

PALMER SUSTAINABLE

England & Wales · Charity number 1163770

Details

Status Registered

Legal form CIO

Registered 2015-09-30

Register [View on the Charity Commission register](#)

Contact

Address DODD & CO
Fifteen
Montgomery Way
Rosehill Industrial Estate
Carlisle
CA1 2RW

Phone 01900336686

Activities

Objects: FOR THE PUBLIC BENEFIT, THE PROTECTION AND PRESERVATION OF THE ENVIRONMENT IN PARTICULAR BUT NOT EXCLUSIVELY BY (A) THE PROMOTION OF ENVIRONMENTAL AND AGRICULTURAL PROJECTS AND RENEWABLE ENERGY, AND (B) ADVANCING THE EDUCATION OF YOUNG PEOPLE AND THE GENERAL PUBLIC ABOUT ALL ENVIRONMENTAL AND AGRICULTURAL PROJECTS AND RENEWABLE ENERGY

Activities: School groups and other organised group visits to Tarn Bank are free of charge, with children and adults learning about renewable energy, farming and the environment. Donation of money to local good causes.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Environment/conservation/heritage
- **Who:** Children/young People, The General Public/mankind

Geography

- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£14,897	£9,952	-	-
2024-09-30	£14,282	£7,889	-	-
2023-09-30	£12,583	£9,306	-	-
2022-09-30	£15,522	£16,165	-	-
2021-09-30	£10,000	£5,972	-	-

Trustees

Name	Role	Appointed
STEVEN PALMER	Chair	2015-09-30
ALISON TRAFFORD		2015-09-30
HELEN MARY SHARPE		2015-09-30
Joseph Connor Palmer		2022-06-20
Joshua Joseph Palmer		2022-06-20

PALMER SUSTAINABLE

England & Wales - Charity number 1163770

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	10	2024		30	09	2025

Section A Reference and administration details

Charity name Palmer Sustainable

Other names charity is known by West Lakes Sustainable

Registered charity number (if any) 1163770

Charity's principal address

FIFTEEN Rosehill	
Montgomery Way	
Carlisle	
Postcode	CA1 2RW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alison Trafford			
2	Steven Palmer			
3	Helen Mary Sharpe			
4	Joshua Palmer			
5	Joseph Palmer			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Recruited and appointed by existing trustees, as and when the need arises.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the education of the public in the conservation, protection and improvement of the physical and natural environment by educating young people and the general public about environmental projects and renewable energy.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

School groups and other organised group visits to Tarn Bank are free of charge, with children and adults learning about renewable energy, farming and the environment.

The advancement of education of the public is highlighted as the groups can see live demonstrations of how renewable projects, farming and the environment interact rather than just learning it in a classroom setting.

Donations of money to local good causes.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Donated a total of £9,952 during the year to local charity events and good causes, including help for families in need at Christmas and sponsorship of individuals raising funds for local causes.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity aims to maintain reserves equal to three months' regular expenditure.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Steven Palmer	
Position (eg Secretary, Chair, etc)	Chair	
Date	16/02/2026	



Receipts and payments accounts

For the period from	01-Oct-24	To	30-Sep-25
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Charitable receipts	14,897	-	-	14,897	14,282
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,897	-	-	14,897	14,282
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,897	-	-	14,897	14,282
A3 Payments					
Charitable Donations	9,952	-	-	9,952	7,589
Accountancy	-	-	-	-	300
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	9,952	-	-	9,952	7,889
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	9,952	-	-	9,952	7,889
Net of receipts/(payments)	4,945	-	-	4,945	6,393
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	19,163	-	-	19,163	12,770
Cash funds this year end	24,108	-	-	24,108	19,163

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	24,108	-	-
		-	-	-
		-	-	-
	Total cash funds	24,108	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	Steven Palmer		16/02/2026

PALMER SUSTAINABLE

England & Wales - Charity number 1163770

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	10	2023		30	09	2024

Section A Reference and administration details

Charity name

Palmer Sustainable

Other names charity is known by

West Lakes Sustainable

Registered charity number (if any)

1163770

Charity's principal address

FIFTEEN Rosehill
 Montgomery Way
 Carlisle
Postcode CA1 2RW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alison Trafford			
2	Steven Palmer			
3	Helen Mary Sharpe			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Recruited and appointed by existing trustees, as and when the need arises.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the education of the public in the conservation, protection and improvement of the physical and natural environment by educating young people and the general public about environmental projects and renewable energy.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

School groups and other organised group visits to Tarn Bank are free of charge, with children and adults learning about renewable energy, farming and the environment.

The advancement of education of the public is highlighted as the groups can see live demonstrations of how renewable projects, farming and the environment interact rather than just learning it in a classroom setting.

Donations of money to local good causes.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Donated a total of £7,589 during the year to local charity events and good causes, including help for families in need at Christmas and sponsorship of individuals raising funds for local causes.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity aims to maintain reserves equal to three months' regular expenditure.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Steven Palmer	
Position (eg Secretary, Chair, etc)	Chair	
Date		



CHARITY COMMISSION
FOR ENGLAND AND WALES

Palmer Sustainable CIO

1163770

Receipts and payments accounts

CC16a

For the period from	01-Oct-23	To	30-Sep-24
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Charitable receipts	14,282	-	-	14,282	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,282	-	-	14,282	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,282	-	-	14,282	-
A3 Payments					
Charitable Donations	7,589	-	-	7,589	-
Accountancy	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	7,889	-	-	7,889	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	7,889	-	-	7,889	-
Net of receipts/(payments)	6,393	-	-	6,393	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	12,770	-	-	12,770	-
Cash funds this year end	19,163	-	-	19,163	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	19,163	-	-
		-	-	-
		-	-	-
	Total cash funds	19,163	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval

PALMER SUSTAINABLE

England & Wales - Charity number 1163770

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	10	2022		30	09	2023

Section A Reference and administration details

Charity name

Palmer Sustainable

Other names charity is known by

West Lakes Sustainable

Registered charity number (if any)

1163770

Charity's principal address

FIFTEEN Rosehill
 Montgomery Way
 Carlisle
Postcode CA1 2RW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alison Trafford			
2	Steven Palmer			
3	Helen Mary Sharpe			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Recruited and appointed by existing trustees, as and when the need arises.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the education of the public in the conservation, protection and improvement of the physical and natural environment by educating young people and the general public about environmental projects and renewable energy.
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

School groups and other organised group visits to Tarn Bank are free of charge, with children and adults learning about renewable energy, farming and the environment.

The advancement of education of the public is highlighted as the groups can see live demonstrations of how renewable projects, farming and the environment interact rather than just learning it in a classroom setting.

Donations of money to local good causes.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Donated £1,000 Bridekirk School (cleaning of outdoor equipment)

Donated £1,413 Amy Thomas (Wheelchair attachments)

Donated £1,265 J Huck (Shed for vegetable growing – supporting local foodbanks)

Donated £1,203 Copeland & Allerdale Occupational and Social Centres (various equipment)

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity aims to maintain reserves equal to three months' regular expenditure.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Steven Palmer	
Position (eg Secretary, Chair, etc)	Chair	
Date		



CHARITY COMMISSION
FOR ENGLAND AND WALES

Palmer Sustainable CIO 1163770

Receipts and payments accounts

CC16a

For the period from 01-Oct-22 To 30-Sep-23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Charitable receipts	12,583	-	-	12,583	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	12,583	-	-	12,583	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12,583	-	-	12,583	-
A3 Payments					
Charitable Donations	9,006	-	-	9,006	-
Accountancy	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	9,306	-	-	9,306	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	9,306	-	-	9,306	-
Net of receipts/(payments)	3,277	-	-	3,277	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9,244	-	-	9,244	-
Cash funds this year end	12,521	-	-	12,521	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	12,521	-	-
		-	-	-
		-	-	-
	Total cash funds	12,521	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

PALMER SUSTAINABLE

England & Wales - Charity number 1163770

Accounts



Trustees' Annual Report for the period

Period start date		Period end date					
From	01	10	2021	To	30	09	2022

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

FIFTEEN Rosehill	
Montgomery Way	
Carlisle	
Postcode	CA1 2RW

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	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alison Trafford			
2	Steven Palmer			
3	Helen Mary Sharpe			
4	Joshua Palmer		20 June 2022	
5	Joseph Palmer		20 June 2022	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

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Donations of money to local good causes.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Donated £1,000 Dearham Football Club (Youth football)

Donated £2,000 M Mawson Memorial (Mountain Rescue & Prostate Cancer)

Donated £500 West Cumberland Hospital Intensive Care Unit

Donated £2,500 Mayfield School Theatre (Minibus for trips for the kids)

Donated £1,450 Cockermouth School (Defibrillator)

Donated £1,400 Adam Briggs (Heart Transplant)

Donated £2,000 Gary McKee (McMillan Cancer Support)

Section E Financial review

Brief statement of the charity's policy on reserves

The charity aims to maintain reserves equal to three months' regular expenditure.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

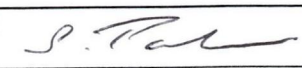
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Steven Palmer	
Position (eg Secretary, Chair, etc)	Chair	
Date	5-2-23	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Palmer Sustainable

No (if any)
1163770

Receipts and payments accounts

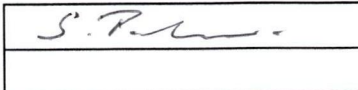
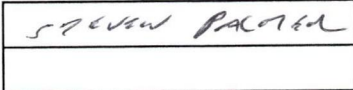
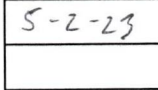
CC16a

For the period from	Period start date 01/10/2021	To	Period end date 30/09/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Charitable receipts	15,522	-	-	15,522	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	15,522	-	-	15,522	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,522	-	-	15,522	-
A3 Payments					
Charitable donations	15,883	-	-	15,883	-
Accountancy	282	-	-	282	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	16,165	-	-	16,165	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	16,165	-	-	16,165	-
Net of receipts/(payments)	- 643	-	-	- 643	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9,887	-	-	9,887	-
Cash funds this year end	9,244	-	-	9,244	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	9,244	-	-
		-	-	-
		-	-	-
	Total cash funds	9,244	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
				

PALMER SUSTAINABLE

England & Wales - Charity number 1163770

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	10	2020		30	09	2021

Section A Reference and administration details

Charity name Palmer Sustainable

Other names charity is known by West Lakes Sustainable

Registered charity number (if any) 1163770

Charity's principal address

FIFTEEN Rosehill	
Montgomery Way	
Carlisle	
Postcode	CA1 2RW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alison Trafford			
2	Steven Palmer			
3	Helen Mary Sharpe			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Recruited and appointed by existing trustees, as and when the need arises.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the education of the public in the conservation, protection and improvement of the physical and natural environment by educating young people and the general public about environmental projects and renewable energy.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

School groups and other organised group visits to Tarn Bank are free of charge, with children and adults learning about renewable energy, farming and the environment.

The advancement of education of the public is highlighted as the groups can see live demonstrations of how renewable projects, farming and the environment interact rather than just learning it in a classroom setting.

Donations of money to local good causes.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Donated £1,190 to Cash for Kids (Bikes)

Donated £1,000 to Calvert Trust (Sponsored Walk)

Donated £1,000 to Dementia UK (Sponsored Walk)

Donated £1,250 to Newcastle RVI (Baby care Unit)

Donated £1,250 to Multiple Sclerosis

Section E Financial review

Brief statement of the charity's policy on reserves

The charity aims to maintain reserves equal to three months' regular expenditure.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Steven Palmer	
Position (eg Secretary, Chair, etc)	Chair	
Date		



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Palmer Sustainable	No (if any) 1163770
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Receipts and payments accounts

For the period from	Period start date 01/10/2020	To	Period end date 30/09/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Charitable receipt	10,000	-	-	10,000	10,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	10,000	-	-	10,000	10,000
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,000	-	-	10,000	10,000
A3 Payments					
Charitable donations	5,690	-	-	5,690	9,850
Accountancy	282	-	-	282	282
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,972	-	-	5,972	10,132
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,972	-	-	5,972	10,132
Net of receipts/(payments)	4,028	-	-	4,028	- 132
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,859	-	-	5,859	5,991
Cash funds this year end	9,887	-	-	9,887	5,859

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	9,887	-	-
		-	-	-
		-	-	-
	Total cash funds	9,887	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	