

## **Kent Minds Trustees Activity Report 1<sup>st</sup> April 2024 – 31<sup>st</sup> March 2025**

### **Introduction**

During the course of this year, we began to consider how best to serve the mental health community in Kent that we have given grants to for so many years now. We discussed issues including the realities of running a small charity, the ever-increasing demands being made on our supporter's time but also, growing demands on everyone to make donations to an ever-growing list of worthy beneficiaries.

Our route to raising funds has always been based around arranging a wide variety of events that our supporters would donate to come to – these have ranged from shopping evenings to garden tours to opera nights but generating optimum charitable returns purely from events needs to be done on a scale that Kent Minds is not really suited to.

Therefore, in the Spring of 2024 the Committee met to discuss the way forward as the original trustees recognised that successfully operating Kent Minds was becoming increasingly challenging. Without increased support to deliver events at larger scale, we were forced to conclude that we would be unable to provide the fund-raising activities that have been so important to our supporters.

As a consequence, and after much discussion, it was agreed that we would put Kent Minds into a state of inactivity after 2025, and would probably follow this by winding up the Charity at some point in the future. That would be no earlier than 2026 at the earliest and would give us the opportunity to make additional donations to good causes until our funds are exhausted.

Making this decision early in 2024 also allowed us the opportunity to create a tremendous final event, as outlined below.

### **Fund Raising Activity**

#### Opera Evening with the Victoria Consort

On Thursday 27<sup>th</sup> June the Committee welcomed guests to Doddington House by kind invitation of Richard and Amicia Oldfield. Our supporters enjoyed rose wine and prosecco

and delicious canapes whilst they wandered around the beautiful gardens of Doddington House. Meanwhile the Victoria Consort arrived to sing a programme of well-loved Opera duets and solo pieces. The atmosphere was truly inspiring, and our chairman gave her last speech to tumultuous applause. As the guests left, we packed up with heavy hearts but satisfied that we had, with the help of our supporters raised much needed funds for mental health charities in Kent over 10 years.

### **Grant Making Activity**

Our principle grant of the year was made In August 2024 where we gave £4000 to The Amber Foundation for Downsview which is a supported housing centre for young people. It has space for 25 18–30-year-olds who stay on average 6-9 months. During their time at Amber, they receive the support, encouragement and opportunities they need so they can move on to a job, a place in education or training and, most importantly, a safe place to call home.

October 2025 saw us give grants to the following:

- Ashford Samaritans - £684
- Bechange - £2000
- Oasis Domestic Abuse - £2000
- Canterbury Samaritans - £500

In November we gave Porchlight £2000 and our final grant for the year, in April 2025 saw us support the charity Stillwaters where we gave £500.

All grants from October 2024 were made for specific projects identified by the charity concerned, as we always try to avoid contributing to ongoing running costs as we believe providing project-based grants is the most effective way of utilising the funds we have available.



Kent Minds	1163793
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## Receipts and payments accounts

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For the period from	4/6/2024	To	4/5/2025
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### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations - 3101	3,065	-	-	3,065	-
Tickets - 3101	5,040	-	-	5,040	-
Raffle - 3101	759			759	
Other Donations for Period	309	-	-	309	-
	-	-	-		-
Gift Aid Receipts	579	-	-	579	-
	-	-	-		-
	-	-	-		-
<b>Sub total (Gross income for AR)</b>	<b>9,752</b>	<b>-</b>	<b>-</b>	<b>9,752</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>9,752</b>	<b>-</b>	<b>-</b>	<b>9,752</b>	<b>-</b>
<b>A3 Payments</b>					
Grants (if list is too long)	11,682	-	-	11,682	-
		-	-		-
Expenses - 3100	2,100	-	-	2,100	-
		-	-		-
General Expenses	761	-	-	761	-
	-	-	-		-
	-	-	-		-
	-	-	-		-
<b>Sub total</b>	<b>14,543</b>	<b>-</b>	<b>-</b>	<b>14,543</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>14,543</b>	<b>-</b>	<b>-</b>	<b>14,543</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 4,791</b>	<b>-</b>	<b>-</b>	<b>- 4,791</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>- 4,791</b>	<b>-</b>	<b>-</b>	<b>- 4,791</b>	<b>-</b>

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account with Lloyds end of year amount	1,771	-	-
	Cash if any	-	-	-
		-	-	-
	<b>Total cash funds</b>	1,771	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on  
behalf of all the trustees

Signature	Print Name	Date of approval
	Arabella Bridget Rachel Maudslay	15th November 202