



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	10	2022		30	09	2023

Section A Reference and administration details

Charity name

Palmer Sustainable

Other names charity is known by

West Lakes Sustainable

Registered charity number (if any)

1163770

Charity's principal address

FIFTEEN Rosehill

Montgomery Way

Carlisle

Postcode

CA1 2RW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alison Trafford			
2	Steven Palmer			
3	Helen Mary Sharpe			
4	Joshua Palmer			
5	Joseph Palmer			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Recruited and appointed by existing trustees, as and when the need arises.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the education of the public in the conservation, protection and improvement of the physical and natural environment by educating young people and the general public about environmental projects and renewable energy.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

School groups and other organised group visits to Tarn Bank are free of charge, with children and adults learning about renewable energy, farming and the environment.

The advancement of education of the public is highlighted as the groups can see live demonstrations of how renewable projects, farming and the environment interact rather than just learning it in a classroom setting.

Donations of money to local good causes.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Donated £1,000 Bridekirk School (cleaning of outdoor equipment)

Donated £1,413 Amy Thomas (Wheelchair attachments)

Donated £1,265 J Huck (Shed for vegetable growing – supporting local foodbanks)

Donated £1,203 Copeland & Allerdale Occupational and Social Centres (various equipment)

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity aims to maintain reserves equal to three months' regular expenditure.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

Steven Palmer	
Chair	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Palmer Sustainable CIO

1163770

Receipts and payments accounts

CC16a

For the period
from

01-Oct-22

To

30-Sep-23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Charitable receipts	12,583	-	-	12,583	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	12,583	-	-	12,583	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12,583	-	-	12,583	-
A3 Payments					
Charitable Donations	9,006	-	-	9,006	-
Accountancy	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	9,306	-	-	9,306	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	9,306	-	-	9,306	-
Net of receipts/(payments)	3,277	-	-	3,277	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9,244	-	-	9,244	-
Cash funds this year end	12,521	-	-	12,521	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	12,521	-	-
		-	-	-
		-	-	-
	Total cash funds	12,521	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	