

LEVENSHULME GOOD NEIGHBOURS CIO

Registered Charity Number: 1163827

**FINANCIAL STATEMENTS FOR THE YEAR
ENDED 30 SEPTEMBER 2022**

LEVENSHULME GOOD NEIGHBOURS CIO

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Levenshulme Good Neighbours CIO

Report of the trustees for the year ended 30th September 2022

The trustees present their annual report and financial statements of the charity for the year ended 30th September 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland published (FRS 102) (effective 1 January 2019).

Reference and administrative information

Charity Name: Levenshulme Good Neighbours.

Charity Number: 1163827

Trustees (up to the date of signing the accounts)

Louise Such Chair of Trustees

Michelle Griffiths

Murtaza Jawed

Grantley Vernon

Fatiha Bougrassa

Principal Office

Inspire Centre

747 Stockport Road

Manchester

M19 3AR

Independent Examiners

Community Accountancy Service Limited

The Grange

Pilgrim Drive

Beswick

Manchester

M11 3TQ

Bankers

Co-Operative Bank

1 Balloon Street

Manchester

Structure, governance and management

The Charity is a registered charitable incorporated organisation and is constituted under a trust deed dated 5th October 2015.

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Objectives and activities

The purposes of the charity are to relieve the needs of the elderly for the public benefit through the provision of support services and activities to help relieve social isolation caused as a result of their age and to enable them to live independently in society.

The main activities are the provision of a volunteer befriending service as well as events and activities for older people in the Levenshulme area.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives, in planning future activities, and setting the policies for the year.

The charity has furthered its charitable purposes for the public benefit through improving the lives of vulnerable and isolated older people in the community of Levenshulme. Many of the people we help don't have the support in their area to rely on for the practical things in life, or for companionship. Our work involves recruiting volunteer befrienders from the area who help people in a wide range of social, emotional and practical ways, this includes:

- visiting a housebound person
- helping people with limited mobility get out into the community
- helping older people get online
- helping with odd jobs and errands
- escorting older people to appointments, social events and activities
- having fun days out together

We offer activities, social events, days out and training opportunities to older people, so they can make the most of their time in ways that are meaningful to them

A review of our achievements and performance: How our activities delivered public benefit: In the year 2022, LGN (Levenshulme Good Neighbours) saw some work that has been going on peripherally (such as fundraising, report writing, and research into aging) bear fruit. Whilst at the same time the charity was greatly moved by the loss of one of its members whose executors granted the charity £6,7081 for a legacy-based yearly event in his honour. There are 19,467 residents in Levenshulme and of those few who are over 90 years of age, LGN has been catering to over 10 years.

Informally the charity used the central organising concepts of the Theory of Change methodology (drawing influence from the case study of the Home Office and the settling of refugees in inner cities) to make the best of well-treaded areas of knowledge the charity has held to be fed back to statutory stakeholders as well as to build campaigns around. This in effect benefits future service users, as the needs of over 60's are becoming more complex in the mental health and cognitive decline area.

LGN's *theory of change model*, went as follows: (1) Having clearly defined perimeters with statutory referral sources, and network organisations on what the problem with socially isolated referrals (SIR) are, the breadth of complexity, and what can or cannot be expected in a given time frame. Part of this process was the acceptance that we are an aging society and interventions that prolong a person's lifespan should also bear in mind, quality of life, control, autonomy, pleasure, and self-realisation. (2) Secondly, the charity looked at what needs to change to alleviate the issues faced by complex cases of SIR, and what is blocking these areas that need to change. Are interlinked? Homogenous or interdependent, heterogeneous, or sparse, and fluid? (3) Joining with some of the initiatives that MACC (Manchester's Local, Voluntary and Community Sector Support Organisation) had in relation to positive aging and Greater Manchester's Age-Friendly 'aging in place initiatives,' we tried to visual

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what can be considered success cases. (4) Finally, we looked what could be implemented 'hurdle free,' in terms of joined-up thinking and decision-making between sectors, networks, partners, and within the charity.

The key priority for our charity continues to be ensuring that no older person registered with us would fall through the cracks if it is avoidable by having access to available community support networks and services. As such the balancing act for LGN maintains its local functioning resilience to remain open and offer an effective service to the older vulnerable people in the M19 area.

The achievements for 2022 were as follows:

1. 60 applicants on MACC (Manchester Local, And Voluntary & Community Sector Support Organisation) for two key volunteer roles; Movie Night Coordinator, and traditional Volunteer Befriender, with applicants having a variety of skills, work experience in the health and social care sector as well as the ability to speak multiple languages.
2. Successful utilisation of COVID Recovery Fund on our long-term *fundraising strategy* and administration functions within the charity.
3. Success of the Garden Project Partnership. LGN and Highway Hope New Covenant Church (a local charity and network partner) utilised some volunteer gardeners from the church to help service users whose untended gardens were affecting their mental health. The gardeners were willing to train volunteers to create a 'volunteer gardeners army.'
4. Responsive Contribution and feedback towards the Independent Age Group, who were responsible for the creation of Winter Wise kits for older people in anticipation of the cost of living and the fallback that the invasion of Ukraine on February 24th, 2022 will have on fuel prices and older people in particular.
5. 22 assessed Social Services/NHS contact referrals (complex cases) that looked at the above-mentioned 'theory of change,' methodologies to investigate what needs to change and how if at all future complex cases can be registered for befriending, or have another type of social prescription in place.
6. We took on a placement, an intern from the University of Edinburgh (studying Geography & Statistics BSc) to look at older people's data, quality of life at latter stages, and how this can help the charity's focus when making informed decisions, advocacy, early interventions and campaigns for older people regionally
7. The development of an annual Older People's Day with age-friendly activities in honour to our late member John Saunders, and based on his executors' benevolent fund. The first event saw more than 40 people partake and had live bands, DJ'ing of old records and prizes.
8. LGN's posts, updates, campaigns, and notices were published on our regular social media platform which maintains 1,300 followers to date.

Performance, and Community Events: Part of the successes of the resilience this year, continued to come from the fruits, and results from the previous year that came from the sharing of resources and agreements with local partner organisations in the form of a COVID Recovery Project, Covid Resilience Fund, and Older People in Neighbourhoods grants with the Manchester City Council (OPENS Fund).

Whereby collectively we were able to deliver a joined-up offering of 1) various entertainment activities, 2) radio programs, 3) writing, and craft workshops, 4) day trips, 5) one-to-one befriending, peer-to-peer befriending, public-space befriending (as opposed to home-based), 6) weekly food delivery drop-offs, 7) tutorials on IT equipment, 8) weekly choir groups, 9) safe IT and digital usage

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sessions and 10) advocacy for service users who were struggling with the risks of their social welfare entitlement being stripped from them.

We had all this collaboration with our special partners whilst retaining the charity's unique function and identity to the locals - over 70-year-olds who have limited physical mobility and a mixture of psychological conditions – we mainly serve. We were able to supply ample data and support to Manchester City council about the demographics, use of funds, activities, and other vital information to help support and make the case for future funding of this sort. The last installments of the OPENS fund ended in September 2022, and the charity is immensely grateful to Manchester City Council and the charity's network partners for the fund and its outcomes during difficult years.

The arcs of development for our digital inclusion beneficiaries is ever so motivating. On the one hand, we have seen one of our service users Irma (late 70s), go from shy, inhibited (2019), and without digital social inclusion, to accessing and operating a smartphone for the first time (2021/22) finding a friend whom she knew when she was five years old, and making connections online. The bounce from such progress has seen Irma take more control of her life, as she actively engages in 'talking groups,' led by our over 55s Book Club facilitator Ria, and attends our monthly book club, where her literary and artistic tastes are tacitly explored.

Another beneficiary was James (mid-70s, lives in a communal housing scheme), who had never used the internet before, had no bank account (2019) had been referred to LGN after being at Gorton Parks Rehabilitation Centre, and whose fingers are suffering from arthritis. Over the years James has been given donated tablet devices, as well as upscaled his personal mobiles, and now he can contact his sisters in Ireland, watch Gaelic football with his befriender Jo, and understand the new panels given to him by the sheltered housing group for his and other residents security.

These case studies, and the survey feedback from members, LGN purposes to feed to the *digital-inclusion-team* at Manchester City Council.

Befriending:

We have seen demand for our vital services surge as more older people in our community found themselves isolated, as well as an increase in needs from those we already support, who have had to close off the social networks that we helped facilitate due to the personally felt effects of the global pandemic on their lives. As a result of this, LGN continues to implement the objectives set out in its responsive plan which initially foresaw these factors. Thus, LGN was effectively but cautiously able to continue to alleviate social isolation and loneliness experienced by older (over 55-year-olds) who are suffering from bereavement, have had a recent fall, or are reported to suffer from mental illness of some kind and have been referred to LGN for befriending, companionship and practical help.

One of the areas of the plan which has proved instrumental is where LGN has altered its model to allow for more change in people's lives. This can see our volunteers reach more service users in less time. Intended to increase the contact hours some of our high-priority and complex needs clients can get if they desired it. It could have one service user be seen by two different befrienders and vice versa. Increasing more choice and enabling less dependency, again reflects the big changes in people's lives at the moment.

Our longest befriending companionship is 9yrs to date. The average age of our volunteers is 38.

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And the average age of our service users is 77. This displays our intergenerational reach that creates a platform for sharing, learning, connecting, and mutual exchange of lived experiences.

Our cohort of volunteers come from mixed social and cultural backgrounds and as such languages other than English can be communicated if it is more effective to support and assist service users in booking appointments, or other areas of advocacy, a focus on reflecting more of the BAME (census 2021 shows that more than 45% of the ward Levenshulme identify as Asian) cohort proportionally is also a key driver for the charity.

Organisational Performance:

Benchmarks in the year include continual liaising with the Independent Age Winter Wise packages to alleviate those who would be hardest hit during the winter. Liaising with *Gorton Central* to see if there are any areas of joint service that would help older vulnerable people between the wards.

In continuity with LGN's drive to effectively make gains on the potentially new arena that has resulted from COVID in relation to statutory services giving voluntary organisations more autonomy, and empowerment to deliver and design service areas, LGN produced promotional informative material specifically for patient-waiting areas in GP services displaying the charity's befriending approach and benefits to both new service users and volunteers. This was produced with the hope that new patients of an older age can be encouraged to receive 'social-prescriptions' to tackle their mental health needs if they are experiencing debilitating effects of loneliness on their well-being.

Essentially assisting, and prompting potential older would-be service users to view befriending not as something negative or hard to reach but as easily accessible and for their own good. The production could also appeal to carers who are overworked with caring for their dependents by demystifying the approach to befriending and seeing it as a safe option for their relatives. The overall goal is also to tackle any negative perceptions of befriending that hinder older people from accessing it, such as 'I don't want to be a burden to anyone,' 'this is only for weak people,' 'I like company but I cannot ask for it,' etc. This was steered by Dr. D Hyland of the Gorton GP Practice with the hope to enable more social prescription of the befriending kind across the board and patient referrals through added promotional leaflet distribution across the practices.

Financial review

The management committee have reviewed the accounts and consider them to be satisfactory.

a) The long-term fundraising strategy of LGN has seen the organisation celebrate its 10th consecutive year by further aligning with local community groups; Debdale Bowling (for physical activities), Gorton Visual Arts (for crafts), Inspire People's Project (for older people's rights) and Inspire Community Centre (for community engagement). The project in development is entitled OPeNS or Older People's Neighbourhood Support or The OPeNS Fund for the Levenshulme and Gorton area (M19, and M18 areas). The monitoring and feedback on the use of the grant has been largely positive, the effect of the partnership in the community has been incalculable in some respects (speaking to individual beneficiaries) and the practice and exchange of resources noteworthy. LGN is proud to have with other networks been granted an extension of

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this fund to meet the demand in the next financial year.

b) An instrumentally financial gain from such above-mentioned partnerships has been further collaboration of the groups to develop other COVID ready and responsive partnerships such as COVID – Resilience and COVID-Recovery partnerships with four of the above-mentioned partners: Debdale Bowlers, Inspired Taskforce, Gorton Visual Arts and All FM. The COVID Resilience and Recovery funds were supplied through Manchester City Council for the purpose of mitigating the mental health toll on older people locally and helping organisations reinforce and develop their capacities more effectively.

Investment powers & policy

The trustees, having regard to the liquidity requirements of operating the charity, will keep available funds in an interest bearing deposit account.

Risk management

The trustees have conducted a review of the major risks to which the charity is exposed and system have been established to mitigate those risks.

Reserves policy and going concern

The balance held in unrestricted reserves at 30th September 2022 was £30,741 all of which are free reserves after allowing for funds tied up in tangible fixed assets.

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted expenditure. The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

Future plans

Levenshulme Good Neighbours aims to develop a full-cycle referral system. A system of referrals that covers the mental, physical and other needs of our clients. Through this, the charity aims to reduce the age of new registrants. Last year we highlighted how we aimed to boost our safe-guarding training and knowledge post-pandemic and would develop a permanent place-based activity with one of our network partners. These two objectives have been fulfilled. Our plan now is to align these gains towards more depth of service, quality of care, attention and personal engagement and using long-term funding to keep our companionships sustainable, not too affected by the cost-of-living crisis and developing towards a mutual benefit for both the befriender and their match.

The Next 12 months Would See LGN;

1. Develop a *Music of Life Volunteer Befriender* – befriending scheme that would meet the demand we are receiving from members of sheltered housing that have unused communal areas. Liaising with wardens and ensuring safety in the space. Working towards means to support older people with the aims of Ageing In Place. The Music of Life befriender would be tasked to use Play List (by Sally Magnusson) of Life templates to capture the music from good memories of the service user and compile it into a playlist via a CD or other media. The

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rationale behind this is based on music staving off some effects of dementia and its benefits towards mental health.

2. To continue local outreach campaigns making religious, cultural, local government, and community partners aware of the ways in which they can support LGN in alleviating social isolation within the area of Manchester where the organisation is most active. The retraining volunteers and staff in key areas of functionality including Emergency First Aid Training At Work, among other areas of professional development.
3. Development and sustainability of the *cost of living*, warm hub safe space, *Sunday Lunches* at an accessible building. To distribute and train on smart projects concerning for less energy consumption in older people's homes. The prioritisation of the climate crisis in our circular newsletters.
4. Present a report from the University of Glasgow graduate Jason on his findings on older people quality of life, life expectancy and factors regarding falls in females over 60 and how this can help for informed organisational decision making as well as awareness building and campaigning regionally and beyond.
5. Invite Members of Parliament to engage with our users and events for more awareness building especially within the aged population in the Asian community within the ward (which amounts to more than 45% in the last census).
6. To appear and promote activities for older people in more published outlets via electronic media such as loads to do directory of activities and Age Friendly bulletin on a monthly basis.

Appointment of trustees

New trustees are appointed by existing trustees and serve for three years after which they may put themselves forward for re-appointment. The Trust Deed provides for a minimum of three trustees, to a maximum of twelve trustees, with no more than three trustees due for re-appointment in any one year.

At the quarterly trustee meetings, the trustees agree the broad strategy and areas of activity for the Charity, including investment, reserves and risk management policies and performance. The day to day administration of the Charity is delegated to the Levenshulme Good Neighbours' Coordinator.

Trustee induction and training

The CIO trains and inducts trustees via a system of mentoring and internal training.

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Trustees responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting principles and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- Prepare the financial statements on a going concern basis unless it is appropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provision of the Trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees on 19th June 2023 and signed on their behalf by:

Louise Such
CHAIR OF TRUSTEES

**INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF
LEVENSHULME GOOD NEIGHBOURS
REGISTERED CHARITY NO. 1163827**

I report on the accounts of the charity, for the Year Ended 30th September 2022, which are set out on pages 10 to 20.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is preparing accrued accounts and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of Independent Examiners Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out below.

Independent Examiner's Statement

In connection with my examination, other than listed below, no matter has come to my attention :
(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records have in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act,
have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: *A.M. King*

AM King FCCA
Date: 19th June 2023

Community Accountancy Service Ltd
The Grange, Pilgrim Drive, Beswick,
Manchester, M11 3TQ

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED
30 SEPTEMBER 2022
INCLUDING INCOME AND EXPENDITURE ACCOUNT

	Further Details	Unrestricted Funds £	Restricted Funds £	Total Funds Year Ended 30 September 2022 £	Total Funds Year Ended 30 September 2021 £
Income from:					
Donations and legacies	(3)	1,234	6,701	7,935	261
Charitable Activities	(4)	13,368	3,900	17,268	40,769
Investment Income		2	-	2	9
Total		14,604	10,601	25,205	41,039
Expenditure on:					
Raising Funds	(5)	-	-	-	162
Charitable Activities	(5)	9,268	18,900	28,168	25,321
Total		9,268	18,900	28,168	25,483
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		5,336	(8,299)	(2,963)	15,556
Transfers between funds	(12)	-	-	-	-
Net movement in funds		5,336	(8,299)	(2,963)	15,556
Reconciliation of funds					
Total funds brought forward	(12)	25,405	21,688	47,093	31,537
Total funds carried forward	(12)	30,741	13,389	44,130	47,093

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 13 to 20 form part of these accounts.

BALANCE SHEET AS AT 30 SEPTEMBER 2022

	Notes	2022 £	2021 £
Fixed assets:			
Tangible assets	(9)	-	278
Total fixed assets		-	278
Current assets:			
Debtors	(10)	154	11
Cash at Bank & in Hand		44,621	49,861
Total current assets		44,775	49,872
Liabilities:			
Creditors: Amounts falling due within one year	(11)	645	3,057
Net current assets or liabilities		44,130	46,815
Total assets less current liabilities		44,130	47,093
Total net assets or liabilities		<u>44,130</u>	<u>47,093</u>
The funds of the charity:			
Restricted income funds	(12)	13,389	21,688
Unrestricted income funds	(12)	30,741	25,405
Total charity funds		<u>44,130</u>	<u>47,093</u>

Approved on behalf of the Trustees Management Committee

Louise Such (Chair of Trustees)

Murtaza Jawed

Date: 19th June 2023

The notes on pages 13 to 20 form part of these accounts.

Statement of Cash Flows for the year ended 30 September 2022

Reconciliation of net movement in funds to net cash flow from operating activities

	Year Ended 30 September 2022 £	Year Ended 30 September 2021 £
Net movement in funds	(2,963)	15,556
Add back depreciation	278	277
Deduct investment income	(2)	(9)
Decrease/(increase) in debtors	(143)	1,051
Increase/(decrease) in creditors	(2,412)	(3,170)
Net cash used in operating activities	(5,242)	13,705
Cash flows from investment activities:		
Interest	2	9
Net cash provided by investing activities	2	9
Increase/(decrease) in cash and cash equivalents during the year	(5,240)	13,714
Cash and cash equivalents brought forward	49,861	36,147
Cash and cash equivalents carried forward	44,621	49,861

Notes to the accounts for the year ended 30 September 2022

1. Accounting policies**(a) Basis of preparation and assessment of going concern**

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102.

(b) Funds structure

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed. There are 8 restricted funds.

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Further details of each fund are disclosed in note 12.

(c) Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

(d) Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings. For more information on this attribution refer to note (g) below.

(e) Irrecoverable VAT

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

(f) Allocation of support and governance costs

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to independent examination and legal fees together with an apportionment of overhead and support costs.

Governance costs and support costs relating to charitable activities have been apportioned based on type of expense. The allocation of support and governance costs is analysed in note 6.

(g) Costs of raising funds

Costs associated with raising funds relate to a subscription to Grants Online.

(h) Charitable Activities

Costs of charitable activities include governance costs and an apportionment of support costs as shown in note 6.

Notes to the accounts for the year ended 30 September 2022

(i) Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised and valued at historical cost. Depreciation is charged on the following basis:

Office Equipment 25% on cost

(j) Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their varying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

(k) Pensions

The charity currently does administer contributions to an auto enrolment pension scheme on behalf of individuals. The charity has no liability beyond making its contributions and paying across the deductions for the contributions.

(l) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(m) Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of the funds to a third party and the amount due to settle the obligation can be measured of estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Related party transactions and trustees' expenses and remuneration

The trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or kind (2021: £nil). Expenses paid to the trustees in the period totalled £nil (2021: £nil).

3. Donations and Legacies

	Unrestricted Year Ended 30 September 2022 £	Restricted Year Ended 30 September 2022 £	Total Funds Year Ended 30 September 2022 £
Donations	1,234	-	1,234
Legacy - John Saunders	-	6,701	6,701
	<u>1,234</u>	<u>6,701</u>	<u>7,935</u>
Previous Year			
	Unrestricted Year Ended 30 September 2021 £	Restricted Year Ended 30 September 2021 £	Total Funds Year Ended 30 September 2021 £
Donations	261	-	261
	<u>261</u>	<u>-</u>	<u>261</u>

Notes to the accounts for the year ended 30 September 2022

4. Income from charitable activities

	Unrestricted Year Ended 30 September 2022 £	Restricted Year Ended 30 September 2022 £	Total Funds Year Ended 30 September 2022 £
Restricted grants:			
OPeNS Fund	9,468	-	9,468
Covid Recovery Fund	3,900	3,900	7,800
	<u>13,368</u>	<u>3,900</u>	<u>17,268</u>

Previous Year

	Unrestricted Year Ended 30 September 2021 £	Restricted Year Ended 30 September 2021 £	Total Funds Year Ended 30 September 2021 £
Restricted grants:			
Independent Age	-	12,000	12,000
Foyle Foundation	-	2,000	2,000
Duchy of Lancaster	-	500	500
Garfield Weston Foundation	-	5,000	5,000
OPeNS Fund (includes £2,367 deferred to 2022)	-	9,469	9,469
We Love Manchester	-	2,000	2,000
Covid Resilience	-	2,000	2,000
National Lottery	-	5,723	5,723
NHS Manchester CCG	-	2,077	2,077
	<u>-</u>	<u>40,769</u>	<u>40,769</u>

Notes to the accounts for the year ended 30 September 2022

5. Expenditure

	Charitable Activities	Year Ended 30 September 2022 £	Year Ended 30 September 2021 £
Expenditure on raising funds:			
Subscriptions	-	-	162
	-	-	162
Expenditure on charitable activities:			
Employment Costs	18,629	18,629	18,660
Trips & Activities	2,763	2,763	105
Volunteer Travel & Refreshments	231	231	-
Staff Travel	294	294	70
DBS Checks	112	112	32
Minor Computer & Software Costs	668	668	1,027
Minor Equipment	-	-	172
Advertising & Promotion	375	375	100
Telephone & Internet	274	274	465
Rent	2,400	2,400	2,050
Insurance	347	347	347
Post, Printing & Stationery	816	816	944
Sundries	4	4	108
Governance	552	552	540
Support Costs	425	425	424
Depreciation	278	278	277
	28,168	28,168	25,321
Total Expenditure		28,168	25,483
		Year Ended 30 September 2022	Year Ended 30 September 2021
Restricted funds		18,900	25,144
Unrestricted funds		9,268	339
		28,168	25,483

6. Allocation of governance and support costs

The breakdown of support costs and how these were allocated between governance and other support costs is shown below:

	Basis of apportionment	General Support	Governance	2022 Total	2021 Total
Accountancy Fees	type of expense	-	552	552	540
Payroll Bureau	type of expense	425	-	425	422
		425	552	977	962

Notes to the accounts for the year ended 30 September 2022

7. Analysis of staff costs

	Year Ended 30 September 2022 £	Year Ended 30 September 2021 £
Wages and Salaries	18,429	18,470
Social Security Costs	-	-
Pension Costs	200	190
	<u>18,629</u>	<u>18,660</u>
Charitable activities	18,660	17,404
Support costs	-	-
	<u>18,629</u>	<u>18,660</u>

The average number of employees during the year was 2 (previous year: 2) with the full time equivalent of 1. The charity considers its key management personnel comprises the trustees and Senior Manager. The total employment benefits, including employer pension contributions of the key management personnel were £13,101 (previous year: £5,191). No employee has benefits in excess of £60,000 (previous year: none).

8. Independent Examiner Fees

	Year Ended 30 September 2022 £	Year Ended 30 September 2021 £
Independent examination fees	552	540
Other services	425	422
	<u>977</u>	<u>962</u>

9. Tangible Fixed Assets

	Office Equipment £	Total £
Cost		
At 1 October 2021	1,907	1,907
Additions	-	-
At 30 September 2022	<u>1,907</u>	<u>1,907</u>
Depreciation		
At 1 October 2021	1,629	1,629
Charge for Year	278	278
At 30 September 2022	<u>1,907</u>	<u>1,907</u>
NET BOOK VALUE		
At 30 September 2022	-	-
At 30 September 2021	<u>278</u>	<u>278</u>

Notes to the accounts for the year ended 30 September 2022

10. Analysis of debtors

	Year Ended 30 September 2022 £	Year Ended 30 September 2021 £
Other Debtors and Prepayments	154	11
	<u>154</u>	<u>11</u>

All debtors for 2022 and 2021 relate to unrestricted funds .

11. Creditors: amounts falling due within one year

	Year Ended 30 September 2022 £	Year Ended 30 September 2021 £
Other creditors and accruals	645	690
Deferred income	-	2,367
	<u>645</u>	<u>3,057</u>

Deferred income comprises of restricted grant income received in advance.

Balance as at 30th September 2021	2,367
Amount released to income earned from charitable activities	(2,367)
Amount deferred in year	-
Balance at 30th September 2022	<u>-</u>

12. Analysis of charitable funds

Analysis of movements in unrestricted funds

	Balance at 1 October 2021 £	Incoming Resources £	Resources Expended £	Transfer £	Balance at 30 September 2022 £
General Fund	25,405	14,604	(9,268)	-	30,741
	<u>25,405</u>	<u>14,604</u>	<u>(9,268)</u>	<u>-</u>	<u>30,741</u>

Previous Year

	Balance at 1 October 2020 £	Incoming Resources £	Resources Expended £	Transfer In £	Balance at 30 September 2021 £
General Fund	25,474	270	(339)	-	25,405
	<u>25,474</u>	<u>270</u>	<u>(339)</u>	<u>-</u>	<u>25,405</u>

Name of unrestricted fund:	Description, nature and purpose of the fund
General Fund	The free reserves.

Notes to the accounts for the year ended 30 September 2022

12. Analysis of charitable funds continued.

Analysis of movements in restricted funds

	Balance at 1 October 2021	Incoming Resources	Resources Expended	Transfer In	Balance at 30 September 2022
	£	£	£	£	£
Independent Age	12,000	-	(12,000)	-	-
Legacy - John Saunders	-	6,701	(720)	-	5,981
Duchy of Lancaster	500	-	(500)	-	-
Garfield Weston Foundation	5,000	-	(500)	-	4,500
Covid Recovery Fund	-	3,900	(615)	-	3,285
National Lottery Digital Inclusion	795	-	(1,172)	377	-
Wooton Charitable Trust	278	-	(278)	-	-
NHS Manchester CCG	3,115	-	(3,115)	-	-
	21,688	10,601	(18,900)	377	13,766

Previous Year

	Balance at 1 October 2020	Incoming Resources	Resources Expended	Transfer In	Balance at 30 September 2021
	£	£	£	£	£
Independent Age	-	12,000	-	-	12,000
Foyle Foundation	-	2,000	(2,000)	-	-
Duchy of Lancaster	-	500	-	-	500
Garfield Weston Foundation	-	5,000	-	-	5,000
OPeNS Fund	-	9,469	(9,469)	-	-
We Love Manchester	-	2,000	(2,000)	-	-
Covid Resilience	-	2,000	(2,000)	-	-
The Charity Service	2,750	-	(2,750)	-	-
National Lottery Digital Inclusion	1,720	5,723	(6,648)	-	795
Wooton Charitable Trust	555	-	(277)	-	278
NHS Manchester CCG	1,038	2,077	-	-	3,115
	6,063	40,769	(25,144)	-	21,688

Name of restricted fund:	Description, nature and purpose of the fund
Independent Age	towards core costs
Legacy - John Saunders	to cover National Older People's Day celebrations for a 10 year period
Duchy of Lancaster	towards core costs
Garfield Weston Foundation	towards core costs
Covid Recovery Fund	towards core costs
National Lottery Digital Inclusion	towards core costs
NHS Manchester CCG	towards befriending & social eating programme
Wooton Charitable Trust	towards core costs, balance represents future depreciation

Notes to the accounts for the year ended 30 September 2022

13. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total 2022 £
Tangible fixed assets	-	-	-
Cash at bank and in hand	30,855	13,766	44,621
Other net current assets/(liabilities)	(491)	-	(491)
Total	30,741	13,766	44,130

Previous Year

	Unrestricted funds £	Restricted funds £	Total 2021
Tangible fixed assets	-	278	278
Cash at bank and in hand	25,954	10,193	36,147
Other net current assets/(liabilities)	(480)	(2,367)	(2,847)
Total	25,474	8,104	33,578

14. Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised on a transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at an amortised cost using the effective interest method.

Befriending support can...

Lower rates of depression
Improve social skills
Reduce social isolation

Improve self-esteem and confidence
Reduce vulnerability and risk of abuse
Build sense of purpose

Befriending support can...

Lower rates of depression
Improve social skills
Reduce social isolation

Improve self-esteem and confidence
Reduce vulnerability and risk of abuse
Build sense of purpose

LEVENSHULME GOOD NEIGHBOURS

3. Company into community

1. Be referred to LGN locally



2. Have a local companion



4. Peer led social inclusion

REVIEW 2022

Befriending support can...

Lower rates of depression
Improve social skills
Reduce social isolation
Improve self-management

Improve self-esteem and confidence
Reduce vulnerability and risk of abuse
Build sense of purpose
Reduce in use of emergency services

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LGN

Levenshulme
Good Neighbours

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About Us

Levenshulme Good Neighbours is a registered charity that works with volunteers to offer practical, social and emotional support to over 300 older people living in the Levenshulme area of Manchester. We do this by recruiting volunteer befrienders from the local community who support older people in a wide range of social, emotional and practical ways. This might include: helping people with limited mobility get out into the community; visiting a housebound person or escorting people to a range of local community events, fun activities and necessary appointments that they would otherwise be unable to attend. We also offer a range of activities for older people and provide information and support.



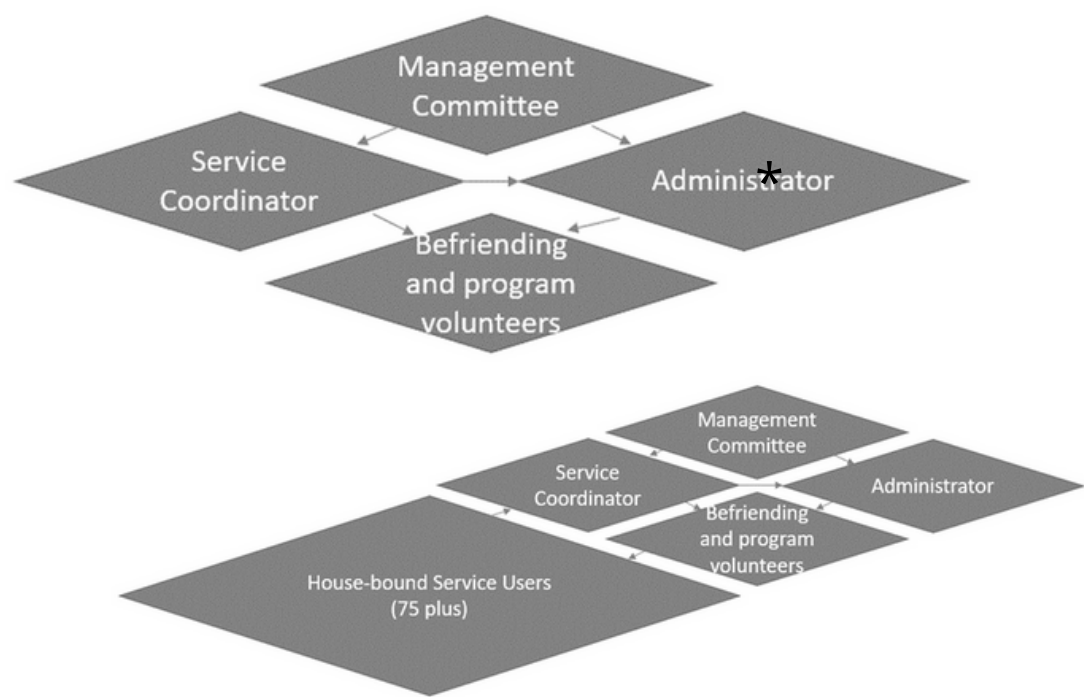
Levenshulme Good Neighbours was established in 2012 with the support of Burnage Good Neighbours in response to frequent request for befriending support from older people from the Levenshulme area. Following a successful pilot project Levenshulme Good Neighbours became a Constituted Community Organisation in 2013 and registered as a Charitable Incorporated Organisation (CIO) in 2015.

We are run by a Management Committee of people from Levenshulme with a wide range of skills and experiences and employ a Coordinator who oversees the delivery of the project. Levenshulme Good Neighbours are active members of Manchester Neighbourhood Care Groups Association (MNCGA), which acts as an umbrella organisation for Care Groups across the city. Our administrative base is the Inspire Community Centre, a fully accessible community building in the centre of Levenshulme.



How LGN is Governed

We are run by a Management Committee of people from Levenshulme with a wide range of skills and experiences and employ a Coordinator who oversees the delivery of the project. Levenshulme Good Neighbours are active members of Manchester Neighbourhood Care Groups Association (MNCGA), which acts as an umbrella organisation for Care Groups across the city. Our administrative base is the Inspire Community Centre, a fully accessible community building in the centre of Levenshulme.





Coordinator's Report 2021 – 2022

In the year 2022, LGN (Levenshulme Good Neighbours) saw some work that has been going on peripherally (such as fundraising, report writing, and research into aging) bear fruit. Whilst at the same time the charity was greatly moved by the loss of one of its members whose executors granted the charity £6,7081 for a legacy-based yearly event in his honour. There are 19,467 residents in Levenshulme and of those few who are over 90 years of age, LGN has been catering to over 10 years.

Informally the charity used the central organising concepts of the Theory of Change methodology (drawing influence from the case study of the Home Office and the settling of refugees in inner cities) to make the best of well-treaded areas of knowledge the charity has held to be fed back to statutory stakeholders as well as to build campaigns around. This in effect benefits future service users, as the needs of over 60's are becoming more complex in the mental health and cognitive decline area.

LGN's theory of change model, went as follows: (1) Having clearly defined perimeters with statutory referral sources, and network organisations on what the problem with socially isolated referrals (SIR) are, the breadth of complexity, and what can or cannot be expected in a given time frame. (2) Secondly, the charity looked at what needs to change to alleviate the issues faced by complex cases of SIR, and what is blocking these areas that need to change. Are interlinked? Homogenous or interdependent, heterogeneous, or sparse, and fluid? (3) Joining with some of the initiatives that MACC (Manchester's Local, Voluntary and Community Sector Support Organisation) had in relation to positive aging and Greater Manchester's Age-Friendly 'aging in place initiatives,' we tried to visual what can be considered success cases. (4) Finally, we looked what could be implemented 'hurdle free,' in terms of joined-up thinking and decision-making between sectors, networks, partners, and within the charity.

The key priority for our charity continues to be ensuring that no older person registered with us would fall through the cracks if it is avoidable by having access to available community support networks and services.





Befriending

Our longest befriending companionship is 8yrs to date. The average age of our volunteers is 38. And the average age of our service users is 77. This displays our intergenerational reach that creates a platform for sharing, learning, connecting, and mutual exchange of lived experiences. Our cohort of volunteers come from mixed social and cultural backgrounds and as such languages other than English can be communicated if it is more effective to support and assist service users in booking appointments, or other areas of advocacy.

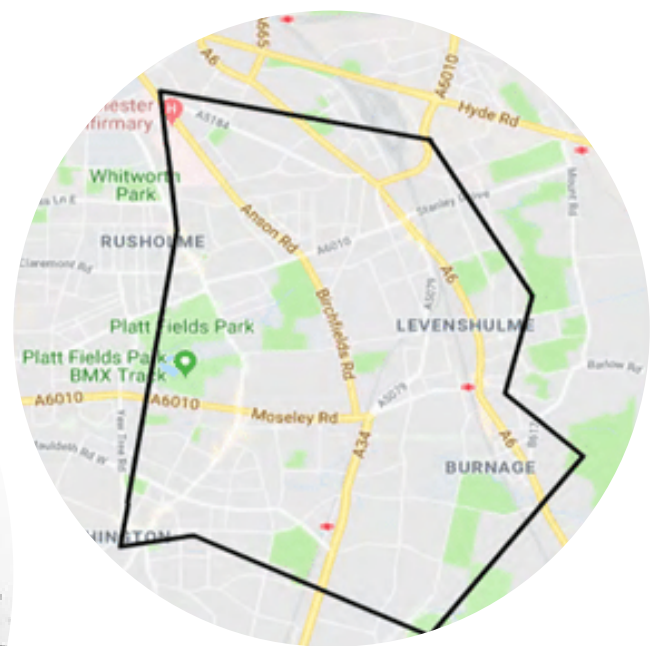




About Levenshulme

There are just over 21,600 households in the Gorton and Levenshulme Neighbourhood. Around three-quarters of households (>75%) in both Gorton North and Gorton South wards contain people whose social circumstances suggest that they may need high or very high levels of support to help them manage their own health and prevent them becoming high users of acute healthcare services in the future. According to the Index of Multiple Deprivation, the area we operate in is listed amongst the 10% most deprived neighbourhoods in the country.

The name of the township of Levenshulme has been traced back to the 1320 name of 'Lyvenis-holme'. This probably means a tract of land belonging to Leven, which may be a derivation of the Saxon word 'Leofne' meaning Lord or Master. Levenshulme was primarily a working class suburb of Manchester.





About Social Isolation

Even though Manchester is an age friendly city, the hard facts are that more and more elderly persons are feeling left behind due to structural, social, and economical changes in society. The key three areas where social isolation affects older persons are:

- Poor transport links to public services/shops
- No available and prolonged companions
- Lack of engagement with communal activities



How do loneliness and social isolation differ?

"Loneliness is a subjective feeling about the gap between a person's desired levels of social contact and their actual level of social contact.

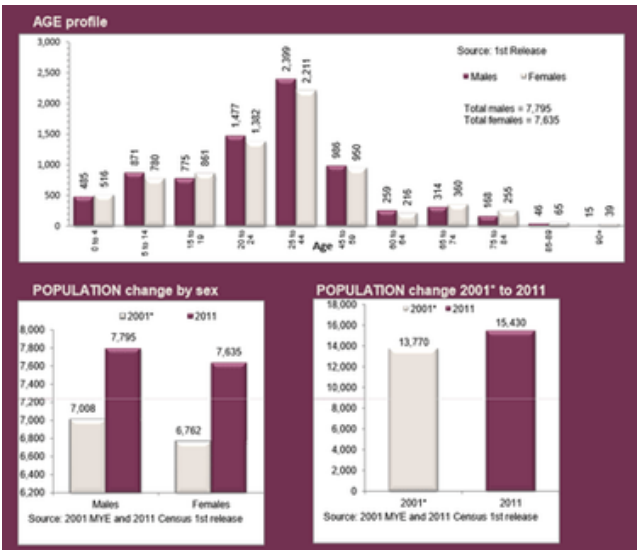
Social isolation is an objective measure of the number of contacts that people have. It is about the quantity and not quality of relationships. People may choose to have a small number of contacts."

AGE UK

"According to Age UK, more than 2 million people in England over the age of 75 live alone, and more than a million older people say they go for over a month without speaking to a friend, neighbour or family member.."

- Older persons are referred to care group organisations like Levenshulme Good Neighbours mainly due to these:
- Accidents and falls causing loss of confidence to be seen in public
 - Bereavement and loss of loved ones
 - Cognitive and mood decline

Amidst these factors for social isolation the transient nature of city environments is not helping the memories, feeling of connection, and sense of community that healthy ageing requires. As society continues to live longer, combating social isolation will be one of the key determinants to alleviating the limited supply of NHS and medical treatment as a clinical solution to an underlying social problem.





Activities begin again!

It's been a long time coming, but finally our service users were able to get out and enjoy the sunshine on a day out. They particularly enjoyed a visit to Cleveleys this year, and we hope to have plenty more days out to come.

Amazing Local Support

We have been touched by the positive support LGN has received from the local community over the last year. As well as individual donations, we were humbled that a newly opened local restaurant "CIBUS" donated their profits from opening night to LGN, in memory of their late father. Here's us paying a visit to say thank you!

Special Gifts for Christmas

This year we put together some wonderful Christmas hampers for our older people to ensure they felt loved and remembered during the holidays. The contents were kindly provided by Asda (biscuits and mince pies), the Sock Shop (who provided an amazing selection of warm bed socks) and grant funding, which allowed us to buy some Christmas-themed quiz books to keep everyone busy over the festive period. These were wrapped up and distributed to our service users around Levenshulme.





Welcome back to our Choir!

Weekly "computer buddies" sessions continues to provide support for older people looking for more confidence using technology or getting online.

One of our most successful projects this year was our "Inspire Choir." Formed in partnership with the Inspired Taskforce, this weekly singing session aimed to get older people singing, dancing, and enjoying group activities again. At Christmas we were even treated to a full concert by the performers, along with mince pies and some festive drinks!

Choir Session Feedback:

Being together and singing, is lovely!

I love the good company and the cheer of singing carols.

It's something I really look forward to, and it gives me structure in my week

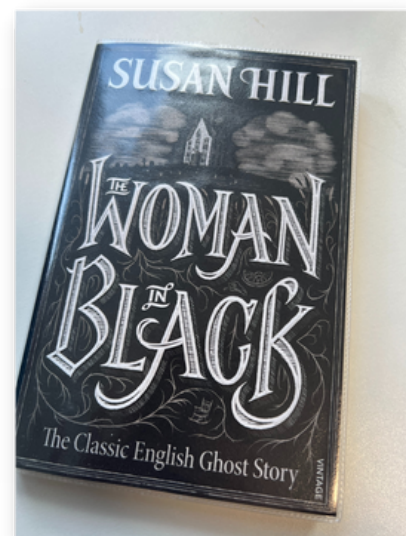
I like Meeting up with other people. The company. And singing of course. I like the Friendship and laughter.





Levy Over 55s Monthly Book Club @ Arcadia

Our successful 'Age Friendly,' Levy book club run by Ria at Arcadia is now almost 8 months in and growing from strength to strength. We are delighted to see how Ria's weekly Monday talking group at the Blue Bell pub has now blossomed into a mid-week once-a-month readathon with like-minded members. The membership crossover is astounding, and personally, it has been great to see the likes of some members who were looking aghast and cocooned during the height of covid now wax lyrical about the bits they loved about the novel they read and to witness their prosaic and literate tastes.



Genres are open to voting. So far, *The Respectable Trade* by Philippa Gregory has been the most well-received but detective and thrillers are also in the ranks for possibly taking that spot. When members meet on the 1st Wednesday of the month, they would normally vote on how 'interesting,' and 'well written,' the previous month's book was. Comments on *The Woman in Black* were, 'better than the film', 'glad I didn't watch the film first with its Hollywood twist,' and 'genuinely enjoyed it and its twist.' Irene (a Blue Bell Talk Group regular) gave it a 10/10, she seems to be enjoying the group, if you know anyone interested in joining a reading club, you are most welcome to come along.



LGN's inaugural NOPD (National Older People's Day)

We held our inaugural Older People's Day in conjunction with the Inspired Taskforce. Activities included disco (70s, 80s, and 90s) music through DJ Ged, a long-time collaborator who also exudes the good vibes through his musical choices and uplifts the spirits in communal housing schemes around Manchester.



There was also a circus display courtesy of Danielle De Wok, and in it, she was able to involve local participants Muriel and a nice balancing act with Lindsay. In the middle, we had a touching tribute to our benefactor the late John Saunders, and Muriel (again) was able to present how much he meant to her, the charity Levenshulme Good Neighbours, and the community at large.

The day ended with some tombolas, 7-piece live music band, and nice desserts to mark the occasion. See you at the same time and place next year, 1st of October 2023. This ticketed 'pay on the door,' event yielded more than 40 people. This is why we love the Levenshulme community!





Partnerships

Over the last couple of years, we've made some amazing connections with local people and places. Here are a few!

Debdale Bowling and Gorton Visual arts

Through the OPeNS Fund, we've been establishing fantastic relationships with Debdale Bowling and Gorton Visual arts, who are both committed to improving the quality of life for older people in our area. We are looking forward to holding our next AGM at Debdale, and seeing how good our bowling arms are!



Inspired Taskforce

We have been working with our partners Inspired Taskforce on events and trips, and learning activities. A LGN volunteer kindly offered computer security classes for service users of both projects, with useful safety tips for browsing online.

Digital Inclusion

Working with the Inspired Taskforce, we have continued to provide phones and internet to older people who want to get online. This has also included uploading Whatsapp on to devices so that service users can regularly connect with relatives who may live far away. We have also been following these up with training sessions to help our service get the most out of their new devices, and stay safe.





Feedback from our Activities

This month we've been collating some of the feedback we've received from our most recent projects, our choir club and our digital distribution project. Here's what our service users had to say when they were asked what they most liked about the choir.



"It's something I really look forward to, and it gives me structure in my week"

"It's good company!!"

"Meeting up with other people. The company. And singing of course. Friendship and laughter."

"I love the singing, friendship and laughter"

"We all have a good time!"

"We have fun!"





Campaigns: Winterwise

Independent Age are an organisation who support people aged over 65 to get involved in things they enjoy. They campaign and give advice on issues like health and care, money and housing. They have produced a leaflet called Winterwise, which is a guide to keeping well during winter. Here are a few of their top tips!



Staying warm

People are worried about the cost of putting the heating on, but it is important to stay warm. Being cold is uncomfortable and bad for health.



- Keep the temperature when you are home to at least 18° C (64°F) day and night.



- Keep warm in bed at night. Put extra blankets or clothes on top and use a hot water bottle or an electric blanket – but not both at the same time as that is dangerous.



- Make sure you know how to use your electric blanket. Get it checked every 3 years.

- Get your boiler checked every year to make sure it works safely and does not break down when you really need it.

If you rent your home, check your landlord has had your boiler checked and serviced.



Contact the Gas Safe Register to find an engineer:

Website: www.gassaferegister.co.uk

Phone: 0800 408 5500

LGN were delighted to be supported by Independent Age in the last 2 years and giving feedback to actively affect their steering and direction for the needs of older people.



AGM, Thanks & Farewell!

Our close-of-year Annual General Meeting was a touching one as we were saying our goodbyes to our longtime volunteer and fantastic administrator Naomi Smith. Overall, Naomi has contributed 8 years of staff service and more than 1000 hours in volunteering for the charity, and one particular individual in the form of our late service user and former chairwoman Carol Moore. Naomi brought a lot of zest, a can-do attitude, and integrity to the charity and will duly be missed. Her words to go by were: 'I'm optimistic about the future, I love the Age Friendly initiative in Manchester - but there's always more work to be done. Above all, I believe you should feel equally welcome, valued, and at home in your community, whether you are 1, 21, or 101'.



The visions and values of LGN stated in the meeting were: 'tailor-made matches,' and 'sharing lived experiences.' Some facts about older people in Manchester are that there are around 90 people over 90 in the Levenshulme (and partially Gorton in the old ward border area), and that LGN has registered and served at least 30 of them since the last census in 2011.



Other aspects of our AGM that we covered were how sustainable we plan to be financially from 2023 onwards. Our dynamic befriending plans would see one volunteer see up to 2 people during the week and change hands with other volunteers after a six-month review. Our volunteer meetups to catch up on what had been a memorable year personally and nationally. As well as other key updates involving the orientation of the charity.

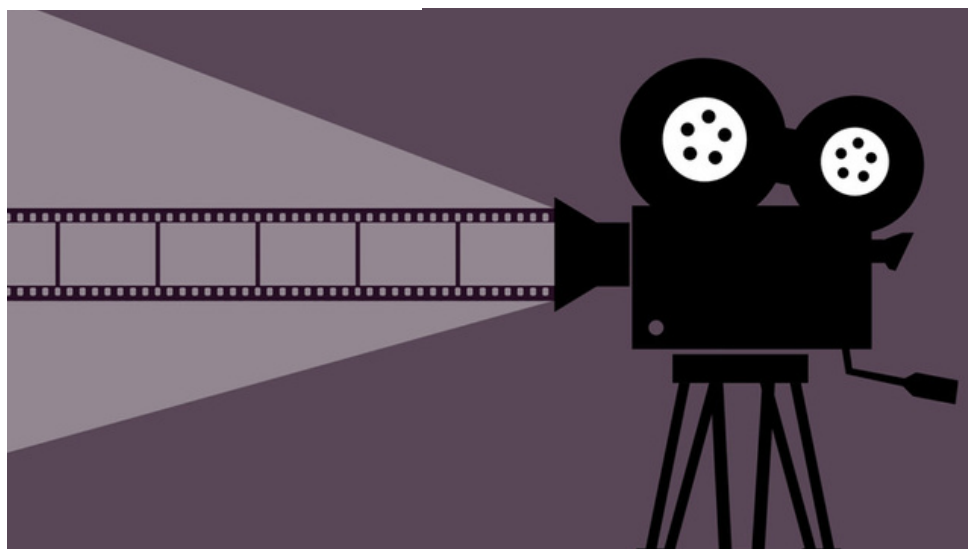


Upcoming News - What's next

Movie Night & Playlist For Life Volunteers

We're looking to host a regular movie afternoon for the residents of Pullman Close assisted living facility. We're looking for a friendly volunteer to host these afternoons for us, helping us choose a film and ensuring that the residents have a good time! The volunteer would need to be available on a regular day for 2.5 hours every week, and be DBS checked. If you or someone you know would like to give this a go, please let us know!

Because we were successful with more than 60 applications from our MACC campaigns last year we are looking to train up and integrate our volunteer offer to include Playlist Volunteers who use music from older service users' memories to engage with them. This would be backed up using the platform and evidence from the Playlist For Life Charity





LGN's 3 Year Local Interventions Delivery Plan

1. Sheltered Housing Activities Program by Vols

- Film Club every 2 weeks for the 1st year can increase in 2nd year
- Expanding to musical performances in the 2nd and 3rd years
- Potential for cancer and dementia talks/workshops
- 1 LGN Befriender at all times
- Rolled out in One Manchester Rose Court, Pullman Close (Great Places), and Anchor
- Communal residences

3. High Impact Befrienders Programme

- Up to 25+ Matches in 1st year
- 40 Matches by 3rd year
- Intergenerational volunteers
- To reflect the BAME composition of Levenshulme M19
- Languages: Urdu, Punjabi, and Eastern European based on volunteers backgrounds
- Trained to refer critical mental health service users with consent
- To accompany to shops, GPs, and venues if possible
- Mainly day-time based for maximum impact

2. Neighbourhood Gardening project delivered by Volunteer Gardener

- Rolled out 4 months every year for 3 years for older people in M19 area who cannot afford to mow their gardens
- Training up to 4 volunteer gardeners who befriend too
- Potential older person volunteer coordinator
- Residential based

4. Digital Inclusion for Older People Volunteer Befrienders

- Up to 4 volunteers specifically trained to help older people connect via tablets, devices
- Potential older person trainer peer for older people
- Befriend through Whatsapp
- Residential based

Over 75s centred neighbourhood intervention programmes with LGN Coordinator



Medically guided hand exercises and unique porcelain decor with our trailblazer Joanne W



Our Future Plans & 3 Year Model

Levenshulme Good Neighbours aims to develop a full-cycle referral system. A system of referrals that covers the mental, physical and other needs of our clients. Through this, the charity aims to reduce the age of new registrants.

Last year LGN stated that it would: keep in close contact with our service users and volunteers by phone, mail, and newsletter, we are able to respond quickly to changes as necessary. ***This year we are proposing a 3-year delivery plan that would focus on the cost of living crisis, making warm spaces, our tailor made digital inclusion narratives, garden volunteering, and volunteer entertainers such as movie night, and playlist facilitators.***

The Next 12 Months

- 1) Development and sustainability of the cost of living, warm hub safe space, Sunday Lunches at an accessible building. To distribute and train on smart projects concerning for less energy consumption in older people's homes. The prioritisation of the climate crisis in our circular newsletters
- 2) To continue local outreach campaigns making religious, cultural, local government, and community partners aware of the ways in which they can support LGN in alleviating social isolation within the area of Manchester where the organisation is most active.
- 3) To continue local outreach campaigns making religious, cultural, local government, and community partners aware of the ways in which they can support LGN in alleviating social isolation within the area of Manchester where the organisation is most active. The retraining volunteers and staff in key areas of functionality including Emergency First Aid Training At Work, among other areas of professional development
- 4) Digital Inclusion and the 3 year delivery plan





to our funders...!

THANK
YOU



Wootton Charitable Trust

