

ABACUS COUNSELLING AND SUPPORT
Charity number 1163844
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025

Abacus Counselling and Support

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Abacus Counselling and Support

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31ST MARCH 2025

Trustees:

				Lesley Ann Butcher	(Appointed 13/05/14)
				Paula Buck	(Appointed 26/05/22)
				Stephen Harvey	(Resigned 24/09/24)
				Brenda Joan Lewis	(Appointed 25/01/21)
				David James Bannister	(Appointed 25/01/21)
				Janice Lyons	(Appointed 14/05/15)
				Carolyn Williams	(Appointed 17/01/24)
				Nicholas Anthony Chard	(Appointed 29/01/19)

Registered Charity Number: 1163844

Registered Office: 135 Norwich Avenue
Southend on sea
SS2 4DH

Independent Examiner: David Andrew Robb
Associate of the Chartered Governance Institute
Affiliate of the Association of Charity Independent
Examiners
MBA

Banker: National Westminster Bank plc
250 Bishopsgate
London
EC2M 4AA

Abacus Counselling and Support

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Receipts					
Donations and Gifts	4	3,196.00	0.00	3,196.00	2,005.61
Grants Receivable	5		34,218.00	34,218.00	12,202.00
Fundraising and gift aid		0.00	-	0.00	1,038.38
Client session fees		2,251.00	-	2,251.00	2,751.29
Interest Received		0.00	-	0.00	36.23
Total Receipts		5,447.00	34,218.00	39,665.00	18,033.51
Payments					
Fundraising Activities		-	-	-	-
Session and Charitable Activities Costs	6	5,497.25	21,283.99	26,781.24	22,365.69
Governance Costs	7	0.00	125.00	125.00	125.00
Total Payments		5,497.25	21,408.99	26,906.24	22,490.69
Net Receipts/(Payments)		(50.25)	12,809.01	12,758.76	(4,457.18)
Net Receipts/(Payments) after Transfers		(50.25)	12,809.01	12,758.76	(4,457.18)
		Unrestricted Funds £	Restricted Funds £	Total Funds £	
Cash Funds at 31st March 2025		15,569.95	18,227.20	33,797.15	
Cash Funds at 31st March 2024		15,620.20	5,418.19	21,038.39	


Notes on pages 4 to 6 form part of these accounts

Abacus Counselling and Support

ASSETS AND LIABILITIES ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	2025 £	2024 £
Monetary Assets			
Cash at Bank and in Hand	3	33,797.15	21,038.39
		<u>33,797.15</u>	<u>21,038.39</u>
Represented by Funds			
Essex Community Foundation (OM)	Restricted	4,594.75	2,500.00
Community Investment Fund	Restricted	0.00	0.00
Interchurch Caring Trust ICCT funding	Restricted	1,170.00	0.00
ROSCA Trust	Restricted	100.00	0.00
HMRC charities	Restricted	334.00	334.00
National Lottery Community Fund	Restricted	12,028.45	2,584.19
Unrestricted Funds		15,569.95	15,620.20
		<u>33,797.15</u>	<u>21,038.39</u>

The accounts were approved by the Trustees and signed on their behalf by:

Signed: 

Name: Lesley Butcher
Date: 3/1/26

Lesley Ann Butcher - Chair of Abacus Counselling and Support

Abacus Counselling and Support

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

1. Basis of Preparation

These accounts are prepared on a receipts and payments basis, following best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) issued in October 2005, with all revenue and expenses shown on a cash basis.

2. Independent Examination

The cost of the Independent Examination was

3. Bank Accounts

NatWest current account
Redwood Savings account

2025	2024
£	£
23,787.15	21,038.39
10,010.00	0.00
33,797.15	21,038.39

4. Donations and Gifts

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Michael Chard	2,000.00	0.00	2,000.00	2,000.00
Fundraising BGC	1,196.00	0.00	1,196.00	0.00
Donations below £250	0.00	-	0.00	5.61
	-	-	-	-
	3,196.00	0.00	3,196.00	2,005.61

Abacus Counselling and Support

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

5. Grants Receivable

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Essex Community Foundation	0.00	5,000.00	5,000.00	6,000.00
ROSCA Trust	-	4,000.00	4,000.00	0.00
The Tudwick Foundation	-	2,954.00	2,954.00	0.00
ICCT Fund via CASS	-	2,520.00	2,520.00	0.00
HMRC charities	-	0.00	0.00	1,038.38
National Lottery Community Fund	-	19,744.00	19,744.00	6,202.00
	0.00	34,218.00	34,218.00	13,240.38

6. Session and Charitable Activities Cost

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Staff Costs (Manager trustee)	-	-	0.00	9,617.81
Outsourced Staff	1,801.75	7,722.92	9,524.67	
Councillor supervision	1,666.83	2,650.00	4,316.83	2,750.00
Supervisors supervision	135.00	690.00	825.00	1,240.00
Staff training	-	3,900.00	3,900.00	790.00
CPD/training	-	-	0.00	260.00
Accountancy fees	52.00	1,077.80	1,129.80	900.00
Telephone Internet	34.00	68.00	102.00	102.20
IT software and consumables	111.60	506.23	617.83	376.80
Expenses mileage	23.50	193.20	216.70	233.40
General expenses	55.80	26.50	82.30	0.00
Entertainment-100% business	195.50	-	195.50	0.00
Travel national	-	27.00	27.00	20.50
Refreshments	-	40.46	40.46	237.85
Publicity/marketing	-	1,440.00	1,440.00	1,913.92
Professional fees	-	40.00	40.00	35.00
Bank Fees	-0.50	-	-0.50	0.00
Printing/Stationary	55.00	118.39	173.39	125.18
Office/Postage, Freight & Courier	-	4.50	4.50	32.80
Supervision Room Hire	275.00	495.00	770.00	312.00
Session Room Hire	99.00	1,318.00	1,417.00	1,736.00
BACP	237.50	688.37	925.87	665.50
Insurance	755.27	277.62	1,032.89	1,016.73
	5,497.25	21,283.99	26,781.24	22,365.69

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025

7. Governance Costs

Unrestricted Funds	Restricted Funds	Unrestricted Funds	Restricted Funds
2025	2025	2024	2024
£	£	£	£
0.00	2,000.00	0.00	2,000.00
-	4,000.00	-	4,000.00
-	2,520.00	-	2,520.00
-	0.00	-	0.00
-	19,744.00	-	19,744.00
0.00	24,218.00	0.00	24,218.00

Independent Examination

Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
2025	2025	2025	2024
£	£	£	£
0.00	125.00	125.00	125.00
-	-	0.00	-
0.00	125.00	125.00	125.00

8. Trustees' Remuneration

A sum of £4834.50 was paid to trustee Nicholas Chard for work involved with running the charity and session fees. Timesheets were provided and signed for

Unrestricted Funds	Restricted Funds	Unrestricted Funds	Restricted Funds
2025	2025	2024	2024
£	£	£	£
1,801.72	7,722.92	1,801.72	7,722.92
1,666.83	2,620.00	1,666.83	2,620.00
132.00	690.00	132.00	690.00
-	3,900.00	-	3,900.00
52.00	1,777.80	52.00	1,777.80
34.00	68.00	34.00	68.00
111.60	508.23	111.60	508.23
23.20	193.20	23.20	193.20
22.80	26.20	22.80	26.20
192.20	-	192.20	-
-	27.00	-	27.00
-	40.46	-	40.46
-	1,440.00	-	1,440.00
-	40.00	-	40.00
-0.20	-	-0.20	-
22.00	118.39	22.00	118.39
-	4.20	-	4.20
222.00	492.00	222.00	492.00
92.00	1,318.00	92.00	1,318.00
237.20	688.27	237.20	688.27
227.27	1,032.89	227.27	1,032.89
2,497.22	21,283.99	2,497.22	21,283.99