastructure and the delivery of support remains sustainable, the future proofing which was embedded in the previous financial year 2021-22 continues apace with further strengthening work occurring in 2022-23. This included six clear strategic goals in a new –

30 Month Strategy (April 2022 – October 2024)

We have continued to be wise in how we approach our future and this has resulted in a new strategy encompassing key areas, which are the cornerstones of our work. Our three strategic goals remain the same and we continue to work towards them, remaining acutely aware of how important they are:-

- **UNDERSTAND** the support needs within the brain tumour community
- **RAISE AWARENESS** of how Brain Tumour Support supports those affected by a brain tumour
- **PROVIDE SUPPORT** to patients and families affected by any type of brain tumour

Underpinning the three strategic aims, our six strategic goals guide the planning in all areas of the charity. Our progress against key objectives aligned to these goals has been significant and undoubtedly outline why we are doing what we are doing.

- **Operational Excellence**

Our roadmap towards continuous improvement across all areas of the charity is now underway. We remain committed to increasing the controls of our governance and compliance frameworks. This has included onboarding a new trustee with a background of performance management and internal control frameworks. The risk review register is fully operational at a Senior Team and Board level and is providing an overview for how we manage risk. The ongoing succession planning is key to how we make decisions about our charity structure going forward into 2024.

- **Our People**

The last 12 months has seen significant focus on individuals' wellbeing within the staff teams, with time dedicated to team away training and development, as well as an emphasis on flexible working options to give staff the ability to organise their work around family life where necessary. Visits to every region, by the CEO and Deputy CEO, to see everyone face-to-face were driven by the wish to engender the culture of two way communication, giving staff the opportunity to talk openly and to tell senior staff what is important to them professionally and personally in line with charity growth.

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The cost of living crisis was a real concern for many of the staff and, to mitigate stress and anxiety in this area, the charity responded to this with the Board agreeing to a small cost of living pay increase.

The benchmarking exercise which is fundamental to the future growth of the organisation is yet to be completed. The new online HR system has created a much more conducive approach to employee management and is a system which allows performance management and mandatory training and development to be more disciplined. New and updated contracts were issued to all staff.

- **Our Reach**

The 20th Anniversary has been key to this financial year, with the necessary planning formulated well ahead of time to ensure that major events were in the calendar for the forthcoming year. The role dedicated to this important anniversary was viewed as being crucial to our connection with current supporters as well as extending our reach to new supporters. Our work on the 'co-create a future beyond brain tumours' was collaborative in its nature and has cultivated working partnerships with other charities within the sector. A poster presentation at The Cancer Research UK conference raised our profile within the qualitative research field, and our on-going collaborative work with the Tessa Jowell Brain Cancer Mission has been a significant inroad towards the joint work we are now doing with the Tessa Jowell Academy. The Brain Tumour Support Care Boxes were distributed to all the Tessa Jowell accredited centres of excellence and the continued reach to these hospitals is momentous, as it is cultivating further growth in our partnership with neuro teams, clinicians and medical professionals across the NHS. Re-engagement with all of our ambassadors has been key this year, with further plans to work more closely in the next financial year. The Social Media Officer appointment has been part of the plan to work towards driving our digital, social media and campaign presence and we continue to shape this foundational work ahead of embarking on nationwide campaigns to raise awareness of our work.

- **Our Service Excellence**

The client voice project carried out in October 2022 has been pivotal in helping to shape our support delivery during this financial year. The zoom sessions and the face-to-face support meet ups have been determined by the results from this. Close links with our flagship hospital at Southmead and their work on patient feedback has helped us to design our services accordingly. Our safeguarding policies and procedures have been refreshed and our support co-ordination procedures have become even more stringent to allow for the embedding of additional service excellence and the firm foundation for professional accreditation over the ensuing years. Our support model blueprint has been officially launched and all our future support work will be closely aligned to this with appropriate measurement tools currently under review.

- **Our Impact**

Evidence from client surveys and through Support Professionals and the Clinical Teams indicate that the impact of our support offering is meaningful throughout the brain tumour journey. It is clear that families wished they had known about the support available to them sooner. In order to develop our evaluation tools to enable support services to flourish, scoping

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work around database options has been necessary. The appointment of the Data Impact Officer has enabled this vital work to begin and our main focus has been to increase our capability in how data is

captured and to make it meaningful. With an on-going commitment to ensure that our impact is visible and that the support we offer is understood, we are now focusing on the best route forward. This will include investigative work to finalise next steps, which we will report on in the next financial year.

- **Our Financial Stability**

Succession planning for key roles across the organisation forms a large part of the enhancement to our financial stability. Meaningful and productive reporting to produce clear and precise data to the board in line with the approved budget and 30-month plan is critical. There is a strong sense of strategic vision for the longer term, and there remains aspirational planning until 2030 to increase the fundraising team for future sustainability and diverse income lines. However, a period of no more than 30 months has been considered for operational planning and measuring performance. The Board continues to be aware and to consider the potential impact of environmental factors which may affect operations and performance in the future.

Why We Are Needed

Brain tumours can affect anyone regardless of age, sex, lifestyle or general health. With approximately 45 people every day in the UK receiving a diagnosis, and incidences of brain tumours increasing, support is needed more than ever.

However there is still little awareness of the complex and life-changing impact that any grade of brain tumour can have, and poor understanding of the often longterm support needed for those affected, including their family and friends.

- **Over 80% of people with a brain tumour have to *reduce or give up their work completely* as a result of their diagnosis**
- **Over 55% of people with a brain tumour have to *give up their driving licence* and lose their independence**
- **Over 65% of people say a brain tumour has a *negative impact on their friendships***

Through 20 years as a charity, the continuing developments in science and treatment and care have still not been able to soften the fear and shock of receiving this diagnosis. So our vision has remained, that no-one feels alone when facing the effects of a brain tumour.

This is still our challenge.

Our Campaigning Priorities

1. Earlier awareness of and access to the support services which are available.
2. Equity across the clinical and support pathway for all brain tumour types and grades.

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3. Recognition of equal need for support beyond the patient – non-medical support services for

all those whose lives are impacted by a diagnosis are an essential part of the pathway and wrap-around care.

ACHIEVEMENTS AND PERFORMANCE

THE SHAPE AND IMPACT of our support

Online survey and focus groups carried out in November 2022 gave valuable insight into needs around awareness of services and how support is delivered.

It was striking that 78% of respondents self-referred to our support services rather than being referred by their clinical team or another organisation or individual. Of those who self-referred, 74% stated that they would have preferred to have been automatically referred, perceiving the benefits of this being faster access to support.

In exploring what would be an 'ideal' support package - 64% stated that they would like face-to-face support groups, 58% said they would value face-to-face social and friendship groups, 55% expressed a desire for telephone support and 35% wanted virtual support and topic-led groups.

Desire for specialist counselling remains high with 67% of respondents saying 1:1 counselling is an important component of a support package and 38% requesting family counselling provision.

The key conclusions were:

- There is evidence of a need for the option to be referred, in addition to self-referral and to ensure faster referral with minimal barriers
- Awareness of Brain Tumour Support services is generally good, but there is some need for improvement, particularly for people who aren't active on social media or who would benefit from direct information from their neurosurgery/neuro-oncology centres
- Whilst the virtual support and topic-led groups are valued by many, there is an obvious desire for face-to-face support across the community, with a balance needing to be reached between the pros and cons of each method of delivering support

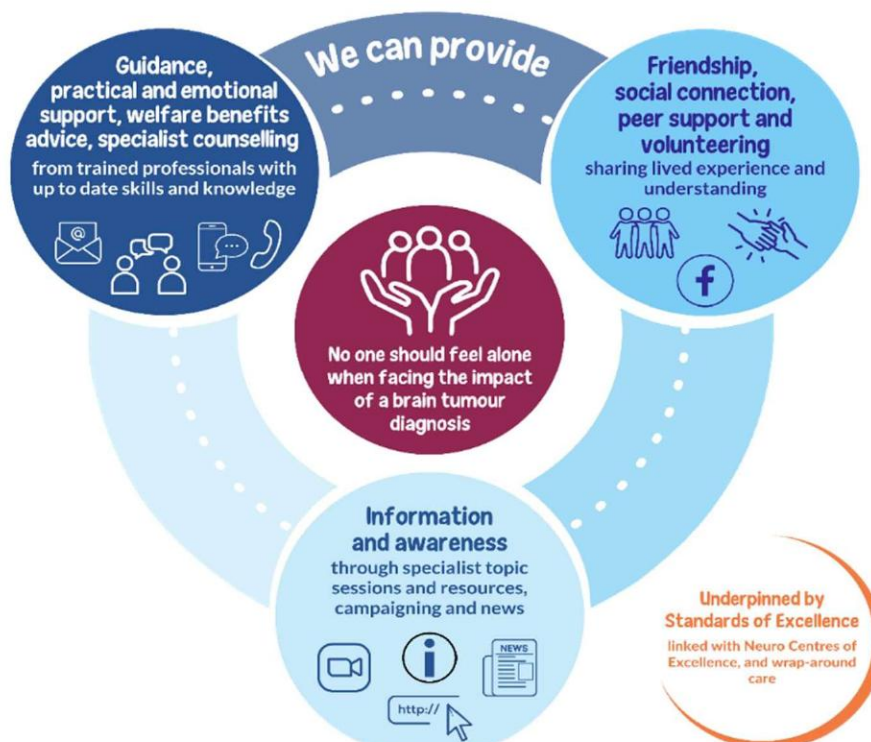
This work informed the development of Brain Tumour Support's specialist, person-centred model for support.

We working closely alongside the NHS clinical teams and our experienced team understands the complex impact a brain tumour has on all aspects of life. We provide a consistent point of contact, with help at any stage and for as long as support is needed - often for years and also after bereavement.

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We offer emotional and practical support for anyone affected by any type or grade of brain tumour, whether as a patient, family member, friend, carer or colleague. Our service is free of charge and focused on each individual's needs, at whatever stage they are in the brain tumour journey.



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Our support model is designed to provide support at any point in, and through, the brain tumour journey for any individual or family, so that they feel in control and knowledgeable and therefore can be themselves and not feel defined as a 'patient' or 'carer'.

The ability to access our services at any of these 'touch points' and to be able to dip in and out, with the security that support will be there as a safety net, is a crucial and unique feature of this model.

The comfort and reassurance of having a consistent, familiar point of contact has been stated as a particularly important aspect of support. The flexibility to make our support formal or informal, whichever approach is of most benefit to someone at a particular time, is vital. Sometimes it might be simply listening, with no agenda.

Our surveys and focus groups told us that people impacted by a diagnosis need:

- **One-to-one emotional support** delivered by a dedicated support professional
- **One-to-one expert guidance and specialist information** delivered by well trained, knowledgeable and up to date professionals
- **Deeper psychological support** delivered by specially trained and BACP accredited counsellors, with more sessions than most providers offer
- **Support through connection and sharing experience with others** through specialist online support sessions, face-to-face support groups, online friendship groups and social meeting

- *937 people received regular support from a dedicated Brain Tumour Support Professional*

- *In our support team of 14, over 50% have lived experience of the impact of a brain tumour diagnosis and this personal understanding is enhanced by knowledge development. In 2022 training included:*
 - Vicarious trauma for the support giver
 - Loss, grief and bereavement
 - Managing fatigue and sleep
 - Funeral planning, Power of Attorney and Will making
 - Anxiety First Aid
 - Treatments and the clinical pathway
 - Resilience and wellbeing

- *We now have two specialist counsellors on our team who provide up to 10 sessions, with the option to return to this service if needed*

- *4,398 people connected through our online forums, sessions and groups*

Our support services:

- Bespoke, tailored one-to-one support
- Online support groups and information sessions
- Face-to-face support groups
- Specialist counselling
- Specialist financial and benefits advice
- Dedicated UK support line
- Online support forums for 24/7 peer support
 - including new group for family and friends
- End of life and bereavement support

Our Support Team in 2022-23:

- 2 support service managers (job share)
- 7 regionally based Support Professionals (SP)
- 2 specialist counsellors
- 1 Welfare and benefits SP
- 1 Social media SP
- 1 Support services co-ordinator

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Importance of support to suit the individual

The strength of our service is that it is offered at any stage from new diagnosis to post bereavement. No-one is excluded, and it is never too late to seek support.

This is some of the positive impact for people supported:

- **the chance to participate more fully in life,** feel better able to live independently and feel useful, valuable and better about themselves
- **feeling less isolated and alone** through having a safe social space to talk freely and openly
- **developing greater self-confidence** and increased resilience
- **finding ways to cope better with the emotional impact** of a brain tumour and the challenges of loss and bereavement
- **alleviation of practical and financial worries** through welfare benefits advice and advocacy

"The sessions are always helpful, thoughtful, empathetic and kind. Everyone listens. I felt better afterwards and much more empowered."
Annie

"The counselling service has been a lifeline. I am able to grieve in my own way and have learnt there is no time scale to how long the grieving process takes. I still have my 'ups' and 'downs' but it has helped me deal with various difficulties as they have come along and I am now able to look forward more."
Pam

"I want to thank you for what you have done to help me and my family move forward and have a fresh start. I really do appreciate everything you've done for us."
Nick



"You are with like-minded people and if you are struggling, you can talk to someone and you just know they will understand."
Lesley

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*"I have felt quite isolated
and alone after having my brain surgery.*

*Feelings and thoughts have been quite alien to me,
and friends who I thought would be very supportive
haven't been and others who I wouldn't have expected
to be, have been. These topics were talked about on the
call and the answers have helped me a lot.*

*I now don't feel alone, and I feel I'm in a community
of like-minded people who truly understand where
I'm coming from.*

It's made a huge difference to me."



937 people received
regular support
from a Support
Professional



472 online support
group and session
attendances



£77,999 gained for
clients with help
from our Welfare
Benefits service



512 counselling
sessions provided
for individuals
or families



3,816 people
connecting 24/7
through our
Facebook Forum

*"A place to ask for help,
a place where people understand
what you're going through,
a place that feels like home.*

*a place where you are never alone and
nothing you say is silly or strange,
a place to express your every worry and thought.*

*Just having that person to listen
is a gift that has helped me so much.*

*You really have and still are,
making such a difference
to my life."*

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VOLUNTEERING

In 2022-23: **1,960** hours of work / saving **£26,852**

Our award-winning volunteers remain an integral and essential part of the Brain Tumour Support family. In 2022 we appointed a dedicated volunteer co-ordinator who has updated the volunteer handbook with all relevant policies and the code of conduct, to provide a comprehensive framework to support and guide our volunteer team. Alongside this is a new induction process with one-to-one or group training in Brain Tumour Support's values and codes of conduct, plus GDPR and safeguarding, so that individuals and anyone they may work with are safe, and activities and conduct are appropriate.

Volunteers also receive a regular Volunteers E-newsletter, have regular one-to-one supervision and volunteer team catch-ups so that they can meet each other, stay updated on charity news and relevant issues, as well as chat and share stories and ideas on their volunteering roles.

The positive impact of volunteering is felt not only by us as a charity, but also by the volunteers themselves. Long standing volunteers Jeanette and Chris show how empowering involvement can be.

Jeanette has been volunteering since 2016, after her brain tumour diagnosis forced her to give up work that she loved.

She was determined to help in any way she could to fundraise and raise awareness, especially in the local community, and her positive outlook brings great energy to get others involved.

She has hosted fundraising events herself, and connected with local pubs, clubs and businesses to support their own events. Throughout 2022-23 she also co-ordinated bucket collection fundraising at Exeter Chiefs rugby matches, after Brain Tumour Support was chosen as one of the Charities of the Year by the Exeter Chiefs Foundation. Jeanette's involvement has been an important factor in securing this valuable support for successive years.

She says "Volunteering gives me such a lot of satisfaction. I have always been a firm believer that you cannot just take, it's important to give back. It's my way of saying "thank you" to Brain Tumour Support and making sure that the charity is there for all those diagnosed in the future."



Chris began volunteering in 2011, with just a few hours a week helping in the charity office. He has Asperger's Syndrome and his volunteer role has helped him gain confidence and new skills, so that now he is also able to be out in the community promoting fundraising events.

He says "Twelve years ago, I could never have imagined attending events and helping with fundraising, but now I really enjoy it. It's only been in the last few years that I can interact with people more and can hold a conversation. While some of the jobs I do may seem small, when you add up the number of hours I have saved the charity, it actually makes a big difference.

"Volunteering is the most rewarding thing you will ever do. Giving up your own time to help other people is so satisfying."




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BUILDING SUPPORT TOGETHER - Partnerships, awareness and collaboration

We have also developed and strengthened our relationships with clinical teams nationally. Our team of Support Professionals is planned so that they work closely with, and offer support to, the neuro-centres in their region. We feed back to these clinical teams so patients and their families can be reassured that there is continued learning and deeper understanding of their needs. We also receive feedback that helps us to continually improve our own service and keep it up to date.



*"Thank you so much
for not giving up on me and
for calling to check in.
I had been having such a bad week.
You have cheered me up
with this chat."*

We see collaborative working as essential to achieving our aims and improving the lives of people affected by a brain tumour. Partnerships include other brain tumour charities and patient organisations, such as Macmillan England and Wales/Cymru, the Brain Cancer Network Alliance and International Brain Tumour Alliance, as well as attending the All Party Parliamentary Group for Brain Tumours (APPGT), working with government and senior officials, local MPs and other decision makers.

We also have representation on the Joint Strategy Board for the Tessa Jowell Brain Cancer Mission, and have an important part to play in working with hospitals to help to support The Tessa Jowell Centres of Excellence programme, feeding into better progress towards the common goals of the brain tumour community. This programme has continued apace, being led by Professor Bushby. The Centres of Excellence designation has been a fundamental movement towards the Mission's vision to ensure that a certain level of expertise is held across all areas of neuro oncology and that each designated centre provides a comprehensive level of service and research activities. Brain Tumour Support has an important part to play in working with hospitals to help to support this. As part of the Centre designation accreditation award ceremony in May 2022, we were delighted to once again deliver our care boxes to the neuro teams. This was accompanied with the clear messaging around how Brain Tumour Support can make a difference to their patients and families, outlining the services which can be delivered by the Brain Tumour Support team.

Our joint work with the teams at the neuro centres across the UK is increasing and further collaboration with Southmead Hospital, Bristol has started to take shape. It is a vital area of work which we are progressing and plan to continue to build upon in the next financial year.

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OUR STRUCTURE, GOVERNANCE AND MANAGEMENT

Brain Tumour Support is a charitable company limited by guarantee, registered at Companies House as a company and with the Charity Commission. The company was established under a Memorandum of Association which outlined the objects of the charitable company. It is governed by its Articles of Association.

Public benefit

The Trustees confirm that they have complied with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission. The annual report contains a fuller description of the public benefit that the charity provides within the main body of the report.

The Board of Trustees

Brain Tumour Support has directors and members. The directors of the charity are also Trustees of the charity for the purposes of the Charities Act.

The Board of Trustees makes up the governing body and oversees the governance of the charity, whilst the day-to-day management is led by Tina Mitchell Skinner, the appointed Chief Executive Officer, supported by the appointed Deputy CEO.

The Chief Executive Officer, together with the charity's Senior Leadership Team, submit proposals and recommendations to the Board on a quarterly basis for approval of strategy and to review and officially sign off on-going implementation plans for each area of activity carried out by the charity. In between, all Trustees are sent comprehensive monthly reports, produced by each function, to update them on monthly activities including additional financial management reports with commentary by the Finance Manager.

The Trustees are all experienced business people in their individual fields and provide a sound authority on direction and governance. They willingly give up their time free of charge and none of them, without exception, receive any Trustee remuneration or expense reimbursement.

The Board ensures that Brain Tumour Support operates effectively and efficiently through an understanding of charity income and expenditure. They take on a genuine responsibility of deciding how the charity's assets are best used to benefit all those people affected by the diagnosis of a brain tumour.

In 2022-23 Brain Tumour Support's Board comprised Andrew Chater (Chair), Ken Wilson, Emma Brereton, Stephanie Lawless, Stephen Bodley, and we welcomed John Stuart as a new trustee.

John Stuart's long-standing link to the charity brings valuable insight through his own lived experience.

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"Nineteen years ago, I spent a life-changing three weeks in hospital being diagnosed with, and having surgery for, a brain tumour. On being discharged, my wonderful Neuro-Oncology Clinical Nurse Specialist gave me a pack of information including a simple leaflet about a charity, Hammer Out (now Brain Tumour Support). It said:

Hammer Out would like people experiencing the shock and bewilderment of the diagnosis of a brain tumour to know they have others to turn to.

"My family and I 'turned to' and hugely appreciated the support we received, knowing we were not alone. We have met some wonderful, inspiring people over the years and that has driven my own wish to help as best I can. As a result, I've shared my story, been a patient representative and acted as a volunteer project manager for the charity. So it was a pleasure and honour for me to be invited to become a Trustee.

"Whilst I hope that my professional skills complement those of the other Trustees, I think my key responsibility is to ensure we can respond to our community's needs and keep delivering the 'you are not alone' support for patients and families."

Recruitment and appointment of Trustees

In accordance with the Articles of Association, Trustees are not required to retire by rotation each year. Any member entitled to vote at the general meeting may propose one person for appointment or re-appointment as a Trustee. The number of elected Trustees shall not be less than three and subject to a maximum of 12. The elected Trustees may co-opt a maximum of up to one half of their number as Trustees.

Trustee training and induction

New Trustees undergo a comprehensive induction to brief them on their legal obligations under charity law, the content of the Memorandum and Articles of Association, the structure and governance of the charity as well as all policies and procedures, their obligations under the Trustees Code of Conduct, strategic and operational plans and budgets together with recent financial performance. Trustees are also provided by the Finance Manager with relevant information from the Charity Commission on a regular basis. We are currently undergoing a review of the induction programme.

Chief Executive

The Chief Executive is responsible for setting the strategic direction for the charity with the Trustees, leading its implementation, and holds operational and financial authority within the set parameters.

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Fundraising policy

The Fundraising policy for Brain Tumour Support is regulated by the Fundraising Regulator. The charity primarily fundraises from community fundraising events and trusts and grants. The charity recognises the need to conduct its fundraising within the context of recognised standards set out in the Chartered Institute of Fundraising's Code of Fundraising Practice, the Data Protection Act 1998/ UKGDPR2021 and the CAP Code (Committee of Advertising Practice). We do not employ external professional fundraisers or companies.

Risk management

The Trustees have a risk management strategy, which comprises:

- An annual review of the risks the charity may face
- The establishment of systems and procedures to mitigate those risks identified in the annual review of risks
- The implementation of procedures designed to minimise the risks

The risk register is regularly reviewed by the Chief Executive and Deputy Chief Executive and the Senior Leadership team are responsible for their areas of risk in their functions. Following the monthly Senior Team meetings, the procedure would be for the Board to be alerted if there was an area of concern to be addressed.

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OUR FINANCIAL REVIEW

Brain Tumour Support receives very little government or statutory funding and we rely in the main on voluntary donations and fundraising. Our published statutory accounts for 2022/23 include the financial position of the charity as at 31 March 2023.

The previous financial year 2021/22 was one of reshape and rebuild across all functions, and especially fundraising where we have increased our team in line with our strategic aim of financial stability. Thanks to careful monitoring of income and expenditure, our agreed spend into reserves to support and continue the rebuild has allowed us to enhance our fundraising portfolio. Realising that a different approach to fundraising was needed to continue to weather the storm of covid, cost of living, Ukrainian war and general economic downturn, the 20th Anniversary year was a good place to start. The thinking behind this was about evolution, the need to keep changing and being relevant to those who fundraise for us. So, in considering how and why people give to charity, we dedicated a role to the 20th Anniversary year with a view to then moving it into a dedicated supporter and philanthropic approach. Brain Tumour Support ends this 2022/23 Financial Year with an increase in overall income and it is a very pleasing result, as we are beginning to see a renewed connection with our supporters and an increase in new connections with supporters.

Fundraising and donations

The impact of our fundraisers and donors cannot be overstated, particularly as we receive no government funding. 2022 brought a return to mass participant events after Covid and we saw a buoyant year for people taking part in runs and challenges, as well as individuals fundraising. People hosted events to re-connect with family, friends and communities, continuing the spirit of wanting to make a difference in their neighbourhood, and we saw events such as Penny Dommett's Open Garden raise over £3,000. Alongside this uplift in community engagement came a dramatic reduction in online fundraising (especially on social media) and individual donations, which had been such a large part of income during the previous year, when fewer options were available to people.

However, the level of community involvement across the year has been a wonderful indicator of the support and inspiration that so many families find through fundraising. The desire to 'give something back' and the satisfaction gained in helping others is powerful. Every pound makes a difference and the stories behind those pounds can be incredibly meaningful.

Volunteer and Champion Fundraiser **Dave Stubbs** recalls a very special donation made at Port Vale FC when the club supported Brain Tumour Support with match day collections.

"A young lad, just 15 years of age, came over and explained he lost his father to a brain tumour when he was only nine. He said that his father had been having headaches over a number of years and kept going to his doctors but he was ignored. A new doctor then started at the surgery and took his complaint seriously and sent him for a scan. Sadly, the scan revealed a brain tumour which was too advanced for treatment, and he was given just six months to live. His father only lived for a further 11 weeks before he died. He said that the loss of his dad had a really big impact on him and he wanted to make a donation.

As a 15 year old he only had £2.50 for his half time pie at the match, but instead he donated it. He would not take no for an answer."

BRAIN TUMOUR SUPPORT

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Rita was diagnosed with a slow growing acoustic neuroma in 2009. After radiotherapy and regular MRI scans over 13 years showing it was under control, she faced a shock in November 2022 when her latest scan revealed significant growth.

Rita explains: "It's a low grade tumour, but it's been forefront of my mind since I was advised that the only treatment option now is to have it removed. Since receiving this news my thoughts have moved on to others suffering more serious tumours who have to undergo complex treatment and the anxieties and devastating effects of their diagnosis. So, because of my own personal experience, as well as having lost two family friends (brothers age 44 and 54), I have some insight into the impact brain tumour diagnosis can have on individuals and families.

"As I'll be having surgery to remove my tumour in the coming weeks. I want to bring something positive out of this situation and raise money to help to continue Brain Tumour Support's good work and hopefully raise some awareness too."

Rita decided to fundraise by having 'an extreme haircut', having not just the area of the incision, but her whole head shaved. As a result, she raised an incredible £4,062.



The main hurdle we face has always been the general awareness of our work and the need to support what we do. We have relied primarily on community fundraising and the extreme generosity and loyal supporter base which we have attracted over the years. However, we realise that in order to get on that pathway of thriving, as well as focusing on the 20th Anniversary events, we need to consolidate the talent in the fundraising team, ensuring a more joined-up approach. This has entailed careful stewarding across all income lines and working together on initiatives to help us to meet our planned budgeted income. This has included re-launching ideas, recruiting new fundraising volunteers, and re-engaging with supporters to help raise awareness of what we do as a charity. It has included the implementation of cross-function working to ensure that the support needs of the families are clearly understood hence clarifying the fundraising asks. The support from our high profile Ambassadors has contributed to our income this year, with a substantial win from celebrity Joel Dommett on 'Who Wants to be a Millionaire'. This has resulted in a carefully planned spend on how to improve our support and brain tumour information provision through a new website and database as well as general funding of our Support Professionals.

The Superhero for Support fundraiser was a huge success at the start of our financial year as was the annual Hilly Helmet Challenge in August, organised by Robin Mark-Schols and both of these events were back to being face to face. Move28, which was a new event introduced last year, took place again and whilst the engagement wasn't as strong as in its first year, it is an event which the charity has adopted to firmly secure in the fundraising calendar to build and grow. 'Sparkle up your day', - a fundraising campaign inspired by the idea of bringing sparkle in what can be a very grey space - delivered a marginal increase in income this financial year, as well as raising a lot of smiles.

The CEO wrote to all the bereaved families on the database to re-engage with them and to send them her personal best wishes during a year which has been significant in her own grief journey.

BRAIN TUMOUR SUPPORT
TRUSTEES' ANNUAL REPORT
YEAR ENDED 31 MARCH 2023

Corporate support

Within corporate fundraising, our challenge this year was to keep our corporate relationships strong, and to build on them. This has been an incredible area of growth for us, seeing an increase of 34%. We have continued to develop meaningful corporate partnerships which have bolstered both fundraising and awareness of our services. The securing of £10k sponsorship from Bath-based legal firm RWK Goodman, to cover the basic salary costs of our Welfare Benefits Support Professional, has been crucial. The company's values align well with ours and we continue to work together to maximise the added benefits they can give with regards to supporting clients with information about key legal topics.

Another partnership highlight was Charity of the Year support from Cirencester based Moore, Allen and Innocent. Their support followed the sad loss due to a brain tumour of one of their team. Activities and challenges throughout the year, plus match funding by the business, led to a final donation of £18,234.

Through 2022-23 our long-standing volunteer in Devon, Jeanette Hackwell, continued working on our behalf with some key local businesses. This included ongoing support from the Exeter Chiefs Foundation, which brought an invaluable £7,413 from the 2022 season. Jeanette also locally managed a relationship with Otter Nurseries, helping them raise £3,309 (and £7,940 in total over three years) in memory of a colleague. Every corporate partnership plays a vital part in funding our services, and they often come out of personal experience of brain tumours, making them all the more important to all involved.

Making a difference in difficult times

A recurring issue faced after a brain tumour diagnosis is the devastating effect it can have on finances. Some people have to give up their careers completely, many face long periods of time off work and others are unable to return to a previous role. These added financial pressures, in tandem with the cost of living crisis, and complexities of the benefits system, place an unbearable burden on many people. RWK Goodman's sponsorship of our dedicated Welfare Benefits service, has therefore been invaluable.

The need for this specific and targeted support has been clear as Welfare Benefits Support Professional Steve Miller explained: "It has certainly been my experience over the last three years that there are specific issues which make the benefit procedure especially difficult for brain tumour patients. There is also a quite alarming lack of understanding on behalf of the Department of Work and Pensions, and especially the medical assessment companies, on the physical and psychological consequences of brain tumour diagnosis and surgery. As a result, I feel a specialist support service is crucial."

Number of individuals or families helped:

65

Number of separate queries dealt with:

81

Amount of benefits gained with help from our Welfare Benefits Service:

£77,999

Type of benefit and % of queries involving primarily this benefit:

- Personal Independence Payment - 26%
- Universal Credit - 13%
- Employment and Support Allowance - 10%
- Carers Allowance - 4%
- General Benefit Advice - all benefits - 32%
- Other (incl. Blue Badges) - 15%

BRAIN TUMOUR SUPPORT

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

With this support, individuals and families receive benefits they are entitled to, renegotiate loans and debts if required, and apply for grants and other help available. This is what people we supported said:

"Thanks so much for your vast amount of help and time in dealing with me. It was lovely to have someone like you to talk to about all of this. It makes a HUGE DIFFERENCE. I feel so much better about the whole situation now."

"I wanted to thank you for your help and support with my PIP application. I am being awarded enhanced rate for both, and I could not have done it without you, so thank you again very, very much."

"Thank you so much for fighting my corner again! After three calls to DWP, requesting my missing P60, I finally received it this morning."

As stated, the fundraising team have continued to work relentlessly to keep the charity's fundraising income at a level to progress our plan to flourish and to widen our portfolio of supporters. In line with the decision made to increase the fundraising team and to consolidate their skill set, community fundraising increased by 18% and the high profile and major donor work has started to embed into our new portfolio of supporters whilst yielding a high proportion of this year's income. Engagement at these levels has been key and is the platform from which we are now operating. Expanding our reach is essential to our work and future and, together with the agreed spend on a data analyst, we have realised much of this impact work during this financial year. This in turn has enabled us to focus our fundraising handles.

Other funding sources

During this financial year, extremely significant funding sources for Brain Tumour Support continue to be charitable trusts and funds, alongside the usual income streams from community fundraising, third party events, corporate partnership and, for the first time, we have high profile and major donor income vastly increasing. Other funding sources include Gift Aid, Christmas cards and Facebook fundraisers. Whilst fundraising across all income lines remains a challenge, we are truly grateful to all those who fund our work. Every Trust and Foundation we work with – big or small – helps us provide Brain Tumour Support services throughout our regions. We could not do what we do without their support.

These are just some of our valued funders that make our work possible.

St James's Place Foundation has provided essential funding this year towards our support services throughout Cornwall.

The Higgs Charity has valued our work throughout the West Midlands with a grant towards our Support Professional's salary.

The Eveson Trust has provided generous grants over many years for our support services in the West Midlands, Hereford, and Worcestershire.

E F Bulmer Trust are wonderful supporters of our work throughout Herefordshire.

BRAIN TUMOUR SUPPORT

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All of our Macmillan grant funding for our Support Professional costs throughout the UK has now ceased.

In summary, gross income for the year ending March 2022/23 has increased by 18.9% to £505,790 from £425,387.

At 31 March 2023, the charity had unrestricted funds of £143,311 and restricted funds of £19,379.

With the favourable rate of interest on the Bounce Back Loan, the Board took the decision to repay by instalments in order to continue to mitigate any risk and to continue to remain cautious due to the current climate within which we are operating.

Investment in support

In line with our vision, the charity's income is dedicated to being spent on the support services which we offer, free of charge, to any families affected by any type of brain tumour.

With the approved planned expenditure in reserves during this financial year, it has meant that we are now in the position of creating a post-Covid high performing support team who are passionate about the support we deliver and how we deliver it, and always at the forefront is putting the patient and family first.

Achieving the right structure for the support team, responding to staff changes, and finding new staff with the right skill set has been challenging. This resulted in some temporary contracts to trial how a potential job share might work and that has proven successful. Bringing two people into a management role to complement one another has meant that staff training and development has improved, and that, very importantly, it has provided a structure to collaboratively gather evidence of the impact and difference we are making in the lives of the families we are supporting. Furthermore, the agreed spend for data analysis and impact outcomes has meant that, through the use of impactful data, we have been able to widen our trust funding asks. The restricted funds for counselling have required us to increase our counselling offering, an area of our support which is growing. The expansion of the counselling team has been successfully realised this year.

We have also had a focused volunteer recruitment drive this financial year. Following the appointment of a new Volunteer Coordinator in the last financial year, there has been renewed activity amongst our volunteers. This included a training and connection event for volunteers. There is still a vast amount of recruitment which needs to happen before we have a strong volunteer base who are equipped to provide the support to the Support Professionals. This will be an on-going project which requires a further investment in time.

We continue to monitor our level of reserves as we strive to achieve our planned budgeted income. We will ensure that the changes we are making with the spend on the new database and website are all in line with our strategic aims. This forms part of our foundation for growth and thriving, and yet we remain aware of the undulating landscape within which we are operating.

BRAIN TUMOUR SUPPORT

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

The external factors are undoubtedly having an effect and the necessity of aligning our communications more closely with our fundraising targets is becoming more apparent. We will continue to make this transition whilst safeguarding the position of the charity to ensure that our future is certain. We remain confident that the decisions we are making and the partnerships we are forming will take us into the new financial year in a position of strength.

Strategy Day and Future Plans

The Board met with the Senior Leadership Team for a strategy day on 8th March 2023 and this was an opportunity for the Board to receive feedback from the team as a whole and for us all to review the way forward to plan our strategy work into the next financial year 2023/24.

It resulted in a summary review and progress reporting of the key priorities from the previous financial year, including agreed further spend from reserves in order to continue the foundational work and progress already made with the post-Covid rebuild. Completion of the website and CRM functionality project work is paramount, with the governance heatmap work progressing alongside the daily operational work in which it sits. The key priorities for spend still lie with the database and website project and with a new data role firmly in place, the charity is already seeing the impact of good and clean data and what this means not only for funding applications, but also for communications with all those supporting or receiving support from us. Nearly all of the plans which were mapped out for this past year have been realised, including the very significant work on the support model.

Other priority areas which were identified during this strategy day included an action to ensure that equity, diversity and inclusion are areas we are committed to exploring in the next financial year. In addition, our commitment to further staff training and development for our loyal and hard-working staff teams, and our bi-annual staff survey forms part of this. Additional spend around the 20th Anniversary was highlighted, both from a fundraising perspective and very importantly re-engagement with supporters from over the last 20 years. The work on identifying the most effective quality measurement tools within the support model is still on-going and will remain a focus for the next financial year, as is the consideration of succession planning across the organisation. There is a robust strategic plan in place for the next financial year with clear organizational goals and the future priorities lie in achieving the challenging income lines and completing the key projects in parallel.

Investment policy

The cash balance at 31 March 2023 was £223,853 compared to £300,929 at 31 March 2022. The charity's aim is to retain a prudent amount in reserves. Following a process of due diligence, the charity opened additional bank accounts to ensure all cash deposits are covered by the £85,000 Financial Services Compensation Scheme. The charity now has cash investments, deposited with NatWest Bank, The Co-operative Bank and the CAF Investment Portfolio (Cambridge & Counties Bank Ltd) which ensure we protect the principal sums invested whilst optimising the balance between flexibility and rate of return.

Remaining vigilant to improve the return on our cash resources and not to exceed our bank account indemnity is part of our risk management.

BRAIN TUMOUR SUPPORT

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Reserves policy

The reserves policy of the charity is to maintain free reserves (defined as unrestricted funds less funds that can only be realised by disposing of tangible fixed assets) equal to three months operational costs which, at the date of signing these financial statements, equates to £147,949. To achieve this we will closely monitor expense and income levels. During this financial year, our reserves remain lower than our policy level. The charity ended the financial year with free reserves of £120,741.

Statement of Trustees' responsibilities

The Trustees (who are also directors of Brain Tumour Support for the purposes of company law) are responsible for preparing the Trustees' Report (incorporating the strategic report and directors' report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgments and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

BRAIN TUMOUR SUPPORT

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under part 15 of the Companies Act 2006.

Registered office: The Clock Tower
 Old Weston Road
 Flax Bourton
 Bristol
 BS48 1UR

Approved by the Trustees on Oct 24 2023

Signed by order of the Trustees



Mr A Chater
Chair of Trustees

BRAIN TUMOUR SUPPORT

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 31 MARCH 2023

Independent examiner's report to the Trustees of Brain Tumour Support ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended insert 31 March 2023.

Responsibilities and basis of report

As the charity's Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

BRAIN TUMOUR SUPPORT
INDEPENDENT EXAMINER'S REPORT
YEAR ENDED 31 MARCH 2023

Joshua Kingston BSc., ACA
Burton Sweet Limited, Chartered Accountants
The Clock Tower
5 Farleigh Court
Old Weston Road
Flax Bourton
Bristol
BS48 1UR

Joshua Kingston

Oct 24 2023
Date:

BRAIN TUMOUR SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and grants	2	413,113	86,571	499,684	424,383
Other trading activities	3	3,565	-	3,565	1,004
Investments		2,541	-	2,541	-
Total income		419,219	86,571	505,790	425,387
Expenditure on:					
Raising funds	4	174,122	-	174,122	138,461
Charitable activities	5	286,295	131,380	417,675	273,470
Total expenditure		460,417	131,380	591,797	411,931
Net income/(expenditure) and net movement in funds	7	(41,198)	(44,809)	(86,007)	13,456
Reconciliation of funds:					
Total funds brought forward	15	184,509	64,188	248,697	235,241
Total funds carried forward	15	143,311	19,379	162,690	248,697

The comparative funds are detailed in note 9.

The company has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the company are classed as continuing.

The notes on pages 30 to 40 form part of these financial statements

BRAIN TUMOUR SUPPORT

BALANCE SHEET

AT 31 MARCH 2023

Company registration number: 09718307

	Notes	£	2023 £	£	2022 £
Fixed assets					
Tangible assets	10		974		-
Current assets					
Debtors	11	6,108		7,091	
Cash at bank		<u>223,853</u>		<u>300,929</u>	
		229,961		308,020	
Creditors: Amounts falling due within one year	12	<u>(45,913)</u>		<u>(27,297)</u>	
Net current assets			<u>184,048</u>		<u>280,723</u>
Total assets less current liabilities			185,022		280,723
Creditors: Amounts falling due after more than one year	13		(22,332)		(32,026)
Total net assets			<u>162,690</u>		<u>248,697</u>
Funds					
Unrestricted Funds					
General funds	16		121,715		184,509
Designated funds	16		21,596		-
Restricted Funds	16		19,379		64,188
			<u>162,690</u>		<u>248,697</u>

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within part 15 of the Companies Act 2006.

The financial statements were authorised for issue, approved by the members of the committee on Oct 24 2023..... and signed on their behalf, by

.....
Mr A Chater
Chair of Trustees



The notes on pages 30 to 40 form part of these financial statements

BRAIN TUMOUR SUPPORT
CASH FLOW STATEMENT
YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Net cash inflow from operating activities	17	(75,773)	3,611
Non-operational cashflows:			
Financing activities			
Purchase of fixed assets		(1,303)	-
Net cash inflow for the year	18	<u>(77,076)</u>	<u>3,611</u>

Cash flow restrictions

Charity law forbids the use of net cash inflows on any endowed or other restricted fund to offset net cash outflows on any fund outside its own Objects, except on special authority. In practice this restriction has not had any effect on cash flows for the year.

The notes on pages 30 to 40 form part of these financial statements

BRAIN TUMOUR SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1 Accounting Policies

a) Basis of preparation

The financial statements have been prepared in accordance with the historical cost convention (except where otherwise stated in the accounting policy note) and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), and the Companies Act 2006.

The charity is a public benefit entity as defined under FRS102.

The financial statements have been prepared on a going concern basis. The trustees consider that there are no material uncertainties affecting the ability of the charity to continue as a going concern.

b) Income

All income is included in the Statement of Financial Activities when the company is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants, including grants for the purchase of fixed assets, are recognised in the income and expenditure account as they become receivable.

Gifts in kind are valued at estimated open market value at the date of the gift, in the case of assets for retention or consumption, or at the value to the organisation in the case of donated services or facilities.

c) Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that activity. Central costs are equivalent to the SORP's definition of support costs and are where costs cannot be directly attributed to activities they have been allocated to activities on a basis consistent with the use of the resource.

Governance costs include the costs of governance arrangements which relate to the general running of the charity. These costs are associated with constitutional and statutory requirements and include costs associated with the strategic management of the charity's activities. These are included within central costs.

d) Fund accounting

Unrestricted funds contain accumulated surplus and deficits on general funds and can be used in accordance with the charity's objects at the discretion of the Trustees.

Restricted funds represent monies received for specific purposes. All income and expenditure relating to the restricted funds' movements is included in the income and expenditure account. Further details of restricted funds are shown in note 15.

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

1 Accounting Policies (*continued*)

e) Fixed assets

Fixed assets are held at cost less accumulated depreciation. Assets costing less than £500 are not capitalised.

Depreciation is calculated so as to write-off the cost of an asset, less its estimated residual value, over the useful economic life of the asset as follows:

Equipment	33% straight line
Fixtures & fittings	15% straight line

f) Trade debtors

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

g) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

h) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

i) Pensions

The charity has arranged a defined contribution scheme for its staff. Pension costs charged in the SOFA represent the contributions payable by the charity in the period.

j) Government Grants

Government grants for Coronavirus Job Retention Scheme were recognised in the period to which employment expenses were incurred and deemed to be receivable.

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

2 Donations and grants

	Unrestricted Funds £	Restricted Funds £	Total 2023 £
Macmillan funding	-	2,463	2,463
Charitable trust donations	59,450	70,711	130,161
Fundraising and individual donations	353,663	13,397	367,060
	<u>413,113</u>	<u>86,571</u>	<u>499,684</u>

Prior year comparative

	Unrestricted Funds £	Restricted Funds £	Total 2022 £
Macmillan funding	-	43,780	43,780
Charitable trust donations	55,600	98,680	154,280
Fundraising and individual donations	202,143	645	202,788
Government grants:			
Coronavirus Job Retention Scheme (Furlough)	-	23,535	23,535
	<u>257,743</u>	<u>166,640</u>	<u>424,383</u>

3 Income from: Other trading activities

	Unrestricted Funds £	Restricted Funds £	Total 2023 £
Merchandise and other sales	3,565	-	3,565
	<u>3,565</u>	<u>-</u>	<u>3,565</u>

Prior year comparative

	Unrestricted Funds £	Restricted Funds £	Total 2022 £
Merchandise and other sales	1,004	-	1,004
	<u>1,004</u>	<u>-</u>	<u>1,004</u>

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

4 Expenditure on: Raising Funds

	Activities undertaken directly £	Central costs (note 6) £	Total 2023 £
Fundraising	165,026	9,096	174,122
	<u>165,026</u>	<u>9,096</u>	<u>174,122</u>

Prior year comparative

	Activities undertaken directly £	Central costs (note 6) £	Total 2022 £
Fundraising	113,780	24,681	138,461
	<u>113,780</u>	<u>24,681</u>	<u>138,461</u>

5 Expenditure on: Charitable activities

	Activities undertaken directly £	Central costs (note 6) £	Total 2023 £
Providing support	364,696	20,103	384,799
Raising awareness	31,158	1,718	32,876
	<u>395,854</u>	<u>21,821</u>	<u>417,675</u>

Prior year comparative

	Activities undertaken directly £	Central costs (note 6) £	Total 2022 £
Providing support	179,861	39,013	218,874
Raising awareness	44,864	9,732	54,596
	<u>224,725</u>	<u>48,745</u>	<u>273,470</u>

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
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6 Central costs

	Charitable activities £	Raising funds £	Total 2023 £
Operating costs	20,337	8,478	28,815
Governance costs			
Accountancy fees	1,484	618	2,102
	<u>21,821</u>	<u>9,096</u>	<u>30,917</u>

Prior year comparative

	Charitable activities £	Raising funds £	Total 2022 £
Operating costs	47,217	23,907	71,124
Governance costs			
Accountancy fees	1,528	774	2,302
	<u>48,745</u>	<u>24,681</u>	<u>73,426</u>

7 Net income for the year

This is stated after charging:	2023 £	2022 £
Independent examiner's remuneration		
- Independent Examination	895	895
- Accounts preparation	1,037	1,037
Depreciation	<u>329</u>	<u>198</u>

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
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8 Staff costs and emoluments

	2023	2022
	£	£
Total staff costs were as follows :		
Wages and salaries	418,389	305,726
Social security costs	32,503	6,768
Pension contributions	8,424	4,905
	<u>459,316</u>	<u>317,399</u>

Particulars of employees:

The average number of employees during the year, calculated on the basis of average headcount, was 23 (2022: 18.2).

The average number of employees during the year, calculated on the basis of full time equivalents, was 15.6 (2022: 12.1).

No employee received remuneration of more than £60,000 during the year (2022 - nil)

Employment benefits received by seven (2022: seven) key management personnel in the period were £179,870 (2022: £112,322).

9 Prior-year comparative Statement of Financial Activities

	Unrestricted Funds	Restricted Funds	Total funds 2022
	£	£	£
Income from:			
Donations	257,743	166,640	424,383
Other trading activities	1,004	-	1,004
Total income	<u>258,747</u>	<u>166,640</u>	<u>425,387</u>
Expenditure on:			
Raising funds	128,963	9,498	138,461
Charitable activities	95,184	178,286	273,470
Total expenditure	<u>224,147</u>	<u>187,784</u>	<u>411,931</u>
Net income/(expenditure) and net movement in funds	34,600	(21,144)	13,456
Reconciliation of funds:			
Total funds brought forward	149,909	85,332	235,241
Total funds carried forward	<u>184,509</u>	<u>64,188</u>	<u>248,697</u>

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
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10 Tangible fixed assets

	Equipment £	Fixtures & fittings £	Total £
Cost			
At 1 April 2022	7,331	1,390	8,721
Additions	1,303	-	1,303
At 31 March 2023	8,634	1,390	10,024
Depreciation			
At 1 April 2022	7,331	1,390	8,721
Charge for the year	329	-	329
At 31 March 2023	7,660	1,390	9,050
Net book value			
At 31 March 2023	974	-	974
At 31 March 2022	-	-	-

11 Debtors

	2023 £	2022 £
Trade debtors	2,337	4,585
Prepayments	3,321	1,569
Other debtors	450	937
	6,108	7,091

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	253	2,111
Accruals and deferred income	12,379	11,090
Taxation and social security	8,007	3,041
Other creditors	15,274	1,055
Bank Loan	10,000	10,000
	45,913	27,297

13 Creditors: amounts falling due after more than one year

	2023 £	2022 £
Bank Loan	22,332	32,026
	22,332	32,026

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
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14 Operating lease commitments

At 31 March 2023 the company had total minimum commitments under non-cancellable operating leases for premises as follows:

	2023	2022
	£	£
Payments due:		
Within 1 year	2,850	5,700
Between 2 to 5 years	-	2,850

15 Movement in funds

Year ended 31 March 2023	As at 1-Apr-22 £	Income £	Expenditure £	Transfers in/(out) £	As at 31-Mar-23 £
Restricted funds					
Co-ordinators	-	2,463	(2,463)	-	-
Regional support groups	63,453	78,758	(117,539)	(5,979)	18,693
Support for neuro team	163	-	(81)	-	82
Counselling	572	2,000	(7,947)	5,979	604
IT	-	3,350	(3,350)	-	-
	64,188	86,571	(131,380)	-	19,379
Unrestricted funds					
General fund	184,509	419,219	(362,373)	(119,640)	121,715
Designated funds					
Support salaries	-	-	(37,491)	54,649	17,158
Website development	-	-	(15,000)	15,000	-
IT for new employees	-	-	(2,505)	3,000	495
Fundraising salaries	-	-	(37,694)	41,279	3,585
Staff training day	-	-	(1,442)	1,800	358
Small projects	-	-	(3,912)	3,912	-
	-	-	(98,044)	119,640	21,596
Total Unrestricted funds	184,509	419,219	(460,417)	-	143,311
Total funds	248,697	505,790	(591,797)	-	162,690

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
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15 Movement in funds (continued)

Year ended 31 March 2022	As at 1-Apr-21 £	Income £	Expenditure £	Transfers in/(out) £	As at 31-Mar-22 £
Restricted funds					
Co-ordinators	-	43,780	(43,780)	-	-
Regional support groups	76,967	94,625	(108,139)	-	63,453
Support for neuro team	-	500	(337)	-	163
Counselling	8,365	4,200	(11,993)	-	572
Coronavirus Job Retention Scheme (Furlough)	-	23,535	(23,535)	-	-
	85,332	166,640	(187,784)	-	64,188
Unrestricted funds					
General fund	149,909	258,747	(224,147)	-	184,509
	149,909	258,747	(224,147)	-	184,509
Total funds	235,241	425,387	(411,931)	-	248,697

The 'Co-ordinators' restricted fund is where Macmillan Cancer Support have restricted their grant to be used specifically to create and support Co-ordinator posts in the charity.

The 'Regional support groups' restricted fund is where donors have restricted their donation to be used specifically to support the running costs of one of the charity's many different regional support groups. The disclosure of these different restricted funds has been combined due to their similarity, however the individual restrictions of each donation are monitored and maintained. During the year, a transfer of £5,979 was made from this fund to the Counselling Fund, to transfer funds received for counselling in a specific geographical area which had been used for counselling rather than the regional support groups.

The 'Support for neuro team' restricted fund is where donors have restricted their donations to be used in supporting hospital CNS neuro teams who treat brain tumour patients.

The 'Counselling' restricted fund is the provision of counselling services to the charity's service users.

The 'Coronavirus Job Retention Scheme (Furlough)' restricted fund relates to a government grant received in response to the effects of UK lockdown and employees' inability to work. The grants related to the costs of the majority of their wages and therefore had been fully spent within the year.

The IT restricted fund represents funding received to purchase equipment.

During the year, the trustees designated funds of £119,640 for specific projects as set out above. The remaining funds will be carried forward to be spent next year.

BRAIN TUMOUR SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
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16 Analysis of net assets between funds

	Fixed assets £	Cash at bank £	Other net assets/ (liabilities) £	Total £
As at 31 March 2023				
Restricted funds	-	19,379	-	19,379
Designated funds	-	21,596	-	21,596
General funds	974	182,878	(62,137)	121,715
	<u>974</u>	<u>223,853</u>	<u>(62,137)</u>	<u>162,690</u>

	Fixed assets £	Cash at bank £	Other net assets/ (liabilities) £	Total £
As at 31 March 2022				
Restricted funds	-	64,188	-	64,188
Unrestricted funds	-	236,741	(52,232)	184,509
	<u>-</u>	<u>300,929</u>	<u>(52,232)</u>	<u>248,697</u>

17 Reconciliation of net movement in funds to net cash inflow from operating activities

	2023 £	2022 £
Statement of Financial Activities: Net movement in funds	(86,007)	13,456
Depreciation	329	198
Increase/(Decrease) in current liabilities	18,616	(1,790)
Decrease in debtors	983	1,388
Decrease in non-current liabilities	(9,694)	(9,641)
Net cash (outflow)/inflow from operating activities	<u>(75,773)</u>	<u>3,611</u>

18 Analysis of changes in cash during the year

	2023 £	2022 £	Change £
Cash at bank and in hand	<u>223,853</u>	<u>300,929</u>	<u>(77,076)</u>
	2022 £	2021 £	Change £
Cash at bank and in hand	<u>300,929</u>	<u>297,318</u>	<u>3,611</u>

BRAIN TUMOUR SUPPORT
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19 Related party transactions

Trustee remuneration in the year was £nil (2022: £nil). No Trustee was reimbursed for any expenses during the year or the prior year. Total Trustee donations to the charity in the year were £1,143 (2022: £303).

Trustees waived expenses of £602 (2022: £nil) during the year.

There were no other related party transactions in the year or the prior year other than those disclosed elsewhere in these financial statements.