



Trustees' Annual Report for the period

		Period start date			Period end date		
From		01	10	2021	To		30 09 2022

Section A Reference and administration details

Charity name	Palmer Sustainable		
Other names charity is known by	West Lakes Sustainable		
Registered charity number (if any)	1163770		
Charity's principal address	FIFTEEN Rosehill		
	Montgomery Way		
	Carlisle		
	Postcode	CA1 2RW	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alison Trafford			
2	Steven Palmer			
3	Helen Mary Sharpe			
4	Joshua Palmer		20 June 2022	
5	Joseph Palmer		20 June 2022	
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Recruited and appointed by existing trustees, as and when the need arises.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the education of the public in the conservation, protection and improvement of the physical and natural environment by educating young people and the general public about environmental projects and renewable energy.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

School groups and other organised group visits to Tarn Bank are free of charge, with children and adults learning about renewable energy, farming and the environment.

The advancement of education of the public is highlighted as the groups can see live demonstrations of how renewable projects, farming and the environment interact rather than just learning it in a classroom setting.

Donations of money to local good causes.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Donated £1,000 Dearham Football Club (Youth football)

Donated £2,000 M Mawson Memorial (Mountain Rescue & Prostate Cancer)

Donated £500 West Cumberland Hospital Intensive Care Unit

Donated £2,500 Mayfield School Theatre (Minibus for trips for the kids)

Donated £1,450 Cockermouth School (Defibrillator)

Donated £1,400 Adam Briggs (Heart Transplant)

Donated £2,000 Gary McKee (McMillan Cancer Support)

Section E Financial review

Brief statement of the charity's policy on reserves

The charity aims to maintain reserves equal to three months' regular expenditure.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

S. Palmer

Full name(s)

Steven Palmer

Position (eg Secretary, Chair, etc)

Chair

Date

5-2-23



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Palmer Sustainable

No (if any)
1163770

Receipts and payments accounts

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For the period from	Period start date 01/10/2021	To	Period end date 30/09/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Charitable receipts	15,522	-	-	15,522	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	15,522	-	-	15,522	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,522	-	-	15,522	-
A3 Payments					
Charitable donations	15,883	-	-	15,883	-
Accountancy	282	-	-	282	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	16,165	-	-	16,165	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	16,165	-	-	16,165	-
Net of receipts/(payments)	643	-	-	643	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9,887	-	-	9,887	-
Cash funds this year end	9,244	-	-	9,244	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	9,244	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	9,244	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

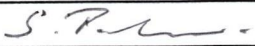
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	STEVEN PATERA	5-2-23